

MENIUL ZILNIC
23/01/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(14-COPIII)	IAURT(LACTOZA) OU	973.95	3,290.20	556.40	21,936.20
Total COPIII 0-3 ANI			973.95	3,290.20	556.40	21,936.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.79	202.71	17.70	1,041.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.33	23.64	23.97	411.57
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total REGIM ULCER/COLECIST			174.37	282.85	108.42	2,804.61
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.33	23.64	23.97	411.57
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.31	337.15	89.22	2,800.80
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA DIETETICA100G, SUNCA PUI 50G, ROSIE80G, CASTRAVETE80G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	102.60	22.20	733.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF 80GSI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.41	15.36	26.09	405.45
3	PRANZ F2 REGIM PIEPT DE PUI80G OREZ CU LEGUME 330G PAINE100G	PAINE(GLUTEN)	47.24	88.03	15.13	677.24
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA70G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	46.30	757.50
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			162.80	299.74	110.92	2,834.49
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G,SUNCA PUI50G,CASCAVAL50G , ROSIE80G CASTRAVETI80G ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	47.70	61.75	29.90	693.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF 50G SI FIDEA,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.41	15.36	26.09	405.45
4	PRANZ F2 DIABET PULPA DE PORC 80G CU SOTE DE FASOLE VERDE350G SI PAINE100G	PAINE(GLUTEN)	52.05	51.55	17.15	568.75
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA DE PULPA DE VITA80G SI MAMALIGA200G		34.33	41.95	14.52	435.80
7	CINA F2 DIABET CEAI250ML, PAINE100G ,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			192.29	254.51	111.46	2,768.40
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G,BRANZA PUTIN SARATA100G, SUNCA PORC 50G,MUSCHI FILE 50G,ARDEI80G,ROSII80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	44.10	67.30	19.60	622.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	4.54	7.93	6.80	111.04
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN TOCANITA DE PULPA PUI 80G CU CAROTFI NATUR250G	UNT(LACTOZA)	34.98	62.35	41.22	760.30
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			152.87	325.03	96.26	2,778.10

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
ONC C/ AR C/ HIV C						
1	MIC DEJUN COMUN CASTRAVETI 100G		1.56	0.24	3.48	22.32
2	MIC DEJUN COMUN CEAI250ML CU PAINE100G,BRANZA PUTIN SARATA100G, SUNCA PORC 50G,MUSCHI FILE 50G,ARDEI80G,ROSII80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	44.10	67.30	19.60	622.00
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV BANANE200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	84.90	10.44	462.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	4.54	7.93	6.80	111.04
5	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
6	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
8	CINA F1 COMUN TOCANITA DE PULPA PUI 80G CU CAROTFI NATUR250G	UNT(LACTOZA)	34.98	62.35	41.22	760.30
9	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			170.03	501.57	120.62	3,756.34
LEHUZE COMUN						
Alergeni						
			Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G,BRANZA PUTIN SARATA100G, SUNCA PORC 50G,MUSCHI FILE 50G,ARDEI80G,ROSII80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	44.10	67.30	19.60	622.00
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	4.54	7.93	6.80	111.04
3	PRANZ F2 COMUN PULPA DE PORC 80G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN TOCANITA DE PULPA PUI 80G CU CAROTFI NATUR250G	UNT(LACTOZA)	34.98	62.35	41.22	760.30

Nr.	Denumire					
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			152.87	325.03	96.26	2,778.10

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: ISAMB

MENIUL ZILNIC

24/01/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(16-COPIII)	IAURT(LACTOZA) OU	818.45	4,007.60	479.50	23,459.70
Total COPIII 0-3 ANI			818.45	4,007.60	479.50	23,459.70
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.79	202.71	17.70	1,041.29

Nr.	Denumire					
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.33	23.64	23.97	411.57
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			161.21	281.20	96.32	2,636.50
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.33	23.64	23.97	411.57
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.31	337.15	89.22	2,800.80
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA DIETETICA100G, SUNCA PUI 50G, ROSIE80G, IAURT200G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.20	81.94	24.90	700.66
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF 80G FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	26.58	10.81	25.76	381.36
3	PRANZ F2 REGIM PIEPT DE PUI80G SI MACAROANE CU SOS ROSII	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70

Nr.	Denumire					
	PAINÉ250G					
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 REGIM COMPOT DE CIRESE 300G SI PAINÉ100G	PAINÉ(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			152.57	316.23	99.19	2,759.86
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINÉ BRANZA DIETETICA100G.SUNCA PUI100G,CASCAVAL50G, ROSIE80G,OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINÉ(GLUTEN) SUNCA PUI(SOIA)	61.00	59.45	34.80	795.00
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	26.39	9.78	25.82	376.99
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINÉ100G	PAINÉ(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA PORC80G SI OREZ CU LEGUME350G		46.14	40.53	16.03	490.94
7	CINA F2 DIABET CEAI250ML, PAINÉ100G ,SUNCA PORC 50G	PAINÉ(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			207.53	233.80	107.50	2,716.78
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINÉ100G,, SUNCA PORC 50G,MUSCHI FILE 50G,CASCAVAL50G,MASLINE25G,UNT20G,GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINÉ(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	69.62	37.00	772.16
2	PRANZ F2 COMUN CARNATI DE PORC 105G CU GARNITURA DE OREZ CU MORCOV250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINÉ(GLUTEN)	29.59	87.88	46.93	824.24
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.73	15.25	6.75	140.63
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	43.25	58.45	39.65	763.65
5	PRANZ F3 COMUN GOGOSARI MURATI		0.00	0.00	0.00	0.00
6	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINÉ100G	PAINÉ(GLUTEN)	9.00	103.40	1.20	460.40
Total COMUN			126.74	334.59	131.53	2,961.07
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CASTRAVETI 100G		1.56	0.24	3.48	22.32
2	MIC DEJUN COMUN CEAI250ML CU PAINE100G,, SUNCA PORC 50G,MUSCHI FILE 50G,CASCAVAL50G,MASLINE25G,UNT20G,GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	69.62	37.00	772.16
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV BANANE200G, COMPOT CIRESE 300ML		1.20	86.50	0.00	350.80
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.73	15.25	6.75	140.63
5	PRANZ F2 COMUN PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV BANANE 200G,COMPOT VISINE300G		1.20	86.50	0.00	350.80
7	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	43.25	58.45	39.65	763.65
8	PRANZ F3 COMUN GOGOSARI MURATI		0.00	0.00	0.00	0.00
9	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total ONC C/ AR C/ HIV C			145.10	507.58	102.66	3,518.44
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G,, SUNCA PORC 50G,MUSCHI FILE 50G,CASCAVAL50G,MASLINE25G,UNT20G,GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	69.62	37.00	772.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.73	15.25	6.75	140.63
3	PRANZ F2 COMUN PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI GRATINATI300G	BRANZA(LACTOZA) OU	43.25	58.45	39.65	763.65
5	PRANZ F3 COMUN GOGOSARI MURATI		0.00	0.00	0.00	0.00
6	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total LEHUZE COMUN			141.14	334.34	99.18	2,794.52

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

25/01/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(19-COPIII)	IAURT(LACTOZA) OU	1,482.73	3,969.16	882.00	29,505.56
Total COPIII 0-3 ANI			1,482.73	3,969.16	882.00	29,505.56
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.79	202.71	17.70	1,041.29
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.33	23.64	23.97	411.57
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			161.21	281.20	96.32	2,636.50
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.33	23.64	23.97	411.57
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.31	337.15	89.22	2,800.80
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA DIETETICA100G, SUNCA PUI 50G, IAURT200G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	38.10	77.64	24.60	676.36
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.38	14.40	26.15	402.03
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	14.89	528.97
4	CINA F1 REGIM PULPA DE PUI INF 80G SI OREZ CU LEGUME350G		33.99	40.53	32.98	594.89
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			152.01	241.37	99.82	2,463.45
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G,CASCAVAL50G,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	52.90	55.75	43.70	827.90

Nr.	Denumire					
		UNT(LACTOZA)				
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.38	14.40	26.15	402.03
4	PRANZ F2 DIABET PIEPT PUI 80G CU PASTE CU SOS ROSII 250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.75	91.35	14.90	686.50
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE VITA80G CU SOTE DE FASOLE VERDE 350G		34.75	4.05	14.45	285.25
7	CINA F2 DIABET CEAI250ML, PAINE100G ,MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			193.83	230.05	115.90	2,722.18
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G,BRANZA 100G, SUNCA PORC 50G,MUSCHI FILE 50G,MASLINE25G,UNT20G,GEM20G,OU FIERT1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	52.08	71.97	46.90	918.26
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI,DREASA CU OU400ML	OU TELINA	5.73	26.75	6.86	191.62
3	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.25	98.35	18.25	850.35
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			174.22	311.44	112.81	2,965.65
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI 100G		1.56	0.24	3.48	22.32
2	MIC DEJUN COMUN CEAI250ML CU PAINE100G,BRANZA 100G, SUNCA PORC 50G,MUSCHI FILE 50G,MASLINE25G,UNT20G,GEM20G,OU FIERT1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	52.08	71.97	46.90	918.26
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV COZONAC100G,IAURT200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI,DREASA CU OU400ML	OU TELINA	5.73	26.75	6.86	191.62
5	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE	PAINE(GLUTEN)	71.25	98.35	18.25	850.35

Nr.	Denumire					
	USCATA250G SI PAINE100G					
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
8	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			197.78	455.98	142.77	3,883.89
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G,BRANZA 100G, SUNCA PORC 50G,MUSCHI FILE 50G,MASLINE25G,UNT20G,GEM20G,OU FIERT1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	52.08	71.97	46.90	918.26
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI,DREASA CU OU400ML	OU TELINA	5.73	26.75	6.86	191.62
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 70G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			154.40	268.70	111.55	2,696.37

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

26/01/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(19-COPIII)	IAURT(LACTOZA) OU	1,488.59	4,272.48	850.00	30,470.28
Total COPIII 0-3 ANI			1,488.59	4,272.48	850.00	30,470.28
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.79	202.71	17.70	1,041.29
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.33	23.64	23.97	411.57
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.00	59.30	24.60	658.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			173.07	282.95	107.22	2,789.01
REGIM SPECIAL						
Alergeni						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00

Nr.	Denumire							
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.33	23.64	23.97	411.57		
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94		
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09		
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20		
Total REGIM SPECIAL			162.31	337.15	89.22	2,800.80		
REGIM			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G, GEM20G, IAURT200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	38.10	77.64	24.60	676.36		
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G SI CARTOFI,DREASA CU IAURT 400ML	IAURT(LACTOZA) TELINA	26.28	25.75	24.46	427.82		
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50		
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNUGURESTI250G		34.00	60.15	32.90	672.70		
5	CINA F2 REGIM ,PAINE100G, , COMPOT VISINE300G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20		
Total REGIM			151.93	345.91	97.74	2,862.58		
DIA/HEP/AR R/ ONC R/ HIV R			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G,CASCAVAL50G,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.90	55.75	43.70	827.90		
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00		
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARTOFI DREASA CU IAURT	IAURT(LACTOZA) TELINA	3.91	25.75	5.33	166.20		
4	PRANZ F2 DIABET PIEPT DE PUI80G CU GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	44.19	89.63	14.58	666.49		
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00		
6	CINA F1 DIABET PULPA DE VITA 80G CU SOTE DE SPANAC250G		35.95	8.85	14.45	309.25		

Nr.	Denumire					
7	CINA F2 DIABET CEAI250ML, PAINE100G ,MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			169.00	244.48	94.76	2,490.34
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE BRANZA MUSCHI FILE SUNCA PORC CASCAVAL UNT GEM	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.76	9.99	6.61	114.48
3	PRANZ F2 COMUN PULPA DE PORC 105G SI MANCARE DE SPANAC 270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			165.84	233.94	109.34	2,583.17
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE BRANZA MUSCHI FILE SUNCA PORC CASCAVAL UNT GEM	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.76	9.99	6.61	114.48
4	PRANZ F2 COMUN PULPA DE PORC 105G SI MANCARE DE SPANAC 270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			180.64	333.34	125.38	3,176.53
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE BRANZA MUSCHI FILE	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	55.80	71.39	43.00	895.76

Nr.	Denumire					
	SUNCA PORC CASCAVAL UNT GEM	GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)				
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.76	9.99	6.61	114.48
3	PRANZ F2 COMUN PULPA DE PORC 105G SI MANCARE DE SPANAC 270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			165.84	233.94	109.34	2,583.17

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu
 Str. Progresului, nr. 18, Tg. Jiu, GORJ
 Contract/conventie: 4448067
 CAS: 1SAMB

MENIUL ZILNIC
 27/01/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
	COPIII 0-3 ANI	Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(13-COPIII)	IAURT(LACTOZA)	780.02	2,111.44	408.80	15,101.04

Nr.	Denumire					
Total COPIII 0-3 ANI			780.02	2,111.44	408.80	15,101.04
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.39	185.31	17.70	974.09
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.33	23.64	23.97	411.57
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			174.37	282.85	108.42	2,804.61
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.33	23.64	23.97	411.57
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54

Nr.	Denumire					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.31	337.15	89.22	2,800.80
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G,COZONAC 100G, IAURT200G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.30	111.00	35.04	932.76
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU PULPA DE PUI INF 80G FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	24.70	8.64	24.53	354.09
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	14.89	528.97
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G		30.60	38.87	32.43	569.75
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			153.13	267.32	108.09	2,646.77
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G,CASCAVAL50G,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.90	55.75	43.70	827.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF80G SI FULGI DE OU 420ML	FAINA(GLUTEN) OU TELINA	24.66	8.39	24.53	352.90
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET TOCANITA70G PULPA DE VITA 80G		31.01	4.05	13.89	265.25
7	CINA F1 DIABET CARTOFI NATUR	UNT(LACTOZA)	7.00	57.90	8.80	338.80
8	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			192.57	243.14	122.67	2,830.80
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire							
1	MIC DEJUN COMUN CEAI CU PAINE BRANZA MUSCHI FILE SUNCA PORC CASCAVAL UNT GEM	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76		
2	PRANZ F1 COMUN CIORBA CU OASE A LA GREC 400G	TELINA	4.13	23.44	8.37	185.57		
3	PRANZ F2 COMUN PULPA DE PUI80G SI MACAROANE CU SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	41.60	89.35	33.95	829.35		
4	CINA F1 COMUN PULPA PORC 80G CU GHIVECI DE LEGUME310G		46.39	33.16	16.20	463.99		
5	CINA F2 COMUN COMPOT CIRESE 300ML SI PAINE 100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20		
Total COMUN			157.52	312.34	102.72	2,803.86		
ONC C/ AR C/ HIV C			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE BRANZA MUSCHI FILE SUNCA PORC CASCAVAL UNT GEM	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76		
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00		
3	PRANZ F1 COMUN CIORBA CU OASE A LA GREC 400G	TELINA	4.13	23.44	8.37	185.57		
4	PRANZ F2 COMUN PULPA DE PUI80G SI MACAROANE CU SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	41.60	89.35	33.95	829.35		
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300GEUGENIE 1BUC	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36		
6	CINA F1 COMUN PULPA PORC 80G CU GHIVECI DE LEGUME310G		46.39	33.16	16.20	463.99		
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20		
Total ONC C/ AR C/ HIV C			171.12	370.94	118.76	3,229.22		
LEHUZE COMUN			Alergeni		Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE BRANZA MUSCHI FILE SUNCA PORC CASCAVAL UNT GEM	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76		
2	PRANZ F1 COMUN CIORBA CU OASE A LA GREC 400G	TELINA	4.13	23.44	8.37	185.57		
3	PRANZ F2 COMUN PULPA DE PUI80G SI MACAROANE CU SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	41.60	89.35	33.95	829.35		
4	CINA F1 COMUN PULPA PORC 80G CU GHIVECI DE		46.39	33.16	16.20	463.99		

Nr.	Denumire				
	LEGUME310G				
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total LEHUZE COMUN			156.32	271.54	102.72 2,635.86

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
28/01/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(11-COPIII)	IAURT(LACTOZA)	1,153.73	5,105.56	1,167.10 36,228.66
Total COPIII 0-3 ANI			1,153.73	5,105.56	1,167.10 36,228.66
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00 22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80 541.20

Nr.	Denumire					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G		24.81	22.36	23.93	404.01
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.69	279.92	96.28	2,628.94
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G		24.81	22.36	23.93	404.01
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.79	335.87	89.18	2,793.24
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN)	45.30	111.00	35.04	932.76

Nr.	Denumire					
	DIETETICA 100G, SUNCA PUI50G,COZONAC 100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)				
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI FASOLE VERDE 400MLDREASA CU IAURT	IAURT(LACTOZA) TELINA	25.20	6.82	24.42	347.42
3	PRANZ F2 REGIM PIEPT DEPUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA DE PUI 150GCU GHIVECI LEGUME310G		34.03	31.25	33.13	559.28
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			159.48	292.62	108.69	2,778.36
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G,CASCAVAL50G,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.90	55.75	43.70	827.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT CU FASOLE VERDE SI PULPA PUI INF65G DREASA CU IAURT400ML	IAURT(LACTOZA) TELINA	25.20	6.82	24.42	347.42
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA VITA80G SI OREZ CU LEGUME350G		46.14	40.53	16.03	490.94
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			202.44	226.75	113.90	2,733.41
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE BRANZA 100G MUSCHI FILE50G SUNCA PORC50G CASCAVAL50G UNT20G GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	4.00	14.73	8.42	150.67
3	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47

Nr.	Denumire					
4	CINA F1 COMUN TOCANITA DE FICAT160G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	50.33	49.95	29.22	664.10
5	CINA F2 COMUN CEAI250ML,PAIN100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			178.16	249.88	100.23	2,614.19
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE BRANZA 100G MUSCHI FILE50G SUNCA PORC50G CASCAVAL50G UNT20G GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	4.00	14.73	8.42	150.67
4	PRANZ F2 COMUN PULPA PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G, EUGENIE25G	COZONAC(NUCA,OU,GLUTEN)	25.00	240.60	52.64	1,553.36
6	CINA F1 COMUN TOCANITA DE FICAT160G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	50.33	49.95	29.22	664.10
7	CINA F2 COMUN CEAI250ML,PAIN100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			209.56	498.48	158.47	4,267.55
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE BRANZA 100G MUSCHI FILE50G SUNCA PORC50G CASCAVAL50G UNT20G GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	4.00	14.73	8.42	150.67
3	PRANZ F2 COMUN PIEPT DE PUI80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 COMUN TOCANITA DE FICAT160G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	50.33	49.95	29.22	664.10
5	CINA F2 COMUN CEAI250ML,PAIN100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			165.07	296.33	96.74	2,716.22

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu
Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: ISAMB

MENIUL ZILNIC
 29/01/2026

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(11-COPIII)	IAURT(LACTOZA) OU	2,196.30	13,186.00	2,992.80	90,525.20
Total COPIII 0-3 ANI			2,196.30	13,186.00	2,992.80	90,525.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI 250ML,	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	45.60	59.55	42.90	806.70

Nr.	Denumire					
	PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G		24.81	22.36	23.93	404.01
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.69	279.92	96.28	2,628.94
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G, ARDEI80, CASTRAVETI80G, ROSIE80G, BANANE300G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	127.20	22.40	837.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF65G A LA GREC 400ML	IAURT(LACTOZA) OU TELINA	26.76	16.02	26.07	405.31
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA70G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	46.30	757.50

Nr.	Denumire					
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			159.96	324.34	110.55	2,918.21
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G, ROSIE80G, ARDEI80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI80G A LA GREC330ML	IAURT(LACTOZA) OU TELINA	26.76	16.02	26.07	405.31
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE250G		0.00	31.75	0.00	127.00
6	CINA F1 DIABET TOCANITA DE PULPA DE PORC80G SI MAMALIGA200G		43.33	41.95	16.02	485.30
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G, MUSCHI FILE50G	BRANZA(LACTOZA) PAINE(GLUTEN)	35.25	50.50	22.50	545.50
Total DIA/HEP/AR R/ ONC R/ HIV R			199.19	264.17	108.44	2,807.46
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, MUSCHI FILE50G, SUNCA PORC50G, MERE250G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	43.20	90.35	22.00	718.70
2	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.91	14.87	8.17	188.61
3	PRANZ F2 COMUN PULPA DE PORC80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA DE PUI INF80G SI CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			147.76	270.92	80.82	2,388.56

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
ONC C/ AR C/ HIV C						
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, MUSCHI FILE50G, SUNCA PORC50G, MERE250G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	43.20	90.35	22.00	718.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, EUGENIE25G, BANANE300G	IAURT(LACTOZA)	23.00	217.20	47.80	1,400.00
3	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.91	14.87	8.17	188.61
4	PRANZ F2 COMUN PULPA DE PORC80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G, EUGENIE25G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA DE PUI INF80G SI CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			179.16	579.52	139.06	4,281.92
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, BRANZA100G, MUSCHI FILE50G, SUNCA PORC50G, MERE250G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	43.20	90.35	22.00	718.70
2	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.91	14.87	8.17	188.61
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA DE PUI INF80G SI CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			150.70	307.20	80.95	2,546.59

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: ISAMB

MENIUL ZILNIC

30/01/2026

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(10-COPIII)	IAURT(LACTOZA) OU	1,557.53	8,705.66	1,870.90	58,985.06
Total COPIII 0-3 ANI			1,557.53	8,705.66	1,870.90	58,985.06
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERISICI300ML ,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML		3.49	31.91	4.90	185.69
4	SUPLIMET HIDRIC/ HZL COMPOT PIERISICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.09	182.31	17.70	960.89
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI 250ML, PAINE100G,BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21

Nr.	Denumire					
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	282.92	96.28	2,642.14
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI 250ML, PAINE100G,BRANZA DIETETICA100G , CARTOFI200G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	30.70	113.50	18.80	746.00
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA PUI INF65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.09	338.87	89.18	2,806.44
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI 250ML, PAINE100G,BRANZA DIETETICA 100G, SUNCA PUI50G, ARDEI80, ROSIE80G,COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.10	111.90	29.94	881.66
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INF SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.31	16.90	26.05	410.85
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN)	47.34	89.03	15.13	681.64
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNUGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			158.15	332.18	105.22	2,908.05

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
DIA/HEP/AR R/ ONC R/ HIV R						
1	MIC DEJUN DIABET CEAI LAMAIE PAINE BRANZA DIETETICA100G.SUNCA PUI100G, ROSIE80G, ARDEI80G, CASTRAVETE80G.OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.90	64.00	30.40	719.70
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INF65G SI FIDEA,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.31	16.90	26.05	410.85
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE250G		0.00	31.75	0.00	127.00
6	CINA F1 DIABET PULPA DE PORC 80G CU SOTE DE SPANAC250G		44.95	8.85	15.95	358.75
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			189.86	229.35	97.95	2,536.45
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G, ROSII80G,BANANE200G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	39.50	100.95	16.70	712.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.25	98.35	18.25	850.35
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			171.61	321.52	87.96	2,771.82
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G, ROSII80G,BANANE200G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	39.50	100.95	16.70	712.10
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, EUGENIE25G, BANANE200G	IAURT(LACTOZA)	23.00	197.20	47.80	1,320.00

Nr.	Denumire					
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
4	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	71.25	98.35	18.25	850.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G,COMPOT VISINE300G,	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			203.01	610.12	146.20	4,585.18
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU PAINE100G, CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G, ROSII80G,BANANE200G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	39.50	100.95	16.70	712.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PULPA DE PORC 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	54.54	89.03	17.23	729.34
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			154.90	312.20	86.94	2,650.80

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR