

MENIUL ZILNIC

26/03/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
	HIDRIC/HZL	Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300G, IAURT200G, OUA60G, ZAHAR100G	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			17.69	183.61	17.50	954.69
	REGIM ULCER/COLECIST	Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT310ML SI ARIPI DE PUI 70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV250G SI PAINE100G	PAINE(GLUTEN)	44.33	87.17	14.61	657.49
4	CINA F1 ULCER PIEPT PUI SI MACAROANE CU BRANZA	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.20	40.00	24.45	576.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			170.22	253.73	106.86	2,657.53
	REGIM SPECIAL	Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI250G, BRANZA DIETETICA100G, MORCOV250G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 310ML SI ARIPI DE PUI 90G	TELINA	22.79	13.81	23.70	359.69
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV 250G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55	650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80GR CU CARTOFI SI MORCOV 250GR		38.14	57.56	13.70	506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20

Nr.	Denumire					
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI 80GR, ROSIE70G,CASTRAVETE80GR	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	67.20	22.40	597.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT310ML CU ARIPI75 DE PUI A LA GREC	IAURT(LACTOZA) OU TELINA	25.24	14.91	25.85	392.84
3	PRANZ F3 REGIM CHEC100GR	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
4	PRANZ F2 REGIM PIEPT PUI90G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90	677.70
5	CINA F1 REGIM PULPA DE PUI INFERIOARA80G CU MANCARE DE FASOLE VERDE250ML	FAINA(GLUTEN)	30.88	7.11	32.74	446.62
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			152.67	286.26	114.69	2,774.05
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABETBRANZA DIETETICA MUSCHI FILE50GSUNCA PUI 50G CASTRAVETI,80G,,ROSIE80G,ARDEI 80G CEAI SI PAINE	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	58.55	61.75	34.20	775.50
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT310G CU ARIPI PUI 75G A LA GREC	IAURT(LACTOZA) OU TELINA	25.20	14.65	25.85	391.65
4	PRANZ F2 DIABET PIEPT DE PUI 80G SI VARZA CU ROSII 250G	PAINE(GLUTEN)	41.05	51.35	14.45	499.65
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA VITA80GR CU SOTE DE FASOLE VERDE 250GR		34.75	4.05	14.45	285.25
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			181.65	215.60	96.55	2,436.05
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI PAINE BRANZA100G SUNCA PORC50G CASCAVAL50G MUSCHI FILE,50GMASLINE25G BANANA180G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	94.65	26.60	835.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	5.77	16.71	10.16	181.33
3	PRANZ F3 COMUN COZONAC	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PULPA PORC100GR SI OREZ CU MORCOV PAINE	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	CINA F1 COMUN FICAT PUI90G CU GHIVECI DE LEGUME 250G		47.39	41.16	22.20	553.99
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			174.35	339.25	87.28	2,840.06
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI PAINE BRANZA100G SUNCA PORC50G CASCAVAL50G MUSCHI FILE,50GMASLINE25G BANANA180G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	94.65	26.60	835.60
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00

Nr.	Denumire					
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	5.77	16.71	10.16	181.33
4	PRANZ F3 COMUN COZONAC	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
5	PRANZ F2 COMUN PULPA PORC100GR SI OREZ CU MORCOV PAINE	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
6	SUPLIMENT ORA 16 ONCO/AR/HIV LAPTE 200ML,MERE200G	LAPTE(LACTOZA)	6.40	35.20	3.60	198.80
7	CINA F1 COMUN FICAT PUI90G CU GHIVECI DE LEGUME 250G		47.39	41.16	22.20	553.99
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			193.55	435.95	114.08	3,536.86
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI PAINE BRANZA100G SUNCA PORC50G CASCaval50G MUSCHI FILE,50GMASLINE25G BANANA180G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	54.40	94.65	26.60	835.60
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU OASE DE PORC SI FIDEA DREASA CU OU 400ML	OU PASTE(GLUTEN,OU) TELINA	5.77	16.71	10.16	181.33
3	PRANZ F3 COMUN COZONAC	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 COMUN PULPA PORC100GR SI OREZ CU MORCOV PAINE	PAINE(GLUTEN)	51.19	87.63	16.68	705.39
5	CINA F1 COMUN FICAT PUI90G CU GHIVECI DE LEGUME 250G		47.39	41.16	22.20	553.99
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			174.35	339.25	87.28	2,840.06
REGIM RELIGIOS - DESODAT		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEAI250ML, PAINE100G, GEM 20G,CARTOFI FIERTI 250G ,MORCOV FIERT250G,ROSIE70G,,ARDEI80G,CASTRAVETE80G	GEM(DIOXID DE SULF) PAINE(GLUTEN)	17.48	124.74	5.10	601.26
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT SI FIDEA 400ML	PASTE(GLUTEN,OU) TELINA	1.92	14.46	4.81	108.80
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM MANCARE DE FASOLE VERDE PAINE	FAINA(GLUTEN) PAINE(GLUTEN)	11.68	53.76	10.84	359.32
5	CINA F1 REGIM CARTOFI CU MORCOV 180G		6.44	58.56	9.80	348.19
6	CINA F2 REGIM CEAI250ML CU LAMAIE SI PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM RELIGIOS - DESODAT			45.92	331.11	31.75	1,780.36
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(9 COPIII)	IAURT(LACTOZA) OU	463.18	1,581.36	297.20	10,772.96
Total COPIII 0-3 ANI			463.18	1,581.36	297.20	10,772.96

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300G, IAURT200G, OUA60G, ZAHAR100G	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			17.69	183.61	17.50	954.69
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCaval50G	BRANZA(LACTOZA) CASCaval(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT310ML SI ARIPI DE PUI 70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV250G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.57	270.37	96.05	2,580.21
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI250G, BRANZA DIETETICA100G, MORCOV250G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 310ML SI ARIPI DE PUI 90G	TELINA	22.79	13.81	23.70	359.69
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV250G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51

Nr.	Denumire					
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(9 COPIII)	IAURT(LACTOZA) OU	406.45	1,300.40	255.60	9,063.80
Total COPIII 0-3 ANI			406.45	1,300.40	255.60	9,063.80
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI 80GR, ROSIE70G,CASTRAVETE80GRGEM20GR	BRANZA(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	78.74	22.40	643.86
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT310ML CU ARIPI DE PUI70G SI FIDEA DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.60	14.75	25.89	394.01
3	PRANZ F3 REGIM COZONAC100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44	302.56
4	PRANZ F2 REGIM PIEPT PUI 80GR SI OREZ CU LEGUME250GR PAINE100GR	PAINE(GLUTEN)	47.19	88.66	15.10	679.29
5	CINA F1 REGIM FICAT DE PUI150G CU CARTOFI UNUGURESTI250G		47.15	68.15	21.95	658.75
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM			170.74	349.40	96.98	2,939.67
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET BRANZA DIETETICA100GR MUSCHI FILE50G SUNCA PUI 50G CASCAVAL50G CASTRAVETI,80G,,ROSIE80G,ARDEI 80G CEAI250ML SI PAINE100GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	58.55	61.75	34.20	775.50
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI70G SI FIDEA DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.60	14.75	25.89	394.01
4	PRANZ F2 DIABET PIEPT PU80G CU SOTE DE SPANAC250G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC 80GR CU SOTE DE DOVLECEI250GR		39.85	2.85	15.35	308.95
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			192.25	220.50	98.09	2,511.91
COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR BRANZA100G SUNCA PORC50G CASCAVAL50G MUSCHI FILE,50GR MASLINE25G ROSIE80GR GEM20GR UNT20GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	57.28	75.92	47.50	960.26
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FASOLE VERDE ,DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA) TELINA	3.67	6.54	6.67	100.83
3	PRANZ F2 COMUN PULPA PORC90G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
4	CINA F1 COMUN TOCANITA DE PUI 80GR CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20

Nr.	Denumire					
Total COMUN			164.87	232.95	115.09	2,627.09
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR BRANZA100G SUNCA PORC50G CASCAVAL50G MUSCHI FILE,50GR MASLINE25G ROSIE80GR GEM20GR UNT20GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	57.28	75.92	47.50	960.26
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20	498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FASOLE VERDE ,DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA) TELINA	3.67	6.54	6.67	100.83
4	PRANZ F2 COMUN PULPA PORC90G CU IAHNIE DE FASOLE USCATA250G SI PAINE100GR	PAINE(GLUTEN)	48.25	51.35	16.55	547.35
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COMPOT VISINE350G		1.20	46.50	0.00	190.80
6	CINA F1 COMUN TOCANITA DE PUI 80GR CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			178.87	340.95	138.29	3,315.89
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR BRANZA100G SUNCA PORC50G CASCAVAL50G MUSCHI FILE,50GR MASLINE25G ROSIE80GR GEM20GR UNT20GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) GEM(DIOXID DE SULF) PAINE(GLUTEN) SUNCA PORC(SOIA) UNT(LACTOZA)	57.28	75.92	47.50	960.26
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT SI FASOLE VERDE ,DREASA CU OU SI SMANTANA400ML	OU SMANTANA(LACTOZA) TELINA	3.67	6.54	6.67	100.83
3	PRANZ F2 COMUN PULPA DE PORC80GR CU OREZ CU LEGUME250GR PAINE100GR	PAINE(GLUTEN)	54.54	89.03	17.23	729.34
4	CINA F1 COMUN TOCANITA DE PUI 80GR CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	47.28	44.95	43.17	757.45
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			171.16	270.63	115.77	2,809.07

MENIUL ZILNIC
29/03/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire				
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00 22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300G, IAURT200G, OUA60G, ZAHAR100G	IAURT(LACTOZA) OU	15.40	101.50	12.80 574.80
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70 112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00 222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00 22.80
Total HIDRIC/HZL			17.69	183.61	17.50 954.69
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90 806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT310ML SI ARIPI DE PUI 70G	TELINA	22.69	12.81	23.70 355.29
3	PRANZ F2 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV250G SI PAINE100G	PAINE(GLUTEN)	43.74	86.26	14.55 650.94
4	CINA F1 ULCER PIEPT PUI SI MACAROANE CU BRANZA	BRANZA(LACTOZA) PASTE(GLUTEN,OU) UNT(LACTOZA)	49.20	40.00	24.45 576.85
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total REGIM ULCER/COLECIST			169.63	252.82	106.80 2,650.98
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI250G, BRANZA DIETETICA100G, MORCOV250G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70 712.60
2	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 310ML SI ARIPI DE PUI 90G	TELINA	22.79	13.81	23.70 359.69
3	PRANZ F2 COLITA / ENTEROCOLITA PIEPT PUI80G CU GARNITURA DE OREZ SI MORCOV 250G PAINE	PAINE(GLUTEN)	43.74	86.26	14.55 650.94
4	CINA F1 COLITA,ENTEROCOLITA, REGIM SPECIAL PIEPT DE PUI80GR CU CARTOFI SI MORCOV 250GR		38.14	57.56	13.70 506.09
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20 486.20
Total REGIM SPECIAL			159.04	319.92	88.85 2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(4 COPIII)	IAURT(LACTOZA) OU	414.02	1,168.64	269.30 8,690.34
Total COPIII 0-3 ANI			414.02	1,168.64	269.30 8,690.34

Nr.	Denumire					
REGIM						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA PUI50G,ARDEI 80GR, ROSII80GR,CASTRAVETE80GR,BANANE200GR	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	35.20	107.20	22.40	757.70
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT310ML CU ARIPI DE PUI70G SI FIDEA DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.60	14.75	25.89	394.01
3	PRANZ F3 REGIM MERE200G		0.00	25.40	0.00	101.60
4	PRANZ F2 REGIM PIEPT DE PUI SI GARNITURA DE OREZ CU MORCOV	PAINE(GLUTEN)	44.59	89.11	14.70	667.09
5	CINA F1 REGIM FICAT DE PUI 80GR SI MACAROANE CU BRANZA 250GR	BRANZA(LACTOZA) PASTE(GLUTEN,OU)	56.70	47.40	33.55	718.35
6	CINA F2 REGIM COMPOT PRUNE SI PAINE	PAINE(GLUTEN)	9.00	103.40	1.20	460.40
Total REGIM			171.09	387.26	97.74	3,099.15
DIA/HEP/AR R/ ONC R/ HIV R						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN DIABET BRANZA DIETETICA100GR MUSCHI FILE50G SUNCA PUI 50G ROSIE 80GG,ARDEI 80G CASTRAVETE80GR OU FIERT 1BUC CEAI250ML SI PAINE100GR	BRANZA(LACTOZA) OU PAINE(GLUTEN) SUNCA PUI(SOIA)	54.45	62.10	33.90	757.80
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60	100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT330ML CU ARIPI DE PUI70G SI FIDEA DREASA CU OU SI IAURT	IAURT(LACTOZA) OU PASTE(GLUTEN,OU) TELINA	25.60	14.75	25.89	394.01
4	PRANZ F2 DIABET PIEPT PU80G CU SOTE DE SPANAC250G, PAINE100G	PAINE(GLUTEN)	46.15	57.35	15.05	549.45
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM MERE 200G		0.00	25.40	0.00	101.60
6	CINA F1 DIABET PULPA DE PORC 80GR CU OREZ CU LEGUME 250GR		46.14	40.53	16.03	490.94
7	CINA F2 DIABET CEAI250ML, PAINE100G, SUNCA PUI50G	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00	282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			194.44	258.53	98.47	2,676.20
COMUN						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR BRANZA100G SUNCA PORC50G CASCaval50G MUSCHI FILE,50GR ,OU FIERT1BUC,,ROSIE80GR	BRANZA(LACTOZA) CASCaval(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10	816.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.51	28.47	6.82	197.26
3	PRANZ F2 COMUN CARNATI PORC 105GR CU VARZA CALITA250GR PAINE100GR	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05	737.25
4	PRANZ F3 COMUN CHEC	CHEC(OU,GLUTEN)	6.40	53.50	17.60	398.00
5	CINA F1 COMUN PULPA DE PUI INF80GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	33.85	57.90	31.75	652.75
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total COMUN			148.31	310.47	145.52	3,063.16
ONC C/ AR C/ HIV C						
		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR BRANZA100G SUNCA PORC50G	BRANZA(LACTOZA) CASCaval(LACTOZA) OU	63.90	63.55	34.10	816.70

Nr.	Denumire				
	CASCAVAL50G MUSCHI FILE,50GR ,OU FIERT1BUC,,ROSIE80GR	PAINE(GLUTEN) SUNCA PORC(SOIA)			
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G	CHEC(OU,GLUTEN) IAURT(LACTOZA)	12.80	61.50	23.20 498.00
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.51	28.47	6.82 197.26
4	PRANZ F2 COMUN CARNATI PORC 105GR CU VARZA CALITA250GR PAINE100GR	CARNATI PORC(LACTOZA, GLUTEN, TELINA, MUSTAR) PAINE(GLUTEN)	30.25	52.85	54.05 737.25
5	PRANZ F3 COMUN CHEC	CHEC(OU,GLUTEN)	6.40	53.50	17.60 398.00
6	SUPLIMENT ORA 16 ONCO/AR/HIV ,COZONAC100GR	COZONAC(NUCA,OU,GLUTEN)	7.20	44.90	10.44 302.56
7	CINA F1 COMUN PULPA DE PUI INF80GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	33.85	57.90	31.75 652.75
8	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total ONC C/ AR C/ HIV C			168.31	416.87	179.16 3,863.72
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR BRANZA100G SUNCA PORC50G CASCAVAL50G MUSCHI FILE,50GR ,OU FIERT1BUC,,ROSIE80GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) OU PAINE(GLUTEN) SUNCA PORC(SOIA)	63.90	63.55	34.10 816.70
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT CU CARTOFI DREASA CU OU SI SMANTANA 400ML	OU SMANTANA(LACTOZA) TELINA	5.51	28.47	6.82 197.26
3	PRANZ F2 COMUN PIEPT PUI150G CU OREZ CU MORCOV250G	PAINE(GLUTEN)	43.74	86.26	14.55 650.94
4	PRANZ F3 COMUN CHEC	CHEC(OU,GLUTEN)	6.40	53.50	17.60 398.00
5	CINA F1 COMUN PULPA DE PUI INF80GR CU CAROTFI NATUR250GR	UNT(LACTOZA)	33.85	57.90	31.75 652.75
6	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total LEHUZE COMUN			161.80	343.88	106.02 2,976.84

Spitalul Judetean de Urgenta Tg. Jiu

Str. Progresului, nr. 18, Tg. Jiu, GORJ

Contract/conventie: 4448067

CAS: 1SAMB

MENIUL ZILNIC

30/03/2025

APROBAT MANAGER,

COMPARTIMENT DIETETICA,

AVIZAT DIRECTOR FINANCIAR,

Nr.	Denumire	
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Nr.	Denumire					
HIDRIC/HZL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN HIDRIC CEAI250ML		0.00	5.70	0.00	22.80
2	SUPLIMENT ORA 10 HIDRIC/HZL CEAI250ML, COMPOT PRUNE300G, IAURT200G, OUA60G, ZAHAR100G	IAURT(LACTOZA) OU	15.40	101.50	12.80	574.80
3	PRANZ F1 HIDRIC SUPA DE ZARZAVAT 400ML	TELINA	1.69	15.81	4.70	112.29
4	SUPLIMENT HIDRIC / HZL ORA 16 COMPOT PRUNE300G		0.60	54.90	0.00	222.00
5	CINA F1 HIDRIC /HZL CEAI 250ML		0.00	5.70	0.00	22.80
Total HIDRIC/HZL			17.69	183.61	17.50	954.69
REGIM ULCER/COLECIST		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN ULCER / COLECIST CEAI250ML, PAINE100G, BRANZA100G, SUNCA PUI50G, UNT20G, CASCAVAL50G	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA) UNT(LACTOZA)	45.60	59.55	42.90	806.70
2	PRANZ F1 ULCER / COLECIST SUPA DE ZARZAVAT310ML SI ARIPI DE PUI 70G	TELINA	22.69	12.81	23.70	355.29
3	PRANZ F2 ULCER / COLECIST PIEPT PUI80G SI CARTOFI SI MORCOV250G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
4	CINA F1 ULCER / COLECIST PIEPT DE PUI80G CU GARNITURA DE OREZ SI MORCOV250G		35.34	37.76	13.35	412.54
5	CINA F2 ULCER / COLECIST CEAI 250ML, PAINE 100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total REGIM ULCER/COLECIST			158.57	270.37	96.05	2,580.21
REGIM SPECIAL		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COLITA / ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, CARTOFI250G, BRANZA DIETETICA100G, MORCOV250G	BRANZA(LACTOZA) PAINE(GLUTEN)	29.98	106.10	18.70	712.60
2	PRANZ F2 COLITA / ENTEROCOLITA PIEPT DE PUI80G SI CARTOFI CU MORCOV250G, PAINE100G	PAINE(GLUTEN)	46.54	106.06	14.90	744.49
3	PRANZ F1 COLITA / ENTEROCOLITA / REGIM SPECIAL SUPA DE ZARZAVAT 310ML SI ARIPI DE PUI 90G	TELINA	22.79	13.81	23.70	359.69
4	CINA F1 COLITA,ENTEROCOLITA / REGIM SPECIAL PIEPT DE PUI80G SI GARNITURA DE OREZ CU MORCOV250G		35.34	37.76	13.35	412.54
5	CINA F2 COLITA,ENTEROCOLITA / REGIM SPECIAL CEAI250ML, PAINE100G, BRANZA DIETETICA100G	BRANZA(LACTOZA) PAINE(GLUTEN)	24.40	56.20	18.20	486.20
Total REGIM SPECIAL			159.04	319.92	88.85	2,715.51
COPIII 0-3 ANI		Alergeni	Proteine	Glucide	Lipide	Calorii
1	SUPLIMENT PEDIATRIE 0-3 ANI(6 COPIII)	IAURT(LACTOZA) OU	451.38	1,444.56	286.00	10,093.76
Total COPIII 0-3 ANI			451.38	1,444.56	286.00	10,093.76
REGIM		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN REGIM CEA250ML, PAINE100G, BRANZA DIETETICA100G, SUNCA	BRANZA(LACTOZA) PAINE(GLUTEN) SUNCA	35.20	67.20	22.40	597.70

Nr.	Denumire				
	PUI50G,ARDEI 80GR, ROSII80GR,CASTRAVETE80GR,	PUI(SOIA)			
2	PRANZ F1 REGIM CIORBA DE ZARZAVAT310GR CU ARIPI PUI 70GRSI FULGI DE OU	FAINA(GLUTEN) OU TELINA	24.80	10.46	25.56 371.10
3	PRANZ F2 REGIM PIEPT PUI80G CU MACAROANE SI SOS ROSII250G, PAINE100G	PAINE(GLUTEN) PASTE(GLUTEN,OU)	46.55	89.35	14.90 677.70
4	CINA F1 REGIM PULPA PUI INFERIOARA 80GR CU OREZ CU LEGUME250GR		33.95	40.27	32.98 593.70
5	CINA F3 REGIM CHEC100GR	CHEC(OU,GLUTEN)	6.40	53.50	17.60 398.00
6	CINA F2 REGIM CEAI250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total REGIM			155.30	314.98	114.64 2,899.40
DIA/HEP/AR R/ ONC R/ HIV R		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN DIABET BRANZA DIETETICA100GR MUSCHI FILE50G SUNCA PUI 50G ROSIE 80GG,ARDEI 80G CASTRAVETE80GR ,CASCAVAL50GR CEAI250ML SI PAINE100GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PUI(SOIA)	58.55	61.75	34.20 775.50
2	SUPLIMENT ORA 10 DIA/HEP/ AR/ HIV ONCO REGIM IAURT200G	IAURT(LACTOZA)	6.40	8.00	5.60 100.00
3	PRANZ F1 DIABET CIORBA DE ZARZAVAT310GR CU ARIPI PUI 70GR SI FULGI DE OU	FAINA(GLUTEN) OU TELINA	24.80	10.46	25.56 371.10
4	PRANZ F2 DIABET PIEPT DE PUI90G CU SOTE DE FASOLE VERDE250G SI PAINE100G	PAINE(GLUTEN)	44.28	53.20	14.91 524.13
5	SUPLIMENT ORA 16 DIA/HEP/ AR/ HIV ONCO REGIM IAURT 200G	IAURT(LACTOZA)	6.40	8.00	5.60 100.00
6	CINA F1 DIABET PULPA VITA 80GR SI CARTOFI NATUR250G	UNT(LACTOZA)	37.00	57.90	13.30 499.30
7	CINA F2 DIABET CEAI250ML, PAINE100G SUNCA PUI50GR	PAINE(GLUTEN) SUNCA PUI(SOIA)	15.70	50.40	2.00 282.40
Total DIA/HEP/AR R/ ONC R/ HIV R			193.13	249.71	101.17 2,652.44
COMUN		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR BRANZA100G SUNCA PORC50G CASCAVAL50G MUSCHI FILE,50GR ,ARDEI 80GR,,ROSIE80GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10 740.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC SI FIDEA DREASA CU SMANTANASI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16 182.52
3	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE MAZARE250G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	58.86	59.26	18.25 636.75
4	CINA F1 COMUN TOCANITA DE FICAT DE PUI 150GR CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22 743.50
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20 261.20
Total COMUN			190.10	250.92	88.93 2,564.47
ONC C/ AR C/ HIV C		Alergeni	Proteine	Glucide	Lipide Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR BRANZA100G SUNCA PORC50G CASCAVAL50G MUSCHI FILE,50GR ,ARDEI 80GR,,ROSIE80GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10 740.50

Nr.	Denumire					
2	SUPLIMENT ORA 10 ONCO/ AR/ HIV IAURT200G, CHEC100G OU FIERT1BUC	CHEC(OU,GLUTEN) IAURT(LACTOZA) OU	21.20	62.10	30.40	598.80
3	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC SI FIDEA DREASA CU SMANTANASI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52
4	PRANZ F2 COMUN PULPA DE PORC80G CU MANCARE DE MAZARE250G PAINE100G	FAINA(GLUTEN) PAINE(GLUTEN)	58.86	59.26	18.25	636.75
5	SUPLIMENT ORA 16 ONCO/ AR/ HIV COZONAC100GR.BANANE200GR	COZONAC(NUCA,OU,GLUTEN)	7.20	84.90	10.44	462.56
6	CINA F1 COMUN TOCANITA DE FICAT DE PUI 150GR CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
7	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total ONC C/ AR C/ HIV C			218.50	397.92	129.77	3,625.83
LEHUZE COMUN		Alergeni	Proteine	Glucide	Lipide	Calorii
1	MIC DEJUN COMUN CEAI 250ML PAINE 100GR BRANZA100G SUNCA PORC50G CASCAVAL50G MUSCHI FILE,50GR ,ARDEI 80GR,,ROSIE80GR	BRANZA(LACTOZA) CASCAVAL(LACTOZA) PAINE(GLUTEN) SUNCA PORC(SOIA)	56.60	67.55	27.10	740.50
2	PRANZ F1 COMUN CIORBA DE ZARZAVAT OASE PORC SI FIDEA DREASA CU SMANTANASI OU 400ML	OU PASTE(GLUTEN,OU) SMANTANA(LACTOZA) TELINA	5.81	16.97	10.16	182.52
3	PRANZ F2 COMUN PULPA DE PORC 80GR SI MACAROANE CU SOS ROSII 250GR PAINE100GR	PAINE(GLUTEN) PASTE(GLUTEN,OU)	53.95	91.35	7.80	651.40
4	CINA F1 COMUN TOCANITA DE FICAT DE PUI 150GR CU MAMALIGUTA200G SI BRANZA100G	BRANZA(LACTOZA)	60.43	52.95	32.22	743.50
5	CINA F2 COMUN CEAI 250ML, PAINE100G	PAINE(GLUTEN)	8.40	54.20	1.20	261.20
Total LEHUZE COMUN			185.19	283.02	78.48	2,579.12