

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: ISAMB

MENIUL ZILNIC

24/02/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 13-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	999.39	3,268.18	699.90	23,403.58
<b>Total COPIII 0-3 ANI</b>			<b>999.39</b>	<b>3,268.18</b>	<b>699.90</b>	<b>23,403.58</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>20.09</b>	<b>182.31</b>	<b>17.70</b>	<b>960.89</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	59.55	26.90	666.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	15.45	721.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>175.85</b>	<b>284.57</b>	<b>81.18</b>	<b>2,572.25</b>
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	113.50	2.80	606.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21

Nr.	Denumire					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	56.20	2.20	346.20
<b>Total REGIM SPECIAL</b>			<b>164.09</b>	<b>338.87</b>	<b>57.18</b>	<b>2,526.44</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI250ML,PAINE100G, BRANZA DIETETICA100G, SUNCA DE PUI50G, IAURT200G, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	111.00	19.04	792.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARTOFI 400ML	TELINA	3.37	27.07	5.01	166.84
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	15.45	721.05
4	CINA F1 REGIM PULPA PUI INF 75G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>146.55</b>	<b>287.27</b>	<b>73.44</b>	<b>2,388.46</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50G, MUSCHI FILE50G, OU FIERT1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	51.95	53.00	14.50	550.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 65G SI CARTOFI	TELINA	25.74	27.07	24.14	428.46
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA PORC80G CU SOTE DE FASOLE VERDE300G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA PORC50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>195.44</b>	<b>209.97</b>	<b>83.44</b>	<b>2,364.56</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI CU PAINE100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G, OU FIERT1BUC, UNT20G , GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.58	70.22	44.20	872.96
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA SI OASEPORC400ML	PASTE(GLUTEN,OU) TELINA	3.71	16.82	8.36	157.32
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE250G,	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07

Nr.	Denumire					
	PAINÉ100G					
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	45.45	835.45
5	CINA F2 COMUN CEAI 250ML, PAINÉ 100G	PAINÉ(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>159.26</b>	<b>256.29</b>	<b>116.20</b>	<b>2,707.99</b>
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINÉ100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G, OU FIERT1BUC, UNT20G , GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINÉ(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.58	70.22	44.20	872.96
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, BISCUITI DIGESTIVI80G	IAURT(LACTOZA)	12.40	47.00	17.60	447.20
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA SI OASEPORC400ML	PASTE(GLUTEN,OU) TELINA	3.71	16.82	8.36	157.32
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE250G, PAINÉ100G	FAINA(GLUTEN) PAINÉ(GLUTEN)	51.43	55.61	16.99	581.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	45.45	835.45
7	CINA F2 COMUN CEAI 250ML, PAINÉ 100G	PAINÉ(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>180.06</b>	<b>394.69</b>	<b>144.24</b>	<b>3,648.55</b>
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINÉ100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G, OU FIERT1BUC, UNT20G , GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINÉ(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.58	70.22	44.20	872.96
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA SI OASEPORC400ML	PASTE(GLUTEN,OU) TELINA	3.71	16.82	8.36	157.32
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE250G, PAINÉ100G	FAINA(GLUTEN) PAINÉ(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	45.45	835.45
5	CINA F2 COMUN CEAI 250ML, PAINÉ 100G	PAINÉ(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>159.26</b>	<b>256.29</b>	<b>116.20</b>	<b>2,707.99</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

**Spitalul Judetean de Urgenta Tg. Jiu**  
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**Contract/conventie: 4448067**  
**CAS: 1SAMB**

MENIUL ZILNIC  
25/02/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 10-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	867.20	3,006.80	566.00	20,203.20
<b>Total COPIII 0-3 ANI</b>			<b>867.20</b>	<b>3,006.80</b>	<b>566.00</b>	<b>20,203.20</b>
<b>HIDRIC/HZL</b>						
<b>Alergeni</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	4.96	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>17.76</b>	<b>940.80</b>
<b>REGIM ULCER/COLECIST</b>						
<b>Alergeni</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	14.96	755.60
4	CINA F1 ULCER/COLECIST PIEPT PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.57	40.38	13.41	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>162.69</b>	<b>288.99</b>	<b>80.46</b>	<b>2,528.28</b>
<b>REGIM SPECIAL</b>						
<b>Alergeni</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	14.96	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	13.41	423.65
5	CINA F2 COLITA,ENTEROCOLITA /	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60

Nr.	Denumire					
	REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G					
<b>Total REGIM SPECIAL</b>			<b>164.79</b>	<b>344.94</b>	<b>57.36</b>	<b>2,552.58</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI250ML,PAINE100G, BRANZA DIETETICA100G, SUNCA DE PUI50G, CASTRAVETE80G, ARDEI80G, BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	36.60	109.60	4.00	601.20
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G FIDEA400ML DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.76	17.03	26.17	414.23
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN) TELINA	44.58	88.54	14.64	664.24
4	PRANZ F3 REGIM CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 REGIM FICAT DE PUI150G CU CARTOFI UNGURESTI 250G		41.15	60.15	19.95	584.75
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>164.89</b>	<b>382.12</b>	<b>83.56</b>	<b>2,920.02</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 100G, CASCAVAL50G, ARDEI80G, CASTRAVETE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	54.20	61.35	11.70	566.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 65G SI FIDEA ,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.40	18.74	26.17	418.79
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN) TELINA	47.93	89.94	15.19	688.19
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA VITA80G CU SOTE DE DOVLECEI250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>192.98</b>	<b>258.98</b>	<b>75.11</b>	<b>2,460.33</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, CASTRAVETE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.00	59.95	33.60	761.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.64	19.49	10.18	191.27
3	PRANZ F2 COMUN CARNATI PORC100G CU VARZA CU ROSII250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	28.85	52.75	51.15	710.59
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60

Nr.	Denumire					
<b>Total COMUN</b>			<b>144.24</b>	<b>225.64</b>	<b>141.43</b>	<b>2,674.36</b>
<b>ONC C/ AR C/ HIV C</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, CASTRAVETE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.00	59.95	33.60	761.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, BISCUITI DIGESTIVI80G	IAURT(LACTOZA)	12.40	47.00	17.60	447.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.64	19.49	10.18	191.27
4	PRANZ F2 COMUN CARNATI PORC100G CU VARZA CU ROSII250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	28.85	52.75	51.15	710.59
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>165.04</b>	<b>364.04</b>	<b>169.47</b>	<b>3,614.92</b>
<b>LEHUZE COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, CASTRAVETE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.00	59.95	33.60	761.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.64	19.49	10.18	191.27
3	PRANZ F2 COMUN PIEPT DE PUI80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	14.96	755.60
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>162.16</b>	<b>281.57</b>	<b>105.24</b>	<b>2,719.37</b>
<b>REGIM RELIGIOS - DESODAT</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN RELIGIOS REGIM SI VEGAN CEAI 250ML CARTOF FIERT200G, CASTRAVETE80GR, ARDEI80GR,GEM20G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.55	164.99	2.70	734.86
2	PRANZ F1 REGIM RELIGIOS SI VEGAN SUPA CREMA DE LEGUME	TELINA	4.02	37.53	0.36	168.60
3	PRANZ F3 REGIM RELIGIOS SI VEGAN MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 REGIM RELIGIOS SI VEGAN OREZ CU LEGUME PAINE	PAINE(GLUTEN)	15.77	91.65	11.29	530.45
5	CINA F1 REGIM RELIGIOS SI VEGAN CARTOFI UNGURESTI 300G		7.15	60.15	9.95	358.75
6	CINA F2 REGIM RELIGIOS SI VEGAN CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM RELIGIOS - DESODAT</b>			<b>53.69</b>	<b>435.22</b>	<b>25.90</b>	<b>2,154.26</b>

Spitalul Judetean de Urgenta Tg. Jiu  
 Str. Progresului, nr. 18, Tg. Jiu, GORJ  
 Contract/conventie: 4448067  
 CAS: ISAMB

MENIUL ZILNIC  
 26/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 08-COPIII)	IAURT(LACTOZA) OU	720.40	2,575.20	457.00	16,847.80
<b>Total COPIII 0-3 ANI</b>			<b>720.40</b>	<b>2,575.20</b>	<b>457.00</b>	<b>16,847.80</b>
<b>HIDRIC/HZL</b>						
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	4.96	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>17.76</b>	<b>940.80</b>
<b>REGIM ULCER/COLECIST</b>						
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	14.61	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	13.76	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>162.69</b>	<b>288.99</b>	<b>80.46</b>	<b>2,528.28</b>
<b>REGIM SPECIAL</b>						
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE	TELINA	25.35	27.98	23.99	428.33

Nr.	Denumire					
	ZARZAVAT320ML SI PULPA PUI INF65G					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	14.61	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	13.76	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>164.79</b>	<b>344.94</b>	<b>57.36</b>	<b>2,552.58</b>
<b>REGIM</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML,PAINE100G, BRANZA DIETETICA100G, SUNCA DE PUI50G, IAURT200G,GEM20G,OU FIERT1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	77.34	15.80	633.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.92	12.49	25.84	390.13
3	PRANZ F2 REGIM PIEPT DE PUI65G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INF 75G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>160.25</b>	<b>239.58</b>	<b>90.48</b>	<b>2,405.61</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, CASCAVAL50G, ARDEI80G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	55.00	60.35	27.90	712.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.92	12.49	25.84	390.13
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA VITA 80G SI GHIVECI DE LEGUME250G		37.62	35.78	14.76	425.60
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>183.49</b>	<b>245.97</b>	<b>90.95</b>	<b>2,514.28</b>
<b>COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	45.50	115.84	42.90	1,012.86
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.70	18.34	6.76	152.16
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.15	97.35	18.25	845.95

Nr.	Denumire					
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>166.52</b>	<b>345.01</b>	<b>108.72</b>	<b>3,012.80</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 100G		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	45.50	115.84	42.90	1,012.86
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
4	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.70	18.34	6.76	152.16
5	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.15	97.35	18.25	845.95
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>188.44</b>	<b>500.55</b>	<b>142.60</b>	<b>4,018.56</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	45.50	115.84	42.90	1,012.86
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.70	18.34	6.76	152.16
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>149.02</b>	<b>336.01</b>	<b>107.47</b>	<b>2,887.85</b>
<b>REGIM RELIGIOS - DESODAT</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN RELIGIOS REGIM SI VEGAN CEAI 250ML CARTOF FIERT200G, CASTRAVETE80GR, ARDEI80GR,GEM20G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.55	164.99	2.70	734.86
2	PRANZ F1 REGIM RELIGIOS SI VEGAN SUPA CREMA DE LEGUME	TELINA	4.02	37.53	0.36	168.60
3	PRANZ F3 REGIM RELIGIOS SI VEGAN MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 REGIM RELIGIOS SI VEGAN PASTE CU SOS DE ROSII250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	14.65	88.35	11.00	511.00
5	CINA F1 REGIM RELIGIOS SI VEGAN MANCARE DE FASOLE VERDE 270g	FAINA(GLUTEN)	4.03	7.11	9.79	132.67
6	CINA F2 REGIM RELIGIOS SI VEGAN CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM RELIGIOS - DESODAT</b>			<b>49.45</b>	<b>378.88</b>	<b>25.45</b>	<b>1,908.73</b>

**Spitalul Judetean de Urgenta Tg. Jiu**  
**Str. Progresului, nr. 18, Tg. Jiu, GORJ**  
**Contract/conventie: 4448067**  
**CAS: ISAMB**

MENIUL ZILNIC  
27/02/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 08-COPIII)	IAURT(LACTOZA) OU	541.00	2,102.10	357.40	13,467.80
<b>Total COPIII 0-3 ANI</b>			<b>541.00</b>	<b>2,102.10</b>	<b>357.40</b>	<b>13,467.80</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	4.96	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>17.76</b>	<b>940.80</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	14.96	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	13.41	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>162.69</b>	<b>288.99</b>	<b>80.46</b>	<b>2,528.28</b>
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40

Nr.	Denumire					
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	14.96	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	13.41	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>164.79</b>	<b>344.94</b>	<b>57.36</b>	<b>2,552.58</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI250ML,PAINE100G, BRANZA DIETETICA100G, SUNCA DE PUI50G, IAURT 200G,CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.50	118.70	26.20	884.60
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G FIDEA400ML DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.87	15.92	26.19	410.41
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM FICAT DE PUI150G CU CARTOFI UNGURESTI 250G		41.15	60.15	19.95	584.75
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>167.15</b>	<b>303.68</b>	<b>88.43</b>	<b>2,670.72</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, ARDEI80G,OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	49.50	59.50	11.20	536.80
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.87	15.92	26.19	410.41
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET TOCANITA DE PULPA DE VITA 80G SI MAMALIGA200G		34.33	41.95	14.52	435.80
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA 100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>189.25</b>	<b>256.02</b>	<b>75.16</b>	<b>2,435.86</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	69.89	40.60	896.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.99	12.63	10.19	166.15

Nr.	Denumire					
3	PRANZ F2 COMUN CARNATI DE PORC 105G SI OREZ CU LEGUME250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	36.77	93.15	54.79	930.35
4	CINA F1 COMUN PULPA PUI80G CU MINCARE DE FASOLE VERDE 250G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>144.84</b>	<b>236.07</b>	<b>139.52</b>	<b>2,696.88</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 80		0.60	2.20	0.20	12.00
2	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	69.89	40.60	896.16
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.99	12.63	10.19	166.15
5	PRANZ F2 COMUN CARNATI DE PORC 105G SI OREZ CU LEGUME250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	36.77	93.15	54.79	930.35
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN PULPA PUI80G CU MINCARE DE FASOLE VERDE 250G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>166.64</b>	<b>391.17</b>	<b>173.36</b>	<b>3,700.24</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 80		0.60	2.20	0.20	12.00
2	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	69.89	40.60	896.16
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.99	12.63	10.19	166.15
4	PRANZ F2 COMUN PIEPT DE PUI 80GR SI OREZ CU LEGUME230G, PAINE100G	PAINE(GLUTEN)	47.57	91.65	15.19	692.75
5	CINA F1 COMUN PULPA PUI80G CU MINCARE DE FASOLE VERDE 250G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>156.24</b>	<b>236.77</b>	<b>100.12</b>	<b>2,471.28</b>
<b>REGIM RELIGIOS - DESODAT</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN RELIGIOS REGIM SI VEGAN CEAI 250ML CARTOF FIERT200G, CASTRAVETE80GR, ARDEI80GR,GEM20G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.55	164.99	2.70	734.86
2	PRANZ F1 REGIM RELIGIOS SI VEGAN SUPA CREMA DE LEGUME	TELINA	4.02	37.53	0.36	168.60
3	PRANZ F3 REGIM RELIGIOS SI VEGAN MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 REGIM RELIGIOS SI VEGAN OREZ CU LEGUME PAINE	PAINE(GLUTEN)	15.77	91.65	11.29	530.45

Nr.	Denumire					
5	CINA F1 REGIM RELIGIOS SI VEGAN CARTOFI UNGURESTI250G, PAINE100G		7.15	60.15	9.95	358.75
6	CINA F2 REGIM RELIGIOS SI VEGAN CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM RELIGIOS - DESODAT</b>			<b>53.69</b>	<b>435.22</b>	<b>25.90</b>	<b>2,154.26</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b>  <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
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MENIUL ZILNIC  
01/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRICE 0-3 AN( 10-COPIII)	IAURT(LACTOZA) OU	746.00	2,442.60	475.20	16,732.00
<b>Total COPIII 0-3 ANI</b>			<b>746.00</b>	<b>2,442.60</b>	<b>475.20</b>	<b>16,732.00</b>

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	4.96	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>17.76</b>	<b>940.80</b>

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.25	26.48	23.99	421.93
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	58.30	88.50	14.45	717.25
4	CINA F1 ULCER/COLECIST PIEPT PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.57	40.38	13.41	423.65

Nr.	Denumire					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>174.12</b>	<b>267.31</b>	<b>79.95</b>	<b>2,483.53</b>
<b>REGIM SPECIAL</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	14.96	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.25	26.48	23.99	421.93
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	13.41	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>164.69</b>	<b>343.44</b>	<b>57.36</b>	<b>2,546.18</b>
<b>REGIM</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML,PAINE100G, BRANZA DIETETICA100G, SUNCA DE PUI50G, IAURT200G, GEM20G, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	121.64	19.04	835.32
2	PRANZ F1 REGIM SUPA DE ZARZAVAT A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	4.88	15.43	7.00	143.84
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	15.45	721.05
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI TARANESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>151.18</b>	<b>338.42</b>	<b>75.59</b>	<b>2,630.51</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G,OU FIERT1BUC.G,UNT20G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	49.80	56.10	27.40	670.20
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT PULPA PUI INF65G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	26.63	14.26	26.07	397.73
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET TOCANITA DE PULPA DE VITA 80G SI MAMALIGA200G		34.33	41.95	14.52	435.80

Nr.	Denumire					
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	24.20	51.40	2.50	324.90
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>187.11</b>	<b>251.86</b>	<b>91.54</b>	<b>2,558.08</b>
<b>COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.48	12.24	6.72	127.32
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.15	97.35	18.25	845.95
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	32.49	577.49
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>182.46</b>	<b>322.18</b>	<b>115.26</b>	<b>3,055.56</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE ARDEI80G		1.10	4.60	0.20	24.60
2	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.48	12.24	6.72	127.32
5	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	55.75	1,040.25
6	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
8	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	32.49	577.49
9	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>187.66</b>	<b>473.58</b>	<b>179.44</b>	<b>4,170.38</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	65.75	39.00	849.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.48	12.24	6.72	127.32
3	PRANZ F2 COMUN LAHUZE PIEPT DE PUI CU PASTE CU BRANZA DIETETICA250G, PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	15.45	721.05

Nr.	Denumire					
4	PRANZ F3 COMUN CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	32.49	577.49
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>168.91</b>	<b>312.73</b>	<b>112.46</b>	<b>2,930.66</b>

REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN RELIGIOS REGIM SI VEGAN CEAI 250ML CARTOF FIERT200G ,MORCOV FIERT200G GEM20G, BANANA200G, MAR200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	18.90	209.79	3.20	904.76
2	PRANZ F1 REGIM RELIGIOS SI VEGAN SUPA CREMA DE LEGUME	TELINA	3.92	36.03	0.36	162.20
3	PRANZ F3 REGIM RELIGIOS SI VEGAN MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 REGIM RELIGIOS SI VEGAN IAHNIE DE FASOLE USCATA	PAINE(GLUTEN)	31.65	96.87	12.13	630.95
5	CINA F1 REGIM RELIGIOS ,VEGAN GARNITURA DE OREZ CU MORCOV250G		3.65	37.87	9.48	251.40
6	CINA F2 REGIM RELIGIOS SI VEGAN CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM RELIGIOS - DESODAT</b>			<b>67.32</b>	<b>461.46</b>	<b>26.77</b>	<b>2,310.91</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b>  <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
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MENIUL ZILNIC  
02/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 10-COPII)	IAURT(LACTOZA) OU	814.80	3,033.20	532.80	19,761.20
<b>Total COPIII 0-3 ANI</b>			<b>814.80</b>	<b>3,033.20</b>	<b>532.80</b>	<b>19,761.20</b>

HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	4.96	196.80

Nr.	Denumire					
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>17.76</b>	<b>940.80</b>
<b>REGIM ULCER/COLECIST</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.25	26.48	23.99	421.93
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	14.61	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	13.76	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>162.59</b>	<b>287.49</b>	<b>80.46</b>	<b>2,521.88</b>
<b>REGIM SPECIAL</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.25	26.48	23.99	421.93
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	14.61	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	13.76	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>164.69</b>	<b>343.44</b>	<b>57.36</b>	<b>2,546.18</b>
<b>REGIM</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML,PAINE100G, BRANZA DIETETICA100G, SUNCA DE PUI50G, IAURT200G, GEM20G, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	121.64	19.04	835.32
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G FIDEA400ML	PASTE(GLUTEN,OU) TELINA	25.24	14.98	24.09	377.63
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN) TELINA	44.58	88.54	14.64	664.24
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>155.40</b>	<b>285.57</b>	<b>91.71</b>	<b>2,581.40</b>

Nr.	Denumire					
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G,OU FIERT1BUC, UNT20G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	49.80	56.10	27.40	670.20
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FIDEA	PASTE(GLUTEN,OU) TELINA	25.24	14.98	24.09	377.63
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA PORC80G CU SOTE DE FASOLE VERDE300G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>186.94</b>	<b>224.58</b>	<b>95.29</b>	<b>2,474.43</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, GEM20G, OU FIERT1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.09	57.00	1,054.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.90	16.28	10.18	180.31
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA DE PUI INF80G SI CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>163.93</b>	<b>256.43</b>	<b>118.27</b>	<b>2,745.83</b>
<b>ONC C/ AR C/ HIV C</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, GEM20G, OU FIERT1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.09	57.00	1,054.16
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.90	16.28	10.18	180.31
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA DE PUI INF80G SI CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>185.13</b>	<b>409.33</b>	<b>151.91</b>	<b>3,737.19</b>

Nr.	Denumire					
<b>LEHUZE COMUN</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, GEM20G, OU FIERT1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.09	57.00	1,054.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.90	16.28	10.18	180.31
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN) TELINA	51.63	88.17	16.71	709.59
4	CINA F1 COMUN PULPA DE PUI INF80G SI CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>164.13</b>	<b>288.99</b>	<b>117.99</b>	<b>2,874.36</b>
<b>REGIM RELIGIOS - DESODAT</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN RELIGIOS REGIM SI VEGAN CEAI 250ML CARTOF FIERT200G ,MORCOV FIERT200G GEM20G, BANANA200G, MAR200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	18.90	209.79	3.20	904.76
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU FIDEA	PASTE(GLUTEN,OU) TELINA	2.23	13.27	4.75	104.75
3	PRANZ F3 REGIM RELIGIOS SI VEGAN MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 REGIM RELIGIOS SI VEGAN MANCARE DE FASOLE VERDE300G	PAINE(GLUTEN)	11.25	50.67	10.83	345.15
5	CINA F1 REGIM RELIGIOS SI VEGAN CARTOFI UNGURESTI 300G		7.15	60.15	9.95	358.75
6	CINA F3 REGIM RELIGIOS SI VEGAN BANANA200G		2.20	45.60	0.60	178.00
7	CINA F2 REGIM RELIGIOS SI VEGAN CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM RELIGIOS - DESODAT</b>			<b>50.93</b>	<b>460.38</b>	<b>30.93</b>	<b>2,253.01</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR