

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

27/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(3COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	331.59	615.08	196.20	5,504.48
Total COPIII 0-3 ANI			331.59	615.08	196.20	5,504.48
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM		35.34	37.76	13.35	412.54

Nr.	Denumire					
	SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA100G, SUNCA PUI 50G, ROSIE80G,ARDEI 80G ,GEM20G, IAURT200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	86.54	25.10	725.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FIDEA DREASA CU IAURT SI OU 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU)	27.01	15.20	26.10	403.34
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	44.58	88.54	14.64	664.24
4	CINA F1 REGIM PULPA PUI INFERIOARA150G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			154.29	304.63	99.94	2,726.74
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,MUSCHI FILE50G, OU FIERT1BUC, ARDEI 80G, ROSII 80G	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	53.15	61.90	31.00	739.20
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI FIDEA,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU)	26.09	16.62	25.98	404.25
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA VITA 80G CU SOTE DE DOVLECEI 250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI PAINE100G , SUNCA PUI 50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			184.74	206.92	97.08	2,431.95
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G,OU FIERT1BUC , ARDEI80G,ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	65.00	68.15	34.30	841.30
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.55	16.67	10.09	179.66
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			180.79	270.75	104.61	2,747.61

Nr.	Denumire					
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G,OU FIERT1BUC , ARDEI80G,ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	65.00	68.15	34.30	841.30
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN SUPA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.55	16.67	10.09	179.66
4	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, CHEC 100G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			201.19	432.25	145.41	3,834.41
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G,OU FIERT1BUC , ARDEI80G,ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	65.00	68.15	34.30	841.30
2	PRANZ F1 COMUN SUPA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.55	16.67	10.09	179.66
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			174.39	266.65	101.01	2,673.21

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
28/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI05COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	434.85	1,278.00	255.20	9,100.20
Total COPIII 0-3 ANI			434.85	1,278.00	255.20	9,100.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA100G, SUNCA PUI 50G, ROSIE80G,ARDEI 80G ,CASTRAVETE80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70

Nr.	Denumire					
	BANANA200G					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI 70G A LA GREC	IAURT(LACTOZA) OU TELINA	25.24	14.91	25.85	392.84
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA DE PUI INFERIOARA80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			146.27	272.76	97.09	2,536.05
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,MUSCHI FILE50G, ARDEI 80G, ROSII 80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.05	61.50	26.70	657.00
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.69	16.02	25.94	399.89
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE350G SI PAINE100G	PAINE(GLUTEN)	44.85	51.55	15.05	521.05
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA DE PORC80G CU MAMALIGA 200G		43.43	42.95	16.02	489.70
7	CINA F2 DIABET CEAI250ML,PAINE100G , IAURT200G, BRANZA DIETETICA100G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN)	30.80	58.50	23.80	563.40
Total DIA/HEP/AR R/ ONC R/ HIV R			197.22	263.92	113.11	2,832.64
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, , MUSCHI FILE50G, ARDEI80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F2 COMUN CARNATI PORC80G SI VARZA CALITA 250G, PAINE 100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN PULPA PUI INFERIOARA80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			136.72	247.45	131.81	2,641.39
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, , MUSCHI FILE50G, ARDEI80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52

Nr.	Denumire					
4	PRANZ F2 COMUN CARNATI PORC80G SI VARZA CALITA 250G, PAINE 100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISENE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INFERIOARA80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			157.92	400.35	165.45	3,632.75
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, , MUSCHI FILE50G, ARDEI80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	14.90	673.30
4	CINA F1 COMUN PULPA PUI INFERIOARA80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			152.92	282.95	92.66	2,577.44

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

MENIUL ZILNIC
30/05/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(04COPIII)	IAURT(LACTOZA) OU	332.42	1,169.04	176.90	7,565.94
Total COPIII 0-3 ANI			332.42	1,169.04	176.90	7,565.94
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PIERSICI300G		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.59	166.51	17.50	889.89

Nr.	Denumire					
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.03	274.52	107.95	2,749.73
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA100G, SUNCA PUI 50G, ROSIE80G,ARDEI 80G , CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	120.50	37.10	977.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI DOVLECEI „DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU TELINA	24.87	8.70	25.89	366.88
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INFERIOARA150G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			154.12	332.90	111.99	2,955.58
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G ARDEI 80G, ROSII 80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	61.50	22.40	574.90

Nr.	Denumire					
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PU70G SI DOVLECEI ,DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU TELINA	24.87	8.70	21.29	325.48
4	PRANZ F2 DIABET PIEPT DE PUI80GR CU GARNITURA DE OREZ CU MORCOV250GR, PAINE 100GR	PAINE(GLUTEN)	44.79	91.11	14.70	675.89
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE 200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA VITA 80G CU SOTE DE SPANAC250G		35.95	8.85	14.45	309.25
7	CINA F2 DIABET CEAI250ML,PAINE100G , SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			169.31	238.36	84.04	2,365.12
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G, ARDEI 80G,, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	64.45	43.20	874.20
2	PRANZ F1 COMUN SUPA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	3.66	15.76	6.58	136.86
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			143.45	275.39	151.50	2,957.40
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G, ARDEI 80G,, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	64.45	43.20	874.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, LAPTE 200ML	CHEC(OU,GLUTEN) LAPTE(LACTOZA)	12.80	63.30	21.20	495.20
4	PRANZ F1 COMUN SUPA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	3.66	15.76	6.58	136.86
5	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
6	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
7	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT PIERSICI 300ML COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
8	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
9	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			177.15	491.29	206.34	4,441.56
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G,	BRANZA(LACTOZA)	56.90	64.45	43.20	874.20

Nr.	Denumire					
	BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G, ARDEI 80G,, UNT20G	CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)				
2	PRANZ F1 COMUN SUPA DE ZARZAVAT A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	3.66	15.76	6.58	136.86
3	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PIEPT DE PUI 80G SI MACAROANE CU SOS ROSII 250GR, PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			153.35	307.79	108.75	2,823.45

MENIUL ZILNIC
31/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(10COPIII)	IAURT(LACTOZA) OU	592.30	2,353.80	321.60	14,646.80
Total COPIII 0-3 ANI			592.30	2,353.80	321.60	14,646.80
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PIERSICI300G		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.59	166.51	17.50	889.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI		35.34	37.76	13.35	412.54

Nr.	Denumire					
	MORCOV230G					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA100G, SUNCA PUI 50G, ROSIE80G,ARDEI 80G , CASTRAVETE 80G ,BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FIDEA DREASA CU IAURT SI OU 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.05	15.86	25.98	401.06
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA DE PUI INFERIOARA 80G SI GHIVECI DE LEGUME250G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.88	298.05	97.31	2,645.59
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G,MUSCHI FILE 50G ARDEI 80G, ROSII 80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	53.35	63.40	27.50	701.00
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI FIDEA,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.09	16.12	25.98	402.25
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET PULPA DE PORC 80G CU SOTE DE FASOLE VERDE270G		43.75	4.05	15.95	334.75

Nr.	Denumire					
8	CINA F2 DIABET CEAI250ML,PAINE100G , SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			192.74	226.72	97.08	2,521.65
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G, ROSIE 80G ,OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10	816.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			182.99	245.82	102.70	2,639.53
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G, ROSIE 80G ,OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10	816.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G IAURT200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT PIERSICI300ML	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			203.89	398.42	136.34	3,628.49
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G, ROSIE 80G ,OU FIERT1BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10	816.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			174.55	273.85	100.99	2,702.45

MENIUL ZILNIC
01/06/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(13COPIII)	IAURT(LACTOZA) OU	892.29	3,397.08	500.60	21,550.88
Total COPIII 0-3 ANI			892.29	3,397.08	500.60	21,550.88
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PIERSICI300G		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.59	166.51	17.50	889.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09

Nr.	Denumire					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA100G, SUNCA PUI 100G, ROSIE80G,ARDEI 80G , CASTRAVETE 80G ,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	69.10	23.20	641.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI, DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	26.64	26.51	26.00	446.19
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G SI MACARONE CU BRANZA 270G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	44.50	732.30
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			165.32	244.81	109.79	2,614.75
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G ARDEI 80G, ROSII 80G, CASTRAVETE80G,OU FIERT 1 BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.90	64.00	30.40	719.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI ,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	27.09	27.62	26.09	453.24
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET TOCANITA DE FICAT PUI 150G CU MAMALIGA150G SI BRANZA DIETETICA100G	BRANZA(LACTOZA)	60.43	52.95	39.02	804.70
8	CINA F2 DIABET CEAI250ML,PAINE100G , SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			213.07	293.72	123.76	3,111.09
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G, ROSIE 80G , ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU DOVLECEI DREASA SMANTANA SI OU 400ML	OU SMANTANA(LACTOZA) TELINA	3.41	9.37	6.62	110.66
3	PRANZ F2 COMUN PULPA DE PORC80G CU VARZA CALITA 250G PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA PUI INFERIOARA80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total COMUN			153.42	242.65	91.07	2,403.93
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G, ROSIE 80G , ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G IAURT200G OU FIERT1BUC	CHEC(OU,GLUTEN) IAURT(LACTOZA) OU	21.20	62.10	30.40	598.80
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU DOVLECEI DREASA SMANTANA SI OU 400ML	OU SMANTANA(LACTOZA) TELINA	3.41	9.37	6.62	110.66
4	PRANZ F2 COMUN PULPA DE PORC80G CU VARZA CALITA 250G PAINE100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PIERSICI 300ML COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
6	CINA F1 COMUN PULPA PUI INFERIOARA80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			182.72	395.85	131.91	3,493.69
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G, ROSIE 80G , ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU DOVLECEI DREASA SMANTANA SI OU 400ML	OU SMANTANA(LACTOZA) TELINA	3.41	9.37	6.62	110.66
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA PUI INFERIOARA80G SI CU SALATA ORIENTALA 350G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.60	246.90	91.51	2,437.65

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC
02/06/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	
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Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(13COPIII)	IAURT(LACTOZA) OU	739.29	3,476.48	424.80	20,606.28
Total COPIII 0-3 ANI			739.29	3,476.48	424.80	20,606.28
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PIERCICI300G		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.59	166.51	17.50	889.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER SI COLECISTPIEPT DE PUI 80G SI CARTOFI CU BRANZA330G ,PAINE	BRANZA(LACTOZA) PAINE(GLUTEN)	57.70	107.20	26.80	900.80
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.03	274.52	107.95	2,749.73
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA100G, SUNCA PUI 50G, ROSIE80G,ARDEI 80G , IAURT200G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	86.54	25.10	725.26

Nr.	Denumire					
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.25	11.57	25.65	378.15
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 REGIM PULPA PUI INFERIOARA150G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			154.50	327.21	99.75	2,816.61
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, ARDEI 80G, ROSII 80G, CASTRAVETE80G,UNT 20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.90	64.60	39.60	776.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA DE PUI INFERIOARA70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	30.80	11.57	29.60	435.90
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET PULPA VITA 80G CU SOTE DE DOVLECEI 250G		30.85	2.85	13.85	259.45
8	CINA F2 DIABET CEAI250ML,PAINE100G , SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			175.10	222.17	110.70	2,555.90
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, ,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G,MASLINE25G, OU FIERT 1BUC,UNT20G,GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.58	70.22	44.20	872.96
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F3 COMUN CASTRAVETI MURATI100G		0.00	0.00	0.00	0.00
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA 80G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			158.31	237.68	115.28	2,621.48
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN	CASCAVAL(LACTOZA) GEM(DIOXID DE	48.58	70.22	44.20	872.96

Nr.	Denumire					
	CEAI250ML,PAINE100G, ,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G,MASLINE25G, OU FIERT 1BUC,UNT20G,GEM20G	SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)				
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G BANANE200G	CHEC(OU,GLUTEN)	6.40	93.50	17.60	558.00
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52
4	PRANZ F3 COMUN CASTRAVETI MURATI100G		0.00	0.00	0.00	0.00
5	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PIERSICI 300ML COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.10	91.10	10.44	490.96
7	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA 80G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			172.81	422.28	143.32	3,670.44
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, ,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G,MASLINE25G, OU FIERT 1BUC,UNT20G,GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.58	70.22	44.20	872.96
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	14.90	673.30
4	CINA F1 COMUN TOCANITA DE PULPA PUI INFERIOARA 80G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.51	274.68	113.63	2,747.43

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(13COPIII)	IAURT(LACTOZA) OU	966.52	3,045.24	560.50	20,915.54
Total COPIII 0-3 ANI			966.52	3,045.24	560.50	20,915.54
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PIERSICI300G		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.59	166.51	17.50	889.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML,	BRANZA(LACTOZA) GEM(DIOXID	41.27	85.45	27.91	736.57

Nr.	Denumire					
	PAINE100G,BRANZA100G, SUNCA PUI 50G, ROSIE70G,ARDEI 80G, CASTRAVETI80G , IAURT200G,GEM20G	DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)				
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FIDEA	PASTE(GLUTEN,OU)	23.89	14.35	23.94	368.41
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA DE PUI INFERIOARA 80G SI GHIVECI DE LEGUME250G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			151.79	274.78	100.78	2,591.80
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI 80G, ROSII 80G,UNT 20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	35.30	62.50	35.90	714.30
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT ARIPI PUI 70G SI FIDEA 330ML	IAURT(LACTOZA) PASTE(GLUTEN,OU) TELINA	23.54	14.86	24.09	370.00
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE 200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE PORC 80G CU SOTE DE FASOLE VERDE270G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI250ML,PAINE100G , BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			185.94	207.06	118.39	2,629.10
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, ,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G,MASLINE25G, UNT20G,GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	69.62	37.00	772.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.96	15.76	10.03	173.11
3	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE MAZARE250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU SOTE DE CARTOFI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
5	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			135.41	262.68	139.47	2,765.98
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, ,CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G,MASLINE25G, UNT20G,GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	69.62	37.00	772.16
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.96	15.76	10.03	173.11
4	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE MAZARE250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN)	41.63	61.11	55.89	832.37

Nr.	Denumire					
		PAINE(GLUTEN)				
5	PRANZ F3 COMUN CHEC100G	CHEC(OU, GLUTEN)	6.40	53.50	17.60	398.00
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PIERSICI 300ML, CHEC100G	CHEC(OU, GLUTEN)	7.30	99.70	17.60	586.40
7	CINA F1 COMUN PULPA PUI INFERIOARA80G CU SOTE DE CARTOFI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
8	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			161.91	477.38	197.87	4,248.38
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, CASCAVAL50GR, SUNCA PORC 50G, MUSCHI FILE50G, MASLINE25G, UNT20G, GEM20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.18	69.62	37.00	772.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	4.96	15.76	10.03	173.11
3	PRANZ F2 COMUN PEIPT DE PUI 80G GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU SOTE DE CARTOFI250G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			131.37	285.10	94.56	2,516.90

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR