

MENIUL ZILNIC
02/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	575.57	2,306.44	363.60	14,704.44
Total COPIII 0-3 ANI			575.57	2,306.44	363.60	14,704.44
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC, LAPTE200ML	IAURT(LACTOZA) LAPTE(LACTOZA) OU	22.40	102.90	16.40	640.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			27.39	195.71	21.30	1,076.09
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	282.92	100.10	2,694.46
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60

Nr.	Denumire					
	SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G, CASTRAVETE80G, ROSII80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	4.42	16.98	6.88	147.11
3	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	PRANZ F3 REGIM CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNUGURESTI250G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			132.65	307.63	95.87	2,610.07
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ROSII80G, ARDEI80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr.	Denumire					
	ARSI/ HIV ONCO REGIM IAURT200G					
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI80G	IAURT(LACTOZA) OU TELINA	31.27	16.98	29.83	461.06
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSHI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE VITA80G CU SOTE DE FASOLE VERDE 350G		34.75	4.05	14.45	285.25
7	CINA F2 DIABET CEAI250ML, PAINE100G ,IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			170.77	225.68	94.33	2,404.86
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, ROSHI80G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	102.95	26.90	875.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, 400ML	TELINA	3.52	9.50	8.41	127.73
3	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			153.51	302.03	95.93	2,685.67
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, ROSHI80G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	102.95	26.90	875.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, LAPTE200G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
3	PRANZ F1 COMUN CIORBA DE	TELINA	3.52	9.50	8.41	127.73

Nr.	Denumire					
	ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, 400ML					
4	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, CHEC100G.	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
7	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			173.91	465.33	134.73	3,769.67
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, ROSII80G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	102.95	26.90	875.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE VERDE, 400ML	TELINA	3.52	9.50	8.41	127.73
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.69	306.28	96.37	2,719.39

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
03/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(07COPIII)	IAURT(LACTOZA) OU	605.01	1,601.32	353.10	11,923.22
Total COPIII 0-3 ANI			605.01	1,601.32	353.10	11,923.22
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	282.92	100.10	2,694.46
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE	TELINA	29.59	25.36	27.75	469.54

Nr.	Denumire					
	ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G, CASTRAVETE80G, ROSII80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FASOLE VERDE ,DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU TELINA	4.63	9.76	6.97	119.88
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA DE PULPA PUI INFERIOARA80G SI GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM COMPOT DE CIRESE 300G SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			130.22	294.47	78.62	2,392.42
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, UNT20G, ROSII80G, ARDEI80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.90	64.60	39.60	776.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FASOLE VERDE,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU TELINA	4.63	9.76	6.97	119.88
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET PULPA DE VITA CU MACAROANE SI SOS ROSII PAINE	PASTE(GLUTEN,OU)	36.35	40.85	14.30	437.50

Nr.	Denumire					
8	CINA F2 DIABET CEAI250ML, PAINE100G ,SUNCA DE PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			153.13	281.76	83.52	2,469.33
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, ROSII80G, CASTRAVETI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.80	63.15	29.80	734.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVATCU CU OASE PORC 50G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	5.29	12.82	10.11	163.42
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN FRIPTURA PUI80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			137.50	243.20	134.76	2,640.60
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, ROSII80G, CASTRAVETI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.80	63.15	29.80	734.50
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,OU FIERT1BUC	IAURT(LACTOZA) OU	14.80	8.60	12.80	200.80
3	PRANZ F1 COMUN CIORBA DE ZARZAVATCU CU OASE PORC 50G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	5.29	12.82	10.11	163.42
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, CHEC100G.	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN FRIPTURA PUI80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			159.90	351.80	165.16	3,430.20
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, ROSII80G, CASTRAVETI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.80	63.15	29.80	734.50
2	PRANZ F1 COMUN CIORBA DE	FAINA(GLUTEN) OU TELINA	5.29	12.82	10.11	163.42

Nr.	Denumire					
	ZARZAVATCU CU OASE PORC 50G SI FULGI DE OU 330ML					
3	PRANZ F2 COMUN PIEPT DE PUI80G SI MACAROANE CU SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 COMUN FRIPTURA PUI80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			153.80	279.70	95.61	2,581.05

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
04/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(8COPIII)	IAURT(LACTOZA) OU	488.64	1,580.68	301.40	10,941.88
Total COPIII 0-3 ANI			488.64	1,580.68	301.40	10,941.88
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89

Nr.	Denumire					
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER/COLECIST PIEPT PUI INFERIOARA CU GANITURA DE OREZ CU MORCOV		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEA 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			177.33	284.67	111.00	2,846.98
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G, CASTRAVETE80G, ROSII80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	3.95	11.57	6.65	121.95

Nr.	Denumire					
3	PRANZ F3 REGIM BANANE200GR		0.00	40.00	0.00	160.00
4	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
5	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	28.28	6.31	32.34	429.42
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			120.07	234.89	77.48	2,103.64
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, UNT20G, ROSII80G, ARDEI80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.90	64.60	39.60	776.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	30.68	11.75	29.60	436.14
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE DOVLECEI250G		39.85	2.85	15.35	308.95
8	CINA F2 DIABET CEAI250ML, PAINE100G ,SUNCA DE PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			181.48	240.95	107.20	2,633.04
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, ROSHI80G, CASTRAVETI80G,ARDEI 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	57.90	67.75	30.00	759.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	5.73	17.27	10.40	185.16
3	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total COMUN			150.92	255.10	90.58	2,425.34
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCaval50G, ROSII80G, CASTRAVETI80G,ARDEI 80G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	57.90	67.75	30.00	759.10
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,BANANA 200200G	IAURT(LACTOZA)	6.40	48.00	5.60	260.00
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	5.73	17.27	10.40	185.16
4	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, CHEC100G.	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
7	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
8	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			164.92	403.10	113.78	3,274.14
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCaval50G, ROSII80G, CASTRAVETI80G,ARDEI 80G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	57.90	67.75	30.00	759.10
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	5.73	17.27	10.40	185.16
3	PRANZ F2 COMUN PIEPT PUI80G CU SOTE DE FASOLE VERDE350G, PAINE100G	PAINE(GLUTEN)	44.95	52.55	5.85	442.65
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			147.62	256.30	79.88	2,320.64

INTOCMIT, AM

ASISTENT

CONTABIL, DIRECTOR

MEDIC

PRIMIT, DIETETICA,

INGRIJIRI,

COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
05/10/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(8COPIII)	IAURT(LACTOZA) OU	497.04	1,939.08	277.60	12,210.88
Total COPIII 0-3 ANI			497.04	1,939.08	277.60	12,210.88
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI80G PASTE CU BRANZA DIETETICA250G ,PAINE	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	57.60	88.50	25.65	815.25
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09

Nr.	Denumire					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			179.33	285.17	111.20	2,858.78
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G, CASTRAVETE80G, ROSII80GIAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	75.20	28.00	697.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	4.42	16.98	6.88	147.11
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT PUI 80G SI GHIVECI LEGUME250G PAINE	PAINE(GLUTEN)	47.55	81.40	15.30	653.50
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			132.61	292.31	83.81	2,432.05
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, UNT20G, ROSII80G, ARDEI80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.64	64.56	39.02	773.18

Nr.	Denumire					
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI80G	IAURT(LACTOZA) OU TELINA	31.27	16.98	29.83	461.06
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET PULPA DE VITA 80G SI OREZ CU LEGUME250G	TELINA	38.33	42.92	14.71	457.39
8	CINA F2 DIABET CEAI250ML, PAINE100G ,SUNCA DE PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			176.39	285.01	105.61	2,776.88
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, , ROSII80G, CASTRAVETI80G,ARDEI 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	45.40	67.50	22.50	640.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.32	14.11	6.75	134.46
3	PRANZ F2 COMUN PULPA PORC90 CU MACAROANE CU BRANZA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	64.10	87.90	23.99	823.91
4	CINA F1 COMUN CARTOFI NATURI250G		6.30	57.30	9.80	342.60
5	CINA F1 COMUN TOCANITA DE FACAT PUI		41.13	12.45	21.47	407.55
6	CINA F2 COMUN COMPOT DE PIERSICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total COMUN			170.55	333.96	85.71	2,775.92
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, , ROSII80G, CASTRAVETI80G,ARDEI 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	45.40	67.50	22.50	640.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,BANANA 200200G	IAURT(LACTOZA)	6.40	48.00	5.60	260.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.32	14.11	6.75	134.46
4	PRANZ F2 COMUN PULPA PORC90 CU MACAROANE CU BRANZA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	64.10	87.90	23.99	823.91
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, CHEC100G.	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80

Nr.	Denumire					
6	CINA F1 COMUN CARTOFI NATURI250G		6.30	57.30	9.80	342.60
7	CINA F1 COMUN TOCANITA DE FACAT PUI		41.13	12.45	21.47	407.55
8	CINA F2 COMUN COMPOT DE PIERISICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			184.55	481.96	108.91	3,624.72
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, , ROSII80G, CASTRAVETI80G,ARDEI 80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	45.40	67.50	22.50	640.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.32	14.11	6.75	134.46
3	PRANZ F2 COMUN PULPA PORC90 CU MACAROANE CU BRANZA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	64.10	87.90	23.99	823.91
4	CINA F1 COMUN CARTOFI NATURI250G		6.30	57.30	9.80	342.60
5	CINA F1 COMUN TOCANITA DE FACAT PUI		41.13	12.45	21.47	407.55
6	CINA F2 COMUN COMPOT DE PIERISICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total LEHUZE COMUN			170.55	333.96	85.71	2,775.92

INTOCMIT, AM ASISTENT CONTABIL, DIRECTOR MEDIC
PRIMIT, DIETETICA, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
06/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
	COPIII 0-3 ANI	Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	SUPLIMENT PEDIATRIE 0-3 ANI(7COPIII)	IAURT(LACTOZA) OU	501.11	1,866.12	300.40	12,076.52
Total COPIII 0-3 ANI			501.11	1,866.12	300.40	12,076.52
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCaval50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER SI COLECIST PIEPT PUI SI OREZ250G CU MORCOV SI PAINE100G	PAINE(GLUTEN)	43.84	87.26	14.55	655.34
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.57	283.92	100.10	2,698.86
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA /	BRANZA(LACTOZA)	24.40	56.20	18.20	486.20

Nr.	Denumire					
	REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	PAINE(GLUTEN)				
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G, , ROSII80GIAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.35	73.95	24.96	669.84
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU PULPA PUI SI FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.34	15.79	29.78	456.13
3	PRANZ F2 REGIM PIEPT PUI INF80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM FICAT PUI150G CU CARTOFI UNGURESTI300G		47.15	68.15	21.95	658.75
5	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			170.47	267.69	92.78	2,579.28
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA100G,OU FIERT1 BUC MUSCHI FILE50G, UNT20G, ROSII80G, ARDEI80G,	BRANZA(LACTOZA) OU PAINE(GLUTEN) UNT(LACTOZA)	47.03	60.34	46.54	848.34
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT CU PULPA DE PUI INFERIOARA80G SI DOVLECEI,DREASA CUOU SI IAURT400ML	IAURT(LACTOZA) OU TELINA	30.24	8.19	29.69	420.52
4	PRANZ F2 DIABET PIEPT PUI80G SI SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.05	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE VITA 80G SI CARTOFI UNGURESTI250		37.15	60.15	14.45	519.25
7	CINA F2 DIABET CEA1250ML, PAINE100G ,SUNCA DE PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			181.92	269.13	115.93	2,839.16
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1250ML CU PAINE100G, BRANZA 100G OU FIERT 1 BUC, ARDEI 80G,ROSIE 80G , GUNT20G.GEM20GMASLINE25G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) UNT(LACTOZA)	36.78	78.67	39.70	819.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE	OU TELINA	4.32	9.65	6.76	116.68

Nr.	Denumire					
	,DREASA CU OU					
3	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
6	CINA F2 COMUN COMPOT DE VISINE 300ML ,PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total COMUN			130.17	300.10	96.70	2,591.38
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G OU FIERT 1 BUC, ARDEI 80G,ROSIE 80G , GUNT20G.GEM20GMASLINE25G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) UNT(LACTOZA)	36.78	78.67	39.70	819.06
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,BANANA 200200G	IAURT(LACTOZA)	6.40	48.00	5.60	260.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE ,DREASA CU OU	OU TELINA	4.32	9.65	6.76	116.68
4	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, CHEC100G.	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
7	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
8	CINA F2 COMUN COMPOT DE PIERSICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			143.87	447.80	119.90	3,437.78
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G OU FIERT 1 BUC, ARDEI 80G,ROSIE 80G , GUNT20G.GEM20GMASLINE25G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) UNT(LACTOZA)	36.78	78.67	39.70	819.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE VERDE ,DREASA CU OU	OU TELINA	4.32	9.65	6.76	116.68
3	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
6	CINA F2 COMUN COMPOT DE PIERSICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total LEHUZE COMUN			129.87	299.80	96.70	2,588.98

Nr.	Denumire	

INTOCMIT, AM ASISTENT CONTABIL, DIRECTOR MEDIC
PRIMIT, DIETETICA, INGRIJIRI, COORDONATOR

MENIUL ZILNIC
07/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(04COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	410.82	1,261.84	247.70	8,855.94
Total COPIII 0-3 ANI			410.82	1,261.84	247.70	8,855.94
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54

Nr.	Denumire					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	282.92	100.10	2,694.46
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G,IAURT 200G,CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.60	124.20	42.40	1,052.80
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 330ML SI PULPA INFERIOARA 80G	FAINA(GLUTEN) OU TELINA	30.80	11.57	29.60	435.90
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
5	CINA F1 REGIM PULPA PUI SI MACAROANE CU SOS DE ROSII	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			161.95	343.59	120.53	3,098.95

Nr.	Denumire					
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI100G, ARDEI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.10	58.90	20.00	576.00
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	30.95	12.35	29.54	439.08
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE SPANAC250G		44.95	8.85	15.95	358.75
7	CINA F2 DIABET CEAI250ML, PAINE100G ,BRANZA DIETETICA 100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			198.15	200.95	107.94	2,559.88
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G .CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52
3	F3 DIABET MERE		0.00	25.40	0.00	101.60
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	CINA F1 COMUN PULPA DE PUI INFERIOARA 80G SI CARTOFI NATUR250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
6	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			140.51	282.81	143.76	2,905.48
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	55.80	71.39	43.00	895.76

Nr.	Denumire					
	.CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,UNT20G,GEM20G	GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)				
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, LAPTE200G,BANANE200G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	103.30	21.20	655.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52
4	F3 DIABET MERE		0.00	25.40	0.00	101.60
5	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN PULPA DE PUI INFERIOARA 80G SI CARTOFI NATUR250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
8	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			161.41	477.21	175.40	4,051.64
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G .CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,UNT20G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F2 COMUN PIEPT PUI 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.89	86.63	14.58	653.29
4	F3 DIABET MERE		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA DE PUI INFERIOARA 80G SI CARTOFI NATUR250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
6	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			147.75	312.49	100.69	2,747.11

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067
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CAS: 1SAMB

MENIUL ZILNIC
08/10/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr .	Denumire					
COPIII 0-3 ANI		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(05COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	541.25	1,562.20	296.80	11,005.00
Total COPIII 0-3 ANI			541.25	1,562.20	296.80	11,005.00
HIDRIC/HZL		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU MACARONE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			175.83	264.77	111.85	2,769.03

Nr .	Denumire					
REGIM SPECIAL						
		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM						
		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI80G,ROSI80G,CASTREVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 330ML SI PULPA INFERIOARA 80G	FAINA(GLUTEN) OU TELINA	30.80	11.57	29.60	435.90
3	PRANZ F3 REGIM BANANE200GR		0.00	40.00	0.00	160.00
4	PRANZ F2 REGIM PIEPT DE PUI 80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 REGIM PULPA PUI SI MINCARE DE DOVLECEI	FAINA(GLUTEN)	28.28	6.31	32.34	429.42
6	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			149.23	268.63	100.44	2,561.92
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA100G,CASCAVAL 50G SUNCA PUI100G, ARDEI80G,ROSI80G,,CASTRAVETE 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	55.00	63.65	30.70	737.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr .	Denumire					
	ONCO REGIM IAURT200G					
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	30.95	12.35	29.54	439.08
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET MUSACA DE DOVLECEI250G CU CARNE TOCATA80G		39.85	2.85	15.35	308.95
7	CINA F2 DIABET CEAI250ML, PAINE100G ,BRANZA DIETETICA 100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			197.65	214.10	113.84	2,650.08
COMUN		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G .CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,OU 1 BUC,BANANA 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	99.25	33.80	952.40
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI FASOLE USCATA400ML	TELINA	2.61	9.22	8.27	121.71
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			161.76	310.48	99.55	2,784.92
ONC C/ AR C/ HIV C		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G .CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,OU 1 BUC,BANANA 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	99.25	33.80	952.40
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI FASOLE USCATA400ML	TELINA	2.61	9.22	8.27	121.71
4	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT PRUNE300ML	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56

Nr .	Denumire					
6	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			175.96	418.28	115.59	3,409.48
LEHUZE COMUN		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN COMUN CEAI250ML CU PAINE100G, BRANZA 100G .CASCAVAL50G,SUNCA PORC 50G,MUSCHI FILE 50G,OU 1 BUC,BANANA 200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	99.25	33.80	952.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	4.32	14.11	6.75	134.46
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			163.47	315.37	98.03	2,797.67

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR