

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

04/08/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(07 COPIII)	IAURT(LACTOZA) OU	366.18	927.76	197.60	6,906.16
Total COPIII 0-3 ANI			366.18	927.76	197.60	6,906.16
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,,ZAHAR100G, OU 1BUC	OU	9.60	85.10	7.20	443.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML		1.70	14.70	4.72	108.07
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			12.50	157.70	11.92	788.07
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G		23.00	14.70	23.72	364.27
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.74	274.01	106.97	2,741.71
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.89	108.38	14.90	755.18
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE	TELINA	23.10	15.20	23.72	366.67

Nr.	Denumire					
	ZARZAVAT320ML CU ARIPI PUI70G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.70	323.64	88.87	2,733.19
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 100G GEM 20G IAURT200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.40	79.54	25.40	720.36
2	PRANZ F1 REGIM CIORBA ZARZAVAT330ML CU FASOLE VERDE CU ARIPI DE PUI70G		23.77	6.16	24.01	335.81
3	PRANZ F2 REGIM PIEPT DE PUI INFERIOARA80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.95	87.37	14.58	656.50
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI TARANESTI 300G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			155.52	287.42	98.09	2,646.57
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G,CASCAVAL50G, ,UNT 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.90	55.75	43.70	827.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU ARIPI DE PU70G		22.41	4.77	23.78	322.74
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	5.85	442.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA PORC 80GR SI CARTOFI NATUR250G	UNT(LACTOZA)	46.00	57.90	14.80	548.80
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100GG	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			203.46	237.47	117.53	2,805.49
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, UNT 20G, MASLINE20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	59.83	39.70	771.30
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA 400ML	PASTE(GLUTEN,OU)	3.41	13.82	8.36	144.12
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66

Nr.	Denumire					
5	CINA F2 COMUN COMPOT CIRESE 300ML SI PAINE 100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total COMUN			149.18	259.99	104.55	2,577.63
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, UNT 20G, MASLINE20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	59.83	39.70	771.30
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV BRANZA DIETETICA100G, COZONAC100G,	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN)	23.20	46.90	27.44	527.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA 400ML	PASTE(GLUTEN,OU)	3.41	13.82	8.36	144.12
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC 100G,COMPOT CIRESE 300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN COMPOT CIRESE 300ML SI PAINE 100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total ONC C/ AR C/ HIV C			180.78	398.29	142.43	3,598.55
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, UNT 20G, MASLINE20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	59.83	39.70	771.30
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA 400ML	PASTE(GLUTEN,OU)	3.41	13.82	8.36	144.12
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN COMPOT CIRESE 300ML SI PAINE 100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total LEHUZE COMUN			152.12	296.27	104.68	2,735.66

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(05 COPIII)	IAURT(LACTOZA) OU TELINA	239.05	774.80	151.60	5,371.80
Total COPIII 0-3 ANI			239.05	774.80	151.60	5,371.80
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,,ZAHAR100G, IAURT200G	IAURT(LACTOZA)	7.60	92.50	5.60	442.80
3	PRANZ F1 HIDRIC SUPA DE CREMA DE LEGUME 400ML	TELINA	4.18	34.32	4.96	198.64
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			12.98	184.72	10.56	877.84
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.28	13.72	23.76	361.84
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.34	273.11	96.23	2,599.87
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.65	103.95	18.70	702.70
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.38	15.22	23.76	368.24
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV260G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			160.49	321.01	89.03	2,727.27
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	38.10	66.10	24.60	630.20
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI PUI70G SI FIDEA 330ML	PASTE(GLUTEN,OU) TELINA	23.51	12.37	23.87	358.35
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA DE PULPA PUI INFERIOARA80G SI GHIVECI DE LEGUME250G	TELINA	34.83	34.07	33.21	574.49
5	CINA F2 REGIM CEA1250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			149.07	222.35	97.77	2,357.61
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G,UNT 20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	40.40	55.50	36.20	709.40
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FIDEA	PASTE(GLUTEN,OU) TELINA	23.66	10.48	23.96	352.20
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE PORC 80G CU SOTE DE FASOLE VERDE250G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEA1250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			191.16	193.88	120.56	2,609.20
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, UNT 20G, MASLINE20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	59.83	39.70	771.30
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	3.40	23.23	5.08	152.21
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			168.79	245.91	111.14	2,659.02
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, UNT 20G, MASLINE20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	59.83	39.70	771.30
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV BRANZA DIETETICA100G, COZONAC100G,	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN)	23.20	46.90	27.44	527.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	3.40	23.23	5.08	152.21

Nr.	Denumire					
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC 100G,COMPOT CIRESE 300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			200.39	384.21	149.02	3,679.94
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, UNT 20G, MASLINE20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	59.83	39.70	771.30
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	3.40	23.23	5.08	152.21
3	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA130G CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			154.19	237.81	106.14	2,523.22

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
06/08/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(05 COPIII)	CHEC(OU,GLUTEN) IAURT(LACTOZA) LAPTE(LACTOZA) OU TELINA	427.93	1,261.40	325.92	9,658.60
Total COPIII 0-3 ANI			427.93	1,261.40	325.92	9,658.60
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT	IAURT(LACTOZA)	7.60	92.50	5.60	442.80

Nr.	Denumire					
	CIRESE300G,,ZAHAR100G, IAURT200G					
3	PRANZ F1 HIDRIC SUPA DE CREMA DE LEGUME 400ML	TELINA	4.18	34.32	4.96	198.64
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			12.98	184.72	10.56	877.84
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.28	13.72	23.76	361.84
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.34	273.11	96.23	2,599.87
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.65	103.95	18.70	702.70
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN) TELINA	52.80	117.50	15.50	820.70
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.38	15.22	23.76	368.24
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G	TELINA	35.93	38.67	13.41	419.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			166.16	331.54	89.57	2,796.93
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 50G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	38.10	66.10	24.60	630.20
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI PUI70G SI FASOLE VERDE330ML	TELINA	23.77	6.16	24.01	335.81
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN) TELINA	47.78	89.57	15.16	685.84
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 REGIM COMPOT DE CIRESE 300G SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			152.45	297.68	97.72	2,672.00

Nr.	Denumire					
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,UNT 20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	33.10	53.60	35.40	665.40
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FASOLE VERDE DREASA330ML SI ARIPI PUI70G	TELINA	23.47	3.16	24.01	322.61
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN) TELINA	47.93	89.94	5.99	605.39
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET TOCANITA DE PORC 80G CU MAMALIGA 200G		43.43	42.95	16.02	489.70
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			185.13	257.95	108.82	2,743.70
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, UNT 20G, MASLINE20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	59.83	39.70	771.30
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU PULPA PUI INF.80G SI FIDEA330ML	PASTE(GLUTEN,OU) TELINA	29.25	11.73	27.92	415.17
3	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN FRIPTURA PULPA PUI80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			177.01	221.36	124.55	2,714.39
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, UNT 20G, MASLINE20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	43.68	59.83	39.70	771.30
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV COZONAC80G,	COZONAC(NUCA,OU,GLUTEN)	5.76	35.92	8.35	242.05
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU PULPA PUI INF.80G SI FIDEA330ML	PASTE(GLUTEN,OU) TELINA	29.25	11.73	27.92	415.17
4	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC 80G,COMPOT CIRESE 300G, IAURT200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.36	90.42	13.95	532.85
6	CINA F1 COMUN FRIPTURA PULPA PUI80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			196.13	347.70	146.85	3,489.29
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN	BRANZA(LACTOZA) PAINE(GLUTEN)	43.68	59.83	39.70	771.30

Nr.	Denumire				
	CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, UNT 20G, MASLINE20G	SUNCA PORC(SOIA) UNT(LACTOZA)			
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU PULPA PUI INF.80G SI FIDEA330ML	PASTE(GLUTEN,OU) TELINA	29.25	11.73	27.92 415.17
3	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99 581.07
4	CINA F1 COMUN FRIPTURA PULPA PUI80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74 685.66
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total LEHUZE COMUN			177.01	221.36	124.55 2,714.39

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
08/08/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(07 COPIII)	IAURT(LACTOZA) OU	542.81	1,566.12	301.90 11,104.82
Total COPIII 0-3 ANI			542.81	1,566.12	301.90 11,104.82
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00 22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,,ZAHAR100G, IAURT200G, OU1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80 543.60
3	PRANZ F1 HIDRIC SUPA DE CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90 198.89
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE		1.20	46.50	0.00 190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00 22.80
Total HIDRIC/HZL			20.99	185.91	17.70 978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, SUNCA PUI50G,BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	33.10	99.30	35.40 848.20
2	PRANZ F1 ULCER / COLECIST SUPA DE	TELINA	23.28	13.72	23.76 361.84

Nr.	Denumire					
	ZARZAVAT320ML CU ARIPI PUI70G					
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN) TELINA	47.13	106.97	14.96	751.04
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G	TELINA	35.93	38.67	13.41	419.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			147.84	312.86	88.73	2,641.37
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN) TELINA	47.13	106.97	14.96	751.04
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.28	13.72	23.76	361.84
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G	TELINA	35.93	38.67	13.41	419.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			160.72	321.66	89.03	2,730.77
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, OU FIERT, CASTARVETE80G, ROSIE80G,	BRANZA(LACTOZA) OU PAINE(GLUTEN)	35.20	61.30	28.60	629.90
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML A LA GREC ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.24	14.91	25.85	392.84
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI OREZ CU LEGUME270G, PAINE 100G	PAINE(GLUTEN) TELINA	47.78	89.57	15.16	685.84
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G SI MACARONE CU BRANZA 270G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	44.50	732.30
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			160.77	308.58	115.31	2,901.28
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, OU FIERT60G,UNT 20G, ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) OU PAINE(GLUTEN) UNT(LACTOZA)	36.60	56.80	45.00	765.10
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU	24.90	11.65	25.85	378.45
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV		0.00	25.40	0.00	101.60

Nr.	Denumire					
	ONCO REGIM MERE200G					
6	CINA F1 DIABET PULPA VITA 80GR SI CARTOFI LA CUPTOR		36.30	57.30	14.30	503.10
7	CINA F3 DIABET SALATA VARZA		0.00	0.00	4.60	41.40
8	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			174.75	267.00	128.60	2,902.50
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, OU FIERT1BUC, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	56.70	67.00	31.90	773.90
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI DOVLECEI DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.00	7.28	10.13	140.26
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	32.49	577.49
5	CINA F2 COMUN COMPOT DE PIERSICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total COMUN			132.48	261.87	129.77	2,655.70
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, OU FIERT1BUC, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	56.70	67.00	31.90	773.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI DOVLECEI DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.00	7.28	10.13	140.26
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC100G, COMPOT VISINE300ML	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN PULPA DE PUI INF80G SI GARNITURA DE OREZ CU MORCOV 250G	TELINA	31.23	40.04	32.49	577.49
7	CINA F2 COMUN COMPOT DE PIERSICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			153.68	414.77	163.41	3,647.06
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, OU FIERT1BUC, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	56.70	67.00	31.90	773.90
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE DE PORC SI DOVLECEI DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.00	7.28	10.13	140.26
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU OREZ CU LEGUME300G	PAINE(GLUTEN)	47.34	89.03	15.13	681.64

Nr.	Denumire					
4	CINA F1 COMUN PULPA PUI INFERIOARA 80GR CU MACAROANE CU SOS ROSII250GR	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 COMUN COMPOT DE PIERSICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total LEHUZE COMUN			151.54	298.86	91.11	2,613.55

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
09/08/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(05 COPIII)	IAURT(LACTOZA) OU	318.05	1,028.20	179.60	6,953.40
Total COPIII 0-3 ANI			318.05	1,028.20	179.60	6,953.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,,ZAHAR100G, IAURT200G, OU1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE CREMA DE LEGUME 400ML	TELINA	4.38	35.82	4.96	205.44
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.58	186.82	17.76	985.44
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.28	13.72	23.76	361.84
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 ULCER / COLECIST CEAI 250ML,	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
	PAINE 100G					
Total REGIM ULCER/COLECIST			160.34	273.11	96.23	2,599.87
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV150G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.85	105.24	18.70	708.64
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.28	13.72	23.76	361.84
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			160.59	320.80	89.03	2,726.81
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, CASTARVETE80G, ROSIE80G, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	74.14	22.20	619.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI PUI70G SI FIDEA 330ML	PASTE(GLUTEN,OU) TELINA	23.63	15.31	23.90	370.86
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA DE PULPA PUI INFERIOARA80G SI GHIVECI DE LEGUME250G	TELINA	34.83	34.07	33.21	574.49
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			145.19	233.33	95.40	2,359.18
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, UNT20G,ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.80	60.00	39.40	752.30
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FIDEA	PASTE(GLUTEN,OU) TELINA	23.66	10.48	23.96	352.20
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC80G SI OREZ CU LEGUME350G	TELINA	46.73	41.44	16.09	497.49
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			185.04	247.17	117.70	2,766.64
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	49.15	57.65	39.60	783.60

Nr.	Denumire					
	FILE50G, UNT20G	PAINE(GLUTEN) UNT(LACTOZA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI A LA GREC 330ML	OU SMANTANA(LACTOZA) TELINA	25.70	14.78	25.73	393.46
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE SPANAC250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN FRIPTURA PULPA PUI80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			179.73	225.44	122.26	2,720.98
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	49.15	57.65	39.60	783.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV SMANTANA100G, CHEC100G	CHEC(OU,GLUTEN) SMANTANA(LACTOZA)	6.40	53.50	17.60	398.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI A LA GREC 330ML	OU SMANTANA(LACTOZA) TELINA	25.70	14.78	25.73	393.46
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE SPANAC250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G,COMPOT PRUNE300G	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
6	CINA F1 COMUN FRIPTURA PULPA PUI80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			193.13	387.34	157.46	3,738.98
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, CASCAVAL50G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	49.15	57.65	39.60	783.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI A LA GREC 330ML	OU SMANTANA(LACTOZA) TELINA	25.70	14.78	25.73	393.46
3	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN FRIPTURA PULPA PUI80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			178.93	222.24	122.26	2,704.98

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09 COPIII)	IAURT(LACTOZA) OU	563.04	1,529.28	312.80	11,088.48
Total COPIII 0-3 ANI			563.04	1,529.28	312.80	11,088.48
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,,ZAHAR100G, IAURT200G, OU1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE CREMA DE LEGUME 400ML	TELINA	4.38	35.82	4.96	205.44
4	SUPLIMET HIDRIC/ HZL COMPOT CIRESE		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.58	186.82	17.76	985.44
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.28	13.72	23.76	361.84
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G	TELINA	35.93	38.67	13.41	419.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			171.61	273.94	107.07	2,745.83
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV150G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.85	105.24	18.70	708.64
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN) TELINA	47.13	106.97	14.96	751.04
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.28	13.72	23.76	361.84
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G	TELINA	35.93	38.67	13.41	419.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			160.59	320.80	89.03	2,726.81
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ,	BRANZA(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE	38.10	123.14	36.60	974.36

Nr.	Denumire					
	GEM20G,CHEC100G	SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)				
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.84	12.49	25.71	384.71
3	PRANZ F2 REGIM PULPE DE PUI INFERIOARE SI PASTE CU SOS DE ROSII PAINE	PAINE(GLUTEN) PASTE(GLUTEN,OU)	41.60	89.35	33.95	829.35
4	CINA F1 REGIM PULPA DE PUI80G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA)	44.35	58.70	44.65	814.05
5	CINA F2 REGIM COMPOT VISINE300ML SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			159.49	378.68	142.11	3,431.67
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, UNT20G,ROSIE80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	41.50	59.80	36.50	733.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.84	12.49	25.71	384.71
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE350G SI PAINE100G	PAINE(GLUTEN)	44.85	51.55	15.05	521.05
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA DE VITA 80G CU MAMALIGA 200G		34.43	42.95	14.52	440.20
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			177.42	250.69	115.58	2,744.66
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	59.85	43.00	849.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA , DREASA CU SMANTANA	PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	3.41	14.81	8.36	148.14
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU OREZ CU LEGUME250G	TELINA	34.58	41.44	33.04	601.44
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			161.82	229.91	103.99	2,502.85
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	59.85	43.00	849.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G SI CHEC 100G,	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA , DREASA CU SMANTANA	PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	3.41	14.81	8.36	148.14
4	PRANZ F2 COMUN PULPA PORC80G CU	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47

Nr.	Denumire					
	MANCARE DE MAZARE 270G, PAINE100G					
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G,COMPOT PRUNE300G	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
6	CINA F1 COMUN PULPA PUI INFERIOARA80G CU OREZ CU LEGUME250G	TELINA	34.58	41.44	33.04	601.44
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			181.62	399.81	144.79	3,620.85
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	59.85	43.00	849.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA , DREASA CU SMANTANA	PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	3.41	14.81	8.36	148.14
3	PRANZ F2 COMUN PULPA DE PORC 105G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU OREZ CU LEGUME250G	TELINA	34.58	41.44	33.04	601.44
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			155.84	258.65	102.60	2,581.38

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

11/08/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09 COPIII)	IAURT(LACTOZA) OU	593.92	1,686.44	322.40	11,959.04
Total COPIII 0-3 ANI			593.92	1,686.44	322.40	11,959.04
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G,,ZAHAR100G, IAURT200G, OU1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE CREMA DE LEGUME 400ML	TELINA	4.38	35.82	4.96	205.44
4	SUPLIMET HIDRIC/ HZL COMPOT VISINE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			21.58	186.82	17.76	985.44
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA	45.60	59.55	42.90	806.70

Nr.	Denumire					
		PUI(SOIA) UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.28	13.72	23.76	361.84
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 ULCER PIEPT PUI 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.20	40.00	24.45	576.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.81	254.64	106.92	2,664.08
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV150G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.85	105.24	18.70	708.64
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.28	13.72	23.76	361.84
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G	TELINA	38.73	58.47	13.76	512.64
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			160.59	320.80	89.03	2,726.81
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, , GEM20G,IAURT	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.40	79.54	25.40	720.36
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G ,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU TELINA	25.58	9.43	25.95	373.19
3	PRANZ F2 REGIM PULPA PUI INFERIOARA 80G CU PILAF DE OREZ250G SI PAINE100G	PAINE(GLUTEN) TELINA	39.63	88.54	33.69	815.89
4	PRANZ F3 REGIM CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 REGIM PULPA PUI INF80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			158.61	326.06	136.59	3,159.59
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, UNT20G,ROSIE80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	41.50	59.80	36.50	733.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU ARIPI DE PU70G ,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU TELINA	25.58	9.43	25.95	373.19

Nr.	Denumire					
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE VITA 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	45.40	40.00	24.75	564.35
7	CINA F2 DIABET CEAI250ML, PAINE100G ,SUNCA PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			180.73	250.38	109.85	2,704.69
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, OMLETA120G,BRANZA 100G,CASCAVAL50G,MASLINE25G ,MUSCHI FILE 40G,SUNCA PORC40G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	68.08	59.64	52.86	986.58
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI , DREASA CU SMANTANA	SMANTANA(LACTOZA)	4.15	26.31	7.78	191.88
3	PRANZ F2 COMUN PULPA PUI INFERIOARA80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.18	54.61	33.94	680.62
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA180G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			167.08	239.70	138.95	2,877.73
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, OMLETA120G,BRANZA 100G,CASCAVAL50G,MASLINE25G ,MUSCHI FILE 40G,SUNCA PORC40G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	68.08	59.64	52.86	986.58
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G SI CHEC 100G,	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI , DREASA CU SMANTANA	SMANTANA(LACTOZA)	4.15	26.31	7.78	191.88
4	PRANZ F2 COMUN PULPA PUI INFERIOARA80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.18	54.61	33.94	680.62
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G,COMPOT PRUNE300G	CHEC(OU,GLUTEN)	7.00	108.40	17.60	620.00
6	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA180G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			186.88	409.60	179.75	3,995.73
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, OMLETA120G,BRANZA 100G,CASCAVAL50G,MASLINE25G ,MUSCHI FILE 40G,SUNCA PORC40G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	68.08	59.64	52.86	986.58
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI , DREASA CU SMANTANA	SMANTANA(LACTOZA)	4.15	26.31	7.78	191.88

Nr.	Denumire					
3	PRANZ F2 COMUN PULPA PUI INFERIOARA80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.18	54.61	33.94	680.62
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA180G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			167.08	239.70	138.95	2,877.73

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
12/08/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Protein e	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(07 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	382.11	1,395.0 2	201.9 0	8,893.6 2
Total COPIII 0-3 ANI			382.11	1,395.0 2	201.9 0	8,893.6 2
HIDRIC/HZL		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G,,ZAHAR100G, IAURT200G, OU1BUC.	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT VISINE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G		22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU PASTE SI BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN)	56.90	87.90	26.65	819.05

Nr.	Denumire					
		PASTE(GLUTEN,OU)				
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			168.93	252.22	107.80	2,654.78
REGIM SPECIAL		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G		22.69	12.81	23.70	355.29
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN) TELINA	47.13	106.97	14.96	751.04
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.53	319.84	88.91	2,717.67
REGIM		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G,ARDEI80G,CASTRAVETI80G,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.40	12.35	25.59	381.33
3	PRANZ F2 REGIM PIEPT DE PUI 100G SI PASTE CU BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 REGIM PULPA DE PUI INFERIOAR 80G SI OREZ CU LEGUME350G		33.99	40.53	32.98	594.89
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			159.89	302.18	108.82	2,814.17
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ROSII80G,ARDEI80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.40	12.35	25.59	381.33
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN)	47.34	89.03	15.13	681.64
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE 200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA PORC 80G CU SOTE DE		44.95	8.85	15.95	358.75

Nr.	Denumire					
	SPANAC350G					
7	CINA F2 DIABET CEAI250ML, PAINE100G ,BRANZA DIETETICA 100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			197.39	241.93	107.27	2,701.22
COMUN		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, ,BRANZA 100G,CASCAVAL50G, ,MUSCHI FILE 50G,SUNCA PORC50G,ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.88	63.48	31.00	756.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	3.75	18.07	8.36	162.53
3	PRANZ F2 COMUN CARNATI DE PORC105G SI VARZA CALITA 250G, PAINE 100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN FRIPTURA PULPA PUI80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			148.92	232.69	136.95	2,677.44
ONC C/ AR C/ HIV C		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, ,BRANZA 100G,CASCAVAL50G, ,MUSCHI FILE 50G,SUNCA PORC50G,ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.88	63.48	31.00	756.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE 200ML SI CHEC 100G,,BANANE200G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	103.30	21.20	655.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	3.75	18.07	8.36	162.53
4	PRANZ F2 COMUN CARNATI DE PORC105G SI VARZA CALITA 250G, PAINE 100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G,COMPOT PRUNE300G	COZONAC(NUCA,OU,GLUTEN)	7.80	99.80	10.44	524.56
6	CINA F1 COMUN FRIPTURA PULPA PUI80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			169.52	435.79	168.59	3,857.20
LEHUZE COMUN		Alergeni	Protein e	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, ,BRANZA 100G,CASCAVAL50G, ,MUSCHI FILE 50G,SUNCA PORC50G,ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.88	63.48	31.00	756.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	3.75	18.07	8.36	162.53
3	PRANZ F2 COMUN PIEPT DE PUI 80G SI OREZ CU	PAINE(GLUTEN)	47.34	89.03	15.13	681.64

Nr.	Denumire					
	LEGUME250G, PAINE100G					
4	CINA F1 COMUN FRIPTURA PULPA PUI80G - MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			159.61	264.77	94.43	2,547.43

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
13/08/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(11 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	567.13	2,540.16	343.50	15,456.66
Total COPIII 0-3 ANI			567.13	2,540.16	343.50	15,456.66
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G,,ZAHAR100G, IAURT200G. LAPTE200ML	IAURT(LACTOZA) LAPTE(LACTOZA)	14.00	102.30	9.20	540.00
3	PRANZ F1 HIDRIC SUPA DE CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT VISINE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.99	195.11	14.10	975.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G		22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49

Nr.	Denumire					
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEA1 250ML, PAINE 100G, BANANA200G	PAINE(GLUTEN)	8.40	94.20	1.20	421.20
Total REGIM ULCER/COLECIST			159.16	351.29	96.11	2,906.77
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G		22.69	12.81	23.70	355.29
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN) TELINA	44.33	87.17	14.61	657.49
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEA1250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.53	319.84	88.91	2,717.67
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G,ARDEI80G,CASTRAVETI80G,MERE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	92.60	22.40	699.30
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU FIDEA 330ML	PASTE(GLUTEN,OU) TELINA	2.40	16.53	4.84	119.27
3	PRANZ F2 REGIM PULPA PUI INF80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.28	55.61	33.94	685.02
4	CINA F1 REGIM PULPA DE PULPA PUI INFERIOARA80G SI GHIVECI DE LEGUME250G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM COMPOT DE CIRESE 300G SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			120.72	292.89	95.53	2,500.72
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ROSII80G,ARDEI80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI 70G SI FIDEA	PASTE(GLUTEN,OU) TELINA	23.67	15.57	23.90	372.05
4	PRANZ F2 DIABET PULPA PUI INF80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	36.10	51.35	33.50	651.30
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA VITA80G CU GHIVECI DE LEGUME250G		37.35	32.90	14.70	413.30
7	CINA F2 DIABET CEA1250ML, PAINE100G ,IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			160.82	253.12	107.70	2,595.55
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1250ML, PAINE100G,	CASCAVAL(LACTOZA)	39.88	61.18	20.90	592.30

Nr.	Denumire					
	CASCAVAL50G, MASLINE25G,MUSCHI FILE 50G,SUNCA PORC50G,ROSH80G	PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI330 SI ARIPI PUI70G	TELINA	24.71	28.32	24.02	428.26
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN TOCANITA DE TOCANITA DE FICATEI180G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			193.04	281.65	96.73	2,769.32
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, CASCAVAL50G, MASLINE25G,MUSCHI FILE 50G,SUNCA PORC50G,ROSH80G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	39.88	61.18	20.90	592.30
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE 200ML,CHEC100G, BANANE200G	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	103.30	21.20	655.20
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI330 SI ARIPI PUI70G	TELINA	24.71	28.32	24.02	428.26
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV LAPTE200ML, COZONAC100G, BANANA200G	COZONAC(NUCA,OU,GLUTEN)	7.20	84.90	10.44	462.56
7	CINA F1 COMUN TOCANITA DE TOCANITA DE FICATEI180G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			213.04	469.85	128.37	3,887.08
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, CASCAVAL50G, MASLINE25G,MUSCHI FILE 50G,SUNCA PORC50G,ROSH80G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	39.88	61.18	20.90	592.30
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI330 SI ARIPI PUI70G	TELINA	24.71	28.32	24.02	428.26
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN TOCANITA DE TOCANITA DE FICATEI180G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			184.84	277.65	95.33	2,707.92

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

MENIUL ZILNIC
15/08/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(13 COPIII)	IAURT(LACTOZA) OU	592.70	2,253.20	322.40	14,221.20
Total COPIII 0-3 ANI			592.70	2,253.20	322.40	14,221.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G,,ZAHAR100G, IAURT200G. OU1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE CREMA DE LEGUME 400ML	TELINA	3.79	34.91	4.90	198.89
4	SUPLIMET HIDRIC/ HZL COMPOT VISINE300ML		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			20.99	185.91	17.70	978.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, CASCAVAL50G, UNT20G, SUNCA PUI50G, BANANE200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	99.55	42.90	966.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G		22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER SI COLECISTPIEPT DE PUI 80G SI CARTOFI CU BRANZA330G ,PAINE	BRANZA(LACTOZA) PAINE(GLUTEN)	57.70	107.20	26.80	900.80
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			169.73	311.52	107.95	2,896.53
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, MORCOV 200G,BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G		22.69	12.81	23.70	355.29
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			158.94	318.92	88.85	2,711.11
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G,ARDEI80G,CASTRAVETI80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70

Nr.	Denumire					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARTOFI400ML SI ARIPI PUI 80GDREASA CU OU SI IAURT	IAURT(LACTOZA) OU TELINA	27.09	27.62	26.09	453.24
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			145.56	269.15	97.01	2,518.04

DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA 100G, SUNCA PUI50G ,OU FIERT ARDEI80G, ROSIE80G, CASTRAVETE80G,UNT20G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.00	63.30	46.00	833.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU CARTOFI330ML SI ARIPI DE PUI70G	TELINA	24.55	27.25	24.01	423.28
4	PRANZ F2 DIABET PIEPT DE PUI 80G CU PASTE CU SOS ROSII 250G SI PAINE 100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC80G CU SOTE DE FASOLE VERDE250G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100GSUNCA PUI 50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	31.70	52.40	19.00	507.40
Total DIA/HEP/AR R/ ONC R/ HIV R			197.95	269.75	125.46	2,978.43

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G,OU FIERT 1 BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	PRANZ F1 COMUN CIORBA CU DE ZARZAVAT CU OASE A LA GREC	OU SMANTANA(LACTOZA) TELINA	5.29	17.05	10.12	180.40
3	PRANZ F2 COMUN CARNATI DE PORC105G SI VARZA CALITA 250G, PAINE 100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN CARTOFI GRATINATI SI FRIPTURA PULPA PUI	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	40.69	792.61
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			153.89	242.80	139.86	2,763.86

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G,OU FIERT 1 BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV ,CHEC100G, BANANE200G	CHEC(OU,GLUTEN)	6.40	93.50	17.60	558.00
3	PRANZ F1 COMUN CIORBA CU DE ZARZAVAT CU OASE A LA GREC	OU SMANTANA(LACTOZA) TELINA	5.29	17.05	10.12	180.40

Nr.	Denumire					
4	PRANZ F2 COMUN CARNATI DE PORC105G SI VARZA CALITA 250G, PAINE 100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COZONAC100G,COMPOT VISINE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN CARTOFI GRATINATI SI FRIPTURA PULPA PUI	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	40.69	792.61
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			168.69	427.70	167.90	3,815.22
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, CASCAVAL50G,SUNCA PORC50G, MUSCHI FILE50G,OU FIERT 1 BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	PRANZ F1 COMUN CIORBA CU DE ZARZAVAT CU OASE A LA GREC	OU SMANTANA(LACTOZA) TELINA	5.29	17.05	10.12	180.40
3	PRANZ F2 COMUN PIEPT PUI80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	5.69	450.57
4	CINA F1 COMUN CARTOFI GRATINATI SI FRIPTURA PULPA PUI	BRANZA(LACTOZA) OU UNT(LACTOZA)	47.15	59.45	40.69	792.61
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			167.87	245.55	91.50	2,477.17