

MENIUL ZILNIC
31/03/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300G, IAURT200G, OUA60G, ZAHAR100G	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			17.69	183.61	17.50	954.69
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT310ML SI ARIPI DE PUI 70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV250G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV250GR,		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.57	270.37	96.05	2,580.21
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 310ML SI ARIPI DE PUI 90G	TELINA	22.79	13.81	23.70	359.69
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV250G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80GR CU CARTOFI SI MORCOV250GR		38.14	57.56	13.70	506.09

Nr.	Denumire					
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(5 COPIII)	IAURT(LACTOZA) OU	402.05	1,154.20	251.60	8,441.40
Total COPIII 0-3 ANI			402.05	1,154.20	251.60	8,441.40
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G, ROSII80GR,CASTRAVETE80GR, ARDEI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT310ML CU ARIPI75 DE PUI A LA GREC	IAURT(LACTOZA) OU TELINA	25.24	14.91	25.85	392.84
3	PRANZ F2 REGIM PIEPT PUI80G MANCARE DE FASOLE VERDE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	44.23	55.61	14.89	533.37
4	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			147.07	252.06	97.24	2,457.80
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET BRANZA DIETETICA100GR, MUSCHI FILE50G, SUNCA PUI 50G, ROSIE80GG,ARDEI 80G, CASCAVAL50G, CEAI250ML, PAINE100G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	57.25	61.55	31.30	756.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT310MLCU ARIPI PUI 75G A LA GREC	IAURT(LACTOZA) OU TELINA	25.20	14.65	25.85	391.65
4	PRANZ F2 DIABET PIEPT PU80G CU SOTE DE SPANAC250G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC80G SI OREZ CU LEGUME 250G		46.14	40.53	16.03	490.94
7	CINA F2 DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			205.54	257.98	112.03	2,853.94
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR SUNCA PORC50G CASCAVAL50G MUSCHI FILE50G, UNT20G, GEM20G, OU FIERT 1BUC	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	69.99	40.00	832.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU PULPA PUI INF80G SI FULGI DE OU	FAINA(GLUTEN) OU TELINA	30.84	12.82	29.61	441.12

Nr.	Denumire					
3	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			187.14	273.26	136.54	3,070.65
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR SUNCA PORC50G CASCAVAL50G MUSCHI FILE50G, UNT20G, GEM20G, OU FIERT 1BUC	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	69.99	40.00	832.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU PULPA PUI INF80G SI FULGI DE OU	FAINA(GLUTEN) OU TELINA	30.84	12.82	29.61	441.12
4	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	PRANZ F2 COMUN PULPA PORC80G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
6	SUPLIMENT ORA 16 ONCO/AR/HIV ,COZONAC100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
7	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			200.74	326.16	152.58	3,473.21
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR SUNCA PORC50G CASCAVAL50G MUSCHI FILE50G, UNT20G, GEM20G, OU FIERT 1BUC	CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	48.20	69.99	40.00	832.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT320ML CU PULPA PUI INF80G SI FULGI DE OU	FAINA(GLUTEN) OU TELINA	30.84	12.82	29.61	441.12
3	PRANZ F3 COMUN COZONAC100G	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE FASOLE VERDE250G, PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	52.08	55.81	17.09	585.37
5	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			190.97	277.72	137.08	3,108.67

MENIUL ZILNIC
02/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT310ML SI ARIPI DE PUI 70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER,COLECIST PIEPT DE PUI 80G CU PASTE SI BRANZA DIETETICA250G SI PAINE100G	BRANZA(LACTOZA) PAINE(GLUTEN) PASTE(GLUTEN,OU)	56.90	87.90	26.65	819.05
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV250GR,		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			171.73	272.02	108.15	2,748.33
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 310ML SI ARIPI DE PUI 90G	TELINA	22.79	13.81	23.70	359.69
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV250G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV250G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(5 COPIII)	IAURT(LACTOZA) OU	364.05	1,267.20	218.80	8,462.20
Total COPIII 0-3 ANI			364.05	1,267.20	218.80	8,462.20
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii

Nr.	Denumire					
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300G, IAURT200G, OUA60G, ZAHAR100G	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			17.69	183.61	17.50	954.69
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI PAINE,BRANZA 100GIAURT200G,SUNCA PUI,50G,ROSIE,80G,CASTRAVETE,80GARDEI80G	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	41.60	75.20	28.00	697.70
2	PRANZ F1 REGIM SUPA DE ZARZAVAT330ML CU PULPA DE PUI INF 80G SI FIDEA ,DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.19	15.01	29.84	452.95
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
5	CINA F1 REGIM PULPA PUI80G INFERIAORA SI GHIVECI DE LEGUME250G		34.20	32.90	33.15	566.75
6	CINA F2 REGIM CEAI250ML CU LAMAIE SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			159.38	290.34	106.77	2,737.89
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA 100GR SUNCA PUI50GR MUSCHI FILE,50G,ROSII 80G,CASTRAVETI80G,ARDEI80G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	46.05	61.50	26.70	657.00
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU PULPA DE PUI INF80G SI FIDEA DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	31.15	14.75	29.84	451.76
4	PRANZ F2 DIABET PULPA PU80G CU SOTE DE SPANAC250G, PAINE100G	PAINE(GLUTEN)	41.20	57.35	34.10	701.10
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE200 ML		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA PULPA PORC CU CARTOFI NATUR	UNT(LACTOZA)	46.48	61.50	14.92	566.20
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA DE PUI 50GR	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			186.98	278.90	113.16	2,860.06
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PRAGA 50G,CASCAVAL50G, MUSCHI FILE 50G,COZONAC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.60	103.55	37.04	994.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.07	16.61	11.27	184.12

Nr.	Denumire					
3	PRANZ F2 COMUN PULPA PORC CU MANCARE DE SPANAC PAINE	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN PULPA PUI INF100GR CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML CU PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			156.94	272.29	98.93	2,607.48
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PRAGA 50G,CASCAVAL50G, MUSCHI FILE 50G,COZONAC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.60	103.55	37.04	994.16
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,COZONAC100GR,LAPTE200ML	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) LAPTE(LACTOZA)	20.00	62.70	19.64	499.76
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.07	16.61	11.27	184.12
4	PRANZ F2 COMUN PULPA PORC CU MANCARE DE SPANAC PAINE	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PRUNE300MLOU FIERT 60G,CHEC100GR	CHEC(OU,GLUTEN) OU	15.40	109.00	24.80	720.80
6	CINA F1 COMUN PULPA PUI INF100GR CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43	570.94
7	CINA F2 COMUN CEAI250ML CU PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			192.34	443.99	143.37	3,828.04
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G, SUNCA PRAGA 50G,CASCAVAL50G, MUSCHI FILE 50G,COZONAC	BRANZA(LACTOZA) CASCAVAL(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PORC(SOIA)	61.60	103.55	37.04	994.16
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.07	16.61	11.27	184.12
3	PRANZ F2 COMUN PULPA PORC CU MANCARE DE SPANAC PAINE	FAINA(GLUTEN) PAINE(GLUTEN)	52.23	58.81	16.99	597.07
4	CINA F1 COMUN PULPA PUI INF100GR CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI250ML CU PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			156.94	272.29	98.93	2,607.48

MENIUL ZILNIC
04/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300G, IAURT200G, OUA60G, ZAHAR100G	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			17.69	183.61	17.50	954.69
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT330ML SI ARIPI DE PUI 70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV280GR,		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.57	270.37	96.05	2,580.21
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 330ML SI ARIPI DE PUI 90G	TELINA	22.79	13.81	23.70	359.69
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80GR CU CARTOFI SI MORCOV280GR		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20

Nr.	Denumire					
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(8 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	633.04	2,218.28	376.00	14,709.28
Total COPIII 0-3 ANI			633.04	2,218.28	376.00	14,709.28
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI PAINE,BRANZA 100G,SUNCA PUI,50G,ROSIE,80GR.IAURT200GR	BRANZA(LACTOZA) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.20	70.40	24.90	654.50
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI70G SI CARTOFI , DREASA CU OU SI IAURT	IAURT(LACTOZA) OU TELINA	27.20	28.14	26.03	455.23
3	PRANZ F3 REGIM COZONAC100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 REGIM PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	43.99	87.63	14.58	657.69
5	CINA F1 REGIM PULPA PUI80G INFERIAORA SI GHIVECI DE LEGUME250G		34.24	33.16	33.15	567.94
6	CINA F2 REGIM CEAI250ML CU LAMAIE SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			160.23	318.43	110.30	2,899.12
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA 100GR CASCAVAL 50GR SUNCA PUI50GR MUSCHI FILE,50G,ROSII 80G ,ARDEI80G UNT 20GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	58.65	62.75	47.70	914.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI 70G , DREASA CU OU SI IAURT	IAURT(LACTOZA) OU TELINA	24.77	7.66	25.77	361.25
4	PRANZ F2 DIABET PIEPT DE PU80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	PRANZ F3 DIABET MERE200GR		0.00	25.40	0.00	101.60
6	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200 ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
7	CINA F1 DIABET PULPA PORC80G CU GHIVECI DE LEGUME250G		46.39	33.16	16.20	463.99
8	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA DE PUI 50GR	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			204.46	254.52	115.92	2,870.79
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL 50GR, SUNCA PRAGA 50G, MUSCHI FILE 50G ,UNT 20GR GEM 20GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.80	71.39	43.00	895.76

Nr.	Denumire				
		UNT(LACTOZA)			
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.22	17.39	11.21 187.30
3	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE FASOLE VERDE270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.41	57.11	17.00 587.10
4	CINA F1 COMUN PULPA PUI INFERIOARE80GR CU MACAROANE CU SOS ROSII250GR	PASTE(GLUTEN,OU)	33.20	40.85	32.75 590.95
5	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80 335.60
Total COMUN			159.43	245.04	108.76 2,596.71
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL 50GR, SUNCA PRAGA 50G, MUSCHI FILE 50G ,UNT 20GR GEM 20GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00 895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,CHEC 100GR BANANE200GR	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	101.50	23.20 658.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.22	17.39	11.21 187.30
4	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE FASOLE VERDE270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.41	57.11	17.00 587.10
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE PRUNE300M,CHEC100GR	CHEC(OU,GLUTEN)	7.00	108.40	17.60 620.00
6	CINA F1 COMUN PULPA PUI INFERIOARE80GR CU MACAROANE CU SOS ROSII250GR	PASTE(GLUTEN,OU)	33.20	40.85	32.75 590.95
7	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80 335.60
Total ONC C/ AR C/ HIV C			179.23	454.94	149.56 3,874.71
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL 50GR, SUNCA PRAGA 50G, MUSCHI FILE 50G ,UNT 20GR GEM 20GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00 895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.22	17.39	11.21 187.30
3	PRANZ F2 COMUN PULPA DE PORC 80GR CU MANCARE FASOLE VERDE270GR PAINE100GR	FAINA(GLUTEN) PAINE(GLUTEN)	51.43	55.61	16.99 581.07
4	CINA F1 COMUN PULPA PUI INFERIOARE80GR CU MACAROANE CU SOS ROSII250GR	PASTE(GLUTEN,OU)	33.20	40.85	32.75 590.95
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total LEHUZE COMUN			153.05	239.44	105.15 2,516.27

MENIUL ZILNIC
05/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA60G, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT330ML SI ARIPI DE PUI 70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER PIEPT PUI 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.20	40.00	24.45	576.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			172.43	272.62	107.15	2,744.53
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49

Nr.	Denumire					
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 330ML SI ARIPI DE PUI 90G	TELINA	22.79	13.81	23.70	359.69
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(7 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	613.41	1,634.72	356.30	12,135.22
Total COPIII 0-3 ANI			613.41	1,634.72	356.30	12,135.22
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI PAINE,BRANZA 100G,SUNCA PUI,50G,ROSIE,80GR. ARDEI 80GR CASTRAVETI 80 GR COZONAC100GR	BRANZA(LACTOZA) COZONAC(NUCA,OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	42.40	112.10	32.84	900.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI70G SI FIDEA , DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.10	15.64	25.92	399.84
3	PRANZ F3 REGIM BANANE200GR		0.00	40.00	0.00	160.00
4	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM CEAI250ML CU LAMAIE SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			157.45	371.44	107.76	3,071.70
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI PAINE BRANZA DIETETICA 100GR CASCAVAL 50GR SUNCA PORC 50GR MUSCHI FILE,50G,ROSII 80G ,ARDEI80G UNT 20GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	58.00	63.05	50.30	936.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI 70G SI FIDEA , DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.20	16.64	25.92	404.24
4	PRANZ F2 DIABET PIEPT DE PUI80G CU SOTE DE FASOLE VERDE350G SI PAINE100G	PAINE(GLUTEN)	44.28	53.20	14.91	524.13
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200GR		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC 80GR SI MACAROANE CU BRANZA 280GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	55.70	39.40	27.55	628.35

Nr.	Denumire				
7	CINA F2 DIABET CEAI250ML, PAINE100G, IAURT200GR	IAURT(LACTOZA) PAINE(GLUTEN)	14.80	56.50	6.80 338.40
Total DIA/HEP/AR R/ ONC R/ HIV R			205.38	262.19	131.08 3,033.62
COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL 50GR, SUNCA PRAGA 50G, UNT 20GR GEM 20GR,CHEC 100GR,ROSII80GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	52.45	129.19	56.60 1,235.96
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.63	27.87	10.15 229.31
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	29.51	51.25	53.90 726.54
4	CINA F1 COMUN PULPA PUI INF100GR CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43 570.94
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total COMUN			127.62	301.64	154.28 3,023.95
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL 50GR, SUNCA PRAGA 50G, UNT 20GR GEM 20GR,CHEC 100GR,ROSII80GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	52.45	129.19	56.60 1,235.96
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,COZONAC 100GR LAPTE200ML	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA) LAPTE(LACTOZA)	20.00	62.70	19.64 499.76
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI CARTOFI, DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	6.63	27.87	10.15 229.31
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	29.51	51.25	53.90 726.54
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE VISINE300M,CHEC100GR	CHEC(OU,GLUTEN)	7.60	100.00	17.60 588.80
6	CINA F1 COMUN PULPA PUI INF100GR CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43 570.94
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total ONC C/ AR C/ HIV C			155.22	464.34	191.52 4,112.51
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL 50GR, SUNCA PRAGA 50G, UNT 20GR GEM 20GR,CHEC 100GR,ROSII80GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) CHEC(OU,GLUTEN) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	52.45	129.19	56.60 1,235.96
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI	OU SMANTANA(LACTOZA) TELINA	6.63	27.87	10.15 229.31

Nr.	Denumire					
	CARTOFI, DREASA CU OU SI SMANTANA 400ML					
3	PRANZ F2 COMUN PIEPT DE PUI 80GR SI MACAROANE CU SOS ROSII 250GR PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.75	91.35	5.70	603.70
4	CINA F1 COMUN PULPA PUI INF100GR CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			144.87	341.74	106.08	2,901.10
COMUN RELIGIOS		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CEAI 250ML CARTOF FIERT200GR, ROSIE80GR, CASTRAVETE80GR, ARDEI80GR,GEM20GR	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.15	122.59	5.10	591.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT 400ML	TELINA	0.99	6.37	4.69	71.64
3	PRANZ F3 COMUN BANANE200GR		0.00	40.00	0.00	160.00
4	PRANZ F2 COMUN RELIGIOS IAHNIE DE FASOLE USCATA300GR	PAINE(GLUTEN)	9.25	51.35	10.55	337.35
5	CINA F1 COMUN RELIGIOS CARTOFI UNGURESTI250GR		7.15	60.15	9.95	358.75
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN RELIGIOS			42.94	334.66	31.49	1,780.30

	Spitalul Judetean de Urgenta Tg. Jiu
	Str. Progresului, nr. 18, Tg. Jiu, GORJ
	Contract/conventie: 4448067
	CAS: 1SAMB

MENIUL ZILNIC
07/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA60G, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60

Nr.	Denumire					
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT330ML SI ARIPI DE PUI 70G	TELINA	22.59	11.81	23.70	350.89
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV280GR,		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.47	269.37	96.05	2,575.81
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 330ML SI ARIPI DE PUI 90G	TELINA	22.79	13.81	23.70	359.69
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80GR CU CARTOFI SI MORCOV280GR		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(6 COPIII)	IAURT(LACTOZA) OU	437.98	1,579.56	275.60	10,470.56
Total COPIII 0-3 ANI			437.98	1,579.56	275.60	10,470.56
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI PAINE,BRANZA 100G,SUNCA PUI,50G,ROSIE,80GR. ARDEI80GR ,CHEC100G	BRANZA(LACTOZA) CHEC(OU,GLUTEN) PAINE(GLUTEN) SUNCA PUI(SOIA)	40.30	120.50	37.10	977.10

Nr.	Denumire					
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI70G SI FIDEA , DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.14	15.90	25.92	401.03
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
4	CINA F1 REGIM PULPA PUI80G INFERIAORA SI GHIVECI DE LEGUME250G		34.24	33.16	33.15	567.94
5	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			155.63	313.11	112.27	2,884.97
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,CASCAVAL50G,SUNCA PUI50G, BRANZA DIETETICA100G,ARDEI80GG,ROSII80G, MUSCHI50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	57.25	61.55	31.30	756.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI 70G SI FIDEA , DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	26.24	16.90	25.92	405.43
4	PRANZ F2 DIABET PIEPT PUI80GR CU SOTE DE FASOLE VERDE350GR	PAINE(GLUTEN)	44.75	52.85	15.05	525.85
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200GR		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA PORC80G CU GHIVECI DE LEGUME250G		46.39	33.16	16.20	463.99
7	CINA F2 DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA 100GR	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			205.43	248.36	112.27	2,817.17
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL 50G, SUNCA PORC 50G,MUSCHI FILE 50GR UNT 20G, GEM 20G,	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.10	17.57	11.21	187.54
3	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G	FAINA(GLUTEN) PAINE(GLUTEN)	62.13	61.11	18.84	662.52
4	CINA F1 COMUN PULPA PUI INF100GR CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			161.07	243.39	106.68	2,577.95
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL 50G, SUNCA PORC 50G,MUSCHI FILE 50GR UNT 20G, GEM, 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.10	17.57	11.21	187.54

Nr.	Denumire					
4	PRANZ F2 COMUN PULPA PORC80G CU MANCARE DE MAZARE250G	FAINA(GLUTEN) PAINE(GLUTEN)	62.13	61.11	18.84	662.52
5	SUPLIMENT ORA 16 ONCO/AR/HIV COMPOT DE VISINE300M,BANANE200GR		1.20	86.50	0.00	350.80
6	CINA F1 COMUN PULPA PUI INF100GR CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43	570.94
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			175.87	382.79	122.72	3,331.31
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL 50G, SUNCA PORC 50G,MUSCHI FILE50G, UNT 20G, GEM 20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	55.80	71.39	43.00	895.76
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT A LA GREC400G	OU SMANTANA(LACTOZA) TELINA	4.10	17.57	11.21	187.54
3	PRANZ F2 COMUN PIEPT DE PUI90G MACAROANE SI SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.75	91.35	14.90	686.50
4	CINA F1 COMUN PULPA PUI INF100GR CU GARNITURA DE OREZ SI MORCOV250GR		30.64	39.13	32.43	570.94
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			145.69	273.64	102.74	2,601.94

INTOCMIT, AM PRIMIT, ASISTENT DIETETICA, CONTABIL, DIRECTOR INGRIJIRI, MEDIC COORDONATOR

	Spitalul Judetean de Urgenta Tg. Jiu Str. Progresului, nr. 18, Tg. Jiu, GORJ Contract/conventie: 4448067 CAS: 1SAMB
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MENIUL ZILNIC
08/04/2025

APROBAT MANAGER, COMPARTIMENT DIETETICA, AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT330ML SI ARIPI DE PUI 70G	TELINA	22.59	11.81	23.70	350.89
3	PRANZ F2 ULCER/COLECIST PIEPT DE PUI90G CU CARTOFI SI MORCOV250G PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.47	269.37	96.05	2,575.81
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV280G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 330ML SI ARIPI DE PUI 90G	TELINA	22.69	12.81	23.70	355.29
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV230G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			158.94	318.92	88.85	2,711.11
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(8 COPIII)	IAURT(LACTOZA) OU	687.24	2,161.48	419.40	15,057.48

Nr.	Denumire					
Total COPIII 0-3 ANI			687.24	2,161.48	419.40	15,057.48
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI PAINE,BRANZA 100G,SUNCA PUI,50G,ARDEI80GR, GEM20G, IAURT200G	BRANZA(LACTOZA) GEM(DIOXID DE SULF) IAURT(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	39.20	82.24	24.80	700.96
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT310ML CU ARIPI70 CU OREZ		23.56	12.84	23.77	359.53
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PULPA PUI INFERIAORA80G SI GARNITURA DE OREZ CU MORCOV250G	PAINE(GLUTEN)	39.63	88.54	33.69	815.89
5	CINA F1 REGIM PULPA DE PUI INFERIOARA80G CU MANCARE DE FASOLE VERDE250G	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			141.67	270.33	116.20	2,685.80
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI50G, SUNCA PORC50G BRANZA DIETETICA100G, UNT20G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA) SUNCA PUI(SOIA) UNT(LACTOZA)	52.25	56.05	46.30	849.90
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT310MLCU ARIPI PUI 75G CU OREZ	TELINA	23.04	14.27	23.73	362.81
4	PRANZ F2 DIABET PULPA PUI INFERIOARA80G CU SOTE DE SPANAC350G, PAINE100G	PAINE(GLUTEN)	41.20	57.35	34.10	701.10
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200GR		0.00	25.40	0.00	101.60
6	CINA F1 DIABET TOCANITA PULPA PORC80G CU CARTOFI NATUR250G		46.35	62.15	25.15	660.35
7	CINA F2 DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100GR	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			193.64	273.72	153.08	3,239.16
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, UNT 20GR, GEM 20GR, OU FIERT 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	53.35	71.99	45.90	914.46
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI 400ML	TELINA	4.26	29.40	5.04	179.97
3	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE FASOLE VERDE270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.33	54.61	16.99	576.67

Nr.	Denumire					
4	CINA F1 COMUN TOCANITA DE FICAT DE PUI 150GR CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.58	53.73	32.16	746.68
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			177.92	263.93	101.29	2,678.97
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, UNT 20GR, GEM 20GR, OU FIERT 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	53.35	71.99	45.90	914.46
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI 400ML	TELINA	4.26	29.40	5.04	179.97
4	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE FASOLE VERDE270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.33	54.61	16.99	576.67
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC100GR, COMPOT CIRESE300ML	CHEC(OU,GLUTEN)	7.60	100.00	17.60	588.80
6	CINA F1 COMUN TOCANITA DE FICAT DE PUI 150GR CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.58	53.73	32.16	746.68
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			199.12	416.83	134.93	3,670.33
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, UNT 20GR, GEM 20GR, OU FIERT 1BUC.	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) OU PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	53.35	71.99	45.90	914.46
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI 400ML	TELINA	4.26	29.40	5.04	179.97
3	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE FASOLE VERDE270G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	51.33	54.61	16.99	576.67
4	CINA F1 COMUN TOCANITA DE FICAT DE PUI 150GR CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.58	53.73	32.16	746.68
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			177.92	263.93	101.29	2,678.97

Str. Progresului, nr. 18, Tg. Jiu, GORJ
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CAS: 1SAMB

MENIUL ZILNIC
09/04/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT CIRESE300G, IAURT200G, OUA1BUC, ZAHAR100G	IAURT(LACTOZA) OU	16.00	93.10	12.80	543.60
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT CIRESE300G		1.20	46.50	0.00	190.80
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			18.89	166.81	17.50	892.29
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT400ML	TELINA	1.39	12.81	4.70	99.09
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV230G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 ULCER/ COLECIST PIEPT DE PUI 80GR CU CARTOFI CU MORCOV280GR,		38.14	57.56	13.70	506.09
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			137.27	270.37	77.05	2,324.01
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI200G, BRANZA DIETETICA100G, MORCOV200G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 400ML	TELINA	1.49	13.81	4.70	103.49

Nr.	Denumire					
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV230G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80G CU CARTOFI SI MORCOV280G		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			137.74	319.92	69.85	2,459.31
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(4 COPIII)	IAURT(LACTOZA) LAPTE(LACTOZA) OU	460.12	1,266.64	290.00	9,453.04
Total COPIII 0-3 ANI			460.12	1,266.64	290.00	9,453.04
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI PAINE,BRANZA 100G,SUNCA PUI,50G, ROSIE80G, CASTRAVETE80G, BANANE200G	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	34.10	102.60	22.20	733.10
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARTOFI DREASA CU IAURT SI OU 400ML	IAURT(LACTOZA) OU	5.45	26.40	7.02	190.17
3	PRANZ F3 REGIM CHEC100GR	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
4	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 REGIM PULPA PUI INFERIOARA80G CU CARTOFI UNGURESTI250G		34.00	60.15	32.90	672.70
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			134.90	386.20	95.82	2,932.87
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET CEAI250ML,PAINE100G,SUNCA PUI50G, MUSCHI FILE50G BRANZA DIETETICA100G, CASCAVAL50G, ROSIE80,CASTRAVETE80G, ARDEI80G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	58.55	61.75	34.20	775.50
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 REGIM CIORBA DE ZARZAVAT CU CARTOFI DREASA CU IAURT SI OU 400ML	IAURT(LACTOZA) OU	5.45	26.40	7.02	190.17
4	PRANZ F2 DIABET PIEPT PUI80GR CU SOTE DE FASOLE VERDE350GR	PAINE(GLUTEN)	44.95	52.55	15.05	525.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM LAPTE200ML	LAPTE(LACTOZA)	6.40	9.80	3.60	97.20
6	CINA F1 DIABET TOCANITA DE VITA200G CU MAMALIGA150G		34.43	42.95	14.52	440.20
7	CINA F2 DIABET CEAI250ML, PAINE100G, BRANZA DIETETICA100GR	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	50.50	18.20	463.40
Total DIA/HEP/AR R/ ONC R/ HIV R			180.58	251.95	98.19	2,591.92

Nr.	Denumire					
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, ARDEI80G, MUSCHI FILE50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	5.92	16.86	10.18	182.70
3	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total COMUN			150.72	231.26	134.57	2,657.41
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, ARDEI80G, MUSCHI FILE50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G,COZONAC 100GR	COZONAC(NUCA,OU,GLUTEN) IAURT(LACTOZA)	13.60	52.90	16.04	402.56
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	5.92	16.86	10.18	182.70
4	PRANZ F2 COMUN CARNATI DE PORC105G CU IAHNIE DE FASOLE USCATA250G SI PAINE100G	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV CHEC100GR, BANANE200G	CHEC(OU,GLUTEN)	6.40	93.50	17.60	558.00
6	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
7	CINA F2 COMUN LAPTE200ML PAINE100GR	LAPTE(LACTOZA) PAINE(GLUTEN)	14.80	58.30	4.80	335.60
Total ONC C/ AR C/ HIV C			170.72	377.66	168.21	3,617.97
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI250ML,PAINE100G, BRANZA100G,CASCAVAL50GR, SUNCA PORC 50G, ARDEI80G, MUSCHI FILE50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	55.50	63.25	26.80	716.20
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC SI FIDEA DREASA CU OU SI SMANTANA 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA)	5.92	16.86	10.18	182.70
3	PRANZ F2 COMUN PIEPT DE PUI 80GR SI MACAROANE CU SOS ROSII 250GR PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.75	91.35	5.70	603.70
4	CINA F1 COMUN PULPA PUI INF80G CU MACAROANE CU BRANZA SARATA250G	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	44.25	40.00	38.74	685.66
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			160.82	265.66	82.62	2,449.46

Nr.	Denumire					
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN RELIGIOS CEA1 250ML CARTOF FIERT200G, ROSIE80G, CASTRAVETE80GR, ARDEI80GR,GEM20G, BANANA200G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.15	162.59	5.10	751.36
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT 400ML	TELINA	0.99	6.37	4.69	71.64
3	PRANZ F3 COMUN MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 RELIGIOS MACARONE CU SOS ROSII250G PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	14.75	89.35	1.80	432.60
5	CINA F1 COMUN RELIGIOS CARTOFI UNGURESTI300G		7.15	60.15	9.95	358.75
6	CINA F2 REGIM CEA1250ML SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM RELIGIOS - DESODAT			48.44	398.06	22.74	1,977.15