

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
13/07/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(08-COPIII)	IAURT(LACTOZA) OU	878.70	3,636.60	619.20	23,014.80
Total COPIII 0-3 ANI			878.70	3,636.60	619.20	23,014.80
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.42	5.88	28.01	380.85
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			175.59	246.11	86.57	2,446.25

Nr.	Denumire					
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.42	5.88	28.01	380.85
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.56	351.64	63.58	2,628.10
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, ARDEI80G, GEM20G, IAURT200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.20	81.34	8.80	557.36
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.13	18.63	7.46	157.34
3	PRANZ F2 REGIM PIEPT DE PUI80G 80G OREZ CU LEGUME330G, PAINE100G	PAINE(GLUTEN)	47.57	91.65	15.99	692.75
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			132.18	252.03	66.99	2,111.67
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, MUSCHI FILE50G, OU FIERT1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	59.25	54.90	15.30	594.30
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU OASE PORC SI	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	6.43	18.63	10.91	193.59

Nr.	Denumire					
	FIDEA DREASA CU OU SI IAURT400ML					
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	44.05	57.35	15.25	535.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA DE PORC80G SI GHIVECI DE LEGUME350G		35.72	39.23	43.01	494.20
7	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			167.45	262.21	97.27	2,360.14
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.60	17.28	7.13	148.06
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN PASTE CU SOS ROSII SI CARNE TOCATA PORC 300G	PASTE(GLUTEN,OU)	25.10	42.70	32.05	428.75
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			132.31	226.86	121.72	2,204.87
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV , CHEC100G, IAURT200G,BISCUITI DIGESTIVI1BUC,EUGENIA1BUC	CHEC(OU,GLUTEN) IAURT(LACTOZA)	35.40	148.20	48.60	1,183.60
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.60	17.28	7.13	148.06
4	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G, COMPOT PRUNE300ML	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN PASTE CU SOS ROSII SI CARNE TOCATA PORC	PASTE(GLUTEN,OU)	25.10	42.70	32.05	428.75

Nr.	Denumire					
	300G					
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			175.51	474.86	180.76	3,913.03
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.60	17.28	7.13	148.06
3	PRANZ F2 COMUN PULPA PORC80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	41.97	108.68	43.81	803.30
4	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ CU MORCOV 250G		30.87	41.75	33.29	582.05
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			140.61	278.99	123.03	2,580.41

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APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.42	5.88	28.01	380.85
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			164.76	266.89	86.08	2,480.80
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.42	5.88	28.01	380.85
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML,	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60

Nr.	Denumire					
	PAINE100G, BRANZA DIETETICA100G					
Total REGIM SPECIAL			169.56	351.64	63.58	2,628.10
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, IAURT200G,CHEC100G	BRANZA(LACTOZA) CHEC(OU, GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.50	118.70	26.20	884.60
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU CARTOFI,DREASA CU IAURT SI OU 400ML	IAURT(LACTOZA) OU TELINA	6.13	30.13	7.57	208.33
3	PRANZ F2 REGIM PIEPT DEPUI80G SI PASTE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM TOCANITA DE FICAT PUI180G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	55.21	43.55	21.74	583.50
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			162.54	336.88	72.56	2,623.48
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, SUNCA DE PORC50G,UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA) UNT(LACTOZA)	48.05	57.70	23.60	635.40
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF 80G ,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	31.03	11.81	30.26	438.86
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G, PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	PRANZ F3 DIABET MERE200G		0.80	27.60	0.40	104.00
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT DE MERE 300ML		0.80	27.60	0.40	104.00
7	CINA F1 DIABET PULPA DE PORC 80GR SI MACAROANE CU BRANZA LA CUPTOR 280GR	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	47.20	40.15	43.10	551.75
8	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			194.03	281.91	126.01	2,797.86
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN	BRANZA(LACTOZA) OU	50.68	58.33	37.30	771.70

Nr.	Denumire					
	CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G , SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G,OU FIERT1BUC	PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	51.85	99.75	53.65	1,013.59
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU OREZ CU LEGUME250G		34.22	43.15	33.84	606.00
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total COMUN			152.08	315.52	136.61	3,011.72
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G , SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G,OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.68	58.33	37.30	771.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV , COZONAC100G, IAURT200G,BISCUITI DIGESTIVI1BUC,EUGENIA1BUC	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	36.20	139.60	41.44	1,088.16
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	51.85	99.75	53.65	1,013.59
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G, IAURT200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
6	CINA F1 COMUN PULPA PUI INFERIOARA80G CU OREZ CU LEGUME250G		34.22	43.15	33.84	606.00
7	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			201.88	508.02	194.09	4,502.44
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G , SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G,OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.68	58.33	37.30	771.70
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63

Nr.	Denumire					
	FIDEA DREASA CU OU SI SMANTANA 400ML					
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.20	90.20	15.85	685.05
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU OREZ CU LEGUME250G		34.22	43.15	33.84	606.00
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total LEHUZE COMUN			147.43	305.97	98.81	2,683.18

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
15/07/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(00-COPIII)	IAURT(LACTOZA) OU	1,050.60	2,984.00	781.20	23,176.40
Total COPIII 0-3 ANI			1,050.60	2,984.00	781.20	23,176.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20

Nr.	Denumire					
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.42	5.88	28.01	380.85
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			164.76	266.89	86.08	2,480.80
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.42	5.88	28.01	380.85
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.56	351.64	63.58	2,628.10
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, IAURT200G,GEM20G,OU FIERT1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	77.34	15.80	633.56

Nr.	Denumire					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT SI FIDEA, ,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.13	18.63	7.46	157.34
3	PRANZ F2 REGIM PIEPT DE PUI 80GSI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN)	47.57	91.65	15.99	692.75
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			139.48	248.03	73.99	2,187.87
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, MUSCHI FILE50G,OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	59.25	54.90	15.30	594.30
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.13	18.63	7.46	157.34
4	PRANZ F2 DIABET PIEPT DE PUI 80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE FASOLE VERDE270G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PORC50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			170.13	201.63	97.11	2,140.24
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G , SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G.UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	58.93	46.50	828.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.64	19.49	10.58	191.27
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	47.10	757.50
5	CINA F2 COMUN CEAI 250ML,	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
	PAINE 100G					
Total COMUN			151.00	230.87	150.52	2,677.73
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G , SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G.UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	58.93	46.50	828.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV , COZONAC100G, IAURT200G,BISCUITI DIGESTIVI1BUC,EUGENIA1BUC	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	36.20	139.60	41.44	1,088.16
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.64	19.49	10.58	191.27
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G, IAURT200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	47.10	757.50
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			200.80	423.37	208.00	4,168.45
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G , SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G.UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	58.93	46.50	828.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.64	19.49	10.58	191.27
3	PRANZ F2 COMUN PULPA DE PORC 80GR SI OREZ CU LEGUME230G, PAINE100G	PAINE(GLUTEN)	42.50	88.77	43.98	728.15
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	47.10	757.50
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			145.86	260.04	149.36	2,763.42

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
16/07/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(00-COPIII)	IAURT(LACTOZA) OU	1,365.20	5,519.60	954.40	35,237.60
Total COPIII 0-3 ANI			1,365.20	5,519.60	954.40	35,237.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.42	5.88	28.01	380.85
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	CINA F1 ULCER PIEPT PUI80G SOTE DE DOVLECEI CU MORCOV 250		35.17	9.88	13.96	297.80

Nr.	Denumire					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			175.19	215.61	86.32	2,320.40
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.42	5.88	28.01	380.85
3	PRANZ F2 COLITA, ENTEROCOLITA, REGIM SPECIALPIEPT DE PUI SI PASTE CU BRANZA DIETETICA PAINE	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	6.25	638.25
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			180.39	330.86	54.07	2,510.75
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, ROSIE80G,BANANA 200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.10	111.70	4.10	613.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.50	18.82	7.40	155.04
3	PRANZ F2 REGIM PIEPT DE PUI80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G		30.87	41.75	33.29	582.05
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			128.17	316.77	61.84	2,297.64
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,MUSCHI FILE	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	53.65	65.40	8.80	554.40

Nr.	Denumire					
	50GSUNCA PUI100G,ARDEI 80G,ROSIE 80GCASTRAVETE 80G					
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.62	18.64	7.40	154.80
4	PRANZ F2 DIABET MUSACA DE DOVLECEI CU CARNE TOCATA PORC	PAINE(GLUTEN)	30.40	57.72	32.68	515.70
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT DE MERE 300ML		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA VITA80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	43.38	40.04	32.84	424.04
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PORC50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			154.30	268.10	92.32	2,157.34
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G , SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G.UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	58.93	46.50	828.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.18	14.20	7.11	133.07
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	39.42	90.25	43.49	716.50
4	CINA F1 COMUN PULPA PUI80G CU MINCARE DE VINETE250G	FAINA(GLUTEN)	28.28	6.31	33.14	429.42
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			123.96	222.98	131.44	2,365.48
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G , SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G.UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	58.93	46.50	828.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV , COZONAC100G, IAURT200G,BISCUITI DIGESTIVI1BUC,EUGENIA1BUC	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	36.20	139.60	41.44	1,088.16
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.18	14.20	7.11	133.07
4	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ	PAINE(GLUTEN)	39.42	90.25	43.49	716.50

Nr.	Denumire					
	CU MORCOV 250G					
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G, IAURT200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
6	CINA F1 COMUN PULPA PUI80G CU MINCARE DE VINETE250G	FAINA(GLUTEN)	28.28	6.31	33.14	429.42
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			173.76	415.48	188.92	3,856.20
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G , SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G.UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	58.93	46.50	828.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.18	14.20	7.11	133.07
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	39.42	90.25	43.49	716.50
4	CINA F1 COMUN PULPA PUI80G CU MINCARE DE VINETE250G	FAINA(GLUTEN)	28.28	6.31	33.14	429.42
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			123.96	222.98	131.44	2,365.48

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
19/07/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
	COPIII 0-3 ANI	Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3	IAURT(LACTOZA) OU	743.00	3,051.60	520.00	19,421.60

Nr.	Denumire					
	AN(00-COPIII)					
Total COPIII 0-3 ANI			743.00	3,051.60	520.00	19,421.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, SUNCA PUI50G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.42	5.88	28.01	380.85
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER PIEPT PUI 80G SI PASTE FAINOASE CU BRANZA 280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			179.09	266.51	85.12	2,536.00
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI FIERTI200G, MORCOVI FIERTI200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA /	TELINA	27.42	5.88	28.01	380.85

Nr.	Denumire					
	ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G					
4	CINA F1 COLITA, ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI PASTE CU BRANZA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			183.89	351.26	62.62	2,683.30
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, IAURT200GCOZONAC 100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	110.10	19.04	789.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.02	18.74	7.44	157.16
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN) TELINA	44.58	88.54	15.44	664.24
4	CINA F1 REGIM PULPA PUI65G SI MACAROANE CU SOS DE ROSII270G	PASTE(GLUTEN,OU)	33.95	42.70	33.70	602.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			138.25	313.38	76.82	2,470.86
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,MUSCHI FILE 50GSUNCA PUI100G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	55.50	24.50	651.50
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.87	18.74	30.39	471.11
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G, PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	06CINA F1 DIABET PULPA DE VITAINABUSITA LA	PASTE(GLUTEN,OU)	40.30	41.22	30.13	418.45

Nr.	Denumire					
	CUPTOR80G CU MACAROANE SI SOS ROSII 250G,PAINE100G					
7	CINA F2 DIABET CEAI250ML, PAINE100G, MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			195.82	252.11	112.37	2,591.01
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G SUNCA PORC50G, MUSCHI FILE50G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	111.25	51.00	1,147.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASESI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.51	15.16	10.50	172.74
3	PRANZ F2 COMUN BUDINCA DE PASTE CU CARNE TOCATA SI PAINE	PAINE(GLUTEN) PASTE(GLUTEN,OU)	32.90	89.72	33.13	657.75
4	CINA F1 COMUN CARTOFI GRATINATI280G SI FRIPTURA PULPA PUI80G	BRANZA(LACTOZA) OU	46.45	58.85	47.25	839.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			154.06	328.28	143.08	3,074.54
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G SUNCA PORC50G, MUSCHI FILE50G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	111.25	51.00	1,147.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV , CHEC100G, IAURT200G,BANANA 200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	15.00	107.10	23.80	676.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASESI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.51	15.16	10.50	172.74
4	PRANZ F2 COMUN BUDINCA DE PASTE CU CARNE TOCATA SI PAINE	PAINE(GLUTEN) PASTE(GLUTEN,OU)	32.90	89.72	33.13	657.75
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G, COMPOT PIERCICI300ML	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN CARTOFI GRATINATI280G SI FRIPTURA PULPA PUI80G	BRANZA(LACTOZA) OU	46.45	58.85	47.25	839.25
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			177.16	526.48	177.32	4,241.50

Nr.	Denumire					
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA SLAB SARATA100G ,CASCAVAL50G SUNCA PORC50G, MUSCHI FILE50G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	111.25	51.00	1,147.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASESI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.51	15.16	10.50	172.74
3	PRANZ F2 COMUN BUDINCA DE PASTE CU CARNE TOCATA SI PAINE	PAINE(GLUTEN) PASTE(GLUTEN,OU)	32.90	89.72	33.13	657.75
4	CINA F1 COMUN CARTOFI GRATINATI280G SI FRIPTURA PULPA PUI80G	BRANZA(LACTOZA) OU	46.45	58.85	47.25	839.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			154.06	328.28	143.08	3,074.54

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR