

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

01/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(8-COPIII)	IAURT(LACTOZA) OU	773.00	2,530.60	526.60	17,595.00
Total COPIII 0-3 ANI			773.00	2,530.60	526.60	17,595.00
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.92	36.03	5.36	203.60
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			19.92	196.03	18.16	1,014.80
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.72	26.48	28.21	474.25
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			167.06	287.49	86.28	2,574.20
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE	TELINA	29.62	25.48	28.21	469.85

Nr.	Denumire					
	ZARZAVAT320ML SI PULPA PUI INF80G					
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			171.76	371.24	63.78	2,717.10
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI CU PAINE ,BRANZA 100G SUNCA PUI50G, ARDEI,80G ROSIE80G,CASTRAVETE80G, BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.52	17.14	7.40	148.40
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.20	90.20	15.85	685.05
4	CINA F1 REGIM FICAT DE PUI150G SI GHIVECI DE LEGUME280G		42.12	36.78	21.06	497.10
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			139.94	311.32	49.81	2,213.65
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G, CASTRAVETI80G, ARDEI 80G,ROSII80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	36.90	64.70	20.10	586.30
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.52	17.14	7.40	148.40
4	PRANZ F2 DIABET PIEPT DE PUI SI SOTE DE SPANAC300G PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE300G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI 250ML, PAINE100G,MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			145.67	226.34	97.55	2,139.00
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU LAMAIE,PAINE BRANZA100G,SUNCA PRAGA 50G, MUSCHI FILE 50G, CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.30	111.00	43.50	1,028.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA400ML	PASTE(GLUTEN,OU) TELINA	2.44	16.94	5.37	121.38
3	PRANZ F2 COMUN CARNATI DE PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	35.05	69.95	54.85	830.25
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 300G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)	39.95	62.55	41.35	651.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			134.14	313.74	146.27	2,889.18

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
ONC C/ AR C/ HIV C						
1	MIC DEJUN COMUN CEAI CU LAMAIE,PAINE BRANZA100G,SUNCA PRAGA 50G, MUSCHI FILE 50G, CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.30	111.00	43.50	1,028.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G,BANANA 200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	15.00	107.10	23.80	676.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA400ML	PASTE(GLUTEN,OU) TELINA	2.44	16.94	5.37	121.38
4	PRANZ F2 COMUN CARNATI DE PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	35.05	69.95	54.85	830.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 300G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)	39.95	62.55	41.35	651.25
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			156.94	520.64	180.51	4,089.74
LEHUZE COMUN						
LEHUZE COMUN						
LEHUZE COMUN						
1	MIC DEJUN COMUN CEAI CU LAMAIE,PAINE BRANZA100G,SUNCA PRAGA 50G, MUSCHI FILE 50G, CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.30	111.00	43.50	1,028.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA400ML	PASTE(GLUTEN,OU) TELINA	2.44	16.94	5.37	121.38
3	PRANZ F2 COMUN PIEPT DE PUI80G SI MACAROANE CU SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	15.70	677.70
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 300G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)	39.95	62.55	41.35	651.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			145.64	333.14	107.12	2,736.63

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
02/05/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(10-COPIII)	IAURT(LACTOZA) OU	814.60	2,541.60	553.20	18,156.40
Total COPIII 0-3 ANI			814.60	2,541.60	553.20	18,156.40

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.92	36.03	5.36	203.60
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			19.92	196.03	18.16	1,014.80
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	25.25	26.48	24.39	421.93
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			176.92	287.11	81.50	2,577.08
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	25.15	25.48	24.39	417.53
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			167.29	371.24	59.96	2,664.78
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI CU PAINE ,BRANZA 100G SUNCA PUI50G, ARDEI,80G ROSIE80G,CASTRAVETE80G, BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	4.08	12.70	7.11	126.67
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU	PAINE(GLUTEN)	44.22	90.25	15.44	668.80

Nr.	Denumire					
	GARNITURA DE OREZ CU MORCOV 250G, PAINE100G					
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI CU BRANZA GRATINATI LA CUPTOR300G	BRANZA(LACTOZA) OU	47.15	58.85	36.05	741.25
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			141.55	329.00	64.10	2,419.82
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G, , ARDEI 80G,ROSI80G, UNT20GIAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.70	70.50	25.50	674.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.49	13.66	26.18	391.71
4	PRANZ F2 DIABET PIEPT DE PUI80G CU GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	44.15	89.37	15.38	665.30
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET MUSACA DE VINETE CU CARNE TOCATA		22.45	2.85	35.71	266.95
7	CINA F2 DIABET CEAI250ML, PAINE100G , MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			162.24	260.48	114.27	2,522.76
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU LAMAIE,PAINE BRANZA100G,SUNCA PRAGA 50G,CASCAVAL 50G, MUSCHI FILE 50G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	111.25	51.00	1,147.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	5.59	15.51	10.80	177.57
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
4	CINA F1 COMUN TOCANITA DE FICAT PUI 150G SI GARNITURA DE OREZ CU MORCOV 250		38.90	44.83	30.58	594.90
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			172.84	322.24	138.58	3,023.22
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU LAMAIE,PAINE BRANZA100G,SUNCA PRAGA 50G,CASCAVAL 50G, MUSCHI FILE 50G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	111.25	51.00	1,147.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G,BANANA 200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	15.00	107.10	23.80	676.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	5.59	15.51	10.80	177.57
4	PRANZ F2 COMUN PULPA PORC80G CU	PAINE(GLUTEN)	59.15	97.35	45.00	845.95

Nr.	Denumire					
	IAHNIE DE FASOLE USCATA250G SI PAINE100G					
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PRUNE 300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN TOCANITA DE FICAT PUI 150G SI GARNITURA DE OREZ CU MORCOV 250		38.90	44.83	30.58	594.90
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			195.64	529.14	172.82	4,223.78
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU LAMAIE,PAINE BRANZA100G,SUNCA PRAGA 50G,CASCAVAL 50G, MUSCHI FILE 50G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	111.25	51.00	1,147.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	5.59	15.51	10.80	177.57
3	PRANZ F2 COMUN PIPET DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	CINA F1 COMUN TOCANITA DE FICAT PUI 150G SI GARNITURA DE OREZ CU MORCOV 250		38.90	44.83	30.58	594.90
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			157.76	314.77	108.99	2,843.72

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
03/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(11-COPIII)	IAURT(LACTOZA) OU	951.60	2,679.90	650.60	20,223.20
Total COPIII 0-3 ANI			951.60	2,679.90	650.60	20,223.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80

Nr.	Denumire					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.92	36.03	5.36	203.60
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			19.92	196.03	18.16	1,014.80
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	25.25	26.48	24.39	421.93
3	PRANZ F2 ULCER SI COLECISTPIEPT DE PUI 80G SI CARTOFI CU BRANZA330G ,PAINE	BRANZA(LACTOZA) PAINE(GLUTEN)	58.40	107.20	16.40	802.80
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			174.22	286.01	83.10	2,569.08
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	25.25	26.48	24.39	421.93
3	PRANZ F2 COLITA, ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI 80G CARTOFI CU BRANZA 280G, PAINE	BRANZA(LACTOZA) PAINE(GLUTEN)	58.40	107.20	16.40	802.80
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			179.02	370.76	60.60	2,716.38
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI CU PAINE ,BRANZA 100G SUNCA PUI50G, ROSIE80G,COZONAC 100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.00	106.40	13.74	713.46
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.46	12.70	26.24	388.29
3	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		26.40	41.75	29.47	529.73
5	CINA F2 REGIM CEAI250ML SI	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
	PAINE100G					
Total REGIM			146.48	269.75	86.33	2,422.44
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA 100G, SUNCA PUI100G ,OU FIERT1BUC, ARDEI80G, ROSIE80G, UNT 20G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.22	65.92	27.94	724.02
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.49	13.66	26.18	391.71
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET MUSACA DE CARTOFI250G CU CARNE TOCATA 65G		28.95	62.15	36.31	535.55
7	CINA F2 DIABET CEAI 250ML, PAINE100G,MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			179.06	278.38	117.78	2,701.23
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU LAMAIE,PAINE BRANZA100G,SUNCA PRAGA 50G,CASCAVAL 50G, MUSCHI FILE 50G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	111.25	51.00	1,147.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU	5.22	12.45	10.57	161.33
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
4	CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		31.03	36.75	30.13	535.93
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			147.95	304.95	136.79	2,839.21
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 100,		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN CEAI CU LAMAIE,PAINE BRANZA100G,SUNCA PRAGA 50G,CASCAVAL 50G, MUSCHI FILE 50G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	111.25	51.00	1,147.20
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G,	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU	5.22	12.45	10.57	161.33
5	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56

Nr.	Denumire					
7	CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		31.03	36.75	30.13	535.93
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			169.27	468.89	170.67	3,876.17
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU LAMAIE,PAINE BRANZA100G,SUNCA PRAGA 50G,CASCAVAL 50G, MUSCHI FILE 50G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU, GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	111.25	51.00	1,147.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU	5.22	12.45	10.57	161.33
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
4	CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		31.03	36.75	30.13	535.93
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			147.95	304.95	136.79	2,839.21

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: ISAMB
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MENIUL ZILNIC
04/05/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(13-COPIII)	IAURT(LACTOZA) OU	951.60	2,679.90	650.60	20,223.20
Total COPIII 0-3 ANI			951.60	2,679.90	650.60	20,223.20
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80

Nr.	Denumire					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.92	36.03	5.36	203.60
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			19.92	196.03	18.16	1,014.80
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	25.25	26.48	24.39	421.93
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			162.59	287.49	82.46	2,521.88
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	25.25	26.48	24.39	421.93
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			167.39	372.24	59.96	2,669.18
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI CU PAINE ,BRANZA 100G SUNCA PUI50G, IAURT 200GCOZONAC 100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	110.10	19.04	789.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.80	17.42	7.44	151.00
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	15.44	668.80
4	CINA F1 REGIM PULPA VITA SI MACAROANE CU SOS DE ROSII	PASTE(GLUTEN,OU)	40.30	41.22	30.13	418.45
5	CINA F2 REGIM CEAI250ML SI	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
	PAINE100G					
Total REGIM			144.02	312.29	73.25	2,285.01
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100gG, , , , UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	34.10	53.60	19.40	525.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PERISOASRE50G ,DREASA CU IAURT 400ML	IAURT(LACTOZA) OU TELINA	16.86	15.14	22.29	237.19
5	PRANZ F2 DIABET PIEPT DE PUI 80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
6	06CINA F1 DIABET PULPA DE VITAINABUSITA LA CUPTOR80G CU MACAROANE SI SOS ROSII 250G,PAINE100G	PASTE(GLUTEN,OU)	40.30	41.22	30.13	418.45
7	CINA F2 DIABET CEAI250ML, PAINE100G , MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			169.46	231.81	104.37	2,250.99
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.BRANZA SLAB SARATA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G,OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU	5.39	14.01	10.80	170.77
3	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
4	CINA F1 COMUN PULPA DE PUI INF60G CU CARTOFI TARANESTI 280G		29.53	60.15	29.88	620.38
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			153.75	245.42	127.61	2,541.21
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.BRANZA SLAB SARATA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G,OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G,	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU	5.39	14.01	10.80	170.77
4	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47

Nr.	Denumire					
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN PULPA DE PUI INF60G CU CARTOFI TARANESTI 280G		29.53	60.15	29.88	620.38
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			174.35	406.72	161.25	3,563.77
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.BRANZA SLAB SARATA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G,OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU	5.39	14.01	10.80	170.77
3	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
4	CINA F1 COMUN PULPA DE PUI INF60G CU CARTOFI TARANESTI 280G		29.53	60.15	29.88	620.38
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			153.75	245.42	127.61	2,541.21

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC

05/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(08-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	773.60	1,962.80	506.40	15,390.40
Total COPIII 0-3 ANI			773.60	1,962.80	506.40	15,390.40
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80

Nr.	Denumire					
	,ZAHAR100G, IAURT200G. OUA1BUC					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.92	36.03	5.36	203.60
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			19.92	196.03	18.16	1,014.80
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	25.25	26.48	24.39	421.93
3	PRANZ F2 ULCER SI COLECIST PIEPT PUI80G SI OREZ CU MORCOV250G SI PAINE100G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			174.22	268.31	81.15	2,487.93
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	25.25	26.48	24.39	421.93
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			167.39	372.24	59.96	2,669.18
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA100G, SUNCA PUI50G, IAURT200G, OU FIERT1BUC..	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	65.80	15.80	587.40
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.66	14.61	7.40	139.68
3	PRANZ F3 REGIM MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 REGIM PIEPT DE PUI80G 80G OREZ CU LEGUME330G, PAINE100G	PAINE(GLUTEN) TELINA	47.93	89.94	15.99	688.19
5	CINA F1 REGIM TOCANITA DE FICAT PUI100G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	55.33	43.95	21.82	586.30
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
Total REGIM			164.62	295.20	62.61	2,363.17
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, MUSCHI FILE50G, OU FIERT1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	59.25	54.90	15.30	594.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF65G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	27.16	14.43	26.53	401.07
5	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
6	CINA F1 DIABET TOCANITA DE PULPA VITA130G SI MAMALIGA200G		43.33	41.95	33.32	435.80
7	CINA F2 DIABET CEAI250ML, PAINE100G , SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			203.19	232.03	102.20	2,436.22
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,SUNCA DE PORC50G, MUSCHI FILE50G, CASCAVAL50G,MASLINE25G, UNT20G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	68.72	37.00	768.56
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	2.44	16.94	5.37	121.38
3	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE SPANAC250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	55.29	786.97
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	41.88	40.15	41.48	701.38
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			127.12	239.41	140.33	2,635.88
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,SUNCA DE PORC50G, MUSCHI FILE50G, CASCAVAL50G,MASLINE25G, UNT20G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	68.72	37.00	768.56
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G, MERE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	13.60	89.10	23.60	602.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	2.44	16.94	5.37	121.38
4	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE SPANAC250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	55.29	786.97
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	41.88	40.15	41.48	701.38
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
Total ONC C/ AR C/ HIV C			148.52	428.31	174.37	3,762.44
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,SUNCA DE PORC50G, MUSCHI FILE50G, CASCAVAL50G,MASLINE25G, UNT20G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	68.72	37.00	768.56
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	2.44	16.94	5.37	121.38
3	PRANZ F2 COMUN PIPET DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	41.88	40.15	41.48	701.38
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			136.96	268.99	100.45	2,515.36

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
06/05/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(07-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA)	498.10	1,769.10	314.60	11,795.80
Total COPIII 0-3 ANI			498.10	1,769.10	314.60	11,795.80
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.92	36.03	5.36	203.60
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.52	178.63	18.16	947.60
REGIM ULCER/COLECICT						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	25.25	26.48	24.39	421.93
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G	TELINA	35.93	38.67	14.21	419.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			162.95	285.78	82.46	2,517.32
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	25.25	26.48	24.39	421.93
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G	TELINA	35.93	38.67	14.21	419.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			167.75	370.53	59.96	2,664.62
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA50G, SUNCA PUI50G, IAURT200G, CHEC100G	BRANZA(LACTOZA) CHEC(OU, GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.00	117.70	25.70	842.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65 SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	25.20	16.47	24.53	382.95
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97
4	CINA F1 REGIM PULPA PUI65G SI MACAROANE CU SOS DE ROSII270G	PASTE(GLUTEN,OU)	29.48	42.70	29.88	550.38
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			144.20	284.78	96.99	2,561.99
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA50G,SUNCA PUI100G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.75	54.50	24.00	609.00
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00

Nr.	Denumire					
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI65G SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	24.78	15.69	24.49	377.79
5	PRANZ F2 DIABET PIEPT DE PUI 80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE300G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100G , SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			169.33	217.59	115.04	2,357.39

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE50G, CASCAVAL50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OREZ400ML	TELINA	2.40	15.13	5.33	114.46
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN FRIPTURA PULPA PUI INF65G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	26.76	40.04	29.47	525.17
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			164.70	316.47	130.43	2,894.93

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE50G, CASCAVAL50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OREZ400ML	TELINA	2.40	15.13	5.33	114.46
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI 300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN FRIPTURA PULPA PUI INF65G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	26.76	40.04	29.47	525.17
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			185.60	469.07	164.07	3,883.89

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	60.80	65.75	39.00	849.20

Nr.	Denumire					
	PORC50G, MUSCHI FILE50G, CASCAVAL50G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OREZ400ML	TELINA	2.40	15.13	5.33	114.46
3	PRANZ F2 COMUN PULPA PORC80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	41.97	108.68	43.81	803.30
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN FRIPTURA PULPA PUI INF65G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	26.76	40.04	29.47	525.17
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			147.52	327.80	129.24	2,852.28

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
07/05/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(09-COPIII)	IAURT(LACTOZA) OU	677.50	2,757.10	477.60	17,668.80
Total COPIII 0-3 ANI			677.50	2,757.10	477.60	17,668.80
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERISICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PIERISICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.62	180.13	18.16	954.00
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA50G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	38.10	57.65	26.40	620.60

Nr.	Denumire					
		UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			154.55	286.28	81.96	2,481.22
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.90	140.40	2.90	682.90
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	16.90	54.30	1.70	300.10
Total REGIM SPECIAL			150.49	371.74	58.96	2,590.58
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI80G,ROSII80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	70.20	4.50	491.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI 65G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU	26.34	13.88	26.24	392.53
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI80G SI MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	25.81	10.31	29.32	401.09
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			150.64	238.88	77.10	2,232.17
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, ARDEI80G,ROSII80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	65.40	4.50	472.30
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU	26.49	14.66	26.18	395.71
5	PRANZ F2 DIABET PIEPT DE PUI80G SI	PAINE(GLUTEN)	45.85	68.45	15.25	592.65

Nr.	Denumire					
	VARZA CU ROSII250G, PAINE100G					
6	CINA F1 DIABET ARDEI UMPLUT CU CARNE VITA SI SOS DE ROSII 350G	FAINA(GLUTEN) OU	38.93	27.31	30.69	375.57
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			176.07	267.91	89.42	2,378.63

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE40G, CASCAVAL50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.43	103.35	33.14	910.78
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA)	4.84	11.49	10.53	155.62
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
4	CINA F1 COMUN PULPA PUI INFERIOARA 65G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	29.48	42.70	29.88	550.38
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
6	CINA F3 COMUN COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
Total COMUN			147.11	347.39	129.22	2,917.38

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE40G, CASCAVAL50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.43	103.35	33.14	910.78
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA)	4.84	11.49	10.53	155.62
4	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, CHEC100G	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
6	CINA F1 COMUN PULPA PUI INFERIOARA 65G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	29.48	42.70	29.88	550.38
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
8	CINA F3 COMUN COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
Total ONC C/ AR C/ HIV C			167.71	508.69	162.86	3,939.94

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE40G, CASCAVAL50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.43	103.35	33.14	910.78
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA)	4.84	11.49	10.53	155.62
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
4	CINA F1 COMUN PULPA PUI INFERIOARA 65G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	29.48	42.70	29.88	550.38
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
6	CINA F3 COMUN COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
Total LEHUZE COMUN			147.11	347.39	129.22	2,917.38

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: ISAMB
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MENIUL ZILNIC
08/05/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(09-COPIII)	IAURT(LACTOZA) OU	744.90	3,003.20	500.20	19,066.40
Total COPIII 0-3 ANI			744.90	3,003.20	500.20	19,066.40

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.62	180.13	18.16	954.00

Nr.	Denumire					
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
Total REGIM ULCER/COLECIST			175.38	286.40	81.30	2,567.12
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100GG	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			167.49	373.74	59.96	2,675.58
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50GG, ARDEI80G,ROSII80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.50	68.30	3.70	447.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU	4.40	18.32	7.40	152.64
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI CU BRANZA GRATINATI LA CUPTOR300G	BRANZA(LACTOZA) OU	39.28	58.45	32.03	671.93
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			131.71	252.98	60.02	2,058.63
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50GG, ARDEI80G,ROSII80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.50	63.50	3.70	428.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU	4.52	18.14	7.40	152.40
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET FRIPTURA PULPA VITA 80G SI CARTOFI GRATINATI250G	BRANZA(LACTOZA) OU UNT(LACTOZA)	56.60	59.05	33.60	567.00
7	CINA F2 DIABET CEAI 250ML, PAINE100G,MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			168.02	277.34	72.05	2,197.65
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,	BRANZA(LACTOZA)	54.40	57.75	33.40	749.20

Nr.	Denumire					
	PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE40G, CASCAVAL50G,	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU SMANTANA(LACTOZA)	5.39	14.01	10.80	170.77
3	PRANZ F2 COMUN CARNATI DE PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	35.05	69.95	54.85	830.25
4	CINA F1 COMUN FRIPTURA PULPA PUI INF65G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	26.76	40.04	29.47	525.17
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			129.99	235.05	129.71	2,532.98
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE40G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU SMANTANA(LACTOZA)	5.39	14.01	10.80	170.77
4	PRANZ F2 COMUN CARNATI DE PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	35.05	69.95	54.85	830.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, CHEC100G	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
6	CINA F1 COMUN FRIPTURA PULPA PUI INF65G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	26.76	40.04	29.47	525.17
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			150.59	396.35	163.35	3,555.54
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE40G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU SMANTANA(LACTOZA)	5.39	14.01	10.80	170.77
3	PRANZ F2 COMUN PIEPT DE PUI80G SI MANCARE DE FASOLE VERDE250G SI PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97
4	CINA F1 COMUN FRIPTURA PULPA PUI INF65G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	26.76	40.04	29.47	525.17
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			139.08	219.71	90.55	2,231.70

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

09/05/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(09-COPIII)	IAURT(LACTOZA) OU	680.00	2,633.80	449.40	16,918.60
Total COPIII 0-3 ANI			680.00	2,633.80	449.40	16,918.60
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.92	37.03	5.36	207.60
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.52	179.63	18.16	951.60
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100GG, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G		25.25	27.48	24.39	425.93
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	58.30	88.50	14.45	717.25
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G	TELINA	35.93	38.67	14.21	419.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			174.48	266.60	81.15	2,482.97
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G		25.25	27.48	24.39	425.93
3	PRANZ F2 COLITA, ENTEROCOLITA, REGIM SPECIALPIEPT DE PUI SI PASTE CU	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	6.25	638.25

Nr.	Denumire					
	BRANZA DIETETICA PAINE					
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100GG	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			178.22	352.46	50.45	2,555.83
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G ,BRANZA DIETETICA100G, SUNCA PUI50GG, ARDEI80G,ROSI80G,BANANA 200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.10	111.70	4.10	613.50
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU PULPA PUI SI CARTOFI,DREASA CU IAURTSI OU 400ML	IAURT(LACTOZA) OU	27.43	28.60	26.23	455.29
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	15.44	668.80
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA70G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	41.88	39.55	32.08	607.18
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			159.02	323.40	79.04	2,602.36
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50GG, CASCAVAL 50G,UNT 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	53.85	26.90	643.90
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI CARTOFI 400ML		25.88	29.19	24.60	437.18
5	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE DOVLECEI200G, PAINE100G	PAINE(GLUTEN)	44.05	57.35	15.25	535.65
6	CINA F1 DIABET PULPA DE VITA 80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	43.38	40.04	32.84	424.04
7	CINA F2 DIABET CEAI 250ML, PAINE100G,MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			186.36	264.53	111.09	2,565.27
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE40G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA)	4.57	8.61	10.47	143.32
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
4	CINA F1 COMUN FRIPTURA PUI80G SI CU SALATA ORIENTALA 350G	OU	32.29	60.18	36.58	691.90

Nr.	Denumire					
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			158.81	277.19	126.65	2,687.97
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE CASTRAVETI		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE40G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA)	4.57	8.61	10.47	143.32
5	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, CHEC100G	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
7	CINA F1 COMUN FRIPTURA PUI80G SI CU SALATA ORIENTALA 350G	OU	32.29	60.18	36.58	691.90
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			180.13	441.13	160.53	3,724.93
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA100G, SUNCA DE PORC50G, MUSCHI FILE40G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA)	4.57	8.61	10.47	143.32
3	PRANZ F2 COMUN PULPA DE PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	39.42	90.25	43.49	716.50
4	CINA F1 COMUN FRIPTURA PUI80G SI CU SALATA ORIENTALA 350G	OU	32.29	60.18	36.58	691.90
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			139.08	270.09	125.14	2,558.52

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR