

Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/convenție: 4448067
CAS: 1SAMB

04/06/2026

AVIZAT DIRECTOR FINANCIAR.

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(14-COPIII)	IAURT(LACTOZA) OU	1,177.20	4,856.60	796.80	30,661.60
Total COPIII 0-3 ANI			1,177.20	4,856.60	796.80	30,661.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.52	24.98	28.21	467.45
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER PIEPT PUI 80G SI PASTE FAINOASE CU BRANZA 280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			181.19	285.61	85.32	2,622.60

Nr.	Denumire					
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.52	24.98	28.21	467.45
4	CINA F1 COLITA, ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI PASTE CU BRANZA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			185.99	370.36	62.82	2,769.90
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,IAURT200G, CHEC 100g	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.50	118.70	26.20	884.60
2	PRANZ F1 REGIM SUPA DE ZARZAVAT SI FIDEA, ,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.45	12.32	7.23	128.15
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	15.38	656.50
4	CINA F1 REGIM PULPA DE PUI INFERIOARA80G SI CARTOFI TARANESTI300G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			136.30	331.84	83.71	2,599.55
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G,OU FIERT 1BUC, UNT20G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	49.80	56.10	27.40	670.20
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.93	14.03	30.39	453.35
4	PRANZ F2 DIABET PIEPT DE PUI80G CU GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	44.15	89.37	15.38	665.30
5	SUPLIMENT ORA 16 DIABET LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE VITA 80G CU SOTE FASOLE VERDE350G		43.75	4.05	33.25	285.25
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			197.23	237.85	122.42	2,609.70

Nr.	Denumire					
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA SLAB SARATA100G, SUNCA DE PORC50G,MUSCHI FILE50G,CASCAVAL50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU 400ML	OU TELINA	5.76	25.13	7.27	185.39
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN PASTE CU SOS ROSII SI CARNE TOCATA PORC 300G	PASTE(GLUTEN,OU)	28.70	42.70	36.31	456.75
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			137.07	234.71	126.12	2,270.21
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA SLAB SARATA100G, SUNCA DE PORC50G,MUSCHI FILE50G,CASCAVAL50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU 400ML	OU TELINA	5.76	25.13	7.27	185.39
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN PASTE CU SOS ROSII SI CARNE TOCATA PORC 300G	PASTE(GLUTEN,OU)	28.70	42.70	36.31	456.75
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			158.47	387.41	152.60	3,197.33
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA SLAB SARATA100G, SUNCA DE PORC50G,MUSCHI FILE50G,CASCAVAL50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU 400ML	OU TELINA	5.76	25.13	7.27	185.39
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN PASTE CU SOS ROSII SI CARNE TOCATA PORC 300G	PASTE(GLUTEN,OU)	28.70	42.70	36.31	456.75
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			137.07	234.71	126.12	2,270.21

Nr.	Denumire	

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
05/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(15-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	1,326.50	5,103.50	890.80 33,057.60
Total COPIII 0-3 ANI			1,326.50	5,103.50	890.80 33,057.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00 19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80 550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36 210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00 222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00 19.20
Total HIDRIC/HZL			20.02	197.53	18.16 1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90 663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68 446.52

Nr.	Denumire					
3	PRANZ F2 ULCER SI COLECIST PIEPT PUI80G SI OREZ CU MORCOV250G SI PAINE100G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	CINA F1 ULCER PIEPT PUI80G SOTE DE DOVLECEI CU MORCOV 250		35.17	9.88	13.96	297.80
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			161.97	236.69	84.15	2,331.47
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50GG,ARDEI 80G,ROSIE 80G,CASTRAVETE 80GBANANA 200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.18	14.20	7.11	133.07
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G	TELINA	31.23	40.04	33.29	577.49
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			128.81	312.64	61.75	2,283.11
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI 80G,ROSIE 80G,CASTRAVETE 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	65.40	4.50	472.30
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 70G SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	29.24	14.20	28.53	426.09
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G,	PAINE(GLUTEN)	45.85	68.45	15.25	592.65

Nr.	Denumire				
	PAINE100G				
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE200G		0.80	27.60	104.00
6	CINA F1 DIABET PULPA VITA80G CU SOTE DE DOVLECEI250G		42.85	8.85	295.45
7	CINA F2 DIABET CEAI 250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			182.74	249.00	93.73 2,328.89
COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, MASLINE20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60 789.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57 186.05
3	PRANZ F2 COMUN MANCARE DE VINETE CU CARNE PORC TOCATA 270G	PAINE(GLUTEN)	30.85	51.35	36.91 505.35
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	48.95	59.15	45.05 837.85
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20 257.60
Total COMUN			148.58	240.02	131.33 2,576.25
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, MASLINE20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60 789.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04 402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57 186.05
4	PRANZ F2 COMUN MANCARE DE VINETE CU CARNE PORC TOCATA 270G	PAINE(GLUTEN)	30.85	51.35	36.91 505.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV LAPTE200ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04 399.76
6	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	48.95	59.15	45.05 837.85
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20 257.60
Total ONC C/ AR C/ HIV C			175.78	347.62	161.41 3,378.57
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, MASLINE20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60 789.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57 186.05
3	PRANZ F2 COMUN MANCARE DE VINETE CU CARNE PORC TOCATA 270G	PAINE(GLUTEN)	30.85	51.35	36.91 505.35
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU	48.95	59.15	45.05 837.85

Nr.	Denumire				
		SMANTANA(LACTOZA) UNT(LACTOZA)			
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20
Total LEHUZE COMUN			148.58	240.02	131.33
				2,576.25	

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
06/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide
1	SUPLIMENT PEDIATRIE 0-3 AN(15-COPIII)	IAURT(LACTOZA) OU	913.00	2,995.20	655.90
Total COPIII 0-3 ANI			913.00	2,995.20	655.90
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00
Total HIDRIC/HZL			20.02	197.53	18.16
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide

Nr.	Denumire					
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			165.07	285.99	84.75	2,546.47
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50GG,ARDEI 80G,ROSIE 80G,CASTRAVETE 80GBANANA 200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.65	19.60	7.34	158.22
3	PRANZ F2 REGIM PIEPT DE PUI80G 80G OREZ CU LEGUME330G, PAINE100G	PAINE(GLUTEN) TELINA	47.93	89.94	15.99	688.19
4	CINA F1 REGIM TOCANITA DE FICAT PUI180G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	55.21	43.55	21.74	583.50
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			153.89	320.29	50.57	2,313.01
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI 80G,ROSIE 80G,CASTRAVETE 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	65.40	4.50	472.30

Nr.	Denumire					
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 70G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	29.71	19.60	28.76	451.24
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.30	52.35	15.75	521.15
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA DE PORC80G SI GHIVECI DE LEGUME300G		35.65	36.75	42.95	484.30
7	CINA F2 DIABET CEAI 250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			174.46	266.20	104.76	2,471.39
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	103.35	34.00	927.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FASOLE USCATA400ML	TELINA	16.96	37.08	9.74	304.84
3	PRANZ F2 COMUN CARNATI DE PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	35.05	69.95	54.85	830.25
4	3CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		35.50	36.75	33.95	588.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			152.51	300.43	133.74	2,908.14
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	103.35	34.00	927.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G,	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FASOLE USCATA400ML	TELINA	16.96	37.08	9.74	304.84
4	PRANZ F2 COMUN CARNATI DE PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	35.05	69.95	54.85	830.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G, MERE200G	COZONAC(NUCA,OU,GLUTEN)	8.00	72.50	10.84	406.56
6	3CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		35.50	36.75	33.95	588.25
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			174.11	425.83	160.62	3,717.26
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	103.35	34.00	927.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	5.92	18.64	10.85	191.05

Nr.	Denumire					
3	PRANZ F2 COMUN PIEPT DE PUI 80GR SI OREZ CU LEGUME230G, PAINE100G	PAINE(GLUTEN)	47.30	88.77	15.93	680.45
4	3CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		35.50	36.75	33.95	588.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			153.72	300.81	95.93	2,644.55

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
07/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(13-COPIII)	IAURT(LACTOZA) OU	946.80	3,084.50	682.90	22,062.50
Total COPIII 0-3 ANI			946.80	3,084.50	682.90	22,062.50
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20

Nr.	Denumire					
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER PIEPT PUI80G SOTE DE DOVLECEI CU MORCOV 250		35.17	9.88	13.96	297.80
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			161.87	235.69	84.15	2,327.07
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50GG,ARDEI 80G,ROSIE 80G,CASTRAVETE 100G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.62	68.74	3.74	449.90
2	PRANZ F1 REGIM CIORBA ZARZAVAT CU CARTOFI , DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU TELINA	6.05	31.20	7.49	211.57
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA80G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	46.35	39.55	35.90	659.50
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			140.65	248.40	64.02	2,111.94
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA	50.60	63.80	11.50	561.10

Nr.	Denumire				
	SUNCA PUI100G, ,ARDEI 80G,ROSIE 80G,OU FIERT1BUC	PUI(SOIA)			
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARTOFI ,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	6.05	31.20	211.57
4	PRANZ F2 DIABET PIEPT DE PUI 80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE200G		0.80	27.60	0.40
6	CINA F1 DIABET PULPA DE PORC80GR SI MACAROANE CU BRANZA LA CUPTOR 280GR	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	47.20	40.15	43.10
7	CINA F2 DIABET CEAI 250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80
Total DIA/HEP/AR R/ ONC R/ HIV R			172.00	284.60	90.74
COMUN		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT 1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	6.68	17.03	10.89
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF80G SI SALATA ORIENTALA400G	OU	36.67	60.00	40.30
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20
Total COMUN			157.05	279.88	136.89
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT 1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G,	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	6.68	17.03	10.89
4	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G, MERE200G	CHEC(OU,GLUTEN)	7.20	81.10	18.00
6	CINA F1 COMUN FRIPTURA DE PULPA PUI INF80G SI SALATA ORIENTALA400G	OU	36.67	60.00	40.30
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20
Total ONC C/ AR C/ HIV C			177.85	413.88	170.93

Nr.	Denumire					
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT 1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	6.68	17.03	10.89	188.85
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF80G SI SALATA ORIENTALA400G	OU	36.67	60.00	40.30	742.20
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			157.05	279.88	136.89	2,775.80

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
08/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(14-COPIII)	IAURT(LACTOZA) OU	984.68	3,162.51	691.42	22,973.52
Total COPIII 0-3 ANI			984.68	3,162.51	691.42	22,973.52
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			165.07	285.99	84.75	2,546.47
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50GG ,,OU FIERT 1BUC,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	41.10	69.34	10.20	533.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PERISOARE(VITA)50G, 400ML	OU TELINA	24.87	17.20	19.04	229.61
3	PRANZ F2 REGIM PIEPT DE PUI80G SI PASTE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45

Nr.	Denumire					
4	CINA F1 REGIM PULPA DE PUI INFERIOARA80G SI CARTOFI TARANESTI300G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			155.67	291.19	79.99	2,382.92
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ,ARDEI 80G,ROSIE 80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.20	63.20	4.30	460.30
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PERISOASRE(PORC))50G ,400ML	OU TELINA	18.43	15.95	24.08	250.80
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.30	52.35	15.75	521.15
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA VITA80G SI OREZ CU LEGUME350G	TELINA	46.73	41.44	33.39	447.99
7	CINA F2 DIABET CEAI 250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			173.66	265.04	90.32	2,222.64
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU 400ML	OU TELINA	5.43	26.96	7.21	190.85
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
4	CINA F1 COMUN TOCANITA FICAT PUI150G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	54.21	43.55	37.74	723.50
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			187.99	286.91	130.15	2,867.10
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G,OU FIERT 1BUC	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) OU	22.00	53.50	23.24	503.36
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU 400ML	OU TELINA	5.43	26.96	7.21	190.85
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95

Nr.	Denumire					
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300G,CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN TOCANITA FICAT PUII50G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	54.21	43.55	37.74	723.50
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			217.29	440.11	170.99	3,956.86
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU 400ML	OU TELINA	5.43	26.96	7.21	190.85
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN TOCANITA FICAT PUII50G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	54.21	43.55	37.74	723.50
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			168.27	245.17	128.89	2,602.22

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
10/06/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	
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Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(8-COPIII)	IAURT(LACTOZA) OU	734.40	2,364.00	532.80	17,017.60
Total COPIII 0-3 ANI			734.40	2,364.00	532.80	17,017.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			165.07	285.99	84.75	2,546.47
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	27.73	24.98	26.68	446.52
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G. OU FIERT1BUC ,IAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	65.80	15.80	587.40
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.98	16.93	7.40	150.24
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	PRANZ F3 REGIM CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 REGIM PULPA DE PUI INFERIOARA80G SI CARTOFI TARANESTI300G		34.00	60.15	33.70	672.70
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			158.88	337.58	91.95	2,786.99
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G,MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	55.50	24.50	651.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT PULPA PUI INF80G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	29.56	16.54	28.70	438.70
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET TOCANITA DE FICAT PUI230G SI MAMALIGA200G SI BRANZA DIETETICA 100G	BRANZA(LACTOZA)	55.21	43.55	21.74	583.50
7	CINA F2 DIABET CEAI 250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			203.97	260.24	103.59	2,741.55
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC CU FIDEA ,DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	6.40	17.88	10.62	189.07
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC TOCATA400G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)	39.95	62.55	41.35	651.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			160.32	283.73	137.81	2,688.37
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00

Nr.	Denumire					
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G,	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC CU FIDEA ,DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	6.40	17.88	10.62	189.07
4	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERCICI300G,CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC TOCATA400G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)	39.95	62.55	41.35	651.25
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			181.22	436.33	171.45	3,677.33
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G ,CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC CU FIDEA ,DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	6.40	17.88	10.62	189.07
3	PRANZ F2 COMUN PULPA PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	39.27	89.88	43.46	714.15
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC TOCATA400G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)	39.95	62.55	41.35	651.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			156.82	281.96	137.23	2,662.07

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR