

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

03/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI (11-COPIII)	IAURT(LACTOZA) OU	987.00	3,442.60	697.20	23,708.60
Total COPIII 0-3 ANI			987.00	3,442.60	697.20	23,708.60
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	4.96	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	17.76	940.80
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.61	24.77	23.99	417.37
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	58.30	88.50	14.45	717.25
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			177.64	283.69	80.30	2,567.96

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.61	24.77	23.99	417.37
3	PRANZ F2 COLITA, ENTEROCOLITA, REGIM SPECIALPIEPT DE PUI SI PASTE CU BRANZA DIETETICA PAINE	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	6.25	638.25
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			179.04	339.04	49.00	2,513.26
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML,PAINE100G, BRANZA DIETETICA100G, SUNCA DE PUI50G, IAURT200G, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.30	110.10	19.04	789.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML SI PULPA DE PUI INFERIOARA65G	IAURT(LACTOZA) OU TELINA	27.47	15.82	26.15	408.05
3	PRANZ F2 REGIM PIEPT DEPUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI CU BRANZA300G	BRANZA(LACTOZA)	45.05	58.70	33.45	716.05
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			173.77	327.27	94.74	2,848.56
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G,MUSCHI50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	55.50	24.50	651.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr.	Denumire					
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT PULPA PUI INF65G A LA GREC400ML	IAURT(LACTOZA) OU TELINA	27.47	15.82	26.15	408.05
4	PRANZ F2 DIABET PIEPT PUI 80G CU PASTE CU SOS ROSII 250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.75	91.35	14.90	686.50
5	PRANZ F3 DIABET MERE200G		0.80	27.60	0.40	104.00
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
7	CINA F1 DIABET TOCANITA DE PULPA DE VITA 80G SI MAMALIGA200G		34.33	41.95	14.52	435.80
8	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			199.80	300.52	91.87	2,806.45
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, GEM20G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	70.49	49.80	953.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.51	28.27	10.35	236.24
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.15	97.35	18.25	845.95
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN FICAT DE PUI 150GSI OREZ CU LEGUME 250G	TELINA	41.73	41.44	20.09	513.49
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			191.79	335.75	110.13	3,109.20
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, GEM20G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	70.49	49.80	953.36
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.51	28.27	10.35	236.24
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR)	53.25	99.85	55.75	1,040.25

Nr.	Denumire					
	FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)				
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN FICAT DE PUI 150GSI OREZ CU LEGUME 250G	TELINA	41.73	41.44	20.09	513.49
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			195.89	482.55	174.11	4,199.42
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, UNT20G, GEM20G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	70.49	49.80	953.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	7.51	28.27	10.35	236.24
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN FICAT DE PUI 150GSI OREZ CU LEGUME 250G	TELINA	41.73	41.44	20.09	513.49
6	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			174.29	326.75	108.88	2,984.25
REGIM RELIGIOS - DESODAT						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN RELIGIOS REGIM SI VEGAN CEAI 250ML CARTOFI FIERT200G ,MORCOV FIERT200G GEM20G, BANANA200G, MAR200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	18.90	209.79	3.20	904.76
2	PRANZ F1 REGIM RELIGIOS SI VEGAN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	3.23	24.77	4.86	155.74
3	PRANZ F3 REGIM RELIGIOS SI VEGAN MERE200G		0.80	27.60	0.40	104.00
4	PRANZ F2 REGIM PASTE CU SOS ROSII	PAINE(GLUTEN) PASTE(GLUTEN,OU)	14.65	88.35	11.00	511.00
5	CINA F1 REGIM RELIGIOS SI VEGAN OREZ CU LEGUME350G	TELINA	7.73	41.44	10.09	287.49
6	CINA F3 REGIM RELIGIOS SI VEGAN BANANA200G		2.20	45.60	0.60	178.00
7	CINA F2 REGIM RELIGIOS SI VEGAN CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM RELIGIOS -			55.91	490.85	31.35	2,398.59

Nr.	Denumire				
DESODAT					

INTOCMIT, AM ASISTENT CONTABIL, DIRECTOR MEDIC
 PRIMIT, DIETETICA, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
 05/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(15-COPIII)	IAURT(LACTOZA) OU	1,543.1 0	5,839.4 0	1,105.8 0	38,543.2 0
Total COPIII 0-3 ANI			1,543.1 0	5,839.4 0	1,105.8 0	38,543.2 0
HIDRIC/HZL		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	4.96	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	17.76	940.80
REGIM ULCER/COLECIST		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33

Nr	Denumire					
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	14.96	755.60
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	13.41	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			162.69	288.99	80.46	2,528.28
REGIM SPECIAL						
		Alergeni	Proteine	Glucid e	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	14.96	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.57	40.38	13.41	423.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			164.79	344.94	57.36	2,552.58
REGIM						
		Alergeni	Proteine	Glucid e	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, ,SUNCA PUI 50G ARDEI80G, ROSIE80G ,CASTRAVETI 80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.50	68.30	3.70	447.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.40	18.74	26.17	418.79
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	14.64	668.80
4	CINA F1 REGIM PULPA DE PUI INF 80G CU CARTOFI UNGURESTI 250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM COMPOT DE CIRESE 300G SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			150.72	332.44	78.61	2,636.99
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Protein	Glucid	Lipide	Calorii

Nr	Denumire		e	e		
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI50G,CASCAVAL50G,CASTRAVETI 80G, ARDEI 80G,ROSIE 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	48.00	63.75	11.20	546.80
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI FIDEA ,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.40	18.74	26.17	418.79
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200ML		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA PORC 80G SI GHIVECI DE LEGUME250G		45.54	35.30	16.08	467.24
7	CINA F2 DIABET CEAI250ML, PAINE100, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			187.89	262.44	81.30	2,500.68
COMUN						
		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G,BRANZA 100G,SUNCA PORC 50G,MASLINE25G,ARDEI80G,OU FIERT1BUC,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	43.13	120.07	33.80	938.36
2	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.87	14.61	8.17	187.42
3	PRANZ F2 COMUN PULPA DE PUI INF 80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	36.10	51.35	33.50	651.30
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			147.84	279.48	121.97	2,788.38
ONC C/ AR C/ HIV C						
		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 100		0.72	2.64	0.24	14.40
2	MIC DEJUN COMUN CEAI250ML CU PAINE100G,BRANZA 100G,SUNCA PORC 50G,MASLINE25G,ARDEI80G,OU FIERT1BUC,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	43.13	120.07	33.80	938.36
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU, GLUT EN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA CU	OU SMANTANA(LACTOZA)	13.87	14.61	8.17	187.42

Nr	Denumire					
	CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	TELINA				
5	PRANZ F2 COMUN CARNATI DE PORC 90G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU, GLUT EN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			164.71	427.92	169.24	3,784.65
LEHUZE COMUN		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G,BRANZA 100G,SUNCA PORC 50G,MASLINE25G,ARDEI80G,OU FIERT1BUC,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	43.13	120.07	33.80	938.36
2	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.87	14.61	8.17	187.42
3	PRANZ F2 COMUN PULPA PUI INF 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	39.12	89.88	33.66	818.10
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			150.86	318.01	122.13	2,955.18

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
06/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI (12-COPIII)	IAURT(LACTOZA) OU	1,191.40	4,680.80	866.00	30,531.60
Total COPIII 0-3 ANI			1,191.40	4,680.80	866.00	30,531.60
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	4.96	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	17.76	940.80
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	14.61	662.05
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	49.20	39.40	14.25	482.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			173.52	268.21	80.95	2,493.73
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33

Nr.	Denumire					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	14.61	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			165.15	343.23	57.36	2,548.02
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, ,SUNCA PUI 50G ARDEI80G, ROSIE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.90	66.10	3.50	435.50
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.11	13.09	25.75	387.64
3	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI SI MACAROANE CU SOS DE ROSII	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			146.84	228.94	78.09	2,205.06
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,MUSCHI FILE, ROSIE80G, OU FIERT1 BUC.UNT 20G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	61.75	60.40	32.00	776.60
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT CU PULPA DE PUI INF65G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.11	13.09	25.75	387.64
4	PRANZ F2 DIABET PIEPT DE PUI80G CU GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	44.42	92.25	14.64	677.60
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200ML		0.80	27.60	0.40	104.00
6	CINA F1 DIABET TOCANITA DE PULPA DE VITA 80G SI		34.33	41.95	14.52	435.80

Nr.	Denumire					
	MAMALIGA200G					
7	CINA F2 DIABET CEAI 250ML, PAINE100G,,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	50.50	2.20	323.40
Total DIA/HEP/AR R/ ONC R/ HIV R			199.21	293.79	95.11	2,805.04
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.64	19.49	10.18	191.27
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	55.75	1,040.25
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	45.45	835.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			168.84	289.84	145.98	3,073.77
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	57.75	33.40	749.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.64	19.49	10.18	191.27
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	55.75	1,040.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	45.45	835.45
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			190.84	434.14	172.46	3,969.69
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU	BRANZA(LACTOZA)	54.40	57.75	33.40	749.20

Nr.	Denumire					
	PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.64	19.49	10.18	191.27
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	45.45	835.45
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			159.82	245.60	105.12	2,566.88

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
08/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire		Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI		Alergeni				
1	SUPLIMENT PEDIATRIE 0-3 AN(10-COPIII)	IAURT(LACTOZA) OU	1,004.40	3,410.60	670.40	23,187.20
Total COPIII 0-3 ANI			1,004.40	3,410.60	670.40	23,187.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	4.96	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI		0.00	4.80	0.00	19.20

Nr.	Denumire					
	250ML					
Total HIDRIC/HZL			20.32	177.13	17.76	940.80
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	14.61	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			163.05	287.28	80.46	2,523.72
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	14.61	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			165.15	343.23	57.36	2,548.02
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G , GEM20G, OU FIERT1BUC.	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	41.10	69.34	10.20	533.56
2	PRANZ F1 REGIM CIORBA DE	PASTE(GLUTEN,OU) TELINA	25.01	19.15	24.03	392.01

Nr.	Denumire					
	ZARZAVAT CU PULPA PUI INF65G SI FIDEA					
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	15.45	721.05
4	CINA F1 REGIM PULPA PUI INF 80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM COMPOT DECIRESE300ML SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			164.19	278.50	83.62	2,522.43
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,MUSCHI FILE50G, OU FIERT1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	59.25	54.90	15.30	594.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FIDEA	PASTE(GLUTEN,OU) TELINA	24.98	18.19	24.09	388.59
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN)	44.87	90.45	14.74	673.10
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200ML		0.80	27.60	0.40	104.00
6	CINA F1 DIABET PULPA PORC 80G SI GHIVECI DE LEGUME250G		43.97	35.06	15.82	457.50
7	CINA F2 DIABET CEAI 250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			195.06	290.70	82.75	2,655.89
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, UNT20G, GEM20G, IAURT200G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	46.20	76.49	38.40	828.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT PULPA PUI INF65 A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	26.71	19.49	25.85	416.64
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.15	97.35	18.25	845.95
4	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.02	726.30
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			206.79	290.58	120.72	3,074.85

Nr.	Denumire					
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, UNT20G, GEM20G, IAURT200G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	46.20	76.49	38.40	828.36
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, BISCUITI DIGESTIVI80G	IAURT(LACTOZA)	12.40	47.00	17.60	447.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT PULPA PUI INF65 A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	26.71	19.49	25.85	416.64
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	55.75	1,040.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT CIRESE300G		1.20	46.50	0.00	190.80
6	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.02	726.30
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			202.49	386.58	175.82	3,907.15
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, UNT20G, GEM20G, IAURT200G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	46.20	76.49	38.40	828.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT PULPA PUI INF65 A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	26.71	19.49	25.85	416.64
3	PRANZ F2 COMUN PIEPT DE PUI 80GR SI OREZ CU LEGUME230G, PAINE100G	PAINE(GLUTEN)	44.87	90.45	14.74	673.10
4	CINA F1 COMUN TOCANITA DE FICAT PUI150G CU MAMALIGUTA200G SI BRANZA SARATA100G	BRANZA(LACTOZA)	54.33	43.95	37.02	726.30
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			180.51	283.68	117.21	2,902.00

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
09/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(11-COPIII)	IAURT(LACTOZA) OU	921.10	3,566.50	689.80	23,760.80
Total COPIII 0-3 ANI			921.10	3,566.50	689.80	23,760.80
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	4.96	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	17.76	940.80
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.97	88.88	14.61	662.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.37	60.18	13.76	517.20
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			162.69	288.99	80.46	2,528.28
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	23.99	428.33
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.97	88.88	14.61	662.05
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.37	60.18	13.76	517.20
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			164.79	344.94	57.36	2,552.58
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G , GEM20G.OU FIERT1BUC. IARUT200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.50	77.34	15.80	633.56
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 400ML SI PULPA DE PUI INFERIOARA65G	IAURT(LACTOZA) OU TELINA	27.00	18.64	26.13	416.43
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	44.22	90.25	14.64	668.80
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	43.75	58.45	35.05	724.25
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			170.87	297.98	92.82	2,700.64
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,MUSCHI FILE50G, OU FIERT1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	59.25	54.90	15.30	594.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE	IAURT(LACTOZA) OU TELINA	27.00	18.64	26.13	416.43

Nr.	Denumire					
	ZARZAVAT PULPA PUI INF65G A LA GREC400ML					
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200ML		0.80	27.60	0.40	104.00
6	CINA F1 DIABET TOCANITA DE PULPA VITA 80G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	51.33	43.95	15.52	520.80
7	CINA F2 DIABET CEAI 250ML, PAINE100G, MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			208.98	254.14	83.50	2,581.48
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, UNT20G, GEM20G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.20	78.49	55.40	1,053.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	4.55	12.27	6.82	127.79
3	PRANZ F2 COMUN PULPA DE PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.32	89.25	16.74	712.10
4	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			160.47	293.46	113.06	2,823.55
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, UNT20G, GEM20G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.20	78.49	55.40	1,053.36
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, BISCUITI DIGESTIVI80G	IAURT(LACTOZA)	12.40	47.00	17.60	447.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	4.55	12.27	6.82	127.79
4	PRANZ F2 COMUN PULPA DE PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.32	89.25	16.74	712.10
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT CIRESE300G		1.20	46.50	0.00	190.80

Nr.	Denumire					
6	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			174.07	386.96	130.66	3,461.55
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, UNT20G, GEM20G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.20	78.49	55.40	1,053.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	4.55	12.27	6.82	127.79
3	PRANZ F2 COMUN PULPA DE PORC 80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.32	89.25	16.74	712.10
4	CINA F1 COMUN PULPA DE PUI INF80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			160.47	293.46	113.06	2,823.55

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
10/03/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(08-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	765.40	1,929.10	541.00	15,651.20
Total COPIII 0-3 ANI			765.40	1,929.10	541.00	15,651.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN HIDRIC CEAI250ML		0.00	4.80	0.00	19.20
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	86.80	12.80	517.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.72	34.53	5.36	196.80
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	4.80	0.00	19.20
Total HIDRIC/HZL			20.32	177.13	18.16	940.80
REGIM ULCER/COLECIST						
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.60	58.65	26.90	663.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	58.30	88.50	14.45	717.25
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.57	40.38	14.21	423.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM ULCER/COLECIST			174.22	268.81	81.15	2,489.93
REGIM SPECIAL						
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.70	112.60	2.80	602.40
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.35	27.98	24.39	428.33
4	CINA F1		35.57	40.38	14.21	423.65

Nr.	Denumire					
	COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	25.40	55.30	2.20	342.60
Total REGIM SPECIAL			164.79	344.94	59.36	2,552.58
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G ,COZONAC100G, GEM20G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.90	113.64	13.44	735.32
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	24.88	16.69	24.49	382.19
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	57.60	87.90	16.25	721.05
4	CINA F1 REGIM PULPA PUI INF 80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	33.54	446.62
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total REGIM			161.66	278.64	88.92	2,542.77
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G,MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	55.50	24.50	651.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	24.88	16.69	24.49	382.19
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC300G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.85	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA PORC80G CU SOTE DE FASOLE VERDE300G		31.75	4.05	42.70	334.75
7	CINA F2 DIABET CEAI 250ML, PAINE100G, SUNCA PORC50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/			182.88	202.09	121.34	2,419.49

Nr.	Denumire					
HIV R						
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, MASLINE20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.70	57.93	36.76	781.36
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI CU OASE PORC400ML	TELINA	4.90	29.69	8.92	214.20
3	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE DE SPANAC270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.23	58.81	43.74	597.07
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total COMUN			154.58	239.88	135.92	2,603.93
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, MASLINE20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.70	57.93	36.76	781.36
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, BISCUITI DIGESTIVI80G	IAURT(LACTOZA)	12.40	47.00	17.60	447.20
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI CU OASE PORC400ML	TELINA	4.90	29.69	8.92	214.20
4	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE DE SPANAC270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	40.23	58.81	43.74	597.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT CIRESE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
7	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total ONC C/ AR C/ HIV C			175.38	378.28	163.96	3,544.49
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50, MASLINE20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.70	57.93	36.76	781.36

Nr.	Denumire					
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI CU OASE PORC400ML	TELINA	4.90	29.69	8.92	214.20
3	PRANZ F2 COMUN PIEPT DE PUI80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	46.77	108.68	15.76	755.60
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	45.30	753.70
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	53.30	1.20	257.60
Total LEHUZE COMUN			161.12	289.75	107.94	2,762.46

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR