

01/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09COPIII)	IAURT(LACTOZA) OU	577.64	1,207.88	325.00	9,987.08
Total COPIII 0-3 ANI			577.64	1,207.88	325.00	9,987.08
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.98	272.76	96.07	2,591.59
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G ,ROSII,80G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	75.00	25.10	679.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI, DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	27.08	27.19	26.11	451.66
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU PASTE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total REGIM			160.17	329.77	110.18	2,943.16
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI 80G, ROSII80, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.60	64.40	36.70	758.30
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI ,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	27.23	27.97	26.05	454.84
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET TOCANITA DE VITA110 SI CARTOFI NATUR250G	UNT(LACTOZA)	38.23	63.35	22.77	611.25
7	CINA F2 DIABET CEAI250ML, PAINE100G , MUSCHI FILE 50G	PAINE(GLUTEN)	19.25	48.50	5.50	320.50
Total DIA/HEP/AR R/ ONC R/ HIV R			185.06	274.57	115.27	2,867.54
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC 330ML	OU TELINA	25.55	17.22	25.63	401.71
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			169.25	227.02	149.82	2,851.82

Nr.	Denumire					
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE CASTRAVETE80G		1.30	0.20	2.90	18.60
2	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC 330ML	OU TELINA	25.55	17.22	25.63	401.71
5	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE CIRESE300ML, CHEC100G	CHEC(OU, GLUTEN)	7.60	100.00	17.60	588.80
7	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
8	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			190.95	388.72	193.52	3,957.22
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC 330ML	OU TELINA	25.55	17.22	25.63	401.71
3	PRANZ F2 COMUN PIEPT PUI80G CU FASOLE VERDE270G, PAINE100G	PAINE(GLUTEN)	43.65	52.15	5.65	434.05
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			176.25	222.22	97.82	2,474.22

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
03/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA) OU	227.28	1,261.16	150.30	7,258.46
Total COPIII 0-3 ANI			227.28	1,261.16	150.30	7,258.46
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total REGIM ULCER/COLECIST		158.98	272.76	96.07	2,591.59	
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G ,ROSII,80G, CASTRAVETE80G,GEM 20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	78.74	22.40	643.86
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	24.91	9.85	25.58	369.28
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G CU PASTE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			149.06	317.69	96.98	2,726.34
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G SUNCA PUI 100G, OU FIERT	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.90	64.00	30.40	719.70

Nr.	Denumire					
	60GARDEI80G ROSIE80G, CASTRAVETE,					
2	SUPLIMENT ORA 10 DIA/HEP/AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	24.91	9.85	25.58	369.28
4	PRANZ F2 DIABET PIEPT DE PUI80GR CU GARNITURA DE OREZ CU MORCOV250GR, PAINE 100G	PAINE(GLUTEN)	44.79	91.11	14.70	675.89
5	SUPLIMENT ORA 16 DIA/HEP/AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA PORC80 CU SOTE DE DOVLECEI 250G		39.85	2.85	15.35	308.95
7	CINA F2 DIABET CEAI250ML, PAINE100G , SUNCA DE PUI 100G	PAINE(GLUTEN) SUNCA PUI(SOIA)	23.00	52.30	2.80	326.40
Total DIA/HEP/AR R/ ONC R/ HIV R			196.25	236.11	100.03	2,600.22
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50GARDEI 80G, UNT 20G,GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	75.99	43.20	920.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU A LA GREC 330ML	OU TELINA	4.25	17.22	6.63	145.51
3	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN FICAT PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		43.79	47.13	21.48	556.99
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			168.79	290.79	99.50	2,733.96
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50GARDEI 80G, UNT 20G,GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	75.99	43.20	920.36
2	SUPLIMENT ORA 10 ONCO/AR/ HIV CHEC100G,	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00

Nr.	Denumire					
	IAURT200ML,BANANA 200G					
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU A LA GREC 330ML	OU TELINA	4.25	17.22	6.63	145.51
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	PRANZ F2 COMUN PULPA PORC80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PIERSICI300ML, CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
7	CINA F1 COMUN FICAT PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		43.79	47.13	21.48	556.99
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			188.89	491.99	140.30	3,978.36
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50GARDEI 80G, UNT 20G,GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	75.99	43.20	920.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU A LA GREC 330ML	OU TELINA	4.25	17.22	6.63	145.51
3	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PIEPT DE PUI 80G SI MACAROANE CU SOS ROSII 250GR, PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 COMUN FICAT PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		43.79	47.13	21.48	556.99
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			167.09	328.79	97.85	2,864.31

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(07COPIII)	OU	316.18	1,243.76	169.20	7,762.56
Total COPIII 0-3 ANI			316.18	1,243.76	169.20	7,762.56
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.00	59.30	24.60	658.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.84	274.51	106.97	2,744.11
REGIM SPECIAL						
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94

Nr.	Denumire					
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G ,ROSII,80G, CASTRAVETE80G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	75.20	28.00	697.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC330ML	IAURT(LACTOZA) OU TELINA	25.68	15.59	25.96	398.31
3	PRANZ F2 REGIM MANCARE DE DOVLECEI250G CU PIEPT PUI80G,PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	41.63	54.81	14.49	516.17
4	CINA F1 REGIM FICAT DE PUI150G CU CARTOFI UNUGURESTI250G		47.15	68.15	21.95	658.75
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			164.46	267.94	91.60	2,532.12
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G SUNCA PUI 100G, OU FIERT 60GARDEI80G ROSIE80G, CASTRAVETE80G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.90	64.00	30.40	719.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.68	15.59	25.96	398.31
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET TOCANITA DE VITA 80G CU MAMALIGA 200G		34.43	42.95	14.52	440.20
8	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			189.26	265.79	114.73	2,822.86
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90

Nr.	Denumire					
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.58	16.10	6.73	143.26
3	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			170.56	282.36	108.16	2,785.08
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE CASTRAVETE80G		1.30	0.20	2.90	18.60
2	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200ML,BANANA 200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.58	16.10	6.73	143.26
5	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
6	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC100G, COMPOT PIERSICI300ML	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			185.56	430.26	134.26	3,650.08
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.58	16.10	6.73	143.26
3	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66

Nr.	Denumire					
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			164.16	228.86	90.56	2,387.08

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
06/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10COPIII)	IAURT(LACTOZA) OU	597.10	2,530.20	326.40	15,366.80
Total COPIII 0-3 ANI			597.10	2,530.20	326.40	15,366.80
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECICT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECICT CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECICT SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER,COLECICT PIEPT DE PUI 80G CU PASTE SI BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05

Nr.	Denumire					
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			169.34	254.61	107.82	2,666.16
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G ,ROSII80G, IAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	75.00	25.10	679.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC330ML	IAURT(LACTOZA) OU TELINA	25.68	15.59	25.96	398.31
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI SI MINCARE DE DOVLECEI	FAINA(GLUTEN)	28.28	6.31	32.34	429.42
5	CINA F2 REGIM CEAI250ML, PAINE100G BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM			165.21	242.44	116.50	2,670.72
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G SUNCA PUI 100G, ARDEI80G, ROSIE80, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.60	64.40	36.70	758.30
2	SUPLIMENT ORA 10 DIA/HEP/ AR/	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr.	Denumire					
	HIV ONCO REGIM IAURT200G					
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	26.01	16.88	26.05	405.60
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA VITA80G CU SOTE DE DOVLECEI250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			177.71	201.98	120.45	2,586.40
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ARIDE80G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVATCU SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.98	12.39	6.68	125.59
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE SPANAC250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			151.85	232.08	84.40	2,295.30
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ARIDE80G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200ML,BANANA 200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVATCU SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.98	12.39	6.68	125.59
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE SPANAC250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PIERSICI300ML, CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ		30.64	39.13	32.43	570.94

Nr.	Denumire					
	SI MORCOV250G					
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			171.95	433.28	125.20	3,539.70
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ARIDE80G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVATCU SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.98	12.39	6.68	125.59
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE SPANAC250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			151.85	232.08	84.40	2,295.30

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

08/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	496.10	2,470.80	335.60	14,776.00
Total COPIII 0-3 ANI			496.10	2,470.80	335.60	14,776.00
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE	TELINA	1.80	15.20	4.72	110.47

Nr.	Denumire					
	ZARZAVAT 400ML					
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER SI COLECIST PIEPT PUI SI OREZ250G CU MORCOV SI PAINE100G	PAINE(GLUTEN)	43.84	87.26	14.55	655.34
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.24	274.91	107.97	2,752.31
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2	BRANZA(LACTOZA)	24.40	56.20	18.20	486.20

Nr.	Denumire					
	COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	PAINE(GLUTEN)				
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G ,ROSII80G,CHEC 100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	120.50	37.10	977.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC330ML	IAURT(LACTOZA) OU TELINA	25.80	15.41	25.96	398.07
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			149.37	284.84	111.58	2,740.67
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI 80G, ROSII80,OU 1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	42.30	61.90	26.70	657.10
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	26.01	16.88	26.05	405.60
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
7	CINA F1 DIABET TOCANITA DE VITA 80G CU MAMALIGA		34.43	42.95	14.52	440.20

Nr.	Denumire					
	200G					
8	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			184.89	267.98	109.72	2,790.55
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.54	25.38	10.22	219.63
3	PRANZ F3 COMUN SALATA DE VARZA		0.00	0.00	0.00	0.00
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		34.00	60.15	32.90	672.70
6	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			139.99	255.33	128.57	2,656.78
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE 200ML COZONAC100G BANANE200G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	94.70	14.04	559.76
3	PRANZ F1 COMUN SUPA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.54	25.38	10.22	219.63
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40

Nr.	Denumire					
	PIERSICI300ML, CHEC100G					
6	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		34.00	60.15	32.90	672.70
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			160.89	449.73	160.21	3,802.94
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.54	25.38	10.22	219.63
3	PRANZ F2 COMUN PIEPT PUI80G CU FASOLE VERDE270G, PAINE100G	PAINE(GLUTEN)	43.65	52.15	5.65	434.05
4	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		34.00	60.15	32.90	672.70
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total LEHUZE COMUN			153.39	254.63	80.17	2,353.58

08/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	496.10	2,470.80	335.60	14,776.00
Total COPIII 0-3 ANI			496.10	2,470.80	335.60	14,776.00
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML,	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60

Nr.	Denumire					
	COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC					
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER SI COLECIST PIEPT PUI SI OREZ250G CU MORCOV SI PAINE100G	PAINE(GLUTEN)	43.84	87.26	14.55	655.34
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.24	274.91	107.97	2,752.31
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA,		38.14	57.56	13.70	506.09

Nr.	Denumire					
	REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G ,ROSII80G,CHEC 100G	BRANZA(LACTOZA) CHEC(OU, GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	120.50	37.10	977.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC330ML	IAURT(LACTOZA) OU TELINA	25.80	15.41	25.96	398.07
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			149.37	284.84	111.58	2,740.67
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI 80G, ROSII80,OU 1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	42.30	61.90	26.70	657.10
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	26.01	16.88	26.05	405.60
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20

Nr.	Denumire					
	AR/ HIV ONCO REGIM LAPTE200G					
7	CINA F1 DIABET TOCANITA DE VITA 80G CU MAMALIGA 200G		34.43	42.95	14.52	440.20
8	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			184.89	267.98	109.72	2,790.55
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.54	25.38	10.22	219.63
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		34.00	60.15	32.90	672.70
5	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			139.99	255.33	128.57	2,656.78
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE 200ML COZONAC100G BANANE200G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	94.70	14.04	559.76
3	PRANZ F1 COMUN SUPA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.54	25.38	10.22	219.63
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25

Nr.	Denumire					
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PIERSICI300ML, CHEC100G	CHEC(OU, GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		34.00	60.15	32.90	672.70
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			160.89	449.73	160.21	3,802.94
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML, PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	58.65	26.60	691.60
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.54	25.38	10.22	219.63
3	PRANZ F2 COMUN PIEPT PUI80G CU FASOLE VERDE270G, PAINE100G	PAINE(GLUTEN)	43.65	52.15	5.65	434.05
4	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		34.00	60.15	32.90	672.70
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total LEHUZE COMUN			153.39	254.63	80.17	2,353.58

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
12/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
COPIII 0-3 ANI		Alergeni	Protein	Glucid	Lipid Calorii

Nr	Denumire		e	e	e	
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA) OU	400.91	1,944.52	237.20	11,452.52
Total COPIII 0-3 ANI			400.91	1,944.52	237.20	11,452.52
HIDRIC/HZL		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI150G SI CARTOFI CU BRANZA250G	BRANZA(LACTOZA) UNT(LACTOZA)	50.00	59.30	24.60	658.60
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.84	274.51	106.97	2,744.11
REGIM SPECIAL		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM	BRANZA(LACTOZA)	24.40	56.20	18.20	486.20

Nr	Denumire					
	SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	PAINE(GLUTEN)				
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G,ROSII80G,CASTRAVETI80G,ARDEI80G,GEM 20G,IAURT 200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	86.74	28.00	743.86
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.24	11.14	25.67	376.57
3	PRANZ F2 REGIM PIEPT DE PUI 80G CU PASTE SI SOS ROSII 250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			155.79	301.58	102.67	2,732.03
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI 80G, ROSII80,CASTRAVETI80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.90	64.60	39.60	776.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.24	11.14	25.67	376.57
4	PRANZ F2 DIABET PIEPT DE PUI 80G CU PASTE CU SOS ROSII 250G SI PAINE 100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE VITA 80G SI CARTOFI UNGURESTI250		37.15	60.15	14.45	519.25
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			190.04	291.74	124.02	3,013.82
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, BRANZA100G,ARDEI 80G GEM20G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	128.29	44.40	1,160.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT	OU	5.52	16.26	10.14	178.34

Nr	Denumire					
	CU OASE PORC A LA GREC 400ML	SMANTANA(LACTOZA) TELINA				
3	PRANZ F2 COMUN PULPA DE PORC80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			154.71	289.23	104.72	2,718.18
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, BRANZA100G,ARDEI 80G GEM20G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU, GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	128.29	44.40	1,160.36
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,BANANA 200G	IAURT(LACTOZA)	6.40	48.00	5.60	260.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.52	16.26	10.14	178.34
4	PRANZ F2 COMUN PULPA DE PORC80G CU VARZA CU ROSII250G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC100G, COMPOT PIERSICI300ML	CHEC(OU, GLUTEN)	7.30	99.70	17.60	586.40
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			168.41	436.93	127.92	3,564.58
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, BRANZA100G,ARDEI 80G GEM20G, CHEC100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU, GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	128.29	44.40	1,160.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC 400ML	OU SMANTANA(LACTOZA) TELINA	5.52	16.26	10.14	178.34
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	14.90	673.30
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			152.91	326.23	103.07	2,844.13

Nr	Denumire

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
 PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
 10/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr	Denumire	Alergeni	Protein e	Glucid e	Lipid e	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(09COPIII)	IAURT(LACTOZA) OU	591.04	1,890.0 8	335.4 0	12,879.0 8
Total COPIII 0-3 ANI			591.04	1,890.0 8	335.4 0	12,879.0 8
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZ A) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94

Nr.	Denumire					
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.98	272.76	96.07	2,591.59
REGIM SPECIAL		Alergeni	Proteine	Glucid e	Lipid e	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM		Alergeni	Proteine	Glucid e	Lipid e	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G,ARDEI80G,ROSII80G,CASTRAVETI80G ,GEM 20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	78.74	22.40	643.86
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT ALA GREC330ML CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	26.28	17.48	25.99	408.54
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			144.75	270.55	96.91	2,519.50
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucid e	Lipid e	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI 80G, ROSII80,CASTRAVETI80G, OU FIERT 1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.90	64.00	30.40	719.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	26.16	17.66	25.99	408.78

Nr	Denumire					
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET TOCANITA DE PORC110G SI CARTOFI NATUR250G	UNT(LACTOZA)	47.38	64.13	24.21	663.93
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G, SUNCA PUI100G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.00	54.30	19.80	551.40
Total DIA/HEP/AR R/ ONC R/ HIV R			217.29	267.44	126.05	3,043.46
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, BRANZA100G, GEM20G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	78.19	32.20	837.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI330ML	TELINA	4.82	27.71	8.49	206.49
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN TOCANITA DE PUI 110G CU CARTOFI NATURI250G	UNT(LACTOZA)	35.08	63.35	41.22	764.70
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			168.73	283.05	101.50	2,712.61
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE CASTRAVETE80G		1.30	0.20	2.90	18.60
2	MIC DEJUN COMUN CEAI200ML,PAINE100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, BRANZA100G, GEM20G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	78.19	32.20	837.76
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200ML,BANANA 200G	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI330ML	TELINA	4.82	27.71	8.49	206.49
5	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PIERSICI300ML, CHEC100G	CHEC(OU, GLUTEN)	7.30	99.70	17.60	586.40
7	CINA F1 COMUN TOCANITA DE PUI 110G CU CARTOFI NATURI250G	UNT(LACTOZA)	35.08	63.35	41.22	764.70
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			190.13	484.45	145.20	3,975.61

Nr .	Denumire					
LEHUZE COMUN		Alergeni	Protein e	Glucid e	Lipid e	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, BRANZA100G, GEM20G, IAURT200G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	78.19	32.20	837.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI330ML	TELINA	4.82	27.71	8.49	206.49
3	PRANZ F2 COMUN PIEPT PUI80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	5.69	450.57
4	CINA F1 COMUN TOCANITA DE PUI 110G CU CARTOFI NATURI250G	UNT(LACTOZA)	35.08	63.35	41.22	764.70
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			153.33	279.05	88.80	2,520.71

INTOCMIT, AM ASISTENT CONTABIL, DIRECTOR MEDIC
PRIMIT, DIETETICA, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
13/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr .	Denumire					
COPIII 0-3 ANI		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09COPIII)	IAURT(LACTOZA) OU	577.07	2,270.44	314.50	14,156.54
Total COPIII 0-3 ANI			577.07	2,270.44	314.50	14,156.54
HIDRIC/HZL		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60

Nr	Denumire					
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.98	272.76	96.07	2,591.59
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G,CASTRAVETI80G,ARDEI80G,GEM 20G, BANANA200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	114.44	22.10	779.56

Nr	Denumire					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI 70G A LA GREC	IAURT(LACTOZA) OU TELINA	25.35	14.30	25.87	391.02
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			142.72	277.67	96.49	2,536.08
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI 80G, ROSII80,CASTRAVETI80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.90	64.60	39.60	776.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.50	14.99	25.84	394.11
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA VITA80G CU SOTE DE DOVLECEI 250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			172.10	217.69	117.54	2,595.11
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, BRANZA100G,ROSIE80G, GEM20G, OU FIERT60G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	75.09	34.10	862.86
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.20	16.50	10.46	184.51
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	44.25	40.00	38.74	685.66

Nr	Denumire					
	CU BRANZA SARATA280G	UNT(LACTOZA)				
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			153.00	264.04	138.55	2,833.08
ONC C/ AR C/ HIV C						
		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, BRANZA100G,ROSIE80G, GEM20G, OU FIERT60G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	75.09	34.10	862.86
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G, BANANA200G	COZONAC(NUCA,OU,GLUT EN) IAURT(LACTOZA)	13.60	92.90	16.04	562.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.20	16.50	10.46	184.51
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PIERSICI300ML, CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
7	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			173.90	456.64	172.19	3,982.04
LEHUZE COMUN						
		Alergeni	Protein e	Glucide	Lipid e	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, BRANZA100G,ROSIE80G, GEM20G, OU FIERT60G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	75.09	34.10	862.86
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.20	16.50	10.46	184.51
3	PRANZ F2 COMUN PIEPT PUI80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	5.69	450.57
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66

Nr.	Denumire					
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			166.98	266.80	90.19	2,546.39

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
15/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(06COPIII)	IAURT(LACTOZA) OU	344.08	1,463.96	194.70	8,936.46
Total COPIII 0-3 ANI			344.08	1,463.96	194.70	8,936.46
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.69	16.11	23.78	373.22

Nr.	Denumire					
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	47.13	106.97	14.96	751.04
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.93	38.67	13.41	419.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			160.75	275.50	96.25	2,611.25
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	47.13	106.97	14.96	751.04
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.69	16.11	23.78	373.22
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.93	38.67	13.41	419.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			161.13	324.05	89.05	2,742.15
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G, ARDEI80G,ROSII80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	33.90	67.00	19.50	579.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML A LA GREC	IAURT(LACTOZA) OU TELINA	4.64	15.21	2.33	99.97
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	5.69	450.57
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI300G		34.00	60.15	23.70	589.90

Nr.	Denumire					
6	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			132.97	346.27	62.86	2,482.50
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI 80G, MUSCHI FILE50G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	52.35	60.10	40.70	816.10
2	SUPLIMENT ORA 10 DIA/HEP/AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.76	14.61	21.21	351.97
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	5.85	442.65
5	PRANZ F3 DIABET MERE200G		0.00	31.75	0.00	127.00
6	SUPLIMENT ORA 16 DIA/HEP/AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
7	CINA F1 DIABET TOCANITA DE PORC110G SI CARTOFI NATUR250G	UNT(LACTOZA)	46.88	63.05	10.97	538.45
8	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			207.14	290.36	106.13	2,936.77
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, MASLINE25G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	70.42	30.80	777.96
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 330ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.51	17.27	5.64	145.85
3	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE MAZARE250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	46.69	749.57
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		31.23	40.04	23.29	494.69
5	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total COMUN			143.15	292.23	107.62	2,628.46
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN	BRANZA(LACTOZA)	54.78	70.42	30.80	777.96

Nr.	Denumire					
	CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, MASLINE25G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)				
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 330ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.51	17.27	5.64	145.85
4	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE MAZARE250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	46.69	749.57
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE VISINE300ML, CHEC100G	CHEC(OU, GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		31.23	40.04	23.29	494.69
7	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total ONC C/ AR C/ HIV C			163.55	453.73	148.42	3,715.26
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G, BRANZA100G, SUNCA PORC50G, MUSCHI FILE50G, CASCAVAL50G, MASLINE25G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	70.42	30.80	777.96
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 330ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.51	17.27	5.64	145.85
3	PRANZ F2 COMUN PIEPT PUI80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	5.69	450.57
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		31.23	40.04	23.29	494.69
5	CINA F2 COMUN COMPOT DE PRUNE 300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total LEHUZE COMUN			145.75	286.73	66.62	2,329.46

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

MENIUL ZILNIC
17/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(12 COPIII)	IAURT(LACTOZA) OU	709.69	2,990.68	399.20	18,330.28
Total COPIII 0-3 ANI			709.69	2,990.68	399.20	18,330.28
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.98	272.76	96.07	2,591.59
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60

Nr.	Denumire					
	MORCOV200G,					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G, ARDEI80G,ROSII80G,,IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	75.00	25.10	679.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI, DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	27.23	27.97	26.05	454.84
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			153.36	253.62	99.99	2,519.45
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G SUNCA PUI 50G,CASCAVAL 50G ARDEI80G, ROSIE80,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.40	61.55	27.00	674.80
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00

Nr.	Denumire					
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI ,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	27.23	27.97	26.05	454.84
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA VITA 80GR SI CARTOFI NATUR250G		36.30	57.30	14.30	503.10
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			193.28	270.67	111.80	2,845.59
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,CHEC 100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU, GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	112.15	44.20	1,089.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVATCU SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.98	12.39	6.68	125.59
3	PRANZ F2 COMUN PULPA DE PORC 105GR CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99
4	CINA F1 COMUN PULPA PUI CU MANCARE SPANAC	FAINA(GLUTEN)	31.68	10.31	32.74	462.62
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			155.95	275.68	101.50	2,640.00
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,CHEC 100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU, GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	112.15	44.20	1,089.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,BANANA 200G	IAURT(LACTOZA)	6.40	48.00	5.60	260.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVATCU SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.98	12.39	6.68	125.59
4	PRANZ F2 COMUN PULPA DE PORC 105GR CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99

Nr.	Denumire					
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G100G, COMPOT VISINE300ML	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI CU MANCARE SPANAC	FAINA(GLUTEN)	31.68	10.31	32.74	462.62
7	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			170.75	415.08	117.54	3,393.36
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,CHEC 100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	60.80	112.15	44.20	1,089.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVATCU SI FULGI DE OU 400ML	FAINA(GLUTEN) OU TELINA	3.98	12.39	6.68	125.59
3	PRANZ F2 COMUN PULPA DE PORC 105GR CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99
4	CINA F1 COMUN PULPA PUI CU MANCARE SPANAC	FAINA(GLUTEN)	31.68	10.31	32.74	462.62
5	CINA F2 COMUN CEAI250ML,PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			155.95	275.68	101.50	2,640.00

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
19/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(08 COPIII)	OU	421.77	1,802.04	238.80	11,044.44
Total COPIII 0-3 ANI			421.77	1,802.04	238.80	11,044.44
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80

Nr.	Denumire					
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST						
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.98	272.76	96.07	2,591.59
REGIM SPECIAL						
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA /	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20

Nr.	Denumire					
	REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G					
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSIE80G, ARDEI80G, CASTRAVETE80G, BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARTOFI, DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	5.78	27.19	7.11	195.46
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			127.61	304.34	78.50	2,420.42
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G SUNCA PUI 100G, ARDEI80G, ROSIE80, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI ,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	26.75	25.90	26.02	444.37
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE VITA80GR CU SOTE DE FASOLE VERDE 350G		34.75	4.05	14.45	285.25
7	CINA F2 DIABET CEAI250ML, PAINE100G , SUNCA DE PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			173.55	211.10	91.32	2,330.57
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G, ARDEI80G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	64.45	43.20	874.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC 330ML	OU SMANTANA(LACTOZA) TELINA	25.31	15.87	25.67	395.71
3	PRANZ F2 COMUN PULPA PORC80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN TOCANITA DE PUI120GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	35.08	63.35	32.02	681.90
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			173.94	249.22	118.64	2,760.36
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G, ARDEI80G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	64.45	43.20	874.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200G, CHEC100G,	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC 330ML	OU SMANTANA(LACTOZA) TELINA	25.31	15.87	25.67	395.71
4	PRANZ F2 COMUN PULPA PORC80G CU VARZA CALITA 250G, PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G100G, COMPOT VISINE300ML	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN TOCANITA DE PUI120GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	35.08	63.35	32.02	681.90
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			195.14	402.12	152.28	3,751.72
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G, ARDEI80G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	64.45	43.20	874.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC 330ML	OU SMANTANA(LACTOZA) TELINA	25.31	15.87	25.67	395.71
3	PRANZ F2 COMUN PULPA	FAINA(GLUTEN)	51.43	55.61	16.99	581.07

Nr.	Denumire					
	PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	PAINE(GLUTEN)				
4	CINA F1 COMUN TOCANITA DE PUI120GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	35.08	63.35	32.02	681.90
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			177.12	253.47	119.08	2,794.07

INTOCMIT, AM ASISTENT CONTABIL, DIRECTOR MEDIC
PRIMIT, DIETETICA, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
20/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09 COPIII)	OU	577.10	2,066.80	306.40	13,333.20
Total COPIII 0-3 ANI			577.10	2,066.80	306.40	13,333.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML,	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	45.60	59.55	42.90	806.70

Nr.	Denumire					
	PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.93	38.67	13.41	419.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			171.43	275.42	107.03	2,750.66
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	47.13	106.97	14.96	751.04
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.94	322.23	88.93	2,729.05
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, CASTRAVETE80G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.50	70.90	27.70	673.40
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT ALA GREC330ML	IAURT(LACTOZA) OU TELINA	25.83	16.37	25.90	401.49

Nr.	Denumire					
	CU ARIPI PUI70G					
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			159.12	314.85	112.57	2,887.29
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G SUNCA PUI 100G, MUSCHI FILE100G, ARDEI80G, ROSIE80, CASTRAVETE80G, OU FIERT60G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	72.60	64.00	39.00	883.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	26.42	17.28	21.36	366.64
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET TOCANITA DE PORC 80G CU MAMALIGA 200G		43.43	42.95	16.02	489.70
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G ,SUNCA DE PUI 50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	31.70	52.40	19.00	507.40
Total DIA/HEP/AR R/ ONC R/ HIV R			228.00	243.98	121.03	2,947.29
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G, ROSIE80G, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10	816.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.51	17.27	5.64	145.85
3	PRANZ F2 COMUN PULPA	PAINE(GLUTEN)	51.19	87.63	16.68	705.39

Nr.	Denumire					
	PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G					
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			181.45	307.55	106.80	2,917.36

ONC C/ AR C/ HIV C	Alergeni	Proteine	Glucide	Lipide	Calorii	
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G, ROSIE80G, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10	816.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200G, CHEC100G, BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.51	17.27	5.64	145.85
4	PRANZ F2 COMUN PULPA DE PORC 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G100G, COMPOT VISINE300ML	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
8	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			202.55	499.45	140.44	4,064.32

LEHUZE COMUN	Alergeni	Proteine	Glucide	Lipide	Calorii	
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G, ROSIE80G, OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10	816.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	6.51	17.27	5.64	145.85
3	PRANZ F2 COMUN PULPA DE PORC 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99

Nr.	Denumire					
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			181.35	306.55	106.80	2,912.96

INTOCMIT, AM ASISTENT CONTABIL, DIRECTOR MEDIC
PRIMIT, DIETETICA, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
21/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(08 COPIII)	OU	815.66	2,485.12	443.10	17,191.02
Total COPIII 0-3 ANI			815.66	2,485.12	443.10	17,191.02
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML,	BRANZA(LACTOZA) CASCAVAL(LACTOZA)	45.60	59.55	42.90	806.70

Nr.	Denumire					
	PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)				
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU PASTE SI BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			172.14	274.41	108.17	2,759.71
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, CASTRAVETE80G, ROSII80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI PUI70G SI FIDEA DREASA CU IAURT SI OU400ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.23	16.47	25.94	403.85
3	PRANZ F2 REGIM PIEPT	BRANZA(LACTOZA)	56.90	87.90	26.65	819.05

Nr.	Denumire					
	PUI80G SI MACAROANE CU BRANZA250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)				
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100G	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			161.33	335.12	109.09	2,953.70
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G SUNCA PUI 100G, ,CASCAVAL50G ARDEI80G, ROSIE80, CASTRAVETE80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	55.00	63.65	30.70	737.40
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FIDEA ,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.19	16.21	25.94	402.66
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE PORC 80G CU SOTE DE FASOLE VERDE250G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G ,	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			203.19	201.76	116.44	2,637.86
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,ROSII80GCHEC 100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	116.45	44.50	1,113.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 330ML	OU SMANTANA(LACTOZA) TELINA	6.92	27.86	10.29	231.69
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA180G CU	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45

Nr.	Denumire					
	MAMALIGA200G SI BRANZA100G					
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			178.15	331.81	116.16	3,085.24
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,ROSII80GCHEC 100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU, GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	116.45	44.50	1,113.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200G, CHEC100G, BANANE200G	CHEC(OU, GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 330ML	OU SMANTANA(LACTOZA) TELINA	6.92	27.86	10.29	231.69
4	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE VISINE300ML, COZONAC100G	COZONAC(NUCA,OU, GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA180G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			199.35	524.71	149.80	4,236.60
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,ROSII80GCHEC 100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU, GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.90	116.45	44.50	1,113.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI CARTOFI ,DREASA CU OU SI SMANTANA 330ML	OU SMANTANA(LACTOZA) TELINA	6.92	27.86	10.29	231.69
3	PRANZ F2 COMUN PULPA DE PORC 80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.65	88.35	17.00	721.00
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA180G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45

Nr.	Denumire					
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			178.15	331.81	116.16	3,085.24

INTOCMIT, AM ASISTENT DIRECTOR MEDIC
PRIMIT, DIETETICA, CONTABIL, INGRIJIRI, COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
22/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(07 COPIII)	OU	480.57	1,920.64	289.20	12,207.64
Total COPIII 0-3 ANI			480.57	1,920.64	289.20	12,207.64

HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47

REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU	TELINA	23.10	15.20	23.72	366.67

Nr.	Denumire					
	ARIPI PUI70G					
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.84	274.51	106.97	2,744.11
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	47.13	106.97	14.96	751.04
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.94	322.23	88.93	2,729.05
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, CHEC 100G	BRANZA(LACTOZA) CHEC(OU, GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.20	116.20	36.80	952.80
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI DOVLECEI ,DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU TELINA	25.13	8.87	25.85	368.24
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU		30.64	39.13	32.43	570.94

Nr.	Denumire					
	GARNITURA DE OREZ CU MORCOV250G					
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.60	274.00	111.17	2,686.54
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G SUNCA PUI 100G, ARDEI80G, ROSIE80, CASTRAVETE80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PU70G SI DOVLECEI ,DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU TELINA	25.13	8.87	25.85	368.24
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET TOCANITA DE PORC110G SI CARTOFI NATUR250G	UNT(LACTOZA)	46.88	63.05	20.17	621.25
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA DIETETICA100G ,	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			197.86	260.97	111.67	2,818.44
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,MASLINE25GUNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	60.08	47.20	889.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE USCATA 400ML	TELINA	2.72	8.61	8.29	119.89
3	PRANZ F2 COMUN CARNATI DE PORC105G SI VARZA CALITA 250G, PAINE 100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN PULPA DE PUI 80G CU CARTOFI NATURI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
5	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			137.79	237.73	146.09	2,735.29
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,MASLINE25GUNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	60.08	47.20	889.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML,COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04	399.76
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE USCATA 400ML	TELINA	2.72	8.61	8.29	119.89
4	PRANZ F2 COMUN CARNATI DE PORC105G SI VARZA CALITA 250G, PAINE 100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE300G COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA DE PUI 80G CU CARTOFI NATURI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
7	CINA F2 COMUN LAPTE200ML PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			159.79	383.83	170.57	3,628.41
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,MASLINE25GUNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	60.08	47.20	889.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT ARIPI DE PUI 70G ,DREASA CU OU SI SMANTANA 330ML	OU SMANTANA(LACTOZA) TELINA	24.78	8.50	25.64	363.85
3	PRANZ F2 COMUN PIEPT PUI80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	5.69	450.57
4	CINA F1 COMUN PULPA DE PUI 80G CU CARTOFI NATURI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			167.44	236.28	111.48	2,618.16

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL, DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu
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Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
23/07/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COPIII 0-3 ANI						
1	SUPLIMENT PEDIATRIE 0-3 ANI(05 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	451.21	1,510.72	271.10	10,271.62
Total COPIII 0-3 ANI			451.21	1,510.72	271.10	10,271.62
HIDRIC/HZL						
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST						
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.98	272.76	96.07	2,591.59
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.35	321.31	88.87	2,722.49
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, ROSIE80G, , BANANE200G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	115.00	25.10	839.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARTOFI400ML	TELINA	3.40	27.89	5.04	170.48
3	PRANZ F2 REGIM MANCARE DE DOVLECEI200G CU PIEPT PUI80G,PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	41.63	54.81	14.49	516.17
4	CINA F1 REGIM PULPA DE PULPA PUI INFERIOARA80G SI GHIVECI DE LEGUME250G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			127.97	285.05	78.98	2,354.88
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G SUNCA PUI 100G, ARDEI80G, ROSIE80,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	49.60	63.80	27.50	701.10
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA	TELINA	24.66	26.64	24.03	421.46

Nr.	Denumire					
	DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI					
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE VITA80G CU SOTE DE DOVLECEI250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI250ML, PAINE100G , SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			174.66	211.04	93.03	2,364.06
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC 330ML	OU SMANTANA(LACTOZA) TELINA	25.31	15.87	25.67	395.71
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA PUI INFERIOARA80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			181.52	240.85	116.82	2,740.88
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	SUPLIMENT ORA 10 ONCO/AR/ HIV LAPTE200ML SI COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04	399.76
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC 330ML	OU SMANTANA(LACTOZA) TELINA	25.31	15.87	25.67	395.71
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/AR/ HIV COMPOT	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36

Nr.	Denumire					
	VISINE300G, COZONAC100G					
6	CINA F1 COMUN PULPA PUI INFERIOARA80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			203.52	386.95	141.30	3,634.00
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,OU FIERT1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	62.80	59.25	33.80	792.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU ARIPI PUI70G A LA GREC 330ML	OU SMANTANA(LACTOZA) TELINA	25.31	15.87	25.67	395.71
3	PRANZ F2 COMUN PULPA DE PORC 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99
4	CINA F1 COMUN PULPA PUI INFERIOARA80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			184.36	276.13	116.95	2,894.52

INTOCMIT, AM
PRIMIT,

ASISTENT
DIETETICA,

CONTABIL,
DIRECTOR
INGRIJIRI,

MEDIC
COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
24/07/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(05 COPIII)	IAURT(LACTOZA) OU	538.41	1,507.52	297.90	10,832.82

Nr.	Denumire					
Total COPIII 0-3 ANI			538.41	1,507.52	297.90	10,832.82
HIDRIC/HZL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.80	15.20	4.72	110.47
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			19.00	166.20	17.52	890.47
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, , SUNCA PUI 50GCASCAVAL 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.84	274.51	106.97	2,744.11
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.89	108.38	14.90	755.18
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	23.10	15.20	23.72	366.67

Nr.	Denumire					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.70	323.64	88.87	2,733.19
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI80G, ROSIE80G, , GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	33.90	78.54	19.50	625.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.24	11.14	25.67	376.57
3	PRANZ F2 REGIM PIEPT PUI80G SI CARTOFI CU BRANZA250G PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN)	57.70	107.20	26.80	900.80
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			156.12	258.19	105.91	2,610.45
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA100G SUNCA PUI 100G, ARDEI80G, ROSIE80, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	42.60	64.40	36.70	758.30
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.24	11.14	25.67	376.57
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE350G SI PAINE100G	PAINE(GLUTEN)	44.85	51.55	15.05	521.05
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET TOCANITA DE VITA 80G CU MAMALIGA 200G		34.43	42.95	14.52	440.20
7	CINA F2 DIABET CEAI250ML, PAINE100G , BRANZA	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40

Nr.	Denumire					
	DIETETICA100G					
Total DIA/HEP/AR R/ ONC R/ HIV R			184.32	236.54	121.34	2,759.52
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,MASLINE25G,ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.88	63.18	31.10	756.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.36	10.18	180.70
3	PRANZ F2 COMUN PULPA DE PORC 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99
4	PRANZ F3 COMUN SALATA DE VARZA		0.00	0.00	0.00	0.00
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			172.73	305.26	108.34	2,887.20
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,MASLINE25G,ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.88	63.18	31.10	756.10
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G SI COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.36	10.18	180.70
4	PRANZ F2 COMUN PULPA DE PORC 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99
5	PRANZ F3 COMUN SALATA DE VARZA		0.00	0.00	0.00	0.00
6	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
7	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
8	SUPLIMENT ORA 16 ONCO/	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80

Nr.	Denumire					
	AR/ HIV CHEC100G100G, COMPOT VISINE300ML					
9	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			193.93	458.16	141.98	3,878.56
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,SUNCA DE PORC 50G, MUSCHI FILE50G, CASCAVAL50G ,MASLINE25G,ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.88	63.18	31.10	756.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC FIDEA SI DREASA CU SMANTANA SI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.36	10.18	180.70
3	PRANZ F2 COMUN PULPA DE PORC 105G CU GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	51.09	86.63	16.68	700.99
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			172.73	305.26	108.34	2,887.20

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