

MENIUL ZILNIC
05/06/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA) OU	634.27	2,284.84	365.70	14,871.74
Total COPIII 0-3 ANI			634.27	2,284.84	365.70	14,871.74
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PIERSICI300G		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.59	166.51	17.50	889.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.03	274.52	107.95	2,749.73
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49

Nr.	Denumire					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA100G, SUNCA PUI 50G, ROSIE80G,ARDEI 80G, CASTRAVETI80G ,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.25	11.57	25.65	378.15
3	PRANZ F2 REGIM PIEPT DE PUI 80GR SI OREZ CU LEGUME300GR, PAINE 100G	PAINE(GLUTEN)	47.19	88.66	15.10	679.29
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA150G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			157.24	326.68	107.69	2,891.60
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PU100G, ARDEI 80G, ROSII 80G, CASTRAVETE80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	43.90	64.60	39.60	776.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.25	11.57	25.65	378.15
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE350G SI PAINE100G	PAINE(GLUTEN)	44.85	51.55	15.05	521.05
5	PRANZ F3 DIABET MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET TOCANITA DE FICAT PUI 150G CU MAMALIGA150G SI BRANZA DIETETICA100G	BRANZA(LACTOZA)	60.43	52.95	39.02	804.70
8	CINA F2 DIABET CEAI250ML,PAINE100G ,IAURT200G ,SUNCA DE PUI 50G	IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	22.10	58.40	7.60	382.40
Total DIA/HEP/AR R/ ONC R/ HIV R			202.93	297.87	132.52	3,166.40

Nr.	Denumire					
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC 50G, MUSCHI FILE50G, UNT 20G ,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI CARTOFI ,DREASA CU OU SI SMINTINA 400ML	OU SMANTANA(LACTOZA) TELINA	5.39	28.65	6.82	197.50
3	PRANZ F3 COMUN CASTRAVETI MURATI100G		0.00	0.00	0.00	0.00
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			162.09	245.59	106.31	2,587.47
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC 50G, MUSCHI FILE50G, UNT 20G ,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI CARTOFI ,DREASA CU OU SI SMINTINA 400ML	OU SMANTANA(LACTOZA) TELINA	5.39	28.65	6.82	197.50
4	PRANZ F3 COMUN CASTRAVETI MURATI100G		0.00	0.00	0.00	0.00
5	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PIERSICI 300ML, CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
7	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			182.99	398.19	139.95	3,576.43
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC 50G, MUSCHI FILE50G, UNT 20G ,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI CARTOFI ,DREASA CU OU SI SMINTINA 400ML	OU SMANTANA(LACTOZA) TELINA	5.39	28.65	6.82	197.50
3	PRANZ F2 COMUN PULPA PORC 80GR CU OREZ CU LEGUME300GR	PAINE(GLUTEN)	54.54	89.03	17.23	729.34

Nr.	Denumire					
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PIERȘICI300G		0.90	46.20	0.00	188.40
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.59	166.51	17.50	889.89
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09COPIII)	IAURT(LACTOZA) OU	482.24	2,099.28	297.40	12,970.68
Total COPIII 0-3 ANI			482.24	2,099.28	297.40	12,970.68
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCaval50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI 80G,ROSII,80G,CASTRAVETI 80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI	IAURT(LACTOZA) OU TELINA	26.64	26.51	26.00	446.19

Nr.	Denumire					
	CARTOFI, DREASA CU OU SI IAURT 330ML					
3	PRANZ F2 REGIM PIEPT DE PUI 80GR SI OREZ CU LEGUME300GR, PAINE 100G	PAINE(GLUTEN)	47.19	88.66	15.10	679.29
4	CINA F1 REGIM PULPA PUI INF CU MANCARE DE FASOLE VERDE	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			148.31	243.67	97.44	2,430.99
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PU50G, ARDEI 80G, ROSII 80G, CASTRAVETE80G, UNT 20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	36.60	62.70	38.80	732.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI ,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	27.09	27.62	26.09	453.24
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN)	47.34	89.03	5.93	598.84
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200ML	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA VITA80GR CU SOTE DE FASOLE VERDE 350G		34.75	4.05	14.45	285.25
7	CINA F2 DIABET CEAI250ML,PAINE100G ,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			182.98	249.90	114.67	2,733.63
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU BRANZA 100G SUNCA PORC50G MUSCHI FILE50G , CASCAVAL 50G ARDEI 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU TELINA	5.29	17.05	10.12	180.40
3	PRANZ F2 COMUN PULPA PORC90 CU MACAROANE CU BRANZA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	64.80	88.50	22.99	820.11
4	CINA F1 COMUN PULPA PUI 80G CU SALATA ORIENTALA250G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			170.75	283.18	100.71	2,722.13
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU BRANZA 100G SUNCA PORC50G MUSCHI FILE50G , CASCAVAL 50G ARDEI 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU TELINA	5.29	17.05	10.12	180.40
3	PRANZ F2 COMUN PULPA PORC90 CU MACAROANE CU BRANZA250G SI	BRANZA(LACTOZA) PAINE(GLUTEN)	64.80	88.50	22.99	820.11

Nr.	Denumire					
	PAINE100G	PASTE(GLUTEN,OU) UNT(LACTOZA)				
4	CINA F1 COMUN PULPA PUI 80G CU SALATA ORIENTALA250G	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			170.75	283.18	100.71	2,722.13
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI CU BRANZA 100G SUNCA PORC50G MUSCHI FILE50G , CASCAVAL 50G ARDEI 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU TELINA	5.29	17.05	10.12	180.40
4	PRANZ F2 COMUN PULPA PORC90 CU MACAROANE CU BRANZA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	64.80	88.50	22.99	820.11
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PIERSICI 300ML, CHEC100G	CHEC(OU,GLUTEN)	7.30	99.70	17.60	586.40
6	CINA F1 COMUN PULPA PUI 80G CU SALATA ORIENTALA250G	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			191.65	435.78	134.35	3,711.09

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
10/06/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(11COPIII)	IAURT(LACTOZA) OU	702.23	2,051.36	409.60	14,596.76
Total COPIII 0-3 ANI			702.23	2,051.36	409.60	14,596.76
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80G CU CARTOFI CU MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV260G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, ARDEI 80G,ROSII,80G,CASTRAVETI 80G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN)	34.30	73.30	27.20	653.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI 70G A LA GREC	IAURT(LACTOZA) OU TELINA	25.24	14.91	25.85	392.84
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			155.69	336.81	112.49	2,960.70
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, MUSCHI FILE50G, ARDEI 80G, ROSII 80G, CASTRAVETE80G, OU FIERT 1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN)	47.15	60.20	33.10	713.80
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.24	14.91	25.85	392.84
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200ML	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA VITA 80GR SI CARTOFI NATUR250G	UNT(LACTOZA)	37.00	57.90	13.30	499.30
7	CINA F2 DIABET CEAI250ML,PAINE100G ,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			187.64	250.86	116.10	2,768.99
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G,BRANZA100G, SUNCA PORC50G,CASCAVAL50G, ARDEI80G, ROSIE80G, OU FIERT 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	54.15	68.15	30.00	759.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU DOVLECEI DREASA OU 400ML	OU TELINA	3.41	9.37	6.62	110.66
3	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE MAZARE250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			144.63	285.45	143.74	2,932.36
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE CASTRAVETE80G		1.30	0.20	2.90	18.60

Nr.	Denumire					
2	MIC DEJUN COMUN CEAI200ML,PAINE100G,BRANZA100G, SUNCA PORC50G,CASCAVAL50G, ARDEI80G, ROSIE80G, OU FIERT 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	54.15	68.15	30.00	759.20
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
4	PRANZ F1 COMUN CIORBA ZARZAVAT CU DOVLECEI DREASA OU 400ML	OU TELINA	3.41	9.37	6.62	110.66
5	PRANZ F2 COMUN CARNATI PORC105G CU MANCARE DE MAZARE250G, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	41.63	61.11	55.89	832.37
6	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
7	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE CIRESE300ML		1.20	46.50	0.00	190.80
8	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
9	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			160.73	385.05	162.68	3,544.32
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G,BRANZA100G, SUNCA PORC50G,CASCAVAL50G, ARDEI80G, ROSIE80G, OU FIERT 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	54.15	68.15	30.00	759.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU DOVLECEI DREASA OU 400ML	OU TELINA	3.41	9.37	6.62	110.66
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	14.90	673.30
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			149.45	312.70	102.75	2,773.29

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

11/06/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	
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Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA) OU	624.64	1,990.88	364.20	13,675.88
Total COPIII 0-3 ANI			624.64	1,990.88	364.20	13,675.88
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI80G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31

Nr.	Denumire					
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G, ARDEI 80G,ROSII,80G,CASTRAVETI 80G, BANANA200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI DOVLECEI, DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU TELINA	24.65	6.80	25.82	357.77
3	PRANZ F2 REGIM PIEPT DE PUI INFERIOARA80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA DE PUI INFERIOARA80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			143.12	262.93	96.74	2,480.97
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI 80G, ROSII 80G, CASTRAVETE80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	36.60	62.70	38.80	732.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PU70G SI DOVLECEI ,DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU TELINA	24.65	6.80	21.22	316.37
4	PRANZ F2 DIABET PIEPT DE PUI 80G CU PASTE CU SOS ROSII 250G SI PAINE 100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA VITA80GR CU SOTE DE FASOLE VERDE 350G		34.75	4.05	14.45	285.25
7	CINA F2 DIABET CEAI250ML,PAINE100G ,IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			170.15	237.20	105.37	2,547.82
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G,BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ARDEI80G, ROSIE80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.36	10.18	180.70
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN TOCANITA DE FICAT PUI180G CU CARTOFI NATURI250G	UNT(LACTOZA)	48.23	71.35	30.27	750.75
5	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			173.80	264.91	88.90	2,554.90

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
ONC C/ AR C/ HIV C						
1	MIC DEJUN COMUN CEAI200ML,PAINE100G,BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ARDEI80G, ROSIE80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE 200ML COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04	399.76
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.36	10.18	180.70
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHE SI COMPOT DE CIRESE300ML	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN TOCANITA DE FICAT PUI180G CU CARTOFI NATURI250G	UNT(LACTOZA)	48.23	71.35	30.27	750.75
7	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			195.00	419.61	120.54	3,543.46
LEHUZE COMUN						
1	MIC DEJUN COMUN CEAI200ML,PAINE100G,BRANZA100G, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ARDEI80G, ROSIE80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.92	16.36	10.18	180.70
3	PRANZ F2 COMUN PEIPT DE PUI 80G GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 COMUN TOCANITA DE FICAT PUI180G CU CARTOFI NATURI250G	UNT(LACTOZA)	48.23	71.35	30.27	750.75
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			163.14	297.09	83.33	2,590.83

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
12/06/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(07COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	468.51	1,750.72	288.00	11,388.92
Total COPIII 0-3 ANI			468.51	1,750.72	288.00	11,388.92
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.03	274.52	107.95	2,749.73
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31

Nr.	Denumire					
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G, ARDEI 80G,ROSII,80G,CASTRAVETI 80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.36	10.96	25.67	376.33
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
5	CINA F1 REGIM PULPA PUI INFERIOARA 80G SI MACARONE CU BRANZA 270G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	44.50	732.30
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			156.74	252.77	108.66	2,602.50
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI 80G, ROSII 80G, CASTRAVETE80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	61.50	22.40	574.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.36	10.96	25.67	376.33
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE VITA80G CU SOTE DE DOVLECEI250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI250ML,PAINE100G ,BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			168.36	216.56	100.77	2,425.13
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G,, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ARDEI80G, OU FIERT 1 BUC	CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	47.90	61.85	23.80	653.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI CARTOFI ,DREASA CU OU SI SMINTINA 400ML	OU SMANTANA(LACTOZA) TELINA	5.50	28.04	6.84	195.68
3	PRANZ F2 COMUN CARNATI PORC 105GR CU OREZ CU LEGUME300GR	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	36.54	90.53	54.73	919.24
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66

Nr.	Denumire					
6	CINA F2 COMUN CEA1 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			149.79	319.52	135.75	3,017.53
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1200ML,PAINE100G,, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ARDEI80G, OU FIERT 1 BUC	CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	47.90	61.85	23.80	653.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML.BANANA 200G COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	94.70	14.04	559.76
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI CARTOFI ,DREASA CU OU SI SMINTINA 400ML	OU SMANTANA(LACTOZA) TELINA	5.50	28.04	6.84	195.68
4	PRANZ F2 COMUN CARNATI PORC 105GR CU OREZ CU LEGUME300GR	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	36.54	90.53	54.73	919.24
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC 100G COMPOT DE CIRESE300ML	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
7	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
8	CINA F2 COMUN CEA1 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			170.99	514.22	167.39	4,166.09
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1200ML,PAINE100G,, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ARDEI80G, OU FIERT 1 BUC	CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	47.90	61.85	23.80	653.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI CARTOFI ,DREASA CU OU SI SMINTINA 400ML	OU SMANTANA(LACTOZA) TELINA	5.50	28.04	6.84	195.68
3	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PIEPT DE PUI 80G SI OREZ CU LEGUME250G, PAINE100G	PAINE(GLUTEN)	47.34	89.03	15.13	681.64
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEA1 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			160.59	318.02	96.15	2,779.93

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

MENIUL ZILNIC
13/06/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(05COPIII)	IAURT(LACTOZA) OU	319.05	1,158.20	179.60	7,477.40
Total COPIII 0-3 ANI			319.05	1,158.20	179.60	7,477.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE	TELINA	22.99	15.81	23.70	368.49

Nr.	Denumire					
	ZARZAVAT320ML CU ARIPI PUI70G					
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G,SUNCA PUI50G, ARDEI 80G,ROSII,80G,CASTRAVETI 80G, BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FIDEA ,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.09	16.12	25.98	402.25
3	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 REGIM PULPA DE PUI INFERIOARA 80G SI GHIVECI DE LEGUME250G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.92	298.30	97.31	2,646.77
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI 80G, ROSII 80G, CASTRAVETE80G, OU FIERT 1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	43.60	62.10	29.60	675.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT ARIPI PUI 70G SI FIDEA ,DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.64	15.01	25.89	395.20
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE350G SI PAINE100G	PAINE(GLUTEN)	44.85	51.55	15.05	521.05
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC150G CU GHIVECI DE LEGUME250G		46.39	33.16	16.20	463.99
7	CINA F2 DIABET CEAI250ML,PAINE100G ,IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			181.68	251.72	99.14	2,595.94
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G,, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ROSII 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA	OU TELINA	5.41	16.87	10.12	180.16

Nr.	Denumire					
	GREC400ML					
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN TOCANITA DE PUI120G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			168.02	259.97	98.38	2,597.37
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE CASTRAVETE80G		1.30	0.20	2.90	18.60
2	MIC DEJUN COMUN CEAI200ML,PAINE100G,, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ROSII 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G.BANANA 200G COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	92.90	16.04	562.56
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU TELINA	5.41	16.87	10.12	180.16
5	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
6	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
7	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC 100G COMPOT DE CIRESE300ML	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
8	CINA F1 COMUN TOCANITA DE PUI120G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
9	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			190.52	453.07	134.92	3,767.33
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI200ML,PAINE100G,, SUNCA PORC50G,MUSCHI FILE50G, CASCAVAL50G, ROSII 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	62.95	26.90	715.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU TELINA	5.41	16.87	10.12	180.16
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN TOCANITA DE PUI120G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total LEHUZE COMUN			168.02	259.97	98.38	2,597.37