

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: ISAMB

MENIUL ZILNIC

05/11/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(8 COPIII)	IAURT(LACTOZA) OU	476.84	2,276.88	294.00	13,548.88
Total COPIII 0-3 ANI			476.84	2,276.88	294.00	13,548.88
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.10	185.80	17.72	979.07
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			161.10	322.81	96.30	2,802.32
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI	TELINA	25.22	25.25	23.95	417.39

Nr.	Denumire					
	INFERIOARA65G					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.48	331.36	89.10	2,773.22
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50,ARDEI80G, ROSIE80G BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	33.90	107.00	19.50	739.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI 80G A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	26.75	16.09	26.09	405.73
3	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			143.93	272.02	94.11	2,510.34
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETIC100G, SUNCA PUI100G, ARDEI80G,ROSII80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.60	64.40	36.70	758.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI INFERIOARA65G	IAURT(LACTOZA) OU TELINA	26.75	16.09	26.09	405.73
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA PORC80GR CU SALATA ORIENTALA250GR	OU	48.92	60.18	22.66	640.28
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			201.62	264.52	129.89	3,017.16
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI 80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.15	90.85	30.20	883.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU	3.89	12.32	6.66	124.77
3	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35

Nr.	Denumire					
4	CINA F1 COMUN TOCANITA DE FICAT PUI150G INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.33	51.95	32.22	739.10
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			183.02	260.67	86.83	2,556.22
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI 80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.15	90.85	30.20	883.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, MERE200G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	86.90	23.20	599.60
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU	3.89	12.32	6.66	124.77
4	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN TOCANITA DE FICAT PUI150G INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.33	51.95	32.22	739.10
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			204.22	438.97	120.47	3,649.18
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL50G, MUSCHI FILE50G, ARDEI 80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	62.15	90.85	30.20	883.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU	3.89	12.32	6.66	124.77
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 COMUN TOCANITA DE FICAT PUI150G INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.33	51.95	32.22	739.10
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			179.00	264.93	85.17	2,542.24

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	<p>Spitalul Judetean de Urgenta Tg. Jiu</p> <p>Str. Progresului, nr. 18, Tg. Jiu, GORJ</p> <p>Contract/conventie: 4448067</p> <p>CAS: 1SAMB</p>
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MENIUL ZILNIC
06/11/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(6 COPIII)	IAURT(LACTOZA) OU	403.28	1,578.36	245.90	10,059.66
Total COPIII 0-3 ANI			403.28	1,578.36	245.90	10,059.66
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.10	185.80	17.72	979.07
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			161.10	322.81	96.30	2,802.32
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09

Nr.	Denumire					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.48	331.36	89.10	2,773.22
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, OU FIERT1 BUC, ARDEI80G, ROSIE80G BANANA200G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN)	41.40	113.70	31.50	895.90
2	PRANZ F1 REGIM CIORBA DE VACUTA400ML CARNE VITA26G DREASA CU IAURT, OU	IAURT(LACTOZA) OU TELINA	14.53	16.87	8.40	200.79
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA80G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	46.30	757.50
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			153.97	311.95	101.98	2,773.08
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETIC100G, SUNCA PUI100G, ARDEI80G,ROSII80G, OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	49.60	63.80	27.50	701.10
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 REGIM CIORBA DE VACUTA400ML CARNE VITA26G DREASA CU IAURT, OU	IAURT(LACTOZA) OU TELINA	14.53	16.87	8.40	200.79
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC80G CU SOTE DE FASOLE VERDE300G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			179.73	219.97	90.10	2,401.29
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FASOLE VERDE, DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.78	10.17	8.37	131.09
3	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE SPANAC250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	54.49	786.97
4	CINA F1 COMUN CARTOFI GRATINATI280G SI FRIPTURA PULPA PUI80G	BRANZA(LACTOZA) OU	46.45	58.85	41.69	796.41
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total COMUN			147.26	242.17	132.35	2,667.26
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200G, CHEC100G	CHEC(OU, GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FASOLE VERDE, DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.78	10.17	8.37	131.09
4	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE SPANAC250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	54.49	786.97
5	CINA F1 COMUN CARTOFI GRATINATI280G SI FRIPTURA PULPA PUI80G	BRANZA(LACTOZA) OU	46.45	58.85	41.69	796.41
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU, GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			168.46	396.87	163.99	3,655.82
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F2 COMUN PIEPT PUI80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.89	86.63	14.58	653.29
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FASOLE VERDE, DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.78	10.17	8.37	131.09
4	CINA F1 COMUN CARTOFI GRATINATI280G SI FRIPTURA PULPA PUI80G	BRANZA(LACTOZA) OU	46.45	58.85	41.69	796.41
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.92	268.50	92.44	2,533.58

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

07/11/2025

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(5 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	383.96	1,262.22	215.60	8,477.12
Total COPIII 0-3 ANI			383.96	1,262.22	215.60	8,477.12
HIDRIC/HZL						
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.90	34.80	4.92	199.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.10	185.80	17.72	979.07
REGIM ULCER/COLECIST						
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			174.26	324.46	108.40	2,970.43
REGIM SPECIAL						
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.22	25.25	23.95	417.39
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.48	331.36	89.10	2,773.22

Nr.	Denumire					
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,IAURT200G ROSIE80G,ARDEI 80G,CHEC 100G .	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.59	128.07	42.67	1,074.67
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU CARTOFI330ML DREASA CU IAURT SI OU	IAURT(LACTOZA) OU TELINA	5.44	26.90	7.03	192.19
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			137.86	305.62	98.54	2,652.37
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA SUNCA PUI 50G MUSCHI FILE 50G UNT20G ROSIE 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.05	57.90	40.00	771.80
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARTOFI 400ML	TELINA	3.48	26.96	5.03	167.02
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	45.30	56.35	14.95	541.15
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET GHIVECI DE LEGUME200G		7.39	33.16	10.20	253.99
7	CINA F1 DIABET TOCANITA70G PULPA DE VITA 80G		31.06	4.31	13.87	266.31
8	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			163.08	262.58	107.85	2,665.27
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, ROSIE 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
2	PRANZ F1 COMUN CIORBA RADAUTEANA(PIEPT PUI 40G) DREASA CU OU ,SMANTANA,OTET400ML	OU SMANTANA(LACTOZA)	19.82	6.77	8.60	183.74
3	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA PUI 80G CU GHIVECI DE LEGUME 310G		34.20	32.90	33.15	566.75
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			166.17	208.17	86.40	2,274.94
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90

Nr.	Denumire					
	FILE50G, ROSIE 80G					
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA RADAUTEANA(PIEPT PUI 40G) DREASA CU OU ,SMANTANA,OTET400ML	OU SMANTANA(LACTOZA)	19.82	6.77	8.60	183.74
4	PRANZ F2 COMUN PULPA DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA PUI 80G CU GHIVECI DE LEGUME 310G		34.20	32.90	33.15	566.75
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISINE300G	COZONAC(NUCA,OU, GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			187.37	361.07	120.04	3,266.30
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, ROSIE 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
2	PRANZ F1 COMUN CIORBA RADAUTEANA(PIEPT PUI 40G) DREASA CU OU ,SMANTANA,OTET400ML	OU SMANTANA(LACTOZA)	19.82	6.77	8.60	183.74
3	PRANZ F2 COMUN PIEPT DE PUI80G SI MACAROANE CU SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 COMUN PULPA PUI 80G CU GHIVECI DE LEGUME 310G		34.20	32.90	33.15	566.75
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			164.47	246.17	84.75	2,405.29

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
08/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						

Nr.	Denumire					
1	SUPLIMENT PEDIATRIE 0-3 ANI(9 COPIII)	IAURT(LACTOZA) OU	503.57	1,987.24	309.20	12,666.04
Total COPIII 0-3 ANI			503.57	1,987.24	309.20	12,666.04
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	322.92	96.28	2,802.14
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.37	331.47	89.08	2,773.04
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML,	BRANZA(LACTOZA) PAINE(GLUTEN)	35.20	107.20	22.40	757.70

Nr.	Denumire					
	PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ROSIE80G,ARDEI 80G,CASTRAVETE80G, BANANA200G	SUNCA PUI(SOIA)				
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU PULPA DE PUI INFERIOARA65G SI FIDEA	PASTE(GLUTEN,OU) TELINA	24.77	16.53	23.97	380.89
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	28.28	6.31	32.34	429.42
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			140.65	271.86	94.49	2,486.90
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G, SUNCA PUI100G, ROSIE80G, ARDEI80, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 80G SI FIDEA320ML	PASTE(GLUTEN,OU) TELINA	24.77	16.53	23.97	380.89
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA DE VITA120G SI CARTOFI NATUR250G	UNT(LACTOZA)	38.28	63.13	22.71	610.03
7	CINA F2 DIABET CEAI250ML, PAINE100, MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			172.25	276.31	95.43	2,631.57
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	88.65	26.80	817.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.52	16.40	10.05	178.12
3	PRANZ F2 COMUN CARNATI PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			136.71	304.73	142.13	2,963.31
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	88.65	26.80	817.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00

Nr.	Denumire					
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.52	16.40	10.05	178.12
4	PRANZ F2 COMUN CARNATI PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	PRANZ F3 COMUN CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
6	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT CIRESE300G	COZONAC(NUCA,OU, GLUTEN)	8.40	91.40	10.44	493.36
8	CINA F2 COMUN CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			157.91	457.63	175.77	3,954.67

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G, ARDEI80G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	88.65	26.80	817.80
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.52	16.40	10.05	178.12
3	PRANZ F2 COMUN PIEPT PUI80G SI CARTOFI CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	PRANZ F3 COMUN CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			153.00	357.93	102.98	2,970.54

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

MENIUL ZILNIC
10/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI12 COPIII)	IAURT(LACTOZA) OU	752.93	2,708.96	454.30	17,808.26
Total COPIII 0-3 ANI			752.93	2,708.96	454.30	17,808.26

HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE	TELINA	3.79	34.91	4.90	198.89

Nr.	Denumire					
	LEGUME 400ML					
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML	TELINA	2.74	25.36	4.80	155.59
3	PRANZ F2 ULCER SI COLECIST PIEPT PUI SI OREZ250G CU MORCOV SI PAINE100G	PAINE(GLUTEN)	43.84	87.26	14.55	655.34
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			149.08	305.77	88.90	2,619.48
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML	TELINA	2.74	25.36	4.80	155.59
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA, ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G SI PASTE CU BRANZA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM SPECIAL			133.35	311.32	64.70	2,360.98
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,,IAURT200G,CHEC100G,	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	44.50	119.60	42.20	1,028.20
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.06	10.46	6.67	118.13
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA80G SI MACARONE CU BRANZA LA CUPTOR 270G	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	45.65	39.55	46.30	757.50
5	CINA F2 REGIM COMPOT DE PIERSICI300ML SI PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total REGIM			147.50	351.94	110.95	2,988.32
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 100G, BRANZA DIETETICA100G,UNT20G,OU FIERT1BUC,MERE200G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	48.80	81.50	43.40	911.80
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	4.06	10.46	6.67	118.13
4	PRANZ F2 DIABET PIEPT DE PUI80G CU GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	44.19	89.63	14.58	666.49
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET PULPA DE PORC 80GR SI MACAROANE CU BRANZA LA CUPTOR 280GR	BRANZA(LACTOZA) OU PASTE(GLUTEN,OU)	57.80	39.55	29.35	653.55
8	CINA F2 DIABET LAPTE200G ,PAINE 100G,	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total DIA/HEP/AR R/ ONC R/ HIV R			182.45	320.84	110.00	2,987.17
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.62	15.86	6.73	142.45
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total COMUN			171.70	264.81	98.46	2,632.17
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.62	15.86	6.73	142.45
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT CIRESE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN COMPOT DE	PAINE(GLUTEN)	9.30	94.70	1.20	426.80

Nr.	Denumire					
	PIESICI300ML, PAINE100G					
Total ONC C/ AR C/ HIV C			192.90	417.71	132.10	3,623.53
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.62	15.86	6.73	142.45
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
5	CINA F2 COMUN COMPOT DE PIESICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total LEHUZE COMUN			171.70	264.81	98.46	2,632.17

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: ISAMB
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MENIUL ZILNIC
11/11/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(I10 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	804.30	2,519.80	478.00	17,502.40
Total COPIII 0-3 ANI			804.30	2,519.80	478.00	17,502.40
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89

Nr	Denumire					
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST						
		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.22	24.25	23.95	413.39
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			161.10	281.81	96.30	2,638.32
REGIM SPECIAL						
		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SIPULPA DE PUI 65G	TELINA	25.22	24.25	23.95	413.39
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.48	330.36	89.10	2,769.22
REGIM						
		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ROSII80G,COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.00	107.30	29.74	857.06
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI FIDEA,DREASA CU IAURT400ML	IAURT(LACTOZA) PASTE(GLUTEN,OU) TELINA	25.28	14.75	24.35	378.83
3	PRANZ F2 REGIM PIEPT PUI 80G SI MANCARE DE FASOLE VERDE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPE PUI80G CU GHIVECI LEGUME310G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			152.16	265.01	103.3 3	2,598.40

Nr	Denumire					
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 100G, BRANZA DIETETICA100G,UNT20G,ROSII80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.54	59.96	38.82	748.58
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 65G SI FIDEA DREASA CU IAURT320ML	IAURT(LACTOZA) PASTE(GLUTEN,OU) TELINA	25.32	15.64	24.27	381.83
4	PRANZ F2 DIABET PIEPT DE PUI80 G CU GHIVECI LEGUME250G	PAINE(GLUTEN)	47.59	81.66	15.30	654.69
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM COMPOT DE MERE 300ML		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA DE PULPA VITA 80G CU MAMALIGA150G SI BRANZA DIETETICA100G	BRANZA(LACTOZA)	51.18	46.80	31.67	676.95
7	CINA F2 DIABET CEAI250ML, PAINE100G,SUNCA DE PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			188.73	287.86	117.66	2,946.05
COMUN		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI ,DREASA CU SMANTANA	SMANTANA(LACTOZA) TELINA	5.08	27.88	8.45	207.85
3	PRANZ F2 COMUN CARNATI DE PORC 105GR CU OREZ CU MORCOV230G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	33.19	89.13	54.18	895.29
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU SOTE DE CARTOFI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
5	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			142.72	304.60	142.18	2,987.24
ONC C/ AR C/ HIV C		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML, CHEC100G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI ,DREASA CU SMANTANA	SMANTANA(LACTOZA) TELINA	5.08	27.88	8.45	207.85
4	PRANZ F2 COMUN CARNATI DE PORC 105GR CU OREZ CU MORCOV230G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR)	33.19	89.13	54.18	895.29

Nr.	Denumire					
		PAIN(E)(GLUTEN)				
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT CIRESE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INFERIOARA80G CU SOTE DE CARTOFI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
7	CINA F2 COMUN LAPTE200ML, PAIN(E)100G	LAPTE(LACTOZA) PAIN(E)(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			163.92	459.30	173.82	3,975.80
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAIN(E)100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAIN(E)(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F2 COMUN PIEPT PUI80G CU GARNITURA DE OREZ CU MORCOV250G	PAIN(E)(GLUTEN)	43.89	86.63	14.58	653.29
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI ,DREASA CU SMANTANA	SMANTANA(LACTOZA) TELINA	5.08	27.88	8.45	207.85
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU SOTE DE CARTOFI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
5	CINA F2 COMUN CEAI250ML,PAIN(E)100G	PAIN(E)(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			147.02	298.00	98.98	2,670.84

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: ISAMB
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MENIUL ZILNIC
12/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 AN(I09 COPII)	IAURT(LACTOZA) OU	750.70	2,151.20	456.80	15,606.80
Total COPIII 0-3 ANI			750.70	2,151.20	456.80	15,606.80
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60

Nr.	Denumire					
	COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	282.92	96.28	2,642.14
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SIPULPA DE PUI 65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.37	331.47	89.08	2,773.04
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ROSI80G, CASTRAVETE80G, BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	102.60	22.20	733.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI 65G SI OREZ 330ML		23.92	12.65	23.99	362.15
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI80G SI MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	28.28	6.31	32.34	429.42
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			141.26	265.10	94.63	2,463.57

Nr.	Denumire					
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G,ROSHI80G,CASTRAVETI80G, MUSCHI FILE50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	44.95	56.90	26.50	632.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU PULPA DE PUI INFERIOARA65G SI OREZ	TELINA	24.22	15.65	23.99	375.35
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSHI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM COMPOT DE MERE 300ML		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA DE PORCSI CARTOFI NATUR250G	UNT(LACTOZA)	47.13	62.35	24.27	656.35
7	CINA F2 DIABET CEAI250ML, PAINE100G,SUNCA DE PUI 50G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	22.10	58.40	7.60	382.40
Total DIA/HEP/AR R/ ONC R/ HIV R			185.85	278.05	102.41	2,747.75
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, BANANA200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	98.65	26.60	851.60
2	PRANZ F1 COMUN CIORBA DE VACUTA400ML CARNE DE VITA25G DREASA CU SMANTANA SI OTET	SMANTANA(LACTOZA) TELINA	11.56	15.61	6.28	165.16
3	PRANZ F2 COMUN PULPA PORC80G CU VARZA CU ROSHI250G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSHI250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			155.81	260.66	83.38	2,416.26
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, BANANA200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	98.65	26.60	851.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE VACUTA400ML CARNE DE VITA25G DREASA CU SMANTANA SI OTET	SMANTANA(LACTOZA) TELINA	11.56	15.61	6.28	165.16
4	PRANZ F2 COMUN PULPA PORC80G CU VARZA CU ROSHI250G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT CIRESE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSHI250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			177.01	413.56	117.02	3,407.62

Nr.	Denumire					
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL50G, MUSCHI FILE50G, MERE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	84.05	26.60	793.20
2	PRANZ F2 COMUN PIEPT PUI80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.89	86.63	14.58	653.29
3	PRANZ F1 COMUN CIORBA DE VACUTA400ML CARNE DE VITA25G DREASA CU SMANTANA SI OTET	SMANTANA(LACTOZA) TELINA	11.56	15.61	6.28	165.16
4	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU MACAROANE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			151.45	281.34	81.41	2,463.79

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
13/11/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 AN(08 COPIII)	IAURT(LACTOZA) OU	752.70	1,893.00	458.40	14,604.40
Total COPIII 0-3 ANI			752.70	1,893.00	458.40	14,604.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OUA1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320MLSI PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	282.92	96.28	2,642.14
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G, CARTOFI200G, MORCOV 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML SIPULPA DE PUI 65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.37	331.47	89.08	2,773.04
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G,ROSII80G, IAURT200G,GEM20G,MERE200GOU FIERT1BUC	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) OU PAINE(GLUTEN)	40.30	106.04	31.30	859.06
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU PULPA DE PUI INFERIOARA65G SI FIDEA	PASTE(GLUTEN,OU)	24.32	12.75	24.03	364.51
3	PRANZ F2 REGIM PULPA DE PUI INFERIOARA 80G SI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN)	42.39	89.03	34.18	833.29
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNUGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM COMPOT DE CIRESE 300G SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			150.61	362.97	123.61	3,158.76
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI 50G, BRANZA DIETETICA100G,ROSII80G,CASTRAVETI80G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.60	57.15	29.70	668.80
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE	PASTE(GLUTEN,OU) TELINA	24.62	15.75	24.03	377.71

Nr.	Denumire					
	ZARZAVAT320ML CU FIDEA SI PULPA DE PUI INFERIOARA65G					
4	PRANZ F2 DIABET PULPA DE PUI INFERIOARA80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	41.20	57.35	34.10	701.10
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC80G CU SOTE DE FASOLE VERDE300G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100G, MUSCHI FILE50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			181.82	216.20	114.88	2,604.46
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, UNT20G,MASLINE25G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	58.08	37.00	726.00
2	PRANZ F1 COMUN VEGAN CIORBA DE ZARZAVAT CU FIDEA400ML SI OASE DE PORC	PASTE(GLUTEN,OU) TELINA	3.67	15.57	8.35	152.10
3	PRANZ F2 COMUN PULPA PORC 80G CU MANCARE DE MAZARE270G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN TOCANITA DE TOCANITA DE FICATEI180G SI MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			179.51	285.30	107.60	2,827.82
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, UNT20G,MASLINE25G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	58.08	37.00	726.00
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN VEGAN CIORBA DE ZARZAVAT CU FIDEA400ML SI OASE DE PORC	PASTE(GLUTEN,OU) TELINA	3.67	15.57	8.35	152.10
4	PRANZ F2 COMUN PULPA PORC 80G CU MANCARE DE MAZARE270G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	CINA F1 COMUN TOCANITA DE TOCANITA DE FICATEI180G SI MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT CIRESE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
8	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			200.71	438.20	141.24	3,819.18
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, CASCAVAL50G, MUSCHI FILE 50G,SUNCA PORC50G, UNT20G,MASLINE25G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	58.08	37.00	726.00
2	PRANZ F1 COMUN VEGAN CIORBA DE ZARZAVAT CU FIDEA400ML SI OASE DE PORC	PASTE(GLUTEN,OU) TELINA	3.67	15.57	8.35	152.10
3	PRANZ F2 COMUN PULPA DE PORC 80G CU OREZ CU LEGUME300G	PAINE(GLUTEN)	54.54	89.03	17.23	729.34
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56

Nr.	Denumire					
5	CINA F1 COMUN TOCANITA DE TOCANITA DE FICATEI180G SI MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
6	CINA F2 COMUN CEAI250ML,PAINI100G	PAINI(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			174.41	314.72	106.44	2,914.70

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR