

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

03/12/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(04COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	410.82	1,261.84	247.70	8,855.94
Total COPIII 0-3 ANI			410.82	1,261.84	247.70	8,855.94
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	282.92	100.10	2,694.46
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
	MORCOV280G, PAINE100G					
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G,IAURT 200G,CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.60	124.20	42.40	1,052.80
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 330ML SI PULPA INFERIOARA 80G	FAINA(GLUTEN) OU TELINA	30.80	11.57	29.60	435.90
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
5	CINA F1 REGIM PULPA PUI SI MACAROANE CU SOS DE ROSII	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			161.95	343.59	120.53	3,098.95
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI100G, ARDEI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.10	58.90	20.00	576.00
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	30.95	12.35	29.54	439.08
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE SPANAC250G		44.95	8.85	15.95	358.75
7	CINA F2 DIABET CEAI250ML, PAINE100G ,BRANZA DIETETICA 100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			198.15	200.95	107.94	2,559.88
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G .CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52

Nr.	Denumire					
	,DREASA CU OU					
3	F3 DIABET MERE		0.00	25.40	0.00	101.60
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	CINA F1 COMUN PULPA DE PUI INFERIOARA 80G SI CARTOFI NATUR250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
6	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			140.51	282.81	143.76	2,905.48
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G .CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, LAPTE200G,BANANE200G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	103.30	21.20	655.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52
4	F3 DIABET MERE		0.00	25.40	0.00	101.60
5	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERCICI300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN PULPA DE PUI INFERIOARA 80G SI CARTOFI NATUR250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
8	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			161.41	477.21	175.40	4,051.64
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G .CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F2 COMUN PIEPT PUI 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.89	86.63	14.58	653.29
4	F3 DIABET MERE		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA DE PUI INFERIOARA 80G SI CARTOFI NATUR250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
6	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			147.75	312.49	100.69	2,747.11

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

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APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(7COPIII)	IAURT(LACTOZA) OU	713.10	2,603.60	424.80	16,962.00
Total COPIII 0-3 ANI			713.10	2,603.60	424.80	16,962.00
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.10	185.80	17.72	979.07
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCaval50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER/COLECIST PIEPT PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			161.10	282.81	96.30	2,642.32
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	PAINE(GLUTEN)	13.98	104.10	1.70	487.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
	DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G					
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			145.48	329.36	72.10	2,548.22
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80GBUC, CASTRAVETE80G, BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	102.60	22.20	733.10
2	PRANZ F1 REGIM CIORBA DE VACUTA400ML CARNE VITA26G DREASA CU IAURT, OU SI OTET	IAURT(LACTOZA) OU TELINA	14.60	14.37	8.50	191.97
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI FRANTUZASTI LA CUPTOR250G	BRANZA(LACTOZA) OU	46.45	58.85	46.45	839.25
5	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.54	317.65	92.93	2,683.21
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML,PAINE100G,SUNCA PUI 100G, BRANZA DIETETICA100G,CASTRAVETI80G, ROSII80G, ARDEI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 REGIM CIORBA DE VACUTA400ML CARNE VITA26G DREASA CU IAURT, OU SI OTET	IAURT(LACTOZA) OU TELINA	14.60	14.37	8.50	191.97
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE 350G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEA1250ML, PAINE100, MUSCHI 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			172.65	221.07	73.80	2,217.17
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09

Nr.	Denumire					
3	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			167.03	252.51	93.27	2,517.57
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
4	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			188.23	405.41	126.91	3,508.93
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
3	PRANZ F2 COMUN PIEPT PUI80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			165.32	307.22	91.62	2,714.71

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

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Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(7 COPIII)	IAURT(LACTOZA) OU	713.10	2,603.60	424.80	16,962.00
Total COPIII 0-3 ANI			713.10	2,603.60	424.80	16,962.00
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.10	185.80	17.72	979.07
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCaval50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER/COLECIST PIEPT PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			161.10	282.81	96.30	2,642.32
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	PAINE(GLUTEN)	13.98	104.10	1.70	487.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			145.48	329.36	72.10	2,548.22
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80GBUC, CASTRAVETE80G, BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	102.60	22.20	733.10
2	PRANZ F1 REGIM CIORBA DE VACUTA400ML CARNE VITA26G DREASA CU IAURT, OU SI OTET	IAURT(LACTOZA) OU TELINA	14.60	14.37	8.50	191.97
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI FRANTUZASTI LA CUPTOR250G	BRANZA(LACTOZA) OU	46.45	58.85	46.45	839.25
5	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.54	317.65	92.93	2,683.21
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML,PAINE100G,SUNCA PUI 100G, BRANZA DIETETICA100G,CASTRAVETI80G, ROSII80G, ARDEI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 REGIM CIORBA DE VACUTA400ML CARNE VITA26G DREASA CU IAURT, OU SI OTET	IAURT(LACTOZA) OU TELINA	14.60	14.37	8.50	191.97
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE 350G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEA1250ML, PAINE100, MUSCHI 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			172.65	221.07	73.80	2,217.17
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
3	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEA1250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			167.03	252.51	93.27	2,517.57
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00

Nr.	Denumire					
3	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
4	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			188.23	405.41	126.91	3,508.93
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
3	PRANZ F2 COMUN PIEPT PUI80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			165.32	307.22	91.62	2,714.71

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

MENIUL ZILNIC
06/12/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(05 COPIII)	IAURT(LACTOZA) OU	704.70	2,013.80	417.60	14,504.40
Total COPIII 0-3 ANI			704.70	2,013.80	417.60	14,504.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80

Nr.	Denumire					
Total HIDRIC/HZL			21.10	185.80	17.72	979.07
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			161.10	282.81	96.30	2,642.32
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.48	331.36	89.10	2,773.22
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,IAURT 200G ROSIE80GBUC, CASTRAVETE80G, ARDEI 80G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	75.20	28.00	697.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	4.38	16.09	6.96	144.11
3	PRANZ F2 REGIM PULPA PUI INFERIOARA80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	41.60	89.35	33.95	829.35
4	CINA F1 REGIM ARDEI UMPLUT CU CARNE TOCATA VITA320G	FAINA(GLUTEN)	28.88	25.31	13.54	338.62
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			124.86	260.14	83.65	2,270.97
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETIC1000G, SUNCA PUI100G,	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN)	48.90	71.40	28.80	718.90

Nr.	Denumire					
	IAURT 200G ARDEI80G,ROSII80G,,CASTRAVETE 80G	SUNCA PUI(SOIA)				
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI INFERIOARA65G	IAURT(LACTOZA) OU TELINA	26.75	16.09	26.09	405.73
4	PRANZ F2 DIABET VARZA CU ROSII 250G SI CARNE TOCATA DE PORC 60G	PAINE(GLUTEN)	40.45	51.35	15.35	505.35
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET CARTOFI UNGURESTI250GR		7.15	60.15	9.95	358.75
7	CINA F1 DIABET TOCANITA70G PULPA DE VITA 80G		31.06	4.31	13.87	266.31
8	CINA F2 DIABET CEAI250ML, PAINE100G, MUSCHI FILE 100G	PAINE(GLUTEN)	30.10	48.50	9.80	402.60
Total DIA/HEP/AR R/ ONC R/ HIV R			190.81	285.20	109.46	2,859.24

COMUN	Alergeni	Proteine	Glucide	Lipide	Calorii	
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	84.05	26.60	793.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.86	10.18	182.70
3	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			167.72	290.76	104.71	2,776.47

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	84.05	26.60	793.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.86	10.18	182.70
4	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			188.92	443.66	138.35	3,767.83

Nr.	Denumire					
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	84.05	26.60	793.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.86	10.18	182.70
3	PRANZ F2 COMUN PULPA DE PORC 105G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			173.12	327.76	105.16	2,950.12

Spitalul Judetean de Urgenta Tg. Jiu
Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
07/12/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(8 COPIII)	IAURT(LACTOZA) OU	591.24	1,713.48	334.40	12,132.48
Total COPIII 0-3 ANI			591.24	1,713.48	334.40	12,132.48
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.10	185.80	17.72	979.07
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN)	45.60	59.55	42.90	806.70

Nr.	Denumire					
	DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	SUNCA PUI(SOIA) UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEA1 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			172.96	284.56	107.20	2,794.83
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.48	331.36	89.10	2,773.22
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,IAURT200G, ROSIE80G, MERE200G, OU FIERT1BUC.	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.60	96.40	32.10	856.90
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU PULPA DE PUI INFERIOARA65G SI FIDEA	PASTE(GLUTEN,OU) TELINA	24.73	15.64	24.05	377.89
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU SOS ROSII SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	46.90	42.35	49.85	805.65
5	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			171.62	296.22	121.78	2,959.33
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETIC100G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.60	64.40	36.70	758.30

Nr.	Denumire					
	SUNCA PUI100G, ARDEI80G,ROSII80G, UNT20G					
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 80G SI FIDEA320ML	PASTE(GLUTEN,OU) TELINA	24.88	16.42	23.99	381.07
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET TOCANITA DE VITA120G SI CARTOFI NATUR250G	UNT(LACTOZA)	38.13	62.35	22.77	606.85
7	CINA F2 DIABET CEAI250ML, PAINE100G, MUSCHI FILE 100G	PAINE(GLUTEN)	30.10	48.50	9.80	402.60
Total DIA/HEP/AR R/ ONC R/ HIV R			193.46	262.02	117.51	2,871.47
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.45	73.59	46.40	961.76
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.48	15.51	10.13	175.12
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			164.80	242.13	110.75	2,624.48
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.45	73.59	46.40	961.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G, MERE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	112.30	23.20	701.20
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.48	15.51	10.13	175.12
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			186.00	445.83	144.39	3,819.04

Nr.	Denumire					
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.45	73.59	46.40	961.76
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.48	15.51	10.13	175.12
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			158.40	238.03	107.15	2,550.08

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
08/12/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10 COPIII)	IAURT(LACTOZA) OU	476.84	2,276.88	294.00	13,548.88
Total COPIII 0-3 ANI			476.84	2,276.88	294.00	13,548.88
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.10	185.80	17.72	979.07

Nr.	Denumire					
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCaval50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			161.10	322.81	96.30	2,802.32
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.48	331.36	89.10	2,773.22
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50,ARDEI80G, ROSIE80G BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	33.90	107.00	19.50	739.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI 80G A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	26.75	16.09	26.09	405.73
3	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			143.93	272.02	94.11	2,510.34
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETIC100G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.60	64.40	36.70	758.30

Nr.	Denumire					
	SUNCA PUI100G, ARDEI80G,ROSII80G, UNT20G					
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI INFERIOARA65G	IAURT(LACTOZA) OU TELINA	26.75	16.09	26.09	405.73
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA PORC80GR CU SALATA ORIENTALA250GR	OU	48.92	60.18	22.66	640.28
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			201.62	264.52	129.89	3,017.16
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI 80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.15	90.85	30.20	883.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU	3.89	12.32	6.66	124.77
3	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN TOCANITA DE FICAT PUI150G INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.33	51.95	32.22	739.10
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			183.02	260.67	86.83	2,556.22
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI 80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.15	90.85	30.20	883.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, MERE200G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	86.90	23.20	599.60
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU	3.89	12.32	6.66	124.77
4	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN TOCANITA DE FICAT PUI150G INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.33	51.95	32.22	739.10
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			204.22	438.97	120.47	3,649.18
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI 80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.15	90.85	30.20	883.80

Nr.	Denumire					
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU	3.89	12.32	6.66	124.77
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 COMUN TOCANITA DE FICAT PUI150G INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.33	51.95	32.22	739.10
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			179.00	264.93	85.17	2,542.24

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR