

SPITALUL JUDETEAN DE URGENTA TARGU JIU

Targu jiu, Str. Progresului, Nr. 18, Judetul Gorj

MENIUL ZILNIC DIN 14.08.2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(03-_COPIII)	IAURT(LACTOZA) OU	372.70	987.40	262.60	7685.20
Total COPIII 0-3 ANI			372.70	987.40	262.60	7685.20

HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.24	35.81	5.40	204.36
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.24	195.81	18.20	1015.56

REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.64	4.16	28.05	375.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT DE PUI80G SI CARTOFI CU BRANZA 330G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			177.31	264.29	84.96	2518.56

Nr.	Denumire					
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEA1 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.64	4.16	28.05	375.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.78	349.92	63.62	2622.46

REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA1250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G, ,ARDEI 80G,ROSII 80G, CASTRAVETI 80G,IAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.90	76.30	9.30	547.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.87	17.88	7.38	152.58
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G		30.87	41.75	33.29	582.05
5	CINA F2 REGIM CEA1 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			133.34	280.43	67.02	2229.18

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G, ARDEI 80G,ROSII 80G, OU FIERT 1 BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	43.30	61.90	10.70	517.10
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.87	17.88	7.38	152.58
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	44.05	57.35	15.25	535.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE 200G		0.80	27.60	0.40	104.00

Nr.	Denumire					
6	CINA F1 DIABET MUSACA DE VINETE CU CARNE TOCATA PORC 330G	CASCAVAL(LACTOZA) OU	37.25	5.25	45.01	419.45
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			151.47	234.48	91.14	2167.18

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G,ROSII 80G, IAURT 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	70.05	39.30	873.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.74	13.73	10.61	168.89
3	PRANZ F2 COMUN PULPA PUI 80G CU VARZA CU ROSII 250G, PAINE100G	PAINE(GLUTEN)	40.90	68.45	34.30	744.30
4	CINA F1 COMUN TOCANITA FICAT PUI200G CU CARTOFI NATUR250G	UNT(LACTOZA)	42.01	61.95	28.99	669.55
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			158.95	267.48	114.40	2713.84

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G,ROSII 80G, IAURT 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	70.05	39.30	873.50
2	MIC DEJUN COMUN ,ARDEI 80G,CASTRAVETI 80G		1.70	6.80	0.40	36.60
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV , IAURT200G. COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.74	13.73	10.61	168.89
5	PRANZ F2 COMUN PULPA PUI 80G CU VARZA CU ROSII 250G, PAINE100G	PAINE(GLUTEN)	40.90	68.45	34.30	744.30
6	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G, COMPOT PIERSICI300ML	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
7	CINA F1 COMUN TOCANITA FICAT PUI200G CU CARTOFI NATUR250G	UNT(LACTOZA)	42.01	61.95	28.99	669.55
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			181.55	426.88	148.44	3739.40

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN)	61.90	70.05	39.30	873.50

Nr.	Denumire					
	CASCAVAL50G,ROSII 80G, IAURT 200G	SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.74	13.73	10.61	168.89
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.20	90.20	15.85	685.05
4	CINA F1 COMUN TOCANITA FICAT PUI200G CU CARTOFI NATUR250G	UNT(LACTOZA)	42.01	61.95	28.99	669.55
5	CINA F2 COMUN CEAII 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			165.25	289.23	95.95	2654.59

SPITALUL JUDETEAN DE URGENTA TARGU JIU

Targu jiu, Str. Progresului, Nr. 18, Judetul Gorj

MENIUL ZILNIC DIN 18.08.2026

APROBAT MANAGER,
COMPARTIMENT DIETETICA,
AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(03-_COPIII)	IAURT(LACTOZA) OU	428.40	1116.20	319.20	9008.00
Total COPIII 0-3 ANI			428.40	1116.20	319.20	9008.00

HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAII250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAII250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.24	35.81	5.40	204.36
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAII 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.24	195.81	18.20	1015.56

Nr.	Denumire					
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.94	7.16	28.05	388.41
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			177.61	267.29	84.96	2531.76

REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.94	7.16	28.05	388.41
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			170.08	352.92	63.62	2635.66

REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G, OU FIERT 1BUC, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	65.80	15.80	587.40
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.40	12.48	7.15	127.43
3	PRANZ F2 REGIM PIEPT DE PUI80G SI PASTE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.78	6.11	33.54	442.22
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
Total REGIM			138.38	228.88	73.54	2104.09

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G, MUSCHI FILE 50G, OU FIERT1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	51.95	53.00	14.50	550.30
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.40	12.48	7.15	127.43
4	PRANZ F2 DIABET PIEPT DE PUI80G SI SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G.	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET TOCANITA DE FICATE PUI200G SI MAMALIGA200G SI BRANZA DIETETICA 100G	BRANZA(LACTOZA)	55.21	43.55	21.74	583.50
7	CINA F2 DIABET CEAI250ML, PAINE100G , MUSCHI FILE 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			189.76	230.88	75.94	2331.18

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.86	17.77	10.62	185.63
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1040.25
4	CINA F1 COMUN PULPA PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.87	41.75	33.29	582.05
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			159.18	278.42	140.66	2914.73

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV , IAURT200G. COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.86	17.77	10.62	185.63
4	PRANZ F2 COMUN CARNATI DE	CARNATI PORC(LACTOZA, GLUTEN,	53.25	99.85	56.55	1040.25

Nr.	Denumire					
	PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	TELINA, MUSTAR) PAINE(GLUTEN)				
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G, COMPOT PIERCICI300ML	CHEC(OU, GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN PULPA PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.87	41.75	33.29	582.05
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			180.08	431.02	174.30	3903.69

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.86	17.77	10.62	185.63
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.20	90.20	15.85	685.05
4	CINA F1 COMUN PULPA PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.87	41.75	33.29	582.05
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			153.13	268.77	99.96	2559.53

SPITALUL JUDETEAN DE URGENTA TARGU JIU

Targu jiu, Str. Progresului, Nr. 18, Judetul Gorj

MENIUL ZILNIC DIN 19.08.2026

APROBAT MANAGER,
COMPARTIMENT DIETETICA,
AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(04-_COPIII)	OU	347.60	855.00	238.00	6928.00
Total COPIII 0-3 ANI			347.60	855.00	238.00	6928.00

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.24	35.81	5.40	204.36
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.24	195.81	18.20	1015.56

REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.94	7.16	28.05	388.41
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER/COLECIST PIEPT DE PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			165.28	268.17	86.12	2488.36

REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.94	7.16	28.05	388.41
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			170.08	352.92	63.62	2635.66

Nr.	Denumire	
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REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G, OU FIERT 1BUC, CHEC100G, GEM20G	BRANZA(LACTOZA) CHEC(OU, GLUTEN) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	122.84	27.80	931.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.84	16.92	7.44	149.16
3	PRANZ F2 REGIM PIEPT DE PUI 80GSI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN)	47.57	91.65	15.99	692.75
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI TARANESTI 250G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			142.31	344.86	86.13	2703.77

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G, MUSCHI FILE 50G, OU FIERT1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	51.95	53.00	14.50	550.30
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.39	15.81	7.35	142.11
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G.	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET MUSACA DE CARTOFI CU CARNE TOCATA VITA LA CUPTOR400G	CASCAVAL(LACTOZA) OU	47.95	62.55	35.05	618.25
7	CINA F2 DIABET CEAI250ML, PAINE100G , SUNCA PORC50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			177.09	250.61	88.55	2340.51

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G, OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.96	17.87	7.21	151.74
3	PRANZ F2 COMUN PIEPT PUI80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	43.50	728.50

Nr.	Denumire					
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			164.54	224.13	108.20	2516.80

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G, OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV , IAURT200G. COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.96	17.87	7.21	151.74
4	PRANZ F2 COMUN PIEPT PUI80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G, COMPOT PIERSICI300ML	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	43.50	728.50
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			185.44	376.73	141.84	3505.76

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G, OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.96	17.87	7.21	151.74
3	PRANZ F2 COMUN PIEPT DEPUI 80G CU CARTOFI SI MORCOV280G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	43.50	728.50
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			167.18	278.20	108.27	2743.44

SPITALUL JUDETEAN DE URGENTA TARGU JIU
Targu jiu, Str. Progresului, Nr. 18, Judetul Gorj

APROBAT MANAGER,
COMPARTIMENT DIETETICA,
AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(05-_COPIII)	IAURT(LACTOZA) OU	492.30	1611.00	355.00	11470.40
Total COPIII 0-3 ANI			492.30	1611.00	355.00	11470.40

HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1021.20

REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML	TELINA	0.87	8.88	5.06	80.10
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			150.54	269.01	61.97	2223.45

REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G ,	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40

Nr.	Denumire					
	CARTOFI FIERTI200G, MORCOVI FIERTI200G					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML	TELINA	0.87	8.88	5.06	80.10
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			143.01	354.64	40.63	2327.35

REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G, ARIDE80G, CASTRAVETE80G, ROSIE80G, BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	2.60	18.19	5.36	126.96
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G, PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	CINA F1 REGIM FICAT DE PUI150G SI MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	37.93	11.31	20.19	371.47
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			144.23	284.60	47.30	2102.58

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G, ARDEI80G, ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.50	63.50	3.70	428.30
2	SUPLIMENT ORA 10 DIABET OUA1BUC	OU	8.40	0.60	7.20	100.80
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA	PASTE(GLUTEN,OU) TELINA	2.60	18.19	5.36	126.96
4	PRANZ F2 DIABET PIEPT DE PUI80G SI SOTE DE SPANAC350G , PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE250G		1.00	34.50	0.50	130.00
6	CINA F1 DIABET PULPA DE PORC 80GCU MANCARE DE VINENTE350G		27.85	2.85	42.10	308.95
7	CINA F2 DIABET CEAI250ML, PAINE100G , SUNCA PORC50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40

Nr.	Denumire					
	Total DIA/HEP/AR R/ ONC R/ HIV R		136.45	226.69	79.31	1944.46

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G, UNT20G.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	58.95	49.80	907.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC	OU SMANTANA(LACTOZA) TELINA	5.37	16.61	10.52	178.97
3	PRANZ F2 COMUN PULPA PUI 80G CU VARZA CU ROSII 250G, PAINE100G	PAINE(GLUTEN)	40.90	68.45	34.30	744.30
4	CINA F1 COMUN PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV 250G		35.82	41.75	14.24	430.40
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			146.29	239.06	110.06	2518.47

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G, UNT20G.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	58.95	49.80	907.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV SMANTANA100G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) SMANTANA(LACTOZA)	7.20	44.90	10.44	302.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC	OU SMANTANA(LACTOZA) TELINA	5.37	16.61	10.52	178.97
4	PRANZ F2 COMUN PULPA PUI 80G CU VARZA CU ROSII 250G, PAINE100G	PAINE(GLUTEN)	40.90	68.45	34.30	744.30
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300G,CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV 250G		35.82	41.75	14.24	430.40
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			160.79	383.66	138.10	3407.43

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G.MUSCHI FILE 50G, CASCAVAL50G, UNT20G.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	58.95	49.80	907.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC	OU SMANTANA(LACTOZA) TELINA	5.37	16.61	10.52	178.97
3	PRANZ F2 COMUN PULPA PUI INF.80G CU GARNITURA DE OREZ CU MORCOV250	PAINE(GLUTEN)	39.27	90.25	34.49	820.45
4	CINA F1 COMUN PIEPT DE PUI80G CU CARTOFI CU MORCOV230G		38.37	60.18	14.56	517.20

Nr.	Denumire					
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT CU PULPA PUI INF80G 320ML	TELINA	27.72	8.88	28.01	394.05
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			165.06	269.89	86.08	2494.00

REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT CU PULPA PUI INF80G 320ML	TELINA	27.72	8.88	28.01	394.05
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.86	354.64	63.58	2641.30

REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G, ARIDE80G, ROSIE80G, OU FIERT1BUC, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	49.70	74.70	16.30	636.30
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.65	19.60	7.34	158.22
3	PRANZ F2 REGIM PIEPT DE PUI80G SI PASTE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA DE PUI INF80G SI OREZ CU LEGUME350G		34.22	43.15	33.84	606.00
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			144.27	281.95	74.53	2347.57

Nr.	Denumire	
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DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G, ARDEI80G, ROSIE80G, OU FIERT 1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	43.30	61.90	10.70	517.10
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.65	19.60	7.34	158.22
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE250G		1.00	34.50	0.50	130.00
6	CINA F1 DIABET PULPA PUI INF80G SI OREZ CU LEGUME350G		34.22	43.15	33.84	606.00
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			161.02	274.00	76.03	2379.77

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G. CASCAVAL50G, MUSCHI FILE50G, UNT20G, OU FIERT1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	59.55	57.00	1008.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.96	17.87	7.21	151.74
3	PRANZ F2 COMUN CARNATI DE PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	38.83	60.91	50.89	779.05
4	CINA F1 COMUN PULPA DE PUI 80G CU CARTOFI TARANESTI 280G		34.00	60.15	33.70	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			150.39	251.78	150.00	2869.08

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR,

SPITALUL JUDETEAN DE URGENTA TARGU JIU

Targu jiu, Str. Progresului, Nr. 18, Judetul Gorj

MENIUL ZILNIC DIN 26.08.2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide
1	SUPLIMENT PEDIATRIE 0-3 AN(04-_COPIII)	IAURT(LACTOZA) OU	385.20	1041.90	266.80
Total COPIII 0-3 ANI			385.20	1041.90	266.80

HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00
Total HIDRIC/HZL			20.02	197.53	18.16

REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT CU PULPA PUI INF80G 320ML	TELINA	27.72	8.88	28.01
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20
Total REGIM ULCER/COLECIST			165.06	269.89	86.08

REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT CU	TELINA	27.72	8.88	28.01

Nr.	Denumire					
	PULPA PUI INF80G 320ML					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.86	354.64	63.58	2641.30

REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G, COZONAC 100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.90	102.10	13.44	689.16
2	PRANZ F1 REGIM CIORBA ZARZAVAT CU CARTOFI 400ML	TELINA	3.60	29.69	5.47	177.95
3	PRANZ F2 REGIM PIEPT DE PUI 80GSI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN)	47.57	91.65	15.99	692.75
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA80G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	46.35	39.55	35.90	659.50
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			145.82	316.29	72.00	2476.96

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G, MUSCHI FILE50G , UNT 20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	44.95	53.60	23.70	607.50
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT 400ML	TELINA	1.65	11.37	5.21	94.53
4	PRANZ F2 DIABET PIEPT PUI SI OREZ CU LEGUME	PAINE(GLUTEN)	47.30	88.77	15.93	680.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE VITA 80G CU SOTE DE SPANAC350G		44.10	7.85	33.15	300.95
7	CINA F2 DIABET CEAI250ML, PAINE100G ,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			176.20	228.09	91.39	2206.83

COMUN	Alergeni	Proteine	Glucide	Lipide	Calorii
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Nr.	Denumire					
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G. CASCAVAL50G, MUSCHI FILE50G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	69.29	33.40	795.36
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.26	17.87	10.66	187.99
3	PRANZ F2 COMUN PULPA DE PUI INFERIOARA80GG CU MANCARE DE SPANAC250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.08	58.81	34.74	701.02
4	CINA F1 COMUN FICAT DE PUI 150G SI CARTOFI TARANESTI 250G		41.15	60.15	20.75	584.75
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total COMUN			151.19	300.82	100.75	2695.91

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G. CASCAVAL50G, MUSCHI FILE50G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	69.29	33.40	795.36
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV BISCUITI DIGESTIVI80G 1BUC..SMANTANA100G	SMANTANA(LACTOZA)	6.00	39.00	12.00	347.20
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.26	17.87	10.66	187.99
4	PRANZ F2 COMUN PULPA DE PUI INFERIOARA80GG CU MANCARE DE SPANAC250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.08	58.81	34.74	701.02
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300G,CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN FICAT DE PUI 150G SI CARTOFI TARANESTI 250G		41.15	60.15	20.75	584.75
7	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			164.49	439.52	130.35	3629.51

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA 100G, SUNCA PORC50G. CASCAVAL50G, MUSCHI FILE50G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	69.29	33.40	795.36
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.26	17.87	10.66	187.99
3	PRANZ F2 COMUN PULPA DE PUI INFERIOARA80GG CU MANCARE DE SPANAC250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.08	58.81	34.74	701.02

Nr.	Denumire					
4	CINA F1 COMUN FICAT DE PUI 150G SI CARTOFI TARANESTI 250G		41.15	60.15	20.75	584.75
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total LEHUZE COMUN			151.19	300.82	100.75	2695.91

REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM RELIGIOS SI VEGAN CEAI LAMAIE,GEM20G,CARTOFI FIERT,MORCOV,BISCUITI DIGESTIVI 1 BUC	GEM(DIOXID DE SULF) PAINE(GLUTEN)	23.40	189.94	14.40	1033.76
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	2.97	27.98	5.26	166.70
3	PRANZ F2 REGIM RELIGIOS SI VEGAN OREZ CU LEGUME 300G, PAINE100G	PAINE(GLUTEN)	15.77	91.65	12.09	530.45
4	CINA F1 REGIM RELIGIOS SI VEGAN CARTOFI TARANESTI300G		7.15	60.15	10.75	358.75
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM RELIGIOS - DESODAT			57.69	423.02	43.70	2347.26

INTOCMIT,

AM PRIMIT,

ASISTENT
DIETETICA,

CONTABIL,

DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR,