

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
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MENIUL ZILNIC

28/10/2025

APROBAT MANAGER,      COMPARTIMENT DIETETICA,      AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA) OU	329.44	582.78	203.00	5,443.88
<b>Total COPIII 0-3 ANI</b>			<b>329.44</b>	<b>582.78</b>	<b>203.00</b>	<b>5,443.88</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU FIERT1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>20.99</b>	<b>185.91</b>	<b>17.70</b>	<b>978.89</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>161.10</b>	<b>282.81</b>	<b>96.30</b>	<b>2,642.32</b>

Nr.	Denumire					
<b>REGIM SPECIAL</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>161.48</b>	<b>331.36</b>	<b>89.10</b>	<b>2,773.22</b>
<b>REGIM</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEA250ML, PAINE100G, SUNCA PUI50G,BRANZA DIETETICA50G,ROSIE80G, GEM20G, CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	31.20	126.44	28.40	886.16
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARTOFI340 SI PULPA PUI INFERIOARA65G	TELINA	25.96	26.35	24.18	426.82
3	PRANZ F2 REGIM PIEPT PUI 80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INF80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 REGIM COMPOT DE PIERSICI300ML SI PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
<b>Total REGIM</b>			<b>143.90</b>	<b>343.94</b>	<b>101.42</b>	<b>2,864.10</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA50G,SUNCA PUI 100G,ROSIE80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	33.50	58.80	28.00	621.20
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr.	Denumire					
	IAURT200G					
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARTOFI 340ML SI PULPA PUI INF65G	TELINA	25.85	26.96	24.16	428.64
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE VITA 80G SI OREZ CU LEGUME250G		37.74	42.01	14.65	450.84
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI FILE 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>170.19</b>	<b>243.62</b>	<b>97.96</b>	<b>2,520.83</b>
<b>COMUN</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,UNT20G, GEM50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.63	16.15	10.16	178.52
3	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE MAZARE250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
4	CINA F1 COMUN TOCANITA DE FICATEI CU CATOFI NATUR260G	UNT(LACTOZA)	48.13	70.35	30.27	746.35
5	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
<b>Total COMUN</b>			<b>165.99</b>	<b>277.29</b>	<b>144.12</b>	<b>2,988.59</b>
<b>ONC C/ AR C/ HIV C</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,UNT20G, GEM50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/AR/ HIV CHEC100G, MERE200G, IAURT200G	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	86.90	23.20	599.60
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.63	16.15	10.16	178.52
4	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE MAZARE250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
5	SUPLIMENT ORA 16 ONCO/AR/ HIV COZONAC100G,	COZONAC(NUCA,OU, GLUTEN)	7.80	99.80	10.44	524.56

Nr.	Denumire					
	COMPOT PRUNE300ML					
6	CINA F1 COMUN TOCANITA DE FICATEI CU CATOFI NATUR260G	UNT(LACTOZA)	48.13	70.35	30.27	746.35
7	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>186.59</b>	<b>463.99</b>	<b>177.76</b>	<b>4,112.75</b>
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,UNT20G, GEM50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.63	16.15	10.16	178.52
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 COMUN TOCANITA DE FICATEI CU CATOFI NATUR260G	UNT(LACTOZA)	48.13	70.35	30.27	746.35
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>162.19</b>	<b>267.69</b>	<b>99.52</b>	<b>2,615.19</b>

INTOCMIT, AM ASISTENT DIRECTOR MEDIC  
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b>  <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
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MENIUL ZILNIC  
29/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(01COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	377.86	408.32	248.40	5,364.32
<b>Total COPIII 0-3 ANI</b>			<b>377.86</b>	<b>408.32</b>	<b>248.40</b>	<b>5,364.32</b>

Nr.	Denumire					
<b>HIDRIC/HZL</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G.	IAURT(LACTOZA)	7.60	92.50	5.60	442.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>12.59</b>	<b>185.31</b>	<b>10.50</b>	<b>878.09</b>
<b>REGIM ULCER/COLECIST</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>161.10</b>	<b>322.81</b>	<b>96.30</b>	<b>2,802.32</b>
<b>REGIM SPECIAL</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>161.48</b>	<b>331.36</b>	<b>89.10</b>	<b>2,773.22</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEA250ML, PAINE100G, SUNCA PUI50G,CHEC100G,ROSIE80G,	CHEC(OU, GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	25.60	158.70	23.00	930.70

Nr.	Denumire					
	ARDEI80G,CASTRAVETI80G,BANANE80G					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI FIDEA	PASTE(GLUTEN,OU) TELINA	24.88	16.42	23.99	381.07
3	PRANZ F2 REGIM PIEPT PUI 80G SI GHIVECI LEGUME250G PAINE	PAINE(GLUTEN)	47.55	81.40	15.30	653.50
4	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>137.07</b>	<b>375.25</b>	<b>95.92</b>	<b>2,899.01</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA50G,SUNCA PUI 100G,ROSIE80G, ARDEI80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.50	62.40	14.70	506.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 80G SI FIDEA,320ML	PASTE(GLUTEN,OU) TELINA	24.88	16.42	23.99	381.07
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET ARDEI UMPLUT CU CARNE PORC SI SOS DE ROSII 350G	FAINA(GLUTEN) OU	38.93	27.31	16.69	415.17
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>176.52</b>	<b>229.77</b>	<b>85.13</b>	<b>2,369.79</b>
<b>COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,ARDEI80G,BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	103.25	26.80	876.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.63	9.39	8.43	127.91
3	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>149.78</b>	<b>278.34</b>	<b>85.88</b>	<b>2,485.36</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN)	55.50	103.25	26.80	876.20

Nr.	Denumire					
	MUSCHI FILE50G,ARDEI80G,BANANE200G	SUNCA PORC(SOIA)				
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML, CHEC100G,MERE200G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	88.70	21.20	596.80
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.63	9.39	8.43	127.91
4	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G,PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV MERE200G,BANANE200G CHEC100G	CHEC(OU,GLUTEN)	6.40	118.90	17.60	659.60
6	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>168.98</b>	<b>485.94</b>	<b>124.68</b>	<b>3,741.76</b>
<b>LEHUZE COMUN</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,ARDEI80G,BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	103.25	26.80	876.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.63	9.39	8.43	127.91
3	PRANZ F2 COMUN PULPA PORC80G CU GHIVECI DE LEGUME 250G	PAINE(GLUTEN)	54.90	81.77	17.43	703.55
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>156.43</b>	<b>334.16</b>	<b>86.76</b>	<b>2,743.16</b>

INTOCMIT, AM ASISTENT DIRECTOR MEDIC  
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

<p><b>Spitalul Judetean de Urgenta Tg. Jiu</b></p> <p><b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b></p> <p><b>Contract/conventie: 4448067</b></p> <p><b>CAS: 1SAMB</b></p>
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MENIUL ZILNIC  
30/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire		Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>		<b>Alergeni</b>				
1	SUPLIMENT PEDIATRIE 0-3 ANI(07COPIII)	IAURT(LACTOZA) OU	425.91	1,669.12	255.40	10,606.72
<b>Total COPIII 0-3 ANI</b>			<b>425.91</b>	<b>1,669.12</b>	<b>255.40</b>	<b>10,606.72</b>
<b>HIDRIC/HZL</b>		<b>Alergeni</b>				
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>21.10</b>	<b>185.80</b>	<b>17.72</b>	<b>979.07</b>
<b>REGIM ULCER/COLECIST</b>		<b>Alergeni</b>				
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>161.10</b>	<b>322.81</b>	<b>96.30</b>	<b>2,802.32</b>
<b>REGIM SPECIAL</b>		<b>Alergeni</b>				
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE	TELINA	25.22	25.25	23.95	417.39

Nr.	Denumire					
	ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>161.48</b>	<b>331.36</b>	<b>89.10</b>	<b>2,773.22</b>
<b>REGIM</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN REGIM CEA250ML, PAINE100G, SUNCA PUI50G,ROSIE80G, ARDEI80G,IAURT200G, COZONAC100G, BANANA200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	31.50	157.90	18.54	916.66
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU PULPA PUI INF65G A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	26.75	16.09	26.09	405.73
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA PUI INF80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>143.84</b>	<b>356.67</b>	<b>93.16</b>	<b>2,832.23</b>
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		<b>Alergeni</b>	<b>Proteine</b>	<b>Glucide</b>	<b>Lipide</b>	<b>Calorii</b>
1	MIC DEJUN DIABET CEAI250ML, PAINE100G,SUNCA PUI 100G,ROSIE80G, ARDEI80G,CASTRAVETI80G	PAINE(GLUTEN) SUNCA PUI(SOIA)	26.50	61.40	6.20	393.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI INFERIOARA65G	IAURT(LACTOZA) OU TELINA	26.75	16.09	26.09	405.73
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE VITA80G CU SOTE DE FASOLE VERDE 350G		34.75	4.05	14.45	285.25
7	CINA F2 DIABET CEAI250ML,	PAINE(GLUTEN)	19.25	48.50	5.50	320.50

Nr.	Denumire					
	PAINE100, MUSCHI 50G					
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>161.10</b>	<b>197.39</b>	<b>77.89</b>	<b>2,105.03</b>
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, CASTRAVETE80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.70	84.25	29.50	811.80
2	PRANZ F1 COMUN CIORBA DE VACUTA400ML CARNE DE VITA25G	OU SMANTANA(LACTOZA) TELINA	13.77	15.65	8.10	190.54
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 380G		37.50	52.60	14.65	492.25
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>166.56</b>	<b>294.33</b>	<b>70.13</b>	<b>2,461.17</b>
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, CASTRAVETE80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.70	84.25	29.50	811.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE VACUTA400ML CARNE DE VITA25G	OU SMANTANA(LACTOZA) TELINA	13.77	15.65	8.10	190.54
4	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	CINA F1 COMUN MUSACA DE CARTOFI CU CARNE PORC LA CUPTOR 380G		37.50	52.60	14.65	492.25
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300ML.	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>187.76</b>	<b>447.23</b>	<b>103.77</b>	<b>3,452.53</b>
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.70	84.25	29.50	811.80

Nr.	Denumire					
	CASTRAVETE80G, MERE200G					
2	PRANZ F1 COMUN CIORBA DE VACUTA400ML CARNE DE VITA25G	OU SMANTANA(LACTOZA) TELINA	13.77	15.65	8.10	190.54
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARA 80GR CU MACAROANE CU SOS ROSII250GR	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>162.26</b>	<b>282.58</b>	<b>88.23</b>	<b>2,559.87</b>

INTOCMIT, AM ASISTENT CONTABIL, DIRECTOR MEDIC  
PRIMIT, DIETETICA, INGRIJIRI, COORDONATOR

	<b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
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MENIUL ZILNIC  
31/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09 COPIII)	IAURT(LACTOZA) OU	705.70	2,427.40	420.80	16,207.60
<b>Total COPIII 0-3 ANI</b>			<b>705.70</b>	<b>2,427.40</b>	<b>420.80</b>	<b>16,207.60</b>
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80

Nr.	Denumire					
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>21.10</b>	<b>185.80</b>	<b>17.72</b>	<b>979.07</b>
<b>REGIM ULCER/COLECIST</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	29.60	97.55	25.90	741.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>145.10</b>	<b>320.81</b>	<b>79.30</b>	<b>2,577.32</b>
<b>REGIM SPECIAL</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G	PAINE(GLUTEN)	13.98	104.10	1.70	487.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM SPECIAL</b>			<b>129.48</b>	<b>327.36</b>	<b>55.10</b>	<b>2,323.22</b>
<b>REGIM</b>						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, SUNCA PUI50G,ROSIE80G,IAURT200G, OU FIERT1BUC, GEM20G,MERE200G	GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	31.60	105.94	15.10	678.06
2	PRANZ F1 REGIM CIORBA DE	TELINA	24.33	15.54	24.01	375.53

Nr.	Denumire					
	ZARZAVAT330ML CU PULPA DE PUI INFERIOARA65G SI OREZ					
3	PRANZ F2 REGIM PIEPT PUI 80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNUGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>142.57</b>	<b>291.43</b>	<b>88.10</b>	<b>2,520.86</b>
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G,SUNCA PUI 100G, CASTRAVETI50G, UNT20G, OU FIERT 1BUC,	OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	34.81	58.54	28.73	622.52
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT350 ML CU PERISOASRE 50G	OU TELINA	24.68	15.09	9.76	246.91
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN)	47.34	89.03	15.13	681.64
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA VITA80G CU GHIVECI DE LEGUME200G		37.39	33.16	14.70	414.49
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>169.87</b>	<b>277.71</b>	<b>79.42</b>	<b>2,487.65</b>
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MASLINE20G,MUSCHI FILE50G,MASLINE20G, UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.10	71.57	46.36	927.92
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI CARTOFI 400ML	TELINA	4.92	26.67	8.53	203.09
3	PRANZ F2 COMUN CARNATI PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66

Nr.	Denumire					
	SARATA280G					
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>155.30</b>	<b>253.54</b>	<b>150.72</b>	<b>2,910.23</b>
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MASLINE20G,MUSCHI FILE50G,MASLINE20G, UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.10	71.57	46.36	927.92
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI CARTOFI 400ML	TELINA	4.92	26.67	8.53	203.09
4	PRANZ F2 COMUN CARNATI PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300ML.	COZONAC(NUCA,OU, GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>176.50</b>	<b>406.44</b>	<b>184.36</b>	<b>3,901.59</b>
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MASLINE20G,MUSCHI FILE50G,MASLINE20G, UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.10	71.57	46.36	927.92
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI CARTOFI 400ML	TELINA	4.92	26.67	8.53	203.09
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>157.90</b>	<b>248.04</b>	<b>109.72</b>	<b>2,611.23</b>

INTOCMIT, AM  
PRIMIT,

ASISTENT  
DIETETICA,

CONTABIL, DIRECTOR  
INGRIJIRI,

MEDIC  
COORDONATOR

<b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b> <b>CAS: 1SAMB</b>
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MENIUL ZILNIC  
01/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10 COPIII)	IAURT(LACTOZA) OU	713.10	2,603.60	424.80	16,962.00
<b>Total COPIII 0-3 ANI</b>			<b>713.10</b>	<b>2,603.60</b>	<b>424.80</b>	<b>16,962.00</b>
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>21.10</b>	<b>185.80</b>	<b>17.72</b>	<b>979.07</b>
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39

Nr	Denumire					
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER/COLECIST PIEPT PUI80G CU GANITURA DE OREZ CU MORCOV250G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>161.10</b>	<b>282.81</b>	<b>96.30</b>	<b>2,642.32</b>
REGIM SPECIAL		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	PAINE(GLUTEN)	13.98	104.10	1.70	487.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>145.48</b>	<b>329.36</b>	<b>72.10</b>	<b>2,548.22</b>
REGIM		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80GBUC, CASTRAVETE80G, BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	102.60	22.20	733.10
2	PRANZ F1 REGIM CIORBA DE VACUTA400ML CARNE VITA26G DREASA CU IAURT, OU SI OTET	IAURT(LACTOZA) OU TELINA	14.60	14.37	8.50	191.97
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI FRANTUZASTI LA CUPTOR250G	BRANZA(LACTOZA) OU	46.45	58.85	46.45	839.25
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>147.54</b>	<b>317.65</b>	<b>92.93</b>	<b>2,683.21</b>

Nr	Denumire					
<b>DIA/HEP/AR R/ ONC R/ HIV R</b>						
		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 100G, BRANZA DIETETICA100G,CASTRAVETI80G , ROSII80G, ARDEI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 REGIM CIORBA DE VACUTA400ML CARNE VITA26G DREASA CU IAURT, OU SI OTET	IAURT(LACTOZA) OU TELINA	14.60	14.37	8.50	191.97
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE 350G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>172.65</b>	<b>221.07</b>	<b>73.80</b>	<b>2,217.17</b>
<b>COMUN</b>						
		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
3	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>167.03</b>	<b>252.51</b>	<b>93.27</b>	<b>2,517.57</b>
<b>ONC C/ AR C/ HIV C</b>						
		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00

Nr .	Denumire					
	MASLINE25G, MERE200G					
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
4	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU, GLUTEN )	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>188.23</b>	<b>405.41</b>	<b>126.91</b>	<b>3,508.93</b>
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, SUNCA PORC100G, CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MASLINE25G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.53	91.08	34.40	924.00
2	PRANZ F1 COMUN CIORBA DE PORC DREASA CU SMANTANA, OU SI OTET400ML CARNE PORC 26G	OU SMANTANA(LACTOZA) TELINA	17.22	16.76	8.69	214.09
3	PRANZ F2 COMUN PIEPT PUI80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>165.32</b>	<b>307.22</b>	<b>91.62</b>	<b>2,714.71</b>

INTOCMIT, AM  
PRIMIT,

ASISTENT  
DIETETICA,

CONTABIL, DIRECTOR  
INGRIJIRI,

MEDIC  
COORDONATOR

<p><b>Spitalul Judetean de Urgenta Tg. Jiu</b> <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b> <b>Contract/conventie: 4448067</b></p>
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CAS: 1SAMB

MENIUL ZILNIC  
03/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
<b>COPIII 0-3 ANI</b>						
1	SUPLIMENT PEDIATRIE 0-3 ANI(10 COPIII)	IAURT(LACTOZA) OU	704.70	2,013.80	417.60	14,504.40
<b>Total COPIII 0-3 ANI</b>			<b>704.70</b>	<b>2,013.80</b>	<b>417.60</b>	<b>14,504.40</b>
<b>HIDRIC/HZL</b>						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>21.10</b>	<b>185.80</b>	<b>17.72</b>	<b>979.07</b>
<b>REGIM ULCER/COLECIST</b>						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>161.10</b>	<b>282.81</b>	<b>96.30</b>	<b>2,642.32</b>
<b>REGIM SPECIAL</b>						
1	MIC DEJUN COLITA /	BRANZA(LACTOZA)	29.98	106.10	18.70	712.60

Nr	Denumire					
	ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	PAINE(GLUTEN)				
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>161.48</b>	<b>331.36</b>	<b>89.10</b>	<b>2,773.22</b>
REGIM		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,IAURT 200G ROSIE80GBUC, CASTRAVETE80G, ARDEI 80G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	75.20	28.00	697.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	4.38	16.09	6.96	144.11
3	PRANZ F2 REGIM PULPA PUI INFERIOARA80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	41.60	89.35	33.95	829.35
4	CINA F1 REGIM ARDEI UMPLUT CU CARNE TOCATA VITA320G	FAINA(GLUTEN)	28.88	25.31	13.54	338.62
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>124.86</b>	<b>260.14</b>	<b>83.65</b>	<b>2,270.97</b>
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETIC1000G, SUNCA PUI100G, IAURT 200G ARDEI80G,ROSII80G,,CASTRAVET E 80G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	48.90	71.40	28.80	718.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI INFERIOARA65G	IAURT(LACTOZA) OU TELINA	26.75	16.09	26.09	405.73
4	PRANZ F2 DIABET VARZA CU	PAINE(GLUTEN)	40.45	51.35	15.35	505.35

Nr	Denumire					
	ROSII 250G SI CARNE TOCATA DE PORC 60G					
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET CARTOFI UNGURESTI250GR		7.15	60.15	9.95	358.75
7	CINA F1 DIABET TOCANITA70G PULPA DE VITA 80G		31.06	4.31	13.87	266.31
8	CINA F2 DIABET CEAI250ML, PAINE100G, MUSCHI FILE 100G	PAINE(GLUTEN)	30.10	48.50	9.80	402.60
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>190.81</b>	<b>285.20</b>	<b>109.46</b>	<b>2,859.24</b>
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	84.05	26.60	793.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.86	10.18	182.70
3	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total COMUN</b>			<b>167.72</b>	<b>290.76</b>	<b>104.71</b>	<b>2,776.47</b>
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	84.05	26.60	793.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.86	10.18	182.70
4	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56

Nr	Denumire					
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6	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total ONC C/ AR C/ HIV C</b>			<b>188.92</b>	<b>443.66</b>	<b>138.35</b>	<b>3,767.83</b>
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	84.05	26.60	793.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.86	10.18	182.70
3	PRANZ F2 COMUN PULPA DE PORC 105G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>173.12</b>	<b>327.76</b>	<b>105.16</b>	<b>2,950.12</b>

INTOCMIT, AM ASISTENT CONTABIL, DIRECTOR MEDIC  
PRIMIT, DIETETICA, INGRIJIRI, COORDONATOR

<p><b>Spitalul Judetean de Urgenta Tg. Jiu</b>  <b>Str. Progresului, nr. 18, Tg. Jiu, GORJ</b>  <b>Contract/conventie: 4448067</b>  <b>CAS: 1SAMB</b></p>
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MENIUL ZILNIC  
04/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(9 COPIII)	IAURT(LACTOZA) OU	591.24	1,713.48	334.40	12,132.48
<b>Total COPIII 0-3 ANI</b>			<b>591.24</b>	<b>1,713.48</b>	<b>334.40</b>	<b>12,132.48</b>
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
<b>Total HIDRIC/HZL</b>			<b>21.10</b>	<b>185.80</b>	<b>17.72</b>	<b>979.07</b>
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM ULCER/COLECIST</b>			<b>172.96</b>	<b>284.56</b>	<b>107.20</b>	<b>2,794.83</b>
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA /	BRANZA(LACTOZA)	29.98	106.10	18.70	712.60

Nr.	Denumire					
	ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	PAINE(GLUTEN)				
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
<b>Total REGIM SPECIAL</b>			<b>161.48</b>	<b>331.36</b>	<b>89.10</b>	<b>2,773.22</b>
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,IAURT200G, ROSIE80G, MERE200G, OU FIERTI BUC.	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	47.60	96.40	32.10	856.90
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU PULPA DE PUI INFERIOARA65G SI FIDEA	PASTE(GLUTEN,OU) TELINA	24.73	15.64	24.05	377.89
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU SOS ROSII SI MAMALIGA200G CU BRANZA DIETETICA100G	BRANZA(LACTOZA)	46.90	42.35	49.85	805.65
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total REGIM</b>			<b>171.62</b>	<b>296.22</b>	<b>121.78</b>	<b>2,959.33</b>
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETIC100G, SUNCA PUI100G, ARDEI80G,ROSII80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.60	64.40	36.70	758.30
2	SUPLIMENT ORA 10 DIA/HEP/	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr.	Denumire					
	ARSI/ HIV ONCO REGIM IAURT200G					
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 80G SI FIDEA320ML	PASTE(GLUTEN,OU) TELINA	24.88	16.42	23.99	381.07
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET TOCANITA DE VITA120G SI CARTOFI NATUR250G	UNT(LACTOZA)	38.13	62.35	22.77	606.85
7	CINA F2 DIABET CEAI250ML, PAINE100G, MUSCHI FILE 100G	PAINE(GLUTEN)	30.10	48.50	9.80	402.60
<b>Total DIA/HEP/AR R/ ONC R/ HIV R</b>			<b>193.46</b>	<b>262.02</b>	<b>117.51</b>	<b>2,871.47</b>
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.45	73.59	46.40	961.76
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.48	15.51	10.13	175.12
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
<b>Total COMUN</b>			<b>164.80</b>	<b>242.13</b>	<b>110.75</b>	<b>2,624.48</b>
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.45	73.59	46.40	961.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G, MERE200G	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	112.30	23.20	701.20
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.48	15.51	10.13	175.12
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07

Nr.	Denumire					
	FASOLE VERDE270G, PAINE100G					
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
<b>Total ONC C/ AR C/ HIV C</b>			<b>186.00</b>	<b>445.83</b>	<b>144.39</b>	<b>3,819.04</b>
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.45	73.59	46.40	961.76
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.48	15.51	10.13	175.12
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
<b>Total LEHUZE COMUN</b>			<b>158.40</b>	<b>238.03</b>	<b>107.15</b>	<b>2,550.08</b>

INTOCMIT, AM  
PRIMIT,

ASISTENT  
DIETETICA,

CONTABIL, DIRECTOR  
INGRIJIRI,

MEDIC  
COORDONATOR