

|  |                                                                                                                                                              |
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|  | <b>Spitalul Judetean de Urgenta Tg. Jiu</b><br><br><b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b><br><b>Contract/conventie: 4448067</b><br><b>CAS: 1SAMB</b> |
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**MENIUL ZILNIC**  
**20/07/2026**

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

| Nr.                               | Denumire                                                                                                                            |                                                                                    |               |                 |               |                  |
|-----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|---------------|-----------------|---------------|------------------|
| COPIII 0-3 ANI                    |                                                                                                                                     | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii          |
| 1                                 | SUPLIMENT PEDIATRIE 0-3 AN(00-COPIII)                                                                                               | IAURT(LACTOZA) OU                                                                  | 817.50        | 3,204.50        | 566.80        | 20,733.60        |
| <b>Total COPIII 0-3 ANI</b>       |                                                                                                                                     |                                                                                    | <b>817.50</b> | <b>3,204.50</b> | <b>566.80</b> | <b>20,733.60</b> |
|                                   |                                                                                                                                     |                                                                                    |               |                 |               |                  |
| HIDRIC/HZL                        |                                                                                                                                     | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii          |
| 1                                 | MIC DEJUN HIDRIC CEAI250ML                                                                                                          |                                                                                    | 0.00          | 4.80            | 0.00          | 19.20            |
| 2                                 | SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC                                             | IAURT(LACTOZA) OU                                                                  | 15.40         | 95.50           | 12.80         | 550.80           |
| 3                                 | PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML                                                                                          | TELINA                                                                             | 4.02          | 37.53           | 5.36          | 210.00           |
| 4                                 | SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML                                                                                              |                                                                                    | 0.60          | 54.90           | 0.00          | 222.00           |
| 5                                 | CINA F1 HIDRIC /HZL CEAI 250ML                                                                                                      |                                                                                    | 0.00          | 4.80            | 0.00          | 19.20            |
| <b>Total HIDRIC/HZL</b>           |                                                                                                                                     |                                                                                    | <b>20.02</b>  | <b>197.53</b>   | <b>18.16</b>  | <b>1,021.20</b>  |
|                                   |                                                                                                                                     |                                                                                    |               |                 |               |                  |
| REGIM ULCER/COLECIST              |                                                                                                                                     | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii          |
| 1                                 | MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G                           | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA) PAINE(GLUTEN)<br>SUNCA PUI(SOIA) UNT(LACTOZA) | 46.60         | 58.65           | 26.90         | 663.10           |
| 2                                 | PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G                                                                  | TELINA                                                                             | 27.42         | 5.88            | 28.01         | 380.85           |
| 3                                 | PRANZ F2 ULCER SI COLECIST PIEPT PUI OREZ CU MORCOV                                                                                 | PAINE(GLUTEN)                                                                      | 43.97         | 88.88           | 15.41         | 662.05           |
| 4                                 | CINA F1 CINA F1 ULCER/ COLECIST PIEPT DE PUI80G SI CARTOFI CU BRANZA 330G                                                           | BRANZA(LACTOZA) UNT(LACTOZA)                                                       | 50.70         | 59.30           | 13.40         | 560.60           |
| 5                                 | CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G                                                                                     | PAINE(GLUTEN)                                                                      | 8.40          | 53.30           | 1.20          | 257.60           |
| <b>Total REGIM ULCER/COLECIST</b> |                                                                                                                                     |                                                                                    | <b>177.09</b> | <b>266.01</b>   | <b>84.92</b>  | <b>2,524.20</b>  |
|                                   |                                                                                                                                     |                                                                                    |               |                 |               |                  |
| REGIM SPECIAL                     |                                                                                                                                     | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii          |
| 1                                 | MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G | BRANZA(LACTOZA) PAINE(GLUTEN)                                                      | 34.40         | 141.40          | 3.40          | 725.40           |
| 2                                 | PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G                                            | TELINA                                                                             | 27.42         | 5.88            | 28.01         | 380.85           |

| Nr.                                     | Denumire                                                                                                                        |                                                                                                   |               |               |              |                 |
|-----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|---------------|---------------|--------------|-----------------|
| 3                                       | PRANZ F2 COLITA / ENTEROCOLITA<br>PIEPT PUI80G CU GARNITURA DE OREZ<br>SI MORCOV230G PAINE100G                                  | PAINE(GLUTEN)                                                                                     | 43.97         | 88.88         | 15.41        | 662.05          |
| 4                                       | CINA F1 COLITA,ENTEROCOLITA,<br>REGIM SPECIAL PIEPT DE PUI80G SI<br>CARTOFI CU BRANZA                                           | BRANZA(LACTOZA) UNT(LACTOZA)                                                                      | 50.70         | 59.30         | 13.40        | 560.60          |
| 5                                       | CINA F2 COLITA,ENTEROCOLITA /<br>REGIM SPECIAL CEAI250ML, PAINE100G,<br>BRANZA DIETETICA100G                                    | BRANZA(LACTOZA) PAINE(GLUTEN)                                                                     | 25.40         | 55.30         | 2.20         | 342.60          |
| <b>Total REGIM SPECIAL</b>              |                                                                                                                                 |                                                                                                   | <b>181.89</b> | <b>350.76</b> | <b>62.42</b> | <b>2,671.50</b> |
|                                         |                                                                                                                                 |                                                                                                   |               |               |              |                 |
| REGIM                                   |                                                                                                                                 | Alergeni                                                                                          | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN REGIM CEAI250ML,<br>PAINE100G, BRANZA DIETETICA100G,<br>SUNCA PUI 50G, IAURT200G,CHEC 100G                            | BRANZA(LACTOZA) CHEC(OU,GLUTEN)<br>IAURT(LACTOZA) PAINE(GLUTEN)<br>SUNCA PUI(SOIA)                | 45.50         | 118.70        | 26.20        | 884.60          |
| 2                                       | PRANZ F1 REGIM CIORBA DE<br>ZARZAVAT CU CARTOFI DREASA CU OU<br>SI IAURT400ML                                                   | IAURT(LACTOZA) OU TELINA                                                                          | 6.02          | 30.24         | 7.55         | 208.15          |
| 3                                       | PRANZ F2 REGIM PIEPT DE PUI 80G CU<br>MANCARE FASOLE VERDE270G,<br>PAINE100G                                                    | FAINA(GLUTEN) PAINE(GLUTEN)                                                                       | 44.23         | 55.61         | 15.69        | 533.37          |
| 4                                       | CINA F1 REGIM PULPA PUI<br>INFERIOARA80G CU GARNITURA DE<br>OREZ CU MORCOV250G                                                  | TELINA                                                                                            | 31.23         | 40.04         | 33.29        | 577.49          |
| 5                                       | CINA F2 REGIM CEAI 250ML, PAINE100G                                                                                             | PAINE(GLUTEN)                                                                                     | 8.40          | 53.30         | 1.20         | 257.60          |
| <b>Total REGIM</b>                      |                                                                                                                                 |                                                                                                   | <b>135.38</b> | <b>297.89</b> | <b>83.93</b> | <b>2,461.21</b> |
|                                         |                                                                                                                                 |                                                                                                   |               |               |              |                 |
| DIA/HEP/AR R/ ONC R/ HIV R              |                                                                                                                                 | Alergeni                                                                                          | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN DIABET CEAI 250ML,<br>PAINE100G,BRANZA<br>DIETETICA100G,MUSCHI FILE<br>50GSUNCA PUI100G, UNT20G                       | BRANZA(LACTOZA) PAINE(GLUTEN)<br>SUNCA PUI(SOIA) UNT(LACTOZA)                                     | 52.25         | 55.50         | 24.50        | 651.50          |
| 2                                       | SUPLIMENT ORA 10 DIABET IAURT 200G                                                                                              | IAURT(LACTOZA)                                                                                    | 6.40          | 8.00          | 5.60         | 100.00          |
| 3                                       | PRANZ F1 DIABET CIORBA DE<br>ZARZAVAT CU CARTOFI DREASA CU OU<br>SI IAURT400ML                                                  | IAURT(LACTOZA) OU TELINA                                                                          | 6.02          | 30.24         | 7.55         | 208.15          |
| 4                                       | PRANZ F2 DIABET PIEPT DE PUI80G CU<br>SOTE DE SPANAC350G, PAINE100G                                                             | PAINE(GLUTEN)                                                                                     | 46.15         | 57.35         | 15.85        | 549.45          |
| 5                                       | SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV<br>ONCO REGIM COMPOT MERE200G                                                                 |                                                                                                   | 0.80          | 27.60         | 0.40         | 104.00          |
| 6                                       | CINA F1 DIABET PULPA VITA80G CU<br>GARNITURA DE OREZ SI MORCOV250G                                                              | TELINA                                                                                            | 43.38         | 40.04         | 32.84        | 424.04          |
| 7                                       | CINA F2 DIABET CEAI250ML, PAINE100G,<br>MUSCHI FILE50G                                                                          | PAINE(GLUTEN)                                                                                     | 19.25         | 48.50         | 5.50         | 320.50          |
| <b>Total DIA/HEP/AR R/ ONC R/ HIV R</b> |                                                                                                                                 |                                                                                                   | <b>174.25</b> | <b>267.23</b> | <b>92.24</b> | <b>2,357.64</b> |
|                                         |                                                                                                                                 |                                                                                                   |               |               |              |                 |
| COMUN                                   |                                                                                                                                 | Alergeni                                                                                          | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,CASCAVAL50G SUNCA<br>PORC50G, MUSCHI FILE50G,<br>COZONAC100G | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA)<br>COZONAC(NUCA,OU,GLUTEN)<br>PAINE(GLUTEN) SUNCA PORC(SOIA) | 61.60         | 102.65        | 43.84        | 1,051.76        |
| 2                                       | PRANZ F1 COMUN CIORBA DE<br>ZARZAVAT SI FIDEA DREASA CU<br>OU400ML                                                              | OU PASTE(GLUTEN,OU) TELINA                                                                        | 4.77          | 20.55         | 7.11         | 160.80          |
| 3                                       | PRANZ F2 COMUN PULPA PORC80G CU<br>MANCARE DE MAZARE250G, PAINE100G                                                             | FAINA(GLUTEN) PAINE(GLUTEN)                                                                       | 47.63         | 59.61         | 45.14        | 642.47          |

| Nr.                             | Denumire                                                                                                               |                                                                                                   |               |               |               |                 |
|---------------------------------|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|---------------|---------------|---------------|-----------------|
| 4                               | CINA F1 COMUN MANCARE DE CARTOFI CU CARNE TOCATA PORC 300G                                                             |                                                                                                   | 25.15         | 60.15         | 32.05         | 498.75          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                   | PAINE(GLUTEN)                                                                                     | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total COMUN</b>              |                                                                                                                        |                                                                                                   | <b>147.55</b> | <b>296.26</b> | <b>129.34</b> | <b>2,611.37</b> |
|                                 |                                                                                                                        |                                                                                                   |               |               |               |                 |
| ONC C/ AR C/ HIV C              |                                                                                                                        | Alergeni                                                                                          | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G SUNCA PORC50G, MUSCHI FILE50G, COZONAC100G | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA)<br>COZONAC(NUCA,OU,GLUTEN)<br>PAINE(GLUTEN) SUNCA PORC(SOIA) | 61.60         | 102.65        | 43.84         | 1,051.76        |
| 2                               | SUPLIMENT ORA 10 ONCO/ AR/ HIV , , IAURT200G,BANANA 200G                                                               | IAURT(LACTOZA)                                                                                    | 8.60          | 53.60         | 6.20          | 278.00          |
| 3                               | PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA DREASA CU OU400ML                                                           | OU PASTE(GLUTEN,OU) TELINA                                                                        | 4.77          | 20.55         | 7.11          | 160.80          |
| 4                               | PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G, PAINE100G                                                       | FAINA(GLUTEN) PAINE(GLUTEN)                                                                       | 47.63         | 59.61         | 45.14         | 642.47          |
| 5                               | SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G, COMPOT PIERSICI300ML                                                         | COZONAC(NUCA,OU,GLUTEN)                                                                           | 8.10          | 91.10         | 10.44         | 490.96          |
| 6                               | CINA F1 COMUN MANCARE DE CARTOFI CU CARNE TOCATA PORC 300G                                                             |                                                                                                   | 25.15         | 60.15         | 32.05         | 498.75          |
| 7                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                   | PAINE(GLUTEN)                                                                                     | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total ONC C/ AR C/ HIV C</b> |                                                                                                                        |                                                                                                   | <b>164.25</b> | <b>440.96</b> | <b>145.98</b> | <b>3,380.33</b> |
|                                 |                                                                                                                        |                                                                                                   |               |               |               |                 |
| LEHUZE COMUN                    |                                                                                                                        | Alergeni                                                                                          | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G SUNCA PORC50G, MUSCHI FILE50G, COZONAC100G | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA)<br>COZONAC(NUCA,OU,GLUTEN)<br>PAINE(GLUTEN) SUNCA PORC(SOIA) | 61.60         | 102.65        | 43.84         | 1,051.76        |
| 2                               | PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA DREASA CU OU400ML                                                           | OU PASTE(GLUTEN,OU) TELINA                                                                        | 4.77          | 20.55         | 7.11          | 160.80          |
| 3                               | PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G                                                | FAINA(GLUTEN) PAINE(GLUTEN)                                                                       | 39.43         | 55.61         | 43.74         | 581.07          |
| 4                               | CINA F1 COMUN MANCARE DE CARTOFI CU CARNE TOCATA PORC 300G                                                             |                                                                                                   | 25.15         | 60.15         | 32.05         | 498.75          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                   | PAINE(GLUTEN)                                                                                     | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total LEHUZE COMUN</b>       |                                                                                                                        |                                                                                                   | <b>139.35</b> | <b>292.26</b> | <b>127.94</b> | <b>2,549.97</b> |

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

|  |                                                                                                                                         |
|--|-----------------------------------------------------------------------------------------------------------------------------------------|
|  | <b>Spitalul Judetean de Urgenta Tg. Jiu</b><br><br><b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b><br><b>Contract/conventie: 4448067</b> |
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MENIUL ZILNIC  
22/07/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

| Nr.                               | Denumire                                                                                                                                        |                                                                                    |               |                 |               |                 |
|-----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|---------------|-----------------|---------------|-----------------|
| COPIII 0-3 ANI                    |                                                                                                                                                 | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | SUPLIMENT PEDIATRIE 0-3 AN(03-COPIII)                                                                                                           | IAURT(LACTOZA) OU                                                                  | 374.50        | 1,040.30        | 242.00        | 7,783.20        |
| <b>Total COPIII 0-3 ANI</b>       |                                                                                                                                                 |                                                                                    | <b>374.50</b> | <b>1,040.30</b> | <b>242.00</b> | <b>7,783.20</b> |
|                                   |                                                                                                                                                 |                                                                                    |               |                 |               |                 |
| HIDRIC/HZL                        |                                                                                                                                                 | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | MIC DEJUN HIDRIC CEAI250ML                                                                                                                      |                                                                                    | 0.00          | 4.80            | 0.00          | 19.20           |
| 2                                 | SUPLIMENT ORA 10 HIDRIC/HZL<br>CEAI250ML, COMPOT PRUNE300ML<br>,ZAHAR100G, IAURT200G. OUA1BUC                                                   | IAURT(LACTOZA) OU                                                                  | 15.40         | 95.50           | 12.80         | 550.80          |
| 3                                 | PRANZ F1 HIDRIC SUPA CREMA DE<br>LEGUME 400ML                                                                                                   | TELINA                                                                             | 4.02          | 37.53           | 5.36          | 210.00          |
| 4                                 | SUPLIMET HIDRIC/ HZL COMPOT<br>PRUNE300ML                                                                                                       |                                                                                    | 0.60          | 54.90           | 0.00          | 222.00          |
| 5                                 | CINA F1 HIDRIC /HZL CEAI 250ML                                                                                                                  |                                                                                    | 0.00          | 4.80            | 0.00          | 19.20           |
| <b>Total HIDRIC/HZL</b>           |                                                                                                                                                 |                                                                                    | <b>20.02</b>  | <b>197.53</b>   | <b>18.16</b>  | <b>1,021.20</b> |
|                                   |                                                                                                                                                 |                                                                                    |               |                 |               |                 |
| REGIM ULCER/COLECIST              |                                                                                                                                                 | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | MIC DEJUN ULCER / COLECIST CEAI<br>250ML, PAINE100G,BRANZA<br>DIETETICA100GG, SUNCA PUI50G,<br>CASCAVAL50G, UNT20G                              | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA) PAINE(GLUTEN)<br>SUNCA PUI(SOIA) UNT(LACTOZA) | 46.60         | 58.65           | 26.90         | 663.10          |
| 2                                 | PRANZ F1 ULCER / COLECIST SUPA DE<br>ZARZAVAT320MLSI PULPA PUI INF80G                                                                           | TELINA                                                                             | 27.42         | 5.88            | 28.01         | 380.85          |
| 3                                 | PRANZ F2 ULCER / COLECIST PIEPT DE<br>PUI80G CU GARNITURA DE OREZ SI<br>MORCOV230G SI PAINE100G                                                 | PAINE(GLUTEN)                                                                      | 43.97         | 88.88           | 15.41         | 662.05          |
| 4                                 | CINA F1 CINA F1 ULCER/ COLECIST PIEPT<br>DE PUI80G SI CARTOFI CU BRANZA 330G                                                                    | BRANZA(LACTOZA) UNT(LACTOZA)                                                       | 50.70         | 59.30           | 13.40         | 560.60          |
| 5                                 | CINA F2 ULCER / COLECIST CEAI 250ML,<br>PAINE 100G                                                                                              | PAINE(GLUTEN)                                                                      | 8.40          | 53.30           | 1.20          | 257.60          |
| <b>Total REGIM ULCER/COLECIST</b> |                                                                                                                                                 |                                                                                    | <b>177.09</b> | <b>266.01</b>   | <b>84.92</b>  | <b>2,524.20</b> |
|                                   |                                                                                                                                                 |                                                                                    |               |                 |               |                 |
| REGIM SPECIAL                     |                                                                                                                                                 | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | MIC DEJUN COLITA / ENTEROCOLITA /<br>REGIM SPECIAL CEAI 250ML,<br>PAINE100G,BRANZA DIETETICA100G ,<br>CARTOFI FIERTI200G, MORCOVI<br>FIERTI200G | BRANZA(LACTOZA) PAINE(GLUTEN)                                                      | 34.40         | 141.40          | 3.40          | 725.40          |
| 2                                 | PRANZ F1 COLITA / ENTEROCOLITA /<br>REGIM SPECIAL SUPA DE<br>ZARZAVAT320ML SI PULPA PUI INF80G                                                  | TELINA                                                                             | 27.42         | 5.88            | 28.01         | 380.85          |
| 3                                 | PRANZ F2 COLITA / ENTEROCOLITA<br>PIEPT PUI80G CU GARNITURA DE OREZ<br>SI MORCOV230G PAINE100G                                                  | PAINE(GLUTEN)                                                                      | 43.97         | 88.88           | 15.41         | 662.05          |
| 4                                 | CINA F1 COLITA,ENTEROCOLITA, REGIM<br>SPECIAL PIEPT DE PUI80G CU CARTOFI SI<br>MORCOV260G                                                       |                                                                                    | 38.37         | 60.18           | 14.56         | 517.20          |

| Nr.                                     | Denumire                                                                                                                              |                                                                                                      |               |               |               |                 |
|-----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------|---------------|---------------|-----------------|
| 5                                       | CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G                                                | BRANZA(LACTOZA) PAINE(GLUTEN)                                                                        | 25.40         | 55.30         | 2.20          | 342.60          |
| <b>Total REGIM SPECIAL</b>              |                                                                                                                                       |                                                                                                      | <b>169.56</b> | <b>351.64</b> | <b>63.58</b>  | <b>2,628.10</b> |
|                                         |                                                                                                                                       |                                                                                                      |               |               |               |                 |
| REGIM                                   |                                                                                                                                       | Alergeni                                                                                             | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                                       | MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, IAURT200G,GEM20G, CHEC100G                                 | BRANZA(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)     | 45.50         | 130.24        | 26.20         | 930.76          |
| 2                                       | PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC400ML                                                                                      | IAURT(LACTOZA) OU TELINA                                                                             | 4.62          | 18.64         | 7.40          | 154.80          |
| 3                                       | PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G                                                        | PAINE(GLUTEN) TELINA                                                                                 | 44.58         | 88.54         | 15.44         | 664.24          |
| 4                                       | CINA F1 REGIM TOCANITA DE FICAT PUI180G SI MAMALIGA200G CU BRANZA DIETETICA100G                                                       | BRANZA(LACTOZA)                                                                                      | 55.21         | 43.55         | 21.74         | 583.50          |
| 5                                       | CINA F2 REGIM CEAI250ML, PAINE100G                                                                                                    | PAINE(GLUTEN)                                                                                        | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total REGIM</b>                      |                                                                                                                                       |                                                                                                      | <b>158.31</b> | <b>334.27</b> | <b>71.98</b>  | <b>2,590.90</b> |
|                                         |                                                                                                                                       |                                                                                                      |               |               |               |                 |
| DIA/HEP/AR R/ ONC R/ HIV R              |                                                                                                                                       | Alergeni                                                                                             | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                                       | MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,MUSCHI FILE 50GSUNCA PUI100G, OU FIERT1BUC,                               | BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)                                                     | 59.25         | 54.90         | 15.30         | 594.30          |
| 2                                       | SUPLIMENT ORA 10 DIABET IAURT 200G                                                                                                    | IAURT(LACTOZA)                                                                                       | 6.40          | 8.00          | 5.60          | 100.00          |
| 3                                       | PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML                                                                                     | IAURT(LACTOZA) OU TELINA                                                                             | 4.98          | 16.93         | 7.40          | 150.24          |
| 4                                       | PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G                                                                      | PAINE(GLUTEN)                                                                                        | 46.15         | 57.35         | 15.85         | 549.45          |
| 5                                       | SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE200ML                                                                         |                                                                                                      | 0.64          | 22.08         | 0.32          | 83.20           |
| 6                                       | CINA F1 DIABET PULPA VITA80G SI OREZ CU LEGUME350G                                                                                    |                                                                                                      | 46.37         | 43.15         | 33.39         | 452.55          |
| 7                                       | CINA F2 DIABET CEAI250ML, PAINE100G, MUSCHI FILE50G                                                                                   | PAINE(GLUTEN)                                                                                        | 19.25         | 48.50         | 5.50          | 320.50          |
| <b>Total DIA/HEP/AR R/ ONC R/ HIV R</b> |                                                                                                                                       |                                                                                                      | <b>183.04</b> | <b>250.91</b> | <b>83.36</b>  | <b>2,250.24</b> |
|                                         |                                                                                                                                       |                                                                                                      |               |               |               |                 |
| COMUN                                   |                                                                                                                                       | Alergeni                                                                                             | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                                       | MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G SUNCA PORC50G, MUSCHI FILE50G, UNT20G, GEM20G, OU FIERT1BUC. | BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA) | 64.20         | 71.09         | 57.00         | 1,054.16        |
| 2                                       | PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML                                                                          | PASTE(GLUTEN,OU) TELINA                                                                              | 4.30          | 17.73         | 8.82          | 163.87          |
| 3                                       | PRANZ F2 COMUN CARNATI DE PORC95G CU MANCARE DE MAZARE 270G, PAINE100G                                                                | CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)                            | 40.23         | 61.01         | 53.79         | 805.71          |
| 4                                       | CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G                                                                 |                                                                                                      | 30.87         | 41.75         | 33.29         | 582.05          |
| 5                                       | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                                  | PAINE(GLUTEN)                                                                                        | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total COMUN</b>                      |                                                                                                                                       |                                                                                                      | <b>148.00</b> | <b>244.88</b> | <b>154.10</b> | <b>2,863.38</b> |

| Nr.                             | Denumire                                                                                                                                          |                                                                                                               |               |               |               |                 |
|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|---------------|---------------|---------------|-----------------|
| ONC C/ AR C/ HIV C              |                                                                                                                                                   | Alergeni                                                                                                      | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,CASCAVAL50G SUNCA<br>PORC50G, MUSCHI FILE50G, UNT20G,<br>GEM20G, OU FIERT1BUC. | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA) GEM(DIOXID DE<br>SULF) OU PAINE(GLUTEN) SUNCA<br>PORC(SOIA) UNT(LACTOZA) | 64.20         | 71.09         | 57.00         | 1,054.16        |
| 2                               | SUPLIMENT ORA 10 ONCO/ AR/ HIV<br>IAURT200G, CHEC100G                                                                                             | CHEC(OU,GLUTEN) IAURT(LACTOZA)                                                                                | 12.80         | 61.50         | 23.20         | 498.00          |
| 3                               | PRANZ F1 COMUN CIORBA DE<br>ZARZAVAT CU OASE PORC SI<br>FIDEA400ML                                                                                | PASTE(GLUTEN,OU) TELINA                                                                                       | 4.30          | 17.73         | 8.82          | 163.87          |
| 4                               | PRANZ F2 COMUN CARNATI DE PORC95G<br>CU MANCARE DE MAZARE 270G,<br>PAINE100G                                                                      | CARNATI PORC(LACTOZA, GLUTEN,<br>TELINA, MUSTAR) FAINA(GLUTEN)<br>PAINE(GLUTEN)                               | 40.23         | 61.01         | 53.79         | 805.71          |
| 5                               | SUPLIMENT ORA 16 ONCO/AR/HIV<br>COZONAC100G, COMPOT PIERSICI300ML                                                                                 | COZONAC(NUCA,OU,GLUTEN)                                                                                       | 8.10          | 91.10         | 10.44         | 490.96          |
| 6                               | CINA F1 COMUN PULPA DE PUI INF80G SI<br>GARNITURA DE OREZ CU MORCOV 250G                                                                          |                                                                                                               | 30.87         | 41.75         | 33.29         | 582.05          |
| 7                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                                              | PAINE(GLUTEN)                                                                                                 | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total ONC C/ AR C/ HIV C</b> |                                                                                                                                                   |                                                                                                               | <b>168.90</b> | <b>397.48</b> | <b>187.74</b> | <b>3,852.34</b> |
|                                 |                                                                                                                                                   |                                                                                                               |               |               |               |                 |
| LEHUZE COMUN                    |                                                                                                                                                   | Alergeni                                                                                                      | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,CASCAVAL50G SUNCA<br>PORC50G, MUSCHI FILE50G, UNT20G,<br>GEM20G, OU FIERT1BUC. | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA) GEM(DIOXID DE<br>SULF) OU PAINE(GLUTEN) SUNCA<br>PORC(SOIA) UNT(LACTOZA) | 64.20         | 71.09         | 57.00         | 1,054.16        |
| 2                               | PRANZ F2 COMUN PIEPT DE PUI 80G CU<br>GARNITURA DE OREZ CU MORCOV250G                                                                             | PAINE(GLUTEN)                                                                                                 | 44.07         | 89.88         | 15.41         | 666.45          |
| 3                               | PRANZ F1 COMUN CIORBA DE<br>ZARZAVAT CU OASE PORC SI<br>FIDEA400ML                                                                                | PASTE(GLUTEN,OU) TELINA                                                                                       | 4.30          | 17.73         | 8.82          | 163.87          |
| 4                               | CINA F1 COMUN PULPA PUI<br>INFERIOARA80G CU CARTOFI CU<br>MORCOV230G                                                                              |                                                                                                               | 33.42         | 60.18         | 33.61         | 668.85          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                                              | PAINE(GLUTEN)                                                                                                 | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total LEHUZE COMUN</b>       |                                                                                                                                                   |                                                                                                               | <b>154.39</b> | <b>292.18</b> | <b>116.04</b> | <b>2,810.93</b> |
|                                 |                                                                                                                                                   |                                                                                                               |               |               |               |                 |
| COMUN RELIGIOS                  |                                                                                                                                                   | Alergeni                                                                                                      | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN REGIM RELIGIOS CEAI<br>250ML, PAINE100G,CARTOFI FIERTI200G,<br>MORCOVI FIERTI200G,BISCUITI1BUC,<br>BANANA200G, GEM20G, EUGENIA1BUC      | GEM(DIOXID DE SULF) PAINE(GLUTEN)                                                                             | 42.20         | 283.24        | 28.40         | 1,550.16        |
| 2                               | PRANZ F1 REGIM RELIGIOS SI VEGAN<br>CIORBA DE ZARZAVAT CU<br>CARTOFI400ML                                                                         | TELINA                                                                                                        | 2.97          | 27.98         | 5.26          | 166.70          |
| 3                               | PRANZ F2 REGIM RELIGIOS MANCARE<br>DE MAZARE260G, PAINE100G                                                                                       | FAINA(GLUTEN) PAINE(GLUTEN)                                                                                   | 19.88         | 57.76         | 13.04         | 420.72          |
| 4                               | CINA F1 RELIGIOS SI VEGAN OREZ CU<br>MORCOV300G                                                                                                   |                                                                                                               | 4.02          | 41.75         | 10.34         | 268.10          |
| 5                               | CINA F2 REGIM RELIGIOS CEAI 250ML,<br>PAINE100G                                                                                                   | PAINE(GLUTEN)                                                                                                 | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total COMUN RELIGIOS</b>     |                                                                                                                                                   |                                                                                                               | <b>77.47</b>  | <b>464.03</b> | <b>58.24</b>  | <b>2,663.28</b> |

**Spitalul Judetean de Urgenta Tg. Jiu**  
**Str. Progresului, nr. 18, Tg. Jiu, GORJ**  
**Contract/conventie: 4448067**  
**CAS: 1SAMB**

MENIUL ZILNIC  
23/07/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

| Nr.                               | Denumire                                                                                                                 |                                                                                    |               |                 |               |                  |
|-----------------------------------|--------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|---------------|-----------------|---------------|------------------|
| COPIII 0-3 ANI                    |                                                                                                                          | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii          |
| 1                                 | SUPLIMENT PEDIATRIE 0-3 AN(06-COPII)                                                                                     | IAURT(LACTOZA) OU                                                                  | 571.30        | 2,194.00        | 397.00        | 14,470.80        |
| <b>Total COPIII 0-3 ANI</b>       |                                                                                                                          |                                                                                    | <b>571.30</b> | <b>2,194.00</b> | <b>397.00</b> | <b>14,470.80</b> |
|                                   |                                                                                                                          |                                                                                    |               |                 |               |                  |
| HIDRIC/HZL                        |                                                                                                                          | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii          |
| 1                                 | MIC DEJUN HIDRIC CEAI250ML                                                                                               |                                                                                    | 0.00          | 4.80            | 0.00          | 19.20            |
| 2                                 | SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC                                  | IAURT(LACTOZA) OU                                                                  | 15.40         | 95.50           | 12.80         | 550.80           |
| 3                                 | PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML                                                                               | TELINA                                                                             | 4.02          | 37.53           | 5.36          | 210.00           |
| 4                                 | SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML                                                                                   |                                                                                    | 0.60          | 54.90           | 0.00          | 222.00           |
| 5                                 | CINA F1 HIDRIC /HZL CEAI 250ML                                                                                           |                                                                                    | 0.00          | 4.80            | 0.00          | 19.20            |
| <b>Total HIDRIC/HZL</b>           |                                                                                                                          |                                                                                    | <b>20.02</b>  | <b>197.53</b>   | <b>18.16</b>  | <b>1,021.20</b>  |
|                                   |                                                                                                                          |                                                                                    |               |                 |               |                  |
| REGIM ULCER/COLECIST              |                                                                                                                          | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii          |
| 1                                 | MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G                | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA) PAINE(GLUTEN)<br>SUNCA PUI(SOIA) UNT(LACTOZA) | 46.60         | 58.65           | 26.90         | 663.10           |
| 2                                 | PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G                                                       | TELINA                                                                             | 27.42         | 5.88            | 28.01         | 380.85           |
| 3                                 | PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G                                              | PAINE(GLUTEN)                                                                      | 46.77         | 108.68          | 15.76         | 755.60           |
| 4                                 | CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G                                              |                                                                                    | 35.57         | 40.38           | 14.21         | 423.65           |
| 5                                 | CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G                                                                          | PAINE(GLUTEN)                                                                      | 8.40          | 53.30           | 1.20          | 257.60           |
| <b>Total REGIM ULCER/COLECIST</b> |                                                                                                                          |                                                                                    | <b>164.76</b> | <b>266.89</b>   | <b>86.08</b>  | <b>2,480.80</b>  |
|                                   |                                                                                                                          |                                                                                    |               |                 |               |                  |
| REGIM SPECIAL                     |                                                                                                                          | Alergeni                                                                           | Proteine      | Glucide         | Lipide        | Calorii          |
| 1                                 | MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI | BRANZA(LACTOZA) PAINE(GLUTEN)                                                      | 34.40         | 141.40          | 3.40          | 725.40           |

| Nr.                                     | Denumire                                                                                                                          |                                                                                                            |               |               |              |                 |
|-----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------|---------------|--------------|-----------------|
|                                         | FIERTI200G                                                                                                                        |                                                                                                            |               |               |              |                 |
| 2                                       | PRANZ F2 COLITA / ENTEROCOLITA<br>PIEPT DE PUI80G SI CARTOFI CU<br>MORCOV280, PAINE100G                                           | PAINE(GLUTEN)                                                                                              | 46.77         | 108.68        | 15.76        | 755.60          |
| 3                                       | PRANZ F1 COLITA / ENTEROCOLITA /<br>REGIM SPECIAL SUPA DE<br>ZARZAVAT320ML SI PULPA PUI INF80G                                    | TELINA                                                                                                     | 27.42         | 5.88          | 28.01        | 380.85          |
| 4                                       | CINA F1 COLITA,ENTEROCOLITA,<br>REGIM SPECIAL PIEPT DE PUI80G SI<br>GARNITURA DE OREZ CU MORCOV                                   |                                                                                                            | 35.57         | 40.38         | 14.21        | 423.65          |
| 5                                       | CINA F2 COLITA,ENTEROCOLITA /<br>REGIM SPECIAL CEAI250ML, PAINE100G,<br>BRANZA DIETETICA100G                                      | BRANZA(LACTOZA) PAINE(GLUTEN)                                                                              | 25.40         | 55.30         | 2.20         | 342.60          |
| <b>Total REGIM SPECIAL</b>              |                                                                                                                                   |                                                                                                            | <b>169.56</b> | <b>351.64</b> | <b>63.58</b> | <b>2,628.10</b> |
|                                         |                                                                                                                                   |                                                                                                            |               |               |              |                 |
| REGIM                                   |                                                                                                                                   | Alergeni                                                                                                   | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN REGIM CEAI250ML,<br>PAINE100G, BRANZA DIETETICA100G,<br>SUNCA PUI100G, ARDEI80G, ROSIE80G,<br>CASTRAVETE80G, BANANE200G | BRANZA(LACTOZA) PAINE(GLUTEN)<br>SUNCA PUI(SOIA)                                                           | 45.00         | 115.80        | 5.10         | 669.50          |
| 2                                       | PRANZ F1 REGIM CIORBA DE<br>ZARZAVAT CU FIDEA DREASA CU OU SI<br>IAURT400ML                                                       | IAURT(LACTOZA) OU<br>PASTE(GLUTEN,OU) TELINA                                                               | 5.02          | 18.74         | 7.44         | 157.16          |
| 3                                       | PRANZ F2 REGIM PIEPT DE PUI80G CU<br>MACAROANE SI SOS ROSII 250G,<br>PAINE100G                                                    | PAINE(GLUTEN) PASTE(GLUTEN,OU)                                                                             | 47.30         | 91.20         | 15.85        | 689.45          |
| 4                                       | CINA F1 REGIM PULPA PUI INFERIOARA<br>80G CU GARNITURA DE OREZ CU<br>MORCOV250G                                                   |                                                                                                            | 30.87         | 41.75         | 33.29        | 582.05          |
| 5                                       | CINA F2 REGIM CEAI250ML, PAINE100G                                                                                                | PAINE(GLUTEN)                                                                                              | 8.40          | 53.30         | 1.20         | 257.60          |
| <b>Total REGIM</b>                      |                                                                                                                                   |                                                                                                            | <b>136.59</b> | <b>320.79</b> | <b>62.88</b> | <b>2,355.76</b> |
|                                         |                                                                                                                                   |                                                                                                            |               |               |              |                 |
| DIA/HEP/AR R/ ONC R/ HIV R              |                                                                                                                                   | Alergeni                                                                                                   | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN DIABET CEAI 250ML,<br>PAINE100G,BRANZA DIETETICA100G,<br>SUNCA PUI100G, ARDEI80G,<br>CASTRAVETE80, ROSIE80G. UNT20G     | BRANZA(LACTOZA) PAINE(GLUTEN)<br>SUNCA PUI(SOIA) UNT(LACTOZA)                                              | 44.20         | 66.60         | 20.90        | 630.30          |
| 2                                       | SUPLIMENT ORA 10 DIABET IAURT 200G                                                                                                | IAURT(LACTOZA)                                                                                             | 6.40          | 8.00          | 5.60         | 100.00          |
| 3                                       | PRANZ F1 DIABET CIORBA DE<br>ZARZAVAT CU FIDEA DREASA CU<br>IAURT SI OU400ML                                                      | IAURT(LACTOZA) OU<br>PASTE(GLUTEN,OU) TELINA                                                               | 5.02          | 18.74         | 7.44         | 157.16          |
| 4                                       | PRANZ F2 DIABET PIEPT DE PUI80G CU<br>SOTE DE FASOLE VERDE270G,<br>PAINE100G                                                      | PAINE(GLUTEN)                                                                                              | 44.95         | 52.55         | 15.85        | 525.45          |
| 5                                       | SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV<br>ONCO REGIM MERE200ML                                                                         |                                                                                                            | 0.80          | 27.60         | 0.40         | 104.00          |
| 6                                       | CINA F1 DIABET PULPA DE PORC 80G CU<br>MANCARE DE VINETE200G                                                                      |                                                                                                            | 27.85         | 2.85          | 42.10        | 308.95          |
| 7                                       | CINA F2 DIABET CEAI250ML, PAINE100G,<br>SUNCA PUI50G                                                                              | PAINE(GLUTEN) SUNCA PUI(SOIA)                                                                              | 15.70         | 50.40         | 2.00         | 282.40          |
| <b>Total DIA/HEP/AR R/ ONC R/ HIV R</b> |                                                                                                                                   |                                                                                                            | <b>144.92</b> | <b>226.74</b> | <b>94.29</b> | <b>2,108.26</b> |
|                                         |                                                                                                                                   |                                                                                                            |               |               |              |                 |
| COMUN                                   |                                                                                                                                   | Alergeni                                                                                                   | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,CASCAVAL50G, SUNCA<br>PORC50G, BANANE200G, UNT20G, GEM20       | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA) GEM(DIOXID DE<br>SULF) PAINE(GLUTEN) SUNCA<br>PORC(SOIA) UNT(LACTOZA) | 47.15         | 116.09        | 46.10        | 1,049.26        |



| Nr.                             | Denumire                                                                                                                            |                                                                                                      |               |               |               |                 |
|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------|---------------|---------------|-----------------|
| 2                               | PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML                                                                              | FAINA(GLUTEN) OU TELINA                                                                              | 4.44          | 13.73         | 7.16          | 132.64          |
| 3                               | PRANZ F2 COMUN PULPA PORC80G CU VARZA CU ROSII 250G, PAINE100G                                                                      | PAINE(GLUTEN)                                                                                        | 41.05         | 68.45         | 43.30         | 640.35          |
| 4                               | CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC TOCATA PORC400G                                                                       | CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)                                                               | 39.95         | 62.55         | 41.35         | 651.25          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                                | PAINE(GLUTEN)                                                                                        | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total COMUN</b>              |                                                                                                                                     |                                                                                                      | <b>140.99</b> | <b>314.12</b> | <b>139.11</b> | <b>2,731.10</b> |
|                                 |                                                                                                                                     |                                                                                                      |               |               |               |                 |
| ONC C/ AR C/ HIV C              |                                                                                                                                     | Alergeni                                                                                             | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G, SUNCA PORC50G, BANANE200G, UNT20G, GEM20               | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA) | 47.15         | 116.09        | 46.10         | 1,049.26        |
| 2                               | SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G                                                                                  | CHEC(OU,GLUTEN) IAURT(LACTOZA)                                                                       | 12.80         | 61.50         | 23.20         | 498.00          |
| 3                               | PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML                                                                              | FAINA(GLUTEN) OU TELINA                                                                              | 4.44          | 13.73         | 7.16          | 132.64          |
| 4                               | PRANZ F2 COMUN PULPA PORC80G CU VARZA CU ROSII 250G, PAINE100G                                                                      | PAINE(GLUTEN)                                                                                        | 41.05         | 68.45         | 43.30         | 640.35          |
| 5                               | SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G, COMPOT PIERISICI300ML                                                                     | COZONAC(NUCA,OU,GLUTEN)                                                                              | 8.10          | 91.10         | 10.44         | 490.96          |
| 6                               | CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC TOCATA PORC400G                                                                       | CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)                                                               | 39.95         | 62.55         | 41.35         | 651.25          |
| 7                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                                | PAINE(GLUTEN)                                                                                        | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total ONC C/ AR C/ HIV C</b> |                                                                                                                                     |                                                                                                      | <b>161.89</b> | <b>466.72</b> | <b>172.75</b> | <b>3,720.06</b> |
|                                 |                                                                                                                                     |                                                                                                      |               |               |               |                 |
| LEHUZE COMUN                    |                                                                                                                                     | Alergeni                                                                                             | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G, SUNCA PORC50G, BANANE200G, UNT20G, GEM20               | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA) | 47.15         | 116.09        | 46.10         | 1,049.26        |
| 2                               | PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML                                                                              | FAINA(GLUTEN) OU TELINA                                                                              | 4.44          | 13.73         | 7.16          | 132.64          |
| 3                               | PRANZ F2 COMUN PULPA PORC80G CU MACAROANE CU SOS ROSII270G SI PAINE100G                                                             | PAINE(GLUTEN) PASTE(GLUTEN,OU)                                                                       | 42.50         | 91.20         | 43.90         | 737.15          |
| 4                               | CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC TOCATA PORC400G                                                                       | CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)                                                               | 39.95         | 62.55         | 41.35         | 651.25          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                                | PAINE(GLUTEN)                                                                                        | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total LEHUZE COMUN</b>       |                                                                                                                                     |                                                                                                      | <b>142.44</b> | <b>336.87</b> | <b>139.71</b> | <b>2,827.90</b> |
|                                 |                                                                                                                                     |                                                                                                      |               |               |               |                 |
| COMUN RELIGIOS                  |                                                                                                                                     | Alergeni                                                                                             | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN REGIM RELIGIOS CEAI 250ML, PAINE100G,CARTOFI FIERTI200G, MORCOVI FIERTI200G,BISCUITI1BUC, BANANA200G, GEM20G, EUGENIA1BUC | GEM(DIOXID DE SULF) PAINE(GLUTEN)                                                                    | 42.20         | 283.24        | 28.40         | 1,550.16        |
| 2                               | PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML                                                                 | TELINA                                                                                               | 2.97          | 27.98         | 5.26          | 166.70          |
| 3                               | PRANZ F2 REGIM RELIGIOS VARZA CU ROSII300G, PAINE100G                                                                               | PAINE(GLUTEN)                                                                                        | 14.05         | 68.45         | 11.35         | 430.35          |
| 4                               | CINA F1 REGIM RELIGIOS SI VEGAN                                                                                                     |                                                                                                      | 0.85          | 2.85          | 10.15         | 98.95           |

| Nr.                         | Denumire                                     |               |              |               |              |                 |
|-----------------------------|----------------------------------------------|---------------|--------------|---------------|--------------|-----------------|
|                             | MANCARE DE VINETE260G                        |               |              |               |              |                 |
| 5                           | CINA F2 REGIM RELIGIOS CEAI 250ML, PAINE100G | PAINE(GLUTEN) | 8.40         | 53.30         | 1.20         | 257.60          |
| <b>Total COMUN RELIGIOS</b> |                                              |               | <b>68.47</b> | <b>435.82</b> | <b>56.36</b> | <b>2,503.76</b> |

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

MENIUL ZILNIC  
24/07/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

| Nr.                               | Denumire                                                                                                                            |                                                                                       |               |                 |               |                 |
|-----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------|-----------------|---------------|-----------------|
| COPIII 0-3 ANI                    |                                                                                                                                     | Alergeni                                                                              | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | SUPLIMENT PEDIATRIE 0-3 AN(05-COPIII)                                                                                               | IAURT(LACTOZA) OU                                                                     | 395.70        | 1,478.80        | 257.80        | 9,624.80        |
| <b>Total COPIII 0-3 ANI</b>       |                                                                                                                                     |                                                                                       | <b>395.70</b> | <b>1,478.80</b> | <b>257.80</b> | <b>9,624.80</b> |
| HIDRIC/HZL                        |                                                                                                                                     | Alergeni                                                                              | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | MIC DEJUN HIDRIC CEAI250ML                                                                                                          |                                                                                       | 0.00          | 4.80            | 0.00          | 19.20           |
| 2                                 | SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC                                             | IAURT(LACTOZA) OU                                                                     | 15.40         | 95.50           | 12.80         | 550.80          |
| 3                                 | PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML                                                                                          | TELINA                                                                                | 4.02          | 37.53           | 5.36          | 210.00          |
| 4                                 | SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML                                                                                              |                                                                                       | 0.60          | 54.90           | 0.00          | 222.00          |
| 5                                 | CINA F1 HIDRIC /HZL CEAI 250ML                                                                                                      |                                                                                       | 0.00          | 4.80            | 0.00          | 19.20           |
| <b>Total HIDRIC/HZL</b>           |                                                                                                                                     |                                                                                       | <b>20.02</b>  | <b>197.53</b>   | <b>18.16</b>  | <b>1,021.20</b> |
| REGIM ULCER/COLECIST              |                                                                                                                                     | Alergeni                                                                              | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G                           | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA)<br>PAINE(GLUTEN) SUNCA PUI(SOIA)<br>UNT(LACTOZA) | 46.60         | 58.65           | 26.90         | 663.10          |
| 2                                 | PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G                                                                  | TELINA                                                                                | 27.42         | 5.88            | 28.01         | 380.85          |
| 3                                 | PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G                                           | PAINE(GLUTEN)                                                                         | 43.97         | 88.88           | 15.41         | 662.05          |
| 4                                 | CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G                                                                   |                                                                                       | 38.37         | 60.18           | 14.56         | 517.20          |
| 5                                 | CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G                                                                                     | PAINE(GLUTEN)                                                                         | 8.40          | 53.30           | 1.20          | 257.60          |
| <b>Total REGIM ULCER/COLECIST</b> |                                                                                                                                     |                                                                                       | <b>164.76</b> | <b>266.89</b>   | <b>86.08</b>  | <b>2,480.80</b> |
| REGIM SPECIAL                     |                                                                                                                                     | Alergeni                                                                              | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G | BRANZA(LACTOZA) PAINE(GLUTEN)                                                         | 34.40         | 141.40          | 3.40          | 725.40          |

| Nr.                                     | Denumire                                                                                                                  |                                                                                 |               |               |              |                 |
|-----------------------------------------|---------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------|---------------|--------------|-----------------|
| 2                                       | PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G                                  | TELINA                                                                          | 27.42         | 5.88          | 28.01        | 380.85          |
| 3                                       | PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G                                  | PAINE(GLUTEN)                                                                   | 43.97         | 88.88         | 15.41        | 662.05          |
| 4                                       | CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G                                       |                                                                                 | 38.37         | 60.18         | 14.56        | 517.20          |
| 5                                       | CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G                                    | BRANZA(LACTOZA) PAINE(GLUTEN)                                                   | 25.40         | 55.30         | 2.20         | 342.60          |
| <b>Total REGIM SPECIAL</b>              |                                                                                                                           |                                                                                 | <b>169.56</b> | <b>351.64</b> | <b>63.58</b> | <b>2,628.10</b> |
|                                         |                                                                                                                           |                                                                                 |               |               |              |                 |
| REGIM                                   |                                                                                                                           | Alergeni                                                                        | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI80G, ROSIE80G, CASTRAVETE80G, BANANE200G  | BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)                                   | 45.00         | 115.80        | 5.10         | 669.50          |
| 2                                       | PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 400ML                                                                    | FAINA(GLUTEN) OU TELINA                                                         | 4.18          | 14.20         | 7.11         | 133.07          |
| 3                                       | PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G                                            | PAINE(GLUTEN)                                                                   | 44.22         | 90.25         | 15.44        | 668.80          |
| 4                                       | CINA F1 REGIM PULPA PUI 80G SI MANCARE DE DOVLECEI250G                                                                    | FAINA(GLUTEN)                                                                   | 30.28         | 10.31         | 33.14        | 453.42          |
| 5                                       | CINA F2 REGIM CEAI250ML, PAINE100G                                                                                        | PAINE(GLUTEN)                                                                   | 8.40          | 53.30         | 1.20         | 257.60          |
| <b>Total REGIM</b>                      |                                                                                                                           |                                                                                 | <b>132.08</b> | <b>283.85</b> | <b>61.99</b> | <b>2,182.38</b> |
|                                         |                                                                                                                           |                                                                                 |               |               |              |                 |
| DIA/HEP/AR R/ ONC R/ HIV R              |                                                                                                                           | Alergeni                                                                        | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, SUNCA PUI 50G, ARDEI80G, CASTRAVETE80, ROSIE80G. CASCAVAL50G | BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)                 | 48.00         | 63.75         | 11.20        | 546.80          |
| 2                                       | SUPLIMENT ORA 10 DIABET IAURT 200G                                                                                        | IAURT(LACTOZA)                                                                  | 6.40          | 8.00          | 5.60         | 100.00          |
| 3                                       | PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FULGI DE OU 400ML                                                                   | FAINA(GLUTEN) OU TELINA                                                         | 4.18          | 14.20         | 7.11         | 133.07          |
| 4                                       | PRANZ F2 DIABET PIEPT DE PUI80G SI MANCARE DE VINETE200G, PAINE100G                                                       | PAINE(GLUTEN)                                                                   | 41.05         | 51.35         | 15.25        | 499.65          |
| 5                                       | SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200ML                                                                    |                                                                                 | 0.80          | 27.60         | 0.40         | 104.00          |
| 6                                       | CINA F1 DIABET PULPA VITA 80G CU SOTE DE DOVLECEI250G                                                                     |                                                                                 | 42.85         | 8.85          | 32.65        | 295.45          |
| 7                                       | CINA F2 DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G                                                                 | BRANZA(LACTOZA) PAINE(GLUTEN)                                                   | 25.40         | 50.50         | 2.20         | 323.40          |
| <b>Total DIA/HEP/AR R/ ONC R/ HIV R</b> |                                                                                                                           |                                                                                 | <b>168.68</b> | <b>224.25</b> | <b>74.41</b> | <b>2,002.37</b> |
|                                         |                                                                                                                           |                                                                                 |               |               |              |                 |
| COMUN                                   |                                                                                                                           | Alergeni                                                                        | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,MUSCHI FILE 50G, SUNCA PORC50G, UNT20G, GEM20                | BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA) | 43.30         | 70.24         | 42.30        | 834.86          |
| 2                                       | PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML                                    | OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA                                    | 6.29          | 18.83         | 10.60        | 191.41          |
| 3                                       | PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI                                                      | CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)                     | 51.85         | 99.75         | 53.65        | 1,013.59        |

| Nr.                             | Denumire                                                                                                                |                                                                                 |               |               |               |                 |
|---------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------|---------------|---------------|-----------------|
|                                 | PAINE100G                                                                                                               |                                                                                 |               |               |               |                 |
| 4                               | CINA F1 COMUN FRIPTURA DE PULPA PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G                          | BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)                                             | 45.65         | 39.55         | 47.10         | 757.50          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                    | PAINE(GLUTEN)                                                                   | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total COMUN</b>              |                                                                                                                         |                                                                                 | <b>155.49</b> | <b>281.67</b> | <b>154.85</b> | <b>3,054.96</b> |
|                                 |                                                                                                                         |                                                                                 |               |               |               |                 |
| ONC C/ AR C/ HIV C              |                                                                                                                         | Alergeni                                                                        | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,MUSCHI FILE 50G, SUNCA PORC50G, UNT20G, GEM20              | BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA) | 43.30         | 70.24         | 42.30         | 834.86          |
| 2                               | SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G,BANANE200G                                                           | CHEC(OU,GLUTEN) IAURT(LACTOZA)                                                  | 15.00         | 107.10        | 23.80         | 676.00          |
| 3                               | PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML                                  | OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA                                    | 6.29          | 18.83         | 10.60         | 191.41          |
| 4                               | PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G                                          | CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)                     | 51.85         | 99.75         | 53.65         | 1,013.59        |
| 5                               | SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G, COMPOT PIERCICI300ML                                                          | COZONAC(NUCA,OU,GLUTEN)                                                         | 8.10          | 91.10         | 10.44         | 490.96          |
| 6                               | CINA F1 COMUN FRIPTURA DE PULPA PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G                          | BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)                                             | 45.65         | 39.55         | 47.10         | 757.50          |
| 7                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                    | PAINE(GLUTEN)                                                                   | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total ONC C/ AR C/ HIV C</b> |                                                                                                                         |                                                                                 | <b>178.59</b> | <b>479.87</b> | <b>189.09</b> | <b>4,221.92</b> |
|                                 |                                                                                                                         |                                                                                 |               |               |               |                 |
| LEHUZE COMUN                    |                                                                                                                         | Alergeni                                                                        | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,MUSCHI FILE 50G, SUNCA PORC50G, UNT20G, GEM20              | BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA) | 43.30         | 70.24         | 42.30         | 834.86          |
| 2                               | PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML                                  | OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA                                    | 6.29          | 18.83         | 10.60         | 191.41          |
| 3                               | PRANZ F2 COMUN PIEPT PUI80G SI GARNITURA DE OREZ CU MORCOV 250G                                                         | PAINE(GLUTEN)                                                                   | 44.22         | 90.25         | 15.44         | 668.80          |
| 4                               | CINA F1 COMUN FRIPTURA DE PULPA PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G                          | BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)                                             | 45.65         | 39.55         | 47.10         | 757.50          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                    | PAINE(GLUTEN)                                                                   | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total LEHUZE COMUN</b>       |                                                                                                                         |                                                                                 | <b>147.86</b> | <b>272.17</b> | <b>116.64</b> | <b>2,710.17</b> |
|                                 |                                                                                                                         |                                                                                 |               |               |               |                 |
| COMUN RELIGIOS                  |                                                                                                                         | Alergeni                                                                        | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN REGIM RELIGIOS CEAI 250ML, PAINE100G,CARTOFI FIERTI200G, MORCOVI FIERTI200G,BISCUITI1BUC, GEM20G, EUGENIA1BUC | GEM(DIOXID DE SULF) PAINE(GLUTEN)                                               | 40.00         | 237.64        | 27.80         | 1,372.16        |
| 2                               | PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML                                                     | TELINA                                                                          | 3.85          | 28.93         | 5.45          | 175.73          |
| 3                               | PRANZ F2 COMUN RELIGIOS IAHNIE DE FASOLE USCATA270G, PAINE100G                                                          | PAINE(GLUTEN)                                                                   | 31.95         | 97.61         | 12.99         | 635.65          |
| 4                               | CINA F1 COMUN RELIGIOS SOTE DE SPANAC 350G                                                                              |                                                                                 | 5.95          | 8.85          | 10.75         | 148.75          |
| 5                               | CINA F2 REGIM RELIGIOS CEAI 250ML,                                                                                      | PAINE(GLUTEN)                                                                   | 8.40          | 53.30         | 1.20          | 257.60          |

| Nr.                         | Denumire  |  |              |                 |              |
|-----------------------------|-----------|--|--------------|-----------------|--------------|
|                             | PAINE100G |  |              |                 |              |
| <b>Total COMUN RELIGIOS</b> |           |  | <b>90.15</b> | <b>426.33</b>   | <b>58.19</b> |
|                             |           |  |              | <b>2,589.89</b> |              |

|  |                                                                                                                                                              |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <b>Spitalul Judetean de Urgenta Tg. Jiu</b><br><br><b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b><br><b>Contract/conventie: 4448067</b><br><b>CAS: 1SAMB</b> |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------|

MENIUL ZILNIC  
25/07/2026

APROBAT MANAGER,                      COMPARTIMENT DIETETICA,                      AVIZAT DIRECTOR FINANCIAR,

| Nr.                         | Denumire                              |                   |               |                 |               |
|-----------------------------|---------------------------------------|-------------------|---------------|-----------------|---------------|
| COPIII 0-3 ANI              |                                       | Alergeni          | Proteine      | Glucide         | Lipide        |
| 1                           | SUPLIMENT PEDIATRIE 0-3 AN(05-COPIII) | IAURT(LACTOZA) OU | 333.10        | 1,213.10        | 200.80        |
| <b>Total COPIII 0-3 ANI</b> |                                       |                   | <b>333.10</b> | <b>1,213.10</b> | <b>200.80</b> |

| Nr.                     | Denumire                                                                                      | Alergeni          | Proteine     | Glucide       | Lipide       | Calorii         |
|-------------------------|-----------------------------------------------------------------------------------------------|-------------------|--------------|---------------|--------------|-----------------|
| 1                       | MIC DEJUN HIDRIC CEAI250ML                                                                    |                   | 0.00         | 4.80          | 0.00         | 19.20           |
| 2                       | SUPLIMENT ORA 10 HIDRIC/HZL<br>CEAI250ML, COMPOT PRUNE300ML<br>,ZAHAR100G, IAURT200G. OUA1BUC | IAURT(LACTOZA) OU | 15.40        | 95.50         | 12.80        | 550.80          |
| 3                       | PRANZ F1 HIDRIC SUPA CREMA DE<br>LEGUME 400ML                                                 | TELINA            | 4.02         | 37.53         | 5.36         | 210.00          |
| 4                       | SUPLIMET HIDRIC/ HZL COMPOT<br>PRUNE300ML                                                     |                   | 0.60         | 54.90         | 0.00         | 222.00          |
| 5                       | CINA F1 HIDRIC /HZL CEAI 250ML                                                                |                   | 0.00         | 4.80          | 0.00         | 19.20           |
| <b>Total HIDRIC/HZL</b> |                                                                                               |                   | <b>20.02</b> | <b>197.53</b> | <b>18.16</b> | <b>1,021.20</b> |

| Nr.                               | Denumire                                                                                                           | Alergeni                                                                              | Proteine      | Glucide       | Lipide       | Calorii         |
|-----------------------------------|--------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------|---------------|--------------|-----------------|
| REGIM ULCER/COLECIST              |                                                                                                                    |                                                                                       |               |               |              |                 |
| 1                                 | MIC DEJUN ULCER / COLECIST CEAI<br>250ML, PAINE100G,BRANZA<br>DIETETICA100GG, SUNCA PUI50G,<br>CASCAVAL50G, UNT20G | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA)<br>PAINE(GLUTEN) SUNCA PUI(SOIA)<br>UNT(LACTOZA) | 46.60         | 58.65         | 26.90        | 663.10          |
| 2                                 | PRANZ F1 ULCER / COLECIST SUPA DE<br>ZARZAVAT320MLSI PULPA PUI INF80G                                              | TELINA                                                                                | 27.42         | 5.88          | 28.01        | 380.85          |
| 3                                 | PRANZ F2 ULCER / COLECIST PIEPT PUI80G<br>SI CARTOFI SI MORCOV280G, PAINE100G                                      | PAINE(GLUTEN)                                                                         | 46.77         | 108.68        | 15.76        | 755.60          |
| 4                                 | CINA F1 ULCER / COLECIST PIEPT DE<br>PUI80G CU GARNITURA DE OREZ SI<br>MORCOV230G                                  |                                                                                       | 35.57         | 40.38         | 14.21        | 423.65          |
| 5                                 | CINA F2 ULCER / COLECIST CEAI 250ML,<br>PAINE 100G                                                                 | PAINE(GLUTEN)                                                                         | 8.40          | 53.30         | 1.20         | 257.60          |
| <b>Total REGIM ULCER/COLECIST</b> |                                                                                                                    |                                                                                       | <b>164.76</b> | <b>266.89</b> | <b>86.08</b> | <b>2,480.80</b> |

| Nr.           | Denumire                                                                                                                          | Alergeni                      | Proteine | Glucide | Lipide | Calorii |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------|----------|---------|--------|---------|
| REGIM SPECIAL |                                                                                                                                   |                               |          |         |        |         |
| 1             | MIC DEJUN COLITA / ENTEROCOLITA /<br>REGIM SPECIAL CEAI 250ML,<br>PAINE100G,BRANZA DIETETICA100G ,<br>CARTOFI FIERTI200G, MORCOVI | BRANZA(LACTOZA) PAINE(GLUTEN) | 34.40    | 141.40  | 3.40   | 725.40  |

| Nr.                                     | Denumire                                                                                                                                             |                                                                                    |               |               |              |                 |
|-----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|---------------|---------------|--------------|-----------------|
|                                         | FIERTI200G                                                                                                                                           |                                                                                    |               |               |              |                 |
| 2                                       | PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G                                                                    | PAINE(GLUTEN)                                                                      | 46.77         | 108.68        | 15.76        | 755.60          |
| 3                                       | PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G                                                             | TELINA                                                                             | 27.42         | 5.88          | 28.01        | 380.85          |
| 4                                       | CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G                                                       |                                                                                    | 35.57         | 40.38         | 14.21        | 423.65          |
| 5                                       | CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G                                                               | BRANZA(LACTOZA) PAINE(GLUTEN)                                                      | 25.40         | 55.30         | 2.20         | 342.60          |
| <b>Total REGIM SPECIAL</b>              |                                                                                                                                                      |                                                                                    | <b>169.56</b> | <b>351.64</b> | <b>63.58</b> | <b>2,628.10</b> |
|                                         |                                                                                                                                                      |                                                                                    |               |               |              |                 |
| REGIM                                   |                                                                                                                                                      | Alergeni                                                                           | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, ARDEI80G, ROSIE80G, CASTRAVETE80G,                                        | BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)                                      | 35.50         | 68.30         | 3.70         | 447.50          |
| 2                                       | PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC400ML                                                                                                     | IAURT(LACTOZA) OU TELINA                                                           | 4.84          | 16.92         | 7.44         | 149.16          |
| 3                                       | PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G, PAINE100G                                                                               | FAINA(GLUTEN) PAINE(GLUTEN)                                                        | 44.23         | 55.61         | 15.69        | 533.37          |
| 4                                       | CINA F1 REGIM PULPA DE PUI80G SI GHIVECI DE LEGUME330G                                                                                               |                                                                                    | 35.27         | 38.63         | 34.01        | 594.55          |
| 5                                       | CINA F2 REGIM CEAI250ML, PAINE100G                                                                                                                   | PAINE(GLUTEN)                                                                      | 8.40          | 53.30         | 1.20         | 257.60          |
| <b>Total REGIM</b>                      |                                                                                                                                                      |                                                                                    | <b>128.24</b> | <b>232.76</b> | <b>62.04</b> | <b>1,982.18</b> |
|                                         |                                                                                                                                                      |                                                                                    |               |               |              |                 |
| DIA/HEP/AR R/ ONC R/ HIV R              |                                                                                                                                                      | Alergeni                                                                           | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, SUNCA PUI 100G,MUSCHI FILE 50G, ARDEI80G, ROSIE80G.CASTRAVETI 80G, OU FIERT 1BUC,UNT20G | BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)                      | 63.45         | 67.20         | 32.40        | 813.20          |
| 2                                       | SUPLIMENT ORA 10 DIABET IAURT 200G                                                                                                                   | IAURT(LACTOZA)                                                                     | 6.40          | 8.00          | 5.60         | 100.00          |
| 3                                       | PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML                                                                                                    | IAURT(LACTOZA) OU TELINA                                                           | 4.84          | 16.92         | 7.44         | 149.16          |
| 4                                       | PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G, PAINE100G                                                                                     | PAINE(GLUTEN)                                                                      | 45.85         | 68.45         | 15.25        | 592.65          |
| 5                                       | PRANZ F3 DIABET MERE200G                                                                                                                             |                                                                                    | 0.80          | 27.60         | 0.40         | 104.00          |
| 6                                       | SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200ML                                                                                               |                                                                                    | 0.80          | 27.60         | 0.40         | 104.00          |
| 7                                       | CINA F1 DIABET TOCANITA DE FICAT PUI150G SI MAMALIGA200G CU BRANZA DIETETICA 100G                                                                    | BRANZA(LACTOZA)                                                                    | 55.21         | 43.55         | 21.74        | 583.50          |
| 8                                       | CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200G                                                                                                       | IAURT(LACTOZA) PAINE(GLUTEN)                                                       | 14.80         | 56.50         | 6.80         | 338.40          |
| <b>Total DIA/HEP/AR R/ ONC R/ HIV R</b> |                                                                                                                                                      |                                                                                    | <b>192.15</b> | <b>315.82</b> | <b>90.03</b> | <b>2,784.91</b> |
|                                         |                                                                                                                                                      |                                                                                    |               |               |              |                 |
| COMUN                                   |                                                                                                                                                      | Alergeni                                                                           | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                       | MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,MUSCHI FILE 50G, SUNCA PORC50G, UNT20G, GEM20,OU FIERT1BUC                              | BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA) | 51.70         | 70.84         | 49.50        | 935.66          |

| Nr.                             | Denumire                                                                                                                         |                                                                                          |               |               |               |                 |
|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|---------------|---------------|---------------|-----------------|
| 2                               | PRANZ F1 COMUN CIORBA DE ZARZAVAT<br>CU CARTOFI SI OASE DE PORC ,DREASA<br>CU OU SI SMANTANA 400ML                               | OU SMANTANA(LACTOZA) TELINA                                                              | 7.03          | 30.80         | 10.66         | 242.82          |
| 3                               | PRANZ F2 COMUN PASTE CU CARNE<br>TOCATA DE PORC SI SI SOS ROSII250G<br>PAINE100G                                                 | PAINE(GLUTEN) PASTE(GLUTEN,OU)                                                           | 37.00         | 90.20         | 37.51         | 690.75          |
| 4                               | 3CINA F1 COMUN PULPA DE PUI<br>INFERIOARA80G CU GHIVECI DE LEGUME<br>250G                                                        |                                                                                          | 35.57         | 39.23         | 34.01         | 598.15          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                             | PAINE(GLUTEN)                                                                            | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total COMUN</b>              |                                                                                                                                  |                                                                                          | <b>139.70</b> | <b>284.37</b> | <b>132.88</b> | <b>2,724.98</b> |
|                                 |                                                                                                                                  |                                                                                          |               |               |               |                 |
| ONC C/ AR C/ HIV C              |                                                                                                                                  | Alergeni                                                                                 | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN CASTRAVETI 80,                                                                                                   |                                                                                          | 0.60          | 2.20          | 0.20          | 12.00           |
| 2                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,MUSCHI FILE 50G, SUNCA<br>PORC50G, UNT20G, GEM20,OU FIERT1BUC | BRANZA(LACTOZA) GEM(DIOXID DE<br>SULF) OU PAINE(GLUTEN) SUNCA<br>PORC(SOIA) UNT(LACTOZA) | 51.70         | 70.84         | 49.50         | 935.66          |
| 3                               | SUPLIMENT ORA 10 ONCO/ AR/ HIV<br>IAURT200G, CHEC100G,BANANE200G                                                                 | CHEC(OU,GLUTEN) IAURT(LACTOZA)                                                           | 15.00         | 107.10        | 23.80         | 676.00          |
| 4                               | PRANZ F1 COMUN CIORBA DE ZARZAVAT<br>CU CARTOFI SI OASE DE PORC ,DREASA<br>CU OU SI SMANTANA 400ML                               | OU SMANTANA(LACTOZA) TELINA                                                              | 7.03          | 30.80         | 10.66         | 242.82          |
| 5                               | PRANZ F2 COMUN PASTE CU CARNE<br>TOCATA DE PORC SI SI SOS ROSII250G<br>PAINE100G                                                 | PAINE(GLUTEN) PASTE(GLUTEN,OU)                                                           | 37.00         | 90.20         | 37.51         | 690.75          |
| 6                               | SUPLIMENT ORA 16 ONCO/AR/HIV<br>COZONAC100G, COMPOT PIERSICI300ML                                                                | COZONAC(NUCA,OU,GLUTEN)                                                                  | 8.10          | 91.10         | 10.44         | 490.96          |
| 7                               | 3CINA F1 COMUN PULPA DE PUI<br>INFERIOARA80G CU GHIVECI DE LEGUME<br>250G                                                        |                                                                                          | 35.57         | 39.23         | 34.01         | 598.15          |
| 8                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                             | PAINE(GLUTEN)                                                                            | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total ONC C/ AR C/ HIV C</b> |                                                                                                                                  |                                                                                          | <b>163.40</b> | <b>484.77</b> | <b>167.32</b> | <b>3,903.94</b> |
|                                 |                                                                                                                                  |                                                                                          |               |               |               |                 |
| LEHUZE COMUN                    |                                                                                                                                  | Alergeni                                                                                 | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,MUSCHI FILE 50G, SUNCA<br>PORC50G, UNT20G, GEM20,OU FIERT1BUC | BRANZA(LACTOZA) GEM(DIOXID DE<br>SULF) OU PAINE(GLUTEN) SUNCA<br>PORC(SOIA) UNT(LACTOZA) | 51.70         | 70.84         | 49.50         | 935.66          |
| 2                               | PRANZ F1 COMUN CIORBA DE ZARZAVAT<br>CU CARTOFI SI OASE DE PORC ,DREASA<br>CU OU SI SMANTANA 400ML                               | OU SMANTANA(LACTOZA) TELINA                                                              | 7.03          | 30.80         | 10.66         | 242.82          |
| 3                               | PRANZ F2 COMUN PASTE CU CARNE<br>TOCATA DE PORC SI SI SOS ROSII250G<br>PAINE100G                                                 | PAINE(GLUTEN) PASTE(GLUTEN,OU)                                                           | 37.00         | 90.20         | 37.51         | 690.75          |
| 4                               | 3CINA F1 COMUN PULPA DE PUI<br>INFERIOARA80G CU GHIVECI DE LEGUME<br>250G                                                        |                                                                                          | 35.57         | 39.23         | 34.01         | 598.15          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                             | PAINE(GLUTEN)                                                                            | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total LEHUZE COMUN</b>       |                                                                                                                                  |                                                                                          | <b>139.70</b> | <b>284.37</b> | <b>132.88</b> | <b>2,724.98</b> |

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

**Spitalul Judetean de Urgenta Tg. Jiu**  
**Str. Progresului, nr. 18, Tg. Jiu, GORJ**  
**Contract/conventie: 4448067**  
**CAS: 1SAMB**

**MENIUL ZILNIC**  
**26/07/2026**

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

| Nr.                               | Denumire                                                                                                                                        |                                                                                       |               |                 |               |                 |
|-----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------|-----------------|---------------|-----------------|
| COPIII 0-3 ANI                    |                                                                                                                                                 | Alergeni                                                                              | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | SUPLIMENT PEDIATRIE 0-3 AN(05-COPIII)                                                                                                           | IAURT(LACTOZA) OU                                                                     | 287.30        | 1,066.50        | 179.80        | 6,918.60        |
| <b>Total COPIII 0-3 ANI</b>       |                                                                                                                                                 |                                                                                       | <b>287.30</b> | <b>1,066.50</b> | <b>179.80</b> | <b>6,918.60</b> |
|                                   |                                                                                                                                                 |                                                                                       |               |                 |               |                 |
| HIDRIC/HZL                        |                                                                                                                                                 | Alergeni                                                                              | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | MIC DEJUN HIDRIC CEAI250ML                                                                                                                      |                                                                                       | 0.00          | 4.80            | 0.00          | 19.20           |
| 2                                 | SUPLIMENT ORA 10 HIDRIC/HZL<br>CEAI250ML, COMPOT PRUNE300ML<br>,ZAHAR100G, IAURT200G. OUA1BUC                                                   | IAURT(LACTOZA) OU                                                                     | 15.40         | 95.50           | 12.80         | 550.80          |
| 3                                 | PRANZ F1 HIDRIC SUPA CREMA DE<br>LEGUME 400ML                                                                                                   | TELINA                                                                                | 4.02          | 37.53           | 5.36          | 210.00          |
| 4                                 | SUPLIMET HIDRIC/ HZL COMPOT<br>PRUNE300ML                                                                                                       |                                                                                       | 0.60          | 54.90           | 0.00          | 222.00          |
| 5                                 | CINA F1 HIDRIC /HZL CEAI 250ML                                                                                                                  |                                                                                       | 0.00          | 4.80            | 0.00          | 19.20           |
| <b>Total HIDRIC/HZL</b>           |                                                                                                                                                 |                                                                                       | <b>20.02</b>  | <b>197.53</b>   | <b>18.16</b>  | <b>1,021.20</b> |
|                                   |                                                                                                                                                 |                                                                                       |               |                 |               |                 |
| REGIM ULCER/COLECIST              |                                                                                                                                                 | Alergeni                                                                              | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | MIC DEJUN ULCER / COLECIST CEAI<br>250ML, PAINE100G,BRANZA<br>DIETETICA100GG, SUNCA PUI50G,<br>CASCAVAL50G, UNT20G                              | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA)<br>PAINE(GLUTEN) SUNCA PUI(SOIA)<br>UNT(LACTOZA) | 46.60         | 58.65           | 26.90         | 663.10          |
| 2                                 | PRANZ F1 ULCER / COLECIST SUPA DE<br>ZARZAVAT320MLSI PULPA PUI INF80G                                                                           | TELINA                                                                                | 27.42         | 5.88            | 28.01         | 380.85          |
| 3                                 | PRANZ F2 ULCER / COLECIST PIEPT DE<br>PUI80G CU GARNITURA DE OREZ SI<br>MORCOV230G SI PAINE100G                                                 | PAINE(GLUTEN)                                                                         | 43.97         | 88.88           | 15.41         | 662.05          |
| 4                                 | CINA F1 ULCER/ COLECIST PIEPT DE PUI<br>80G CU CARTOFI CU MORCOV260G                                                                            |                                                                                       | 38.37         | 60.18           | 14.56         | 517.20          |
| 5                                 | CINA F2 ULCER / COLECIST CEAI 250ML,<br>PAINE 100G                                                                                              | PAINE(GLUTEN)                                                                         | 8.40          | 53.30           | 1.20          | 257.60          |
| <b>Total REGIM ULCER/COLECIST</b> |                                                                                                                                                 |                                                                                       | <b>164.76</b> | <b>266.89</b>   | <b>86.08</b>  | <b>2,480.80</b> |
|                                   |                                                                                                                                                 |                                                                                       |               |                 |               |                 |
| REGIM SPECIAL                     |                                                                                                                                                 | Alergeni                                                                              | Proteine      | Glucide         | Lipide        | Calorii         |
| 1                                 | MIC DEJUN COLITA / ENTEROCOLITA /<br>REGIM SPECIAL CEAI 250ML,<br>PAINE100G,BRANZA DIETETICA100G ,<br>CARTOFI FIERTI200G, MORCOVI<br>FIERTI200G | BRANZA(LACTOZA) PAINE(GLUTEN)                                                         | 34.40         | 141.40          | 3.40          | 725.40          |
| 2                                 | PRANZ F1 COLITA / ENTEROCOLITA /<br>REGIM SPECIAL SUPA DE<br>ZARZAVAT320ML SI PULPA PUI INF80G                                                  | TELINA                                                                                | 27.42         | 5.88            | 28.01         | 380.85          |
| 3                                 | PRANZ F2 COLITA / ENTEROCOLITA PIEPT<br>PUI80G CU GARNITURA DE OREZ SI                                                                          | PAINE(GLUTEN)                                                                         | 43.97         | 88.88           | 15.41         | 662.05          |



| Nr.                                     | Denumire                                                                                                               |                                                                              |               |               |               |                 |
|-----------------------------------------|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------|---------------|---------------|-----------------|
|                                         | MORCOV230G PAINE100G                                                                                                   |                                                                              |               |               |               |                 |
| 4                                       | CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G                                    |                                                                              | 38.37         | 60.18         | 14.56         | 517.20          |
| 5                                       | CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G                                 | BRANZA(LACTOZA) PAINE(GLUTEN)                                                | 25.40         | 55.30         | 2.20          | 342.60          |
| <b>Total REGIM SPECIAL</b>              |                                                                                                                        |                                                                              | <b>169.56</b> | <b>351.64</b> | <b>63.58</b>  | <b>2,628.10</b> |
|                                         |                                                                                                                        |                                                                              |               |               |               |                 |
| REGIM                                   |                                                                                                                        | Alergeni                                                                     | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                                       | MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, ARDEI80G, ROSIE80G, IAURT200G,CHEC100G      | BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) | 47.70         | 127.60        | 26.70         | 933.50          |
| 2                                       | PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI IAURT400ML                                                  | IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA                                    | 5.24          | 17.02         | 7.48          | 151.52          |
| 3                                       | PRANZ F2 REGIM PIEPT DE PUI80G SI PASTE CU SOS ROSII PAINE250G                                                         | PAINE(GLUTEN) PASTE(GLUTEN,OU)                                               | 47.30         | 91.20         | 15.85         | 689.45          |
| 4                                       | CINA F1 REGIM FICAT DE PUI 150G CU GARNITURA DE OREZ CU MORCOV250G                                                     |                                                                              | 38.02         | 41.75         | 20.34         | 494.10          |
| 5                                       | CINA F2 REGIM CEAI250ML, PAINE100G                                                                                     | PAINE(GLUTEN)                                                                | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total REGIM</b>                      |                                                                                                                        |                                                                              | <b>146.66</b> | <b>330.87</b> | <b>71.57</b>  | <b>2,526.17</b> |
|                                         |                                                                                                                        |                                                                              |               |               |               |                 |
| DIA/HEP/AR R/ ONC R/ HIV R              |                                                                                                                        | Alergeni                                                                     | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                                       | MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, SUNCA PUI 100G,MUSCHI FILE 50G, ARDEI80G, ROSIE80G.UNT20G | BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)                   | 54.45         | 64.40         | 25.00         | 700.40          |
| 2                                       | SUPLIMENT ORA 10 DIABET IAURT 200G                                                                                     | IAURT(LACTOZA)                                                               | 6.40          | 8.00          | 5.60          | 100.00          |
| 3                                       | PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA,DREASA CU OU SI IAURT 400ML                                                | IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA                                    | 5.24          | 17.02         | 7.48          | 151.52          |
| 4                                       | PRANZ F2 DIABET PIEPT DE PUI 80G CU SOTE DE SPANAC300G, PAINE100G                                                      | PAINE(GLUTEN)                                                                | 45.30         | 56.35         | 15.75         | 541.15          |
| 5                                       | SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200ML                                                                 |                                                                              | 0.80          | 27.60         | 0.40          | 104.00          |
| 6                                       | CINA F1 DIABET PULPA DE PORC80G SI GHIVECI DE LEGUME350G                                                               |                                                                              | 35.42         | 38.63         | 43.01         | 490.60          |
| 7                                       | CINA F2 DIABET CEAI250ML, PAINE100G,SUNCA DE PUI 50G                                                                   | PAINE(GLUTEN) SUNCA PUI(SOIA)                                                | 15.70         | 50.40         | 2.00          | 282.40          |
| <b>Total DIA/HEP/AR R/ ONC R/ HIV R</b> |                                                                                                                        |                                                                              | <b>163.31</b> | <b>262.40</b> | <b>99.24</b>  | <b>2,370.07</b> |
|                                         |                                                                                                                        |                                                                              |               |               |               |                 |
| COMUN                                   |                                                                                                                        | Alergeni                                                                     | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                                       | MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,MUSCHI FILE 50G, SUNCA PORC50G, UNT20G,                   | BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)                  | 43.30         | 58.70         | 42.30         | 788.70          |
| 2                                       | PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML                                                                       | OU SMANTANA(LACTOZA) TELINA                                                  | 4.33          | 19.20         | 7.06          | 153.22          |
| 3                                       | PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G, PAINE100G                                                       | FAINA(GLUTEN) PAINE(GLUTEN)                                                  | 47.63         | 59.61         | 45.14         | 642.47          |
| 4                                       | CINA F1 COMUN MANCARE DE CARTOFI CU CARNE TOCATA PORC 300G                                                             |                                                                              | 28.75         | 60.15         | 36.31         | 526.75          |
| 5                                       | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                   | PAINE(GLUTEN)                                                                | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total COMUN</b>                      |                                                                                                                        |                                                                              | <b>132.41</b> | <b>250.96</b> | <b>132.01</b> | <b>2,368.74</b> |
|                                         |                                                                                                                        |                                                                              |               |               |               |                 |
| ONC C/ AR C/ HIV C                      |                                                                                                                        | Alergeni                                                                     | Proteine      | Glucide       | Lipide        | Calorii         |

| Nr.                             | Denumire                                                                                                      |                                                                |               |               |               |                 |
|---------------------------------|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|---------------|---------------|---------------|-----------------|
| 1                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,MUSCHI FILE 50G, SUNCA<br>PORC50G, UNT20G, | BRANZA(LACTOZA) PAINE(GLUTEN)<br>SUNCA PORC(SOIA) UNT(LACTOZA) | 43.30         | 58.70         | 42.30         | 788.70          |
| 2                               | SUPLIMENT ORA 10 ONCO/ AR/ HIV<br>IAURT200G, CHEC100GMERE200G                                                 | CHEC(OU,GLUTEN) IAURT(LACTOZA)                                 | 13.60         | 89.10         | 23.60         | 602.00          |
| 3                               | PRANZ F1 COMUN CIORBA DE ZARZAVAT<br>A LA GREC400ML                                                           | OU SMANTANA(LACTOZA) TELINA                                    | 4.33          | 19.20         | 7.06          | 153.22          |
| 4                               | PRANZ F2 COMUN PULPA PORC80G CU<br>MANCARE DE MAZARE250G, PAINE100G                                           | FAINA(GLUTEN) PAINE(GLUTEN)                                    | 47.63         | 59.61         | 45.14         | 642.47          |
| 5                               | SUPLIMENT ORA 16 ONCO/AR/HIV<br>COZONAC100G, COMPOT PIERSICI300ML                                             | COZONAC(NUCA,OU,GLUTEN)                                        | 8.10          | 91.10         | 10.44         | 490.96          |
| 6                               | CINA F1 COMUN MANCARE DE CARTOFI<br>CU CARNE TOCATA PORC 300G                                                 |                                                                | 28.75         | 60.15         | 36.31         | 526.75          |
| 7                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                          | PAINE(GLUTEN)                                                  | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total ONC C/ AR C/ HIV C</b> |                                                                                                               |                                                                | <b>154.11</b> | <b>431.16</b> | <b>166.05</b> | <b>3,461.70</b> |
|                                 |                                                                                                               |                                                                |               |               |               |                 |
| LEHUZE COMUN                    |                                                                                                               | Alergeni                                                       | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,MUSCHI FILE 50G, SUNCA<br>PORC50G, UNT20G, | BRANZA(LACTOZA) PAINE(GLUTEN)<br>SUNCA PORC(SOIA) UNT(LACTOZA) | 43.30         | 58.70         | 42.30         | 788.70          |
| 2                               | PRANZ F1 COMUN CIORBA DE ZARZAVAT<br>A LA GREC400ML                                                           | OU SMANTANA(LACTOZA) TELINA                                    | 4.33          | 19.20         | 7.06          | 153.22          |
| 3                               | PRANZ F2 COMUN PIEPT DE PUI 80G CU<br>MACAROANE CU SOS ROSII250G,<br>PAINE100G                                | PAINE(GLUTEN) PASTE(GLUTEN,OU)                                 | 47.20         | 90.20         | 15.85         | 685.05          |
| 4                               | CINA F1 COMUN MANCARE DE CARTOFI<br>CU CARNE TOCATA PORC 300G                                                 |                                                                | 28.75         | 60.15         | 36.31         | 526.75          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                          | PAINE(GLUTEN)                                                  | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total LEHUZE COMUN</b>       |                                                                                                               |                                                                | <b>131.98</b> | <b>281.55</b> | <b>102.72</b> | <b>2,411.32</b> |

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

|  |                                                                                                                                                              |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <b>Spitalul Judetean de Urgenta Tg. Jiu</b><br><br><b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b><br><b>Contract/conventie: 4448067</b><br><b>CAS: 1SAMB</b> |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------|

MENIUL ZILNIC  
27/07/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

| Nr.                         | Denumire                              |                   |               |                 |               |                  |
|-----------------------------|---------------------------------------|-------------------|---------------|-----------------|---------------|------------------|
| COPIII 0-3 ANI              |                                       | Alergeni          | Proteine      | Glucide         | Lipide        | Calorii          |
| 1                           | SUPLIMENT PEDIATRIE 0-3 AN(04-COPIII) | IAURT(LACTOZA) OU | 415.60        | 1,573.20        | 312.80        | 10,639.20        |
| <b>Total COPIII 0-3 ANI</b> |                                       |                   | <b>415.60</b> | <b>1,573.20</b> | <b>312.80</b> | <b>10,639.20</b> |
|                             |                                       |                   |               |                 |               |                  |

| Nr.                               | Denumire                                                                                                                                        |                                                                                       |               |               |              |                 |
|-----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------|---------------|--------------|-----------------|
| HIDRIC/HZL                        |                                                                                                                                                 | Alergeni                                                                              | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                 | MIC DEJUN HIDRIC CEAI250ML                                                                                                                      |                                                                                       | 0.00          | 4.80          | 0.00         | 19.20           |
| 2                                 | SUPLIMENT ORA 10 HIDRIC/HZL<br>CEAI250ML, COMPOT PRUNE300ML<br>,ZAHAR100G, IAURT200G. OUA1BUC                                                   | IAURT(LACTOZA) OU                                                                     | 15.40         | 95.50         | 12.80        | 550.80          |
| 3                                 | PRANZ F1 HIDRIC SUPA CREMA DE<br>LEGUME 400ML                                                                                                   | TELINA                                                                                | 4.02          | 37.53         | 5.36         | 210.00          |
| 4                                 | SUPLIMET HIDRIC/ HZL COMPOT<br>PRUNE300ML                                                                                                       |                                                                                       | 0.60          | 54.90         | 0.00         | 222.00          |
| 5                                 | CINA F1 HIDRIC /HZL CEAI 250ML                                                                                                                  |                                                                                       | 0.00          | 4.80          | 0.00         | 19.20           |
| <b>Total HIDRIC/HZL</b>           |                                                                                                                                                 |                                                                                       | <b>20.02</b>  | <b>197.53</b> | <b>18.16</b> | <b>1,021.20</b> |
| REGIM ULCER/COLECIST              |                                                                                                                                                 | Alergeni                                                                              | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                 | MIC DEJUN ULCER / COLECIST CEAI<br>250ML, PAINE100G,BRANZA<br>DIETETICA100GG, SUNCA PUI50G,<br>CASCAVAL50G, UNT20G                              | BRANZA(LACTOZA)<br>CASCAVAL(LACTOZA)<br>PAINE(GLUTEN) SUNCA PUI(SOIA)<br>UNT(LACTOZA) | 46.60         | 58.65         | 26.90        | 663.10          |
| 2                                 | PRANZ F1 ULCER / COLECIST SUPA DE<br>ZARZAVAT320MLSI PULPA PUI INF80G                                                                           | TELINA                                                                                | 27.42         | 5.88          | 28.01        | 380.85          |
| 3                                 | PRANZ F2 ULCER / COLECIST PIEPT DE<br>PUI80G CU GARNITURA DE OREZ SI<br>MORCOV230G SI PAINE100G                                                 | PAINE(GLUTEN)                                                                         | 43.97         | 88.88         | 15.41        | 662.05          |
| 4                                 | CINA F1 ULCER PIEPT PUI 80G SI PASTE<br>FAINOASE CU BRANZA 280G                                                                                 | BRANZA(LACTOZA)<br>PASTE(GLUTEN,OU) UNT(LACTOZA)                                      | 49.90         | 40.00         | 13.25        | 478.85          |
| 5                                 | CINA F2 ULCER / COLECIST CEAI 250ML,<br>PAINE 100G                                                                                              | PAINE(GLUTEN)                                                                         | 8.40          | 53.30         | 1.20         | 257.60          |
| <b>Total REGIM ULCER/COLECIST</b> |                                                                                                                                                 |                                                                                       | <b>176.29</b> | <b>246.71</b> | <b>84.77</b> | <b>2,442.45</b> |
| REGIM SPECIAL                     |                                                                                                                                                 | Alergeni                                                                              | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                 | MIC DEJUN COLITA / ENTEROCOLITA /<br>REGIM SPECIAL CEAI 250ML,<br>PAINE100G,BRANZA DIETETICA100G ,<br>CARTOFI FIERTI200G, MORCOVI<br>FIERTI200G | BRANZA(LACTOZA) PAINE(GLUTEN)                                                         | 34.40         | 141.40        | 3.40         | 725.40          |
| 2                                 | PRANZ F1 COLITA / ENTEROCOLITA /<br>REGIM SPECIAL SUPA DE<br>ZARZAVAT320ML SI PULPA PUI INF80G                                                  | TELINA                                                                                | 27.42         | 5.88          | 28.01        | 380.85          |
| 3                                 | PRANZ F2 COLITA / ENTEROCOLITA<br>PIEPT PUI80G CU GARNITURA DE OREZ SI<br>MORCOV230G PAINE100G                                                  | PAINE(GLUTEN)                                                                         | 43.97         | 88.88         | 15.41        | 662.05          |
| 4                                 | CINA F1 COLITA, ENTEROCOLITA, REGIM<br>SPECIAL PIEPT DE PUI80G SI PASTE CU<br>BRANZA280G                                                        | BRANZA(LACTOZA)<br>PASTE(GLUTEN,OU) UNT(LACTOZA)                                      | 49.90         | 40.00         | 13.25        | 478.85          |
| 5                                 | CINA F2 COLITA,ENTEROCOLITA / REGIM<br>SPECIAL CEAI250ML, PAINE100G,<br>BRANZA DIETETICA100G                                                    | BRANZA(LACTOZA) PAINE(GLUTEN)                                                         | 25.40         | 55.30         | 2.20         | 342.60          |
| <b>Total REGIM SPECIAL</b>        |                                                                                                                                                 |                                                                                       | <b>181.09</b> | <b>331.46</b> | <b>62.27</b> | <b>2,589.75</b> |
| REGIM                             |                                                                                                                                                 | Alergeni                                                                              | Proteine      | Glucide       | Lipide       | Calorii         |
| 1                                 | MIC DEJUN REGIM CEAI250ML,<br>PAINE100G, BRANZA DIETETICA100G,<br>SUNCA PUI 50G, , IAURT200G,CHEC100G                                           | BRANZA(LACTOZA)<br>CHEC(OU,GLUTEN) IAURT(LACTOZA)<br>PAINE(GLUTEN) SUNCA PUI(SOIA)    | 45.50         | 118.70        | 26.20        | 884.60          |
| 2                                 | PRANZ F1 REGIM CIORBA DE ZARZAVAT<br>A LA GREC400ML                                                                                             | IAURT(LACTOZA) OU TELINA                                                              | 4.84          | 16.92         | 7.44         | 149.16          |
| 3                                 | PRANZ F2 REGIM PIEPT DE PUI 80G CU<br>MANCARE FASOLE VERDE270G,<br>PAINE100G                                                                    | FAINA(GLUTEN) PAINE(GLUTEN)                                                           | 44.23         | 55.61         | 15.69        | 533.37          |

| Nr.                                     | Denumire                                                                                                                |                                                                      |               |               |               |                 |
|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---------------|---------------|---------------|-----------------|
| 4                                       | CINA F1 REGIM PULPA PUI65G SI<br>MACAROANE CU SOS DE ROSII270G                                                          | PASTE(GLUTEN,OU)                                                     | 33.95         | 42.70         | 33.70         | 602.70          |
| 5                                       | CINA F2 REGIM CEAI250ML, PAINE100G                                                                                      | PAINE(GLUTEN)                                                        | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total REGIM</b>                      |                                                                                                                         |                                                                      | <b>136.92</b> | <b>287.23</b> | <b>84.23</b>  | <b>2,427.43</b> |
|                                         |                                                                                                                         |                                                                      |               |               |               |                 |
| DIA/HEP/AR R/ ONC R/ HIV R              |                                                                                                                         | Alergeni                                                             | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                                       | MIC DEJUN DIABET CEAI 250ML,<br>PAINE100G,BRANZA DIETETICA100G,<br>SUNCA PUI 100G,MUSCHI FILE 50G,<br>ARDEI80G, .UNT20G | BRANZA(LACTOZA) PAINE(GLUTEN)<br>SUNCA PUI(SOIA) UNT(LACTOZA)        | 53.35         | 60.10         | 24.70         | 676.10          |
| 2                                       | SUPLIMENT ORA 10 DIABET IAURT 200G                                                                                      | IAURT(LACTOZA)                                                       | 6.40          | 8.00          | 5.60          | 100.00          |
| 3                                       | PRANZ F1 DIABET CIORBA DE ZARZAVAT<br>A LA GREC400ML                                                                    | IAURT(LACTOZA) OU TELINA                                             | 4.84          | 16.92         | 7.44          | 149.16          |
| 4                                       | PRANZ F2 DIABET PIEPT PUI80G CU SOTE<br>DE FASOLE VERDE350G, PAINE100G                                                  | PAINE(GLUTEN)                                                        | 44.95         | 52.55         | 15.85         | 525.45          |
| 5                                       | SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV<br>ONCO REGIM MERE200ML                                                               |                                                                      | 0.80          | 27.60         | 0.40          | 104.00          |
| 6                                       | CINA F1 DIABET MINCARE DE CARTOFI<br>CU CARNE TOCATA                                                                    |                                                                      | 38.35         | 60.15         | 28.75         | 487.15          |
| 7                                       | CINA F2 DIABET CEAI250ML,<br>PAINE100G,SUNCA DE PUI 50G                                                                 | PAINE(GLUTEN) SUNCA PUI(SOIA)                                        | 15.70         | 50.40         | 2.00          | 282.40          |
| <b>Total DIA/HEP/AR R/ ONC R/ HIV R</b> |                                                                                                                         |                                                                      | <b>164.39</b> | <b>275.72</b> | <b>84.74</b>  | <b>2,324.26</b> |
|                                         |                                                                                                                         |                                                                      |               |               |               |                 |
| COMUN                                   |                                                                                                                         | Alergeni                                                             | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                                       | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,MUSCHI FILE 50G, SUNCA<br>PORC50G OU 1BUC, UNT20G,   | BRANZA(LACTOZA) OU<br>PAINE(GLUTEN) SUNCA PORC(SOIA)<br>UNT(LACTOZA) | 51.70         | 59.30         | 49.50         | 889.50          |
| 2                                       | PRANZ F1 COMUN CIORBA DE<br>ZARZAVAT CU OASE PORC FULGI DE OU<br>400ML                                                  | FAINA(GLUTEN) OU TELINA                                              | 5.74          | 13.73         | 10.61         | 168.89          |
| 3                                       | PRANZ F2 COMUN PULPA PORC80G CU<br>IAHNIE DE FASOLE USCATA250G,<br>PAINE100G                                            | PAINE(GLUTEN)                                                        | 56.85         | 92.65         | 44.83         | 815.65          |
| 4                                       | CINA F1 COMUN FRIPTURA DE PULPA PUI<br>INFERIOARA80G SI MACAROANE CU<br>BRANZA SARATA LA CUPTOR 250G                    | BRANZA(LACTOZA) OU<br>PASTE(GLUTEN,OU) UNT(LACTOZA)                  | 46.35         | 40.15         | 45.30         | 753.70          |
| 5                                       | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                    | PAINE(GLUTEN)                                                        | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total COMUN</b>                      |                                                                                                                         |                                                                      | <b>169.04</b> | <b>259.13</b> | <b>151.44</b> | <b>2,885.34</b> |
|                                         |                                                                                                                         |                                                                      |               |               |               |                 |
| ONC C/ AR C/ HIV C                      |                                                                                                                         | Alergeni                                                             | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                                       | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,MUSCHI FILE 50G, SUNCA<br>PORC50G OU 1BUC, UNT20G,   | BRANZA(LACTOZA) OU<br>PAINE(GLUTEN) SUNCA PORC(SOIA)<br>UNT(LACTOZA) | 51.70         | 59.30         | 49.50         | 889.50          |
| 2                                       | SUPLIMENT ORA 10 ONCO/ AR/ HIV<br>IAURT200G, ,MERE200G                                                                  | IAURT(LACTOZA)                                                       | 7.20          | 35.60         | 6.00          | 204.00          |
| 3                                       | PRANZ F1 COMUN CIORBA DE<br>ZARZAVAT CU OASE PORC FULGI DE OU<br>400ML                                                  | FAINA(GLUTEN) OU TELINA                                              | 5.74          | 13.73         | 10.61         | 168.89          |
| 4                                       | PRANZ F2 COMUN PULPA PORC80G CU<br>IAHNIE DE FASOLE USCATA250G,<br>PAINE100G                                            | PAINE(GLUTEN)                                                        | 56.85         | 92.65         | 44.83         | 815.65          |
| 5                                       | SUPLIMENT ORA 16 ONCO/AR/HIV<br>COZONAC100G, COMPOT PIERCICI300ML                                                       | COZONAC(NUCA,OU,GLUTEN)                                              | 8.10          | 91.10         | 10.44         | 490.96          |
| 6                                       | CINA F1 COMUN FRIPTURA DE PULPA PUI                                                                                     | BRANZA(LACTOZA) OU                                                   | 46.35         | 40.15         | 45.30         | 753.70          |

| Nr.                             | Denumire                                                                                                              |                                                                      |               |               |               |                 |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---------------|---------------|---------------|-----------------|
|                                 | INFERIOARA80G SI MACAROANE CU<br>BRANZA SARATA LA CUPTOR 250G                                                         | PASTE(GLUTEN,OU) UNT(LACTOZA)                                        |               |               |               |                 |
| 7                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                  | PAINE(GLUTEN)                                                        | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total ONC C/ AR C/ HIV C</b> |                                                                                                                       |                                                                      | <b>184.34</b> | <b>385.83</b> | <b>167.88</b> | <b>3,580.30</b> |
|                                 |                                                                                                                       |                                                                      |               |               |               |                 |
| LEHUZE COMUN                    |                                                                                                                       | Alergeni                                                             | Proteine      | Glucide       | Lipide        | Calorii         |
| 1                               | MIC DEJUN COMUN<br>CEAI250ML,PAINE100G, BRANZA SLAB<br>SARATA100G ,MUSCHI FILE 50G, SUNCA<br>PORC50G OU 1BUC, UNT20G, | BRANZA(LACTOZA) OU<br>PAINE(GLUTEN) SUNCA PORC(SOIA)<br>UNT(LACTOZA) | 51.70         | 59.30         | 49.50         | 889.50          |
| 2                               | PRANZ F1 COMUN CIORBA DE<br>ZARZAVAT CU OASE PORC FULGI DE OU<br>400ML                                                | FAINA(GLUTEN) OU TELINA                                              | 5.74          | 13.73         | 10.61         | 168.89          |
| 3                               | PRANZ F2 COMUN PULPA PORC 80G SI<br>MANCARE DE FASOLE VERDE250G SI<br>PAINE100G                                       | FAINA(GLUTEN) PAINE(GLUTEN)                                          | 39.33         | 54.61         | 43.74         | 576.67          |
| 4                               | CINA F1 COMUN FRIPTURA DE PULPA PUI<br>INFERIOARA80G SI MACAROANE CU<br>BRANZA SARATA LA CUPTOR 250G                  | BRANZA(LACTOZA) OU<br>PASTE(GLUTEN,OU) UNT(LACTOZA)                  | 46.35         | 40.15         | 45.30         | 753.70          |
| 5                               | CINA F2 COMUN CEAI 250ML, PAINE 100G                                                                                  | PAINE(GLUTEN)                                                        | 8.40          | 53.30         | 1.20          | 257.60          |
| <b>Total LEHUZE COMUN</b>       |                                                                                                                       |                                                                      | <b>151.52</b> | <b>221.08</b> | <b>150.35</b> | <b>2,646.36</b> |
|                                 |                                                                                                                       |                                                                      |               |               |               |                 |

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR