

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

09/12/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(13COPIII)	IAURT(LACTOZA) OU	501.11	1,866.12	300.40	12,076.52
Total COPIII 0-3 ANI			501.11	1,866.12	300.40	12,076.52
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER SI COLECIST PIEPT PUI SI OREZ250G CU MORCOV SI PAINE100G	PAINE(GLUTEN)	43.84	87.26	14.55	655.34
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.57	283.92	100.10	2,698.86
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94

Nr.	Denumire					
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G, , ROSII80GIAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.35	73.95	24.96	669.84
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU PULPA PUI SI FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.34	15.79	29.78	456.13
3	PRANZ F2 REGIM PIEPT PUI INF80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM FICAT PUI150G CU CARTOFI UNGURESTI300G		47.15	68.15	21.95	658.75
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			170.47	267.69	92.78	2,579.28
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G,OU FIERT1 BUC MUSCHI FILE50G, UNT20G, ROSII80G, ARDEI80G,	BRANZA(LACTOZA) OU PAINE(GLUTEN) UNT(LACTOZA)	47.03	60.34	46.54	848.34
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT CU PULPA DE PUI INFERIOARA80G SI DOVLECEI,DREASA CUOU SI IAURT400ML	IAURT(LACTOZA) OU TELINA	30.24	8.19	29.69	420.52
4	PRANZ F2 DIABET PIEPT PUI80G SI SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.05	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE VITA 80G SI CARTOFI UNGURESTI250		37.15	60.15	14.45	519.25
7	CINA F2 DIABET CEAI250ML, PAINE100G ,SUNCA DE PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			181.92	269.13	115.93	2,839.16
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G OU FIERT 1 BUC, ARDEI 80G,ROSIE 80G , GUNT20G.GEM20GMASLINE25G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) UNT(LACTOZA)	36.78	78.67	39.70	819.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE ,DREASA CU OU	OU TELINA	4.32	9.65	6.76	116.68
3	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
6	CINA F2 COMUN COMPOT DE VISINE 300ML	PAINE(GLUTEN)	9.60	95.00	1.20	429.20

Nr.	Denumire					
	,PAINE100G					
Total COMUN			130.17	300.10	96.70	2,591.38
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G OU FIERT 1 BUC, ARDEI 80G,ROSIE 80G , GUNT20G.GEM20GMASLINE25G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) UNT(LACTOZA)	36.78	78.67	39.70	819.06
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,BANANA 200200G	IAURT(LACTOZA)	6.40	48.00	5.60	260.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE ,DREASA CU OU	OU TELINA	4.32	9.65	6.76	116.68
4	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, CHEC100G.	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
7	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
8	CINA F2 COMUN COMPOT DE PIERCICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			143.87	447.80	119.90	3,437.78
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G OU FIERT 1 BUC, ARDEI 80G,ROSIE 80G , GUNT20G.GEM20GMASLINE25G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) UNT(LACTOZA)	36.78	78.67	39.70	819.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE ,DREASA CU OU	OU TELINA	4.32	9.65	6.76	116.68
3	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
6	CINA F2 COMUN COMPOT DE PIERCICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total LEHUZE COMUN			129.87	299.80	96.70	2,588.98

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
10/12/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(05COPIII)	IAURT(LACTOZA) OU	654.58	1,763.36	402.80	13,216.96
Total COPIII 0-3 ANI			654.58	1,763.36	402.80	13,216.96
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SIPULPA DE PUI 70G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.37	331.47	89.08	2,773.04
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330G	BRANZA(LACTOZA) UNT(LACTOZA)	50.00	59.30	24.60	658.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			172.85	324.67	107.18	2,954.65
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, OU FIER1BUC, ROSIE80G,,ARDEI 80G, CASTRAVETI 80G,BANANA 200G	BRANZA(LACTOZA) OU PAINE(GLUTEN)	36.30	105.90	28.80	814.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPE PUI INF65G FIDEA400ML	PASTE(GLUTEN,OU)	24.44	12.57	24.03	364.27
3	PRANZ F2 REGIM PIEPT PUI 80G SI MANCARE DE FASOLE VERDE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNUGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.38	288.42	101.82	2,646.04
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETIC100G, SUNCA PUI100G,ROSIE80G,CASTRAVETI 80G 80G ARDEI80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.90	64.60	39.60	776.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 65G SI FIDEA	PASTE(GLUTEN,OU) TELINA	24.74	15.57	24.03	377.47
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA DE PORC110GG SI CARTOFI NATUR250G	UNT(LACTOZA)	47.13	62.35	24.27	656.35
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			178.92	277.67	109.95	2,794.37
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, ROSIE80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	88.35	26.90	817.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.39	16.02	6.94	143.69
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN TOCANITA DE PUI160G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	47.18	43.95	43.17	753.05
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			166.90	258.12	95.20	2,556.50
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, ROSIE80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	88.35	26.90	817.50
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV COZONAC100G, IAURT200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT	IAURT(LACTOZA) OU TELINA	4.39	16.02	6.94	143.69

Nr.	Denumire					
	A LA GREC400ML					
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	CINA F1 COMUN TOCANITA DE PUI160G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	47.18	43.95	43.17	753.05
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			188.90	402.42	121.68	3,452.42

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, ROSIE80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	88.35	26.90	817.50
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.39	16.02	6.94	143.69
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN TOCANITA DE PUI160G SI MAMALIGA200G CU BRANZA100G	BRANZA(LACTOZA)	47.18	43.95	43.17	753.05
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			166.90	258.12	95.20	2,556.50

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
11/12/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(07COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	410.82	1,261.84	247.70	8,855.94
Total COPIII 0-3 ANI			410.82	1,261.84	247.70	8,855.94

HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60

Nr.	Denumire					
	OU1BUC,					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	282.92	100.10	2,694.46
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G,IAURT 200G,CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.60	124.20	42.40	1,052.80
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 330ML SI PULPA INFERIOARA 80G	FAINA(GLUTEN) OU TELINA	30.80	11.57	29.60	435.90
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU	PAINE(GLUTEN)	43.95	87.37	14.58	656.50

Nr.	Denumire					
	MORCOV250G, PAINE100G					
5	CINA F1 REGIM PULPA PUI SI MACAROANE CU SOS DE ROSII	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			161.95	343.59	120.53	3,098.95
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI100G, ARDEI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.10	58.90	20.00	576.00
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	30.95	12.35	29.54	439.08
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE SPANAC250G		44.95	8.85	15.95	358.75
7	CINA F2 DIABET CEAI250ML, PAINE100G ,BRANZA DIETETICA 100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			198.15	200.95	107.94	2,559.88
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G .CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52
3	F3 DIABET MERE		0.00	25.40	0.00	101.60
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	CINA F1 COMUN PULPA DE PUI INFERIOARA 80G SI CARTOFI NATUR250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
6	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			140.51	282.81	143.76	2,905.48
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G .CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, LAPTE200G,BANANE200G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	103.30	21.20	655.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52
4	F3 DIABET MERE		0.00	25.40	0.00	101.60

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.10	185.80	17.72	979.07
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER/COLECIST PIEPT PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			161.10	282.81	96.30	2,642.32
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	PAINE(GLUTEN)	13.98	104.10	1.70	487.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			145.48	329.36	72.10	2,548.22
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80GBUC, CASTRAVETE80G, BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	102.60	22.20	733.10
2	PRANZ F1 REGIM CIORBA CU CARNE VITA26G DREASA CU IAURT, OU SI OTET400ML	IAURT(LACTOZA) OU TELINA	14.60	14.37	8.50	191.97
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU	PAINE(GLUTEN)	43.99	87.63	14.58	657.69

Nr.	Denumire					
	GARNITURA CU OREZ SI MORCOV250G, PAINE100G					
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI FRANTUZASTI LA CUPTOR250G	BRANZA(LACTOZA) OU	46.45	58.85	46.45	839.25
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.54	317.65	92.93	2,683.21
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 100G, BRANZA DIETETICA100G,CASTRAVETI80G, ROSII80G, ARDEI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 REGIM CIORBA CU CARNE VITA26G DREASA CU IAURT, OU SI OTET400ML	IAURT(LACTOZA) OU TELINA	14.60	14.37	8.50	191.97
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE 350G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			172.65	221.07	73.80	2,217.17
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
3	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			167.03	252.51	93.27	2,517.57
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
4	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94

Nr.	Denumire					
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			188.23	405.41	126.91	3,508.93
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
3	PRANZ F2 COMUN PIEPT PUI80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			165.32	307.22	91.62	2,714.71

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

MENIUL ZILNIC
13/12/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(12 COPIII)	IAURT(LACTOZA) OU	700.30	2,136.80	413.60	14,958.80
Total COPIII 0-3 ANI			700.30	2,136.80	413.60	14,958.80
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.10	185.80	17.72	979.07
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.60	59.55	42.90	806.70

Nr.	Denumire					
		UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			174.26	284.46	108.40	2,810.43
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.48	331.36	89.10	2,773.22
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80GBUC, CASTRAVETE80G, ARDEI 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.09	12.42	6.61	125.55
3	PRANZ F2 REGIM PIEPT PUI 80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM BUDINCA DE PASTE CU SOS ROSII SI CARNE TOCATA VITA	PASTE(GLUTEN,OU)	31.10	42.70	13.55	417.15
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			123.02	232.13	58.65	1,934.97
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 100G, BRANZA DIETETICA100G,CASTRAVETI80G, ROSII80G, ARDEI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU	26.44	12.63	25.84	388.80

Nr.	Denumire					
4	PRANZ F2 DIABET PIEPT DE PUI80 G CU GHIVECI LEGUME250G	PAINE(GLUTEN)	47.59	81.66	15.30	654.69
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET MUSACA DE CARTOFI250G CU CARNE TOCATA 65G		38.55	62.15	14.75	535.55
8	CINA F2 DIABET CEAI250ML, PAINE100G, MUSCHI FILE 100G	PAINE(GLUTEN)	30.10	48.50	9.80	402.60
Total DIA/HEP/AR R/ ONC R/ HIV R			191.58	327.14	94.49	2,903.74
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G,,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	5.80	15.91	10.41	180.12
3	PRANZ F2 COMUN PULPA DE PORC 105GR SI MANCARE DE SPANAC 270GR PAINE100GR	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			157.60	247.74	94.81	2,474.21
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G,,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	5.80	15.91	10.41	180.12
4	PRANZ F2 COMUN PULPA DE PORC 105GR SI MANCARE DE SPANAC 270GR PAINE100GR	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			178.80	400.64	128.45	3,465.57
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G,,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	5.80	15.91	10.41	180.12
3	PRANZ F2 COMUN PULPA DE PORC 105GR SI MANCARE DE SPANAC 270GR PAINE100GR	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			157.60	247.74	94.81	2,474.21

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

15/12/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(14COPIII)	IAURT(LACTOZA) OU	738.48	2,307.56	402.60	15,727.56
Total COPIII 0-3 ANI			738.48	2,307.56	402.60	15,727.56
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300G,ZAHAR100G, IAURT200G. OUA1BUC	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.39	185.31	17.70	974.09
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI100G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.90	61.45	43.70	850.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			168.29	284.82	97.08	2,686.14
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	31.09	116.08	18.80	757.88
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SI PULPA DE PUI 65G	TELINA	25.11	25.36	23.93	417.21

Nr.	Denumire					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			162.48	341.45	89.18	2,818.32
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G, GEM20G, OU FIER1BUC, IAURT200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	46.50	78.24	31.80	777.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT ALA GREC 330ML CU PULPA PUI INF65G	IAURT(LACTOZA) OU TELINA	27.09	14.19	26.13	399.85
3	PRANZ F2 REGIM PULPA PUI INF80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	39.04	87.63	33.63	809.34
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			159.12	286.26	135.94	2,996.73
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETIC100G,SUNCA PUI100G, MUSCHI FILE50G, OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	58.25	54.90	31.30	734.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT ALA GREC330ML PULPA DE PUI INFERIOARA65G	IAURT(LACTOZA) OU TELINA	27.09	14.19	26.13	399.85
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA VITA 80G CU GARNITURA DE OREZ SI MORCOV250G		33.79	39.13	13.98	417.49
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			192.58	227.17	99.66	2,559.49
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE20G, UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.60	71.32	38.86	809.42
2	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.75	10.68	8.13	170.88
3	PRANZ F2 COMUN CARNATI DE	CARNATI PORC(LACTOZA, GLUTEN,	53.25	99.85	55.75	1,040.25

Nr.	Denumire					
	PORC105GG CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	TELINA, MUSTAR) PAINE(GLUTEN)				
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			164.65	275.60	145.48	2,996.41
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE20G, UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.60	71.32	38.86	809.42
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.75	10.68	8.13	170.88
4	PRANZ F2 COMUN CARNATI DE PORC105GG CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	53.25	99.85	55.75	1,040.25
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT PIERSICI300G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			179.15	374.70	161.52	3,587.37
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE20G, UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.60	71.32	38.86	809.42
2	PRANZ F1 COMUN CIORBA CU CARNE DE VITA25G DREASA CU OU,SMANTANA SI OTET400ML	OU SMANTANA(LACTOZA) TELINA	13.75	10.68	8.13	170.88
3	PRANZ F2 COMUN PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G, PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.35	228.30	104.78	2,481.61

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR