

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: ISAMB

MENIUL ZILNIC

19/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(08-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	984.60	2,837.80	680.40	21,207.20
Total COPIII 0-3 ANI			984.60	2,837.80	680.40	21,207.20
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERVICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.35	35.70	5.42	204.54
4	SUPLIMET HIDRIC/ HZL COMPOT PIERVICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.95	178.30	18.22	948.54
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA	26.27	23.15	25.21	420.13
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	59.10	107.80	14.60	799.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			175.94	283.28	82.12	2,563.48
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70G	TELINA	26.27	23.15	25.21	420.13
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100GG	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			168.41	368.91	60.78	2,667.38
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50G,OU FIERT1BUC, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	41.10	69.34	10.20	533.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARNE VITA26G SI OREZ 400ML,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU TELINA	17.95	16.81	14.96	202.84
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	15.44	668.80
4	PRANZ F3 REGIM CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 REGIM TOCANITA DE FICAT PUI180G SI MAMALIGA200G CU BRANZA DIETETICA50G	BRANZA(LACTOZA)	46.71	42.55	21.24	541.00
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			164.78	325.75	80.64	2,601.80
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G,MUSCHI FILE 50G, OU FIERT1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	59.25	54.90	15.30	594.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARNE DE VITA26G DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU TELINA	17.76	16.88	14.85	201.37
5	PRANZ F2 DIABET PIEPT DE PUI SI SOTE DE SPANAC300G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
6	CINA F1 DIABET PULPA PORC80G CU GARNITURA DE OREZ SI MORCOV250G		31.02	41.75	42.29	478.10
7	CINA F2 DIABET CEAI250ML, PAINE100G , SUNCA PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			182.03	239.38	102.09	2,324.82

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COMUN						
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU PERISOARE2BUC 400ML	OU	18.14	13.24	24.14	239.39
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	44.56	40.15	43.77	732.77
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			178.75	264.29	159.06	3,019.21
ONC C/ AR C/ HIV C						
Alergeni						
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G,	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU PERISOARE2BUC 400ML	OU	18.14	13.24	24.14	239.39
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	44.56	40.15	43.77	732.77
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			199.65	416.89	192.70	4,008.17
LEHUZE COMUN						
Alergeni						
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU PERISOARE2BUC 400ML	OU	18.14	13.24	24.14	239.39
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU CARTOFI SI MORCOV280G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	44.56	40.15	43.77	732.77
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			172.27	273.12	118.27	2,734.56

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu**Str. Progresului, nr. 18, Tg. Jiu, GORJ****Contract/conventie: 4448067****CAS: 1SAMB**

MENIUL ZILNIC

20/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire						
COPIII 0-3 ANI		Alergeni		Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(05-COPIII)	IAURT(LACTOZA) OU		482.80	1,435.00	329.60	10,578.40
Total COPIII 0-3 ANI				482.80	1,435.00	329.60	10,578.40
HIDRIC/HZL		Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML			0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERISICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU		15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA		4.35	35.70	5.42	204.54
4	SUPLIMET HIDRIC/ HZL COMPOT PIERISICI300ML			0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML			0.00	4.80	0.00	19.20
Total HIDRIC/HZL				20.95	178.30	18.22	948.54
REGIM ULCER/COLECIST		Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)		46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA		26.27	23.15	25.21	420.13
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)		43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G			38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)		8.40	53.30	1.20	257.60

Nr.	Denumire					
Total REGIM ULCER/COLECIST			163.61	284.16	83.28	2,520.08
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70G	TELINA	26.27	23.15	25.21	420.13
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100GG	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			168.41	368.91	60.78	2,667.38
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI100G,GEM20GM, IAURT200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.40	78.64	9.40	576.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.95	16.81	7.46	149.34
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	CINA F1 REGIM PULPA PUI INF 70G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	29.09	7.11	32.01	425.69
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			146.44	243.76	66.32	2,130.44
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G,MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	55.50	24.50	651.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.95	16.81	7.46	149.34
5	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN)	47.57	91.65	15.99	692.75
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE FASOLE		31.75	4.05	42.70	334.75

Nr.	Denumire					
	VERDE270G					
7	CINA F2 DIABET CEAI250ML, PAINE100G , SUNCA PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			164.37	234.71	106.45	2,332.74
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC100G, CASCAVAL50G, UNT20G, GEM20, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.35	78.49	51.10	971.26
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU)	3.64	16.44	8.82	155.23
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN TOCANITA PUI100G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	45.71	43.55	35.24	667.00
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			148.53	247.39	140.10	2,632.15
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC100G, CASCAVAL50G, UNT20G, GEM20, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.35	78.49	51.10	971.26
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU)	3.64	16.44	8.82	155.23
4	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN TOCANITA PUI100G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	45.71	43.55	35.24	667.00
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			169.43	399.99	173.74	3,621.11
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC100G, CASCAVAL50G, UNT20G, GEM20, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.35	78.49	51.10	971.26
2	PRANZ F2 COMUN PULPA PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	39.42	90.25	43.49	716.50

Nr.	Denumire					
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU)	3.64	16.44	8.82	155.23
4	CINA F1 COMUN TOCANITA PUI100G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	45.71	43.55	35.24	667.00
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			148.52	282.03	139.85	2,767.59

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
21/05/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(04-COPIII)	IAURT(LACTOZA) OU	580.90	1,823.70	419.40	13,424.60
Total COPIII 0-3 ANI			580.90	1,823.70	419.40	13,424.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.38	35.82	5.36	205.44
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.98	178.42	18.16	949.44
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	46.60	58.65	26.90	663.10

Nr.	Denumire					
	DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA	26.30	23.27	25.15	421.03
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 ULCER PIEPT PUI 80G SI PASTE FAINOASE CU BRANZA 280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			175.53	262.39	81.91	2,478.07
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70G	TELINA	26.30	23.27	25.15	421.03
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	14.56	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100GG	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.16	365.61	60.72	2,659.16
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,ADREI80G,CASTRAVETE 80G,ROSIE 80GBANANA 200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	4.54	12.49	7.11	128.51
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA DE PUI INFERIOARA65G SI CARTOFI TARANESTII 300G		32.21	60.15	32.17	651.77
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			130.15	331.04	60.63	2,352.83
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCAPUI100G,ARDEI 80G,CASTRAVETE,80G,ROSIE 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	65.40	4.50	472.30
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr.	Denumire					
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	4.69	13.27	7.05	131.69
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	45.85	68.45	15.25	592.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE 200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA VITA INABUSITA LA CUPTOR80G CU SOTE DE DOVLECEI250G		42.85	8.85	32.65	295.45
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT 200GG	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			158.19	248.07	72.25	2,034.49
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC100G, CASCAVAL50G,MUSCHI FILE 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU SMANTANA400ML	PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	3.37	13.56	8.76	142.93
3	PRANZ F2 COMUN PIULPA DE PORC 80G CU GARNITURA DE OREZ CU MORCOV250	PAINE(GLUTEN) TELINA	39.78	88.54	43.49	711.94
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN BUDINCA DE PASTE CU CARNE TOCATA	PASTE(GLUTEN,OU)	25.10	42.70	32.05	428.75
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			137.45	309.35	136.50	2,688.42
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC100G, CASCAVAL50G,MUSCHI FILE 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU SMANTANA400ML	PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	3.37	13.56	8.76	142.93
4	PRANZ F2 COMUN PIULPA DE PORC 80G CU GARNITURA DE OREZ CU MORCOV250	PAINE(GLUTEN) TELINA	39.78	88.54	43.49	711.94
5	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN BUDINCA DE PASTE CU CARNE TOCATA	PASTE(GLUTEN,OU)	25.10	42.70	32.05	428.75
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			158.35	461.95	170.14	3,677.38
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC100G, CASCAVAL50G,MUSCHI FILE 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA,	PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	3.37	13.56	8.76	142.93

Nr.	Denumire					
	DREASA CU SMANTANA400ML					
3	PRANZ F2 COMUN PIULPA DE PORC 80G CU GARNITURA DE OREZ CU MORCOV250	PAINE(GLUTEN) TELINA	39.78	88.54	43.49	711.94
4	PRANZ F3 COMUN CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN BUDINCA DE PASTE CU CARNE TOCATA	PASTE(GLUTEN, OU)	25.10	42.70	32.05	428.75
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			137.45	309.35	136.50	2,688.42

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
22/05/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(04-COPIII)	IAURT(LACTOZA) OU	455.10	1,182.20	298.00	9,043.40
Total COPIII 0-3 ANI			455.10	1,182.20	298.00	9,043.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERVICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.38	35.82	5.36	205.44
4	SUPLIMET HIDRIC/ HZL COMPOT PIERVICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.98	178.42	18.16	949.44

Nr.	Denumire					
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA	25.94	24.98	25.15	425.59
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER PIEPT PUI 80G SI PASTE FAINOASE CU BRANZA 280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			177.61	285.61	82.26	2,580.74
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, ,MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70G	TELINA	25.94	24.98	25.15	425.59
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100GG	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			168.08	370.74	60.72	2,672.84
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,ADREI80G,CASTRAVETE 80G,ROSIE 80GBANANA 200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT SI FIDEA, DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.53	17.81	7.38	155.78
3	PRANZ F2 REGIM PIEPT DE PUI80G 80G OREZ CU LEGUME330G, PAINE100G	PAINE(GLUTEN)	47.30	88.77	15.93	680.45
4	CINA F1 REGIM PULPA PUI65G SI MACAROANE CU SOS DE ROSII270G	PASTE(GLUTEN,OU)	32.16	42.70	32.17	581.77
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			131.09	316.48	60.98	2,301.10
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA	42.80	65.40	4.50	472.30

Nr.	Denumire					
	DIETETICA100G, SUNCAPUI100G,ARDEI 80G,CASTRAVETE,80G,ROSIE 80G	PUI(SOIA)				
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.53	17.81	7.38	155.78
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE 200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET MUSACA DE VINETE CU CARNE PORC TOCATA 330G	CASCAVAL(LACTOZA) OU	37.25	5.25	45.01	419.45
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT 200GG	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			152.53	233.11	85.54	2,115.38
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC100G, CASCAVAL50G,MUSCHI FILE 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.27	15.61	10.52	174.57
3	PRANZ F2 COMUN CARNATI DE PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	35.05	69.95	54.85	830.25
4	CINA F1 COMUN PULPA PUI INF95G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	47.16	59.15	43.52	816.92
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			150.28	255.76	143.49	2,828.54
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC100G, CASCAVAL50G,MUSCHI FILE 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G ,BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	15.00	107.10	23.80	676.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.27	15.61	10.52	174.57
4	PRANZ F2 COMUN CARNATI DE PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	35.05	69.95	54.85	830.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN PULPA PUI INF95G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	47.16	59.15	43.52	816.92
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			173.38	453.96	177.73	3,995.50

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
LEHUZE COMUN						
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC100G, CASCAVAL50G,MUSCHI FILE 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.27	15.61	10.52	174.57
3	PRANZ F2 COMUN PIEPT DE PUI 80GR SI OREZ CU LEGUME230G, PAINE100G	PAINE(GLUTEN) TELINA	47.93	89.94	15.99	688.19
4	CINA F1 COMUN PULPA PUI INF95G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	47.16	59.15	43.52	816.92
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			163.16	275.75	104.63	2,686.48

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
23/05/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(07-COPIII)	IAURT(LACTOZA) OU	687.10	2,902.40	468.90	18,203.90
Total COPIII 0-3 ANI			687.10	2,902.40	468.90	18,203.90
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.38	35.82	5.36	205.44

Nr.	Denumire					
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.98	178.42	18.16	949.44
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANA200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	48.80	104.25	27.50	841.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA	26.30	23.27	25.15	421.03
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G	TELINA	38.73	58.47	14.56	512.64
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			166.56	326.46	83.82	2,689.86
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70G	TELINA	26.30	23.27	25.15	421.03
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	14.56	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100GG	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.16	365.61	60.72	2,659.16
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,CASTRAVETE100G,ROSIE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.46	63.92	3.52	424.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.88	15.93	7.40	145.84
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE VINETE270G	FAINA(GLUTEN)	28.28	6.31	33.14	429.42
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
Total REGIM			140.82	272.26	71.95	2,280.57
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCAPUI100G, OU FIERT1BUC. ARDEI80G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	49.50	59.50	11.20	536.80
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.95	16.81	7.46	149.34
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE DOVLECEI200G, PAINE100G	PAINE(GLUTEN)	44.05	57.35	15.25	535.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE FASOLE VERDE270G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT 200GG	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			152.25	229.81	89.41	2,098.94
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G,UNT20G, GEM20G, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	53.35	71.09	52.70	972.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA400ML	PASTE(GLUTEN,OU) TELINA	2.27	15.56	5.31	115.48
3	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 300G	CASCAVAL(LACTOZA) OU	39.95	62.55	41.35	651.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			151.60	262.11	145.70	2,638.85
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G,UNT20G, GEM20G, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	53.35	71.09	52.70	972.06
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G ,BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	15.00	107.10	23.80	676.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA400ML	PASTE(GLUTEN,OU) TELINA	2.27	15.56	5.31	115.48
4	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 300G	CASCAVAL(LACTOZA) OU	39.95	62.55	41.35	651.25

Nr.	Denumire					
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			174.70	460.31	179.94	3,805.81
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN BANANA200G		2.20	45.60	0.60	178.00
2	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G,UNT20G, GEM20G, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	53.35	71.09	52.70	972.06
3	PRANZ F2 COMUN PULPA PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	39.42	90.25	43.49	716.50
4	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA400ML	PASTE(GLUTEN,OU) TELINA	2.27	15.56	5.31	115.48
5	CINA F1 COMUN PIEPT DE PUI80G CU CARTOFI CU MORCOV230G		39.12	62.03	14.71	528.95
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			144.76	337.83	118.01	2,768.59

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: ISAMB
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MENIUL ZILNIC
24/05/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(09-COPIII)	IAURT(LACTOZA) OU	820.50	3,179.70	570.00	20,691.20
Total COPIII 0-3 ANI			820.50	3,179.70	570.00	20,691.20

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERVICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.38	35.82	5.36	205.44
4	SUPLIMET HIDRIC/ HZL COMPOT PIERVICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.98	178.42	18.16	949.44
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANA200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	48.80	104.25	27.50	841.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA	26.30	23.27	25.15	421.03
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN) TELINA	47.13	106.97	15.76	751.04
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G	TELINA	35.93	38.67	14.21	419.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			166.56	326.46	83.82	2,689.86
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70G	TELINA	26.30	23.27	25.15	421.03
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	14.56	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100GG	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.16	365.61	60.72	2,659.16
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, GEM20, OU FIERT1BUC.	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	48.40	71.24	11.00	577.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT SI FIDEA, DREASA CU	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.98	15.61	7.32	144.24

Nr.	Denumire					
	OU SI IAURT400ML					
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	15.38	656.50
4	PRANZ F3 REGIM MERE200G		0.80	27.60	0.40	104.00
5	CINA F1 REGIM PULPA DE PUI INFERIOARA80G SI CARTOFI UNGURESTI300G		34.00	60.15	33.70	672.70
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
7	CINA F3 REGIM CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
Total REGIM			146.93	368.77	86.60	2,810.60
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCAPUI100G, MUCHI FILE50G, ARDEI80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	53.35	60.10	24.70	676.10
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT SI FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.28	16.03	7.44	148.20
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE200ML		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA DE PORC80G SI GHIVECI DE LEGUME300G	TELINA	36.28	37.92	43.01	492.04
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT 200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			162.96	262.50	103.80	2,403.79
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G,MUSCHI FILE50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.27	15.61	10.52	174.57
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN FRIPTURA PULPA PUI INF65G CU GARNITURA DE OREZ SI MORCOV250G		30.60	38.87	33.23	569.75
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			170.62	324.38	146.55	3,095.07

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
ONC C/ AR C/ HIV C						
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G,MUSCHI FILE50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G, BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	15.00	107.10	23.80	676.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.27	15.61	10.52	174.57
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
5	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV BANANE200G. COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	9.40	90.50	11.04	480.56
7	CINA F1 COMUN FRIPTURA PULPA PUI INF65G CU GARNITURA DE OREZ SI MORCOV250G		30.60	38.87	33.23	569.75
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			195.02	521.98	181.39	4,251.63
LEHUZE COMUN						
LEHUZE COMUN						
LEHUZE COMUN						
LEHUZE COMUN						
LEHUZE COMUN						
LEHUZE COMUN						
Total LEHUZE COMUN			153.80	334.00	145.36	3,047.86

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

MENIUL ZILNIC
25/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(09-COPIII)	IAURT(LACTOZA) OU	833.30	3,195.70	581.20	20,891.20
Total COPIII 0-3 ANI			833.30	3,195.70	581.20	20,891.20
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.38	35.82	5.36	205.44
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.38	195.82	18.16	1,016.64
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANA200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	48.80	104.25	27.50	841.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA	26.30	23.27	25.15	421.03
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G	TELINA	38.73	58.47	14.56	512.64
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			166.56	326.46	83.82	2,689.86
REGIM SPECIAL						
Alergeni						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE	TELINA	26.30	23.27	25.15	421.03

Nr.	Denumire					
	ZARZAVAT320ML SI PULPA PUI INF70G					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	14.56	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.16	365.61	60.72	2,659.16
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G, GEM20, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.90	113.64	13.44	735.32
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.44	11.49	7.11	124.11
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI CU BRANZA GRATINATI LA CUPTOR300G	BRANZA(LACTOZA) OU	47.15	58.85	36.05	741.25
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			144.12	292.88	73.49	2,391.64
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, MUCHI FILE50G, OU FIERT1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	59.25	54.90	15.30	594.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.91	11.32	7.05	120.77
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE250G		1.00	34.50	0.50	130.00
6	CINA F1 DIABET FRIPTURA PULPA VITA 80G SI CARTOFI GRATINATI250G	BRANZA(LACTOZA) OU UNT(LACTOZA)	60.00	59.45	33.80	584.00
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT 200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			190.31	277.22	84.90	2,392.92
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G,MUSCHI FILE50G, OU	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.18	58.58	44.80	890.20

Nr.	Denumire					
	FIERT1BUC, MASLINE25G					
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.37	15.71	7.11	140.68
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
4	CINA F1 COMUN TOCANITA PUI100G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	47.06	43.55	50.69	811.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			165.50	262.34	147.70	2,837.08
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G,MUSCHI FILE50G, OU FIERT1BUC, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.18	58.58	44.80	890.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, BISCUITI DIGESTIVI80G	IAURT(LACTOZA)	12.40	47.00	17.60	447.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.37	15.71	7.11	140.68
4	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT DE PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN TOCANITA PUI100G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	47.06	43.55	50.69	811.45
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			185.70	409.14	175.74	3,808.84
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G, CASCAVAL50G,MUSCHI FILE50G, OU FIERT1BUC, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.18	58.58	44.80	890.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.37	15.71	7.11	140.68
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
4	CINA F1 COMUN TOCANITA PUI100G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	47.06	43.55	50.69	811.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			165.50	262.34	147.70	2,837.08

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

26/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(10-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	916.00	3,112.70	633.20	21,537.20
Total COPIII 0-3 ANI			916.00	3,112.70	633.20	21,537.20
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA	25.94	24.98	25.15	425.59
3	PRANZ F2 ULCER SI COLECIST PIEPT PUI80G SI OREZ CU MORCOV250G SI PAINE100G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			163.38	286.99	83.22	2,529.94

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70G	TELINA	25.94	24.98	25.15	425.59
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			168.08	370.74	60.72	2,672.84
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.90	102.10	13.44	689.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PERISOARE(VITA)50G, 400ML	OU TELINA	24.74	15.24	19.10	221.79
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI INFERIOARA65G CU GARNITURA DE OREZ CU MORCOV250G	TELINA	29.44	40.04	31.76	556.56
5	CINA F2 REGIM COMPOT PIERSICI300ML SI PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total REGIM			150.68	343.28	81.35	2,583.76
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	55.50	24.50	651.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PERISOASRE(VITA))50G ,400ML	OU TELINA	24.74	15.24	19.10	221.79
5	PRANZ F2 DIABET PIEPT DE PUI 80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	45.30	56.35	15.75	541.15
6	CINA F1 DIABET PULPA PORC80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.38	40.04	42.29	473.54
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT 200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			181.27	241.43	117.64	2,423.58
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G,MUSCHI FILE50G, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	41.90	69.04	25.90	676.86
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.27	15.61	10.52	174.57
3	PRANZ F2 COMUN CARNATI DE PORC105G CU MANCARE DE MAZARE270G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	56.69	832.37
4	CINA F1 COMUN MANCARE DE CARTOFI CU CARNE TOCATA PORC 300G		28.75	60.15	36.31	526.75
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			125.95	259.21	130.62	2,468.14
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G,MUSCHI FILE50G, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	41.90	69.04	25.90	676.86
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.27	15.61	10.52	174.57
4	PRANZ F2 COMUN CARNATI DE PORC105G CU MANCARE DE MAZARE270G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	56.69	832.37
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN MANCARE DE CARTOFI CU CARNE TOCATA PORC 300G		28.75	60.15	36.31	526.75
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			147.35	411.91	157.10	3,395.26
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G,MUSCHI FILE50G, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	41.90	69.04	25.90	676.86
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.27	15.61	10.52	174.57
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	15.70	673.30
4	CINA F1 COMUN MANCARE DE CARTOFI CU CARNE TOCATA PORC 300G		28.75	60.15	36.31	526.75
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			130.77	286.45	89.63	2,309.08

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

27/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(10-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	829.80	2,473.60	536.40	17,909.60
Total COPIII 0-3 ANI			829.80	2,473.60	536.40	17,909.60
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER PIEPT PUI 80G SI PASTE FAINOASE CU BRANZA 280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			179.40	285.61	83.79	2,601.67
REGIM SPECIAL						
Alergeni						
Proteine Glucide Lipide Calorii						

Nr.	Denumire					
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70G		27.63	24.48	26.68	444.12
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.77	370.24	62.25	2,691.37
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G, IAURT200G,OU FIERT1BUC	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	65.80	15.80	587.40
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI 70G SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	29.14	13.20	28.53	421.69
3	PRANZ F2 REGIM PIEPT DE PUI80G 80G OREZ CU LEGUME330G, PAINE100G	PAINE(GLUTEN) TELINA	48.35	90.72	16.03	693.35
4	CINA F1 REGIM TOCANITA DE FICAT PUI180G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	55.21	43.55	21.74	583.50
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			188.60	266.57	83.30	2,543.54
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	41.40	55.50	20.20	569.40
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT DE MERE 300ML		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 70G SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	29.40	9.99	28.53	410.73
5	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
6	CINA F1 DIABET PULPA DE VITA 80GR SI MACAROANE CU BRANZA LA CUPTOR 280GR	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	59.20	40.15	33.65	502.25
7	CINA F2 DIABET CEAI250ML, PAINE100G , SUNCA PUI 50G,	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			197.85	244.19	106.23	2,494.23
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA	BRANZA(LACTOZA) GEM(DIOXID DE SULF)	43.68	70.47	46.50	875.06

Nr.	Denumire					
	DE PORC50G,MUSCHI FILE50G, GEM20G,UNT20G,MASLINE25G	PAIN(E)GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.26	15.63	10.61	179.45
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAIN(E)100G	PAIN(E)GLUTEN)	59.15	97.35	45.00	845.95
4	CINA F1 COMUN BUDINCA DE PASTE CU CARNE TOCATA 350G	PASTE(GLUTEN,OU)	28.70	42.70	36.31	456.75
5	CINA F2 COMUN CEAI 250ML, PAIN(E) 100G	PAIN(E)GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			146.19	279.45	139.62	2,614.81
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAIN(E)100G,BRANZA 100G, SUNCA DE PORC50G,MUSCHI FILE50G, GEM20G,UNT20G,MASLINE25G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAIN(E)GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	70.47	46.50	875.06
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04	399.76
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.26	15.63	10.61	179.45
4	PRANZ F3 COMUN MERE250G		1.00	34.50	0.50	130.00
5	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAIN(E)100G	PAIN(E)GLUTEN)	59.15	97.35	45.00	845.95
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
7	CINA F1 COMUN BUDINCA DE PASTE CU CARNE TOCATA 350G	PASTE(GLUTEN,OU)	28.70	42.70	36.31	456.75
8	CINA F2 COMUN CEAI 250ML, PAIN(E) 100G	PAIN(E)GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			168.59	468.45	164.60	3,669.13
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAIN(E)100G,BRANZA 100G, SUNCA DE PORC50G,MUSCHI FILE50G, GEM20G,UNT20G,MASLINE25G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAIN(E)GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	70.47	46.50	875.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.26	15.63	10.61	179.45
3	PRANZ F2 COMUN PIEPT DE PUI 80GR SI OREZ CU LEGUME230G, PAIN(E)100G	PAIN(E)GLUTEN) TELINA	47.93	89.94	15.99	688.19
4	CINA F1 COMUN BUDINCA DE PASTE CU CARNE TOCATA 350G	PASTE(GLUTEN,OU)	28.70	42.70	36.31	456.75
5	CINA F2 COMUN CEAI 250ML, PAIN(E) 100G	PAIN(E)GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			134.97	272.04	110.61	2,457.05

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ
 Contract/conventie: 4448067
 CAS: 1SAMB

MENIUL ZILNIC
 28/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(10-COPIII)	IAURT(LACTOZA) OU	1,086.80	4,167.80	825.20	28,097.60
Total COPIII 0-3 ANI			1,086.80	4,167.80	825.20	28,097.60
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			165.07	285.99	84.75	2,546.47
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML,	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40

Nr.	Denumire					
	PAIN100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAIN100G	PAIN(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAIN100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAIN(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAIN100G,BRANZA DIETETICA100G,SUNCA PUI50G,ROSII80G,ARDEI80G,CASTRAVETI80G,BANANE200G	BRANZA(LACTOZA) PAIN(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT SI FIDEA, ,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.78	16.82	7.32	148.28
3	PRANZ F2 REGIM PIEPT DE PUI80G SI PASTE CU SOS ROSII PAIN250G	PAIN(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI 70G SI MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	28.49	10.31	31.61	432.49
5	CINA F2 REGIM CEAI250ML SI PAIN100G	PAIN(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			126.67	285.53	60.28	2,153.32
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAIN100G, BRANZA DIETETICA100G, SUNCA PUI100G, ROSII80G,ARDEI80G,CASTRAVETI80G	BRANZA(LACTOZA) PAIN(GLUTEN) SUNCA PUI(SOIA)	42.80	65.40	4.50	472.30
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT DE MERE 300ML		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI 70G SI FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	30.47	17.99	28.80	449.04
5	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G, PAIN100G	PAIN(GLUTEN)	45.85	68.45	15.25	592.65
6	CINA F1 DIABET PULPA DE PORC 80GCU SOTE DE VINETE 350G		27.85	2.85	42.10	308.95
7	CINA F2 DIABET CEAI250ML, PAIN100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAIN(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			179.57	240.79	98.85	2,350.34
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAIN100G,BRANZA 100G, SUNCA DE PORC50G,MUSCHI FILE50G,BANANE200G,UNT20G,	BRANZA(LACTOZA) PAIN(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	45.50	104.30	42.90	966.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.21	11.32	10.50	157.02
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G,	PAIN(GLUTEN)	42.50	88.77	43.98	728.15

Nr.	Denumire					
	PAINE100G					
4	CINA F1 COMUN PULPA DE PUI INFERIOARA65G CU GHIVECI DE LEGUME 250G		33.71	36.75	32.42	567.32
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			135.32	294.44	131.00	2,676.79
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G,MUSCHI FILE50G,BANANE200G,UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	45.50	104.30	42.90	966.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.21	11.32	10.50	157.02
4	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.50	88.77	43.98	728.15
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT DE PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN PULPA DE PUI INFERIOARA65G CU GHIVECI DE LEGUME 250G		33.71	36.75	32.42	567.32
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			156.72	447.14	157.48	3,603.91
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC50G,MUSCHI FILE50G,BANANE200G,UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	45.50	104.30	42.90	966.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.21	11.32	10.50	157.02
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.50	88.77	43.98	728.15
4	CINA F1 COMUN PULPA DE PUI INFERIOARA65G CU GHIVECI DE LEGUME 250G		33.71	36.75	32.42	567.32
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			135.32	294.44	131.00	2,676.79

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu
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Str. Progresului, nr. 18, Tg. Jiu, GORJ
 Contract/conventie: 4448067
 CAS: 1SAMB

MENIUL ZILNIC
 29/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(11-COPIII)	IAURT(LACTOZA) OU	882.40	3,466.30	595.30	22,323.30
Total COPIII 0-3 ANI			882.40	3,466.30	595.30	22,323.30
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			177.40	285.11	83.59	2,589.87
REGIM SPECIAL						
Alergeni						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40

Nr.	Denumire					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70G	TELINA	27.73	24.98	26.68	446.52
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			169.87	370.74	62.25	2,693.77
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,ROSII80G,ARDEI80G,CASTRAVETI80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.50	68.30	3.70	447.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	5.01	17.89	7.34	153.66
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM PULPA DE PUI 70GG SI GHIVECI DE LEGUME280G		32.91	33.90	32.42	551.82
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			126.05	229.00	60.35	1,943.95
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ROSII80G,ARDEI80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	65.40	4.50	472.30
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT DE MERE 300ML		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.56	19.15	7.34	156.06
5	PRANZ F2 DIABET PIEPT DE PUI 80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
6	CINA F1 DIABET PULPA DE PORC80G SI GHIVECI DE LEGUME300G		35.65	36.75	42.95	484.30
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			151.16	270.75	83.44	2,204.51
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, SUNCA DE PORC50G,MUSCHI FILE50G,CASCAVAL50G,MASLINE25G,OU FIERT1BUC,UNT20G	CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.58	57.78	44.20	823.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.73	15.46	10.55	176.11
3	PRANZ F2 COMUN MANCARE DE VINETE CU CARNE PORC TOCATA 270G	PAINE(GLUTEN)	30.85	51.35	36.91	505.35

Nr.	Denumire					
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	44.56	40.15	43.77	732.77
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			138.12	218.04	136.63	2,495.03
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, SUNCA DE PORC50G,MUSCHI FILE50G,CASCAVAL50G,MASLINE25G,OU FIERT1BUC,UNT20G	CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.58	57.78	44.20	823.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G COZONAC100G,BANALE200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	15.80	98.50	16.64	580.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.73	15.46	10.55	176.11
4	PRANZ F2 COMUN MANCARE DE VINETE CU CARNE PORC TOCATA 270G	PAINE(GLUTEN)	30.85	51.35	36.91	505.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT DE PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	44.56	40.15	43.77	732.77
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			161.72	416.34	163.71	3,600.15
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, SUNCA DE PORC50G,MUSCHI FILE50G,CASCAVAL50G,MASLINE25G,OU FIERT1BUC,UNT20G	CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.58	57.78	44.20	823.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.73	15.46	10.55	176.11
3	PRANZ F2 COMUN PIEPT DE PUI80G SI MANCARE DE FASOLE VERDE250G SI PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	44.56	40.15	43.77	732.77
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			151.40	221.29	115.41	2,518.65

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

