

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
11/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(9-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	924.40	3,759.80	632.90	23,849.80
Total COPIII 0-3 ANI			924.40	3,759.80	632.90	23,849.80
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
	250ML, PAINE 100G					
Total REGIM ULCER/COLECIST			177.40	285.11	83.59	2,589.87
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI100G. ARDEI80G, CASTRAVETE80G,ROSHI80G, BANANA250G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.55	127.20	5.25	714.00
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FASOLE VERDE ,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU TELINA	4.59	9.50	7.37	118.69
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	15.38	656.50
4	CINA F1 REGIM PULPA PUI65G SI MACAROANE CU SOS DE ROSHI270G	PASTE(GLUTEN,OU)	33.95	42.70	33.70	602.70
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			136.44	320.07	62.90	2,349.49
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G,MUSCHI FILE50G, ARDEI80G, ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	53.65	65.40	8.80	554.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FASOLE VERDE DREASA CU IAURT SI OU 400ML	IAURT(LACTOZA) OU TELINA	4.86	12.38	7.43	130.99
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	45.85	68.45	15.25	592.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE PORC 80G CU SOTE FASOLE VERDE350G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI 250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			174.31	218.58	85.58	2,133.39
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,SUNCA PORC50G, MUSCHI FILE50G, IAURT 200G, BANANA250G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	51.05	122.50	32.25	953.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.62	18.64	7.40	154.80
3	PRANZ F2 COMUN VARZA CU ROSII250G SI CARNE TOCATA65G	PAINE(GLUTEN)	35.65	68.45	36.91	598.35
4	CINA F1 COMUN PULPA PUI80G CU MINCARE DE VINETE250G	FAINA(GLUTEN)	28.28	6.31	33.14	429.42
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			128.00	269.20	110.90	2,393.37
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,SUNCA PORC50G, MUSCHI FILE50G, IAURT 200G, BANANA250G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	51.05	122.50	32.25	953.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML, COZONAC100G,	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04	399.76

Nr.	Denumire					
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.62	18.64	7.40	154.80
4	PRANZ F2 COMUN VARZA CU ROSII250G SI CARNE TOCATA65G	PAINE(GLUTEN)	35.65	68.45	36.91	598.35
5	SUPLIMENT ORA 16 ONCOLOGIE LAPTE 200ML ,CHEC100G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
6	CINA F1 COMUN PULPA PUI80G CU MINCARE DE VINETE250G	FAINA(GLUTEN)	28.28	6.31	33.14	429.42
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			154.40	387.20	146.14	3,288.33
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,SUNCA PORC50G, MUSCHI FILE50G, IAURT 200G, BANANA250G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	51.05	122.50	32.25	953.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.62	18.64	7.40	154.80
3	PRANZ F2 COMUN PULPA PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	39.27	89.88	43.46	714.15
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU CARTOFI CU MORCOV230G		33.42	60.18	33.61	668.85
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			136.76	344.50	117.92	2,748.60

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
12/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(10-COPIII)	IAURT(LACTOZA) OU	962.50	3,976.90	660.80	25,140.00
Total COPIII 0-3 ANI			962.50	3,976.90	660.80	25,140.00
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	59.10	107.80	14.60	799.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			177.40	285.11	83.59	2,589.87
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA /	TELINA	27.73	24.98	26.68	446.52

	ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI80G,,ROSII80G, CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	70.20	4.50	491.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.05	19.70	7.38	160.58
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM PULPA PUI 70G SI MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	30.28	10.31	33.14	453.42
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			130.76	209.11	61.91	1,896.46
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, ARDEI80G, ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	65.40	4.50	472.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.05	19.70	7.38	160.58
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE DOVLECEI200G, PAINE100G	PAINE(GLUTEN)	43.55	56.35	15.25	529.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE20G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET MUSACA DE VINETE CU CARNE PORC TOCATA 330G	CASCAVAL(LACTOZA) OU	37.25	5.25	45.01	419.45
7	CINA F2 DIABET CEAI 250ML,	BRANZA(LACTOZA)	25.40	50.50	2.20	323.40

	PAINE100G, BRANZA DIETETICA100G	PAINE(GLUTEN)				
Total DIA/HEP/AR R/ ONC R/ HIV R			161.25	232.80	80.34	2,109.38
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G ,SUNCA PORC100G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.05	59.95	36.80	815.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.43	26.96	7.21	190.85
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
4	3CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		35.24	35.98	33.95	583.95
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			163.37	276.04	135.71	2,887.85
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 80,,ARDEI80G,ROSII80G		2.80	11.10	0.70	60.90
2	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G ,SUNCA PORC100G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.05	59.95	36.80	815.20
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200G,COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.43	26.96	7.21	190.85
5	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300G,CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
7	3CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		35.24	35.98	33.95	583.95
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			187.07	439.74	170.05	3,937.71
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	61.05	59.95	36.80	815.20

	BRANZA100G,CASCAVAL50G ,SUNCA PORC100G, MUSCHI FILE50G,	PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.43	26.96	7.21	190.85
3	PRANZ F2 COMUN PIEPT DE PUI80G SI MANCARE DE FASOLE VERDE250G SI PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97
4	3CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		35.24	35.98	33.95	583.95
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			154.25	230.80	94.85	2,376.57

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
13/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(7-COPIII)	IAURT(LACTOZA) OU	546.50	1,845.30	380.00	12,959.20
Total COPIII 0-3 ANI			546.50	1,845.30	380.00	12,959.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT		0.60	54.90	0.00	222.00

Nr.	Denumire					
	PRUNE300ML					
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	58.30	88.50	14.45	717.25
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			179.40	285.61	83.79	2,601.67
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 COLITA, ENTEROCOLITA, REGIM SPECIALPIEPT DE PUI SI PASTE CU BRANZA DIETETICA PAINE	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	6.25	638.25
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			183.50	369.76	53.09	2,669.97

Nr.	Denumire					
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,IAURT200G, CHEC 100g	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.50	118.70	26.20	884.60
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.62	18.64	7.40	154.80
3	PRANZ F2 REGIM PIEPT DE PUI80G SI PASTE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G	TELINA	31.23	40.04	33.29	577.49
5	CINA F2 REGIM CEAI 250ML, PAINE100G,	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			137.05	321.88	83.94	2,563.94
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ,CASCAVAL 50G,UNT 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	53.90	55.75	27.70	687.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT PULPA PUI INF80G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	29.83	19.42	28.76	451.00
4	PRANZ F2 DIABET PIEPT DE PUI 80G CU MACARONE CU SOS ROSII250G SI PAINE 100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	15.70	677.70
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G, MERE200G	CHEC(OU,GLUTEN)	7.20	81.10	18.00	502.00
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE FASOLE VERDE270G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI 250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			201.03	308.17	140.66	3,076.75
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G ,SUNCA PORC50G, MUSCHI	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20

Nr.	Denumire					
	FILE50G,					
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.22	15.45	7.12	138.28
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	48.60	58.85	40.95	798.35
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			155.05	240.95	126.41	2,524.50
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G ,SUNCA PORC50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200G,COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.22	15.45	7.12	138.28
4	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300G,CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	48.60	58.85	40.95	798.35
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			175.95	393.55	160.05	3,513.46
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G ,SUNCA PORC50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.22	15.45	7.12	138.28
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07

Nr.	Denumire					
	VERDE270G, PAINE100G					
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	48.60	58.85	40.95	798.35
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			155.05	240.95	126.41	2,524.50

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
14/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(7-COPIII)	IAURT(LACTOZA) OU	564.10	1,898.90	393.60	13,271.20
Total COPIII 0-3 ANI			564.10	1,898.90	393.60	13,271.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			165.07	285.99	84.75	2,546.47
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G, ARDEI80G, ROSIE80G, CASTRAVETE60G, OU	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	43.78	68.46	10.86	545.90

Nr.	Denumire					
	FIERT1BUC.					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.72	15.74	7.44	143.96
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	15.44	668.80
4	PRANZ F3 REGIM MERE200G		0.80	27.60	0.40	104.00
5	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
6	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			132.80	262.46	68.88	2,166.88
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ROSIE80G, ARDEI80G, OU FIERT1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.60	63.80	11.50	561.10
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF70G FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	29.90	18.14	28.74	445.98
5	PRANZ F2 DIABET PIEPT DE PUI80G SI SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
6	CINA F1 DIABET PULPA DE PORC80G SI GHIVECI DE LEGUME250G		34.62	35.78	43.01	475.10
7	CINA F2 DIABET CEAI 250ML, PAINE100G, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			184.17	261.07	107.10	2,518.03
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G ,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT 1BUC, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	69.20	66.35	46.20	950.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.00	15.24	7.12	136.60
3	PRANZ F2 COMUN PULPA	PAINE(GLUTEN)	59.15	97.35	45.00	845.95

Nr.	Denumire					
	PORC80G CU IAHNIE DE FASOLE USCATA250G, PAINE100G					
4	CINA F1 COMUN FICAT PUI150G CU CARTOFI TARANESTI 280G		41.15	60.15	20.75	584.75
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			181.90	292.39	120.27	2,774.90
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G ,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT 1BUC, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	69.20	66.35	46.20	950.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200G,COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.00	15.24	7.12	136.60
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G, PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300G,CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN FICAT PUI150G CU CARTOFI TARANESTI 280G		41.15	60.15	20.75	584.75
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			202.80	444.99	153.91	3,763.86
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G ,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT 1BUC, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	69.20	66.35	46.20	950.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.00	15.24	7.12	136.60
3	PRANZ F2 COMUN PULPA PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	39.27	89.88	43.46	714.15
4	CINA F1 COMUN FICAT PUI150G CU CARTOFI TARANESTI 280G		41.15	60.15	20.75	584.75
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			162.02	284.92	118.73	2,643.10

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
16/06/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(08-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	717.40	2,196.60	475.60	15,826.40
Total COPIII 0-3 ANI			717.40	2,196.60	475.60	15,826.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.20	57.45	10.50	505.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM		38.37	60.18	14.56	517.20

Nr.	Denumire					
	SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			163.67	284.79	68.35	2,388.47
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G,IAURT200G,OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	54.80	79.24	16.60	677.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.72	15.74	7.44	143.96
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM FICAT PUI150G SI CARTOFI TARANESTI300G		41.15	60.15	20.75	584.75
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			153.30	264.04	61.68	2,197.24

Nr.	Denumire					
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	48.40	54.90	11.00	512.20
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA, DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.72	15.74	7.44	143.96
4	PRANZ F2 DIABET PIEPT DE PUI 80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
5	SUPLIMENT ORA 16 DIABET LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE VITA80G SI GHIVECI DE LEGUME250G		46.62	35.78	33.56	425.60
7	CINA F2 DIABET CEAI 250ML, PAINE100G, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			174.39	231.97	79.05	2,110.81
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC 50G, MUSCHI FILE50G,OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	69.64	33.10	777.66
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.13	23.96	7.21	177.65
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			157.81	246.66	131.95	2,609.08
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC 50G, MUSCHI FILE50G,OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	69.64	33.10	777.66
2	SUPLIMENT ORA 10 ONCO/ AR/	COZONAC(NUCA,OU,GLUTEN)	13.60	54.70	14.04	399.76

Nr.	Denumire					
	HIV LAPTE200ML,COZONAC100G ,	LAPTE(LACTOZA)				
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.13	23.96	7.21	177.65
4	PRANZ F2 COMUN CARNATI DE PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	56.69	832.37
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G, LAPTE200ML	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			178.21	366.16	178.74	3,693.94
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC 50G, MUSCHI FILE50G,OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	69.64	33.10	777.66
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.13	23.96	7.21	177.65
3	PRANZ F2 COMUN PULPA PORC 80G SI MANCARE DE FASOLE VERDE250G SI PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.33	54.61	43.74	576.67
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			149.51	241.66	130.55	2,543.28

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
17/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

N r.	Denumire					
COPIII 0-3 ANI		Alergeni	Protei ne	Glucid e	Lipi de	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(08-COPIII)	IAURT(LACTOZA) OU	474.7 0	1,867. 30	323. 70	12,177. 90
Total COPIII 0-3 ANI			474.7 0	1,867. 30	323. 70	12,177. 90
HIDRIC/HZL		Alergeni	Protei ne	Glucid e	Lipi de	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.8 0	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.5 3	18.1 6	1,021.2 0
REGIM ULCER/COLECIST		Alergeni	Protei ne	Glucid e	Lipi de	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.20	57.45	10.5 0	505.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.6 8	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.6 8	15.7 6	755.60
4	CINA F1 ULCER PIEPT PUI 80G SI PASTE FAINOASE CU BRANZA 280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.2 5	478.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			178.0 0	284.4 1	67.3 9	2,443.6 7
REGIM SPECIAL		Alergeni	Protei ne	Glucid e	Lipi de	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM	BRANZA(LACTOZA)	34.40	141.4	3.40	725.40

N r.	Denumire					
	SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	PAINE(GLUTEN)		0		
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI100G. CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.40	112.60	21.40	828.60
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FASOLE VERDE ,DREASA CU IAURT400ML	IAURT(LACTOZA) TELINA	2.76	6.44	5.75	83.71
3	PRANZ F2 REGIM PIEPT DE PUI 80GSI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN)	47.57	91.65	15.99	692.75
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA80G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	46.35	39.55	35.90	659.50
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			151.48	303.54	80.24	2,522.16
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ,MUSCHIF ILE50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	50.85	54.30	8.10	493.50
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT DE MERE 300ML		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 80G SI FASOLE VERDE DREASA CU IAURT 400ML	IAURT(LACTOZA) TELINA	27.71	7.05	27.15	378.55
5	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN)	47.57	91.65	15.99	692.75
6	CINA F1 DIABET TOCANITA DE PULPA VITA SI MAMALIGA200G SI BRANZA DIETETICA 100G	BRANZA(LACTOZA)	60.21	43.55	34.24	518.00
7	CINA F2 DIABET CEAI 250ML, PAINE100G,	PAINE(GLUTEN)	15.70	50.40	2.00	282.40

N r.	Denumire						
	SUNCA PUI50G	SUNCA PUI(SOIA)					
Total DIA/HEP/AR R/ ONC R/ HIV R			209.2 4	282.5 5	93.4 8	2,569.2 0	
COMUN		Alergeni	Protei ne	Glucid e	Lipi de	Calorii	
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC 50G, MUSCHI FILE50G,OU FIERT1BUC,MASLINE25G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.68	69.87	37.3 0	817.86	
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.00	15.24	7.12	136.60	
3	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE DE SPANAC270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.23	58.81	43.7 4	597.07	
4	CINA F1 COMUN PULPA DE PUI 80G CU CARTOFI TARANESTI 280G		34.00	60.15	33.7 0	672.70	
5	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.4 0	1.20	460.40	
Total COMUN			137.9 1	307.4 6	123. 06	2,684.6 3	
ONC C/ AR C/ HIV C		Alergeni	Protei ne	Glucid e	Lipi de	Calorii	
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC 50G, MUSCHI FILE50G,OU FIERT1BUC,MASLINE25G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.68	69.87	37.3 0	817.86	
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G,	COZONAC(NUCA,OU,G LUTEN) IAURT(LACTOZA)	13.60	52.90	16.0 4	402.56	
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.00	15.24	7.12	136.60	
4	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE SPANAC250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	55.2 9	786.97	
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G,COMPOT PIERSICI300ML	CHEC(OU,GLUTEN)	7.30	99.70	17.6 0	586.40	
6	CINA F1 COMUN PULPA DE PUI 80G CU CARTOFI TARANESTI 280G		34.00	60.15	33.7 0	672.70	
7	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.4 0	1.20	460.40	
Total ONC C/ AR C/ HIV C			152.8 1	461.5 6	168. 25	3,863.4 9	
LEHUZE COMUN		Alergeni	Protei	Glucid	Lipi	Calorii	

N r.	Denumire					
			ne	e	de	
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC 50G, MUSCHI FILE50G,OU FIERT1BUC,MASLINE25G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.68	69.87	37.3 0	817.86
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.00	15.24	7.12	136.60
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.0 4	740.45
4	CINA F1 COMUN PULPA DE PUI 80G CU CARTOFI TARANESTI 280G		34.00	60.15	33.7 0	672.70
5	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.4 0	1.20	460.40
Total LEHUZE COMUN			140.4 5	340.3 1	123.36	2,828.0 1
REGIM RELIGIOS - DESODAT		Alergeni	Protei ne	Glucid e	Lipi de	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,CARTOFI200G,MORCOVI200G,BISCUI TI1BUC,,MERE 200G	PAINE(GLUTEN)	24.20	206.0 0	14.8 0	1,091.6 0
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	2.87	26.98	5.26	162.30
3	PRANZ F2 REGIM RELIGIOS SI VEGAN OREZ CU LEGUME 300G, PAINE100G	PAINE(GLUTEN)	15.77	91.65	12.0 9	530.45
4	CINA F1 REGIM RELIGIOS SI VEGAN CARTOFI TARANESTI300G		7.15	60.15	10.7 5	358.75
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM RELIGIOS - DESODAT			58.39	438.0 8	44.1 0	2,400.7 0

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
18/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(09-COPIII)	IAURT(LACTOZA) OU	689.50	2,192.70	464.80	15,583.20
Total COPIII 0-3 ANI			689.50	2,192.70	464.80	15,583.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.20	57.45	10.50	505.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			163.67	284.79	68.35	2,388.47
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52

Nr.	Denumire					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.50	68.30	3.70	447.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA	PASTE(GLUTEN,OU) TELINA	2.60	18.19	5.36	126.96
3	PRANZ F2 REGIM PIEPT DE PUI80G SI PASTE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE VINETE270G	FAINA(GLUTEN)	28.28	6.31	33.14	429.42
5	CINA F2 REGIM CEAI 250ML, IAURT200G, PAINE100G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	61.30	6.80	357.60
Total REGIM			128.48	245.30	64.85	2,050.93
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA50G, SUNCA PUI50G, ARDEI80G, ROSIE80G, CASTRAVETE80G, OU FIERT1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	35.40	63.10	10.40	486.60
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT DE MERE 300ML		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA, DREASA CU IAURT SI OU 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.02	18.74	7.44	157.16
5	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.85	51.55	15.85	521.05
6	CINA F1 DIABET PULPA DE PORC 80G CU SOTE DOVLECEI350G		30.85	8.85	42.10	344.95

Nr.	Denumire					
7	CINA F2 DIABET CEAI 250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			138.12	234.34	88.59	2,052.16
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC100G, MUSCHI FILE50G, GEM20G, MASLINE25G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.93	71.47	33.50	783.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.62	18.64	7.40	154.80
3	PRANZ F2 COMUN PULPA PORC80G CU VARZA CU ROSII 250G, PAINE100G	PAINE(GLUTEN)	41.05	68.45	43.30	640.35
4	CINA F1 COMUN TOCANITA PUI150G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	47.06	43.55	50.69	811.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			150.06	255.41	136.09	2,647.26
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC100G, MUSCHI FILE50G, GEM20G, MASLINE25G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.93	71.47	33.50	783.06
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.62	18.64	7.40	154.80
4	PRANZ F2 COMUN PULPA PORC80G CU VARZA CU ROSII 250G, PAINE100G	PAINE(GLUTEN)	41.05	68.45	43.30	640.35
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G,COMPOT PIERSICI300ML	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN TOCANITA PUI150G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	47.06	43.55	50.69	811.45
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			170.96	408.01	169.73	3,636.22
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,SUNCA PORC100G, MUSCHI FILE50G, GEM20G,	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.93	71.47	33.50	783.06

Nr.	Denumire					
	MASLINE25G					
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.62	18.64	7.40	154.80
3	PRANZ F2 COMUN PULPA PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	39.27	89.88	43.46	714.15
4	CINA F1 COMUN TOCANITA PUI150G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	47.06	43.55	50.69	811.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			148.28	276.84	136.25	2,721.06
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,CARTOFI200G, MORCOVI200G,BISCUITI1BUC, MERE 200G	PAINE(GLUTEN)	24.20	206.00	14.80	1,091.60
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	2.87	26.98	5.26	162.30
3	PRANZ F2 REGIM RELIGIOS SI VEGAN PASTE CU SOS DE ROSII250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	14.65	88.35	11.80	511.00
4	CINA F1 REGIM RELIGIOS SI VEGAN MANCARE DE VINETE250G		0.85	2.85	10.15	98.95
5	CINA F2 REGIM CEAI250ML, PAINE100G, COMPOT DE PIERSICI300ML	PAINE(GLUTEN)	9.30	99.50	1.20	446.00
Total REGIM RELIGIOS - DESODAT			51.87	423.68	43.21	2,309.85

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR