

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: ISAMB

**MENIUL ZILNIC**

01/02/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 06-COPIII)	IAURT(LACTOZA) OU	1,398.98	8,000.26	1,908.80	56,070.16
<b>Total COPIII 0-3 ANI</b>			<b>1,398.98</b>	<b>8,000.26</b>	<b>1,908.80</b>	<b>56,070.16</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>20.09</b>	<b>182.31</b>	<b>17.70</b>	<b>960.89</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>160.99</b>	<b>282.92</b>	<b>96.28</b>	<b>2,642.14</b>
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>162.09</b>	<b>338.87</b>	<b>89.18</b>	<b>2,806.44</b>
<b>REGIM</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G, ROSIE80G,COZONAC100G.OU FIERT1BUC	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	48.40	107.90	36.94	957.86
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	26.91	16.80	26.01	408.49
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
4	CINA F1 REGIM TOCANITA DE FICAT 150G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	60.33	51.95	39.02	800.30
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>187.99</b>	<b>318.22</b>	<b>117.75</b>	<b>3,084.35</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G,MUSCHI FILE50G. ROSIE80G, ARDEI80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	53.45	64.40	41.00	840.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI80G A LA GREC330ML	IAURT(LACTOZA) OU TELINA	26.91	16.80	26.01	408.49
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM COMPOT DE MERE300ML		0.00	31.75	0.00	127.00
6	CINA F1 DIABET PULPA PORC80G CU SOTE DE FASOLE VERDE300G		43.65	3.05	15.95	330.35
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>195.86</b>	<b>225.85</b>	<b>121.21</b>	<b>2,769.29</b>
<b>COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, IAURT200G,GEM20G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	49.95	78.19	27.90	755.66
2	PRANZ F1 COMUN CIORBA DE	OU SMANTANA(LACTOZA) TELINA	4.32	9.65	6.76	116.68

Nr.	Denumire					
	ZARZAVAT CU FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML					
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>153.08</b>	<b>290.57</b>	<b>92.46</b>	<b>2,598.76</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, IAURT200G,GEM20G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	49.95	78.19	27.90	755.66
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, EUGENIE25G, BANANE200G	IAURT(LACTOZA)	23.00	197.20	47.80	1,320.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	4.32	9.65	6.76	116.68
4	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G,	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>184.48</b>	<b>579.17</b>	<b>150.70</b>	<b>4,412.12</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, IAURT200G,GEM20G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	49.95	78.19	27.90	755.66
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	4.32	9.65	6.76	116.68
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>153.08</b>	<b>290.57</b>	<b>92.46</b>	<b>2,598.76</b>

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MENIUL ZILNIC

02/02/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 06-COPIII)	IAURT(LACTOZA) OU	1,968.04	10,640.68	2,651.00	76,155.08
<b>Total COPIII 0-3 ANI</b>			<b>1,968.04</b>	<b>10,640.68</b>	<b>2,651.00</b>	<b>76,155.08</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>20.09</b>	<b>182.31</b>	<b>17.70</b>	<b>960.89</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT DE PUI80G SI CARTOFI CU BRANZA 330G	BRANZA(LACTOZA) UNT(LACTOZA)	50.00	59.30	24.60	658.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>172.85</b>	<b>284.67</b>	<b>107.18</b>	<b>2,794.65</b>
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE	TELINA	25.11	25.36	23.93	417.21

Nr.	Denumire					
	ZARZAVAT320ML SI PULPA PUI INF65G					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>162.09</b>	<b>338.87</b>	<b>89.18</b>	<b>2,806.44</b>
<b>REGIM</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G, OU FIERT1BUC, IAURT200G, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	46.50	78.24	31.80	777.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	24.74	15.57	24.03	377.47
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 REGIM PULPA PUI INF80G SI GHIVECI DE LEGUME280G	TELINA	34.83	34.07	33.21	574.49
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>171.37</b>	<b>269.98</b>	<b>116.89</b>	<b>2,809.37</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G,MUSCHI FILE50G. UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	51.25	55.50	40.50	791.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM OU FIERT1BUC.	OU	8.40	0.60	7.20	100.80
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	24.44	12.57	24.03	364.27
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM COMPOT DE MERE300ML		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA VITA 80G SI GHIVECI DE LEGUME250G	TELINA	37.98	34.07	14.76	421.04
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>192.62</b>	<b>235.99</b>	<b>119.74</b>	<b>2,792.06</b>
<b>COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA PORC100G, GEM20G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.60	73.59	42.10	879.66

Nr.	Denumire					
2	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.87	14.61	8.17	187.42
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>156.53</b>	<b>238.05</b>	<b>100.95</b>	<b>2,486.83</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA PORC100G, GEM20G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.60	73.59	42.10	879.66
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, EUGENIE25G	IAURT(LACTOZA)	23.00	157.20	47.80	1,160.00
3	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.87	14.61	8.17	187.42
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G,	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>187.93</b>	<b>486.65</b>	<b>159.19</b>	<b>4,140.19</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA PORC100G, GEM20G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.60	73.59	42.10	879.66
2	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.87	14.61	8.17	187.42
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU SOTE DE CARTOFI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>158.91</b>	<b>287.93</b>	<b>99.90</b>	<b>2,686.42</b>

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MENIUL ZILNIC

03/02/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 09-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	1,754.67	9,533.14	2,333.00	67,713.84
<b>Total COPIII 0-3 ANI</b>			<b>1,754.67</b>	<b>9,533.14</b>	<b>2,333.00</b>	<b>67,713.84</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERVICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERVICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>20.09</b>	<b>182.31</b>	<b>17.70</b>	<b>960.89</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>160.99</b>	<b>282.92</b>	<b>96.28</b>	<b>2,642.14</b>
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F2 COLITA / ENTEROCOLITA	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
	PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G					
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>162.09</b>	<b>338.87</b>	<b>89.18</b>	<b>2,806.44</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G, IAURT200G, COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.30	111.00	35.04	932.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G SI CARTOFI,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU TELINA	28.16	27.62	26.22	458.66
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	14.89	528.97
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNUGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>160.00</b>	<b>307.57</b>	<b>110.25</b>	<b>2,854.29</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G,CASCAVAL50G. UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.90	55.75	43.70	827.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 65G SI CARTOFI, DREASA CU OU SI IAURT	IAURT(LACTOZA) OU TELINA	28.16	27.62	26.22	458.66
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN)	47.34	89.03	15.13	681.64
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA PORC80G CU SOTE DE FASOLE VERDE300G		43.65	3.05	15.95	330.35
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA DE PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>200.55</b>	<b>243.65</b>	<b>112.20</b>	<b>2,778.15</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
2	PRANZ F1 COMUN CIORBA DE	PASTE(GLUTEN,OU)	3.71	16.82	8.36	157.32

Nr.	Denumire					
	ZARZAVAT CU OASE PORC SI FIDEA,DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA				
3	PRANZ F2 COMUN CARNATI DE PORC105G CU MANCARE DE MAZARE270G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>141.71</b>	<b>231.85</b>	<b>129.00</b>	<b>2,573.63</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, EUGENIE25G	IAURT(LACTOZA)	23.00	157.20	47.80	1,160.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA,DREASA CU SMANTANA 400ML	PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	3.71	16.82	8.36	157.32
4	PRANZ F2 COMUN CARNATI DE PORC105G CU MANCARE DE MAZARE270G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G,	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>173.11</b>	<b>480.45</b>	<b>187.24</b>	<b>4,226.99</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA 100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA,DREASA CU SMANTANA 400ML	PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	3.71	16.82	8.36	157.32
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>144.31</b>	<b>226.35</b>	<b>88.00</b>	<b>2,274.63</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: ISAMB

MENIUL ZILNIC

04/02/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 14-COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA)	1,787.22	9,867.04	2,059.60	66,399.44
<b>Total COPIII 0-3 ANI</b>			<b>1,787.22</b>	<b>9,867.04</b>	<b>2,059.60</b>	<b>66,399.44</b>
<b>HIDRIC/HZL</b>						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>20.09</b>	<b>182.31</b>	<b>17.70</b>	<b>960.89</b>
<b>REGIM ULCER/COLECIST</b>						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT DE PUI80G SI CARTOFI CU BRANZA 330G	BRANZA(LACTOZA) UNT(LACTOZA)	50.00	59.30	24.60	658.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>172.85</b>	<b>284.67</b>	<b>107.18</b>	<b>2,794.65</b>
<b>REGIM SPECIAL</b>						
Alergeni						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT	PAINE(GLUTEN)	43.74	86.26	14.55	650.94

Nr.	Denumire					
	PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G					
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>162.09</b>	<b>338.87</b>	<b>89.18</b>	<b>2,806.44</b>
<b>REGIM</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G, ARDEI 80G,CASTRAVETE80G,BANANA 200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	102.90	22.10	733.40
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	24.74	15.57	24.03	377.47
3	PRANZ F2 REGIM PIEPT PUI 80G SI GHIVECI LEGUME250G PAINE	PAINE(GLUTEN)	47.59	81.66	15.30	654.69
4	CINA F1 REGIM TOCANITA DE FICAT 150G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	60.33	51.95	39.02	800.30
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>175.16</b>	<b>306.28</b>	<b>101.65</b>	<b>2,827.06</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G,MUSCHI 50G. UNT 20G,ARDEI 80G,CASTRAVETE 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	53.65	60.30	43.60	834.70
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	24.74	15.57	24.03	377.47
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE PORC 80GR SI MACAROANE CU BRANZA LA CUPTOR 280GR	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	58.50	40.15	28.35	649.75
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA DE PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>210.34</b>	<b>234.97</b>	<b>124.23</b>	<b>2,869.77</b>
<b>COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA SLAB SARATA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,GBANANA 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	98.65	26.60	851.60
2	PRANZ F2 COMUN PULPA DE PORC 80GG CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	4.71	28.32	8.47	208.31

Nr.	Denumire					
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	43.25	58.45	39.65	763.65
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>161.85</b>	<b>326.25</b>	<b>92.60</b>	<b>2,785.74</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA SLAB SARATA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,GBANANA 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	98.65	26.60	851.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, EUGENIE25G	IAURT(LACTOZA)	23.00	157.20	47.80	1,160.00
3	PRANZ F2 COMUN PULPA DE PORC 80GG CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	4.71	28.32	8.47	208.31
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G,	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	43.25	58.45	39.65	763.65
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>193.25</b>	<b>574.85</b>	<b>150.84</b>	<b>4,439.10</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA SLAB SARATA100G, CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,GBANANA 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	98.65	26.60	851.60
2	PRANZ F2 COMUN PULPA DE PORC 80GG CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	4.71	28.32	8.47	208.31
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	43.25	58.45	39.65	763.65
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>161.85</b>	<b>326.25</b>	<b>92.60</b>	<b>2,785.74</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu  
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 Contract/conventie: 4448067  
 CAS: ISAMB

**MENIUL ZILNIC**  
 05/02/2026

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 16-COPIII)	IAURT(LACTOZA) OU	2,206.28	11,602.56	2,567.20	79,825.76
<b>Total COPIII 0-3 ANI</b>			<b>2,206.28</b>	<b>11,602.56</b>	<b>2,567.20</b>	<b>79,825.76</b>
<b>HIDRIC/HZL</b>						
<b>Alergeni</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>20.09</b>	<b>182.31</b>	<b>17.70</b>	<b>960.89</b>
<b>REGIM ULCER/COLECIST</b>						
<b>Alergeni</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>160.99</b>	<b>282.92</b>	<b>96.28</b>	<b>2,642.14</b>
<b>REGIM SPECIAL</b>						
<b>Alergeni</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20

Nr.	Denumire					
<b>Total REGIM SPECIAL</b>			<b>162.09</b>	<b>338.87</b>	<b>89.18</b>	<b>2,806.44</b>
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G, ARDEI 80G,CASTRAVETE80G,ROSIE 80G,IAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	75.20	28.00	697.70
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU PULPA PUI 65G A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	26.31	14.91	25.98	398.26
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT PUI INF80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
5	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA70G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	46.30	757.50
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>165.95</b>	<b>296.89</b>	<b>116.06</b>	<b>2,873.95</b>
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G, ROSIE 80G,ARDEI 80G,CASTRAVETE 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT A LA GREC330ML	IAURT(LACTOZA) OU TELINA	4.54	16.80	6.88	146.87
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA VITA80G CU SOTE DE DOVLECEI 250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI250ML, PAINE100, SUNCA DE PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>152.54</b>	<b>206.80</b>	<b>72.18</b>	<b>2,057.07</b>
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE BRANZA 100GR SUNCA 50GR CASCAVAL50GR,MUSCHI FILE50G,ROSIE 80G, MERE 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	88.35	26.90	817.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA 400MLDREASA CU OU SI SMINTINA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.47	16.71	6.71	145.08
3	PRANZ F2 COMUN PULPA DE PORC80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	40.54	710.86
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>162.97</b>	<b>250.76</b>	<b>91.90</b>	<b>2,481.99</b>

Nr.	Denumire					
<b>ONC C/ AR C/ HIV C</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI LAMAIE PAINE BRANZA 100GR SUNCA 50GR CASCAVAL50GR,MUSCHI FILE50G,ROSIE 80G, MERE 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	88.35	26.90	817.50
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, EUGENIE25GBANANA200G	IAURT(LACTOZA)	23.00	197.20	47.80	1,320.00
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA 400MLDREASA CU OU SI SMINTINA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.47	16.71	6.71	145.08
4	PRANZ F2 COMUN PULPA DE PORC80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G,	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	40.54	710.86
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>194.37</b>	<b>539.36</b>	<b>150.14</b>	<b>4,295.35</b>
<b>LEHUZE COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI LAMAIE PAINE BRANZA 100GR SUNCA 50GR CASCAVAL50GR,MUSCHI FILE50G,ROSIE 80G, MERE 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	88.35	26.90	817.50
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU FIDEA 400MLDREASA CU OU SI SMINTINA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.47	16.71	6.71	145.08
3	PRANZ F2 COMUN PIEPT PUIT80G CU CARTOFI SI MORCOV280G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	46.35	40.15	40.54	710.86
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>161.26</b>	<b>305.47</b>	<b>90.25</b>	<b>2,679.13</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b>  <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
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**MENIUL ZILNIC**  
**06/02/2026**

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 15-COPIII)	IAURT(LACTOZA) OU	2,095.95	10,328.40	2,398.60	72,650.60
<b>Total COPIII 0-3 ANI</b>			<b>2,095.95</b>	<b>10,328.40</b>	<b>2,398.60</b>	<b>72,650.60</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>20.09</b>	<b>182.31</b>	<b>17.70</b>	<b>960.89</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>171.35</b>	<b>264.77</b>	<b>108.03</b>	<b>2,716.70</b>
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>162.09</b>	<b>338.87</b>	<b>89.18</b>	<b>2,806.44</b>
<b>REGIM</b>						
1	MIC DEJUN REGIM CEAI 250ML,	BRANZA(LACTOZA) PAINE(GLUTEN)	33.90	67.00	19.50	579.10

Nr.	Denumire					
	PAINÉ100G,BRANZA DIETÉTICA 100G, SUNCA PUI50G, ARDEI 80G,,ROSIE 80G,	SUNCA PUI(SOIA)				
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU PULPA DE PUI INF SI FIDEA 400MLDREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.71	15.01	26.02	400.62
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINÉ(GLUTEN)	44.13	54.61	14.89	528.97
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	46.45	58.85	46.45	839.25
6	CINA F2 REGIM CEAI250ML SI PAINÉ100G	PAINÉ(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>166.80</b>	<b>294.56</b>	<b>118.50</b>	<b>2,911.70</b>
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINÉ BRANZA DIETÉTICA100G.SUNCA PUI100G, ROSIE 80G,ARDEI 80G,CASTRAVETE 80GOU FIERT1BUC	BRANZA(LACTOZA) OU PAINÉ(GLUTEN) SUNCA PUI(SOIA)	50.90	64.00	30.40	719.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM COMPOT MERE 200G		0.00	25.40	0.00	101.60
3	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 DIABET SUPA DE ZARZAVAT CU PULPA PUI INF 50G SI FIDEA,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.86	15.79	25.96	403.80
5	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII250G, PAINÉ100G	PAINÉ(GLUTEN)	41.05	51.35	14.45	499.65
6	CINA F1 DIABET PULPA PORC 80G SI GHIVECI DE LEGUME250G	TELINA	46.98	34.07	16.26	470.54
7	CINA F2 DIABET CEAI250ML, PAINÉ100, SUNCA DE PUI 50G	PAINÉ(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>187.89</b>	<b>249.01</b>	<b>94.67</b>	<b>2,577.69</b>
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINÉ BRANZA 100GR SUNCA 50GR CASCAVAL50GR,MUSCHI FILE50G,ROSIE 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINÉ(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI DOVLECEI ,DREASA CU OU SI IAURT 400ML	OU TELINA	4.86	10.15	10.01	150.09
3	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINÉ100G	FAINA(GLUTEN) PAINÉ(GLUTEN)	59.63	59.61	18.39	642.47
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
6	CINA F2 COMUN CEAI250ML,PAINÉ100G	PAINÉ(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>159.62</b>	<b>252.34</b>	<b>88.99</b>	<b>2,448.74</b>
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINÉ BRANZA 100GR SUNCA 50GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	55.50	62.95	26.90	715.90

Nr.	Denumire					
	CASCAVAL50GR,MUSCHI FILE50G,ROSIE 80G	PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, EUGENIE25GBANANA200G	IAURT(LACTOZA)	23.00	197.20	47.80	1,320.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI DOVLECEI ,DREASA CU OU SI IAURT 400ML	OU TELINA	4.86	10.15	10.01	150.09
4	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G,	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
8	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>191.02</b>	<b>540.94</b>	<b>147.23</b>	<b>4,262.10</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE BRANZA 100GR SUNCA 50GR CASCAVAL50GR,MUSCHI FILE50G,ROSIE 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI DOVLECEI ,DREASA CU OU SI IAURT 400ML	OU TELINA	4.86	10.15	10.01	150.09
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>151.42</b>	<b>248.34</b>	<b>87.59</b>	<b>2,387.34</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b>  <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: ISAMB</b>
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**MENIUL ZILNIC**  
07/02/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 AN( 12-COPIII)	IAURT(LACTOZA) OU	1,623.96	8,389.32	2,001.00	59,340.12
<b>Total COPIII 0-3 ANI</b>			<b>1,623.96</b>	<b>8,389.32</b>	<b>2,001.00</b>	<b>59,340.12</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>20.09</b>	<b>182.31</b>	<b>17.70</b>	<b>960.89</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>160.99</b>	<b>282.92</b>	<b>96.28</b>	<b>2,642.14</b>
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>162.09</b>	<b>338.87</b>	<b>89.18</b>	<b>2,806.44</b>
<b>REGIM</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G, IAURT200G,COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.30	111.00	35.04	932.76
2	MAPRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF50G SI CARTOFI 400MLDREASA CU OU SI IAURT	IAURT(LACTOZA) OU TELINA	28.19	28.58	26.16	462.08
3	PRANZ F2 REGIM PIEPT DEPUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM TOCANITA DE FICAT 150G SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	60.33	51.95	39.02	800.30
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>188.77</b>	<b>335.08</b>	<b>116.32</b>	<b>3,134.04</b>
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI50G, ARDEI 80G,CASCAVAL50G,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	46.70	58.45	43.10	808.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF 50G SI CARTOFI ,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	28.19	28.58	26.16	462.08
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM COMPOT DE MERE300ML		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC 80GR SI MACAROANE CU BRANZA LA CUPTOR 280GR	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU) UNT(LACTOZA)	58.50	40.15	28.35	649.75
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI FILE 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>203.99</b>	<b>261.63</b>	<b>123.76</b>	<b>2,967.88</b>
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE BRANZA 100GR SUNCA PORC 50GR ,MUSCHI FILE50G,OU FIERT1BUC,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.70	71.74	42.70	878.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA 400MLDREASA CU OU SI SMINTINA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.77	16.71	10.16	181.33
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU SOTE DE CARTOFI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
5	CINA F3 COMUN CASTRAVETI MURATI		0.00	0.00	0.00	0.00
6	PRANZ F3 COMUN GOGOSARI MURATI		0.00	0.00	0.00	0.00
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>150.91</b>	<b>288.18</b>	<b>102.49</b>	<b>2,678.73</b>

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>ONC C/ AR C/ HIV C</b>						
1	MIC DEJUN COMUN CEAI LAMAIE PAINE BRANZA 100GR SUNCA PORC 50GR ,MUSCHI FILE50G,OU FIERT1BUC,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.70	71.74	42.70	878.06
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, EUGENIE25G	IAURT(LACTOZA)	23.00	157.20	47.80	1,160.00
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE DE PORC SI FIDEA 400MLDREASA CU OU SI SMINTINA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.77	16.71	10.16	181.33
4	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G,	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INFERIOARA80G CU SOTE DE CARTOFI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
7	CINA F3 COMUN CASTRAVETI MURATI		0.00	0.00	0.00	0.00
8	PRANZ F3 COMUN GOGOSARI MURATI		0.00	0.00	0.00	0.00
9	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>182.31</b>	<b>536.78</b>	<b>160.73</b>	<b>4,332.09</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI LAMAIE PAINE BRANZA 100GR SUNCA PORC 50GR ,MUSCHI FILE50G,OU FIERT1BUC,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	51.70	71.74	42.70	878.06
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE DE PORC SI FIDEA 400MLDREASA CU OU SI SMINTINA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.77	16.71	10.16	181.33
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU SOTE DE CARTOFI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
5	CINA F3 COMUN CASTRAVETI MURATI		0.00	0.00	0.00	0.00
6	PRANZ F3 COMUN GOGOSARI MURATI		0.00	0.00	0.00	0.00
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>150.91</b>	<b>288.18</b>	<b>102.49</b>	<b>2,678.73</b>

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR