

MENIUL ZILNIC
01/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(08 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	591.01	1,803.72	323.50	12,442.42
Total COPIII 0-3 ANI			591.01	1,803.72	323.50	12,442.42
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.59	14.31	4.70	105.89
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.79	165.31	17.50	885.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCVAL50G,	BRANZA(LACTOZA) CASCVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.89	14.31	23.70	362.09
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI90G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.77	271.87	96.05	2,587.01
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
	MORCOV280G, PAINE100G					
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.89	14.31	23.70	362.09
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.14	320.42	88.85	2,717.91
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML,PAINE100G, BRANZA 100G, SUNCA DE PUI50G, ROSIE80G, ARDEI80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT 330MLCU ARIPI DE PUI 70G SI FIDEA DREASA CU IAURT SI OU	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.45	10.90	25.91	378.18
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT PUI80G MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.28	273.45	97.30	2,544.74
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA 100G, SUNCA PUI50G , ARDEI80G, ROSIE80G, CASTRAVETE80G, OU FIERT1BUC	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	43.60	62.10	29.60	675.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200ML	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI 70G SI FIDEA DREASA CU IAURT SI OU	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.54	13.51	25.89	388.80
4	PRANZ F2 DIABET PIEPT PUI80G SI SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.05	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE PORC 80GR CU SOTE DE DOVLECEI250G		39.85	2.85	15.35	308.95
7	CINA F2 DIABET CEAI PAINE100G BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			192.24	203.11	113.29	2,579.10
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G ,BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, ARDEI80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20

Nr.	Denumire					
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC330G CU ARIPI DE PUI70G	OU SMANTANA(LACTOZA) TELINA	25.82	16.50	25.75	400.99
3	PRANZ F2 COMUN CARNATI PORC105GR CU VARZA CALITA250GR, PAINE100GR	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			170.62	230.90	150.14	2,875.70
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G ,BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, ARDEI80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G. BANANE170G	IAURT(LACTOZA)	6.40	42.00	5.60	236.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC330G CU ARIPI DE PUI70G	OU SMANTANA(LACTOZA) TELINA	25.82	16.50	25.75	400.99
4	PRANZ F2 COMUN CARNATI PORC105GR CU VARZA CALITA250GR, PAINE100GR	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV MERE200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	70.30	10.44	404.16
6	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			184.22	343.20	166.18	3,515.86
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G ,BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, ARDEI80G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC330G CU ARIPI DE PUI70G	OU SMANTANA(LACTOZA) TELINA	25.82	16.50	25.75	400.99
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MANCARE DE FASOLE VERDE270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	14.89	528.97
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			178.10	228.55	107.38	2,593.01

Nr.	Denumire					
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.89	14.31	23.70	362.09
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.14	320.42	88.85	2,717.91
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G,SUNCA PUI50G, ROSIE80G, ARDEI80G, CASTRAVETE80G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	78.74	22.40	643.86
2	PRANZ F1 REGIM SUPA DE ZARZAVAT 330MLCU ARIPI DE PUI 70G SI FIDEA DREASA CU IAURT SI OU	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.75	13.90	25.91	391.38
3	PRANZ F2 REGIM PIEPT PUI80G MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI 80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.58	262.59	97.30	2,502.50
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50GG,,UNT 20G, ARDEI80G,ROSII 80G CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	36.60	62.70	38.80	732.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT330ML CU ARIPI DE PUI 70G SI FIDEA DREASA CU IAURT SI OU	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.54	13.51	25.89	388.80
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA VITA80G SI VARZA CU ROSII250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI PAINE100G IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			160.34	226.31	105.99	2,470.60

Nr.	Denumire					
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G,UNT20G,GEM 20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	39.80	69.39	32.80	731.96
2	PRANZ F1 COMUN SUPA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.52	16.50	6.75	144.79
3	PRANZ F2 COMUN PULPA PORC90 CU MACAROANE CU BRANZA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	64.80	88.50	22.99	820.11
4	CINA F1 COMUN PULPA PUI80G CU MINCARE DE SPANAC250G	FAINA(GLUTEN)	31.68	10.31	32.74	462.62
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
6	CINA F3 COMUN COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
Total COMUN			156.40	283.79	106.92	2,723.23
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G,UNT20G,GEM 20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	39.80	69.39	32.80	731.96
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G. CHEC 100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN SUPA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.52	16.50	6.75	144.79
4	PRANZ F2 COMUN PULPA PORC90 CU MACAROANE CU BRANZA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	64.80	88.50	22.99	820.11
5	SUPLIMENT ORA 16 ONCO/AR/HIV , COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	CINA F1 COMUN PULPA PUI80G CU MINCARE DE SPANAC250G	FAINA(GLUTEN)	31.68	10.31	32.74	462.62
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
8	CINA F3 COMUN COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
Total ONC C/ AR C/ HIV C			176.40	390.19	140.56	3,523.79
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G,UNT20G,GEM 20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	39.80	69.39	32.80	731.96
2	PRANZ F1 COMUN SUPA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.52	16.50	6.75	144.79
3	PRANZ F2 COMUN PULPA PORC90 CU MACAROANE CU BRANZA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU) UNT(LACTOZA)	64.80	88.50	22.99	820.11
4	CINA F1 COMUN PULPA PUI80G CU MINCARE DE SPANAC250G	FAINA(GLUTEN)	31.68	10.31	32.74	462.62
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
6	CINA F3 COMUN COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
Total LEHUZE COMUN			156.40	283.79	106.92	2,723.23

	Spitalul Judetean de Urgenta Tg. Jiu
	Str. Progresului, nr. 18, Tg. Jiu, GORJ
	Contract/conventie: 4448067
	CAS: 1SAMB

MENIUL ZILNIC

04/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(06 COPIII)	IAURT(LACTOZA) OU	335.68	1,147.36	184.30	7,526.86
Total COPIII 0-3 ANI			335.68	1,147.36	184.30	7,526.86
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.59	14.31	4.70	105.89
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.79	165.31	17.50	885.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.89	14.31	23.70	362.09
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI		35.34	37.76	13.35	412.54

Nr.	Denumire					
	MORCOV230G					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.77	271.87	96.05	2,587.01
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.89	14.31	23.70	362.09
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.14	320.42	88.85	2,717.91
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G,SUNCA PUI50G, ROSIE80G, ARDEI80G, CASTRAVETE80G,GEM20G, BANANA200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	118.74	22.40	803.86
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC400ML	IAURT(LACTOZA) OU TELINA	4.05	13.80	6.87	132.82
3	PRANZ F3 REGIM CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
4	PRANZ F2 REGIM PULPA DE PUI INFERIOARA80G CU GARNITURA CU OREZ SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	39.04	87.63	33.63	809.34
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
6	CINA F2 REGIM CEAI250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	62.20	6.80	361.20
Total REGIM			132.69	376.72	120.05	3,096.17
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, MUSCHI FILE50G,UNT 20G, ARDEI80G,ROSII 80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	40.15	60.80	42.30	771.00
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.35	13.80	25.87	389.02
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60

Nr.	Denumire					
6	CINA F1 DIABET TOCANITA DE FICAT SI CARTOFI NATUR	UNT(LACTOZA)	48.23	71.35	30.27	750.75
7	CINA F3 DIABET SALATA VARZA		0.00	0.00	4.60	41.40
8	CINA F2 DIABET CEAI PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			175.98	287.20	129.89	2,991.82
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G,ROSIE80G, OU FIERT 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10	816.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA ,DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	4.41	15.47	6.71	139.87
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F3 COMUN SALATA DE VARZA100G		0.00	0.00	4.60	41.40
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			165.18	281.45	113.63	2,809.17
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G,ROSIE80G, OU FIERT 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10	816.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G. CHEC 100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA ,DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	4.41	15.47	6.71	139.87
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
6	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G, BANANE200G	CHEC(OU,GLUTEN)	6.40	93.50	17.60	558.00
7	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
8	CINA F3 COMUN SALATA DE VARZA100G		0.00	0.00	4.60	41.40
9	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			184.38	476.45	154.43	4,025.17
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G,ROSIE80G, OU FIERT 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10	816.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA ,DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	4.41	15.47	6.71	139.87

Nr.	Denumire					
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			165.18	281.45	109.03	2,767.77

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
05/05/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(06 COPIII)	IAURT(LACTOZA) OU	340.78	1,396.56	191.60	8,641.76
Total COPIII 0-3 ANI			340.78	1,396.56	191.60	8,641.76
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.59	14.31	4.70	105.89

Nr.	Denumire					
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.79	165.31	17.50	885.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.89	14.31	23.70	362.09
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.77	271.87	96.05	2,587.01
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.89	14.31	23.70	362.09
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.14	320.42	88.85	2,717.91
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G,SUNCA PUI50G, ROSIE80G, ARDEI80G, CASTRAVETE80G,GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	78.74	22.40	643.86
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI INF80G SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	28.88	13.35	27.78	418.93
3	PRANZ F2 REGIM PULPA PUI INF80G CU MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	39.28	55.61	33.94	685.02
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56

Nr.	Denumire					
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI300G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			152.96	306.94	128.66	2,984.26
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, MUSCHI FILE100G, ARDEI80G, ROSII 80G, OU FIERT 1BUC,	BRANZA(LACTOZA) OU PAINE(GLUTEN)	56.70	60.00	34.50	777.30
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT330ML CU ARIPI DE PUI70G SI FIDEA	PASTE(GLUTEN,OU) TELINA	23.33	13.35	23.83	361.18
4	PRANZ F2 DIABET PIEPT PUI80G SI SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.05	545.05
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC80G CU MAMALIGA200G SI VARZA CALITA 200G		43.05	40.35	15.90	476.70
7	CINA F2 DIABET CEAI PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			190.33	259.95	101.68	2,700.23
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU OU 400ML	OU TELINA	5.62	27.36	6.84	193.44
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE270G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	43.90	39.70	34.64	646.16
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			173.35	252.25	104.07	2,639.02
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G. CHEC 100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA	OU TELINA	5.62	27.36	6.84	193.44

Nr.	Denumire					
	CU OU 400ML					
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE270G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	43.90	39.70	34.64	646.16
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, COMPOT VISENE300G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			194.55	405.15	137.71	3,630.38
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU OU 400ML	OU TELINA	5.62	27.36	6.84	193.44
3	PRANZ F2 COMUN PIEPT DE PUI80GR CU OREZ CU MORCOV230G, PAINE100G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	43.90	39.70	34.64	646.16
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			157.71	280.28	100.26	2,654.24

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

MENIUL ZILNIC
06/05/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(04 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	398.02	922.24	240.50	7,381.54

Nr.	Denumire					
Total COPIII 0-3 ANI			398.02	922.24	240.50	7,381.54
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCVAL50G,	BRANZA(LACTOZA) CASCVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G,SUNCA PUI50G, ROSIE80G, ARDEI80G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	75.00	25.10	679.10
2	PRANZ F1 REGIM CIORBA ZARZAVAT CU FASOLE VERDE CU DREASA CU IAURT SI OU330ML SI ARIPI DE PUI70G	IAURT(LACTOZA) OU TELINA	25.15	4.69	25.94	352.41
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 REGIM PULPA PUI INFERIOARA 80GR CU OREZ CU LEGUME250GR		33.99	40.53	32.98	594.89
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			154.39	289.17	100.12	2,666.90
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI 50G, ROSII 80G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	34.75	60.20	35.80	702.00
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FASOLE VERDE DREASA CU OU SI IAURT330ML SI ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	26.04	8.60	26.00	372.16
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE VITA80G CU GHIVECI DE LEGUME280G		37.39	33.16	14.70	414.49
7	CINA F2 DIABET CEAI PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			166.83	227.61	106.95	2,523.90
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, UNT20G, GEM20G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	75.69	43.30	920.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	6.30	18.52	10.24	191.41
3	PRANZ F3 COMUN CASTRAVETI MURATI100G		0.00	0.00	0.00	0.00
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			138.89	244.49	144.82	2,755.26

Nr.	Denumire					
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, UNT20G, GEM20G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	75.69	43.30	920.06
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G. COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	6.30	18.52	10.24	191.41
4	PRANZ F3 COMUN CASTRAVETI MURATI100G		0.00	0.00	0.00	0.00
5	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISENE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
8	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			160.89	388.79	171.30	3,651.18
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , BRANZA100G, SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, UNT20G, GEM20G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	75.69	43.30	920.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	6.30	18.52	10.24	191.41
3	PRANZ F2 COMUN PIEPT DE PUI80G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.45	88.35	14.90	673.30
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			148.69	275.89	102.07	2,616.91

07/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(05 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	453.38	1,658.56	263.60	10,740.16
Total COPIII 0-3 ANI			453.38	1,658.56	263.60	10,740.16
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU PASTE SI BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			183.19	276.16	120.05	2,917.84
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31

Nr.	Denumire					
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G,SUNCA PUI50G, ROSIE80G, ARDEI80G, CASTRAVETI 80G BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI PUI70G SI FIDEA DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.09	16.12	25.98	402.25
3	PRANZ F2 REGIM PIEPT PUI80G MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.92	293.27	97.37	2,627.21
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,UNT 20G ARDEI 80G, ROSII 80G,CASTRAVETI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	36.60	62.70	38.80	732.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT ARIPI PUI 70G SI FIDEA ,DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.09	16.12	25.98	402.25
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200GR		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET PULPA DE VITA100G SI OREZ CU LEGUME250G		37.74	42.01	14.65	450.84
8	CINA F2 DIABET CEAI PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			162.68	287.48	106.28	2,727.24
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, ROSIE80G CHEC100G	CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	45.90	114.45	34.30	950.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PULPA PORC CU MANCARE DE SPANAC PAINE	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			157.59	295.92	101.50	2,727.53

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
ONC C/ AR C/ HIV C						
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, ROSIE80G CHEC100G	CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	45.90	114.45	34.30	950.10
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G. COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
4	PRANZ F2 COMUN PULPA PORC CU MANCARE DE SPANAC PAINE	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISENE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			179.59	440.22	127.98	3,623.45
LEHUZE COMUN						
1	MIC DEJUN COMUN CEAI250ML,PAINE100G , SUNCA PORC50G ,CASCAVAL50G,MUSCHI FILE50G, ROSIE80G CHEC100G	CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	45.90	114.45	34.30	950.10
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.81	28.47	10.27	233.51
3	PRANZ F2 COMUN PULPA PORC CU MANCARE DE SPANAC PAINE	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			157.59	295.92	101.50	2,727.53

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
09/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(05 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	357.62	825.44	211.30	6,585.94
Total COPIII 0-3 ANI			357.62	825.44	211.30	6,585.94
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML,	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20

Nr.	Denumire					
	PAINE100G, BRANZA DIETETICA100G					
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G,SUNCA PUI50G, ROSIE80G, ARDEI80G, GEM	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	33.90	78.54	19.50	625.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI PUI70G SI FIDEA DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.09	16.12	25.98	402.25
3	PRANZ F2 REGIM PIEPT DE PUI 80GR SI OREZ CU LEGUME300GR PAINE100GR	PAINE(GLUTEN)	47.19	88.66	15.10	679.29
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G SI MACAROANE CU BRANZA 250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	44.50	732.30
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100GR	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			159.73	326.12	106.28	2,899.50
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI 80G, ROSII 80G,CASTRAVETI80G IAURT 200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.84	62.30	22.96	584.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET SUPA DE ZARZAVAT330ML CU ARIPI DE PUI70G SI FIDEA,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.64	15.01	25.89	395.20
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE 200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA DE VITA 80GR CU SOTE DE DOVLECEI250G		30.85	2.85	13.85	259.45
7	CINA F2 DIABET CEAI PAINE100G, BRANZA DIETETICA 100G SUNCA PUI 50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	31.70	52.40	19.00	507.40
Total DIA/HEP/AR R/ ONC R/ HIV R			177.88	201.71	105.35	2,443.80
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CU PAINE CASCAVAL50G MUSCHI FILE50G SUNCA PORC 50G,UNT 20G GEM 20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	69.99	40.00	832.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.47	28.21	6.82	196.07
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN TOCANITA DE PULPA PUI INF 80GR CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45

Nr.	Denumire					
5	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			146.00	254.30	148.84	2,859.13
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CU PAINE CASCAVAL50G MUSCHI FILE50G SUNCA PORC 50G,UNT 20G GEM 20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	69.99	40.00	832.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV MERE 200G. COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	70.30	10.44	404.16
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.47	28.21	6.82	196.07
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISENE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN TOCANITA DE PULPA PUI INF 80GR CU MAMALIGA200G SI BRANZA PUTIN SARATA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
7	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			161.60	416.00	169.72	3,756.65
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CU PAINE CASCAVAL50G MUSCHI FILE50G SUNCA PORC 50G,UNT 20G GEM 20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	69.99	40.00	832.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI,DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.47	28.21	6.82	196.07
3	PRANZ F2 COMUN PIEPT DE PUI 80GGR SI OREZ CU LEGUME250GR	PAINE(GLUTEN)	47.34	89.03	15.13	681.64
4	CINA F1 COMUN TOCANITA DE PULPA PUI INF 80GR CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.69	286.38	106.32	2,729.12

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

MENIUL ZILNIC
10/05/2025

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(04 COPIII)	IAURT(LACTOZA) OU	298.68	1,273.96	154.70	7,650.86
Total COPIII 0-3 ANI			298.68	1,273.96	154.70	7,650.86
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCVAL50G,	BRANZA(LACTOZA) CASCVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI90G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20

Nr.	Denumire					
	BRANZA DIETETICA100G					
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G,SUNCA PUI50G, ROSIE80G, ARDEI80G, CASTRAVETE80G BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI 70G A LA GREC	IAURT(LACTOZA) OU TELINA	25.24	14.91	25.85	392.84
3	PRANZ F2 REGIM PIEPT PUI80G MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM FICAT PUI150G CU CARTOFI UNGURESTI300G		47.15	68.15	21.95	658.75
5	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			160.22	300.06	86.29	2,603.85
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ARDEI 80G, ROSII 80G,CASTRAVETI80G, ARIDE80G, MUSCHIFILE50G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.05	61.50	26.70	657.00
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.24	14.91	25.85	392.84
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET FICAT PUI80G CU GHIVECI DE LEGUME280G		47.39	41.16	22.20	553.99
7	CINA F2 DIABET CEAI PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			184.83	260.02	102.20	2,669.28
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G, AREDI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PULPA PORC 80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total COMUN			169.41	270.67	103.89	2,695.49
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G, AREDI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT 200G. COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04	399.76
4	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52
5	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	PRANZ F2 COMUN PULPA PORC 80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
7	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
8	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC100G, COMPOT VISENE300G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
9	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			204.21	478.27	151.57	4,086.61
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G, AREDI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU OASE PORC SI FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			172.59	274.92	104.33	2,729.20

MENIUL ZILNIC
12/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(06 COPIII)	IAURT(LACTOZA) OU	587.70	2,127.20	319.20	13,652.40
Total COPIII 0-3 ANI			587.70	2,127.20	319.20	13,652.40
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.73	275.12	106.95	2,745.93
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31

Nr.	Denumire					
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G,SUNCA PUI50G, ROSIE80G, ARDEI80G, CASTRAVETE80G CHEC 100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	120.70	40.00	995.70
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML paine 100g	FAINA(GLUTEN) OU PAINE(GLUTEN) TELINA	33.20	58.96	26.76	609.50
3	PRANZ F2 REGIM PIEPT DE PUI 80GR SI OREZ CU LEGUME300GR		38.79	40.16	13.90	440.89
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			155.19	314.87	114.61	2,898.24
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA50G, SUNCA PUI50G, ARDEI 80G, ROSII 80G,CASTRAVETI80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	27.20	60.50	13.90	462.40
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	24.80	10.46	25.56	371.10
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE DOVLECEI250G, PAINE100G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA VITA 80G CU SOTE DE SPANAC250G		35.95	8.85	14.45	309.25
7	CINA F2 DIABET CEAI PAINE100G, BRANZA DIETETICA 50G	BRANZA(LACTOZA) PAINE(GLUTEN)	16.40	49.50	9.70	350.90
Total DIA/HEP/AR R/ ONC R/ HIV R			158.20	196.66	89.26	2,193.30
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC40GMASLINE 25G, UNT 20G, GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	54.85	71.18	46.52	922.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.71	17.61	10.18	184.86
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN FICAT DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		47.15	68.15	21.95	658.75
5	CINA F2 COMUN COMPOT DE PIERSICI	PAINE(GLUTEN)	9.30	94.70	1.20	426.80

Nr.	Denumire					
Total COMUN			165.25	302.98	96.40	2,740.52
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC40GMASLINE 25G, UNT 20G, GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	54.85	71.18	46.52	922.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV BANANE 200G, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	84.90	10.44	462.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.71	17.61	10.18	184.86
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISINE300ML, CHEC100G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN FICAT DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		47.15	68.15	21.95	658.75
7	CINA F2 COMUN COMPOT DE PIERSICI	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			180.05	487.88	124.44	3,791.88
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC40GMASLINE 25G, UNT 20G, GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	54.85	71.18	46.52	922.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	OU SMANTANA(LACTOZA) TELINA	5.71	17.61	10.18	184.86
3	PRANZ F2 COMUN PULPA PORC 80GR CU OREZ CU LEGUME300GR	PAINE(GLUTEN)	54.54	89.03	17.23	729.34
4	CINA F1 COMUN FICAT DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		47.15	68.15	21.95	658.75
5	CINA F2 COMUN COMPOT DE PIERSICI	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total LEHUZE COMUN			171.54	340.66	97.08	2,922.50

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
13/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(09 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	669.27	2,047.44	386.90	14,268.94
Total COPIII 0-3 ANI			669.27	2,047.44	386.90	14,268.94
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	38.30	57.65	42.10	762.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			162.73	272.62	107.15	2,705.73
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49

Nr.	Denumire					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G,IAURT200G, GEM20G , COZONAC100G	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN)	38.00	120.64	34.24	934.92
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI PUI70G SI FIDEA DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.97	16.30	25.98	402.49
3	PRANZ F2 REGIM PIEPT PUI80G MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G SI CARTOFI CU BRANZA 250G	BRANZA(LACTOZA)	44.35	58.70	44.65	814.05
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			160.95	305.44	120.96	2,946.02
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, MUSCHI FILE50G, ARDEI 80G, ROSII 80G,	BRANZA(LACTOZA) PAINE(GLUTEN)	37.45	59.40	23.00	594.40
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT ARIPI PUI 70G SI FIDEA ,DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.09	16.12	25.98	402.25
4	PRANZ F2 DIABET PIEPT PUI80G SI SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.05	56.35	15.05	545.05
5	PRANZ F3 DIABET MERE200GR		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
7	CINA F1 DIABET PULPA DE PORC 80GR CU SOTE DE FASOLE VERDE250GR		43.75	4.05	15.95	334.75
8	CINA F2 DIABET CEAI PAINE100G, BRANZA DIETETICA 50G	BRANZA(LACTOZA) PAINE(GLUTEN)	16.40	49.50	9.70	350.90
Total DIA/HEP/AR R/ ONC R/ HIV R			182.54	228.62	98.88	2,526.15
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	70.19	26.60	737.76

Nr.	Denumire					
	GEM 20G					
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU FASOLE VERDEI320ML , DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	4.16	9.57	6.76	115.73
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	PRANZ F3 COMUN GOGOSARI MURATI		0.00	0.00	0.00	0.00
7	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			168.80	291.09	93.58	2,681.74
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G, GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	70.19	26.60	737.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV MERE200G, CHEC100G	CHEC(OU,GLUTEN)	6.40	78.90	17.60	499.60
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU FASOLE VERDEI320ML , DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	4.16	9.57	6.76	115.73
4	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISINE300ML, CHEC100G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	PRANZ F3 COMUN GOGOSARI MURATI		0.00	0.00	0.00	0.00
8	CINA F2 COMUN LAPTE200ML SI PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			182.80	444.59	128.78	3,668.54
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G, GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	70.19	26.60	737.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU FASOLE VERDEI320ML , DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	4.16	9.57	6.76	115.73
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66

Nr.	Denumire				
5	PRANZ F3 COMUN GOGOSARI MURATI		0.00	0.00	0.00
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20
Total LEHUZE COMUN			162.40	261.59	89.98
				2,505.74	

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

MENIUL ZILNIC

15/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA) OU	693.44	1,655.28	424.80
Total COPIII 0-3 ANI			693.44	1,655.28	424.80
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00
Total HIDRIC/HZL			18.89	166.81	17.50
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	38.30	57.65	42.10
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI		35.34	37.76	13.35

Nr.	Denumire					
	MORCOV230G					
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			151.57	271.47	95.25	2,549.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G,ROSIE80G, CASTRAVETE80G, ARDEI80G, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN)	27.90	76.84	21.60	599.86
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI PUI70G SI FIDEA DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.75	13.90	25.91	391.38
3	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	PRANZ F3 REGIM COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			144.12	284.57	106.47	2,659.30
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, MUSCHI FILE50G, ARDEI 80G, ROSII 80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN)	38.75	59.60	25.90	613.00
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT ARIPI PUI 70G SI FIDEA ,DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.75	13.90	25.91	391.38
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45

Nr.	Denumire					
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC 80G CU SOTE DE FASOLE VERDE270G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			175.60	224.80	95.21	2,428.58

COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G, OU FIERT 1BUC, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.18	59.48	38.00	832.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	6.14	16.90	10.48	186.04
3	PRANZ F2 COMUN PULPA PORC 80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN TOCANITA DE PUI100G CU CARTOFI NATURI250G	UNT(LACTOZA)	35.08	63.35	41.22	764.70
5	CINA F2 COMUN COMPOT DE PIERCICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total COMUN			161.94	285.77	107.45	2,757.49

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN ONCOLOGIE CASTRAVETE80G		1.30	0.20	2.90	18.60
2	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50G, OU FIERT 1BUC, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.18	59.48	38.00	832.60
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV GEM20G, IAURT200G	GEM(DIOXID DE SULF) IAURT(LACTOZA)	6.40	19.54	5.60	146.16
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC A LA GREC400ML	IAURT(LACTOZA) OU TELINA	6.14	16.90	10.48	186.04
5	PRANZ F2 COMUN PULPA PORC 80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
6	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
7	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISINE300ML, CHEC100G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
8	CINA F1 COMUN TOCANITA DE PUI100G CU CARTOFI NATURI250G	UNT(LACTOZA)	35.08	63.35	41.22	764.70
9	CINA F2 COMUN COMPOT DE PIERCICI300ML, PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total ONC C/ AR C/ HIV C			183.64	459.01	151.15	3,909.05

MENIUL ZILNIC
16/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	SUPLIMENT PEDIATRIE 0-3 ANI(06COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	653.51	1,509.12	408.40	12,230.12
Total COPIII 0-3 ANI			653.51	1,509.12	408.40	12,230.12
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	38.30	57.65	42.10	762.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			151.57	271.47	95.25	2,549.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G ARDEI 80G ROSIE	BRANZA(LACTOZA) CHEC(OU,GLUTEN)	33.00	118.60	36.30	933.10

Nr.	Denumire				
	CHEC100G	PAINE(GLUTEN)			
2	PRANZ F1 REGIM CIORBA ZARZAVAT CU FASOLE VERDE CU DREASA CU IAURT SI OU330ML SI ARIPI DE PUI70G	IAURT(LACTOZA) OU TELINA	25.05	3.19	25.94 346.01
3	PRANZ F2 REGIM PIEPT DE PUI 80GR SI OREZ CU LEGUME300GR, PAINE 100G	PAINE(GLUTEN)	47.19	88.66	15.10 679.29
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90 672.70
5	CINA F2 REGIM COMPOT PRUNE300ML SI PAINE100GR	PAINE(GLUTEN)	9.00	103.40	1.20 460.40
Total REGIM			148.24	374.00	111.44 3,091.50
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, MUSCHI FILE50G, ARDEI 80G, ROSII 80G,	BRANZA(LACTOZA) PAINE(GLUTEN)	37.45	59.40	23.00 594.40
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60 100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU FASOLE VERDE DREASA CU OU SI IAURT330ML SI ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	26.04	8.60	26.00 372.16
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45 499.65
5	PRANZ F3 DIABET MERE200GR		0.00	25.40	0.00 101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE 200ML	LAPTE(LACTOZA)	6.40	9.80	3.60 97.20
7	CINA F1 DIABET PULPA DE VITA 80GR CU SOTE DE DOVLECEI250G		30.85	2.85	13.85 259.45
8	CINA F2 DIABET CEAI PAINE100G, SUNCA PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60 304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			163.24	216.10	91.10 2,328.86
COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80 731.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.71	26.97	10.27 227.11
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05 737.25
4	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74 685.66
5	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80 335.60
Total COMUN			150.78	236.99	138.66 2,717.42
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50, MASLINE25G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80 731.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML COZONAC100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04 399.76

Nr.	Denumire					
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.71	26.97	10.27	227.11
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISINE300ML, CHEC100G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			165.58	387.59	166.70	3,631.58

MENIUL ZILNIC
17/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(06COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	564.81	1,835.12	372.70	12,906.02
Total COPIII 0-3 ANI			564.81	1,835.12	372.70	12,906.02
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	38.30	57.65	42.10	762.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49

Nr.	Denumire					
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			151.57	271.47	95.25	2,549.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G ARDEI 80G ROSIE,CASTRAVETE80G CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN)	34.30	118.80	39.20	951.70
2	PRANZ F1 REGIM SUPA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU	24.70	9.96	25.56	368.70
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA DE PUI INFERIOARA80G CU MANCARE DE FASOLE VERDE270G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			144.83	279.42	113.60	2,705.92
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, MUSCHI FILE50G, ARDEI 80G, ROSII 80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN)	38.75	59.60	25.90	613.00
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI	FAINA(GLUTEN) OU	24.70	9.96	25.56	368.70

Nr.	Denumire					
	FULGI DE OU 330ML					
4	PRANZ F2 DIABET PIEPT DE PUI 80G CU PASTE CU SOS ROSII 250G SI PAINE 100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA VITA 80G CU SOTE DE SPANAC250G		35.95	8.85	14.45	309.25
7	CINA F2 DIABET CEAI PAINE100G, BRANZA DIETETICA 100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			183.15	234.26	110.21	2,632.05
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50, GEM 20G UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	4.37	16.21	6.71	142.68
3	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PULPA PORC 80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA PUI INFERIOARA80G CU GHIVECI DE LEGUME 310G		34.24	33.16	33.15	567.94
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			158.26	271.21	111.05	2,717.49
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G, SUNCA PORC50, GEM 20G UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G COZONAC100G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	4.37	16.21	6.71	142.68
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	PRANZ F2 COMUN PULPA PORC 80G SI VARZA CALITA 250G, PAINE 100G	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISINE300ML, CHEC100G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
7	CINA F1 COMUN PULPA PUI INFERIOARA80G CU GHIVECI DE LEGUME 310G		34.24	33.16	33.15	567.94
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			179.46	424.11	144.69	3,708.85

Nr.	Denumire	

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
18/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(07COPIII)	IAURT(LACTOZA)	532.64	2,014.48	285.80	12,664.68
Total COMUN			532.64	2,014.48	285.80	12,664.68
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	38.30	57.65	42.10	762.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94

Nr.	Denumire					
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			151.57	271.47	95.25	2,549.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA 100G ARDEI 80G ROSIE,CASTRAVETE80G BANANE 200G	BRANZA(LACTOZA) PAINE(GLUTEN)	27.90	105.30	21.60	713.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI PUI70G SI FIDEA	PASTE(GLUTEN,OU)	23.33	14.35	23.83	365.18
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
5	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM COMPOT DE PIERSICI300ML SI PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total REGIM			138.52	387.53	94.11	2,937.67
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, MUSCHI FILE50G, ARDEI 80G, ROSII 80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN)	38.75	59.60	25.90	613.00
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT ARIPI PUI 70G SI FIDEA 330ML	PASTE(GLUTEN,OU)	23.33	14.35	23.83	365.18

Nr.	Denumire					
4	PRANZ F2 DIABET PIEPT PUI80G CU SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	PRANZ F3 DIABET MERE200GR		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET PULPA VITA 80G CU SOTE DE DOVLECEI 250G		30.85	2.85	13.85	259.45
8	CINA F2 DIABET CEAI PAINE100G SUNCA PORC 50G	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			165.73	221.45	94.43	2,369.08
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G,MASLINE 25G, GEM 20G UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) UNT(LACTOZA)	49.53	69.42	43.80	869.96
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI 400ML		4.82	28.21	8.49	208.49
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F3 COMUN CASTRAVETI MURATI		0.00	0.00	0.00	0.00
6	CINA F2 COMUN COMPOT DE PRUNE 300ML	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total COMUN			153.61	299.76	104.31	2,752.25
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, MUSCHI FILE50G,MASLINE 25G, GEM 20G UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) UNT(LACTOZA)	49.53	69.42	43.80	869.96
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV MERE 200G COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	70.30	10.44	404.16
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI 400ML		4.82	28.21	8.49	208.49
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE 270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISINE300ML, CHEC100G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
7	CINA F3 COMUN CASTRAVETI MURATI		0.00	0.00	0.00	0.00
8	CINA F2 COMUN COMPOT DE PRUNE 300ML	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total ONC C/ AR C/ HIV C			168.41	470.06	132.35	3,745.21

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu
	Str. Progresului, nr. 18, Tg. Jiu, GORJ
	Contract/conventie: 4448067
	CAS: 1SAMB

MENIUL ZILNIC

19/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(08COPIII)	IAURT(LACTOZA)	497.84	2,024.48	255.20	12,290.08
Total COPIII 0-3 ANI			497.84	2,024.48	255.20	12,290.08
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	38.30	57.65	42.10	762.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI90G CU CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			151.57	271.47	95.25	2,549.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA50G, ARDEI80G ROSIE80G, GEM 20G, CHEG100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN)	25.00	129.14	27.80	866.76
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI 330ML	TELINA	24.22	25.96	23.92	415.99
3	PRANZ F2 REGIM PIEPT DE PUI 80GR SI OREZ CU LEGUME300GR, PAINE 100G	PAINE(GLUTEN)	47.19	88.66	15.10	679.29
4	CINA F1 REGIM PULPA DE PUI INFERIOARA 80G SI GHIVECI DE LEGUME250G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			139.05	331.11	101.17	2,791.17
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, MUSCHI FILE50G, ARDEI 80G, ROSII 80G, CASTRAVETE80G	BRANZA(LACTOZA) PAINE(GLUTEN)	38.75	59.60	25.90	613.00
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INF 70G SI CARTOFI 330ML	TELINA	29.77	25.96	27.87	473.74
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65

Nr.	Denumire					
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA VITA80G CU GHIVECI DE LEGUME250G		37.39	33.16	14.70	414.49
7	CINA F2 DIABET CEAI PAINE100G , SUNCA PORC	PAINE(GLUTEN) SUNCA PORC(SOIA)	15.05	50.70	4.60	304.40
Total DIA/HEP/AR R/ ONC R/ HIV R			174.81	236.77	98.72	2,505.28
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G, UNT20GM,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	71.62	47.20	935.96
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA SI OASE PORC 400ML	PASTE(GLUTEN,OU) TELINA	3.71	16.82	8.36	157.32
3	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	43.90	39.70	34.64	646.16
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			163.61	263.34	108.39	2,683.30
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, MASLINE25G, UNT20GM,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.18	71.62	47.20	935.96
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV BANANA200G COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	84.90	10.44	462.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA SI OASE PORC 400ML	PASTE(GLUTEN,OU) TELINA	3.71	16.82	8.36	157.32
4	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
7	CINA F1 COMUN PULPA PUI INFERIOARE80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	43.90	39.70	34.64	646.16
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			179.21	439.64	129.27	3,639.22

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC

20/05/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(11COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA)	631.73	2,152.76	327.50	13,989.46
Total COPIII 0-3 ANI			631.73	2,152.76	327.50	13,989.46
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT VISINE300G, IAURT200G,ZAHAR100G, OU 1BUC	IAURT(LACTOZA)	7.60	92.50	5.60	442.80
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT VISINE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			10.49	166.21	10.30	791.49
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, UNT20G, CASCAVAL50G, SUNCA PUI 50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total REGIM ULCER/COLECIST			158.87	273.37	96.05	2,593.41
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.99	15.81	23.70	368.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.24	321.92	88.85	2,724.31
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G,BRANZA100G, ARDEI80G ROSIE80G, SUNCA PUI 50G, IAURT200G, GEM20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	86.54	25.10	725.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI PUI70G SI FIDEA	PASTE(GLUTEN,OU)	23.44	13.24	23.85	361.36
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT PUI80G SI MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU MACARONE CU SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			149.57	275.83	97.79	2,573.73
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, MUSCHI FILE50G, ARDEI 80G, ROSII 80G, CASTRAVETE60G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.79	61.46	26.12	653.28
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT ARIPI PUI 70G SI FIDEA 330ML	PASTE(GLUTEN,OU)	23.77	14.53	23.94	368.65
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200G	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA PORC80GR CU SOTE DE FASOLE VERDE 350G		43.75	4.05	15.95	334.75
7	CINA F2 DIABET CEAI PAINE100G , BRANZA DIETETICA100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			196.66	205.69	108.46	2,566.73

Nr.	Denumire					
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, ARDEI 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE USCATA 400ML		2.83	8.00	8.31	118.07
3	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN TOCANITA DE FICAT PUI 150G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
5	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			184.75	270.13	88.81	2,618.75
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML, PAINE100G, BRANZA100G,CASCAVAL50G, SUNCA PORC50G, MUSCHI FILE50G, ARDEI 80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV CHEC100G, SMANTANA100G	CHEC(OU,GLUTEN) SMANTANA(LACTOZA)	6.40	53.50	17.60	398.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FASOLE USCATA 400ML		2.83	8.00	8.31	118.07
4	PRANZ F2 COMUN PULPA PORC 80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT CIRESE300ML, COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	8.40	91.40	10.44	493.36
6	CINA F1 COMUN TOCANITA DE FICAT PUI 150G CU MAMALIGA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
7	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			199.55	415.03	116.85	3,510.11

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR