

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

07/04/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN(17-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU TELINA	1,118.20	2,375.10	631.80	19,531.40
<b>Total COPIII 0-3 ANI</b>			<b>1,118.20</b>	<b>2,375.10</b>	<b>631.80</b>	<b>19,531.40</b>
<b>HIDRIC/HZL</b>						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>19.72</b>	<b>194.53</b>	<b>18.16</b>	<b>1,008.00</b>
<b>REGIM ULCER/COLECIST</b>						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.88	23.27	28.21	462.89
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	59.10	107.80	14.60	799.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G	TELINA	35.93	38.67	14.21	419.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>179.91</b>	<b>281.69</b>	<b>85.12</b>	<b>2,601.68</b>

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN) TELINA	47.13	106.97	15.76	751.04
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.88	23.27	28.21	462.89
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G	TELINA	35.93	38.67	14.21	419.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>172.74</b>	<b>365.61</b>	<b>63.78</b>	<b>2,701.02</b>
<b>REGIM</b>						
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50,GEM20G, COZONAC100G, IAURT200G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	121.64	19.04	835.32
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FASOLE VERDE400ML	TELINA	2.27	4.16	5.41	70.81
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G	TELINA	31.23	40.04	33.29	577.49
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>145.80</b>	<b>307.04</b>	<b>75.19</b>	<b>2,462.27</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI50G,MUSCHI FILE 50G UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	44.95	53.60	23.70	607.50
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FASOLE VERDE400ML SI PULPA DE PUI INF80G	TELINA	29.02	3.16	28.36	380.36
4	PRANZ F2 DIABET PIEPT DE PUI SI SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
5	SUPLIMENT ORA 16 DIABET LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE350G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100,SUNCA DE PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>179.62</b>	<b>185.66</b>	<b>124.41</b>	<b>2,369.26</b>

Nr.	Denumire					
<b>COMUN</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	70.49	49.80	953.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU SMANTANA 400ML	PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	3.17	11.56	8.76	134.13
3	PRANZ F2 COMUN CARNATI DE PORC105G CU MANCARE DE MAZARE 270G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	56.69	832.37
4	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI UNGURESTI280G		34.00	60.15	33.70	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>143.00</b>	<b>256.61</b>	<b>150.15</b>	<b>2,850.15</b>
<b>ONC C/ AR C/ HIV C</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	70.49	49.80	953.36
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU SMANTANA 400ML	PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	3.17	11.56	8.76	134.13
4	PRANZ F2 COMUN CARNATI DE PORC105G CU MANCARE DE MAZARE 270G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	56.69	832.37
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT DE PRUNE 300ML,CHEC100G	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
6	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI UNGURESTI280G		34.00	60.15	33.70	672.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>163.60</b>	<b>417.91</b>	<b>183.79</b>	<b>3,872.71</b>
<b>LEHUZE COMUN</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	70.49	49.80	953.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU SMANTANA 400ML	PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	3.17	11.56	8.76	134.13
3	PRANZ F2 COMUN LAHUZE PIEPT DE PUI80G CU PASTE CU BRANZA DIETETICA250G, PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	58.30	88.50	14.45	717.25
4	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI UNGURESTI280G		34.00	60.15	33.70	672.70

Nr.	Denumire					
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>159.67</b>	<b>284.00</b>	<b>107.91</b>	<b>2,735.04</b>
<b>COMUN RELIGIOS</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CARTOFI FIERTI,MORCOVI FIERTI,PAINE	PAINE(GLUTEN)	14.97	108.68	1.86	510.50
2	PRANZ F1 COMUN RELIGIOS CIORBA DE ZARZAVAT 400ML		2.92	24.09	5.35	151.75
3	CINA F1 COMUN RELIGIOS CARTOFI UNGURESTI300G		6.85	59.41	10.69	354.05
4	PRANZ F2 COMUN RELIGIOS MANCARE DE MZARE250G, PAINE100G	PAINE(GLUTEN)	19.30	54.30	13.00	404.20
5	CINA F2 COMUN RELIGIOS CEAI,PAINE	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN RELIGIOS</b>			<b>52.44</b>	<b>299.78</b>	<b>32.10</b>	<b>1,678.10</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
--	--

MENIUL ZILNIC  
08/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
<b>COPIII 0-3 ANI</b>		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(18-COPIII)	IAURT(LACTOZA) OU TELINA	1,507.40	3,732.30	1,033.00	30,353.20
<b>Total COPIII 0-3 ANI</b>			<b>1,507.40</b>	<b>3,732.30</b>	<b>1,033.00</b>	<b>30,353.20</b>
<b>HIDRIC/HZL</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>19.72</b>	<b>194.53</b>	<b>18.16</b>	<b>1,008.00</b>
<b>REGIM ULCER/COLECIST</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.88	23.27	28.21	462.89
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G	TELINA	38.73	58.47	14.56	512.64
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>167.94</b>	<b>280.86</b>	<b>86.28</b>	<b>2,553.72</b>
<b>REGIM SPECIAL</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.88	23.27	28.21	462.89
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>169.32</b>	<b>340.23</b>	<b>63.18</b>	<b>2,587.14</b>
<b>REGIM</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50,GEM20G, CHEC100G, IAURT200G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.50	130.24	26.20	930.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	2.46	11.98	5.36	102.40
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	15.69	528.97

Nr.	Denumire					
	VERDE270G					
4	CINA F1 REGIM PULPA DE PUI INFERIOARA80G SI CARTOFI UNGURESTI 300G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>134.49</b>	<b>310.28</b>	<b>82.15</b>	<b>2,492.43</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI50G,MUSCHI FILE 50G UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	44.95	53.60	23.70	607.50
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 80G SIFIDEA400ML	PASTE(GLUTEN,OU) TELINA	29.50	13.43	28.31	422.91
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN) TELINA	47.93	89.94	15.99	688.19
5	SUPLIMENT ORA 16 DIABET IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE VITA 80G CU SOTE FASOLE VERDE350G		43.75	4.05	33.25	285.25
7	CINA F2 DIABET CEAI250ML, PAINE100,SUNCA DE PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>193.98</b>	<b>227.72</b>	<b>117.05</b>	<b>2,508.25</b>
<b>COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI SI DREASA CU SMANTANA400ML	SMANTANA(LACTOZA) TELINA	3.50	24.73	5.48	158.61
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.33	54.61	43.74	576.67
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>152.36</b>	<b>230.76</b>	<b>133.32</b>	<b>2,535.97</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI SI	SMANTANA(LACTOZA) TELINA	3.50	24.73	5.48	158.61

Nr.	Denumire					
	DREASA CU SMANTANA400ML					
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.33	54.61	43.74	576.67
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT DE PRUNE 300ML,CHEC100G	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>172.96</b>	<b>392.06</b>	<b>166.96</b>	<b>3,558.53</b>

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	57.98	37.60	789.40
2	PRANZ F2 COMUN PULPA DE PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN) TELINA	39.68	87.54	43.49	707.54
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI SI DREASA CU SMANTANA400ML	SMANTANA(LACTOZA) TELINA	3.50	24.73	5.48	158.61
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>152.70</b>	<b>263.70</b>	<b>133.07</b>	<b>2,666.85</b>

COMUN RELIGIOS		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CARTOFI FIERTI,MORCOVI FIERTI,PAINE	PAINE(GLUTEN)	14.97	108.68	1.86	510.50
2	PRANZ F1 COMUN RELIGIOS CIORBA DE ZARZAVAT 400ML		2.92	24.09	5.35	151.75
3	CINA F1 COMUN RELIGIOS CARTOFI UNGURESTI300G		6.85	59.41	10.69	354.05
4	PRANZ F2 COMUN RELIGIOS MANCARE DE FASOLE VERDE250G, PAINE100G	PAINE(GLUTEN)	11.10	50.30	11.60	342.80
5	CINA F2 COMUN RELIGIOS CEAI,PAINE	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN RELIGIOS</b>			<b>44.24</b>	<b>295.78</b>	<b>30.70</b>	<b>1,616.70</b>

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ  
 Contract/conventie: 4448067  
 CAS: 1SAMB

MENIUL ZILNIC  
 09/04/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN(14-COPIII)	IAURT(LACTOZA) OU	1,333.20	4,962.60	948.80	33,084.80
<b>Total COPIII 0-3 ANI</b>			<b>1,333.20</b>	<b>4,962.60</b>	<b>948.80</b>	<b>33,084.80</b>
<b>HIDRIC/HZL</b>						
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.02</b>	<b>197.53</b>	<b>18.16</b>	<b>1,021.20</b>
<b>REGIM ULCER/COLECIST</b>						
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	59.10	107.80	14.60	799.00
4	CINA F1 ULCER/COLECIST PIEPT PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>179.49</b>	<b>288.11</b>	<b>85.12</b>	<b>2,624.00</b>
<b>REGIM SPECIAL</b>						
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40

Nr.	Denumire					
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>171.96</b>	<b>373.74</b>	<b>63.78</b>	<b>2,727.90</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50, ROSIE80G, ARDEI80G, CASTRAVETE80G, BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	37.70	113.90	4.30	625.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARTOFI 400ML	TELINA	3.60	29.69	5.47	177.95
3	PRANZ F3 REGIM PORTOCALE200G		1.80	23.60	0.20	94.00
4	PRANZ F2 REGIM PULPA PUI INF80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.35	91.20	34.90	841.10
5	CINA F1 REGIM PULPA PUI80G SI MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	30.78	11.31	33.14	459.42
6	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>124.63</b>	<b>323.00</b>	<b>79.21</b>	<b>2,455.57</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.50	63.50	3.70	428.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI CARTOFI 400ML	TELINA	30.45	29.69	28.42	491.90
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE DOVLECEI200G, PAINE100G	PAINE(GLUTEN)	43.45	56.15	15.25	528.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM PORTOCALE200G		1.80	23.60	0.20	94.00
6	CINA F1 DIABET PULPA DE VITA 80G SI GHIVECI DE LEGUME250G		47.92	39.63	33.56	447.10
7	CINA F2 DIABET CEAI250ML, PAINE100, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>180.32</b>	<b>277.07</b>	<b>93.53</b>	<b>2,428.15</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G, BANANE200G, MASLINE25G , UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	45.88	104.53	47.10	1,006.90

Nr.	Denumire					
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) TELINA	4.19	17.91	9.12	165.61
3	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	40.25	65.60	43.30	624.85
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 300G		25.35	62.15	32.05	507.55
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>124.06</b>	<b>303.49</b>	<b>132.77</b>	<b>2,562.51</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G, BANANE200G, MASLINE25G , UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	45.88	104.53	47.10	1,006.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) TELINA	4.19	17.91	9.12	165.61
4	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	40.25	65.60	43.30	624.85
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT DE PRUNE 300ML,CHEC100G	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
6	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 300G		25.35	62.15	32.05	507.55
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>144.66</b>	<b>464.79</b>	<b>166.41</b>	<b>3,585.07</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, SUNCA PORC50G, MUSCHI FILE50G, BANANE200G, MASLINE25G , UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	45.88	104.53	47.10	1,006.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) TELINA	4.19	17.91	9.12	165.61
3	PRANZ F2 COMUN PULPA PORC80G CU CARTOFI SI MORCOV280G	PAINE(GLUTEN)	41.97	108.68	43.81	803.30
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 300G		25.35	62.15	32.05	507.55
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>125.78</b>	<b>346.57</b>	<b>133.28</b>	<b>2,740.96</b>
<b>COMUN RELIGIOS</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CARTOFI FIERTI,MORCOVI FIERTI,BANANA200G, GEM20G, PAINE	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.17	165.82	2.46	734.66
2	PRANZ F1 COMUN RELIGIOS CIORBA DE ZARZAVAT 400ML		2.92	24.09	5.35	151.75
3	CINA F1 COMUN RELIGIOS MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	3.63	10.57	10.13	140.77
4	PRANZ F2 COMUN RELIGIOS VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	13.75	67.71	11.29	425.65

Nr.	Denumire					
5	CINA F2 COMUN RELIGIOS CEAI,PAINE	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN RELIGIOS</b>			<b>45.87</b>	<b>321.49</b>	<b>30.43</b>	<b>1,710.43</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
--	--

MENIUL ZILNIC  
10/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	1,417.40	5,713.50	926.80	35,862.80
<b>Total COPIII 0-3 ANI</b>			<b>1,417.40</b>	<b>5,713.50</b>	<b>926.80</b>	<b>35,862.80</b>
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.02</b>	<b>197.53</b>	<b>18.16</b>	<b>1,021.20</b>
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10

Nr.	Denumire					
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	15.41	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>167.52</b>	<b>287.28</b>	<b>86.28</b>	<b>2,576.04</b>
<b>REGIM SPECIAL</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>171.96</b>	<b>373.74</b>	<b>63.78</b>	<b>2,727.90</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50, ROSIE80G, ARDEI80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.90	66.10	3.50	435.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INFERIOARA SI FIDEA DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.77	17.24	30.39	464.71
3	PRANZ F2 REGIM PIEPT DE PUI80G OREZ CU LEGUME 330G PAINE100G	PAINE(GLUTEN) TELINA	47.83	88.94	15.99	683.79
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA70G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	46.35	39.55	35.90	659.50
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>169.25</b>	<b>265.13</b>	<b>86.98</b>	<b>2,501.10</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI50G,MUSCHI FILE50G, ARDEI80G, ROSIE80G, CASTRAVETE80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.35	63.50	8.00	510.40
2	SUPLIMENT ORA 10 DIABET IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.77	17.24	30.39	464.71
4	PRANZ F2 DIABET VARZA CU ROSII 250G SI CARNE TOCATA DE PORC 60G	PAINE(GLUTEN)	35.65	68.45	36.91	598.35

Nr.	Denumire					
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET FRIPTURA PULPA VITA 80G LA CUPTOR 80G CU SOTE DE SPANAC350G		44.95	8.85	33.25	309.25
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>181.62</b>	<b>244.04</b>	<b>116.55</b>	<b>2,369.11</b>
<b>COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	70.49	49.80	953.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.06	25.13	10.72	221.64
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
4	CINA F1 COMUN PULPA DE PUI 80G CU GHIVECI DE LEGUME 310G		35.00	35.75	33.95	582.25
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>165.41</b>	<b>282.02</b>	<b>140.67</b>	<b>2,860.80</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 100,		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	70.49	49.80	953.36
3	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
4	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
5	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.06	25.13	10.72	221.64
6	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
7	CINA F1 COMUN PULPA DE PUI 80G CU GHIVECI DE LEGUME 310G		35.00	35.75	33.95	582.25
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>180.13</b>	<b>392.66</b>	<b>164.11</b>	<b>3,564.00</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	70.49	49.80	953.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.06	25.13	10.72	221.64
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G,	PAINE(GLUTEN)	42.77	91.65	44.04	740.45

Nr.	Denumire				
	PAINÉ100G				
4	CINA F1 COMUN PULPA DE PUI 80G CU GHIVECI DE LEGUME 310G		35.00	35.75	33.95 582.25
5	CINA F2 COMUN CEAI 250ML, PAINÉ 100G	PAINE(GLUTEN)	8.40	53.30	1.20 257.60
<b>Total LEHUZE COMUN</b>			<b>149.03</b>	<b>276.32</b>	<b>139.71 2,755.30</b>
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN RELIGIOS CARTOFI FIERTI,MORCOVI FIERTI,BANANA200G, GEM20G, PAINÉ100G,ROSII80G,ARDEI80G,CASTRAVETI90G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	22.40	202.84	3.70 906.26
2	PRANZ F1 COMUN RELIGIOS CIORBA DE ZARZAVAT 400ML		2.92	24.09	5.35 151.75
3	PRANZ F2 REGIM RELIGIOS SI VEGAN OREZ CU LEGUME270G, PAINÉ 100G	PAINE(GLUTEN)	15.77	91.65	12.09 530.45
4	3CINA F1 REGIM RELIGIOS SI VEGAN GHIVECI LEGUME310G	TELINA	8.48	35.07	11.06 266.54
5	CINA F2 COMUN RELIGIOS CEAI,PAINE	PAINE(GLUTEN)	8.40	53.30	1.20 257.60
<b>Total REGIM RELIGIOS - DESODAT</b>			<b>57.97</b>	<b>406.95</b>	<b>33.40 2,112.60</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
--	--

MENIUL ZILNIC  
11/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(19-COPIII)	IAURT(LACTOZA) OU	1,607.60	5,879.20	1,076.10 38,801.50
<b>Total COPIII 0-3 ANI</b>			<b>1,607.60</b>	<b>5,879.20</b>	<b>1,076.10 38,801.50</b>

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.02</b>	<b>197.53</b>	<b>18.16</b>	<b>1,021.20</b>
<b>REGIM ULCER/COLECIST</b>						
<b>Alergeni</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	58.30	88.50	14.45	717.25
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>181.49</b>	<b>288.61</b>	<b>85.32</b>	<b>2,635.80</b>
<b>REGIM SPECIAL</b>						
<b>Alergeni</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>171.96</b>	<b>373.74</b>	<b>63.78</b>	<b>2,727.90</b>
<b>REGIM</b>						
<b>Alergeni</b>						
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50, ROSIE80G, ARDEI80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.12	67.02	3.54	440.42
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	31.03	14.20	30.06	447.02
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACAROANE CU SOS ROSII	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45

Nr.	Denumire					
	PAINE250G					
4	CINA F1 REGIM PULPA PUI INF 80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>152.73</b>	<b>232.82</b>	<b>84.19</b>	<b>2,281.10</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI50G,MUSCHI FILE50G, ROSIE80G, CASTRAVETE80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.37	59.34	7.84	488.20
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	31.03	14.20	30.06	447.02
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA DE VITA 80G SI GHIVECI DE LEGUME250G		47.42	38.63	33.56	441.10
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>191.67</b>	<b>250.72</b>	<b>95.31</b>	<b>2,388.17</b>
<b>COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	58.95	49.80	907.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) TELINA	3.92	15.03	9.06	153.31
3	PRANZ F2 COMUN CARNATI PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	33.42	91.75	55.04	906.40
4	CINA F1 COMUN PULPA PUI80G CU MINCARE DE SPANAC250G	FAINA(GLUTEN)	31.68	10.31	33.54	462.62
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>133.22</b>	<b>229.34</b>	<b>148.64</b>	<b>2,687.12</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE ARDEI80G		1.10	4.60	0.20	24.60
2	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	58.95	49.80	907.20
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) TELINA	3.92	15.03	9.06	153.31
5	PRANZ F2 COMUN CARNATI PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	33.42	91.75	55.04	906.40
6	SUPLIMENT ORA 16 ONCOLOGIE COMPOT CIRESE 300G		1.20	46.50	0.00	190.80

Nr.	Denumire					
7	CINA F1 COMUN PULPA PUI80G CU MINCARE DE SPANAC250G	FAINA(GLUTEN)	31.68	10.31	33.54	462.62
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>148.32</b>	<b>341.94</b>	<b>172.04</b>	<b>3,400.52</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	58.95	49.80	907.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) TELINA	3.92	15.03	9.06	153.31
3	PRANZ F2 COMUN PIPET DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	CINA F1 COMUN PULPA PUI80G CU MINCARE DE SPANAC250G	FAINA(GLUTEN)	31.68	10.31	33.54	462.62
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>143.87</b>	<b>227.47</b>	<b>109.01</b>	<b>2,447.17</b>
<b>COMUN RELIGIOS</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CARTOFI FIERTI,MORCOVI FIERTI,BANANA200G, GEM20G, PAINE100G,ROSII80G,ARDEI80G,CASTRAVETI90G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	22.40	202.84	3.70	906.26
2	PRANZ F1 COMUN RELIGIOS CIORBA DE ZARZAVAT 400ML		2.92	24.09	5.35	151.75
3	PRANZ F2 COMUN RELIGIOS MANCARE DE FASOLE VERDE250G	FAINA(GLUTEN) PAINE(GLUTEN)	12.43	55.61	11.79	371.07
4	CINA F1 COMUN RELIGIOS MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	3.63	10.57	10.13	140.77
5	CINA F2 COMUN RELIGIOS CEAI,PAINE	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN RELIGIOS</b>			<b>49.78</b>	<b>346.40</b>	<b>32.17</b>	<b>1,827.44</b>

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
--	--

MENIUL ZILNIC

12/04/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN(18-COPIII)	IAURT(LACTOZA) OU	1,386.60	5,240.70	1,004.20	34,923.80
<b>Total COPIII 0-3 ANI</b>			<b>1,386.60</b>	<b>5,240.70</b>	<b>1,004.20</b>	<b>34,923.80</b>
<b>HIDRIC/HZL</b>						
<b>Alergeni</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.02</b>	<b>197.53</b>	<b>18.16</b>	<b>1,021.20</b>
<b>REGIM ULCER/COLECIST</b>						
<b>Alergeni</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50GOU ROSU	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	55.00	59.25	34.10	763.90
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F3 ULCER / COLECIS COZONAC 100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
5	CINA F1 ULCER/COLECIST PIEPT PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.57	40.38	14.21	423.65
6	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>182.76</b>	<b>334.49</b>	<b>103.92</b>	<b>2,983.96</b>
<b>REGIM SPECIAL</b>						
<b>Alergeni</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G,OU ROSU	BRANZA(LACTOZA) OU PAINE(GLUTEN)	42.80	142.00	10.60	826.20
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
4	PRANZ F3 COLITA / ENTEROCOLITA / REGIM SPECIAL	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56

Nr.	Denumire					
	COZONAC100G					
5	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
6	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>190.36</b>	<b>439.04</b>	<b>81.77</b>	<b>3,224.81</b>
<b>REGIM</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50, ROSIE80G, , OU ROSU	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	42.20	62.10	10.50	511.70
2	PRANZ F1 REGIM SUPA DE ZARZAVATCU PULPA PUI A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	31.47	18.64	30.35	468.75
3	PRANZ F2 REGIM PIEPT DE PUI80G SI CARTOFI TARANESTI LA CUPTOR 250G SI PAINE100G	PAINE(GLUTEN)	47.35	108.65	15.85	759.45
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.87	41.75	33.29	582.05
6	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>167.49</b>	<b>329.34</b>	<b>101.63</b>	<b>2,882.11</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI50G,MUSCHI FILE50G, ROSIE80G, OU ROSU 1 BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	53.05	57.30	14.80	574.60
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF65G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	31.47	18.64	30.35	468.75
4	PRANZ F2 DIABET SARMALE CU CARNE TOCATA,PAINE	PAINE(GLUTEN)	30.55	69.40	32.70	565.90
5	PRANZ F3 DIABET MERE200G		0.80	27.60	0.40	104.00
6	SUPLIMENT ORA 16 DIABET IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET TOCANITA PULPA VITA CU PIURE DE CARTOFI	UNT(LACTOZA)	53.60	77.40	42.80	704.00
8	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>197.97</b>	<b>316.74</b>	<b>134.25</b>	<b>2,899.65</b>
<b>COMUN</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU ROSU	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.55	13.62	7.18	132.82
3	PRANZ F2 COMUN SARMALE CU CARNE TOCATA PORC3BUC(150G) SI , PAINE100G	OU PAINE(GLUTEN)	32.43	69.05	34.51	588.33
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI TARANESTI		34.00	60.15	33.70	672.70

Nr.	Denumire					
	LA CUPTOR280G					
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>149.38</b>	<b>299.37</b>	<b>127.63</b>	<b>2,804.02</b>
<b>ONC C/ AR C/ HIV C</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU ROSU	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.55	13.62	7.18	132.82
4	PRANZ F2 COMUN SARMALE CU CARNE TOCATA PORC3BUC(150G) SI , PAINE100G	OU PAINE(GLUTEN)	32.43	69.05	34.51	588.33
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100GCOMPOT CIRESE 300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI TARANESTI LA CUPTOR280G		34.00	60.15	33.70	672.70
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>170.58</b>	<b>452.27</b>	<b>161.27</b>	<b>3,795.38</b>
<b>LEHUZE COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU ROSU	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.55	13.62	7.18	132.82
3	PRANZ F2 COMUN SARMALE CU CARNE TOCATA PORC3BUC(150G) SI , PAINE100G	OU PAINE(GLUTEN)	32.43	69.05	34.51	588.33
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI TARANESTI LA CUPTOR280G		34.00	60.15	33.70	672.70
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>149.38</b>	<b>299.37</b>	<b>127.63</b>	<b>2,804.02</b>
<b>COMUN RELIGIOS</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN RELIGIOS CARTOFI FIERTI,MORCOVI FIERTI,BANANA200G, MERE200G, GEM20G, PAINE100G,ROSII80G,ARDEI80G,	GEM(DIOXID DE SULF) PAINE(GLUTEN)	22.60	228.24	3.90	998.26
2	PRANZ F1 COMUN RELIGIOS CIORBA DE ZARZAVAT 400ML		2.92	24.09	5.35	151.75
3	CINA F1 COMUN RELIGIOS CARTOFI TARANESTI300G	FAINA(GLUTEN)	7.43	62.87	10.73	370.57
4	PRANZ F2 COMUN RELIGIOS VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	8.95	50.61	11.29	332.65
5	CINA F2 COMUN RELIGIOS CEAI,PAINE	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN RELIGIOS</b>			<b>50.30</b>	<b>419.11</b>	<b>32.47</b>	<b>2,110.83</b>

Nr.	Denumire

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
--	--

MENIUL ZILNIC  
12/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN(18-COPIII)	IAURT(LACTOZA) OU	1,386.60	5,240.70	1,004.20	34,923.80
<b>Total COPIII 0-3 ANI</b>			<b>1,386.60</b>	<b>5,240.70</b>	<b>1,004.20</b>	<b>34,923.80</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.02</b>	<b>197.53</b>	<b>18.16</b>	<b>1,021.20</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50GOU ROSU	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	55.00	59.25	34.10	763.90
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F3 ULCER / COLECIS COZONAC 100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56

Nr.	Denumire					
4	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
5	CINA F1 ULCER/COLECIST PIEPT PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.57	40.38	14.21	423.65
6	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>182.76</b>	<b>334.49</b>	<b>103.92</b>	<b>2,983.96</b>
<b>REGIM SPECIAL</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G,OU ROSU	BRANZA(LACTOZA) OU PAINE(GLUTEN)	42.80	142.00	10.60	826.20
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
4	PRANZ F3 COLITA / ENTEROCOLITA / REGIM SPECIAL COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
6	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>190.36</b>	<b>439.04</b>	<b>81.77</b>	<b>3,224.81</b>
<b>REGIM</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50, ROSIE80G, , OU ROSU	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	42.20	62.10	10.50	511.70
2	PRANZ F1 REGIM SUPA DE ZARZAVATCU PULPA PUI A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	31.47	18.64	30.35	468.75
3	PRANZ F2 REGIM PIEPT DE PUI80G SI CARTOFI TARANESTI LA CUPTOR 250G SI PAINE100G	PAINE(GLUTEN)	47.35	108.65	15.85	759.45
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.87	41.75	33.29	582.05
6	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>167.49</b>	<b>329.34</b>	<b>101.63</b>	<b>2,882.11</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI50G,MUSCHI FILE50G, ROSIE80G, OU ROSU 1 BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	53.05	57.30	14.80	574.60
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF65G A	IAURT(LACTOZA) OU TELINA	31.47	18.64	30.35	468.75

Nr.	Denumire					
	LA GREC400ML					
4	PRANZ F2 DIABET SARMALE CU CARNE TOCATA,PAINE	PAINE(GLUTEN)	30.55	69.40	32.70	565.90
5	PRANZ F3 DIABET MERE200G		0.80	27.60	0.40	104.00
6	SUPLIMENT ORA 16 DIABET IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET TOCANITA PULPA VITA CU PIURE DE CARTOFI	UNT(LACTOZA)	53.60	77.40	42.80	704.00
8	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>197.97</b>	<b>316.74</b>	<b>134.25</b>	<b>2,899.65</b>
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU ROSU	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.55	13.62	7.18	132.82
3	PRANZ F2 COMUN SARMALE CU CARNE TOCATA PORC3BUC(150G) SI , PAINE100G	OU PAINE(GLUTEN)	32.43	69.05	34.51	588.33
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI TARANESTI LA CUPTOR280G		34.00	60.15	33.70	672.70
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>149.38</b>	<b>299.37</b>	<b>127.63</b>	<b>2,804.02</b>
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU ROSU	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.55	13.62	7.18	132.82
4	PRANZ F2 COMUN SARMALE CU CARNE TOCATA PORC3BUC(150G) SI , PAINE100G	OU PAINE(GLUTEN)	32.43	69.05	34.51	588.33
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100GCOMPOT CIRESE 300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI TARANESTI LA CUPTOR280G		34.00	60.15	33.70	672.70
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>170.58</b>	<b>452.27</b>	<b>161.27</b>	<b>3,795.38</b>
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G BRANZA 100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU ROSU	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	58.35	40.60	850.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.55	13.62	7.18	132.82
3	PRANZ F2 COMUN SARMALE CU CARNE TOCATA	OU PAINE(GLUTEN)	32.43	69.05	34.51	588.33

Nr.	Denumire					
	PORC3BUC(150G) SI , PAINE100G					
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI TARANESTI LA CUPTOR280G		34.00	60.15	33.70	672.70
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>149.38</b>	<b>299.37</b>	<b>127.63</b>	<b>2,804.02</b>
<b>COMUN RELIGIOS</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CARTOFI FIERTI,MORCOVI FIERTI,BANANA200G, MERE200G, GEM20G, PAINE100G,ROSII80G,ARDEI80G,	GEM(DIOXID DE SULF) PAINE(GLUTEN)	22.60	228.24	3.90	998.26
2	PRANZ F1 COMUN RELIGIOS CIORBA DE ZARZAVAT 400ML		2.92	24.09	5.35	151.75
3	CINA F1 COMUN RELIGIOS CARTOFI TARANESTI300G	FAINA(GLUTEN)	7.43	62.87	10.73	370.57
4	PRANZ F2 COMUN RELIGIOS VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	8.95	50.61	11.29	332.65
5	CINA F2 COMUN RELIGIOS CEAI,PAINE	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN RELIGIOS</b>			<b>50.30</b>	<b>419.11</b>	<b>32.47</b>	<b>2,110.83</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
--	--

MENIUL ZILNIC  
13/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
<b>COPIII 0-3 ANI</b>		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	967.80	3,575.50	670.80	24,150.20
<b>Total COPIII 0-3 ANI</b>			<b>967.80</b>	<b>3,575.50</b>	<b>670.80</b>	<b>24,150.20</b>

Nr.	Denumire					
<b>HIDRIC/HZL</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.02</b>	<b>197.53</b>	<b>18.16</b>	<b>1,021.20</b>
<b>REGIM ULCER/COLECIST</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50GOU ROSU	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	55.00	59.25	34.10	763.90
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F3 ULCER / COLECIS CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
4	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
5	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
6	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>194.29</b>	<b>342.21</b>	<b>109.92</b>	<b>3,122.80</b>
<b>REGIM SPECIAL</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G,OU ROSU	BRANZA(LACTOZA) OU PAINE(GLUTEN)	42.80	142.00	10.60	826.20
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	PRANZ F3 COLITA / ENTEROCOLITA / REGIM SPECIAL CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
6	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>186.76</b>	<b>427.84</b>	<b>88.58</b>	<b>3,226.70</b>
<b>REGIM</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50, CHEC100G, OU ROSU	BRANZA(LACTOZA) CHEC(OU, GLUTEN) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	111.30	27.80	885.40

Nr.	Denumire					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FASOLE VERDE400ML	TELINA	29.62	9.16	28.36	406.76
3	PRANZ F2 REGIM PIEPT PUI80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	15.44	668.80
4	CINA F1 REGIM PULPA DE PUI INFERIOARA80G SI CARTOFI UNGURESTI 300G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>163.74</b>	<b>324.16</b>	<b>106.50</b>	<b>2,891.26</b>
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,MUSCHI FILE50G, OU ROSU 1 BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	59.25	54.90	15.30	594.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FASOLE VERDE400ML SI PULPA DE PUI INF80G DREASA CU IAURT SI OU	TELINA	29.04	9.55	28.36	405.16
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA DE PORC 80G SI GHIVECI DE LEGUME250G		34.62	35.78	43.01	475.10
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>190.76</b>	<b>238.78</b>	<b>110.52</b>	<b>2,486.41</b>
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU ROSU , UNT20G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	69.09	40.00	829.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	5.59	15.51	10.80	177.57
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
4	PRANZ F3 COMUN CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.82	726.30
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>176.17</b>	<b>335.20</b>	<b>163.97</b>	<b>3,428.88</b>
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU ROSU , UNT20G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	69.09	40.00	829.16
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00

Nr.	Denumire					
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	5.59	15.51	10.80	177.57
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
5	PRANZ F3 COMUN CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU, GLUTEN)	7.80	99.80	10.44	524.56
7	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.82	726.30
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>196.77</b>	<b>496.50</b>	<b>197.61</b>	<b>4,451.44</b>
<b>LEHUZE COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, OU ROSU , UNT20G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	69.09	40.00	829.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	5.59	15.51	10.80	177.57
3	PRANZ F2 COMUN PIPET DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	PRANZ F3 COMUN CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.82	726.30
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>166.99</b>	<b>325.23</b>	<b>122.83</b>	<b>3,055.08</b>
<b>COMUN RELIGIOS</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN RELIGIOS CARTOFI FIERTI,MORCOVI FIERTI, MERE200G, GEM20G, PAINE100G,ROSII80G,ARDEI80G,	GEM(DIOXID DE SULF) PAINE(GLUTEN)	20.40	182.64	3.30	820.26
2	PRANZ F1 COMUN RELIGIOS CIORBA DE ZARZAVAT 400ML		2.92	24.09	5.35	151.75
3	PRANZ F2 COMUN RELIGIOS IAHNIE DE FASOLE USCATA270G, PAINE100G	PAINE(GLUTEN)	31.95	97.61	12.99	635.65
4	CINA F1 COMUN RELIGIOS GHIVECI DE LEGUME250G		7.50	36.96	11.04	268.60
5	CINA F2 COMUN RELIGIOS CEAI,PAINE	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN RELIGIOS</b>			<b>71.17</b>	<b>394.60</b>	<b>33.88</b>	<b>2,133.86</b>

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

14/04/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire		Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI		Alergeni				
1	SUPLIMENT PEDIATRIE 0-3 AN(22-COPIII)	IAURT(LACTOZA) OU	1,933.20	5,306.20	1,382.70	41,020.10
<b>Total COPIII 0-3 ANI</b>			<b>1,933.20</b>	<b>5,306.20</b>	<b>1,382.70</b>	<b>41,020.10</b>
HIDRIC/HZL		Alergeni				
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.02</b>	<b>197.53</b>	<b>18.16</b>	<b>1,021.20</b>
REGIM ULCER/COLECIST		Alergeni				
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>167.16</b>	<b>288.99</b>	<b>86.28</b>	<b>2,580.60</b>

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>171.96</b>	<b>373.74</b>	<b>63.78</b>	<b>2,727.90</b>
<b>REGIM</b>						
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, GEM20G, OU FIERT1BUC.	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	48.40	71.24	11.00	577.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVATCU PULPA PUI INF80G A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	31.83	16.93	30.35	464.19
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM FICAT DE PUI150G SI GHIVECI DE LEGUME280G	TELINA	42.25	36.95	21.12	498.84
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>178.18</b>	<b>269.62</b>	<b>79.52</b>	<b>2,487.64</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	55.50	24.50	651.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	31.30	18.61	30.34	467.78
4	PRANZ F2 DIABET PIEPT DE PUI SI SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET MUSACA DE CARTOFI CU CARNE TOCATA VITA LA CUPTOR	CASCAVAL(LACTOZA) OU	47.95	62.55	35.05	618.25
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>200.45</b>	<b>279.01</b>	<b>113.74</b>	<b>2,768.98</b>

Nr.	Denumire					
<b>COMUN</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, SUNCA PUI50G, UNT20G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA) UNT(LACTOZA)	47.10	70.39	33.60	772.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU SMANTANA SI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.94	18.09	10.62	187.23
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	45.55	40.05	44.45	742.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>154.62</b>	<b>241.44</b>	<b>135.01</b>	<b>2,602.10</b>
<b>ONC C/ AR C/ HIV C</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, SUNCA PUI50G, UNT20G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA) UNT(LACTOZA)	47.10	70.39	33.60	772.36
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU SMANTANA SI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.94	18.09	10.62	187.23
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	47.63	59.61	45.14	642.47
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	45.55	40.05	44.45	742.45
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>175.22</b>	<b>402.74</b>	<b>168.65</b>	<b>3,624.66</b>
<b>LEHUZE COMUN</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, SUNCA PUI50G, UNT20G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA) UNT(LACTOZA)	47.10	70.39	33.60	772.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU SMANTANA SI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.94	18.09	10.62	187.23
3	PRANZ F2 COMUN PULPA PORC80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	41.97	108.68	43.81	803.30
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	45.55	40.05	44.45	742.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
<b>Total LEHUZE COMUN</b>			<b>148.96</b>	<b>290.51</b>	<b>133.68</b>	<b>2,762.94</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b>  <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: ISAMB</b>
--	--

MENIUL ZILNIC  
15/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
<b>COPIII 0-3 ANI</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	SUPLIMENT PEDIATRIE 0-3 AN(11-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	918.40	3,340.40	582.80	22,308.40
<b>Total COPIII 0-3 ANI</b>			<b>918.40</b>	<b>3,340.40</b>	<b>582.80</b>	<b>22,308.40</b>
<b>HIDRIC/HZL</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80	550.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36	210.00
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.02</b>	<b>197.53</b>	<b>18.16</b>	<b>1,021.20</b>
<b>REGIM ULCER/COLECIST</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10

Nr.	Denumire					
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT DE PUI80G SI CARTOFI CU BRANZA 330G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>179.49</b>	<b>288.11</b>	<b>85.12</b>	<b>2,624.00</b>
<b>REGIM SPECIAL</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>171.96</b>	<b>373.74</b>	<b>63.78</b>	<b>2,727.90</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, GEM20G, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	47.20	115.54	14.24	779.32
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.92	17.24	7.44	150.76
3	PRANZ F2 REGIM PIEPT DE PUI80G OREZ CU LEGUME330G, PAINE100G	PAINE(GLUTEN) TELINA	47.93	89.94	15.99	688.19
4	CINA F1 REGIM TOCANITA DE PULPA PUI80G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	48.18	43.95	34.77	674.25
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>156.63</b>	<b>319.97</b>	<b>73.64</b>	<b>2,550.12</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,MUSCHI FILE50G, OU FIERT1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	59.25	54.90	15.30	594.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.87	18.74	30.39	471.11

Nr.	Denumire					
	INFERIOARA80G SI FIDEA DREASA CU OU SI IAURT400ML					
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.85	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE PORC 80G SI GHIVECI DE LEGUME250G	TELINA	35.70	36.64	43.01	484.49
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>200.27</b>	<b>231.03</b>	<b>115.75</b>	<b>2,554.95</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, SUNCA PUI50G, UNT20G, GEM20G, OU FIERT1BUC,	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA) UNT(LACTOZA)	55.50	70.99	40.80	873.16
2	PRANZ F2 COMUN CARNATI PORC105G CU GARNITURA DE OREZ CU MORCOV250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN) TELINA	33.78	90.04	55.04	901.84
3	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU SMANTANA, OU SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	17.06	16.07	14.59	193.92
4	CINA F1 COMUN FICAT PUI150G CU GHIVECI DE LEGUME 250G		42.15	35.75	21.00	494.30
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>156.89</b>	<b>266.15</b>	<b>132.63</b>	<b>2,720.82</b>
<b>ONC C/ AR C/ HIV C</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, SUNCA PUI50G, UNT20G, GEM20G, OU FIERT1BUC,	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA) UNT(LACTOZA)	55.50	70.99	40.80	873.16
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F2 COMUN CARNATI PORC105G CU GARNITURA DE OREZ CU MORCOV250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN) TELINA	33.78	90.04	55.04	901.84
4	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU SMANTANA, OU SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	17.06	16.07	14.59	193.92
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT DE PRUNE 300ML,CHEC100G	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
6	CINA F1 COMUN FICAT PUI150G CU GHIVECI DE LEGUME 250G		42.15	35.75	21.00	494.30
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>176.69</b>	<b>436.05</b>	<b>173.43</b>	<b>3,838.82</b>
<b>LEHUZE COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU	55.50	70.99	40.80	873.16

Nr.	Denumire				
	CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, SUNCA PUI50G, UNT20G, GEM20G, OU FIERT1BUC,	PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA) UNT(LACTOZA)			
2	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU SMANTANA, OU SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	17.06	16.07	14.59
3	PRANZ F2 COMUN PIEPT 80G CU OREZ CU LEGUME300G	PAINE(GLUTEN)	47.57	91.65	15.99
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU CARTOFI CU MORCOV230G		33.42	60.18	33.61
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20
<b>Total LEHUZE COMUN</b>			<b>161.95</b>	<b>292.19</b>	<b>106.19</b>
			<b>2,686.28</b>		

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
--	--

MENIUL ZILNIC  
16/04/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide
1	SUPLIMENT PEDIATRIE 0-3 AN(11-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	1,010.20	3,523.90	692.40
<b>Total COPIII 0-3 ANI</b>			<b>1,010.20</b>	<b>3,523.90</b>	<b>692.40</b>
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	95.50	12.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	4.02	37.53	5.36
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00
<b>Total HIDRIC/HZL</b>			<b>20.02</b>	<b>197.53</b>	<b>18.16</b>
			<b>1,021.20</b>		

Nr.	Denumire					
<b>REGIM ULCER/COLECIST</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	59.10	107.80	14.60	799.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>179.49</b>	<b>288.11</b>	<b>85.12</b>	<b>2,624.00</b>
<b>REGIM SPECIAL</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	34.40	141.40	3.40	725.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF80G	TELINA	29.82	27.98	28.21	480.65
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>171.96</b>	<b>373.74</b>	<b>63.78</b>	<b>2,727.90</b>
<b>REGIM</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, GEM20G, IAURT200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.40	78.64	9.40	576.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVATCU A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.88	15.43	7.40	143.84
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.20	90.20	15.85	685.05
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>137.76</b>	<b>244.68</b>	<b>67.39</b>	<b>2,109.87</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA	52.25	55.50	24.50	651.50

Nr.	Denumire					
	PUI100G,MUSCHI FILE50G, UNT20G	PUI(SOIA) UNT(LACTOZA)				
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	31.43	12.43	30.35	444.59
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.85	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE PUI INF80G CU SOTE DE FASOLE VERDE350G		31.60	4.05	33.70	438.70
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>189.83</b>	<b>194.73</b>	<b>117.60</b>	<b>2,562.24</b>
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,BRANZA100G, CASCAVAL50G,SUNCA PORC50G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA)	50.85	59.65	29.90	711.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA	PASTE(GLUTEN,OU) TELINA	2.90	16.23	5.37	121.22
3	PRANZ F2 COMUN PULPA PORC80G SI MINCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	48.45	58.30	41.05	796.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>150.03</b>	<b>243.09</b>	<b>121.26</b>	<b>2,467.43</b>
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,BRANZA100G, CASCAVAL50G,SUNCA PORC50G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA)	50.85	59.65	29.90	711.10
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA	PASTE(GLUTEN,OU) TELINA	2.90	16.23	5.37	121.22
4	PRANZ F2 COMUN PULPA PORC80G SI MINCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PRUNE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	48.45	58.30	41.05	796.45
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>170.63</b>	<b>404.39</b>	<b>154.90</b>	<b>3,489.99</b>
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,BRANZA100G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	50.85	59.65	29.90	711.10

Nr.	Denumire					
	CASCAVAL50G,SUNCA PORC50G, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA	PASTE(GLUTEN,OU) TELINA	2.90	16.23	5.37	121.22
3	PRANZ F2 COMUN PULPA PORC80G SI MINCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.43	55.61	43.74	581.07
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	CASCAVAL(LACTOZA) OU SMANTANA(LACTOZA) UNT(LACTOZA)	48.45	58.30	41.05	796.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>150.03</b>	<b>243.09</b>	<b>121.26</b>	<b>2,467.43</b>

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR