

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
26/09/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(12COPIII)	IAURT(LACTOZA) OU	576.76	2,539.72	349.00	15,494.92
Total COPIII 0-3 ANI			576.76	2,539.72	349.00	15,494.92
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML	TELINA	24.04	25.36	23.80	411.79

Nr.	Denumire					
	CU ARIPI PUI INFERIOARA80G					
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			159.92	282.92	96.15	2,636.71
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G,CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.20	116.20	36.80	952.80
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA80G SI DOVLECEI,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU TELINA	30.57	9.48	29.78	427.81
3	PRANZ F2 REGIM PIEPT DE PUI INFERIOARA80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
4	CINA F1 REGIM PULPA DE PULPA PUI INFERIOARA80G SI GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			156.36	300.41	115.51	2,866.25

Nr.	Denumire					
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA 100G, SUNCA PUI100G ,OU FIERT1BUC, ARDEI80G, ROSIE80G,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	49.60	63.80	27.50	701.10
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA80G SI DOVLECEI,DREASA CUOU SI IAURT400ML	IAURT(LACTOZA) OU TELINA	30.57	9.48	29.78	427.81
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	56.40	40.00	26.55	624.55
7	CINA F2 DIABET CEAI250ML, PAINE100G , IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			203.92	260.53	111.28	2,842.91
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,OU FIERT1BUC,UNT 20G,GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.99	50.20	996.56
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI CARTOFI DREASA OU400ML	OU TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			169.82	303.19	118.27	2,956.49
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CASTRAVETI80G		1.30	0.20	2.90	18.60
2	MIC DEJUN COMUN CEAI250ML,PAINE100G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	64.20	71.99	50.20	996.56

Nr.	Denumire					
	BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,OU FIERT1BUC,UNT 20G,GEM 20G	GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)				
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV COZONAC100G, IAURT200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI CARTOFI DREASA OU400ML	OU TELINA	6.81	28.47	10.27	233.51
5	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
8	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			193.12	447.69	147.65	3,871.01
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G,OU FIERT1BUC,UNT 20G,GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.99	50.20	996.56
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI CARTOFI DREASA OU400ML	OU TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PIEPT PUI 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.89	86.63	14.58	653.29
4	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			160.06	301.47	115.85	2,888.78

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR