

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
19/06/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(07-COPIII)	IAURT(LACTOZA) OU	535.50	1,591.50	358.80	11,643.20
Total COPIII 0-3 ANI			535.50	1,591.50	358.80	11,643.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.20	57.45	10.50	505.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			163.67	284.79	68.35	2,388.47
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML	TELINA	27.73	24.98	26.68	446.52

Nr.	Denumire					
	SI PULPA PUI INF80G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, ROSIE80G, CASTRAVETE80G, OU FIERT 1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	43.90	68.90	10.90	548.30
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.62	18.64	7.40	154.80
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	PRANZ F3 REGIM MERE200G		0.80	27.60	0.40	104.00
5	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G		30.87	41.75	33.29	582.05
6	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			132.82	265.80	68.88	2,180.12
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI80G, ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	65.40	4.50	472.30
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT PULPA PUI INF80G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	29.68	18.64	28.82	447.82
5	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	45.85	68.45	15.25	592.65
6	CINA F1 DIABET MANCARE DE VINETE CU CARNE TOCATA PORC 260G		22.45	2.85	35.71	266.95
7	CINA F2 DIABET CEAI 250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			162.78	247.44	97.08	2,322.12
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.68	65.73	35.70	770.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI IAURT400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
4	CINA F1 COMUN TOCANITA FICAT PUI200G CU CARTOFI NATUR250G	UNT(LACTOZA)	33.16	61.65	22.39	573.55
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
Total COMUN			149.52	300.12	126.46	2,835.93
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.68	65.73	35.70	770.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI IAURT400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G,COMPOT PIERCICI300ML	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN TOCANITA FICAT PUI200G CU CARTOFI NATUR250G	UNT(LACTOZA)	33.16	61.65	22.39	573.55
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			170.42	452.72	160.10	3,824.89
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.68	65.73	35.70	770.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI IAURT400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
3	PRANZ F2 COMUN PIPET DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	CINA F1 COMUN TOCANITA FICAT PUI200G CU CARTOFI NATUR250G	UNT(LACTOZA)	33.16	61.65	22.39	573.55
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			140.34	290.15	85.32	2,462.13
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,CARTOFI FIERTI200G, MORCOVI FIERTI200G,BISCUITI1BUC, MERE 200G, GEM20G, ARDEI80G, ROSIE80G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	26.40	226.44	15.30	1,186.66
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	2.87	26.98	5.26	162.30
3	PRANZ F2 REGIM RELIGIOS SI VEGAN MANCARE DE FASOLE VERDE250G	PAINE(GLUTEN)	11.75	51.15	11.75	350.15
4	CINA F1 REGIM RELIGIOS SI VEGAN GARNITURA DE OREZ CU MORCOV250G		4.02	41.75	10.34	268.10
5	CINA F2 REGIM CEAI250ML, PAINE100G, COMPOT DE PIERCICI300ML	PAINE(GLUTEN)	9.30	99.50	1.20	446.00
Total REGIM RELIGIOS - DESODAT			54.34	445.82	43.85	2,413.21

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu
Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
20/06/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(06-COPIII)	IAURT(LACTOZA) OU	413.60	1,164.80	259.60	8,588.00
Total COPIII 0-3 ANI			413.60	1,164.80	259.60	8,588.00
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, BISCUITI DIGESTIVI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	38.70	96.20	15.00	733.80
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT DE PUI80G SI CARTOFI CU BRANZA 330G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			169.50	322.66	71.69	2,660.57
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM		38.37	60.18	14.56	517.20

Nr.	Denumire					
	SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV260G					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, ROSIE80G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.30	74.10	9.10	535.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.72	15.74	7.44	143.96
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNGURESTI250G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			146.02	291.19	67.69	2,330.81
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, ROSIE80G, CASTRAVETE80G, OU FIERT1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	43.90	64.10	10.90	529.10
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	30.08	18.74	28.86	450.18
5	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	44.05	57.35	15.25	535.65
6	CINA F1 DIABET PULPA DE PORC80G SI GHIVECI DE LEGUME350G		35.72	39.23	43.01	494.20
7	CINA F2 DIABET CEAI 250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			175.75	271.52	110.82	2,551.53
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	58.10	33.10	731.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57	186.05
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	47.10	757.50
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			149.38	224.80	135.71	2,513.72
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	58.10	33.10	731.50
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57	186.05
4	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G,COMPOT PIERSICI300ML	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	47.10	757.50
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			170.28	377.40	169.35	3,502.68
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	58.10	33.10	731.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57	186.05
3	PRANZ F2 COMUN PIULPA DE PORC 80G CU GARNITURA DE OREZ CU MORCOV250	PAINE(GLUTEN)	39.42	90.25	43.49	716.50
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	47.10	757.50
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			149.37	259.44	135.46	2,649.15
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,CARTOFI FIERTI200G, MORCOVI FIERTI200G,BISCUITI1BUC, MERE 200G, GEM20G, ARDEI80G, ROSIE80G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	26.40	226.44	15.30	1,186.66
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	2.97	27.98	5.26	166.70
3	PRANZ F2 REGIM RELIGIOS SI VEGAN MANCARE DE FASOLE VERDE250G	PAINE(GLUTEN)	11.75	51.15	11.75	350.15
4	CINA F1 REGIM RELIGIOS SI VEGAN CARTOFI UNGURESTI250G, PAINE100G		7.15	60.15	10.75	358.75
5	CINA F2 REGIM CEAI250ML, PAINE100G, COMPOT DE PIERSICI300ML	PAINE(GLUTEN)	9.30	99.50	1.20	446.00
Total REGIM RELIGIOS - DESODAT			57.57	465.22	44.26	2,508.26

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu
	Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
22/06/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(09-COPIII)	IAURT(LACTOZA) OU	734.60	1,913.50	498.00	14,939.00
Total COPIII 0-3 ANI			734.60	1,913.50	498.00	14,939.00
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, BISCUITI DIGESTIVI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	38.70	96.20	15.00	733.80
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			157.17	323.54	72.85	2,617.17
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA		35.57	40.38	14.21	423.65

Nr.	Denumire					
	DE OREZ CU MORCOV230G					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G IAURT200G,CHEC 100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.50	118.70	26.20	884.60
2	PRANZ F1 REGIM SUPA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.17	17.53	7.31	147.75
3	PRANZ F2 REGIM PIEPT DE PUI80G SI PASTE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNGURESTI250G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			139.37	340.88	84.26	2,652.10
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, OU FIERT 1 BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	48.40	54.90	11.00	512.20
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET SUPA DE ZARZAVAT PULPA PUI INF80G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	29.23	17.53	28.73	440.77
5	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
6	CINA F1 DIABET PULPA DE PORC 80G SI CARTOFI UNGURESTI250		34.15	60.15	42.70	568.75
7	CINA F2 DIABET CEAI250ML, PAINE50G,IAURT200G, SUNCA PORC50G	IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	21.45	58.70	10.20	404.40
Total DIA/HEP/AR R/ ONC R/ HIV R			185.38	279.43	114.48	2,655.57
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC50G, MUSCHI FILE40G,OU FIERT 1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	48.13	58.10	32.24	715.08
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.17	13.71	7.11	131.88
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G, PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
4	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	33.29	577.49
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			151.08	262.50	118.84	2,528.00

Nr.	Denumire					
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC50G, MUSCHI FILE40G,OU FIERT 1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	48.13	58.10	32.24	715.08
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.17	13.71	7.11	131.88
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G, PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G,COMPOT PIERSICI300ML	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	33.29	577.49
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			172.78	406.50	145.32	3,421.52
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC50G, MUSCHI FILE40G,OU FIERT 1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	48.13	58.10	32.24	715.08
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.17	13.71	7.11	131.88
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	15.70	673.30
4	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	33.29	577.49
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			138.38	253.50	89.54	2,355.35
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,CARTOFI FIERTI200G, MORCOVI FIERTI200G,BISCUITI1BUC, MERE 200G, GEM20G,	GEM(DIOXID DE SULF) PAINE(GLUTEN)	24.20	217.54	14.80	1,137.76
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	2.97	27.98	5.26	166.70
3	PRANZ F2 REGIM RELIGIOS SI VEGAN OREZ CU MORCOV 250G	PAINE(GLUTEN)	12.32	89.25	11.54	502.10
4	CINA F1 REGIM RELIGIOS SI VEGAN MANCARE DE FASOLE VERDE 270g	FAINA(GLUTEN)	4.03	7.11	10.59	132.67
5	CINA F2 REGIM CEAI250ML, PAINE100G, COMPOT DE PIERSICI300ML	PAINE(GLUTEN)	9.30	99.50	1.20	446.00
Total REGIM RELIGIOS - DESODAT			52.82	441.38	43.39	2,385.23

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC
23/06/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(05-COPIII)	IAURT(LACTOZA) OU	471.50	1,190.40	282.40	9,123.40
Total COPIII 0-3 ANI			471.50	1,190.40	282.40	9,123.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF60G	TELINA	25.94	24.98	25.15	425.59
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			163.28	285.99	83.22	2,525.54
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA /	TELINA	25.94	24.98	25.15	425.59

Nr.	Denumire					
	REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF60G					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			168.08	370.74	60.72	2,672.84
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, IAURT200G, OU FIERT1BUC.	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	65.80	15.80	587.40
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FASOLE VERDE 400ML	TELINA	2.74	9.04	5.47	91.91
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.12	89.25	15.44	664.40
4	CINA F1 REGIM PULPA PUI INF60G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	27.20	6.11	30.48	400.36
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			129.96	223.50	68.39	2,001.67
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	55.50	24.50	651.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FASOLE VERDE 400ML	TELINA	2.77	10.00	5.41	95.33
5	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE FASOLE VERDE270G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI250ML, PAINE50G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			160.42	200.20	104.46	2,162.23
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.30	58.70	42.30	788.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI	TELINA	4.94	30.94	8.93	219.42
3	PRANZ F2 COMUN CARNATI PORC105G SI MANCARE DE SPANAC270G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	55.29	786.97
4	CINA F1 COMUN TOCANITA DE PULPE	BRANZA(LACTOZA)	43.60	43.95	47.71	772.39

Nr.	Denumire				
	PUI110G CU MAMALIGUTA200G SI BRANZA SARATA100G				
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20 257.60
Total COMUN			134.47	247.20	155.43 2,825.07
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.30	58.70	42.30 788.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML,COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04 399.76
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI	TELINA	4.94	30.94	8.93 219.42
4	PRANZ F2 COMUN CARNATI PORC105G SI MANCARE DE SPANAC270G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	55.29 786.97
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERCICI300G,CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60 586.40
6	CINA F1 COMUN TOCANITA DE PULPE PUI110G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	43.60	43.95	47.71 772.39
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20 257.60
Total ONC C/ AR C/ HIV C			155.37	401.60	187.07 3,811.23
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.30	58.70	42.30 788.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI	TELINA	4.94	30.94	8.93 219.42
3	PRANZ F2 COMUN PIPET DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	44.07	89.88	15.41 666.45
4	CINA F1 COMUN TOCANITA DE PULPE PUI110G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	43.60	43.95	47.71 772.39
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20 257.60
Total LEHUZE COMUN			144.31	276.77	115.55 2,704.56
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,CARTOFI FIERTI200G, MORCOVI FIERTI200G,BISCUITI1BUC, MERE 200G, GEM20G,	GEM(DIOXID DE SULF) PAINE(GLUTEN)	24.20	217.54	14.80 1,137.76
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	2.97	27.98	5.26 166.70
3	PRANZ F2 REGIM MANCARE DE SPANAC 250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	13.23	58.81	11.79 387.07
4	CINA F1 REGIM RELIGIOS SI VEGAN MANCARE DE FASOLE VERDE 270g	FAINA(GLUTEN)	4.03	7.11	10.59 132.67
5	CINA F2 REGIM CEAI250ML, PAINE100G, COMPOT DE PIERCICI300ML	PAINE(GLUTEN)	9.30	99.50	1.20 446.00
Total REGIM RELIGIOS - DESODAT			53.73	410.93	43.64 2,270.19

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

24/06/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(06-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	470.90	1,356.60	297.90	9,968.70
Total COPIII 0-3 ANI			470.90	1,356.60	297.90	9,968.70
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.92	37.03	5.36	207.60
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			19.92	197.03	18.16	1,018.80
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.52	24.98	28.21	467.45
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU CARTOFI SI BRANZA DIETETICA280G, PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	59.10	107.80	14.60	799.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			179.19	285.11	85.12	2,610.80
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280,	PAINE(GLUTEN)	46.77	108.68	15.76	755.60

Nr.	Denumire					
	PAINE100G					
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.52	24.98	28.21	467.45
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			171.66	370.74	63.78	2,714.70
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, IAURT200G, CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	52.80	120.60	27.00	928.60
2	PRANZ F1 REGIM CIORBA ZARZAVAT CU CARTOFI 400ML	TELINA	3.60	29.69	5.47	177.95
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G, PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.87	41.75	33.29	582.05
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			153.27	333.24	83.21	2,667.25
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	55.50	24.50	651.50
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT 400ML	TELINA	1.50	10.59	5.27	91.35
5	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G, PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
6	CINA F1 DIABET PULPA DE VITA80G SI GHIVECI DE LEGUME350G		47.42	38.63	33.56	441.10
7	CINA F2 DIABET CEAI250ML, PAINE50G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			168.12	249.37	91.98	2,251.80
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	4.27	17.61	8.88	162.97
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	39.42	90.25	43.49	716.50
4	CINA F1 COMUN MANCARE DE CARTOFI CU CARNE TOCATA PORC 300G		28.75	60.15	36.31	526.75
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE(GLUTEN)		9.30	94.70	1.20	426.80

Nr.	Denumire					
	PAINE100G					
Total COMUN			136.51	320.69	127.48	2,622.42
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML,COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04	399.76
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	4.27	17.61	8.88	162.97
4	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	39.42	90.25	43.49	716.50
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERCICI300G,CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN MANCARE DE CARTOFI CU CARNE TOCATA PORC 300G		28.75	60.15	36.31	526.75
7	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			157.41	475.09	159.12	3,608.58
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	4.27	17.61	8.88	162.97
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	39.42	90.25	43.49	716.50
4	CINA F1 COMUN MANCARE DE CARTOFI CU CARNE TOCATA PORC 300G		28.75	60.15	36.31	526.75
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total LEHUZE COMUN			136.51	320.69	127.48	2,622.42
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,CARTOFI FIERTI200G, MORCOVI FIERTI200G,BISCUITI1BUC, MERE 200G, GEM20G,	GEM(DIOXID DE SULF) PAINE(GLUTEN)	24.20	217.54	14.80	1,137.76
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	2.97	27.98	5.26	166.70
3	PRANZ F2 REGIM RELIGIOS SI VEGAN OREZ CU MORCOV 250G	PAINE(GLUTEN)	12.32	89.25	11.54	502.10
4	CINA F1 REGIM RELIGIOS SI VEGAN GHIVECI DE LEGUME 270g		7.62	35.78	11.06	265.10
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM RELIGIOS - DESODAT			55.51	423.85	43.86	2,329.26

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu
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Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
25/06/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr .	Denumire					
COPIII 0-3 ANI		Alergeni	Protein e	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(08-COPIII)	IAURT(LACTOZA) OU	533.30	1,693.4 0	378.9 0	11,998.3 0
Total COPIII 0-3 ANI			533.30	1,693.4 0	378.9 0	11,998.3 0
HIDRIC/HZL		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCVAL50G, UNT20G	BRANZA(LACTOZA) CASCVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.52	24.98	28.21	467.45
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT DE PUI80G SI CARTOFI CU BRANZA 330G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			179.19	285.11	85.12	2,610.80
REGIM SPECIAL		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI	TELINA	29.52	24.98	28.21	467.45

Nr .	Denumire					
	INF80G					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA SI ENTEROCOLITA PIEPT DE PUI80G SI SOTE CU MORCOV250G		34.50	28.80	14.50	368.10
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			167.79	339.36	63.72	2,565.60
REGIM		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, ARDEI80G,ROSII80G,CASTRAVETI80G,BANANE200 G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.05	19.70	7.38	160.58
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI TARANESTI 250G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			129.38	302.66	62.27	2,249.75
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, ARDEI80G,ROSII80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	65.40	4.50	472.30
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.05	19.70	7.38	160.58
5	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	44.05	57.35	15.25	535.65
6	CINA F1 DIABET MUSACA DE VINETE CU CARNE TOCATA PORC 330G	CASCAVAL(LACTOZA) OU	37.25	5.25	45.01	419.45
7	CINA F2 DIABET CEAI250ML, PAINE50G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			161.75	233.80	80.34	2,115.38
COMUN		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, SUNCA PUI 50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA)	53.05	105.25	30.50	889.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.30	18.24	7.12	149.80
3	PRANZ F3 COMUN MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 COMUN VARZA CU ROSII250G SI CARNE TOCATA DE PORC 65G	PAINE(GLUTEN)	35.65	68.45	36.91	598.35

Nr .	Denumire					
5	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	47.10	757.50
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			147.85	312.39	123.23	2,756.35
ONC C/ AR C/ HIV C		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, SUNCA PUI 50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA)	53.05	105.25	30.50	889.10
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.30	18.24	7.12	149.80
4	PRANZ F3 COMUN MERE200G		0.80	27.60	0.40	104.00
5	PRANZ F2 COMUN VARZA CU ROSII250G SI CARNE TOCATA DE PORC 65G	PAINE(GLUTEN)	35.65	68.45	36.91	598.35
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERCICI300G,COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	47.10	757.50
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			169.55	456.39	149.71	3,649.87
LEHUZE COMUN		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, SUNCA PUI 50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA)	53.05	105.25	30.50	889.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.30	18.24	7.12	149.80
3	PRANZ F3 COMUN MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 COMUN PIEPT DE PUI 80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
5	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	47.10	757.50
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			156.43	299.55	102.01	2,691.37
REGIM RELIGIOS - DESODAT		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,CARTOFI FIERTI200G, MORCOVI FIERTI200G,BISCUITI1BUC, MERE 200G, GEM20G, BANANE200G,EUGENIA1BUC	GEM(DIOXID DE SULF) PAINE(GLUTEN)	43.00	310.84	28.80	1,654.16
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	2.97	27.98	5.26	166.70
3	PRANZ F2 REGIM RELIGIOS SI VEGAN MANCARE	FAINA(GLUTEN)	11.68	53.76	11.64	359.32

Nr.	Denumire					
	DE FASOLE VERDE 250G, PAINE 100G	PAINE(GLUTEN)				
4	CINA F1 REGIM RELIGIOS SI VEGAN CARTOFI TARANESTI300G		7.15	60.15	10.75	358.75
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM RELIGIOS - DESODAT			73.20	506.03	57.65	2,796.53

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
26/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(06-COPIII)	IAURT(LACTOZA) OU	379.90	1,432.80	246.60	9,292.80
Total COPIII 0-3 ANI			379.90	1,432.80	246.60	9,292.80
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	48.80	104.25	27.50	841.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.52	24.98	28.21	467.45
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
Total REGIM ULCER/COLECIST			169.06	331.59	86.88	2,745.40
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.52	24.98	28.21	467.45
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			171.66	370.74	63.78	2,714.70
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, ARDEI80G,ROSII80G,CASTRAVETI80G,OU FIERT1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	43.90	68.90	10.90	548.30
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.18	14.20	7.11	133.07
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA DE PUI80G SI GHIVECI DE LEGUME330G		35.77	39.63	34.01	600.55
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			139.55	267.23	69.07	2,228.97
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, ARDEI80G,ROSII80G,CASTRAVETI80G, OU FIERT1BUC.	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	44.20	66.60	20.90	630.30
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT 400ML	TELINA	1.50	10.59	5.27	91.35
5	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	45.85	68.45	15.25	592.65
6	CINA F1 DIABET PULPA VITA80G CU SOTE DE DOVLECEI250G		42.85	8.85	32.65	295.45
7	CINA F2 DIABET CEAI250ML, PAINE50G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			156.40	246.59	86.87	2,152.15
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU	64.20	59.55	57.00	1,008.00

Nr.	Denumire					
	PORC50G, MUSCHI FILE50G, UNT20G, OU FIERT1BUC.	PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)				
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
4	CINA F1 COMUN TOCANITA DE FICAT PUI200G SI CATOFI NATUR210G	UNT(LACTOZA)	42.01	61.95	28.99	669.55
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			173.90	294.24	154.36	3,169.03
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, OU FIERT1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	59.55	57.00	1,008.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G,BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	15.00	107.10	23.80	676.00
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G,COMPOT PIERSICI300ML	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN TOCANITA DE FICAT PUI200G SI CATOFI NATUR210G	UNT(LACTOZA)	42.01	61.95	28.99	669.55
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			197.00	492.44	188.60	4,335.99
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, OU FIERT1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	59.55	57.00	1,008.00
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	15.70	673.30
4	CINA F1 COMUN TOCANITA DE FICAT PUI200G SI CATOFI NATUR210G	UNT(LACTOZA)	42.01	61.95	28.99	669.55
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			167.10	282.74	113.51	2,802.08
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,CARTOFI FIERTI200G, MORCOVI FIERTI200G,BISCUITI1BUC, MERE 200G, GEM20G, BANANE200G,EUGENIA1BUC	GEM(DIOXID DE SULF) PAINE(GLUTEN)	43.00	310.84	28.80	1,654.16
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	2.97	27.98	5.26	166.70
3	PRANZ F2 REGIM RELIGIOS VARZA CU	PAINE(GLUTEN)	13.95	67.45	11.35	425.95

Nr.	Denumire					
	ROSH270G					
4	CINA F1 REGIM RELIGIOS SI VEGAN GHIVECI LEGUME330G		8.92	39.63	11.06	286.60
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM RELIGIOS - DESODAT			77.24	499.20	57.67	2,791.01

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR