

MENIUL ZILNIC
11/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML		1.59	15.31	4.70	109.89
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC / HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.79	166.31	17.50	889.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCaval50G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT400ML		1.29	12.31	4.70	96.69
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU PASTE SI BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			147.53	251.72	88.80	2,396.18
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 400ML		1.39	13.31	4.70	101.09
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54

Nr.	Denumire					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			137.64	319.42	69.85	2,456.91
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(5 COPIII)	IAURT(LACTOZA) OU	390.65	989.20	241.20	7,626.20
Total COPIII 0-3 ANI			390.65	989.20	241.20	7,626.20
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250L, PAINE100G,BRANZA 100G,SUNCA PUI,50G, ROSIE80G, ARDEI80G,GEM 20G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	33.90	78.54	19.50	625.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI SI CARTOFI DREASA CU IAURT SI OU 400ML	IAURT(LACTOZA) OU	28.04	24.68	26.19	446.15
3	PRANZ F3 REGIM COZONAC100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 REGIM PULPA PUI 90G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 REGIM CEAI250ML CU LAMAIE SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			154.73	330.80	104.66	2,883.81
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET BRANZA DIETETICA100GR, MUSCHI FILE50G,,UNT20G, SUNCA PUI 50G, CASTRAVETE 100GR,ROSIE80GG,ARDEI 80G, CASCVAL50G, CEAI250ML, PAINE100G	BRANZA(LACTOZA) CASCVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	59.95	62.95	50.60	933.50
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INFERIOARA SI CARTOFI DREASA CU OU SI IAURT	IAURT(LACTOZA) OU	28.04	24.68	26.19	446.15
4	PRANZ F2 DIABET PIEPT PUI80GR SI SOTE DE SPANAC250GR PAINE100GR	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA VITA CU SOS ROSII SI CARTOFI NATUR	UNT(LACTOZA)	37.85	60.75	22.65	598.25
7	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			193.19	295.63	126.89	3,067.35
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR,BRANZA 100GR SUNCA PORC50G CASCVAL50G MUSCHI FILE50G, UNT20G, GEM20G,	BRANZA(LACTOZA) CASCVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.80	71.39	43.00	895.76

Nr.	Denumire				
		UNT(LACTOZA)			
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA)	3.95	13.67	6.64 130.21
3	PRANZ F2 COMUN CARNATI PORC105GR SI MANCARE DE SPANAC 270GR PAINE100GR	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	54.49 786.97
4	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74 685.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total COMUN			146.63	239.57	144.07 2,759.79

ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR,BRANZA 100GR SUNCA PORC50G CASCaval50G MUSCHI FILE50G, UNT20G, GEM20G,	BRANZA(LACTOZA) CASCaval(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA)	3.95	13.67	6.64	130.21
4	PRANZ F2 COMUN CARNATI PORC105GR SI MANCARE DE SPANAC 270GR PAINE100GR	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) FAINA(GLUTEN) PAINE(GLUTEN)	34.23	60.31	54.49	786.97
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISINE300G,CHEC 100G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			160.63	347.57	167.27	3,448.59

LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR,BRANZA 100GR SUNCA PORC50G CASCaval50G MUSCHI FILE50G, UNT20G, GEM20G,	BRANZA(LACTOZA) CASCaval(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA)	3.95	13.67	6.64	130.21
3	PRANZ F2 COMUN PIEPT DE PUI100G CU MACAROANE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			158.95	268.61	104.48	2,650.53

Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/conventie: 4448067
CAS: 1SAMB

MENIUL ZILNIC
12/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML		1.59	15.31	4.70	109.89
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.79	166.31	17.50	889.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT400ML		1.29	12.31	4.70	96.69
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV280GR,		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			137.17	269.87	77.05	2,321.61
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 400ML	TELINA	1.49	13.81	4.70	103.49

Nr.	Denumire					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV280G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			137.74	319.92	69.85	2,459.31
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(3 COPIII)	IAURT(LACTOZA) OU	294.19	566.08	174.20	4,976.88
Total COPIII 0-3 ANI			294.19	566.08	174.20	4,976.88
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250L, PAINE100G,BRANZA 100G,SUNCA PUI,50G, ROSIE80G, ARDEI80G,CASTRAVETE 80GR, CHEC 100GR	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	120.70	40.00	995.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU PULPA PUI 80GR SI FIDEA , DREASA CU IAURT SI OU 320ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.71	15.01	26.02	400.62
3	PRANZ F3 REGIM BANANE200GR		0.00	40.00	0.00	160.00
4	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
5	CINA F1 REGIM FICAT PUI150GR CU MANCARE DE FASOLE VERDE270GR	FAINA(GLUTEN)	44.03	15.11	21.79	432.67
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			164.74	332.64	103.59	2,907.88
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET BRANZA DIETETICA100GR, MUSCHI FILE50G, SUNCA PUI 50G, CASTRAVETE 100GR,ROSIE80GG,ARDEI 80G, CASCAVAL50G, CEAI250ML, PAINE100G,OU FIERT 1 BUC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	66.95	62.35	41.40	876.30
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU PULPA PUI INFERIOARA 80GR SI FIDEA , DREASA CU OU SI IAURT320ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.71	15.01	26.02	400.62
4	PRANZ F2 DIABET PIEPT PUI80GR CU SOTE DE FASOLE VERDE350GR	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA DE VITA200G CU MAMALIGA150G		34.43	42.95	14.52	440.20
7	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			194.24	262.76	109.39	2,782.57
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR,BRANZA 100GR SUNCA PORC50G CASCaval50G MUSCHI FILE50G, UNT20G, OU FIERT 1BUC	BRANZA(LACTOZA) CASCaval(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	60.45	50.20	950.40
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE USCATA 400ML	TELINA	1.31	9.22	4.82	85.46
3	PRANZ F2 COMUN PULPA PORC 80GR SI VARZA CALITA 250GR PAINE 100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA PUI INFERIOARA80 GR SI CU SALATA ORIENTALA 350GR	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			158.92	235.40	112.37	2,588.63
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR,BRANZA 100GR SUNCA PORC50G CASCaval50G MUSCHI FILE50G, UNT20G, OU FIERT 1BUC	BRANZA(LACTOZA) CASCaval(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	60.45	50.20	950.40
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FASOLE USCATA 400ML	TELINA	1.31	9.22	4.82	85.46
4	PRANZ F2 COMUN PULPA PORC 80GR SI VARZA CALITA 250GR PAINE 100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC100GR, COMPOT CIRESE300ML	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN PULPA PUI INFERIOARA80 GR SI CU SALATA ORIENTALA 350GR	OU	36.77	60.18	39.61	744.23
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			180.12	388.30	146.01	3,579.99
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR,BRANZA 100GR SUNCA PORC50G CASCaval50G MUSCHI FILE50G, UNT20G, OU FIERT 1BUC	BRANZA(LACTOZA) CASCaval(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	64.20	60.45	50.20	950.40
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU PULPA DE PUI INFERIOARA 80GR SI FIDEA ,DREASA CU OU SI IAURT 320ML	PASTE(GLUTEN,OU) TELINA	24.03	12.71	23.94	362.44
3	PRANZ F2 COMUN PULPA PORC 80GR OREZ CU MORCOV 250GR	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARA80 GR SI CU SALATA ORIENTALA 350GR	OU	36.77	60.18	39.61	744.23
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			184.59	275.17	131.63	3,023.65
COMUN RELIGIOS		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CEAI 250ML CARTOF FIERT200G, ROSIE80G, CASTRAVETE80GR, ARDEI80GR,GEM20G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.15	162.59	5.10	751.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT 400ML		0.89	5.87	4.69	69.24
3	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60

Nr.	Denumire					
4	PRANZ F2 RELIGIOS GARNITURA DE OREZ CU MORCOV 250G PAINE100G	PAINE(GLUTEN)	12.19	87.63	10.68	495.39
5	CINA F1 REGIM CARTOFI MORCOV 250G PAINE100G		6.44	58.56	9.80	348.19
6	CINA F2 REGIM CEAI250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN RELIGIOS			45.07	394.24	31.47	2,026.97

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
13/04/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
COMUN RELIGIOS						
1	MIC DEJUN COMUN RELIGIOS CEAI 250ML CARTOF FIERT200G, ROSIE80G, CASTRAVETE80GR, ARDEI80GR,GEM20G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.15	162.59	5.10	751.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT 400ML		0.89	5.87	4.69	69.24
3	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 COMUN RELIGIOS MACARONECU SOS ROSII250ML PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	14.75	89.35	11.00	515.40
5	CINA F1 COMUN RELIGIOS GHIVECI DE LEGUME280G		6.64	31.31	10.05	242.24
6	CINA F2 COMUN CEAI250ML CU PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN RELIGIOS			47.83	368.72	32.04	1,941.04

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML		1.59	15.31	4.70	109.89
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.79	166.31	17.50	889.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT400ML		1.29	12.31	4.70	96.69
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80GR CU CARTOFI SI BRANZA DIETETICA280GR PAINE100GR	BRANZA(LACTOZA) PAINE(GLUTEN) UNT(LACTOZA)	58.40	107.80	25.80	897.00
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			149.03	271.62	87.95	2,474.13
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 400ML	TELINA	1.49	13.81	4.70	103.49
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			137.74	319.92	69.85	2,459.31
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(5 COPIII)	IAURT(LACTOZA) OU	334.85	1,149.40	194.00	7,635.00
Total COPIII 0-3 ANI			334.85	1,149.40	194.00	7,635.00

Nr.	Denumire					
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250L, PAINE100G,BRANZA 100G,SUNCA PUI,50G, ROSIE80G, ARDEI80G,CASTRAVETE 80GR, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	75.20	28.00	697.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT320ML CU CARNE PUI70G A LA GREC	IAURT(LACTOZA) OU TELINA	30.79	14.91	29.80	450.59
3	PRANZ F3 REGIM COZONAC100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			168.54	338.71	117.24	3,062.45
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, CASTRAVETE 80G,ROSIE80G,ARDEI 80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	61.50	22.40	574.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT320MLCU CARNE PUI 70G A LA GREC	IAURT(LACTOZA) OU TELINA	30.61	14.31	29.68	446.39
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA VITA80G CU GHIVECI DE LEGUME280G		37.39	33.16	14.70	414.49
7	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			165.45	250.22	93.63	2,475.43
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, GEM20G, IAURT200G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	46.20	77.39	38.40	831.96
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	4.84	15.14	6.77	140.81
3	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
4	PRANZ F2 COMUN PULPA PORC80GR SI MACAROANE CU SOS ROSII 250GR, PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.75	89.35	17.00	725.40
5	CINA F1 COMUN TOCANITA DE FICAT DE PUI 180GR CU	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50

Nr.	Denumire					
	MAMALIGA200G SI BRANZA PUTIN SARATA100G					
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			180.02	342.53	113.19	3,100.87
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, GEM20G, IAURT200G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	46.20	77.39	38.40	831.96
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC 100GR, BANANA200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	92.90	16.04	562.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	4.84	15.14	6.77	140.81
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	PRANZ F2 COMUN PULPA PORC80GR SI MACAROANE CU SOS ROSII 250GR, PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.75	89.35	17.00	725.40
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC100GR, COMPOT CIRESE300ML, BANANA200G	CHEC(OU,GLUTEN)	7.60	140.00	17.60	748.80
7	CINA F1 COMUN TOCANITA DE FICAT DE PUI 180GR CU MAMALIGA200G SI BRANZA PUTIN SARATA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			201.22	575.43	146.83	4,412.23
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, GEM20G, IAURT200G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	46.20	77.39	38.40	831.96
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	4.84	15.14	6.77	140.81
3	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
4	PRANZ F2 COMUN PULPA PORC80GR SI MACAROANE CU SOS ROSII 250GR, PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.75	89.35	17.00	725.40
5	CINA F1 COMUN TOCANITA DE FICAT DE PUI 180GR CU MAMALIGA200G SI BRANZA PUTIN SARATA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			180.02	342.53	113.19	3,100.87

MEDIC COORDONATOR

Str. Progresului, nr. 18, Tg. Jiu, GORJ
Contract/convenție: 4448067
CAS: 1SAMB

MENIUL ZILNIC
14/04/2025

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML		1.59	15.31	4.70	109.89
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.79	166.31	17.50	889.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT400ML		1.29	12.31	4.70	96.69
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			137.17	269.87	77.05	2,321.61

Nr.	Denumire					
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 400ML	TELINA	1.49	13.81	4.70	103.49
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV280G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			137.74	319.92	69.85	2,459.31
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(7 COPIII)	IAURT(LACTOZA) OU	399.98	1,430.96	242.80	9,444.96
Total COPIII 0-3 ANI			399.98	1,430.96	242.80	9,444.96
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250L, PAINE100G,BRANZA 100G,SUNCA PUI,50G, ROSIE80G, ARDEI80G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	75.00	25.10	679.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU OREZ 400ML	TELINA	1.52	14.36	4.77	106.44
3	PRANZ F2 REGIM PULPA PUI INFERIOARA80GR SI OREZ CU LEGUME300GR PAINE100GR	PAINE(GLUTEN)	42.24	88.66	34.15	830.94
4	PRANZ F3 REGIM COZONAC100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 REGIM PULPA PUI INFERIOARA 80G SI MACAROANE CU BRANZA 250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	44.50	732.30
6	CINA F2 REGIM COMPOT DE CIRESE300ML SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM			144.41	357.32	120.16	3,080.54
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, CASTRAVETE 80G,ROSIE80G,ARDEI 80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	61.50	22.40	574.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT320MLCU CARNE PUI 70G CU OREZ	TELINA	28.37	14.36	27.72	420.39
4	PRANZ F2 DIABET PIEPT PUI80G SI SOTE DE SPANAC300G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA DE FICATEI180G CU CARTOFI NATUR 210G	UNT(LACTOZA)	48.23	71.35	30.27	750.75

Nr.	Denumire					
7	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200G, SUNCA PUI50G	IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	22.10	58.40	7.60	382.40
Total DIA/HEP/AR R/ ONC R/ HIV R			186.45	296.36	108.64	2,879.49
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU CARTOFI320ML SI CARNE PUI70G, DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	32.32	28.21	29.77	510.02
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			186.79	277.93	124.79	2,981.98
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU CARTOFI320ML SI CARNE PUI70G, DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	32.32	28.21	29.77	510.02
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISINE300G,CHEC 100G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
7	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43	570.94
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			201.59	422.83	152.83	3,873.34
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU CARTOFI320ML SI CARNE PUI70G, DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	32.32	28.21	29.77	510.02

Nr.	Denumire					
3	PRANZ F2 COMUN PULPA PORC CU MANCARE DE SPANAC PAINE	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
5	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43	570.94
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			179.39	277.13	123.39	2,936.58
COMUN RELIGIOS		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CEAI 250ML CARTOF FIERT200G, ROSIE80G, CASTRAVETE80GR, ARDEI80GR,GEM20G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.15	162.59	5.10	751.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT 400ML	TELINA	1.09	7.37	4.69	76.04
3	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
4	CINA F1 COMUN GARNITURA DE OREZ CU MORCOV 230G		3.79	39.13	9.48	256.99
5	PRANZ F2 COMUN RELIGIOS MANCARE DE MAZARE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	19.88	57.76	12.24	420.72
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN RELIGIOS			50.31	346.44	32.71	1,867.90
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, GEM 20G,CARTOFI FIERTI 250G ,MORCOV FIERT250G,ROSIE70G,,ARDEI80G,CASTRAVETE80G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.48	164.74	5.10	761.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU OREZ 400ML	TELINA	1.52	14.36	4.77	106.44
3	PRANZ F2 REGIM OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN)	15.54	89.03	11.23	519.34
4	CINA F1 REGIM CARTOFI MORCOV 250G PAINE100G		6.44	58.56	9.80	348.19
5	CINA F2 REGIM COMPOT DE PIERSICI300ML SI PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total REGIM RELIGIOS - DESODAT			50.27	421.38	32.10	2,162.02

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

MENIUL ZILNIC
15/04/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML		1.59	15.31	4.70	109.89
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.79	166.31	17.50	889.89
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G		22.59	12.31	23.70	352.89
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER PIEPT PUI 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.20	40.00	24.45	576.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			172.33	272.12	107.15	2,742.13
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.79	13.81	23.70	359.69
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(7 COPIII)	IAURT(LACTOZA) OU	347.05	1,160.20	203.60	7,813.40

Nr.	Denumire					
Total COPIII 0-3 ANI			347.05	1,160.20	203.60	7,813.40
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250L, PAINE100G,BRANZA 100G,SUNCA PUI,50G, ROSIE80G, ARDEI80G, IAURT200G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	75.00	25.10	679.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT A LA GREC320ML CU ARIPI PUI70G	IAURT(LACTOZA)	23.04	14.26	24.05	365.24
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM COMPOT DE PIERSICI300ML SI PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total REGIM			153.19	333.46	98.15	2,821.54
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, CASTRAVETE 80G,ROSIE80G,ARDEI 80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.98	60.64	22.34	570.04
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT320ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.24	14.91	25.85	392.84
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI OREZ CU LEGUME300G, PAINE100G	PAINE(GLUTEN)	47.34	89.03	5.93	598.84
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET PULPA VITA 80G CU SOTE DE SPANAC350G		35.95	8.85	14.45	309.25
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			172.01	241.63	79.77	2,350.57
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	64.15	43.30	873.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	3.71	16.82	8.36	157.32
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60

Nr.	Denumire					
Total COMUN			149.91	232.12	149.25	2,789.73
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	64.15	43.30	873.90
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	3.71	16.82	8.36	157.32
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT VISINE300G		1.20	46.50	0.00	190.80
6	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN LAPTE200ML, PAINE100G	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			164.71	331.52	165.29	3,383.09
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, ROSIE80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	56.90	64.15	43.30	873.90
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE PORC SI FIDEA400ML	PASTE(GLUTEN,OU) TELINA	3.71	16.82	8.36	157.32
3	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PIEPT DE PUI 80GR CU OREZ CU LEGUME300GR	PAINE(GLUTEN)	47.34	89.03	15.13	681.64
5	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			167.80	309.10	117.17	2,962.27

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
16/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCaval50G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.57	270.37	96.05	2,580.21
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.79	13.81	23.70	359.69
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV280G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G,	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20

Nr.	Denumire					
	BRANZA DIETETICA100G					
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(4 COPIII)	IAURT(LACTOZA) OU	172.99	558.68	125.80	4,042.88
Total COPIII 0-3 ANI			172.99	558.68	125.80	4,042.88
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250L, PAINE100G,BRANZA 100G,SUNCA PUI,50G, ROSIE80G, ARDEI80G, CASTRAVETE80GR,BANANA200GR	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI FIDEA , DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.09	16.12	25.98	402.25
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
5	CINA F1 REGIM PULPA PUI INFERIOARA 80G SI MACAROANE CU BRANZA 250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	43.55	39.40	44.50	732.30
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			157.23	329.95	108.66	2,912.74
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, CASTRAVETE 80G,ROSIE80G,ARDEI 80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	61.50	22.40	574.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70GR SI FIDEA , DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.64	15.01	25.89	395.20
4	PRANZ F2 DIABET PIEPT PUI80GR CU SOTE DE FASOLE VERDE350GR	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	PRANZ F3 DIABET MERE200GR		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET PULPA DE VITA80GR CU CARTOFI UNGURESTI250GR		37.15	60.15	14.45	519.25
8	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PUI50G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	31.70	52.40	19.00	507.40
Total DIA/HEP/AR R/ ONC R/ HIV R			187.44	283.01	107.99	2,823.80
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, ROSIE80G,GEM 20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.90	73.69	33.10	756.26
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU CARTOFI320ML , DREASA	OU SMANTANA(LACTOZA) TELINA	5.47	28.21	6.82	196.07

Nr.	Denumire					
	CU SMANTANA SI OU					
3	PRANZ F2 COMUN PULPA PORC80GR SI MACAROANE CU SOS ROSII 250GR, PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.75	89.35	17.00	725.40
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN TOCANITA DE PULPA DE PUI INFERIOARA80GR CU MAMALIGA200G SI BRANZA PUTIN SARATA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			162.20	343.90	118.89	3,094.38
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, ROSIE80G,GEM 20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.90	73.69	33.10	756.26
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE200ML, COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	13.60	54.70	14.04	399.76
3	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
4	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU CARTOFI320ML , DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	5.47	28.21	6.82	196.07
5	PRANZ F2 COMUN PULPA PORC80GR SI MACAROANE CU SOS ROSII 250GR, PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.75	89.35	17.00	725.40
6	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
7	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC100GR, COMPOT CIRESE300ML,	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
8	CINA F1 COMUN TOCANITA DE PULPA DE PUI INFERIOARA80GR CU MAMALIGA200G SI BRANZA PUTIN SARATA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
9	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			189.80	506.60	156.13	4,182.94
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G ,UNT20G, ROSIE80G,GEM 20G	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	40.90	73.69	33.10	756.26
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU CARTOFI320ML , DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	5.47	28.21	6.82	196.07
3	PRANZ F2 COMUN PULPA PORC80GR SI MACAROANE CU SOS ROSII 250GR, PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.75	89.35	17.00	725.40
4	PRANZ F3 COMUN CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN TOCANITA DE PULPA DE PUI INFERIOARA80GR CU MAMALIGA200G SI BRANZA PUTIN SARATA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
6	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total LEHUZE COMUN			162.20	343.90	118.89	3,094.38
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, GEM 20G,CARTOFI FIERTI 250G ,MORCOV FIERT250G,ROSIE70G,,ARDEI80G,CASTRAVETE80G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.48	164.74	5.10	761.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	1.92	14.46	4.81	108.80
3	PRANZ F2 REGIM SOTE DE FASOLE VERDE350G	PAINE(GLUTEN)	13.15	52.55	11.15	363.15
4	CINA F1 REGIM CARTOFI UNGURESTI250G, PAINE100G		7.15	60.15	9.95	358.75
5	CINA F2 REGIM COMPOT DE PIERSICI300ML SI PAINE100G	PAINE(GLUTEN)	9.30	94.70	1.20	426.80
Total REGIM RELIGIOS - DESODAT			48.99	386.60	32.21	2,018.76

MENIUL ZILNIC
18/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70

Nr.	Denumire					
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER PIEPT PUI 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.20	40.00	24.45	576.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			169.63	252.82	106.80	2,650.98
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.79	13.81	23.70	359.69
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV250G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(4 COPIII)	IAURT(LACTOZA) OU	287.62	867.84	160.50	6,034.34
Total COPIII 0-3 ANI			287.62	867.84	160.50	6,034.34
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI 80G,ROSII80G,CASTRAVETI80G,GEM20GR	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	78.74	22.40	643.86
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI FIDEA , DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.97	16.30	25.98	402.49
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI 80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
5	CINA F1 REGIM PULPA PUI SI MACAROANE CU SOS DE ROSII	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
6	CINA F3 REGIM CHEC100GR	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
7	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			153.16	356.62	114.51	3,055.79

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
DIA/HEP/AR R/ ONC R/ HIV R						
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, CASTRAVETE 80G,ROSIE80G,ARDEI 80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	61.50	22.40	574.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70GR SI FIDEA , DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.97	16.30	25.98	402.49
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
6	CINA F1 DIABET PULPA DE VITA CU MACAROANE SI SOS ROSII PAINE	PASTE(GLUTEN,OU)	36.35	40.85	14.30	437.50
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			172.17	242.40	90.93	2,446.74
COMUN						
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,MASLINE 25G, .	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	6.55	16.79	13.57	215.46
3	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		34.00	60.15	32.90	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
6	CINA F3 COMUN COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
Total COMUN			159.17	286.27	105.46	2,731.07
ONC C/ AR C/ HIV C						
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,MASLINE 25G, .	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, COZONAC 100G, BANANE200G	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	92.90	16.04	562.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	6.55	16.79	13.57	215.46
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/AR/HIV CHEC100G, COMPOT VISINE300G	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		34.00	60.15	32.90	672.70
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
8	CINA F3 COMUN COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
Total ONC C/ AR C/ HIV C			180.37	479.17	139.10	3,882.43
LEHUZE COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,MASLINE 25G, .	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.78	58.88	30.80	731.80
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	6.55	16.79	13.57	215.46
3	PRANZ F2 COMUN PULPA PORC CU MANCARE DE SPANAC PAINE	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN PULPA DE PUI INF 80GR SI CARTOFI UNGURESTI300GR		34.00	60.15	32.90	672.70
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
6	CINA F3 COMUN COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
Total LEHUZE COMUN			163.16	293.72	105.90	2,780.78
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, GEM 20G,CARTOFI FIERTI 250G ,MORCOV FIERT250G,ROSIE70G,,ARDEI80G,CASTRAVETE80G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.48	164.74	5.10	761.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	2.25	15.75	4.90	116.09
3	PRANZ F2 REGIM MACARONE CU SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	14.75	89.35	11.00	515.40
4	CINA F1 REGIM GARNITURA DE OREZ CU MORCOV 230G		3.79	39.13	9.48	256.99
5	CINA F2 REGIM COMPOT DE CIRESE300G SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM RELIGIOS - DESODAT			47.86	403.97	31.68	2,078.94

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
19/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.57	270.37	96.05	2,580.21
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.79	13.81	23.70	359.69
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(4 COPIII)	IAURT(LACTOZA) OU	222.79	643.88	117.50	4,508.18
Total COPIII 0-3 ANI			222.79	643.88	117.50	4,508.18

Nr.	Denumire	Alergeni	Proteine	Glucide	Lipide	Calorii
REGIM						
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ROSII80G,CASTRAVETI80G,BANANA 200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	102.60	22.20	733.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI CARTOFI , DREASA CU OU SI IAURT 330ML	IAURT(LACTOZA) OU TELINA	26.97	27.80	26.09	453.48
3	PRANZ F2 REGIM PIEPT PUI80G MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI 90G CU GARNITURA DE OREZ CU MORCOV250G		30.66	39.33	32.43	571.82
5	CINA F2 REGIM CEA250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			144.36	279.53	96.81	2,552.96
REGIM RELIGIOS - DESODAT						
1	MIC DEJUN REGIM CEA250ML, PAINE100G, GEM 20G,CARTOFI FIERTI 250G ,MORCOV FIERT250G,ROSIE70G,,ARDEI80G,CASTRAVETE80G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.48	164.74	5.10	761.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	2.25	15.75	4.90	116.09
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM MANCARE DE FASOLE VERDE 250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	12.43	55.61	10.99	371.07
5	CINA F1 REGIM GARNITURA DE OREZ CU MORCOV 230G		3.79	39.13	9.48	256.99
6	CINA F2 REGIM COMPOT DE CIRESE300G SI PAINE100G	PAINE(GLUTEN)	9.60	95.00	1.20	429.20
Total REGIM RELIGIOS - DESODAT			45.55	395.62	31.67	2,036.20
DIA/HEP/AR R/ ONC R/ HIV R						
1	MIC DEJUN DIABET CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, CASTRAVETE 80G,ROSIE80G,ARDEI 80G,	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.40	23.20	618.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI 70GR , DREASA CU OU SI IAURT330ML	IAURT(LACTOZA) OU TELINA	24.87	8.70	25.89	366.88
4	PRANZ F2 DIABET PIEPT DE PUI80GR CU SOTE DE DOVLECEI250GRPAINE100GR	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200GR		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET TOCANITA DE FICAT 150G CU MAMALIGA150G SI BRANZA DIETETICA100G	BRANZA(LACTOZA)	60.43	52.95	39.02	804.70
8	CINA F2 DIABET CEA250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			190.05	291.70	114.96	2,931.73
COMUN						
1	MIC DEJUN COMUN CEA250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSIE 80G GEM 20G, .	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA	55.50	74.49	26.90	762.06

Nr.	Denumire				
		PORC(SOIA)			
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU FASOLE VERDEI320ML , DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	4.16	9.57	6.76 115.73
3	PRANZ F2 COMUN CARNATI DE PORC 105G SI CARTOFI NATUR250G PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN) UNT(LACTOZA)	36.42	108.10	53.50 977.98
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43 570.94
5	CINA F2 COMUN COMPOT CIRESE 300ML SI PAINE 100G	PAINE(GLUTEN)	9.60	95.00	1.20 429.20
Total COMUN			136.32	326.29	120.79 2,855.91
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSIE 80G GEM 20G, .	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	74.49	26.90 762.06
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC 100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20 498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU FASOLE VERDEI320ML , DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	4.16	9.57	6.76 115.73
4	PRANZ F2 COMUN CARNATI DE PORC 105G SI CARTOFI NATUR250G PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN) UNT(LACTOZA)	36.42	108.10	53.50 977.98
5	SUPLIMENT ORA 16 ONCO/AR/HIV , COMPOT VISINE300G		1.20	46.50	0.00 190.80
6	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43 570.94
7	CINA F2 COMUN COMPOT CIRESE 300ML SI PAINE 100G	PAINE(GLUTEN)	9.60	95.00	1.20 429.20
Total ONC C/ AR C/ HIV C			150.32	434.29	143.99 3,544.71
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSIE 80G GEM 20G, .	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	74.49	26.90 762.06
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU FASOLE VERDEI320ML , DREASA CU SMANTANA SI OU	OU SMANTANA(LACTOZA) TELINA	4.16	9.57	6.76 115.73
3	PRANZ F2 COMUN PIEPT DE PUI 80G CU MANCARE DE FASOLE VERDE270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.13	54.61	14.89 528.97
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43 570.94
5	CINA F2 COMUN COMPOT CIRESE 300ML SI PAINE 100G	PAINE(GLUTEN)	9.60	95.00	1.20 429.20
Total LEHUZE COMUN			144.03	272.79	82.18 2,406.89

INTOCMIT,
DINU
BOGDAN

AM PRIMIT,
STANCIU
CRISTIAN

ASISTENT DIETETICA,
DINU
BOGDAN

CONTABIL,
DANAU
MARGARETA

DIRECTOR INGRIJIRI,
MATRAGUNA
LAURA

MEDIC COORDONATOR
VASILE
SIMONA

Meniul de Paste

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
20/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
	HIDRIC/HZL	Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
	REGIM ULCER/COLECIST	Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G, OU ROSU1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	54.00	60.15	50.10	907.50
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F3 ULCER / COLECIS COZONAC 100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU PIURE DE CARTOFI260G	PAINE(GLUTEN) UNT(LACTOZA)	47.20	106.40	13.90	739.50
5	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54

Nr.	Denumire					
6	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			174.83	316.22	112.69	2,978.59
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G, OU ROSU1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN)	38.38	106.70	25.90	813.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.79	13.81	23.70	359.69
3	PRANZ F2 COLITA / ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI PIURE DE CARTOFI260G PAINE100G	PAINE(GLUTEN)	46.50	105.80	14.90	743.30
4	PRANZ F3 COLITA / ENTEROCOLITA / REGIM SPECIAL COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
6	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			174.60	365.17	106.49	3,117.69
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(4 COPIII)	IAURT(LACTOZA) OU	242.59	734.88	129.20	5,040.68
Total COPIII 0-3 ANI			242.59	734.88	129.20	5,040.68
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ROSII80G,CASTRAVETI80G,BANANA 200G, OU ROSU 1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	103.20	29.40	833.90
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT310ML CU ARIPI70 ALA GREC	IAURT(LACTOZA) OU TELINA	25.57	16.20	25.94	400.13
3	PRANZ F3 REGIM COZONAC100G SI MERE200G	COZONAC(NUCA,OU,GLUTEN)	7.20	70.30	10.44	404.16
4	PRANZ F2 REGIM PIEPT DE PUI80G CU PIURE DE CARTOFI260G, PAINE100G	PAINE(GLUTEN)	46.50	105.80	14.90	743.30
5	CINA F1 REGIM PULPA PUI 90G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			160.81	388.83	114.31	3,213.63
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, CASTRAVETE 80G,ROSIE80G,ARDEI 80G, OU ROSU1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.90	64.00	30.40	719.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.57	16.20	25.94	400.13
4	PRANZ F3 DIABET PORTOCAL200G		0.00	0.00	0.00	0.00

Nr.	Denumire					
5	PRANZ F2 DIABET SARMALE CU CARNE TOCATA PORC3,BUC(150G) SI PULPA PORC80G SI PAINE100G	OU PAINE(GLUTEN)	82.63	61.50	51.66	1,041.48
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
7	CINA F1 DIABET PULPA VITA80G CU PIURE DE CARTOFI260G	UNT(LACTOZA)	36.65	57.60	9.20	459.80
8	CINA F3 DIABET SALATA VARZA		0.00	0.00	4.60	41.40
9	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			216.95	289.20	134.20	3,202.51
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSIE 80G, CASTRAVETE80G, OU ROSU 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	65.20	63.75	37.00	835.30
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.29	16.15	6.71	142.11
3	PRANZ F2 COMUN SARMALE CU CARNE TOCATA PORC3BUC(150G) SI CARNATI PORC105, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) OU PAINE(GLUTEN)	63.63	62.00	88.21	1,214.83
4	PRANZ F3 COMUN COZONAC100G SI PORTOCAL200G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA PUI80G SI PIURE DE CARTOFI260G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			182.56	298.90	175.31	3,408.75
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSIE 80G, CASTRAVETE80G, OU ROSU 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	65.20	63.75	37.00	835.30
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G. CHEC100G, BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
3	PRANZ F1 COMUN CIORBA ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.29	16.15	6.71	142.11
4	PRANZ F2 COMUN SARMALE CU CARNE TOCATA PORC3BUC(150G) SI CARNATI PORC105, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) OU PAINE(GLUTEN)	63.63	62.00	88.21	1,214.83
5	PRANZ F3 COMUN COZONAC100G SI PORTOCAL200G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV BANANA200G		0.00	40.00	0.00	160.00
7	CINA F1 COMUN PULPA PUI80G SI PIURE DE CARTOFI260G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			195.36	440.40	198.51	4,226.75
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSIE 80G, CASTRAVETE80G, OU ROSU 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	65.20	63.75	37.00	835.30

Nr.	Denumire					
2	PRANZ F1 COMUN CIORBA ZARZAVAT CU FIDEA ,DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	4.29	16.15	6.71	142.11
3	PRANZ F2 COMUN SARMALE CU CARNE TOCATA PORC3BUC(150G) SI CARNATI PORC105, PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) OU PAINE(GLUTEN)	63.63	62.00	88.21	1,214.83
4	PRANZ F3 COMUN COZONAC100G SI PORTOCAL200G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COMUN PULPA PUI80G SI PIURE DE CARTOFI260G	UNT(LACTOZA)	33.85	57.90	31.75	652.75
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			182.56	298.90	175.31	3,408.75

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
21/04/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00
Total HIDRIC/HZL			18.89	166.81	17.50

Nr.	Denumire					
REGIM ULCER/COLECIST						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G, OU ROSU1BUC,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	54.00	60.15	50.10	907.50
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F3 ULCER / COLECIS COZONAC 100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
5	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV240G		38.14	57.56	13.70	506.09
6	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			174.17	315.87	113.69	2,983.57
REGIM SPECIAL						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G, OU ROSU1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN)	38.38	106.70	25.90	813.40
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.79	13.81	23.70	359.69
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	PRANZ F3 COLITA / ENTEROCOLITA / REGIM SPECIAL COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV280G		38.14	57.56	13.70	506.09
6	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			174.64	365.42	106.49	3,118.87
COPIII 0-3 ANI						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(6 COPIII)	IAURT(LACTOZA) OU	298.75	966.90	164.20	6,524.40
Total COPIII 0-3 ANI			298.75	966.90	164.20	6,524.40
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ROSII80G,CASTRAVETI80G, OU ROSU 1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	42.50	63.20	29.40	673.90
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI PUI70G SI FIDEA	PASTE(GLUTEN,OU) TELINA	23.66	15.14	23.92	370.47
3	PRANZ F3 REGIM CHEC100G	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
4	PRANZ F2 REGIM PIEPT PUI80G MANCARE DE FASOLE VERDE270G,	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37

Nr.	Denumire					
	PAINE100G					
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU PASTE SI SOS ROSII250G	PASTE(GLUTEN,OU)	33.20	40.85	32.75	590.95
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			158.39	282.49	119.76	2,827.88
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, CASTRAVETE 80G,ROSIE80G,ARDEI 80G, OU ROSU1BUC.	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	50.90	64.00	30.40	719.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI 70G SI FIDEA	PASTE(GLUTEN,OU) TELINA	24.11	16.25	24.01	377.52
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE SPANAC350G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PUI INFERIOARA80GR CU SOTE DE FASOLE VERDE 350G		31.60	4.05	32.90	438.70
7	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200G	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80	338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			173.96	231.55	114.76	2,625.37
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSIE 80G, CASTRAVETE80G, OU ROSU 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	65.20	63.75	37.00	835.30
2	PRANZ F1 COMUN CIORBA CU DE ZARZAVAT CU OREZ 330MLCU ARIPI PUI70G	TELINA	23.30	16.29	23.89	373.33
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU GHIVECI DE LEGUME 310G		34.24	33.16	33.15	567.94
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			182.33	255.02	111.92	2,743.15
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,ROSIE 80G, CASTRAVETE80G, OU ROSU 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	65.20	63.75	37.00	835.30
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC 100G, BANANE200G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20	658.00
3	PRANZ F1 COMUN CIORBA CU DE ZARZAVAT CU OREZ 330MLCU ARIPI PUI70G	TELINA	23.30	16.29	23.89	373.33

Nr.	Denumire					
4	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	CINA F1 COMUN PULPA PUI INFERIOARA80G CU GHIVECI DE LEGUME 310G		34.24	33.16	33.15	567.94
6	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100G, PORTOCAL200G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			202.33	401.42	145.56	3,703.71
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCaval50G, MUSCHI FILE50G,ROSIE 80G, CASTRAVETE80G, OU ROSU 1BUC.	BRANZA(LACTOZA) CASCaval(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	65.20	63.75	37.00	835.30
2	PRANZ F1 COMUN CIORBA CU DE ZARZAVAT CU OREZ 330MLCU ARIPI PUI70G	TELINA	23.30	16.29	23.89	373.33
3	PRANZ F2 COMUN PULPA PORC80G SI GARNITURA DE OREZ CU MORCOV 250G	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
4	CINA F1 COMUN PULPA PUI INFERIOARA80G CU GHIVECI DE LEGUME 310G		34.24	33.16	33.15	567.94
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			182.33	255.02	111.92	2,743.15
FARA GRUPA		Alergeni	Proteine	Glucide	Lipide	Calorii
1	VOPSEA DE OUA		0.00	0.00	0.00	0.00
Total FARA GRUPA			0.00	0.00	0.00	0.00

INTOCMIT,

AM PRIMIT,

ASISTENT DIETETICA,

CONTABIL,

DIRECTOR INGRIJIRI,

MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu
	Str. Progresului, nr. 18, Tg. Jiu, GORJ
	Contract/conventie: 4448067
	CAS: 1SAMB

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU PASTE SI BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			168.93	252.22	107.80	2,654.78
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.79	13.81	23.70	359.69
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(6 COPIII)	OU	187.05	860.00	123.20	5,297.00
Total COPIII 0-3 ANI			187.05	860.00	123.20	5,297.00
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ROSII80G, IAURT 200G CHEC100G.	BRANZA(LACTOZA) CHEC(OU,GLUTEN) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.60	123.90	42.50	1,052.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT310ML CU ARIPI70 A LA GREC	IAURT(LACTOZA) OU TELINA	25.47	15.20	25.94	395.73
3	PRANZ F2 REGIM PIEPT PUI80G SI MACAROANE CU BRANZA250G PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 REGIM PULPA PUI INFERIOARA 80G CU GARNITURA DE OREZ CU MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F2 REGIM CEA1250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			167.01	320.33	128.72	3,099.42
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G,IAURT 200G ,ROSIE80	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.50	66.60	25.70	675.70
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML A LA GREC CU ARIPI PUI70G	IAURT(LACTOZA) OU TELINA	25.47	15.20	25.94	395.73
4	PRANZ F2 DIABET PIEPT DE PUI80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	PRANZ F3 DIABET MERE200GR		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
7	CINA F1 DIABET FICAT DE PUI 150G CU SOTE DE SPANAC350G		45.95	16.85	21.95	448.75
8	CINA F2 DIABET CEA1250ML, PAINE100G, BRANZA DIETETICA 100GR	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			196.17	241.90	117.44	2,784.83
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEA1 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE100G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	65.25	58.65	30.90	773.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA SI OASE PORC 400ML, DREASA CU OU SI SMANTANA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	7.01	15.97	13.61	214.37
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F3 COMUN CHEC 100GR	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00

Nr.	Denumire					
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			177.33	281.05	114.13	2,860.67
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE100G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	65.25	58.65	30.90	773.70
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV MUSCHI FILE 50 GR OU ROSU 1 BUC ARDEI 80GR CASTRAVETE 80GR	OU	21.65	5.40	14.60	226.10
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA SI OASE PORC 400ML, DREASA CU OU SI SMANTANA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	7.01	15.97	13.61	214.37
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G	FAINA(GLUTEN) PAINE(GLUTEN)	59.63	59.61	18.39	642.47
5	SUPLIMENT ORA 16 ONCO/AR/HIV , PORTOCALE 200GR COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
6	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
7	CINA F3 COMUN CHEC 100GR	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			206.18	331.35	139.17	3,389.33
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE100G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	65.25	58.65	30.90	773.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU FIDEA SI OASE PORC 400ML, DREASA CU OU SI SMANTANA	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	7.01	15.97	13.61	214.37
3	PRANZ F2 COMUN PULPA DE PORC80GR CU MANCARE FASOLE VERDE270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99	581.07
4	CINA F1 COMUN PULPA PUI INF80G CU GARNITURA DE OREZ SI MORCOV250G		30.64	39.13	32.43	570.94
5	CINA F3 COMUN CHEC 100GR	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			169.13	277.05	112.73	2,799.27

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
23/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC / HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 CINA F1 ULCER/ COLECIST PIEPT PUI80G SI CARTOFI CU BRANZA 330GR	BRANZA(LACTOZA)	49.30	58.70	25.60	662.40
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			169.73	271.52	107.95	2,736.53
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G,	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60

Nr.	Denumire					
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT320ML CU ARIPI PUI70G	TELINA	22.79	13.81	23.70	359.69
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV280G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(8 COPIII)	IAURT(LACTOZA) OU	550.24	1,462.48	301.60	10,685.28
Total COPIII 0-3 ANI			550.24	1,462.48	301.60	10,685.28
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI 100G GEM 20G IAURT200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	45.40	79.54	25.40	720.36
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU ARIPI DE PUI 70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.03	10.75	25.65	373.99
3	PRANZ F2 REGIM PIEPT PUI80G MANCARE DE FASOLE VERDE270G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA DE PUI INFERIOAR 80G SI OREZ CU LEGUME350G		33.99	40.53	32.98	594.89
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			157.05	240.63	100.12	2,483.81
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI100G, UNT20G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	40.40	55.50	36.20	709.40
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT CU ARIPI DE PUI70G SI FULGI DE OU 330ML	FAINA(GLUTEN) OU TELINA	25.03	10.75	25.65	373.99
4	PRANZ F2 DIABET PIEPT PUI80G SI SOTE DE SPANAC300G PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	PRANZ F3 DIABET MERE200GR		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
7	CINA F1 DIABET TOCANITA DE PULPA DE VITA 80G CU MAMALIGA150G SI BRANZA DIETETICA100G	BRANZA(LACTOZA)	50.43	44.95	31.52	665.20

Nr.	Denumire				
8	CINA F2 DIABET CEAI250ML, PAINE100G,	PAINE(GLUTEN)	8.40	48.50	1.20 238.40
Total DIA/HEP/AR R/ ONC R/ HIV R			183.21	260.25	118.82 2,835.24
COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	70.19	26.60 737.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU OU SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.25	27.39	6.82 191.91
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05 737.25
4	CINA F1 COMUN PULPA PORC80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	55.70	39.40	22.79 585.51
5	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80 335.60
Total COMUN			160.40	248.13	115.06 2,588.03
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	70.19	26.60 737.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV LAPTE 200ML MUSCHI FILE 50G COZONAC 100G	COZONAC(NUCA,OU,GLUTEN) LAPTE(LACTOZA)	24.45	54.70	18.34 481.86
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU OU SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.25	27.39	6.82 191.91
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05 737.25
5	SUPLIMENT ORA 16 ONCO/AR/HIV , PORTOCAL 200GR COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44 302.56
6	CINA F1 COMUN PULPA PORC80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	55.70	39.40	22.79 585.51
7	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80 335.60
Total ONC C/ AR C/ HIV C			192.05	347.73	143.84 3,372.45
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI 250ML, PAINE100G, BRANZA100G, SUNCA PORC50G, CASCAVAL50G, MUSCHI FILE50G,GEM20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	70.19	26.60 737.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU OU SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.25	27.39	6.82 191.91
3	PRANZ F2 COMUN PIEPT DE PUI 80GR SI MANCARE DE SPANAC 270GR PAINE100GR	FAINA(GLUTEN) PAINE(GLUTEN)	45.03	58.81	14.89 549.37

Nr.	Denumire					
4	CINA F1 COMUN PULPA PORC80G CU MACAROANE CU BRANZA SARATA280G	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	55.70	39.40	22.79	585.51
5	CINA F2 COMUN CEAI250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			168.78	249.99	72.30	2,325.74

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR