	Spitalul Judetean de Urgenta Tg. Jiu **Str. Progresului, nr. 18, Tg. Jiu, GORJ** **Contract/conventie: 4448067** **CAS: 1SAMB**

MENIUL ZILNIC
14/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(08 COPIII)	IAURT(LACTOZA) OU	752.70	1,893.00	458.40	14,604.40
Total COPIII 0-3 ANI			**752.70**	**1,893.00**	**458.40**	**14,604.40**
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			**20.99**	**185.91**	**17.70**	**978.89**
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			**172.15**	**284.07**	**108.18**	**2,798.45**
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SIPULPA DE PUI 65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI	PAINE(GLUTEN)	43.74	86.26	14.55	650.94

Nr.	Denumire					
	MORCOV230G PAINE100G					
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			**161.37**	**331.47**	**89.08**	**2,773.04**

REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, SUNCA PUI50G,ROSII80G, IAURT200G, GEM20G,MERE200G,OU FIERT1BUC	GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	31.60	105.94	15.10	678.06
2	PRANZ F1 REGIM CIORBA DE VACUTA400ML CARNE VITA26G	TELINA	12.26	13.38	6.42	160.34
3	PRANZ F2 REGIM PIEPT DE PUI80G SI PASTE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 REGIM FICAT DE PUI150G SI GHIVECI DE LEGUME280G		47.39	41.16	22.20	553.99
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			**156.55**	**302.58**	**71.57**	**2,472.64**

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G,ROSII80G,CASTRAVETI80G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.60	57.15	29.70	668.80
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 REGIM CIORBA DE VACUTA400ML CARNE VITA26G	TELINA	12.26	13.38	6.42	160.34
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE270G SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 REGIM FICAT DE PUI150G SI GHIVECI DE LEGUME280G		47.39	41.16	22.20	553.99
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PORC100G	PAINE(GLUTEN) SUNCA PORC(SOIA)	21.70	52.90	8.00	370.40
Total DIA/HEP/AR R/ ONC R/ HIV R			**179.30**	**250.54**	**86.97**	**2,480.58**

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, UNT20G, GEM20G, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.99	50.20	996.56
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI CARTOFI 400ML	TELINA	4.71	28.32	8.47	208.31
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95

Nr.	Denumire					
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			**161.94**	**250.96**	**109.61**	**2,638.08**

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, UNT20G, GEM20G, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.99	50.20	996.56
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI CARTOFI 400ML	TELINA	4.71	28.32	8.47	208.31
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISENE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			**183.14**	**403.86**	**143.25**	**3,629.44**

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, UNT20G, GEM20G, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.99	50.20	996.56
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI CARTOFI 400ML	TELINA	4.71	28.32	8.47	208.31
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			**161.94**	**250.96**	**109.61**	**2,638.08**

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
15/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(08 COPIII)	IAURT(LACTOZA) OU	721.93	2,837.16	424.70	17,962.66
Total COPIII 0-3 ANI			**721.93**	**2,837.16**	**424.70**	**17,962.66**
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			**20.99**	**185.91**	**17.70**	**978.89**
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			**160.99**	**282.92**	**96.28**	**2,642.14**
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SIPULPA DE PUI 65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			**161.37**	**331.47**	**89.08**	**2,773.04**
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G, CASTRAVETE80G, GEM20G, BANANA200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	114.14	22.20	779.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT340ML CU PULPA DE PUI INFERIOARA65G SI	OU PASTE(GLUTEN,OU) TELINA	26.72	15.90	25.83	402.91

Nr.	Denumire					
	FIDEADREASA CU OU					
3	PRANZ F2 REGIM PIEPT DEPUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	28.28	6.31	32.34	429.42
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			**144.06**	**279.89**	**96.47**	**2,550.49**

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G,ROSII80G,CASTRAVETI80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	35.50	58.10	38.60	708.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT320ML CU FIDEA SI OU SI PULPA DE PUI INFERIOARA65G	OU PASTE(GLUTEN,OU) TELINA	26.69	15.64	25.83	401.73
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC80G SI OREZ CU LEGUME350G		46.14	40.53	16.03	490.94
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PORC50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			**175.92**	**255.72**	**105.71**	**2,656.41**

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, OU FIERT1BUC., MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	84.65	33.80	894.00
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.33	15.36	10.11	173.75
3	PRANZ F2 COMUN CARNATI PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			**152.43**	**246.61**	**140.70**	**2,780.86**

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, OU FIERT1BUC., MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	84.65	33.80	894.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.33	15.36	10.11	173.75
4	PRANZ F2 COMUN CARNATI PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR)	30.25	52.85	54.05	737.25

Nr.	Denumire					
		PAINE(GLUTEN)				
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISENE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			**173.63**	**399.51**	**174.34**	**3,772.22**

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, OU FIERT1BUC., MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	84.65	33.80	894.00
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.33	15.36	10.11	173.75
3	PRANZ F2 COMUN PIEPT PUI80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA LA CUPTOR 250G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	41.54	714.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			**168.72**	**299.82**	**101.55**	**2,788.10**

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
16/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(06 COPIII)	IAURT(LACTOZA) OU	643.44	2,273.68	378.60	15,011.88
Total COPIII 0-3 ANI			**643.44**	**2,273.68**	**378.60**	**15,011.88**

HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME	TELINA	3.79	34.91	4.90	198.89

Nr.	Denumire					
	400ML					
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			**20.99**	**185.91**	**17.70**	**978.89**
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			**160.99**	**282.92**	**96.28**	**2,642.14**
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SIPULPA DE PUI 65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			**161.37**	**331.47**	**89.08**	**2,773.04**
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G, CASTRAVETE80G,CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.50	116.10	39.80	971.10
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU CARTOFI330ML DREASA CU OU	OU TELINA	5.35	28.39	6.82	196.31
3	PRANZ F2 REGIM PULPA DE PUI 80G CU MANCARE FASOLE VERDE270G	FAINA(GLUTEN) PAINE(GLUTEN)	39.28	55.61	33.94	685.02
4	CINA F1 REGIM PULPA PUI INFERIOARA 80GR CU OREZ CU LEGUME250GR		33.99	40.53	32.98	594.89
5	CINA F2 REGIM COMPOT DE CIRESE 300G SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			**128.72**	**335.62**	**114.74**	**2,876.51**
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G,ROSII80G,CASTRAVETI80G, UNT20G,OU FIERT1BUC,MERE200G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.90	84.10	45.80	910.70
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARTOFI SI PULPA DE PUI INFERIOARA80G ,DREASA CU OU 400ML	OU TELINA	27.69	27.14	25.94	452.72
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.09	52.60	14.46	504.87
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE DOVLECEI 250G		39.85	2.85	15.35	308.95
7	CINA F2 DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			**183.32**	**250.59**	**125.34**	**2,842.23**

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, , MUSCHI FILE 50G,SUNCA PORC50G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	41.90	98.40	19.10	733.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI DOVLECEI , DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	3.23	6.86	6.61	99.85
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total COMUN			**142.08**	**356.47**	**83.20**	**2,742.96**

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, , MUSCHI FILE 50G,SUNCA PORC50G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	41.90	98.40	19.10	733.10
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI DOVLECEI , DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	3.23	6.86	6.61	99.85
4	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total ONC C/ AR C/ HIV C			**163.28**	**509.37**	**116.84**	**3,734.32**

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,	BRANZA(LACTOZA)	41.90	98.40	19.10	733.10

Nr.	Denumire					
	BRANZA100G, , MUSCHI FILE 50G,SUNCA PORC50G,BANANE200G	PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI DOVLECEI , DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	3.23	6.86	6.61	99.85
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total LEHUZE COMUN			**142.08**	**356.47**	**83.20**	**2,742.96**

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
17/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(05 COPIII)	IAURT(LACTOZA) OU	655.57	2,442.54	379.60	15,744.84
Total COPIII 0-3 ANI			**655.57**	**2,442.54**	**379.60**	**15,744.84**
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			**20.99**	**185.91**	**17.70**	**978.89**
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
	CARTOFI SI MORCOV280G, PAINE100G					
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			**160.99**	**282.92**	**96.28**	**2,642.14**

REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SIPULPA DE PUI 65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			**161.37**	**331.47**	**89.08**	**2,773.04**

REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G, CASTRAVETE80G,,MERE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	88.00	22.20	674.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI FIDEA ,DREASA CU OU SI IAURT320ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.04	16.30	26.11	407.91
3	PRANZ F2 REGIM PULPE DE PUI INFERIOARE80G SI PASTE CU SOS DE ROSII 250G PAINE 100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	41.60	89.35	33.95	829.35
4	PRANZ F3 REGIM CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNUGURESTI250G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM ,PAINE100G, , COMPOT VISINE300G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			**152.74**	**402.30**	**133.96**	**3,411.86**

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 100G, BRANZA DIETETICA100G,ROSII80G,CASTRAVETI80G, UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.80	60.00	39.40	752.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVATCU PULPA DE PUI INFERIOARA65G SI FIDEA,DREASA CU OU SI IAURT320ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.01	16.04	26.11	406.73
4	PRANZ F2 DIABET PIEPT DE PUI80 G CU GHIVECI LEGUME250G	PAINE(GLUTEN)	47.59	81.66	15.30	654.69
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60

Nr.	Denumire					
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE SPANAC250G		44.95	8.85	15.95	358.75
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA DE PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			**183.79**	**250.65**	**106.96**	**2,678.46**

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, , MUSCHI FILE 50G,SUNCA PORC50G,MASLINE25G,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	71.37	39.70	817.46
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI CARTOFI DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	4.61	27.32	8.47	203.91
3	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total COMUN			**140.07**	**277.89**	**99.07**	**2,563.45**

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, , MUSCHI FILE 50G,SUNCA PORC50G,MASLINE25G,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	71.37	39.70	817.46
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI CARTOFI DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	4.61	27.32	8.47	203.91
4	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			**161.27**	**430.79**	**132.71**	**3,554.81**

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, , MUSCHI FILE 50G,SUNCA PORC50G,MASLINE25G,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	71.37	39.70	817.46
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI CARTOFI DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	4.61	27.32	8.47	203.91
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80

Nr.	Denumire					
Total LEHUZE COMUN			**145.47**	**314.89**	**99.52**	**2,737.10**

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
18/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(06 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	652.37	2,276.84	408.80	15,292.04
Total COPIII 0-3 ANI			**652.37**	**2,276.84**	**408.80**	**15,292.04**
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			**20.99**	**185.91**	**17.70**	**978.89**
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.71	26.27	23.99	423.77
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			**162.77**	**285.66**	**96.46**	**2,661.80**

Nr.	Denumire					
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SIPULPA DE PUI 65G	TELINA	25.71	26.27	23.99	423.77
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			**163.14**	**334.21**	**89.26**	**2,792.70**

REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G, COZONAC 100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.00	107.30	29.74	857.06
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 330ML SI PULPA INFERIOARA 65G	FAINA(GLUTEN) OU TELINA	26.07	10.50	25.78	378.23
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA DE OREZ CU MORCOV 200G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI FRANTUZESTI LA CUPTOR250G	BRANZA(LACTOZA) OU	46.45	58.85	46.45	839.25
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			**165.47**	**367.42**	**117.75**	**3,191.44**

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 100G, BRANZA DIETETICA100G,ROSII80G,CASTRAVETI80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.40	58.80	23.00	594.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FULGI DE OU 330ML SI PULPA DE PUI INF 65G	FAINA(GLUTEN) OU TELINA	26.40	10.71	25.80	380.57
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA DE PULPA VITA 80G CU MAMALIGA150G SI BRANZA DIETETICA100G	BRANZA(LACTOZA)	51.18	46.80	31.67	676.95
7	CINA F2 DIABET LAPTE200G ,PAINE 100G,	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total DIA/HEP/AR R/ ONC R/ HIV R			**185.13**	**260.56**	**105.92**	**2,714.47**

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, , MUSCHI FILE 50G,SUNCA	BRANZA(LACTOZA) GEM(DIOXID DE SULF)	43.30	71.14	35.50	777.26

Nr.	Denumire					
	PORC50G,UNT20G,GEM20G	PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA , 400ML	PASTE(GLUTEN,OU) TELINA	3.78	15.95	8.38	154.31
3	PRANZ F2 COMUN CARNATI PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			**136.71**	**247.35**	**137.32**	**2,690.48**

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, , MUSCHI FILE 50G,SUNCA PORC50G,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.30	71.14	35.50	777.26
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML, CHEC100G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA , 400ML	PASTE(GLUTEN,OU) TELINA	3.78	15.95	8.38	154.31
4	PRANZ F2 COMUN CARNATI PORC105 CU MANCARE DE MAZARE 270G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			**157.91**	**402.05**	**168.96**	**3,679.04**

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, , MUSCHI FILE 50G,SUNCA PORC50G,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.30	71.14	35.50	777.26
2	PRANZ F2 COMUN PIEPT PUI80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.89	86.63	14.58	653.29
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA , 400ML	PASTE(GLUTEN,OU) TELINA	3.78	15.95	8.38	154.31
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total LEHUZE COMUN			**133.17**	**317.97**	**92.41**	**2,636.21**

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
19/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(04 COPIII)	IAURT(LACTOZA) OU	502.18	1,719.76	329.60	11,774.16
Total COPIII 0-3 ANI			**502.18**	**1,719.76**	**329.60**	**11,774.16**
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			**20.99**	**185.91**	**17.70**	**978.89**
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			**172.15**	**284.07**	**108.18**	**2,798.45**
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SIPULPA DE PUI 65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA	PAINE(GLUTEN)	43.74	86.26	14.55	650.94

Nr.	Denumire					
	PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G					
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			**161.37**	**331.47**	**89.08**	**2,773.04**

REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G, CASTRAVETI 80G,ARDEI 80G,BANANA 200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI FIDEA ,DREASA CU OU SI IAURT320ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.04	16.30	26.11	407.91
3	PRANZ F2 REGIM PIEPT DEPUI80G SI MACAROANE CU SOS ROSII PAINE250G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			**147.83**	**306.18**	**97.04**	**2,675.45**

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETIC100G, SUNCA PUI100G, ARDEI80G,ROSII80G, CASTRAVETI 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 65G SI FIDEA DREASA CU IAURT320ML	IAURT(LACTOZA) PASTE(GLUTEN,OU) TELINA	25.09	16.93	24.25	385.89
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA VITA INABUSITA LA CUPTOR GARNITURA DE OREZ SI MORCOV250G		33.79	39.13	13.98	417.49
7	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200ML	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			**168.73**	**266.71**	**88.88**	**2,511.73**

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G , ARDEI80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI 400ML	TELINA	4.71	28.32	8.47	208.31
3	PRANZ F3 COMUN BANANE200GR		0.00	40.00	0.00	160.00
4	PRANZ F2 COMUN PULPA PORC80G CU	PAINE(GLUTEN)	48.25	51.35	16.55	547.35

Nr.	Denumire					
	VARZA CU ROSII250G					
5	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI TARANESTI250GR		34.00	60.15	32.90	672.70
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			**150.86**	**297.27**	**85.92**	**2,565.76**

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G , ARDEI80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI 400ML	TELINA	4.71	28.32	8.47	208.31
4	PRANZ F3 COMUN BANANE200GR		0.00	40.00	0.00	160.00
5	PRANZ F2 COMUN PULPA PORC80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
6	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI TARANESTI250GR		34.00	60.15	32.90	672.70
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			**172.06**	**450.17**	**119.56**	**3,557.12**

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G,BRANZA 100G, SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G , ARDEI80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI 400ML	TELINA	4.71	28.32	8.47	208.31
3	PRANZ F3 COMUN BANANE200GR		0.00	40.00	0.00	160.00
4	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
5	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI TARANESTI250GR		34.00	60.15	32.90	672.70
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			**156.26**	**334.27**	**86.37**	**2,739.41**

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR