

MENIUL ZILNIC
22/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(12COPIII)	IAURT(LACTOZA) OU	832.96	3,171.12	491.20	20,277.12
Total COPIII 0-3 ANI			832.96	3,171.12	491.20	20,277.12
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU FIERT1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER PIEPT PUI 80GR SI PASTE FAINOASE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			190.49	286.31	123.10	3,015.09
REGIM SPECIAL						
Alergeni						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
	PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G					
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA50G,SUNCA PUI 50G ARDEI 80G,ROSIE80G, CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA80G SI CARTOFI,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU TELINA	32.67	28.58	29.98	514.41
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN)	47.34	89.03	15.13	681.64
4	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA 80G SI PASTE FAINOASE CU BRANZA 270G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	44.50	732.30
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			167.16	303.81	113.21	2,888.85
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI100G, ARDEI80G, ROSIE80G,CASTRAVETI80G .	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARTOFI 330ML SI PULPA PUI INF80G DREASA IAURT	IAURT(LACTOZA) TELINA	30.57	28.43	28.18	489.21
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65

Nr.	Denumire					
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET TOCANITA DE VITA 120G SI MAMALIGA 200G		34.43	42.95	14.52	440.20
8	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			179.35	295.43	104.15	2,814.56

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,,ARDEI80G,ROSII80G GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	79.09	27.10	786.66
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.36	9.65	9.52	145.68
3	PRANZ F2 COMUN VARZA CU ROSII SI CARNE DE PORC TOCATA 270G, PAINE 100G	PAINE(GLUTEN)	40.45	51.35	15.35	505.35
4	CINA F1 COMUN FRIPTURA PULPA DE PUI INFERIOARA 80G SI CARTOFI LA CUPTOR250G		33.15	57.30	32.75	656.55
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			150.36	255.69	89.52	2,429.84

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,,ARDEI80G,ROSII80G GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	79.09	27.10	786.66
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE 200ML,BANANE200G	LAPTE(LACTOZA)	6.40	49.80	3.60	257.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.36	9.65	9.52	145.68
4	PRANZ F2 COMUN VARZA CU ROSII SI CARNE DE PORC TOCATA 270G, PAINE 100G	PAINE(GLUTEN)	40.45	51.35	15.35	505.35
5	SUPLIMENT ORA 16 ONCO/AR/HIV MERE200G,BANANE200G		0.00	65.40	0.00	261.60
6	CINA F1 COMUN FRIPTURA PULPA DE PUI INFERIOARA 80G SI CARTOFI LA CUPTOR250G		33.15	57.30	32.75	656.55

Nr.	Denumire					
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			156.76	370.89	93.12	2,948.64
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,,ARDEI80G,ROSI80G GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	79.09	27.10	786.66
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.36	9.65	9.52	145.68
3	PRANZ F2 COMUN PIEPT DE PUI 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	47.34	89.03	15.13	681.64
4	CINA F1 COMUN FRIPTURA PULPA DE PUI INFERIOARA 80G SI CARTOFI LA CUPTOR250G		33.15	57.30	32.75	656.55
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total LEHUZE COMUN			157.25	293.37	89.30	2,606.12

MENIUL ZILNIC
23/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	773.44	2,225.08	450.00	15,932.08
Total COPIII 0-3 ANI			773.44	2,225.08	450.00	15,932.08
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU FIERT1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL		1.20	46.50	0.00	190.80

Nr.	Denumire					
	COMPOT CIRESE300ML					
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			175.83	264.77	111.85	2,769.03
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36

Nr.	Denumire					
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA50G,SUNCA PUI 50G ARDEI 80G,ROSIE80G, CASTRAVETI80GBANANA 200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU PULPA PUI INF80G A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	31.12	16.20	29.89	457.88
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	28.28	6.31	32.34	429.42
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			149.55	273.25	100.73	2,583.89
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G,OU FIERT1BUCSUNCA PUI100G, ARDEI80G, ROSIE80G,CASTRAVETI80G .	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.90	64.00	30.40	719.70
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI INFERIOARA80G	IAURT(LACTOZA) OU TELINA	31.27	16.98	29.83	461.06
4	PRANZ F2 DIABET PIEPT PUI80G SI VARZA SI ROSII250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET ARDEI UMPLUT CU CARNE PORC SI SOS DE ROSII 350G	FAINA(GLUTEN) OU	38.93	27.31	16.69	415.17
8	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			199.35	251.53	120.77	2,860.57
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	54.78	58.88	30.80	731.80

Nr.	Denumire					
	BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,MASLINE 25G,,	PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.99	12.82	6.66	127.17
3	PRANZ F2 COMUN PULPA PORC 80G CU MANCARE DE MAZARE270G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
5	CINA F2 COMUN COMPOT DE VISINE300G SI PAINE 100G,	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total COMUN			171.55	265.71	96.79	2,620.10
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,MASLINE 25G,,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200ML,CHEC 100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.99	12.82	6.66	127.17
4	PRANZ F2 COMUN PULPA PORC 80G CU MANCARE DE MAZARE270G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT PRUNE300ML	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
7	CINA F2 COMUN COMPOT DE VISINE300G SI PAINE 100G,	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total ONC C/ AR C/ HIV C			192.15	427.01	130.43	3,642.66
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,MASLINE 25G,,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.99	12.82	6.66	127.17

Nr.	Denumire					
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	39.74	689.46
5	CINA F2 COMUN COMPOT DE VISINE300G SI PAINE 100G,	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total LEHUZE COMUN			165.56	294.45	95.40	2,698.63

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
24/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(06COPIII)	IAURT(LACTOZA) OU	606.11	1,354.92	354.40	10,937.72
Total COPIII 0-3 ANI			606.11	1,354.92	354.40	10,937.72
HIDRIC/HZL		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU FIERT1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Protein	Glucid	Lipid	Calorii

Nr.	Denumire					
		e	e	e		
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	282.92	96.28	2,642.14
REGIM SPECIAL		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.37	331.47	89.08	2,773.04
REGIM		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA50G,SUNCA PUI 50G ,ROSIE80G, CASTRAVETI80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	62.60	22.20	573.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA80G SI FIDEA,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.30	16.97	26.07	411.27
3	PRANZ F2 REGIM PIEPT PUI 80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPE PUI80G CU GHIVECI		34.24	33.16	33.15	567.94

Nr .	Denumire					
	LEGUME310G					
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			148.88	271.73	97.51	2,546.08
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI100G,,CASCAVAL50G, ARDEI80G, ROSIE80G,.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	53.70	63.45	27.80	718.80
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI 80G SI FIDEA,DREASA CU OU SI IAURT320ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.31	16.90	26.05	410.85
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET MUSACA DE CARTOFI250G CU CARNE TOCATA 65G		38.55	62.15	14.75	535.55
8	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			202.91	291.75	113.05	2,979.65
COMUN		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,MASLINE 25G,,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.62	16.86	6.73	146.45
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU, GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA PUI80G CU MINCARE DE FASOLE VERDE 250G	FAINA(GLUTEN)	30.78	6.11	32.74	442.22
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			136.02	233.79	135.96	2,621.47
ONC C/ AR C/ HIV C		Alergeni	Protein	Glucid	Lipid	Calorii

Nr	Denumire		e	e	e	
1	MIC DEJUN COMUN CASTRAVETI80G		1.30	0.20	2.90	18.60
2	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,MASLINE 25G,,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200ML,CHEC 100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
4	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.62	16.86	6.73	146.45
5	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
6	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLU TEN)	7.20	44.90	10.44	302.56
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT PRUNE300ML	COZONAC(NUCA,OU,GLU TEN)	7.80	99.80	10.44	524.56
8	CINA F1 COMUN PULPA PUI80G CU MINCARE DE FASOLE VERDE 250G	FAINA(GLUTEN)	30.78	6.11	32.74	442.22
9	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			157.92	395.29	172.50	3,662.63
LEHUZE COMUN		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	MIC DEJUN COMUN CASTRAVETI80G		1.30	0.20	2.90	18.60
2	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,MASLINE 25G,,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
3	PRANZ F1 COMUN SUPA DE ZARZAVAT CU FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.62	16.86	6.73	146.45
4	PRANZ F2 COMUN PIEPT DE PUI80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
5	CINA F1 COMUN PULPA PUI80G CU MINCARE DE FASOLE VERDE 250G	FAINA(GLUTEN)	30.78	6.11	32.74	442.22
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			144.11	191.85	89.26	2,133.63

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

MENIUL ZILNIC
25/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA) OU	556.31	1,200.12	313.60	9,800.12
Total COPIII 0-3 ANI			556.31	1,200.12	313.60	9,800.12
HIDRIC/HZL						
Alergeni						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU FIERT1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST						
Alergeni						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	282.92	96.28	2,642.14
REGIM SPECIAL						
Alergeni						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60

Nr.	Denumire					
	CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.37	331.47	89.08	2,773.04
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA50G,SUNCA PUI 50G ARDEI 80G,ROSIE80G, CASTRAVETI80GCHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	120.70	40.00	995.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA80G SI FIDEA,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.30	16.97	26.07	411.27
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
4	CINA F1 REGIM FRIPTURA PULPA PUI INFERIOARA 80G SI PASTE FAINOASE CU BRANZA 270G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	44.50	732.30
5	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			164.80	318.64	126.35	3,056.97
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI100G,.,CASTRAVETI 80G0G, ARDEI80G, ROSIE80G,.	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr.	Denumire					
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT320ML CU PULPA PUI INF80G SI FIDEA DREASA CU IAURT SI OU	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	27.42	16.79	26.07	411.03
4	PRANZ F2 DIABET PIEPT DE PUI80GR CU SOTE DE FASOLE VERDE250GR SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET TOCANITA DE PULPA VITA 80G CU MAMALIGA150G SI BRANZA DIETETICA100G	BRANZA(LACTOZA)	51.18	46.80	31.67	676.95
8	CINA F2 DIABET CEAI250ML, PAINE100, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			187.25	294.84	108.39	2,873.93
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,MASLINE 25G,,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	60.08	47.20	889.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	4.22	16.76	6.69	144.09
3	PRANZ F2 COMUN PULPA DE PORC 80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 FRIPTURA PULPA PUI 80G SI COMUN CARTOFI TARANESTI250G		34.00	60.15	32.90	672.70
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			158.24	287.43	114.98	2,817.70
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,MASLINE 25G,,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	60.08	47.20	889.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200ML,CHEC 100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	4.22	16.76	6.69	144.09
4	PRANZ F2 COMUN PULPA DE	PAINE(GLUTEN)	48.25	51.35	16.55	547.35

Nr.	Denumire					
	PORC 80G CU VARZA CALITA 250G, PAINE100G					
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	CINA F1 FRIPTURA PULPA PUI 80G SI COMUN CARTOFI TARANESTI250G		34.00	60.15	32.90	672.70
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT PRUNE300ML	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			178.84	448.73	148.62	3,840.26

LEHUZE COMUN	Alergeni	Proteine	Glucide	Lipide	Calorii
1 MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,MASLINE 25G,,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	60.08	47.20	889.80
2 PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	4.22	16.76	6.69	144.09
3 PRANZ F2 COMUN PIEPT PUI80G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.89	86.63	14.58	653.29
4 PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5 CINA F1 FRIPTURA PULPA PUI 80G SI COMUN CARTOFI TARANESTI250G		34.00	60.15	32.90	672.70
6 CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN		153.88	322.71	113.01	2,923.63

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
26/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA) OU	729.90	1,964.80	439.20	14,603.60
Total COPIII 0-3 ANI			729.90	1,964.80	439.20	14,603.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU FIERT1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			172.85	284.67	107.18	2,794.65
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA /	TELINA	25.11	25.36	23.93	417.21

Nr.	Denumire					
	ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.37	331.47	89.08	2,773.04
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA50G,SUNCA PUI 50G ARDEI 80G,ROSIE80G, CASTRAVETI80G,IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	75.20	28.00	697.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA65G SI CARTOFI,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU TELINA	28.30	28.47	26.18	462.26
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI FRANTUZASTI LA CUPTOR250G	BRANZA(LACTOZA) OU	46.45	58.85	46.45	839.25
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			171.30	306.07	116.73	2,938.11
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI100G, ARDEI80G, ROSIE80G,.OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	49.60	63.80	27.50	701.10
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARTOFI 330ML SI PULPA PUI INF65G DREASA CU OU SI IAURT	IAURT(LACTOZA) OU TELINA	28.30	28.47	26.18	462.26
4	PRANZ F2 DIABET VARZA CU ROSII 250G SI CARNE TOCATA	PAINE(GLUTEN)	33.25	51.35	14.15	465.75

Nr.	Denumire					
	DE VITA 60G					
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET ARDEI UMPLUT CU CARNE PORC SI SOS DE ROSII 350G	FAINA(GLUTEN) OU	38.93	27.31	16.69	415.17
8	CINA F2 DIABET CEAI250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			187.29	262.82	113.92	2,809.28
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,OU FIERT 1 BUC,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	60.45	50.20	950.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.62	16.86	6.73	146.45
3	PRANZ F2 COMUN PULPA DE PORC 105GR SI MANCARE DE SPANAC 270GR PAINE100GR	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			173.70	230.31	113.86	2,640.77
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI80G		1.30	0.20	2.90	18.60
2	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,OU FIERT 1 BUC,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	60.45	50.20	950.40
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200ML,CHEC 100G MERE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	86.90	23.20	599.60
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.62	16.86	6.73	146.45
5	PRANZ F2 COMUN PULPA DE PORC 105GR SI MANCARE DE	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07

Nr.	Denumire					
	SPANAC 270GR PAINE100GR					
6	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT PRUNE300ML	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			195.60	417.21	150.40	3,783.53
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI80G		1.30	0.20	2.90	18.60
2	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G,CASCAVAL 50G MUSCHI FILE50G,OU FIERT 1 BUC,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	60.45	50.20	950.40
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.62	16.86	6.73	146.45
4	PRANZ F2 COMUN PULPA DE PORC 105GR SI MANCARE DE SPANAC 270GR PAINE100GR	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
5	CINA F1 COMUN - FRIPTURA PULPA DE PUI INFERIOARA80G SI MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			175.00	230.51	116.76	2,659.37

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

<p>Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB</p>
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MENIUL ZILNIC
27/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA) OU	568.90	1,948.60	415.20	13,678.80
Total COPIII 0-3 ANI			568.90	1,948.60	415.20	13,678.80
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU FIERT1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.99	282.92	96.28	2,642.14
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA65G	TELINA	25.11	25.36	23.93	417.21
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.37	331.47	89.08	2,773.04
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, OU FIERT1BUC.BRANZA DIETETICA50G,ARDEI 80G,ROSIE80G, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN)	35.00	77.24	25.90	682.06
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA	PASTE(GLUTEN,OU) TELINA	2.48	15.46	4.92	116.03
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	PRANZ F3 REGIM CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 REGIM MUSACA DE CARTOFI CU CARNE TOCATA VITA		31.35	62.15	13.55	495.95
6	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			127.62	350.18	77.75	2,610.93
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PORC100G, ARDEI80G, ROSIE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	39.90	63.80	25.50	644.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT320ML CU FIDEA	PASTE(GLUTEN,OU) TELINA	2.48	15.46	4.92	116.03
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE VITA80G CU SOTE DE FASOLE VERDE 350G		34.75	4.05	14.45	285.25
7	CINA F2 DIABET CEA1250ML, PAINE100, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40

Nr.	Denumire					
Total DIA/HEP/AR R/ ONC R/ HIV R			154.08	224.56	83.72	2,260.03
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL 50G MUSCHI FILE50G,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.45	62.05	46.40	915.60
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.52	28.21	5.04	172.24
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.18	43.95	43.17	753.05
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			172.98	244.01	112.80	2,683.15
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100G,CASCAVAL 50G MUSCHI FILE50G,UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	62.45	62.05	46.40	915.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200ML,CHEC 100G MERE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	86.90	23.20	599.60
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.52	28.21	5.04	172.24
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.18	43.95	43.17	753.05
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC100G, COMPOT PRUNE300ML	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			192.78	439.31	153.60	3,902.75
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA	62.45	62.05	46.40	915.60

Nr.	Denumire					
	PORC100G,CASCAVAL 50G MUSCHI FILE50G,UNT20G	PORC(SOIA) UNT(LACTOZA)				
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI DREASA CU SMANTANA 400ML	SMANTANA(LACTOZA) TELINA	3.52	28.21	5.04	172.24
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.18	43.95	43.17	753.05
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			172.98	244.01	112.80	2,683.15

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