

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
27/09/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(11COPIII)	IAURT(LACTOZA) OU	559.83	2,403.96	341.20	14,845.96
Total COPIII 0-3 ANI			559.83	2,403.96	341.20	14,845.96
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI INFERIOARA80G	TELINA	24.04	25.36	23.80	411.79
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI	BRANZA(LACTOZA) PAINE(GLUTEN)	58.40	107.80	25.80	897.00

Nr.	Denumire					
	SI BRANZA DIETETICA280GR PAINE100GR	UNT(LACTOZA)				
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEA1 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			171.78	284.67	107.05	2,789.23
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G,ROSIE 80G,CASTRAVETI 80G,BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML A LA GREC	IAURT(LACTOZA) OU TELINA	4.27	16.20	6.94	143.93
3	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI SI MINCARE DE DOVLECEI	FAINA(GLUTEN)	28.28	6.31	32.34	429.42
5	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			120.38	239.51	77.77	2,125.61
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G,,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90

Nr.	Denumire					
	,ROSII80G,ARDEI80G,CASTRAVETI80G					
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI80G	IAURT(LACTOZA) OU TELINA	31.27	16.98	29.83	461.06
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE VITA80G CU SOTE DE DOVLECEI250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200ML	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			170.77	225.68	94.33	2,404.86
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,ARDEI 80G,UNT 20G,GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	75.99	43.20	920.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	5.29	12.82	10.11	163.42
3	PRANZ F2 COMUN CARNATI DE PORC 80G CU VARZA CU ROSII250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			139.27	280.80	151.49	2,962.28
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,ARDEI 80G,UNT 20G,GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	75.99	43.20	920.36
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVATCU CU OASE PORC 50G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	5.29	12.82	10.11	163.42

Nr.	Denumire					
4	PRANZ F2 COMUN PIEPT PUI80G CU SOTE DE FASOLE VERDE350G, PAINE100G	PAINE(GLUTEN)	44.95	52.55	5.85	442.65
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			175.17	433.40	136.93	3,659.04
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,ARDEI 80G,UNT 20G,GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	75.99	43.20	920.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVATCU CU OASE PORC 50G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	5.29	12.82	10.11	163.42
3	PRANZ F2 COMUN PIEPT PUI80G CU SOTE DE FASOLE VERDE350G, PAINE100G	PAINE(GLUTEN)	44.95	52.55	5.85	442.65
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN FRIPTURA PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G	TELINA	31.23	40.04	32.49	577.49
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			153.97	280.50	103.29	2,667.68

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu
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Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
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MENIUL ZILNIC
28/09/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(12COPIII)	IAURT(LACTOZA) OU	536.33	1,983.56	309.50	12,817.06
Total COPIII 0-3 ANI			536.33	1,983.56	309.50	12,817.06
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER PIEPT PUI 80GR SI MACAROANE CU BRANZA	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65

Nr.	Denumire					
	280GR					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			175.83	264.77	111.85	2,769.03
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G,ROSIE 80G,CASTRAVETI 80GCHEC 100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	120.70	40.00	995.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI SI FIDEA DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.67	17.08	29.87	463.42
3	PRANZ F2 REGIM PIEPT DE PUI INFERIOARA80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
4	CINA F1 REGIM PULPA PUI INF80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			158.82	320.20	118.40	2,967.77
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G,,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90

Nr.	Denumire				
	,ROSII80G,ARDEI80G,CASTRAVETI80G				
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT320ML CU PULPA PUI INF80G SI FIDEA DREASA CU IAURT SI OU	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.64	16.12	29.93
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00
6	CINA F1 DIABET FRIPTURA PULPA PORC80G SI CARTOFI GRATINATI250G	BRANZA(LACTOZA) OU UNT(LACTOZA)	59.30	59.45	28.50
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80
Total DIA/HEP/AR R/ ONC R/ HIV R			195.69	280.22	108.48
COMUN		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,ARDEI 80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI CARTOFI DREASA OU400ML	OU TELINA	6.81	28.47	10.27
3	PRANZ F2 COMUN PULPA DE PORC 105GR SI MANCARE DE SPANAC 270GR PAINE100GR	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99
4	CINA F1 COMUN TOCANITA DE PUI120GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	35.08	63.35	41.22
5	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20
Total COMUN			158.02	268.07	96.48
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,ARDEI 80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200GBANANA 200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI CARTOFI DREASA OU400ML	OU TELINA	6.81	28.47	10.27
4	PRANZ F2 COMUN PULPA DE PORC 105GR SI MANCARE DE	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99

Nr.	Denumire					
	SPANAC 270GR PAINE100GR					
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, COZONAC100G.BANANA 200G	COZONAC(NUCA,OU,GLUTEN)	8.40	131.40	10.44	653.36
6	CINA F1 COMUN TOCANITA DE PUI120GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	35.08	63.35	41.22	764.70
7	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			179.22	500.97	130.12	3,884.03
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,ARDEI 80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI CARTOFI DREASA OU400ML	OU TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PULPA DE PORC 105GR SI MANCARE DE SPANAC 270GR PAINE100GR	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN TOCANITA DE PUI120GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	35.08	63.35	41.22	764.70
5	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			158.02	268.07	96.48	2,572.67

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu

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Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

29/09/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10COPIII)	IAURT(LACTOZA) OU	631.47	1,997.64	360.90	13,716.54
Total COPIII 0-3 ANI			631.47	1,997.64	360.90	13,716.54
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80

Nr.	Denumire					
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	322.92	100.10	2,854.46
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54

Nr.	Denumire					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G,ROSIE 80G,CASTRAVETI 80GCHEC 100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	120.70	40.00	995.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU DOVLECEI ,DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU TELINA	3.72	9.48	6.83	113.86
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
4	CINA F1 REGIM PULPA DE PULPA PUI INFERIOARA80G SI GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			131.91	304.91	95.76	2,595.20

Nr.	Denumire					
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G,, ,ROSII80G,ARDEI80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA SI PULPA DE PUI 80G,DREASA CU OU SI AURT320ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.67	17.08	29.87	463.42
4	PRANZ F2 DIABET PIEPT DE PUI80G CU GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	44.79	91.11	14.70	675.89
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABETFRIPTURA PULPA VITA LA CUPTOR 80G CU SOTE DE SPANAC350G		35.95	8.85	14.45	309.25
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			176.11	270.34	94.62	2,607.46
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100GG, MUSCHI FILE50G,OU FIERT1BUC, IAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.35	69.20	35.30	839.90

Nr.	Denumire					
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400ML	OU TELINA	4.44	18.16	6.76	151.20
3	PRANZ F2 COMUN PULPA PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN TOCANITA DE FACAT PUI		41.13	12.45	21.47	407.55
5	CINA F1 COMUN - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	17.40	40.00	15.79	371.71
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			182.97	245.36	97.07	2,578.91
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100GG, MUSCHI FILE50G,OU FIERT1BUC, IAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.35	69.20	35.30	839.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G, BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400ML	OU TELINA	4.44	18.16	6.76	151.20
4	PRANZ F2 COMUN PULPA PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, COZONAC100G. BANANE200G	COZONAC(NUCA,OU,GLUTEN)	8.40	131.40	10.44	653.36
6	CINA F1 COMUN TOCANITA DE FACAT PUI		41.13	12.45	21.47	407.55

Nr.	Denumire					
7	CINA F1 COMUN - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	17.40	40.00	15.79	371.71
8	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			204.17	478.26	130.71	3,890.27
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC100GG, MUSCHI FILE50G,OU FIERT1BUC, IAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.35	69.20	35.30	839.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC 400ML	OU TELINA	4.44	18.16	6.76	151.20
3	PRANZ F2 COMUN PIEPT PUI 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.89	86.63	14.58	653.29
4	CINA F1 COMUN TOCANITA DE FACAT PUI		41.13	12.45	21.47	407.55
5	CINA F1 COMUN - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	17.40	40.00	15.79	371.71
6	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			178.61	280.64	95.10	2,684.84

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
30/09/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10COPIII)	IAURT(LACTOZA) OU	651.50	2,388.20	372.80	15,450.00
Total COPIII 0-3 ANI			651.50	2,388.20	372.80	15,450.00
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80

Nr.	Denumire					
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	322.92	100.10	2,854.46

Nr.	Denumire					
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G 80G, IAURT200G,COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.30	111.00	35.04	932.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 330ML CU PULPA PUI80G	IAURT(LACTOZA) OU TELINA	30.94	15.60	29.77	453.68

Nr.	Denumire					
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			162.07	277.25	113.65	2,771.95
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ROSII80G,ARDEI80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.60	64.40	36.70	758.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI80G	IAURT(LACTOZA) OU TELINA	31.12	16.20	29.89	457.88
4	PRANZ F2 DIABET PIEPT DE PUI80GR CU SOTE DE FASOLE VERDE250GR SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
7	CINA F1 DIABET TOCANITA DE VITA120G SI CARTOFI NATUR250G	UNT(LACTOZA)	38.23	63.35	22.77	611.25

Nr.	Denumire					
8	CINA F2 DIABET CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	48.50	1.20	238.40
Total DIA/HEP/AR R/ ONC R/ HIV R			178.10	288.20	114.81	2,890.08
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI DREASA OU400ML	OU TELINA	5.51	28.47	6.82	197.26
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN TOCANITA DE PULPA PUI INF CU CATOFI NATUR260G	UNT(LACTOZA)	35.08	63.35	41.22	764.70
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			156.22	298.41	109.23	2,801.58
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76

Nr.	Denumire					
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI DREASA OU400ML	OU TELINA	5.51	28.47	6.82	197.26
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT CIRESE300ML	COZONAC(NUCA, OU, GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN TOCANITA DE PULPA PUI INF CU CATOFI NATUR260G	UNT(LACTOZA)	35.08	63.35	41.22	764.70
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			177.42	451.31	142.87	3,792.94
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCaval50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCaval(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI DREASA OU400ML	OU TELINA	5.51	28.47	6.82	197.26
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07

Nr.	Denumire					
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN TOCANITA DE PULPA PUI INF CU CATOFI NATUR260G	UNT(LACTOZA)	35.08	63.35	41.22	764.70
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.22	298.41	109.23	2,801.58

INTOCMIT,

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CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR