

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

17/04/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(15-COPIII)	IAURT(LACTOZA) OU	1,045.80	4,681.70	722.60	28,732.40
Total COPIII 0-3 ANI			1,045.80	4,681.70	722.60	28,732.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI		38.37	60.18	14.56	517.20

Nr.	Denumire					
	CU MORCOV260G					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			167.16	288.99	86.28	2,580.60
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			171.96	373.74	63.78	2,727.90
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G,ROSII80G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.10	111.70	4.10	613.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA, DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.05	19.70	7.38	160.58
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	15.44	668.80
4	CINA F1 REGIM PULPA PUI80G SI MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	30.78	11.31	33.14	459.42
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			125.55	286.26	61.26	2,159.90
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,ARDEI80G,ROSII80G,OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.60	63.80	11.50	561.10
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr.	Denumire							
	IAURT200G							
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA80G SI FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.90	19.70	30.33	474.53		
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE DOVLECEI200G, PAINE100G	PAINE(GLUTEN)	43.55	56.35	15.25	529.65		
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.80	27.60	0.40	104.00		
6	CINA F1 DIABET TOCANITA DE PULPA VITA80G SI MAMALIGA200G		43.33	41.95	33.32	435.80		
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40		
Total DIA/HEP/AR R/ ONC R/ HIV R			201.98	267.90	98.60	2,528.48		
COMUN			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,BRANZA100G, ,SUNCA PORC50G, MUSCHI FILE50G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	44.10	103.10	26.50	808.70		
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.52	15.45	10.57	174.53		
3	PRANZ F2 COMUN CARNATI DE PORC 90G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	32.25	69.75	49.05	776.93		
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 300G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)	39.95	62.55	41.35	651.25		
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60		
Total COMUN			130.22	304.15	128.67	2,669.01		
ONC C/ AR C/ HIV C			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,BRANZA100G, ,SUNCA PORC50G, MUSCHI FILE50G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	44.10	103.10	26.50	808.70		
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00		
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.52	15.45	10.57	174.53		
4	PRANZ F2 COMUN CARNATI DE PORC 90G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	32.25	69.75	49.05	776.93		
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56		
6	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA	CASCAVAL(LACTOZA) OU	39.95	62.55	41.35	651.25		

Nr.	Denumire					
	CUPTOR 300G	SMANTANA(LACTOZA)				
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			150.82	465.45	162.31	3,691.57
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,BRANZA100G, ,SUNCA PORC50G, MUSCHI FILE50G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	44.10	103.10	26.50	808.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.52	15.45	10.57	174.53
3	PRANZ F2 COMUN PIPET DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 300G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA)	39.95	62.55	41.35	651.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			142.04	324.28	95.03	2,558.53

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

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MENIUL ZILNIC
18/04/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	1,248.80	5,475.70	886.20	34,073.20
Total COPIII 0-3 ANI			1,248.80	5,475.70	886.20	34,073.20
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.62	180.13	18.16	954.00
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANA200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	48.80	104.25	27.50	841.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			169.36	334.59	86.88	2,758.60
REGIM SPECIAL						
Alergeni						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT		35.57	40.38	14.21	423.65

Nr.	Denumire					
	DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			171.96	373.74	63.78	2,727.90
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G,ROSII80G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.30	74.10	9.10	535.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT PULPA PUI INF80G A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	31.50	19.60	30.29	472.17
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM PULPA DE PUI INFERIOARA80G SI CARTOFI UNGURESTI 300G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			162.50	298.35	90.14	2,627.42
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA50G, MUSCHI FILE50G, SUNCA PUI100G,ARDEI80G,ROSII80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	47.15	62.50	24.20	656.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	31.47	18.64	30.35	468.75
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G	PAINE(GLUTEN)	45.85	68.45	15.25	592.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA DE PORC80G SI GHIVECI DE LEGUME250G		34.62	35.78	43.01	475.10
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			191.69	271.47	121.01	2,720.30

Nr.	Denumire					
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC, UNT20G	CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	57.55	40.00	783.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC CARTOFI DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA) TELINA	7.04	31.09	10.73	244.62
3	PRANZ F3 COMUN MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
5	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.82	726.30
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			177.92	310.84	135.15	2,961.47
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC, UNT20G	CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	57.55	40.00	783.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G, BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	15.00	107.10	23.80	676.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC CARTOFI DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA) TELINA	7.04	31.09	10.73	244.62
4	PRANZ F3 COMUN MERE200G		0.80	27.60	0.40	104.00
5	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.82	726.30
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			201.02	509.04	169.39	4,128.43
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,	CASCAVAL(LACTOZA) OU PAINE(GLUTEN)	48.20	57.55	40.00	783.00

Nr.	Denumire					
	CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC, UNT20G	SUNCA PORC(SOIA) UNT(LACTOZA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC CARTOFI DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA) TELINA	7.04	31.09	10.73	244.62
3	PRANZ F3 COMUN MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
5	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.82	726.30
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			161.27	304.69	134.05	2,852.67

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
22/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(9-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	951.60	2,520.80	669.60	19,826.00
Total COPIII 0-3 ANI			951.60	2,520.80	669.60	19,826.00

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSCI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSCI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.62	180.13	18.16	954.00
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			179.49	288.11	85.12	2,624.00
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60

Nr.	Denumire					
Total REGIM SPECIAL			171.96	373.74	63.78	2,727.90
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA50G,SUNCA PUI50G,IAURT200G, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	110.10	19.04	789.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU IAURT400ML	IAURT(LACTOZA) PASTE(GLUTEN,OU) TELINA	2.92	18.59	5.64	131.96
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	CINA F1 REGIM FICAT DE PUI150G SI GHIVECI DE LEGUME280G	TELINA	42.25	36.95	21.12	498.84
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			157.47	306.84	63.25	2,398.61
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, MUSCHI FILEL50G, SUNCA PUI50G,CASCAVAL 50G,UNT 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	57.45	53.85	31.20	726.00
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 80G SIFIDEA ,DREASA CU IAURT 400ML	IAURT(LACTOZA) PASTE(GLUTEN,OU) TELINA	29.57	16.59	28.59	437.11
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.30	52.35	15.75	521.15
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE PORC 80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.38	40.04	42.29	473.54
7	CINA F2 DIABET CEAI250ML, PAINE100G ,SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			191.20	231.03	129.03	2,637.40
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	54.78	57.98	37.60	789.40

Nr.	Denumire					
	BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, MASLINE25 G	PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F2 COMUN CARNATI PORC105G CU GARNITURA DE OREZ CU MORCOV250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN) TELINA	33.08	89.99	53.59	888.51
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.25	12.57	10.51	162.23
4	CINA F1 COMUN BUDINCA DE PASTE CU CARNE TOCATA PORC	PASTE(GLUTEN,OU)	24.35	40.85	31.90	417.00
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total COMUN			126.76	296.08	134.80	2,683.94
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, MASLINE25 G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.25	12.57	10.51	162.23
4	PRANZ F2 COMUN PIEPT 80G CU OREZ CU LEGUME300G	PAINE(GLUTEN)	47.57	91.65	15.99	692.75
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN BUDINCA DE PASTE CU CARNE TOCATA PORC	PASTE(GLUTEN,OU)	24.35	40.85	31.90	417.00
7	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			161.85	459.04	130.84	3,510.74
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, MASLINE25 G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.25	12.57	10.51	162.23

Nr.	Denumire					
3	PRANZ F2 COMUN PIEPT DE PUI 80GR SI OREZ CU LEGUME230G, PAINE100G	PAINE(GLUTEN)	47.57	91.65	15.99	692.75
4	CINA F1 COMUN BUDINCA DE PASTE CU CARNE TOCATA PORC	PASTE(GLUTEN,OU)	24.35	40.85	31.90	417.00
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total LEHUZE COMUN			141.25	297.74	97.20	2,488.18

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<p>Spitalul Judetean de Urgenta Tg. Jiu</p> <p>Str. Progresului, nr. 18, Tg. Jiu, GORJ</p> <p>Contract/conventie: 4448067</p> <p>CAS: 1SAMB</p>
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MENIUL ZILNIC
23/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(8-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	914.80	3,287.40	700.60	22,851.80
Total COPIII 0-3 ANI			914.80	3,287.40	700.60	22,851.80
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20

Nr.	Denumire					
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.62	180.13	18.16	954.00
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER SI COLECIST PIEPT PUI80G SI OREZ CU MORCOV250G SI PAINE100G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			178.79	269.81	84.97	2,546.65
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			171.96	373.74	63.78	2,727.90

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
REGIM						
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G,ROSII80G,CASTRAVETI80G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPE DE PUI INFERIOARE80G A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	31.23	16.72	30.23	459.87
3	PRANZ F2 REGIM PULPA DE PUI INFERIOARA 80G OREZ CU LEGUME330G, PAINE100G	PAINE(GLUTEN)	42.62	91.65	35.04	844.40
4	CINA F1 REGIM PULPA PUI80G SI MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	30.78	11.31	33.14	459.42
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			150.73	286.88	103.91	2,646.79
DIA/HEP/AR R/ ONC R/ HIV R						
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,CASCAVAL 50G,ARDEI80G,ROSII80G,CASTRAVETI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	48.00	63.75	11.20	546.80
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	31.47	18.64	30.35	468.75
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G	PAINE(GLUTEN)	45.85	68.45	15.25	592.65
5	PRANZ F3 DIABET MERE200G		0.80	27.60	0.40	104.00
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM OU FIERT1BUC	OU	8.40	0.60	7.20	100.80
7	CINA F1 DIABET PULPA DE PORC80G SI GHIVECI DE LEGUME250G		35.92	39.63	43.01	496.60
8	CINA F2 DIABET CEAI250ML, PAINE100G ,BRANZA DIETETICA 50G,SUNCA PUI50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	24.20	51.40	2.50	324.90
Total DIA/HEP/AR R/ ONC R/ HIV R			201.04	278.07	115.51	2,734.50
COMUN						
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G,G, UNT20G,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	34.65	115.84	38.60	930.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.70	29.84	7.27	203.15
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47

Nr.	Denumire					
4	CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		35.77	39.63	34.01	600.55
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			132.15	298.22	126.22	2,634.53
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G,G, UNT20G,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	34.65	115.84	38.60	930.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV SMANTANA100G, CHEC100G,OU FIERT1BUC	CHEC(OU,GLUTEN) OU SMANTANA(LACTOZA)	14.80	54.10	24.80	498.80
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.70	29.84	7.27	203.15
4	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE 300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		35.77	39.63	34.01	600.55
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			155.35	443.72	161.46	3,626.69
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G,G, UNT20G,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	34.65	115.84	38.60	930.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.70	29.84	7.27	203.15
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
4	CINA F1 COMUN PULPA DE PUI INFERIOARA80G CU GHIVECI DE LEGUME 250G		35.77	39.63	34.01	600.55
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			127.29	330.26	125.12	2,732.51

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
24/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(10-COPIII)	IAURT(LACTOZA) OU	822.00	2,957.50	549.70	19,604.30
Total COPIII 0-3 ANI			822.00	2,957.50	549.70	19,604.30
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSCI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSCI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.62	180.13	18.16	954.00
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10

Nr.	Denumire					
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			167.16	288.99	86.28	2,580.60
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			171.96	373.74	63.78	2,727.90
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G,ROSII80G,CASTRAVETI80G,OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	43.90	68.90	10.90	548.30
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA, DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	5.05	19.70	7.38	160.58
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97
4	CINA F1 REGIM PULPA PUI SI MACAROANE CU SOS DE ROSII	PASTE(GLUTEN,OU)	33.95	42.70	33.70	602.70
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			135.43	239.21	68.87	2,098.15

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
DIA/HEP/AR R/ ONC R/ HIV R						
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G,ROSII80G,CASTRAVETI80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.50	63.50	3.70	428.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA80G SI FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.87	18.74	30.39	471.11
4	PRANZ F2 DIABET PIEPT DE PUI 80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM COMPOT MERE300ML		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA DE PORC 80GR SI MACAROANE CU BRANZA LA CUPTOR 280GR	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	47.20	40.15	43.10	551.75
7	CINA F2 DIABET CEAI250ML, PAINE100G ,SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			183.62	265.74	101.04	2,487.01
COMUN						
COMUN						
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G,G, MUSCHI FILE50G,OU FIERT1 BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	58.10	33.10	731.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.52	15.45	10.57	174.53
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC TOCATA300G	CASCAVAL(LACTOZA) SMANTANA(LACTOZA)	41.45	62.40	43.81	654.05
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			158.92	289.10	145.23	2,857.93
ONC C/ AR C/ HIV C						
ONC C/ AR C/ HIV C						
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G,G, MUSCHI FILE50G,OU FIERT1 BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	58.10	33.10	731.50
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G,IAURT200G,BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	15.00	107.10	23.80	676.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.52	15.45	10.57	174.53

Nr.	Denumire					
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PRUNE 300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC TOCATA300G	CASCAVAL(LACTOZA) SMANTANA(LACTOZA)	41.45	62.40	43.81	654.05
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			181.72	496.00	179.47	4,058.49
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G,G, MUSCHI FILE50G,OU FIERT1 BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	58.10	33.10	731.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.52	15.45	10.57	174.53
3	PRANZ F2 COMUN PIEPT DE PUI80G SI MANCARE DE FASOLE VERDE250G SI PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC TOCATA300G	CASCAVAL(LACTOZA) SMANTANA(LACTOZA)	41.45	62.40	43.81	654.05
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			149.80	243.85	104.37	2,346.65

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
25/04/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(10-COPIII)	IAURT(LACTOZA) OU	838.90	2,994.00	574.00	20,053.80
Total COPIII 0-3 ANI			838.90	2,994.00	574.00	20,053.80
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSCI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSCI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.62	180.13	18.16	954.00
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			179.49	288.11	85.12	2,624.00
REGIM SPECIAL						
Alergeni						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40

Nr.	Denumire					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			171.96	373.74	63.78	2,727.90
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G „IAURT200GCOZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	110.10	19.04	789.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI 80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	31.03	14.20	30.06	447.02
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	15.44	668.80
4	CINA F1 REGIM PULPA DE PUI INFERIOARA80G SI CARTOFI UNGURESTI 300G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			163.95	328.00	99.44	2,835.28
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI50G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	53.85	26.90	643.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	31.06	15.16	30.00	450.44
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	45.85	68.45	15.25	592.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM COMPOT MERE300ML		0.80	27.60	0.40	104.00

Nr.	Denumire					
6	CINA F1 DIABET PULPA DE VITA80G SI GHIVECI DE LEGUME250G		47.82	39.43	33.56	445.90
7	CINA F2 DIABET CEAI250ML, PAINE100G ,SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			194.23	262.89	113.71	2,619.29
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G,SUNCA PORC50G,MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI FASOLE USCATA400ML	TELINA	16.64	40.04	9.75	314.62
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			165.22	246.85	133.39	2,656.18
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G,SUNCA PORC50G,MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G,IAURT200G,BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	15.00	107.10	23.80	676.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	5.69	17.01	10.80	183.97
4	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE 300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			177.67	422.32	168.68	3,694.89

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
LEHUZE COMUN						
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G,SUNCA PORC50G,MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	5.69	17.01	10.80	183.97
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			154.27	223.82	134.44	2,525.53

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
26/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(11-COPIII)	IAURT(LACTOZA) OU	1,392.60	5,586.60	1,094.80	37,222.00

Nr.	Denumire					
Total COPIII 0-3 ANI			1,392.60	5,586.60	1,094.80	37,222.00
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			167.16	288.99	86.28	2,580.60
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL		35.57	40.38	14.21	423.65

Nr.	Denumire					
	PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			171.96	373.74	63.78	2,727.90
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G ,IAURT200G,CHEC100G, GEM20G	BRANZA(LACTOZA) CHEC(OU, GLUTEN) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.50	130.24	26.20	930.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.62	18.64	7.40	154.80
3	PRANZ F2 REGIM PULPA PUI INF80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.35	91.20	34.90	841.10
4	CINA F1 REGIM TOCANITA DE FICAT DE PUI150G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	82.18	43.95	44.77	900.25
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			183.05	337.33	114.47	3,084.51
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI50G, BRANZA DIETETICA100G, MUSCHI FILE50G, OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	51.95	53.00	14.50	550.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	31.47	18.64	30.35	468.75
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE300ML		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE300G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100G ,MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			187.67	216.14	114.90	2,423.35

Nr.	Denumire					
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, OU FIERT 1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	58.10	33.10	731.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU IAURT SI OU400ML	IAURT(LACTOZA) OU TELINA	6.32	28.78	7.56	204.41
3	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF80G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			149.42	259.97	127.40	2,580.20
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 100,		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN ARDEI 80G		1.10	4.60	0.20	24.60
3	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, OU FIERT 1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	58.10	33.10	731.50
4	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G,IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
5	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU IAURT SI OU400ML	IAURT(LACTOZA) OU TELINA	6.32	28.78	7.56	204.41
6	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
7	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
8	CINA F1 COMUN FRIPTURA DE PULPA PUI INF80G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
9	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			171.84	428.51	161.48	3,641.76
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 100,		0.72	2.64	0.24	14.40

Nr.	Denumire					
2	MIC DEJUN COMUN CEAI ,ARDEI80G		1.10	4.60	0.20	24.60
3	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, OU FIERT 1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	50.30	58.10	33.10	731.50
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU IAURT SI OU400ML	IAURT(LACTOZA) OU TELINA	6.32	28.78	7.56	204.41
5	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
6	CINA F1 COMUN FRIPTURA DE PULPA PUI INF80G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			146.10	298.80	126.60	2,713.88

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
27/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	1,545.30	4,696.00	1,111.00	34,625.60

Nr.	Denumire					
Total COPIII 0-3 ANI			1,545.30	4,696.00	1,111.00	34,625.60
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			167.16	288.99	86.28	2,580.60
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60

Nr.	Denumire					
	CEAI250ML, PAINE100G, BRANZA DIETETICA100G					
Total REGIM SPECIAL			171.96	373.74	63.78	2,727.90
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G ,COZONAC 100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.90	102.10	13.44	689.16
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU PERISOARE DREASA CU IAURT	IAURT(LACTOZA) OU TELINA	25.16	16.64	19.38	231.19
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.87	41.75	33.29	582.05
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			148.56	269.40	83.00	2,293.37
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI50G, BRANZA DIETETICA100G,SUNCA PORC50G,UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA) UNT(LACTOZA)	40.75	55.80	22.80	591.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT350 ML CU PERISOASRE50G ,DREASA CU IAURT 400ML	IAURT(LACTOZA) OU TELINA	25.16	16.64	19.38	231.19
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE300ML		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA PORC80G SI OREZ CU LEGUME250G		34.37	43.15	42.84	502.05
7	CINA F2 DIABET CEAI250ML, PAINE100G ,MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			171.68	252.24	112.37	2,374.59
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	69.29	33.40	795.36
2	PRANZ F1 COMUN CIORBA ZARZAVAT SI FASOLE USCATA400ML	TELINA	15.34	40.04	6.30	278.37
3	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE DE SPANAC270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.23	58.81	43.74	597.07
4	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI TARANESTI 280G		34.00	60.15	33.70	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			152.37	281.59	118.34	2,601.09
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	69.29	33.40	795.36
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G,IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA ZARZAVAT SI FASOLE USCATA400ML	TELINA	15.34	40.04	6.30	278.37
4	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE DE SPANAC270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.23	58.81	43.74	597.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI TARANESTI 280G		34.00	60.15	33.70	672.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			172.97	442.89	151.98	3,623.65
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	69.29	33.40	795.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU PERISOARE 50G DREASA CU IAURT400ML	IAURT(LACTOZA) OU TELINA	25.16	16.64	44.38	438.19
3	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE	FAINA(GLUTEN) PAINE(GLUTEN)	40.23	58.81	43.74	597.07

Nr.	Denumire					
	DE SPANAC270G PAINE100G					
4	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI TARANESTI 280G		34.00	60.15	33.70	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			162.19	258.19	156.42	2,760.92

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
28/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(15-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	1,494.90	4,772.40	1,056.50	34,174.90
Total COPIII 0-3 ANI			1,494.90	4,772.40	1,056.50	34,174.90
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00

Nr.	Denumire					
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.02	197.53	18.16	1,021.20
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	30.18	26.27	28.21	476.09
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN) TELINA	47.13	106.97	15.76	751.04
4	CINA F1 COLITA, ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI PASTE CU BRANZA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.90	40.00	13.25	478.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			182.21	285.19	85.32	2,626.68
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN) TELINA	47.13	106.97	15.76	751.04
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	30.18	26.27	28.21	476.09
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G	TELINA	35.93	38.67	14.21	419.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			173.04	368.61	63.78	2,714.22
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G ,IAURT200G,EUGENIA 25G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	55.70	112.90	22.00	825.00

Nr.	Denumire							
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF 80G SI FIDEA ,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	32.13	16.03	30.39	462.15		
3	PRANZ F2 REGIM PIEPT DE PUI80G 80G OREZ CU LEGUME330G, PAINE100G	PAINE(GLUTEN) TELINA	47.93	89.94	15.99	688.19		
4	CINA F1 REGIM PULPA DE PUI INFERIOARA80G SI CARTOFI TARANESTII 300G		34.00	60.15	33.70	672.70		
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60		
Total REGIM			178.16	332.32	103.28	2,905.64		
DIA/HEP/AR R/ ONC R/ HIV R			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G BRANZA DIETETICA100G,SUNCA PUI 100G,UNT20G,OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	49.80	56.10	27.40	670.20		
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00		
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 80G SIFIDEA ,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.93	14.03	30.39	453.35		
4	PRANZ F2 DIABET PIEPT DE PUI80 G CU GHIVECI LEGUME250G	PAINE(GLUTEN) TELINA	48.66	84.28	16.16	670.54		
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20		
6	CINA F1 DIABET TOCANITA DE PULPA VITA130G SI MAMALIGA200G		43.33	41.95	33.32	435.80		
7	CINA F2 DIABET CEAI250ML, PAINE100G ,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40		
Total DIA/HEP/AR R/ ONC R/ HIV R			211.92	264.66	118.67	2,750.49		
COMUN			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G,UNT20G,MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	59.18	54.00	947.40		
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.01	8.06	10.67	148.68		
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25		
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU	PASTE(GLUTEN,OU)	33.95	42.70	33.70	602.70		

Nr.	Denumire					
	MACAROANE CU SOS ROSII250G					
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			157.78	263.09	156.12	2,996.63
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G,UNT20G,MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	59.18	54.00	947.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G,IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.01	8.06	10.67	148.68
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.95	42.70	33.70	602.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			178.38	424.39	189.76	4,019.19
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G,UNT20G,MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	59.18	54.00	947.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.01	8.06	10.67	148.68
3	PRANZ F2 COMUN PIEPT DE PUI 80GR SI OREZ CU LEGUME230G, PAINE100G	PAINE(GLUTEN) TELINA	47.93	89.94	15.99	688.19
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.95	42.70	33.70	602.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			152.46	253.18	115.56	2,644.57

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
29/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire		Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI		Alergeni				
1	SUPLIMENT PEDIATRIE 0-3 AN(14-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	1,163.30	3,992.30	835.50	27,857.50
Total COPIII 0-3 ANI			1,163.30	3,992.30	835.50	27,857.50
HIDRIC/HZL		Alergeni				
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.38	35.82	5.36	205.44
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.38	195.82	18.16	1,016.64
REGIM ULCER/COLECIST		Alergeni				
1	MIC DEJUN ULCER / COLECIST CEAI 250ML,	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	46.60	58.65	26.90	663.10

Nr.	Denumire					
	PAIN100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	PAIN(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	30.29	25.16	28.23	472.27
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAIN100G	PAIN(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G	TELINA	38.73	58.47	14.56	512.64
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAIN 100G	PAIN(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			168.35	282.75	86.30	2,563.10
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAIN100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV300G	BRANZA(LACTOZA) PAIN(GLUTEN)	33.50	131.80	3.20	684.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	30.18	26.27	28.21	476.09
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAIN100G	PAIN(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	14.56	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAIN100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAIN(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			171.78	360.72	63.58	2,677.78
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAIN100G, BRANZA DIETETICA100G, SUNCA PUI 50G IAURT200G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAIN(GLUTEN) SUNCA PUI(SOIA)	39.10	76.74	8.60	532.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU OREZ400ML	TELINA	2.57	14.77	5.34	113.82
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAIN100G	PAIN(GLUTEN) PASTE(GLUTEN,OU)	47.20	90.20	15.85	685.05
4	CINA F1 REGIM PULPA PUI INF 80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
5	CINA F2 REGIM CEAI250ML SI PAIN100G	PAIN(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
Total REGIM			128.15	242.12	64.53	2,035.85
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G BRANZA DIETETICA100G,SUNCA PUI 100G,UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	41.40	55.50	20.20	569.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU OREZ400ML	TELINA	2.46	14.88	5.32	113.64
4	PRANZ F2 DIABET PIEPT DE PUI SI SOTE DE SPANAC300G PAINE100G	PAINE(GLUTEN)	45.20	55.35	15.75	536.75
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE300G		31.10	3.85	42.60	330.45
7	CINA F2 DIABET CEAI250ML, PAINE100G , MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			152.21	194.08	100.57	2,070.74
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, MASLINE20G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	38.78	55.98	20.60	564.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU PERISOARE2BUC 400ML	OU TELINA	18.60	12.03	24.14	237.23
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN) TELINA	43.13	89.94	44.04	735.89
4	CINA F1 COMUN TOCANITA DE PULPE PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	47.18	43.95	50.77	814.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			156.08	255.20	140.75	2,609.37
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G,	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	38.78	55.98	20.60	564.40

Nr.	Denumire					
	MASLINE20G					
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G,LAPTE200G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU PERISOARE2BUC 400ML	OU TELINA	18.60	12.03	24.14	237.23
4	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN) TELINA	43.13	89.94	44.04	735.89
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN TOCANITA DE PULPE PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	47.18	43.95	50.77	814.25
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			176.68	418.30	172.39	3,629.13
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, MASLINE20G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	38.78	55.98	20.60	564.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU PERISOARE2BUC 400ML	OU TELINA	18.60	12.03	24.14	237.23
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN) TELINA	43.13	89.94	44.04	735.89
4	CINA F1 COMUN TOCANITA DE PULPE PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	47.18	43.95	50.77	814.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			156.08	255.20	140.75	2,609.37

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR