

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC

08/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(14-COPIII)	IAURT(LACTOZA) OU	2,032.02	10,352.64	2,499.20	73,517.04
Total COPIII 0-3 ANI			2,032.02	10,352.64	2,499.20	73,517.04
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			160.99	282.92	96.28	2,642.14

Nr.	Denumire					
ULCER/COLECIST						
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G, IAURT200G,OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	46.50	78.24	31.80	777.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVATCU PULPA DE PUI INFERIOARA50G SI FASOLE VERDE, DREASA CU IAURT SI OU350ML	IAURT(LACTOZA) OU TELINA	26.97	8.80	26.16	378.08
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
4	CINA F1 REGIM PULPA DE PUI 150GCU GHIVECI LEGUME310G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			160.06	261.77	106.89	2,640.88
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI	BRANZA(LACTOZA)	52.60	53.25	33.70	726.70

Nr.	Denumire					
	LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI50G,CASCAVAL50G,OU FIERT1BUC	CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)				
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT CU FASOLE VERDE SI PULPA PUI INF65G DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU TELINA	26.97	8.80	26.16	378.08
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN)	47.34	89.03	15.13	681.64
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM COMPOT DE MERE300ML		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE VITA 80G CU SOTE DE SPANAC250G		35.95	8.85	14.45	309.25
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI FILE 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			188.51	241.83	100.54	2,617.77
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE BRANZA 100G,CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	59.85	43.00	849.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.15	97.35	18.25	845.95
4	PRANZ F3 COMUN SALATA DE VARZA130G		0.00	0.00	4.60	41.40
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	40.54	710.86
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			188.51	280.02	117.86	2,942.52
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN		1.32	5.52	0.24	29.52

Nr.	Denumire					
	ONCOLOGIE ARDEI100G					
2	MIC DEJUN COMUN CEAI LAMAIE PAINE BRANZA 100G,CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	59.85	43.00	849.60
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, EUGENIE25G	IAURT(LACTOZA)	23.00	157.20	47.80	1,160.00
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
5	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.15	97.35	18.25	845.95
6	PRANZ F3 COMUN SALATA DE VARZA130G		0.00	0.00	4.60	41.40
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G,	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
8	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	40.54	710.86
9	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			221.23	534.14	176.34	4,625.40
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE BRANZA 100G,CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	59.85	43.00	849.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	40.54	710.86
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			161.35	270.30	109.59	2,712.85

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL,
INGRIJIRI,

DIRECTOR

MEDIC
COORDONATOR

	<p>Spitalul Judetean de Urgenta Tg. Jiu</p> <p>Str. Progresului, nr. 18, Tg. Jiu, GORJ</p> <p>Contract/conventie: 4448067</p> <p>CAS: 1SAMB</p>
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MENIUL ZILNIC
09/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire		Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI		Alergeni				
1	SUPLIMENT PEDIATRIE 0-3 AN(15-COPIII)	IAURT(LACTOZA) OU	2,056.85	11,172.00	2,594.50	77,887.30
Total COPIII 0-3 ANI			2,056.85	11,172.00	2,594.50	77,887.30
HIDRIC/HZL		Alergeni				
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST		Alergeni				
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00

Nr	Denumire						
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65	
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20	
Total REGIM ULCER/COLECIST			186.01	286.31	119.28	2,962.76	
REGIM SPECIAL			Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00	
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49	
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21	
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54	
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20	
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44	
REGIM			Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G,COZONAC70G,GEM20G	BRANZA(LACTOZA) COZONAC(NUCA,OU, GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	36.74	101.07	26.31	788.15	
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.33	11.57	25.78	383.58	
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	14.89	528.97	
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	46.45	58.85	46.45	839.25	
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20	
Total REGIM			162.05	280.30	114.62	2,801.15	
DIA/HEP/AR R/ ONC R/ HIV R			Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA	52.90	55.75	43.70	827.90	

Nr	Denumire					
	PUI100G,CASCAVAL50G,UNT20G	PUI(SOIA) UNT(LACTOZA)				
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.33	11.57	25.78	383.58
4	PRANZ F2 DIABET PIEPT PUI 80G CU PASTE CU SOS ROSII 250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.75	91.35	14.90	686.50
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET TOCANITA DE PULPA DE VITA 80G SI MAMALIGA200G SI BRANZA DIETETICA100G	BRANZA(LACTOZA)	50.33	43.95	31.52	660.80
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI FILE 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			208.36	267.12	132.60	3,079.28
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE ,CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50,UNT20GGEM20G,COZONAC100G	CASCAVAL(LACTOZA) COZONAC(NUCA,OU, GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	47.00	114.29	43.24	1,034.52
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA 400MLDREASA CU OU SI SMANTANA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.47	16.71	6.71	145.08
3	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU OREZ CU LEGUME250G		33.99	40.53	32.98	594.89
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			153.49	285.33	102.52	2,678.15
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE ,CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50,UNT20GGEM20G,COZONAC100G	CASCAVAL(LACTOZA) COZONAC(NUCA,OU, GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	47.00	114.29	43.24	1,034.52
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA 400MLDREASA CU OU SI SMANTANA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.47	16.71	6.71	145.08
4	PRANZ F2 COMUN PULPA PORC105	FAINA(GLUTEN)	59.63	59.61	18.39	642.47

Nr	Denumire					
	CU MANCARE DE MAZARE 270G, PAINE100G	PAINE(GLUTEN)				
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G,		1.20	46.50	0.00	190.80
7	CINA F1 COMUN PULPA PUI INFERIOARA80G CU OREZ CU LEGUME250G		33.99	40.53	32.98	594.89
8	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			168.29	384.73	118.56	3,271.51
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE ,CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50,UNT20GGEM20G,COZONAC1 00G	CASCAVAL(LACTOZA) COZONAC(NUCA,OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	47.00	114.29	43.24	1,034.52
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA 400MLDREASA CU OU SI SMANTANA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.47	16.71	6.71	145.08
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU OREZ CU LEGUME250G		33.99	40.53	32.98	594.89
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			145.29	281.33	101.12	2,616.75

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

<p>Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB</p>
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MENIUL ZILNIC
10/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09-COPIII)	IAURT(LACTOZA) OU	1,309.47	6,183.44	1,509.90	44,431.34
Total COPIII 0-3 ANI			1,309.47	6,183.44	1,509.90	44,431.34
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	282.92	96.28	2,642.14
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE	TELINA	25.11	25.36	23.93	417.21

Nr	Denumire					
	ZARZAVAT320ML SI PULPA PUI INF65G					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G,IAURT200G,OU FIERT1BUC, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	46.50	78.24	31.80	777.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65 SI FIDEA400ML DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.16	16.12	26.11	407.67
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNUGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			172.96	296.61	118.66	2,937.78
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G,CASCAVAL50G,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.90	55.75	43.70	827.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.16	16.12	26.11	407.67
4	PRANZ F2 DIABET PIEPT DE PUI80 G CU GHIVECI LEGUME250G	PAINE(GLUTEN)	47.59	81.66	15.30	654.69

Nr .	Denumire					
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE VITA80G CU SOTE DE FASOLE VERDE 350G		34.75	4.05	14.45	285.25
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI FILE 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			194.45	223.88	114.26	2,693.21
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE , BRANZA100G, CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.41	16.87	10.12	180.16
3	PRANZ F2 COMUN CARNATI DE PORC 105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	55.75	1,040.25
4	PRANZ F3 COMUN SALATA DE VARZA130G		0.00	0.00	4.60	41.40
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	40.54	710.86
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			176.21	270.32	146.01	3,026.27
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE , BRANZA100G, CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G)	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.41	16.87	10.12	180.16
4	PRANZ F2 COMUN CARNATI DE PORC 105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	55.75	1,040.25
5	PRANZ F3 COMUN SALATA DE VARZA130G		0.00	0.00	4.60	41.40
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN - FRIPTURA	BRANZA(LACTOZA) OU	46.35	40.15	40.54	710.86

Nr.	Denumire					
	PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	PASTE(GLUTEN,OU) UNT(LACTOZA)				
8	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			198.21	414.62	172.49	3,922.19
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE , BRANZA100G, CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	5.41	16.87	10.12	180.16
3	PRANZ F2 COMUN PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	PRANZ F3 COMUN SALATA DE VARZA130G		0.00	0.00	4.60	41.40
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	40.54	710.86
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			166.95	258.10	104.84	2,643.70

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
11/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(11-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	1,478.30	6,992.40	1,717.20	50,328.00

Nr.	Denumire					
Total COPIII 0-3 ANI			1,478.30	6,992.40	1,717.20	50,328.00
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	282.92	96.28	2,642.14
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM	TELINA	25.11	25.36	23.93	417.21

Nr.	Denumire					
	SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI 50G, IAURT200G, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.30	111.00	35.04	932.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	26.76	16.02	26.07	405.31
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA PUI INF 75G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			155.34	275.95	109.63	2,703.58
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	51.25	55.50	40.50	791.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC330ML	IAURT(LACTOZA) TELINA	2.29	15.87	5.14	118.49
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET TOCANITA DE PORC110G SI CARTOFI	UNT(LACTOZA)	47.13	62.35	24.27	656.35

Nr.	Denumire					
	NATUR250G					
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			184.02	257.57	114.36	2,779.19
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE , BRANZA100G, CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	2.41	16.82	4.91	121.07
3	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE DE SPANAC270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			154.48	235.60	87.73	2,341.87
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE , BRANZA100G, CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04	399.76
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	2.41	16.82	4.91	121.07
4	PRANZ F2 COMUN PULPA DE PORC80G SI MANCARE DE SPANAC270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			176.48	381.70	112.21	3,234.99
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CEAI LAMAIE PAINE , BRANZA100G, CASCAVAL50G, SUNCA PORC 50GR ,MUSCHI FILE50, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	2.41	16.82	4.91	121.07
3	PRANZ F2 COMUN PIEPT PUIT80G CU CARTOFI SI MORCOV280G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			155.99	327.75	96.08	2,791.85

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
12/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(12-COPIII)	IAURT(LACTOZA) OU	1,459.43	7,775.06	1,706.90	53,290.46
Total COPIII 0-3 ANI			1,459.43	7,775.06	1,706.90	53,290.46
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G.	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20

Nr.	Denumire					
	OUA1BUC					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	322.92	96.28	2,802.14
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV260G		38.14	57.56	13.70	506.09

Nr.	Denumire					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI 50G, ROSIE80G, CASTRAVETE80G, BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	102.60	22.20	733.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA400ML DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.79	16.12	6.98	146.05
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE DE DOVLECEI250G ,PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	41.63	54.81	14.49	516.17
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA70G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	46.30	757.50
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			134.57	267.27	91.17	2,414.01
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G.SUNCA PUI100G, MUSCHI FILE50G, ARDEI80, ROSIE80, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	53.35	63.40	27.50	701.00
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.16	16.12	26.11	407.67
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE350G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100,	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40

Nr.	Denumire					
	BRANZA DIETETICA100G					
Total DIA/HEP/AR R/ ONC R/ HIV R			196.11	218.82	107.81	2,608.07
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G , CASCAVAL50G, SUNCA PORC50G ,MUSCHI FILE50G, SUNCA PUI50G, CASTRAVETE80G, BANANA200G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA)	47.00	98.75	20.10	750.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI, DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA) TELINA	5.47	27.22	6.81	192.04
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN TOCANITA DE FICAT160G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	60.33	51.95	32.22	739.10
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			172.63	287.72	77.32	2,523.80
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G , CASCAVAL50G, SUNCA PORC50G ,MUSCHI FILE50G, SUNCA PUI50G, CASTRAVETE80G, BANANA200G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA)	47.00	98.75	20.10	750.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI, DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA) TELINA	5.47	27.22	6.81	192.04
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN TOCANITA DE FICAT160G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	60.33	51.95	32.22	739.10
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total ONC C/ AR C/ HIV C		194.63	432.02	103.80	3,419.72	
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G , CASCAVAL50G, SUNCA PORC50G ,MUSCHI FILE50G, SUNCA PUI50G, CASTRAVETE80G, BANANA200G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA)	47.00	98.75	20.10	750.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI, DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA) TELINA	5.47	27.22	6.81	192.04
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.04	87.26	16.65	703.04
4	CINA F1 COMUN TOCANITA DE FICAT160G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	60.33	51.95	32.22	739.10
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			172.24	319.38	76.98	2,645.78

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
13/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(12-COPIII)	IAURT(LACTOZA) OU	1,058.64	5,072.88	1,140.00	35,385.08
Total COPIII 0-3 ANI			1,058.64	5,072.88	1,140.00	35,385.08
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML,	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20

Nr.	Denumire					
	COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST						
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			174.15	284.57	108.38	2,810.25
REGIM SPECIAL						
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE		38.14	57.56	13.70	506.09

Nr.	Denumire					
	PUI80G CU CARTOFI SI MORCOV260G					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI 50G, ROSIE80G, ARDEI 80G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	33.90	107.00	19.50	739.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	26.76	16.02	26.07	405.31
3	PRANZ F2 REGIM PIEPT DEPUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INF80G SI GHIVECI DE LEGUME280G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			149.85	299.73	94.82	2,651.25
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G, ROSIE80G, ARDEI80, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVATCU PULPA PUI A LA GREC330ML	IAURT(LACTOZA) OU TELINA	26.76	16.02	26.07	405.31
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC 80G SI GHIVECI DE LEGUME250G		46.39	33.16	16.20	463.99
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			192.60	253.83	104.32	2,702.65

Nr.	Denumire					
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, CASCAVAL50G, BRANZA 100G, SUNCA DE PORC 50G, MUSCHI FILE50G , BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	98.65	26.60	851.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.29	12.82	10.11	163.42
3	PRANZ F2 COMUN CARNATI DE PORC 105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	55.75	1,040.25
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			159.18	349.55	136.53	3,189.97
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, CASCAVAL50G, BRANZA 100G, SUNCA DE PORC 50G, MUSCHI FILE50G , BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	98.65	26.60	851.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.29	12.82	10.11	163.42
4	PRANZ F2 COMUN CARNATI DE PORC 105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	55.75	1,040.25
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
8	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			181.18	493.85	163.01	4,085.89

Nr.	Denumire					
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, CASCAVAL50G, BRANZA 100G, SUNCA DE PORC 50G, MUSCHI FILE50G , BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	98.65	26.60	851.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.29	12.82	10.11	163.42
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	14.90	673.30
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			152.38	338.05	95.68	2,823.02

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
14/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(13-COPIII)	IAURT(LACTOZA) OU	1,725.76	9,362.72	2,066.80	64,169.12
Total COPIII 0-3 ANI			1,725.76	9,362.72	2,066.80	64,169.12
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20

Nr.	Denumire					
	HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			172.85	284.67	107.18	2,794.65
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54

Nr.	Denumire					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI 50G, ROSIE80G, IAURT200G,	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.20	70.40	24.90	654.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI FIDEA, 400MLDREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.16	16.12	26.11	407.67
3	PRANZ F2 REGIM PIEPT DE PUI80G OREZ CU LEGUME 330G PAINE100G	PAINE(GLUTEN)	47.24	88.03	15.13	677.24
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	46.45	58.85	46.45	839.25
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			168.45	287.60	113.79	2,839.86
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G, ROSIE80G, ARDEI80, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	53.70	63.45	27.80	718.80
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 65G SI FIDEA ,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.16	16.12	26.11	407.67
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET TOCANITA DE PULPA DE VITA 80G SI MAMALIGA200G		34.33	41.95	14.52	435.80
8	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			190.94	283.37	107.28	2,854.32

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COMUN						
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, SUNCA DE PORC 50G, MUSCHI FILE50G , OU FIERT1BUC,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.70	71.74	42.70	878.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.10	39.85	32.75	586.55
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			159.64	279.26	105.31	2,703.38
ONC C/ AR C/ HIV C						
1	MIC DEJUN COMUN CASTRAVETI 100G		1.56	0.24	3.48	22.32
2	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, SUNCA DE PORC 50G, MUSCHI FILE50G , OU FIERT1BUC,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.70	71.74	42.70	878.06
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
5	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
6	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
8	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.10	39.85	32.75	586.55
9	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			183.20	423.80	135.27	3,621.62
LEHUZE COMUN						
1	MIC DEJUN COMUN		1.56	0.24	3.48	22.32

Nr.	Denumire					
	CASTRAVETI 100G					
2	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, SUNCA DE PORC 50G, MUSCHI FILE50G , OU FIERT1BUC,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.70	71.74	42.70	878.06
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
4	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	54.54	89.03	17.23	729.34
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.10	39.85	32.75	586.55
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.11	308.93	107.63	2,812.57

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
15/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(13-COPIII)	IAURT(LACTOZA) OU	1,471.57	7,584.24	1,822.60	53,736.84
Total COPIII 0-3 ANI			1,471.57	7,584.24	1,822.60	53,736.84
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G.	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20

Nr.	Denumire					
	OUA1BUC					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	282.92	96.28	2,642.14
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2	BRANZA(LACTOZA)	24.40	56.20	18.20	486.20

Nr.	Denumire					
	COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	PAINE(GLUTEN)				
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA,SUNCA PUI50G, ROSIE80G, OU FIERT1BUC, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	41.20	74.54	26.50	701.46
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	26.76	16.02	26.07	405.31
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
5	CINA F1 REGIM TOCANITA DE FICAT 150G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	60.33	51.95	39.02	800.30
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			180.93	277.71	107.68	2,803.24
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G, ROSIE80G, ARDEI80, OU FIERT1 BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	49.60	63.80	27.50	701.10
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.39	16.02	6.94	143.69
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC80G CU SOTE DE FASOLE VERDE300G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			174.69	225.12	89.24	2,393.99
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G , IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA 400ML DREASA CU SMANTANA SI OU	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.51	16.97	6.71	146.27
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.15	97.35	18.25	845.95
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	43.95	59.05	38.65	759.85
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			188.81	294.22	97.01	2,804.87
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G , IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV BISCUITI DIGESTIVI80G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	86.20	531.90	131.24	3,772.56
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA 400ML DREASA CU SMANTANA SI OU	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.51	16.97	6.71	146.27
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.15	97.35	18.25	845.95
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	43.95	59.05	38.65	759.85
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			283.41	917.52	238.69	7,070.79
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60

Nr.	Denumire					
	, IAURT200G					
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA 400ML DREASA CU SMANTANA SI OU	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.51	16.97	6.71	146.27
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU UNT(LACTOZA)	43.95	59.05	38.65	759.85
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			168.85	284.50	95.44	2,664.30

INTOCMIT, AM ASISTENT CONTABIL, DIRECTOR MEDIC
PRIMIT, DIETETICA, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
16/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	2,121.55	10,416.40	2,513.20	74,240.20
Total COPIII 0-3 ANI			2,121.55	10,416.40	2,513.20	74,240.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89

Nr.	Denumire					
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			174.15	284.57	108.38	2,810.25
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA,SUNCA PUI50G, ROSIE80G, COZONAC 100GIAURT 200G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.40	115.30	35.34	957.06
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.33	11.57	25.78	383.58
3	PRANZ F2 REGIM PIEPT DEPUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI TARANESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			161.68	330.57	110.12	2,952.24
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, UNT20G, MUSCHI FILE50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	51.25	55.50	40.50	791.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.33	11.57	25.78	383.58
4	PRANZ F2 DIABET PIEPT PUI 80G CU PASTE CU SOS ROSII 250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.75	91.35	14.90	686.50
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET PULPA VITA 80G SI GHIVECI DE LEGUME250G		37.39	33.16	14.70	414.49
8	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			192.52	300.88	119.68	3,042.67
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G , IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60

Nr.	Denumire					
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	4.11	16.87	6.67	143.91
3	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			163.58	236.45	90.89	2,410.11
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G , IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV BISCUITI DIGESTIVI80G, IAURT 200G	IAURT(LACTOZA)	85.40	495.00	126.40	3,570.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	4.11	16.87	6.67	143.91
4	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G,EUGENIA 1 BUCOU FIERT 1BUC	OU	26.20	196.30	49.40	1,351.60
6	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			275.18	927.75	266.69	7,331.71
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G , IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	4.11	16.87	6.67	143.91
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00

Nr.	Denumire					
4	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			157.60	265.20	89.50	2,488.64

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
16/02/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	2,121.55	10,416.40	2,513.20	74,240.20
Total COPIII 0-3 ANI			2,121.55	10,416.40	2,513.20	74,240.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70

Nr.	Denumire					
	SUNCA PUI50G,					
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			174.15	284.57	108.38	2,810.25
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA,SUNCA PUI50G, ROSIE80G, COZONAC 100GIAURT 200G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.40	115.30	35.34	957.06
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA	FAINA(GLUTEN) OU TELINA	26.33	11.57	25.78	383.58

Nr.	Denumire					
	DE PUI INF80G SI FULGI DE OU 420ML					
3	PRANZ F2 REGIM PIEPT DEPU180G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI TARANESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			161.68	330.57	110.12	2,952.24
DIA/HEP/AR R/ ONC R/ HIV R						
	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI 250ML, PAINE100G,BRANZA DIETETICA100G,SUNCA PUI100G, UNT20G, MUSCHI FILE50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	51.25	55.50	40.50	791.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.33	11.57	25.78	383.58
4	PRANZ F2 DIABET PIEPT PUI 80G CU PASTE CU SOS ROSII 250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.75	91.35	14.90	686.50
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET PULPA VITA 80G SI GHIVECI DE LEGUME250G		37.39	33.16	14.70	414.49
8	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			192.52	300.88	119.68	3,042.67
COMUN						
	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G , IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	4.11	16.87	6.67	143.91
3	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN FRIPTURA		30.64	39.13	32.43	570.94

Nr.	Denumire					
	PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G					
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			163.58	236.45	90.89	2,410.11
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G , IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV BISCUITI DIGESTIVI80G, IAURT 200G	IAURT(LACTOZA)	85.40	495.00	126.40	3,570.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	4.11	16.87	6.67	143.91
4	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G,EUGENIA 1 BUCOU FIERT 1BUC	OU	26.20	196.30	49.40	1,351.60
6	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			275.18	927.75	266.69	7,331.71
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA DE PORC 50G, MUSCHI FILE50G , IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	66.65	32.20	791.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400G	OU SMANTANA(LACTOZA) TELINA	4.11	16.87	6.67	143.91
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			157.60	265.20	89.50	2,488.64

Nr.	Denumire	

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR