

MENIUL ZILNIC
01/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(06COPIII)	IAURT(LACTOZA) OU	370.78	1,574.76	218.00	9,664.16
Total COPIII 0-3 ANI			370.78	1,574.76	218.00	9,664.16
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.79	202.71	17.70	1,041.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER PIEPT PUI 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.20	40.00	24.45	576.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			176.53	265.37	110.85	2,765.23
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60

Nr.	Denumire					
	CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, ROSII80G, IAURT200G,CHEC 100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.70	128.50	42.70	1,077.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	3.98	12.53	6.59	125.37
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI INFERIOARA80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
5	CINA F1 REGIM PULPA PUI INFERIOARA 80G SI MACARONE CU BRANZA 270G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	44.50	732.30
6	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			146.58	347.40	109.57	2,954.07
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1 PAINE BRANZA DIETETICA100G .SUNCA PUI100,ARDEI 80G ROSIE 80G,CASTRAVETE80G,OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.90	64.00	30.40	719.70
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE	FAINA(GLUTEN) OU TELINA	3.98	12.53	6.59	125.37

Nr.	Denumire					
	ZARZAVAT CU FULGI DE OU 330ML					
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE350G SI PAINE100G	PAINE(GLUTEN)	44.85	51.55	15.05	521.05
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET PIEPT DE PUI 80G CU GHIVECI DE LEGUME250G		39.15	32.90	14.10	415.10
8	CINA F2 DIABET CEAI250ML, PAINE100G,BRANZA DIETETICA 100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			176.08	252.88	95.54	2,546.22
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, , SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	70.19	26.60	737.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI CARTOFI , DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.35	28.39	6.82	196.31
3	PRANZ F2 COMUN PULPA PORC 80G CU MANCARE DE MAZARE270G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN PULPA DE PORC 80G CU GHIVECI DE LEGUME 250G		46.39	33.16	16.20	463.99
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			174.17	245.54	69.21	2,301.72
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, , SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	70.19	26.60	737.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, IAURT200G .OU FIERT1BUC.CASTRAVETI80G	CHEC(OU, GLUTEN) IAURT(LACTOZA) OU	22.50	62.30	33.30	617.40
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI CARTOFI , DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.35	28.39	6.82	196.31
4	PRANZ F2 COMUN PULPA PORC	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47

Nr.	Denumire					
	80G CU MANCARE DE MAZARE270G					
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA DE PORC 80G CU GHIVECI DE LEGUME 250G		46.39	33.16	16.20	463.99
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			205.07	399.24	112.95	3,412.48
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, , SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G,,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	70.19	26.60	737.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI CARTOFI , DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.35	28.39	6.82	196.31
3	PRANZ F2 COMUN PIEPT PUI 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.89	86.63	14.58	653.29
4	CINA F1 COMUN PULPA DE PORC 80G CU GHIVECI DE LEGUME 250G		46.39	33.16	16.20	463.99
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			158.43	272.57	65.40	2,312.54

MENIUL ZILNIC
02/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(06COPIII)	IAURT(LACTOZA) OU	357.98	1,558.76	206.80	9,464.16
Total COPIII 0-3 ANI			357.98	1,558.76	206.80	9,464.16
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80

Nr.	Denumire					
	CEAI250ML, COMPOT PRUNE300G,ZAHAR100G, IAURT200G. OU1BUC,					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.79	202.71	17.70	1,041.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	282.92	100.10	2,694.46
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE	TELINA	29.59	25.36	27.75	469.54

Nr.	Denumire					
	PUI INFERIOARA80G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, IAURT200G,CHEC 100G,	BRANZA(LACTOZA) CHEC(OU, GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	44.50	119.60	42.20	1,028.20
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.79	16.12	6.98	146.05
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
5	CINA F1 REGIM FICAT DE PUI INFERIOAR 80G SI OREZ CU LEGUME350G		47.14	48.53	22.03	580.94
6	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			149.06	319.45	87.30	2,651.35
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1 PAINE BRANZA DIETETICA100G .SUNCA PUI100,ARDEI 80G ,CASCAVAL50G.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	52.60	59.15	27.50	694.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA DREASA CU IAURT SI OU400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.82	17.08	6.92	149.47
4	PRANZ F2 DIABET PIEPT DE	PAINE(GLUTEN)	46.15	57.35	15.05	549.45

Nr.	Denumire					
	PUI80G CU SOTE DE SPANAC350G PAINE100G					
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
7	CINA F1 DIABET TOCANITA DE VITA 80G CU MAMALIGA 200G		34.43	42.95	14.52	440.20
8	CINA F2 DIABET CEAI250ML, PAINE100G,BRANZA DIETETICA 100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			175.20	270.23	91.39	2,595.82
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, , SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G,,OU FIERT 1 BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI CARTOFI DREASA OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.65	28.39	10.27	232.56
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
5	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			148.50	258.94	135.82	2,770.51
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, , SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G,,OU FIERT 1 BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, LAPTE200ML	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI CARTOFI DREASA OU SI	OU SMANTANA(LACTOZA) TELINA	6.65	28.39	10.27	232.56

Nr.	Denumire					
	SMANTANA 400ML					
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
7	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			169.70	413.64	167.46	3,759.07
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, , SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G,,OU FIERT 1 BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI CARTOFI DREASA OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.65	28.39	10.27	232.56
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 COMUN PULPA PUI INF80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.08	257.60	93.06	2,492.22

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
03/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	645.90	2,053.20	351.20	13,893.20
Total COPIII 0-3 ANI			645.90	2,053.20	351.20	13,893.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PRUNE300ML		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.79	202.71	17.70	1,041.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			176.63	284.07	112.00	2,850.78
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60

Nr .	Denumire					
	CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G,ARDEI80G,CASTRAVETI80G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FASOLE VERDE ,DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU TELINA	4.63	9.76	6.97	119.88
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA)	44.35	58.70	44.65	814.05
5	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			139.13	319.21	90.12	2,630.53
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1 PAINE BRANZA DIETETICA100G .SUNCA PUI100,ARDEI 80G ,ROSIE80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FASOLE VERDE,DREASA CU OU SI IAURT 400ML	IAURT(LACTOZA) OU TELINA	4.63	9.76	6.97	119.88
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET FRIPTURA PULPA PORC80G	BRANZA(LACTOZA) OU	59.30	59.45	28.50	731.50

Nr .	Denumire					
	SI CARTOFI GRATINATI250G	UNT(LACTOZA)				
8	CINA F2 DIABET CEAI250ML, PAINE100G,IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			168.68	299.26	85.52	2,611.53
COMUN		Alergeni	Proteine	Glucid e	Lipid e	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, , SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G,ROSIE80G,CASTRAVETE80G .BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.80	103.15	29.80	894.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F2 COMUN PULPA DE PORC105G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN FRIPTURA PULPA PUI INFERIOARA 80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			163.51	265.67	96.45	2,571.23
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucid e	Lipid e	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, , SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G,ROSIE80G,CASTRAVETE80G .BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.80	103.15	29.80	894.50
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, LAPTE200ML	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52
4	PRANZ F2 COMUN PULPA DE PORC105G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN FRIPTURA PULPA PUI INFERIOARA 80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			191.11	424.47	131.69	3,634.19
LEHUZE COMUN		Alergeni	Proteine	Glucid e	Lipid e	Calorii
1	MIC DEJUN COMUN CEAI 250ML,	BRANZA(LACTOZA)	56.80	103.15	29.80	894.50

Nr .	Denumire					
	PAINE100G, , SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G,ROSIE80G,CASTRAVETE80G .BANANE200G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA ,DREASA CU OU	OU PASTE(GLUTEN,OU) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F2 COMUN PIEPT DE PUI CU SOTE DE DOVLECEI	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
4	CINA F1 COMUN FRIPTURA PULPA PUI INFERIOARA 80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEA1250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.31	265.67	94.35	2,523.53

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
04/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr .	Denumire					
COPIII 0-3 ANI		Alergeni	Protein e	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10COPIII)	IAURT(LACTOZA) OU	509.50	1,652.80	306.80	11,346.40
Total COPIII 0-3 ANI			509.50	1,652.80	306.80	11,346.40
HIDRIC/HZL		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEA1250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEA1250ML, COMPOT PIERISICI300G,ZAHAR100G,	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20

Nr .	Denumire					
	IAURT200G. OU1BUC,					
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.39	185.31	17.70	974.09
REGIM ULCER/COLECIST		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	282.92	100.10	2,694.46
REGIM SPECIAL		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36

Nr .	Denumire					
REGIM		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, OU FIERT1BUC, ROSIE80G,ARDEI80G,CASTRAVETI80 G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN)	42.70	73.90	34.40	754.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA	OU PASTE(GLUTEN,OU) TELINA	4.35	15.90	6.70	141.29
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
5	CINA F1 REGIM PULPA DE PULPA PUI INFERIOARA80G SI GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
6	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			133.68	290.18	90.03	2,484.21
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1 PAINE BRANZA DIETETICA100G .SUNCA PUI100G,ARDEI 80G ,ROSIE80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA	PASTE(GLUTEN,OU) TELINA	2.07	15.15	4.78	111.89
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC80G SI OREZ CU LEGUME350G		46.14	40.53	16.03	490.94
7	CINA F2 DIABET CEA1250ML, PAINE100G,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			167.66	260.33	82.86	2,436.18
COMUN		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1 250ML, PAINE100G, SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G,ARIDE80G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	71.25	32.40	816.20
2	PRANZ F1 COMUN CIORBA	TELINA	3.71	29.06	5.08	176.76

Nr .	Denumire					
	ZARZAVAT CU CARTOFI					
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			159.44	300.69	88.51	2,629.08
ONC C/ AR C/ HIV C		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G,ARIDE80G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	71.25	32.40	816.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI	TELINA	3.71	29.06	5.08	176.76
4	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERVICI300G, COZONAC100G	COZONAC(NUCA,OU,GLUTE N)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			180.34	453.29	122.1 5	3,618.04
LEHUZE COMUN		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA 100G MUSCHI FILE50G, CASCAVAL50G,ARIDE80G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	71.25	32.40	816.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU CARTOFI	TELINA	3.71	29.06	5.08	176.76
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39

Nr.	Denumire					
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			159.44	300.69	88.51	2,629.08

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
05/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(07COPIII)	IAURT(LACTOZA) OU	605.01	1,361.32	353.10	10,963.22
Total COPIII 0-3 ANI			605.01	1,361.32	353.10	10,963.22
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.39	185.31	17.70	974.09

Nr.	Denumire					
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA) UNT(LACTOZA)	50.00	59.30	24.60	658.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			177.33	284.67	111.00	2,846.98
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, ROSIE80G,ARDEI80G,	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	33.90	103.94	19.50	726.86

Nr.	Denumire					
	GEM20G, MERE200G					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	3.40	28.03	4.95	170.26
3	PRANZ F2 REGIM PIEPT DE PUI80G SI PASTE CU BRANZA DIETETICA LA CUPTOR250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			140.68	326.07	95.48	2,726.54
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G .OU FIERT1BUC. ,ARDEI 80G ,ROSIE80G, SUNCA PUI50G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	42.30	61.90	26.70	657.10
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	3.52	27.85	4.95	170.02
4	PRANZ F2 DIABET PIEPT DE PUI80GR CU SOTE DE FASOLE VERDE250GR SI PAINE100G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA VITA80G CU GHIVECI DE LEGUME250G		37.35	32.90	14.70	413.30
7	CINA F2 DIABET CEAI250ML, PAINE100G,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			158.92	259.10	85.20	2,430.87
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA100G, CASCAVAL,50G, MUSCHI FILE50G, OU FIERT1 BUC, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.99	50.20	996.56
2	PRANZ F1 COMUN CIORBA DE	FAINA(GLUTEN) OU TELINA	5.32	13.78	10.05	166.84

Nr.	Denumire					
	ZARZAVAT CU FULGI DE OU SI OASE PORC 400ML					
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN TOCANITA DE PUI120GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	35.08	63.35	41.22	764.70
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			164.43	258.93	119.66	2,770.37
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA100G, CASCAVAL,50G, MUSCHI FILE50G, OU FIERT1 BUC, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.99	50.20	996.56
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU SI OASE PORC 400ML	FAINA(GLUTEN) OU TELINA	5.32	13.78	10.05	166.84
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN TOCANITA DE PUI120GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	35.08	63.35	41.22	764.70
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			185.33	411.53	153.30	3,759.33
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA100G, CASCAVAL,50G, MUSCHI FILE50G, OU FIERT1 BUC, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	71.99	50.20	996.56
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FULGI DE OU SI OASE PORC 400ML	FAINA(GLUTEN) OU TELINA	5.32	13.78	10.05	166.84
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39

Nr.	Denumire					
4	CINA F1 COMUN TOCANITA DE PUI120GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	35.08	63.35	41.22	764.70
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			164.19	290.95	119.35	2,894.69

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
06/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(07COPIII)	IAURT(LACTOZA) OU	617.30	2,536.80	344.80	15,623.60
Total COPIII 0-3 ANI			617.30	2,536.80	344.80	15,623.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.39	185.31	17.70	974.09
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST	BRANZA(LACTOZA)	45.60	59.55	42.90	806.70

Nr.	Denumire					
	CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	282.92	100.10	2,694.46
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, OU FIERT1BUC, ROSIE80G,ARDEI80G, CASTRAVETE80G, BANANE200G	BRANZA(LACTOZA) OU PAINE(GLUTEN)	36.30	105.90	28.80	814.50

Nr.	Denumire					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	3.83	11.75	6.65	122.19
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G SI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN)	47.19	88.66	15.10	679.29
5	CINA F1 REGIM PULPA PUI INF80G CU MANCARE DE DOVLECEI250G	FAINA(GLUTEN)	28.28	6.31	32.34	429.42
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			124.00	292.22	84.09	2,408.20
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 100G ,ARDEI 80G ,ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	61.50	22.40	574.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	30.68	11.75	29.60	436.14
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE VITA80G CU SOTE DE DOVLECEI250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI250ML, PAINE100G,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			168.58	211.35	104.10	2,435.14
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA100G, MUSCHI FILE50G, CASTRAVETE80G, BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	43.20	98.60	22.00	751.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI DOVLECEI , DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	2.96	8.26	6.53	103.61

Nr.	Denumire					
3	PRANZ F2 COMUN CARNATI PORC105G CU VARZA CU ROSII250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	28.85	52.75	51.15	710.59
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			121.25	297.84	123.75	2,700.59
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA100G, MUSCHI FILE50G, CASTRAVETE80G, BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	43.20	98.60	22.00	751.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI DOVLECEI , DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	2.96	8.26	6.53	103.61
4	PRANZ F2 COMUN CARNATI PORC105G CU VARZA CU ROSII250G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	28.85	52.75	51.15	710.59
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERCICI300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			142.15	450.44	157.39	3,689.55
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA100G, MUSCHI FILE50G, CASTRAVETE80G, BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	43.20	98.60	22.00	751.70
2	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	30.68	11.75	29.60	436.14
3	PRANZ F2 COMUN PIEPT PUI90G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
	SI CARTOFI CU MORCOV230G, PAINE100G					
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			166.66	354.64	110.57	3,067.03

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
07/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10COPIII)	IAURT(LACTOZA) OU	643.90	2,578.80	367.20	16,067.60
Total COPIII 0-3 ANI			643.90	2,578.80	367.20	16,067.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PIERISICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.39	185.31	17.70	974.09

Nr.	Denumire					
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA) UNT(LACTOZA)	50.00	59.30	24.60	658.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			177.33	284.67	111.00	2,846.98
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	92.60	22.40	699.30

Nr.	Denumire					
	50G. ROSIE80G,ARDEI80G, CASTRAVETE80G, MERE200G					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INFERIOARA 80G A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	31.24	16.02	29.89	457.64
3	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INF80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			152.27	259.27	101.13	2,542.45
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 100G ,ARDEI 80G ,ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI80G	IAURT(LACTOZA) OU TELINA	31.12	16.20	29.89	457.88
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC80G CU SOTE DE FASOLE VERDE300G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			194.32	224.90	107.89	2,625.98
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA100G, MUSCHI FILE50G, ARDEI80, OU FIERT1BUC,UNT20G, GEM20G, MERE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	52.80	101.74	42.90	1,004.26
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA	OU PASTE(GLUTEN,OU) TELINA	4.47	15.72	6.70	141.05

Nr.	Denumire					
	CU OU400ML					
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN FRIPTURA DE PUI 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			150.68	283.19	106.96	2,698.08
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA100G, MUSCHI FILE50G, ARDEI80, OU FIERT1BUC,UNT20G, GEM20G, MERE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	52.80	101.74	42.90	1,004.26
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.47	15.72	6.70	141.05
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN FRIPTURA DE PUI 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			171.58	435.79	140.60	3,687.04
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, BRANZA100G, MUSCHI FILE50G, ARDEI80, OU FIERT1BUC,UNT20G, GEM20G, MERE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	52.80	101.74	42.90	1,004.26
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.47	15.72	6.70	141.05
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39

Nr.	Denumire					
4	CINA F1 COMUN FRIPTURA DE PUI 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			153.62	319.47	107.09	2,856.12

INTOCMIT, AM ASISTENT DIRECTOR
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, MEDIC
COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
09/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	712.67	2,228.64	415.70	15,426.54
Total COPIII 0-3 ANI			712.67	2,228.64	415.70	15,426.54
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERCICI300G,ZAHAR100G, IAURT200G. OU1BUC, LAPTE200ML	IAURT(LACTOZA) LAPTE(LACTOZA) OU	22.10	102.60	16.40	638.40
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PIERCICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			26.79	195.11	21.30	1,071.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST	BRANZA(LACTOZA)	45.60	59.55	42.90	806.70

Nr.	Denumire					
	CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			165.47	282.92	100.10	2,694.46
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G,ARDEI80G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	75.00	25.10	679.10
2	PRANZ F1 REGIM CIORBA DE	TELINA	3.40	28.03	4.95	170.26

Nr.	Denumire					
	ZARZAVAT CU CARTOFI400ML					
3	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G		30.60	38.87	32.43	569.75
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			134.13	296.60	89.01	2,516.23
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 100G ,UNT20G, ARDEI 80G ,ROSIE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.60	64.40	36.70	758.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARTOFI330 SI PULPA PUI INF80G	TELINA	30.37	27.85	27.90	483.97
4	PRANZ F2 DIABET PIEPT DE PUI80G CU VARZA CU ROSII250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ ARSI/ HIV ONCO REGIM LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET TOCANITA DE VITA 120G SI MAMALIGA 200G		34.43	42.95	14.52	440.20
7	CINA F2 DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			185.65	254.85	120.97	2,842.72
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G, ROSIE80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE DE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	5.76	18.23	10.34	188.58
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE	PAINE(GLUTEN)	51.19	87.63	16.68	705.39

Nr.	Denumire					
	OREZ CU MORCOV 250G					
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN TOCANITA FICAT PUI CU CATOFI NATUR260G	UNT(LACTOZA)	48.38	72.13	30.21	753.93
6	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			182.03	352.74	106.53	3,097.39
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G, ROSIE80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE DE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	5.76	18.23	10.34	188.58
4	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT PIERSICI300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN TOCANITA FICAT PUI CU CATOFI NATUR260G	UNT(LACTOZA)	48.38	72.13	30.21	753.93
8	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			202.93	505.34	140.17	4,086.35
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G, ROSIE80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
2	PRANZ F1 COMUN CIROBA DE ZARZAVAT CU OASE DE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	5.76	18.23	10.34	188.58
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN TOCANITA FICAT PUI CU CATOFI NATUR260G	UNT(LACTOZA)	48.38	72.13	30.21	753.93
6	CINA F2 COMUN LAPTE200ML	LAPTE(LACTOZA)	14.80	58.30	4.80	335.60

Nr.	Denumire				
	PAINE100G	PAINE(GLUTEN)			
Total LEHUZE COMUN			182.03	352.74	106.53
					3,097.39

INTOCMIT, AM ASISTENT CONTABIL, DIRECTOR MEDIC
PRIMIT, DIETETICA, INGRIJIRI, COORDONATOR

MENIUL ZILNIC
10/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide
1	SUPLIMENT PEDIATRIE 0-3 ANI(03COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	200.59	608.88	109.60
Total COPIII 0-3 ANI			200.59	608.88	109.60
					4,208.28
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERICI300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	15.70	92.80	12.80
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90
4	SUPLIMET HIDRIC/ HZL COMPOT PIERICI300ML		0.90	46.20	0.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00
Total HIDRIC/HZL			20.39	185.31	17.70
					974.09
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75
3	PRANZ F2 ULCER / COLECIST	PAINE(GLUTEN)	43.74	86.26	14.55
					650.94

Nr.	Denumire					
	PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G					
4	CINA F1 ULCER PIEPT PUI 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.20	40.00	24.45	576.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			176.53	265.37	110.85	2,765.23
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, IAURT200G, GEM20G , MERE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	38.10	103.04	24.60	777.96
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	4.06	10.96	6.67	120.13
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU	PAINE(GLUTEN) TELINA	44.58	88.54	14.64	664.24

Nr.	Denumire					
	MORCOV250G, PAINE100G					
4	CINA F1 REGIM PULPA PUI SI MACAROANE CU SOS DE ROSII	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 REGIM CEAI250ML ,PAINE100G, CHEC100G, COMPOT VISINE300G	CHEC(OU,GLUTEN) PAINE(GLUTEN)	16.00	154.20	18.80	850.00
Total REGIM			135.94	397.59	97.46	3,003.28
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 100G , MUSCHI FILE50G, OU FIERT 1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	58.25	54.90	31.30	734.30
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	30.46	9.85	29.53	427.03
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200ML	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA PORC80GR CU SALATA ORIENTALA250GR	OU	48.92	60.18	22.66	640.28
7	CINA F2 DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			220.98	248.78	127.94	3,014.46
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA	PASTE(GLUTEN,OU) TELINA	4.04	14.99	8.42	151.86
3	PRANZ F2 COMUN CARNATI DE PORC 105GR SI MANCARE DE SPANAC 270GR PAINE100GR	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	54.49	786.97
4	CINA F1 COMUN CARTOFI	BRANZA(LACTOZA) OU	47.15	59.45	40.69	792.61

Nr.	Denumire					
	GRATINATI SI FRIPTURA PULPA PUI	UNT(LACTOZA)				
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			148.22	247.59	131.40	2,684.23
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCaval50G, MUSCHI FILE50G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, LAPTE200ML	CHEC(OU, GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA	PASTE(GLUTEN,OU) TELINA	4.04	14.99	8.42	151.86
4	PRANZ F2 COMUN CARNATI DE PORC 105GR SI MANCARE DE SPANAC 270GR PAINE100GR	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	54.49	786.97
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PIERCICI300G, COZONAC100G	COZONAC(NUCA,OU, GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN CARTOFI GRATINATI SI FRIPTURA PULPA PUI	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	40.69	792.61
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			175.52	406.09	166.64	3,744.79
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCaval50G, MUSCHI FILE50G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F2 COMUN PIEPT PUI 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.89	86.63	14.58	653.29
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA	PASTE(GLUTEN,OU) TELINA	4.04	14.99	8.42	151.86
4	CINA F1 COMUN CARTOFI GRATINATI SI FRIPTURA PULPA PUI	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	40.69	792.61
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total LEHUZE COMUN			157.88	273.92	91.49	2,550.55

12/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(03COPIII)	IAURT(LACTOZA) OU	220.89	582.48	110.80	4,194.68
Total COPIII 0-3 ANI			220.89	582.48	110.80	4,194.68
HIDRIC/HZL		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERICI300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PIERICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.39	185.31	17.70	974.09
REGIM ULCER/COLECIST		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	30.18	26.27	27.81	476.09
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE	BRANZA(LACTOZA)	50.00	59.30	24.60	658.60

Nr.	Denumire					
	PUI150G SI CARTOFI CU BRANZA250G	UNT(LACTOZA)				
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			178.51	286.49	111.12	2,860.08
REGIM SPECIAL		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	30.18	26.27	27.81	476.09
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			167.62	334.21	93.08	2,845.02
REGIM		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSII80G,ARDEI80G,CASTRAVETI80G ,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC 330ML	IAURT(LACTOZA) OU TELINA	5.12	17.28	6.96	151.84
3	PRANZ F2 REGIM PIEPT PUI INF80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI100GR CU CARTOFI UNGURESTI 250GR		34.00	60.15	32.90	672.70
5	CINA F2 REGIM COMPOT DE CIRESE 300G SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20

Nr.	Denumire					
Total REGIM			128.15	295.24	78.35	2,384.81
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 100G ,ROSII80G,ARDEI80G,OU1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	49.60	63.80	27.50	701.10
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU PULPA DE PUI80G	IAURT(LACTOZA) OU TELINA	31.82	16.50	29.97	462.61
4	PRANZ F2 DIABET PIEPT PUI80G SI VARZA SI ROSII250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200ML	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET PULPA DE VITA 80G SI CARTOFI UNGURESTI250		37.15	60.15	14.45	519.25
8	CINA F2 DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			196.82	283.70	115.77	2,947.61
COMUN		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSII80G,ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVATCU CU OASE PORC 50G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	5.99	13.13	10.19	168.15
3	PRANZ F2 COMUN PULPA PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	32.49	577.49
5	CINA F2 COMUN CEAI250ML, PAINE 100G,CHEC 100G	CHEC(OU,GLUTEN) PAINE(GLUTEN)	14.80	107.70	18.80	659.20
Total COMUN			156.87	279.77	105.13	2,692.69

Nr.	Denumire					
ONC C/ AR C/ HIV C		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSII80G,ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, IAURT200GBANANA 200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVATCU CU OASE PORC 50G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	5.99	13.13	10.19	168.15
4	PRANZ F2 COMUN PULPA PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PIERCICI300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	32.49	577.49
7	CINA F2 COMUN CEAI250ML, PAINE 100G,CHEC 100G	CHEC(OU,GLUTEN) PAINE(GLUTEN)	14.80	107.70	18.80	659.20
Total ONC C/ AR C/ HIV C			177.77	472.37	138.7 7	3,841.6 5
LEHUZE COMUN		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSII80G,ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVATCU CU OASE PORC 50G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	5.99	13.13	10.19	168.15
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	32.49	577.49
5	CINA F2 COMUN CEAI250ML, PAINE 100G,CHEC 100G	CHEC(OU,GLUTEN) PAINE(GLUTEN)	14.80	107.70	18.80	659.20
Total LEHUZE COMUN			152.85	284.02	103.4 7	2,678.7 1

MENIUL ZILNIC
13/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr .	Denumire					
COPIII 0-3 ANI		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(04COPIII)	IAURT(LACTOZA) OU	186.62	837.84	130.5 0	5,240.3 4
Total COPIII 0-3 ANI			186.62	837.84	130.5 0	5,240.3 4
HIDRIC/HZL		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERISICI300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PIERISICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.39	185.31	17.70	974.09
REGIM ULCER/COLECIST		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER PIEPT PUI 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	48.50	39.40	25.45	580.65
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr .	Denumire					
Total REGIM ULCER/COLECIST			178.63	284.57	112.20	2,862.58
REGIM SPECIAL		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Protein e	Glucid e	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSII80G,ARDEI80G,CASTRAVETI80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	4.93	16.97	6.94	149.65
3	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	PRANZ F3 REGIM CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 REGIM FICAT DE PUI INFERIOAR 80G SI OREZ CU LEGUME350G		47.14	48.53	22.03	580.94
6	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			146.30	296.00	85.06	2,520.85
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Protein	Glucid	Lipide	Calorii

Nr	Denumire						
			e	e			
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 100G ,ROSHI80G,ARDEI80G,CASTRAVETI80G,UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.90	64.60	39.60	776.90	
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00	
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FIDEA SI PUPA DE PUI 80G,DREASA CU OU SI IAURT320ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.78	16.97	29.89	463.60	
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65	
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60	
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60	
7	CINA F1 DIABET TOCANITA DE FICAT150G CU MAMALIGA150G SI BRANZA DIETETICA100G	BRANZA(LACTOZA)	60.43	52.95	39.02	804.70	
8	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200ML	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40	
Total DIA/HEP/AR R/ ONC R/ HIV R			198.36	301.17	135.36	3,186.45	
COMUN		Alergeni	Protein e	Glucid e	Lipide	Calorii	
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,CASTRAVETI80G,OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	64.10	59.45	36.70	811.00	
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.58	15.61	6.72	141.23	
3	PRANZ F2 COMUN CARNATI PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25	
4	CINA F1 COMUN FRIPTURA PUI80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23	
5	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20	
Total COMUN			144.09	242.29	138.28	2,694.90	
ONC C/ AR C/ HIV C		Alergeni	Protein	Glucid	Lipide	Calorii	

Nr	Denumire						
			e	e			
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCaval50G, MUSCHI FILE50G,CASTRAVETI80G,OU FIERT1BUC	BRANZA(LACTOZA) CASCaval(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	64.10	59.45	36.70	811.00	
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, IAURT200GBANANA 200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00	
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.58	15.61	6.72	141.23	
4	PRANZ F2 COMUN CARNATI PORC105G CU VARZA CALITA 250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25	
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PIERSICI300G, CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40	
6	CINA F1 COMUN FRIPTURA PUI80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23	
7	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20	
Total ONC C/ AR C/ HIV C			164.19	443.49	179.08	3,939.30	
LEHUZE COMUN		Alergeni	Protein e	Glucid e	Lipide	Calorii	
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCaval50G, MUSCHI FILE50G,CASTRAVETI80G,OU FIERT1BUC	BRANZA(LACTOZA) CASCaval(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	64.10	59.45	36.70	811.00	
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU400ML	OU PASTE(GLUTEN,OU) TELINA	4.58	15.61	6.72	141.23	
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37	
4	CINA F1 COMUN FRIPTURA PUI80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23	
5	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20	
Total LEHUZE COMUN			158.08	245.04	99.12	2,491.02	

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(04COPIII)	IAURT(LACTOZA) OU	326.45	1,148.80	186.80	7,534.20
Total COPIII 0-3 ANI			326.45	1,148.80	186.80	7,534.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.39	185.31	17.70	974.09
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			177.22	284.98	112.06	2,857.33

Nr .	Denumire					
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			166.43	332.39	92.96	2,831.92
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSII80G,ARDEI80G,CASTRAVETI80G,GEM20G,BANANE200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	118.74	22.40	803.86
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARTOFI,DREASA CU OU SI IAURT400ML	IAURT(LACTOZA) OU TELINA	5.93	28.47	7.05	200.64
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G CU MACAROANE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA)	44.35	58.70	44.65	814.05
6	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			140.43	374.86	90.20	2,859.05
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G ,ROSII80G,ARDEI80G,CASTRAVETI80G,OU 1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	43.60	62.10	29.60	675.70
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr .	Denumire					
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU CARTOFI SI PUPA DE PUI 80G,DREASA CU OU SI IAURT320ML	IAURT(LACTOZA) OU TELINA	32.78	28.47	30.00	514.59
4	PRANZ F2 DIABET PIEPT PUI80G SI VARZA SI ROSII250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET PULPA VITA80G CU GHIVECI DE LEGUME250G		37.39	33.16	14.70	414.49
8	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200ML	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			176.02	290.38	101.15	2,746.03
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,MASLINE25G,ARDEI80G,BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.88	103.48	31.00	916.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC ,DREASA CU OU400ML	OU TELINA	4.78	8.01	10.08	141.87
3	PRANZ F2 COMUN PULPA PORC 80G CU MANCARE DE MAZARE270G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INFERIOARA 80GR CU MACAROANE CU SOS ROSII250GR	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
6	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			161.89	291.54	93.42	2,654.48
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,MASLINE25G,ARDEI80G,BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.88	103.48	31.00	916.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, IAURT200GBANANA 200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC ,DREASA CU OU400ML	OU TELINA	4.78	8.01	10.08	141.87
4	PRANZ F2 COMUN PULPA PORC 80G CU	FAINA(GLUTEN)	59.63	59.61	18.3	642.47

Nr.	Denumire					
	MANCARE DE MAZARE270G	PAINE(GLUTEN)			9	
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PIERSICI300G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN PULPA PUI INFERIOARA 80GR CU MACAROANE CU SOS ROSII250GR	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
8	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			182.79	484.14	127.06	3,803.44
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,MASLINE25G,ARDEI80G,BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.88	103.48	31.00	916.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC ,DREASA CU OU400ML	OU TELINA	4.78	8.01	10.08	141.87
3	PRANZ F2 COMUN PULPA DE PORC 105G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INFERIOARA 80G CU GHIVECI DE LEGUME310G		34.24	33.16	33.15	567.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.94	312.59	92.43	2,710.01

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
--	--

MENIUL ZILNIC
15/09/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr .	Denumire					
COPIII 0-3 ANI		Alergeni	Protein e	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10COPIII)	IAURT(LACTOZA) OU	589.87	2,235.6 4	325.7 0	14,153.3 4
Total COPIII 0-3 ANI			589.87	2,235.6 4	325.7 0	14,153.3 4
HIDRIC/HZL		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PIERSICI300G,ZAHAR100G, IAURT200G. OU1BUC,	IAURT(LACTOZA) OU	15.70	92.80	12.80	541.20
3	PRANZ F1 HIDRIC SUPA CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT PIERSICI300ML		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.39	185.31	17.70	974.09
REGIM ULCER/COLECIST		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI40G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA)) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	44.14	59.17	42.74	797.90
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU PULPA PUI INFERIOARA80G	TELINA	29.59	25.36	27.75	469.54
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			164.01	282.54	99.94	2,685.66
REGIM SPECIAL		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA /	TELINA	29.59	25.36	27.75	469.54

Nr .	Denumire					
	REGIM SPECIAL SUPA DE ZARZAVAT320ML CU PULPA DE PUI INFERIOARA80G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			165.84	331.47	92.90	2,825.36
REGIM		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA50G, SUNCA PUI40G, ROSII80G,ARDEI80G,GEM20G,CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	30.84	130.66	28.44	901.96
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	4.09	12.42	6.61	125.55
3	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA 80GR CU OREZ CU LEGUME250GR		33.99	40.53	32.98	594.89
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			122.15	342.62	84.12	2,616.17
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA50G, SUNCA PUI 40G ,ROSII80G,ARDEI80G,CASCAVAL50G,UNT20 G	BRANZA(LACTOZA) CASCAVAL(LACTOZA)) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	38.34	61.37	34.74	711.50
2	SUPLIMENT ORA 10 DIA/HEP/ ARSI/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	31.04	12.92	29.56	441.90
4	PRANZ F2 DIABET PULPA DE PORC I80G CU SOTE DE FASOLE VERDE350G SI PAINE100G	PAINE(GLUTEN)	52.05	51.55	17.15	568.75
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET PULPA DE VITA80G CU SOTE DE DOVLECEI250G		30.85	2.85	13.85	259.45
8	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200ML	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40

Nr .	Denumire					
Total DIA/HEP/AR R/ ONC R/ HIV R			173.48	243.99	107.70	2,623.20
COMUN		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, , MUSCHI FILE50G,MASLINE25G,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	71.37	39.70	817.46
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI ,DREASA CU OU400ML	OU TELINA	6.88	27.11	10.28	228.47
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
6	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			146.91	325.88	107.47	2,858.34
ONC C/ AR C/ HIV C		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, , MUSCHI FILE50G,MASLINE25G,UNT20G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	71.37	39.70	817.46
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, IAURT200GBANANA 200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI ,DREASA CU OU400ML	OU TELINA	6.88	27.11	10.28	228.47
4	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PIERISICI300G, CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
7	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
8	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			167.01	527.08	148.27	4,102.74
LEHUZE COMUN		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML,	BRANZA(LACTOZA)	43.68	71.37	39.70	817.46

Nr .	Denumire					
	PAINE100G, BRANZA100G, SUNCA PORC50G, , MUSCHI FILE50G,MASLINE25G,UNT20G,GEM20G	GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI ,DREASA CU OU400ML	OU TELINA	6.88	27.11	10.28	228.47
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN FRIPTURA DE PULPA PUI INF 80G SI SALATA ORIENTALA400G	OU	36.77	60.18	39.61	744.23
6	CINA F2 COMUN CEAI250ML, PAINE 100G,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			146.91	325.88	107.47	2,858.34

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR