

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: ISAMB

MENIUL ZILNIC

20/03/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN(23-COPIII)	IAURT(LACTOZA) OU	2,009.00	6,740.50	1,426.60	47,141.20
<b>Total COPIII 0-3 ANI</b>			<b>2,009.00</b>	<b>6,740.50</b>	<b>1,426.60</b>	<b>47,141.20</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>18.16</b>	<b>940.80</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER/COLECIST PIEPT PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>162.69</b>	<b>288.99</b>	<b>82.46</b>	<b>2,528.28</b>
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI	TELINA	25.35	27.98	24.39	428.33

Nr.	Denumire					
	PULPA PUI INF65G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>164.79</b>	<b>344.94</b>	<b>59.36</b>	<b>2,552.58</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA,SUNCA PUI50G, ROSII 80G.COZONAC 100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.00	106.40	13.74	713.46
2	PRANZ F1 REGIM SUPA DE ZARZAVATCU PULPA PUI A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	27.00	18.64	26.53	416.43
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	15.70	677.70
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI CU BRANZA GRATINATI LA CUPTOR300G	BRANZA(LACTOZA) OU	47.15	58.85	36.05	741.25
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>170.10</b>	<b>326.54</b>	<b>93.22</b>	<b>2,806.44</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI50G,MUSCHI FILE50G, ,UNT 20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	44.95	53.60	23.70	607.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT PULPA PUI INF65G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	27.00	18.64	26.53	416.43
4	PRANZ F2 DIABET PIEPT DE PUI80G CU GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	44.42	92.25	15.44	677.60
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET FRIPTURA PULPA VITA 80G LA CUPTOR 80G CU SOTE DE SPANAC350G		44.95	8.85	33.25	309.25
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA 100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>199.52</b>	<b>239.84</b>	<b>112.32</b>	<b>2,534.18</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G .	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI DOVLECEI ,DREASA CU OU SI IAURT 400ML	OU TELINA	5.54	13.19	10.53	165.22
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
4	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.82	726.30

Nr.	Denumire					
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>175.92</b>	<b>268.04</b>	<b>139.50</b>	<b>2,938.57</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE CASTRAVETI		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G .	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, BANANA 200G	IAURT(LACTOZA)	8.60	53.60	6.20	278.00
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI DOVLECEI ,DREASA CU OU SI IAURT 400ML	OU TELINA	5.54	13.19	10.53	165.22
5	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	56.55	1,040.25
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT CIRESE300G,BANANA 200G		3.40	92.10	0.60	368.80
7	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.82	726.30
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>188.64</b>	<b>416.38</b>	<b>146.54</b>	<b>3,599.77</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G .	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI DOVLECEI ,DREASA CU OU SI IAURT 400ML	OU TELINA	5.54	13.19	10.53	165.22
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	15.70	673.30
4	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.82	726.30
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>169.12</b>	<b>256.54</b>	<b>98.65</b>	<b>2,571.62</b>
<b>REGIM RELIGIOS - DESODAT</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN RELIGIOS REGIM SI VEGAN CEAI 250ML CARTOF FIERT200G ,MORCOV FIERT200G GEM20G, CASTRAVETI80G,ROSII80G,BANANE200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	19.80	188.69	3.30	837.06
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	2.60	18.19	5.36	126.96
3	PRANZ F2 REGIM RELIGIOS SI VEGAN OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN)	15.77	91.65	12.09	530.45
4	CINA F1 REGIM RELIGIOS SI VEGAN MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	3.93	11.31	10.19	145.47
5	CINA F2 RELIGIOS SI VEGAN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM RELIGIOS - DESODAT</b>			<b>50.50</b>	<b>363.14</b>	<b>32.14</b>	<b>1,897.54</b>

Nr.	Denumire

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

<p><b>Spitalul Judetean de Urgenta Tg. Jiu</b></p> <p><b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b></p> <p><b>Contract/conventie: 4448067</b></p> <p><b>CAS: 1SAMB</b></p>
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MENIUL ZILNIC  
21/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN(18-COPIII)	IAURT(LACTOZA) OU	1,610.30	5,978.80	1,145.40	39,967.60
<b>Total COPIII 0-3 ANI</b>			<b>1,610.30</b>	<b>5,978.80</b>	<b>1,145.40</b>	<b>39,967.60</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>18.16</b>	<b>940.80</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT DE PUI80G SI CARTOFI CU BRANZA 330G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>175.02</b>	<b>288.11</b>	<b>81.30</b>	<b>2,571.68</b>

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>164.79</b>	<b>344.94</b>	<b>59.36</b>	<b>2,552.58</b>
<b>REGIM</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA,SUNCA PUI50G, GEM20G,OU FIERT1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	41.10	69.34	10.20	533.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G SI FIDEA ,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.40	18.74	26.57	418.79
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA70G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	46.35	39.55	35.90	659.50
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
<b>Total REGIM</b>			<b>168.08</b>	<b>286.64</b>	<b>89.56</b>	<b>2,605.61</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,CASCAVAL50G, OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	60.90	55.15	18.50	630.70
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 65G SI FIDEA ,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.51	18.63	26.59	418.97
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE PORC 80GR SI MACAROANE CU BRANZA LA CUPTOR 280GR	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	47.20	40.15	43.10	551.75
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA DE PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>210.26</b>	<b>237.68</b>	<b>117.24</b>	<b>2,633.27</b>
<b>COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,	BRANZA(LACTOZA)	48.68	111.23	47.70	1,068.90

Nr.	Denumire					
	PAINE100G, BRANZA 100G,SUNCA DE PORC 50G, MUSCHI FILE50G .MASLINE25G,CHEC100G	CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.11	29.73	10.74	239.58
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
4	CINA F1 COMUN TOCANITA DE PULPA PUI 80G SI CATOFI NATUR260G	UNT(LACTOZA)	34.98	62.35	42.02	760.30
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>141.94</b>	<b>348.26</b>	<b>145.70</b>	<b>3,066.83</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 100		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G,SUNCA DE PORC 50G, MUSCHI FILE50G .MASLINE25G,CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.68	111.23	47.70	1,068.90
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.11	29.73	10.74	239.58
5	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC 100G,COMPOT DE CIRESE300ML	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
7	CINA F1 COMUN TOCANITA DE PULPA PUI 80G SI CATOFI NATUR260G	UNT(LACTOZA)	34.98	62.35	42.02	760.30
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>163.86</b>	<b>503.80</b>	<b>179.58</b>	<b>4,072.59</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G,SUNCA DE PORC 50G, MUSCHI FILE50G .MASLINE25G,CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	48.68	111.23	47.70	1,068.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.11	29.73	10.74	239.58
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
4	CINA F1 COMUN TOCANITA DE PULPA PUI 80G SI CATOFI NATUR260G	UNT(LACTOZA)	34.98	62.35	42.02	760.30
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>141.94</b>	<b>348.26</b>	<b>145.70</b>	<b>3,066.83</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC  
22/03/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(18-COPIII)	IAURT(LACTOZA) OU	1,563.10	4,691.20	1,132.80	34,905.60
<b>Total COPIII 0-3 ANI</b>			<b>1,563.10</b>	<b>4,691.20</b>	<b>1,132.80</b>	<b>34,905.60</b>
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>18.16</b>	<b>940.80</b>
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>162.69</b>	<b>288.99</b>	<b>82.46</b>	<b>2,528.28</b>
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA /	TELINA	25.35	27.98	24.39	428.33

Nr.	Denumire					
	REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>164.79</b>	<b>344.94</b>	<b>59.36</b>	<b>2,552.58</b>
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA,SUNCA PUI50G,IAURT200G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.10	76.74	8.60	532.76
2	PRANZ F1 REGIM CIORBA ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI CARTOFI , DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU TELINA	28.54	31.38	26.70	475.17
3	PRANZ F2 REGIM PIEPT DE PUI80G OREZ CU LEGUME 330G PAINE100G	PAINE(GLUTEN)	47.47	90.65	15.99	688.35
4	CINA F1 REGIM PULPA DE PUI150G CU CARTOFI UNGURESTI 250G		34.00	60.15	33.70	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>157.51</b>	<b>312.22</b>	<b>86.19</b>	<b>2,626.58</b>
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	41.40	55.50	20.20	569.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF65G SI CARTOFI ,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU TELINA	28.51	30.13	26.70	469.96
4	PRANZ F2 DIABET PULPA DE PORC 80G CU SOTE DE FASOLE VERDE350G SI PAINE100G	PAINE(GLUTEN)	40.05	51.55	43.90	568.75
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET TOCANITA DE PULPA VITA 80G SI MAMALIGA200G		43.33	41.95	33.32	435.80
7	CINA F2 DIABET CEAI250ML, PAINE100,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>191.49</b>	<b>245.63</b>	<b>137.52</b>	<b>2,567.31</b>
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G,CASCAVAL50G.SUNCA DE PORC 50G, MUSCHI FILE50G .UNT20G,GEM20G,OU FIERT1 BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.09	57.00	1,054.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA, DREASA CU OU SI SMANTANA400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.81	18.23	7.18	152.34
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15

Nr.	Denumire					
	PAINE100G					
4	CINA F1 COMUN PULPA PUI80G CU MINCARE DE FASOLE VERDE 250G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>150.79</b>	<b>240.93</b>	<b>142.82</b>	<b>2,647.87</b>
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G,CASCAVAL50G.SUNCA DE PORC 50G, MUSCHI FILE50G .UNT20G,GEM20G,OU FIERT1 BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.09	57.00	1,054.16
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV SMANTANA100G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) SMANTANA(LACTOZA)	7.20	44.90	10.44	302.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA, DREASA CU OU SI SMANTANA400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.81	18.23	7.18	152.34
4	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC 100G,COMPOT DE CIRESE300ML	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN PULPA PUI80G CU MINCARE DE FASOLE VERDE 250G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>165.59</b>	<b>385.83</b>	<b>170.86</b>	<b>3,539.23</b>
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G,CASCAVAL50G.SUNCA DE PORC 50G, MUSCHI FILE50G .UNT20G,GEM20G,OU FIERT1 BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.09	57.00	1,054.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA, DREASA CU OU SI SMANTANA400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.81	18.23	7.18	152.34
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
4	CINA F1 COMUN PULPA PUI80G CU MINCARE DE FASOLE VERDE 250G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>150.79</b>	<b>240.93</b>	<b>142.82</b>	<b>2,647.87</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

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MENIUL ZILNIC

23/03/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	1,456.00	3,697.00	1,062.60	30,183.80
<b>Total COPIII 0-3 ANI</b>			<b>1,456.00</b>	<b>3,697.00</b>	<b>1,062.60</b>	<b>30,183.80</b>
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>18.16</b>	<b>940.80</b>
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA50G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	38.10	57.65	26.40	620.60
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>154.19</b>	<b>287.99</b>	<b>81.96</b>	<b>2,485.78</b>
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA50G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	23.20	111.60	2.30	559.90
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60

Nr.	Denumire					
	DIETETICA100G					
<b>Total REGIM SPECIAL</b>			<b>156.29</b>	<b>343.94</b>	<b>58.86</b>	<b>2,510.08</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA,SUNCA PUI 50G,GEM20G.OU FIERT1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	41.10	69.34	10.20	533.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML SI PULPA DE PUI INFERIOARA65G	IAURT(LACTOZA) OU TELINA	27.11	18.53	26.55	416.61
3	PRANZ F2 REGIM PIEPT DEPUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.30	91.20	15.85	689.45
4	CINA F1 REGIM TOCANITA PULPA VITA 150G SI OREZ CU MORCOV 250G		44.15	46.20	43.11	536.15
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>168.06</b>	<b>278.57</b>	<b>96.91</b>	<b>2,433.37</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,UNT20G,CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	53.90	55.75	27.70	687.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF65G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	27.11	18.53	26.55	416.61
4	PRANZ F2 DIABET PULPA DE PUI 80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	41.20	57.35	34.90	701.10
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE300G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100,SUNCA DE PUI 100G	PAINE(GLUTEN) SUNCA PUI(SOIA)	23.00	52.30	2.80	326.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>189.76</b>	<b>203.98</b>	<b>145.85</b>	<b>2,666.76</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.SUNCA DE PORC 100G, MUSCHI FILE50G,MASLINE25G .CHEC100G	CHEC(OU, GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	39.33	111.43	34.10	909.90
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU 400ML	OU TELINA	5.81	29.73	7.29	203.33
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>149.45</b>	<b>351.99</b>	<b>128.00</b>	<b>2,961.01</b>
<b>ONC C/ AR C/ HIV C</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.SUNCA DE PORC 100G, MUSCHI FILE50G,MASLINE25G .CHEC100G	CHEC(OU, GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	39.33	111.43	34.10	909.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,MUSCHI FILE50G,BRANZA SLAB	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	39.35	2.25	28.80	425.60

Nr.	Denumire					
	SARATA100G,CASCAVAL50G					
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU 400ML	OU TELINA	5.81	29.73	7.29	203.33
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	59.15	97.35	45.00	845.95
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC 100G,COMPOT DE CIRESE300ML	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>197.20</b>	<b>445.64</b>	<b>167.24</b>	<b>3,879.97</b>

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.SUNCA DE PORC 100G, MUSCHI FILE50G,MASLINE25G .CHEC100G	CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	39.33	111.43	34.10	909.90
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI ,DREASA CU OU 400ML	OU TELINA	5.81	29.73	7.29	203.33
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	42.50	91.20	43.90	737.15
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>132.80</b>	<b>345.84</b>	<b>126.90</b>	<b>2,852.21</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b>  <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
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MENIUL ZILNIC  
26/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN(10-COPIII)	IAURT(LACTOZA) OU	908.95	3,307.20	626.95	22,067.70
<b>Total COPIII 0-3 ANI</b>			<b>908.95</b>	<b>3,307.20</b>	<b>626.95</b>	<b>22,067.70</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE		3.72	34.53	5.36	196.80

Nr.	Denumire					
	LEGUME 400ML					
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>18.16</b>	<b>940.80</b>
<b>REGIM ULCER/COLECIST</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER SI COLECIST PIEPT PUI80G SI OREZ CU MORCOV250G SI PAINE100G	PAINE(GLUTEN)	44.07	89.88	15.41	666.45
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.70	59.30	13.40	560.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>175.12</b>	<b>289.11</b>	<b>81.30</b>	<b>2,576.08</b>
<b>REGIM SPECIAL</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	15.41	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV260G		38.37	60.18	14.56	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>164.79</b>	<b>344.94</b>	<b>59.36</b>	<b>2,552.58</b>
<b>REGIM</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50G, ARDEI80G, ROSIE80G. CASTRAVETE80G, BANANA250G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	38.25	125.30	4.45	670.00
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INFERIORA65 FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.71	14.98	26.18	397.87
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	15.44	668.80
4	CINA F1 REGIM PULPA PUI80G SI MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	30.78	11.31	33.14	459.42
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>148.36</b>	<b>295.13</b>	<b>80.41</b>	<b>2,453.69</b>

Nr.	Denumire					
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI80G, ROSIE80G, CASTRAVETE80	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.80	65.40	4.50	472.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM OU FIERT1BUC	OU	8.40	0.60	7.20	100.80
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.56	14.20	26.24	394.69
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	45.85	68.45	15.25	592.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA PORC80G CU SOTE DE DOVLECEI250G		30.85	8.85	42.10	344.95
7	CINA F2 DIABET CEAI250ML, PAINE100,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>180.66</b>	<b>235.60</b>	<b>97.89</b>	<b>2,332.79</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G, BANANA250G, CASTRAVETE80G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	41.75	114.95	17.35	758.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57	186.05
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>144.87</b>	<b>318.29</b>	<b>118.46</b>	<b>2,696.50</b>
<b>ONC C/ AR C/ HIV C</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G, BANANA250G, CASTRAVETE80G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	41.75	114.95	17.35	758.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57	186.05
4	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC 100G,COMPOT DE PIERSICI300ML	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>166.57</b>	<b>462.29</b>	<b>144.94</b>	<b>3,590.02</b>

Nr.	Denumire					
<b>LEHUZE COMUN</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G, BANANA250G, CASTRAVETE80G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	41.75	114.95	17.35	758.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.60	18.24	10.57	186.05
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	42.77	91.65	44.04	740.45
4	CINA F1 COMUN FRIPTURA DE PUI INFERIOARA80G - MACAROANE CU BRANZA SARATA 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>144.87</b>	<b>318.29</b>	<b>118.46</b>	<b>2,696.50</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b>  <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: ISAMB</b>
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MENIUL ZILNIC  
27/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
<b>COPIII 0-3 ANI</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	SUPLIMENT PEDIATRIE 0-3 AN(14-COPII)	IAURT(LACTOZA) OU	895.10	2,987.70	534.40	19,877.00
<b>Total COPIII 0-3 ANI</b>			<b>895.10</b>	<b>2,987.70</b>	<b>534.40</b>	<b>19,877.00</b>
<b>HIDRIC/HZL</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
<b>Total HIDRIC/HZL</b>			<b>20.32</b>	<b>177.13</b>	<b>18.16</b>	<b>940.80</b>
<b>REGIM ULCER/COLECIST</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN ULCER / COLECIST CEAI	BRANZA(LACTOZA)	46.60	58.65	26.90	663.10

Nr.	Denumire					
	250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	49.20	39.40	15.05	482.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM ULCER/COLECIST</b>			<b>176.32</b>	<b>288.01</b>	<b>83.30</b>	<b>2,587.28</b>
<b>REGIM SPECIAL</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
<b>Total REGIM SPECIAL</b>			<b>164.79</b>	<b>344.94</b>	<b>59.36</b>	<b>2,552.58</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI 50, ROSIE80G. OU FIERT1 BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	42.20	62.10	10.50	511.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU DOVLECEI SI PULPA PUI INF65G ,DREASA CU OU SI IAURT 420ML	IAURT(LACTOZA) OU TELINA	27.00	12.54	26.48	391.58
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	15.69	533.37
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA70G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	46.35	39.55	35.90	659.50
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total REGIM</b>			<b>168.18</b>	<b>223.10</b>	<b>89.77</b>	<b>2,353.74</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI80G, ROSIE80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.20	63.20	4.30	460.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI	IAURT(LACTOZA) OU TELINA	27.00	12.54	26.48	391.58

Nr.	Denumire					
	INFERIOARA SI DOVLECEI,DREASA CU OU SI IAURT 400ML					
4	PRANZ F2 DIABET PIEPT PUI 80G CU PASTE CU SOS ROSII 250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	47.50	93.20	15.85	698.25
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.80	27.60	0.40	104.00
6	CINA F1 DIABET FRIPTURA PULPA VITA 80G LA CUPTOR 80G CU SOTE DE SPANAC350G		44.95	8.85	33.25	309.25
7	CINA F2 DIABET CEAI250ML, PAINE100,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>194.25</b>	<b>263.89</b>	<b>88.08</b>	<b>2,386.78</b>

COMUN	Alergeni	Proteine	Glucide	Lipide	Calorii	
1	MIC DEJUN COMUN CEAI250ML, PAINE100G.BRANZA SLAB SARATA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	69.29	33.40	795.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
3	PRANZ F2 COMUN CARNATI DE PORC 90G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	35.05	69.95	54.85	830.25
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total COMUN</b>			<b>140.65</b>	<b>272.31</b>	<b>140.47</b>	<b>2,821.06</b>

ONC C/ AR C/ HIV C	Alergeni	Proteine	Glucide	Lipide	Calorii	
1	MIC DEJUN COMUN CASTRAVETI 100		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN CEAI250ML, PAINE100G.BRANZA SLAB SARATA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	69.29	33.40	795.36
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
5	PRANZ F2 COMUN CARNATI DE PORC 90G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	35.05	69.95	54.85	830.25
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC 100G,COMPOT DE PIERSICI300ML	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>163.07</b>	<b>418.95</b>	<b>167.19</b>	<b>3,728.98</b>

LEHUZE COMUN	Alergeni	Proteine	Glucide	Lipide	Calorii	
1	MIC DEJUN COMUN CEAI250ML,	BRANZA(LACTOZA)	54.40	69.29	33.40	795.36

Nr.	Denumire					
	PAINÉ100G.BRANZA SLAB SARATA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G,GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINÉ(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA, DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.04	19.59	10.62	193.63
3	PRANZ F2 COMUN PIEPT DE PUI80G SI MANCARE DE FASOLE VERDE250G SI PAINÉ100G	FAINA(GLUTEN) PAINÉ(GLUTEN)	44.13	54.61	15.69	528.97
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	40.41	744.23
6	CINA F2 COMUN CEAI 250ML, PAINÉ 100G	PAINÉ(GLUTEN)	8.40	53.30	1.20	257.60
<b>Total LEHUZE COMUN</b>			<b>156.14</b>	<b>310.47</b>	<b>118.91</b>	<b>2,917.78</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR