

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC
01/10/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	678.97	1,731.84	385.60	13,049.64
Total COPIII 0-3 ANI			678.97	1,731.84	385.60	13,049.64
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC, LAPTE200ML	IAURT(LACTOZA) LAPTE(LACTOZA) OU	22.40	102.90	16.40	640.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			27.39	195.71	21.30	1,076.09
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCaval50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 ULCER PIEPT PUI 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			176.42	265.68	111.91	2,775.58
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE	TELINA	29.59	25.36	27.75	469.54

Nr.	Denumire					
	ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			167.02	333.30	93.02	2,838.47
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,GEM20G .CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	38.10	123.14	36.60	974.36
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	31.13	9.74	29.66	430.44
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN) TELINA	47.93	89.94	15.19	688.19
4	CINA F1 REGIM PULPA PUI INF80G CU CARTOFI UNUGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			160.16	386.37	115.55	3,226.09
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ROSII80G,UNT20G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	41.50	59.80	36.50	733.70
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	30.90	10.53	29.64	432.50
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET PULPA DE PORC 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	56.40	40.00	26.55	624.55
8	CINA F2 DIABET CEAI250ML, PAINE100G ,IAURT1BUC	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			196.15	282.98	120.14	2,981.80
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	70.79	33.80	838.56
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	6.35	16.15	10.48	183.88

Nr.	Denumire					
3	PRANZ F2 COMUN CARNATI DE PORC 105G SI CARTOFI NATUR250G PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN) UNT(LACTOZA)	36.40	107.90	53.50	977.10
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			167.63	298.09	145.75	3,092.59
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	70.79	33.80	838.56
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, ,LAPTE200ML	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	6.35	16.15	10.48	183.88
4	PRANZ F2 COMUN CARNATI DE PORC 105G SI CARTOFI NATUR250G PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN) UNT(LACTOZA)	36.40	107.90	53.50	977.10
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, COZONAC100G.	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			188.83	452.79	177.39	4,081.15
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, OU FIERT1BUC,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	70.79	33.80	838.56
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	6.35	16.15	10.48	183.88
3	PRANZ F2 COMUN PIEPT DE PUI 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN) TELINA	47.93	89.94	15.19	688.19
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			172.76	276.03	103.84	2,729.28

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR