

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: ISAMB

MENIUL ZILNIC

28/03/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	1,195.90	4,164.70	765.80	27,264.00
Total COPIII 0-3 ANI			1,195.90	4,164.70	765.80	27,264.00
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERVICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERVICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	18.16	940.80
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT DE PUI80G SI CARTOFI CU BRANZA 330G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			175.02	288.11	81.30	2,571.68
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40

Nr.	Denumire					
	250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			164.79	344.94	59.36	2,552.58
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50, COZONAC100G,IAURT200G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	110.10	19.04	789.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INFERIOARA SI FIDEA , DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.40	18.74	26.57	418.79
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA DE PUI80G CU CARTOFI UNGURESTI 250G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			163.40	333.49	96.36	2,827.70
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G, UNT20G,OU FIERT 1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	49.80	56.10	27.40	670.20
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.55	19.52	26.51	421.97
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET TOCANITA DE PULPA VITA 80G SI MAMALIGA200G		43.33	41.95	33.32	435.80
7	CINA F2 DIABET CEAI250ML, PAINE100,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			198.23	256.22	111.28	2,580.82
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.BRANZA SLAB SARATA100G,SUNCA DE PORC 50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA	62.80	69.89	40.60	896.16

Nr.	Denumire					
	CASCAVAL50G,GEM20G,OU FIERT1BUC	PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.00	29.84	10.72	239.40
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
4	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.87	41.75	33.29	582.05
5	CINA F2 COMUN COMPOT DE VISINE 300ML ,PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total COMUN			169.42	333.83	130.81	2,992.76
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 100,ROSII80G		1.82	6.94	0.54	38.70
2	MIC DEJUN COMUN CEAI250ML, PAINE100G.BRANZA SLAB SARATA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G,GEM20G,OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	69.89	40.60	896.16
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.00	29.84	10.72	239.40
5	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC 100G,COMPOT DE PIERSICI300ML	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.87	41.75	33.29	582.05
8	CINA F2 COMUN COMPOT DE VISINE 300ML ,PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total ONC C/ AR C/ HIV C			192.94	484.77	157.83	3,924.98
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.BRANZA SLAB SARATA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G,GEM20G,OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	69.89	40.60	896.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.00	29.84	10.72	239.40
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.87	41.75	33.29	582.05
6	CINA F2 COMUN COMPOT DE VISINE 300ML ,PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total LEHUZE COMUN			159.17	381.18	147.31	3,281.96

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
29/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(17-COPIII)	IAURT(LACTOZA) OU	1,259.40	3,427.40	765.00	24,988.20
Total COPIII 0-3 ANI			1,259.40	3,427.40	765.00	24,988.20
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML, ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	18.16	940.80
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	49.20	39.40	15.05	482.65

Nr.	Denumire					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			176.32	288.01	83.30	2,587.28
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			164.79	344.94	59.36	2,552.58
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML,PAINE100G, BRANZA DIETETICA100G, SUNCA DE PUI50G, IAURT200G, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	110.10	19.04	789.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INFERIORA65 FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.56	14.20	26.24	394.69
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	15.44	668.80
4	CINA F1 REGIM PULPA PUI SI MACAROANE CU SOS DE ROSII	PASTE(GLUTEN,OU)	33.20	40.85	33.55	590.95
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			158.68	308.70	95.47	2,701.20
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA100G, SUNCAPUI50G,UNT20GR, MUSCHI FILE50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	44.95	53.60	23.70	607.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G,OU FIERT 1BUC	IAURT(LACTOZA) OU	14.80	8.60	12.80	200.80
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.56	14.20	26.24	394.69
4	PRANZ F2 DIABET PIEPT DE PUI80 G CU GHIVECI LEGUME250G	PAINE(GLUTEN)	48.60	86.59	16.16	678.70
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET FRIPTURA PULPA VITA 80G LA CUPTOR 80G CU SOTE DE SPANAC350G		44.95	8.85	33.25	309.25
7	CINA F2 DIABET CEAI250ML, PAINE100,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40

Nr.	Denumire					
Total DIA/HEP/AR R/ ONC R/ HIV R			206.06	249.94	114.75	2,618.34
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57	186.05
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	45.45	835.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			154.98	244.35	134.36	2,609.37
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
			1.10	4.60	0.20	24.60
1	MIC DEJUN COMUN ONCOLOGIE CASTRAVETI		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G,OU FIERT 1BUC	IAURT(LACTOZA) OU	14.80	8.60	12.80	200.80
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57	186.05
5	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC 100G,COMPOT DE PIERSICI300ML	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	45.45	835.45
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			179.70	351.29	158.04	3,340.13
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57	186.05
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	45.45	835.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			154.98	244.35	134.36	2,609.37

Nr.	Denumire

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
30/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	1,114.50	2,910.30	653.60	21,624.00
Total COPIII 0-3 ANI			1,114.50	2,910.30	653.60	21,624.00
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	18.16	940.80
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33

Nr.	Denumire					
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			162.69	288.99	82.46	2,528.28
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			164.79	344.94	59.36	2,552.58
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50, COZONAC100G,IAURT200G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	110.10	19.04	789.16
2	PRANZ F1 REGIM SUPA DE ZARZAVATCU PULPA PUI A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	27.11	18.03	26.55	414.61
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.87	41.75	33.29	582.05
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			156.91	278.79	95.77	2,576.78
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA100G, SUNCAPUI50G,UNT20GR, MUSCHI FILE50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	44.95	53.60	23.70	607.50
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE 200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI	IAURT(LACTOZA) TELINA	24.90	18.49	24.73	391.23

Nr.	Denumire					
	INF65G A LA GREC400ML					
5	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
6	CINA F1 DIABET TOCANITA DE PULPA PORC 80G SI MAMALIGA200G		31.33	41.95	42.77	485.30
7	CINA F2 DIABET CEAI250ML, PAINE100,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			178.73	252.69	115.25	2,536.88
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.22	15.45	7.12	138.28
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
4	CINA F1 COMUN PULPA DE PUI 80G CU GHIVECI DE LEGUME 310G		34.20	32.90	33.95	566.75
5	CINA F2 COMUN COMPOT DE VISINE 300ML ,PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total COMUN			161.57	298.45	120.67	2,729.38
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE CASTRAVETI		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.22	15.45	7.12	138.28
5	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC 100G,COMPOT DE PIERSICI300ML	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN PULPA DE PUI 80G CU GHIVECI DE LEGUME 310G		34.20	32.90	33.95	566.75
8	CINA F2 COMUN COMPOT DE VISINE 300ML ,PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total ONC C/ AR C/ HIV C			183.99	445.09	147.39	3,637.30
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU	FAINA(GLUTEN) OU TELINA	4.22	15.45	7.12	138.28

Nr.	Denumire					
	400ML					
3	PRANZ F2 COMUN PIEPT DE PUI80G SI MANCARE DE FASOLE VERDE250G SI PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97
4	CINA F1 COMUN PULPA DE PUI 80G CU GHIVECI DE LEGUME 310G		34.20	32.90	33.95	566.75
5	CINA F2 COMUN COMPOT DE VISINE300G SI PAINE 100G,	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total LEHUZE COMUN			146.55	255.70	91.36	2,412.40

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
31/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	1,152.30	2,945.70	686.80	22,186.40
Total COPIII 0-3 ANI			1,152.30	2,945.70	686.80	22,186.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	18.16	940.80

Nr.	Denumire					
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.25	26.98	24.39	423.93
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			174.92	287.11	81.30	2,567.28
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.25	26.98	24.39	423.93
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			164.69	343.94	59.36	2,548.18
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50, COZONAC100G,IAURT200G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	110.10	19.04	789.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	4.29	13.59	7.13	131.25
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	43.75	58.45	35.85	724.25
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			150.04	326.64	79.07	2,591.71
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA100G, SUNCAPUI100G,UNT20GR,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	41.40	55.50	20.20	569.40
2	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE 200G		0.80	27.60	0.40	104.00
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.67	13.59	26.26	392.87
5	PRANZ F2 DIABET PIEPT PUI80G SI SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
6	CINA F1 DIABET PULPA VITA80G SI OREZ CU LEGUME350G		46.37	43.15	33.39	452.55
7	CINA F2 DIABET CEAI250ML, PAINE100,SUNCA DE PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			183.39	254.59	103.70	2,446.27
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	SMANTANA(LACTOZA) TELINA	3.61	17.48	8.79	159.03
3	PRANZ F2 COMUN CARNATI DE PORC105G CU MANCARE DE MAZARE270G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	56.69	832.37
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN TOCANITA DE FICAT PUI 150G SI GARNITURA DE OREZ CU MORCOV 250		39.15	46.20	30.61	601.65
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			154.39	280.74	141.13	2,902.41
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	SMANTANA(LACTOZA) TELINA	3.61	17.48	8.79	159.03
4	PRANZ F2 COMUN CARNATI DE PORC105G CU MANCARE DE MAZARE270G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	56.69	832.37
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC 100G,COMPOT DE PIERSICI300ML	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN TOCANITA DE FICAT PUI 150G SI GARNITURA DE OREZ CU MORCOV 250		39.15	46.20	30.61	601.65
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
Total ONC C/ AR C/ HIV C			168.89	379.84	157.17	3,493.37
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	SMANTANA(LACTOZA) TELINA	3.61	17.48	8.79	159.03
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	15.70	673.30
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN TOCANITA DE FICAT PUI 150G SI GARNITURA DE OREZ CU MORCOV 250		39.15	46.20	30.61	601.65
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			159.21	307.98	100.14	2,743.34

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
01/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	1,190.80	4,024.40	716.60	26,288.60
Total COPIII 0-3 ANI			1,190.80	4,024.40	716.60	26,288.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20

Nr.	Denumire					
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	18.16	940.80
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.57	26.26	24.43	422.69
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			162.91	287.27	82.50	2,522.64
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.57	26.26	24.43	422.69
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			167.71	372.02	60.00	2,669.94
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.90	114.34	3.60	610.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INFERIOARA SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	25.56	14.76	24.53	378.39
3	PRANZ F2 REGIM PIEPT DE PUI80G OREZ CU LEGUME 330G PAINE100G	PAINE(GLUTEN) TELINA	47.83	88.94	15.99	683.79
4	CINA F1 REGIM TOCANITA DE PULPA PUI80G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	48.18	43.95	34.77	674.25

Nr.	Denumire					
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			164.87	315.29	80.09	2,604.79
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCAPUI100G,UNT20GR,CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	53.90	55.75	27.70	687.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 65G SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	25.56	14.76	24.53	378.39
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	45.85	68.45	15.25	592.65
5	SUPLIMENT ORA 16 DIABET LAPTE 200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA VITA 80G CU SOTE DE DOVLECEI 250G		42.85	8.85	32.65	295.45
7	CINA F2 DIABET CEAI250ML, PAINE100,SUNCA DE PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			196.01	216.31	113.93	2,455.99
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,MASLINE25G,BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.98	103.58	38.20	967.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	5.06	25.48	8.92	198.84
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
4	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI UNGURESTI280G		34.00	60.15	33.70	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			146.94	333.71	125.92	2,833.69
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,MASLINE25G,BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.98	103.58	38.20	967.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	5.06	25.48	8.92	198.84
4	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT DE CIRESE 300ML		1.20	46.50	0.00	190.80
6	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI UNGURESTI280G		34.00	60.15	33.70	672.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			154.54	388.21	131.52	3,124.49

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
LEHUZE COMUN						
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,CASCAVAL50G,MASLINE25G,BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.98	103.58	38.20	967.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	5.06	25.48	8.92	198.84
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
4	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI UNGURESTI280G		34.00	60.15	33.70	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			146.94	333.71	125.92	2,833.69
REGIM RELIGIOS - DESODAT						
1	MIC DEJUN REGIM RELIGIOS SI VEGAN CEAI LAMAIE,GEM20G,CARTOFI FIERT,MORCOV,BANANA200G,MASLINE25G,	GEM(DIOXID DE SULF) PAINE(GLUTEN)	19.98	196.77	7.20	904.76
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	2.82	16.47	5.40	121.32
3	PRANZ F2 REGIM RELIGIOS SI VEGAN OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN)	15.77	91.65	12.09	530.45
4	CINA F1 REGIM RELIGIOS SI VEGAN CARTOFI UNGURESTI250G, PAINE100G		7.15	60.15	10.75	358.75
5	CINA F2 REGIM COMPOT DE CIRESE 300G SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM RELIGIOS - DESODAT			55.32	460.04	36.64	2,344.48

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
02/04/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(18-COPIII)	IAURT(LACTOZA) OU	1,022.90	3,519.10	619.40	23,141.80
Total COPIII 0-3 ANI			1,022.90	3,519.10	619.40	23,141.80
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	18.16	940.80
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.46	27.37	24.41	426.51
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			163.16	286.67	82.48	2,521.90
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.82	25.66	24.41	421.95
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			167.96	371.42	59.98	2,669.20
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire							
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50,GEM20G,IAURT200G.OU FIERT1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	77.34	15.80	633.56		
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML SI PULPA DE PUI INFERIOARA65G	IAURT(LACTOZA) OU TELINA	27.47	16.32	26.55	410.05		
3	PRANZ F2 REGIM PULPA DE PUI 80G CU MANCARE DE DOVLECEI250G ,PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.18	59.81	34.34	697.82		
4	CINA F1 REGIM PULPA PUI INF 80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62		
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60		
Total REGIM			153.43	213.87	111.43	2,445.64		
DIA/HEP/AR R/ ONC R/ HIV R			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCAPUI100G,UNT20GR,CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	53.90	55.75	27.70	687.90		
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00		
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF65G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	27.47	16.32	26.55	410.05		
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45		
5	SUPLIMENT ORA 16 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00		
6	CINA F1 DIABET PULPA DE PORC 80G SI GHIVECI DE LEGUME250G	TELINA	36.28	37.92	43.01	492.04		
7	CINA F2 DIABET CEAI250ML, PAINE100,SUNCA DE PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40		
Total DIA/HEP/AR R/ ONC R/ HIV R			190.45	229.24	128.91	2,619.84		
COMUN			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,,MASLINE25G,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	70.47	46.50	875.06		
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA ,DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	5.23	16.22	7.22	147.18		
3	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	40.25	65.60	43.30	624.85		
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70		
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60		
Total COMUN			143.91	245.74	143.52	2,658.39		
ONC C/ AR C/ HIV C			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 100,		0.72	2.64	0.24	14.40		
2	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA	BRANZA(LACTOZA) GEM(DIOXID DE SULF)	43.68	70.47	46.50	875.06		

Nr.	Denumire					
	PORC50G, MUSCHI FILE50G,,MASLINE25G,UNT20G,GEM20G	PAIN(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)				
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, BANANE200G	IAURT(LACTOZA)	8.60	53.60	6.20	278.00
4	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA ,DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	5.23	16.22	7.22	147.18
5	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CU ROSII250G	PAIN(GLUTEN)	40.25	65.60	43.30	624.85
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT DE CIRESE 300ML		1.20	46.50	0.00	190.80
7	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAIN(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			154.43	348.48	149.96	3,141.59
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G,,MASLINE25G,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAIN(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	70.47	46.50	875.06
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA ,DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	5.23	16.22	7.22	147.18
3	PRANZ F2 COMUN PULPA PORC SI MANCARE DE DOVLCEI PAINE	FAINA(GLUTEN) PAINE(GLUTEN)	39.23	58.81	43.34	589.47
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAIN(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			142.89	238.94	143.56	2,623.01

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
03/04/2026

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(17-COPIII)	IAURT(LACTOZA) OU	1,091.80	3,823.40	627.20	24,508.20
Total COPIII 0-3 ANI			1,091.80	3,823.40	627.20	24,508.20
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERVICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERVICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	18.16	940.80
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70GG	TELINA	28.50	25.66	26.70	453.34
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			165.84	286.67	84.77	2,553.29
REGIM SPECIAL						
Alergeni						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70g	TELINA	28.50	25.66	26.70	453.34
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60

Nr.	Denumire					
Total REGIM SPECIAL			170.64	371.42	62.27	2,700.59
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50,COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.90	102.10	13.44	689.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU DOVLECEI SI PULPA PUI INF70G ,DREASA CU OU SI IAURT 420ML	IAURT(LACTOZA) OU TELINA	29.95	9.82	28.79	414.19
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA DE PUI INF 80G SI OREZ CU LEGUME350G	TELINA	34.58	41.44	33.84	601.44
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			160.13	297.86	93.12	2,651.84
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250G, PAINE100G, BRANZA DIETETICA100G, SUNCAPUI100G,UNT20G,OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	49.80	56.10	27.40	670.20
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF70G SI DOVLECEI,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU TELINA	29.49	10.03	28.79	412.35
4	PRANZ F2 DIABET PIEPT PUI80G SI SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
5	SUPLIMENT ORA 16 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE PORC80G CU MACAROANE SI SOS ROSII 250G,PAINE100G	PASTE(GLUTEN,OU)	34.10	42.70	42.70	498.75
7	CINA F2 DIABET CEAI250ML, PAINE100,SUNCA DE PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			187.29	231.88	130.54	2,630.75
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.11	29.23	10.74	237.58
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			159.93	300.31	142.30	3,028.86
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.11	29.23	10.74	237.58
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT DE PRUNE 300ML,COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			181.33	453.01	168.78	3,955.98

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.11	29.23	10.74	237.58
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	15.70	673.30
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			153.13	288.81	101.45	2,661.91

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

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Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(18-COPIII)	IAURT(LACTOZA) OU TELINA	1,078.60	2,196.90	639.80	18,700.20
Total COPIII 0-3 ANI			1,078.60	2,196.90	639.80	18,700.20
HIDRIC/HZL						
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	16.00	87.10	12.80	519.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESEI300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.92	177.73	18.16	945.60
REGIM ULCER/COLECIST						
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70GG	TELINA	30.29	25.66	28.23	474.27
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	58.30	88.50	14.45	717.25
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			181.96	286.29	85.34	2,629.42
REGIM SPECIAL						
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70g	TELINA	30.29	25.66	28.23	474.27
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			172.43	371.42	63.80	2,721.52

Nr.	Denumire					
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50,GEM 20GOU FIERT 1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	41.10	69.34	10.20	533.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INFERIOARA SI FIDEA DREASA CU IAURT 400ML	IAURT(LACTOZA) PASTE(GLUTEN,OU) TELINA	29.93	14.38	28.59	430.55
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM FICAT DE PUI80G CU CARTOFI TARANESTI 250G		41.15	60.15	20.75	584.75
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			168.48	338.47	76.59	2,698.71
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,MUSCHI FILE 50G UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	55.50	24.50	651.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 65G SI FIDEADREASA CU IAURT400ML	IAURT(LACTOZA) PASTE(GLUTEN,OU) TELINA	29.93	14.38	28.59	430.55
4	PRANZ F2 DIABET PIEPT DE PUI 80G CU MACARONE CU SOS ROSII250G SI PAINE 100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	15.70	677.70
5	SUPLIMENT ORA 16 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE VITA 80G SI GHIVECI DE LEGUME250G	TELINA	47.66	36.18	33.56	432.74
7	CINA F2 DIABET CEAI250ML, PAINE100,SUNCA DE PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			204.24	262.11	118.15	2,696.89
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,MASLINE 25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU CARTOFI ,DREASA SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.31	24.37	5.38	155.54
3	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE DE SPANAC270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.23	58.81	43.74	597.07
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			153.07	234.60	133.22	2,553.31
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,MASLINE	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40

Nr.	Denumire					
	25G					
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 COMUN SUPA DE ZARZAVAT CU CARTOFI ,DREASA SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.31	24.37	5.38	155.54
4	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE DE SPANAC270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.23	58.81	43.74	597.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE200G,		0.60	54.90	0.00	222.00
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			160.07	297.50	138.82	2,875.31
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,MASLINE 25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU CARTOFI ,DREASA SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.31	24.37	5.38	155.54
3	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE DE SPANAC270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.23	58.81	43.74	597.07
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			153.07	234.60	133.22	2,553.31
COMUN RELIGIOS						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CARTOFI FIERTI,MORCOVI FIERTI,PAINE	PAINE(GLUTEN)	14.97	108.68	1.86	510.50
2	PRANZ F1 COMUN RELIGIOS CIORBA DE ZARZAVAT 400ML		2.92	24.09	5.35	151.75
3	PRANZ F2 COMUN RELIGIOS MANCARE DE FASOLE VERDE250G	FAINA(GLUTEN) PAINE(GLUTEN)	12.43	55.61	11.79	371.07
4	CINA F1 COMUN RELIGIOS GHIVECI DE LEGUME280G		6.87	33.93	10.91	253.35
5	CINA F2 COMUN RELIGIOS CEAI,PAINE	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN RELIGIOS			45.59	275.61	31.11	1,544.27

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Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ
 Contract/conventie: 4448067
 CAS: 1SAMB

MENIUL ZILNIC
 06/04/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(20-COPIII)	IAURT(LACTOZA) OU TELINA	1,123.40	2,701.90	649.80	20,989.40
Total COPIII 0-3 ANI			1,123.40	2,701.90	649.80	20,989.40
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	16.00	87.10	12.80	519.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESEI300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.92	177.73	18.16	945.60
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF70GG	TELINA	29.98	23.77	28.21	465.29
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			167.68	283.07	86.28	2,560.68
REGIM SPECIAL						
Alergeni						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40

Nr.	Denumire					
	MORCOV200G					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF70g	TELINA	29.87	24.88	28.19	469.11
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			172.01	370.64	63.76	2,716.36
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50,GEM 20GOU FIERT 1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	41.10	69.34	10.20	533.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	31.19	9.99	30.06	431.66
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	15.38	656.50
4	CINA F1 REGIM PULPA PUI INF 80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			156.12	277.20	90.38	2,528.73
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI50G,MUSCHI FILE 50G UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	44.95	53.60	23.70	607.50
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	31.19	9.99	30.06	431.66
4	PRANZ F2 DIABET PULPA PORC80G SI SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	41.25	56.35	43.90	592.75
5	SUPLIMENT ORA 16 DIABET OU FIERT 1 BUC.G	OU	8.40	0.60	7.20	100.80
6	CINA F1 DIABET PULPA VITA80G SI OREZ CU LEGUME350G		46.10	40.27	33.33	440.25
7	CINA F2 DIABET CEAI250ML, PAINE100,SUNCA DE PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			193.34	219.51	148.39	2,577.36
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G,, SUNCA PORC50G, MUSCHI FILE50G,MASLINE 25G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	42.28	57.73	30.10	670.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400ML	SMANTANA(LACTOZA) TELINA	2.36	13.88	5.32	109.24
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE	PAINE(GLUTEN)	59.15	97.35	45.00	845.95

Nr.	Denumire					
	USCATA250G SI PAINE100G					
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	46.45	58.85	47.25	839.25
5	CINA F2 COMUN COMPOT CIRESE 300ML SI PAINE 100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total COMUN			159.84	322.81	128.87	2,894.54
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G,, SUNCA PORC50G, MUSCHI FILE50G,MASLINE 25G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	42.28	57.73	30.10	670.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400ML	SMANTANA(LACTOZA) TELINA	2.36	13.88	5.32	109.24
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	46.45	58.85	47.25	839.25
7	CINA F2 COMUN COMPOT CIRESE 300ML SI PAINE 100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total ONC C/ AR C/ HIV C			180.64	420.61	155.35	3,599.66
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G,, SUNCA PORC50G, MUSCHI FILE50G,MASLINE 25G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	42.28	57.73	30.10	670.90
2	PRANZ F2 COMUN PULPA DE PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	39.32	89.25	43.49	712.10
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400ML	SMANTANA(LACTOZA) TELINA	2.36	13.88	5.32	109.24
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	46.45	58.85	47.25	839.25
5	CINA F2 COMUN COMPOT CIRESE 300ML SI PAINE 100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total LEHUZE COMUN			140.01	314.71	127.36	2,760.69
COMUN RELIGIOS						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CARTOFI FIERTI,MORCOVI FIERTI,PAINE	PAINE(GLUTEN)	14.97	108.68	1.86	510.50
2	PRANZ F1 COMUN RELIGIOS CIORBA DE ZARZAVAT 400ML		2.92	24.09	5.35	151.75
3	CINA F1 COMUN RELIGIOS GHIVECI DE LEGUME280G		6.87	33.93	10.91	253.35
4	PRANZ F2 COMUN RELIGIOS IAHNIE DE FASOLE USCATA250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	32.08	99.96	12.94	645.12
5	CINA F2 COMUN RELIGIOS CEAI,PAINE	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN RELIGIOS			65.24	319.96	32.26	1,818.32

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

